



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(MARCH 2019)

Report Date: April 2019

Data Source: National Bureau of Statistics (NBS)

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Executive Summary

Selected food price watch data for March 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -12.80% and month-on month by -0.96% to N459.80 in March 2019 from N464.26 in February 2019 while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 1.73% and decrease month-on-month by -0.74% to N41.91 in March 2019 from N42.23 in February 2019.

The average price of 1kg of tomato decreased year-on-year by -10.03% and month-on-month by -6.32% to N240.29 in March 2019 from N256.50 in February 2018.

The average price of 1kg of rice (imported high quality sold loose) decreased year-on-year by -0.39% and decreased month-on-month by -0.68% to N361.90 in March 2019 from N364.38 in February 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -21.07% and month-on month by -2.71% to N200.88 in March 2019 from N206.48 in February 2019.



UNIT OF MEASUREMENT

1 Dozen



MARCH 2019

N459.81



YEAR - ON - YEAR

-12.80



MONTH - ON - MONTH

-0.96



Highest Price

Bayelsa (536.25)



Lowest Price

Osun (411.67)



Agric eggs
medium size



UNIT OF MEASUREMENT

1 Piece



MARCH 2019

N41.92



YEAR - ON - YEAR

1.73



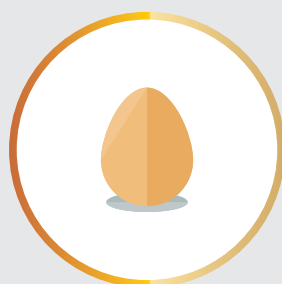
MONTH - ON - MONTH

-0.74



Highest Price

Abia (49.33)



Lowest Price

Oyo (35.28)



Agric eggs
(medium size price of one)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N368.07



YEAR - ON - YEAR

-6.90



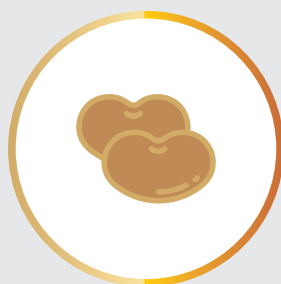
MONTH - ON - MONTH

-1.56



Highest Price

Ebonyi (571.43)



Lowest Price

Katsina (259.06)



Beans brown,
sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N330.76



YEAR - ON - YEAR

-7.36



MONTH - ON - MONTH

-2.16



Highest Price

Ebonyi (541.5)



Lowest Price

Kano (221.96)



Beans:white
black eye. sold loose

Selected Food Price Watch - March 2019

National – Beef



UNIT OF MEASUREMENT

1KG



MARCH 2019

N980.12



YEAR - ON - YEAR

-4.34



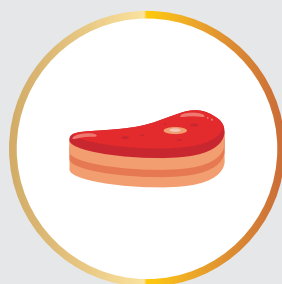
MONTH - ON - MONTH

-0.04



Highest Price

Kogi (1188)



Beef Bone in

Lowest Price

Osun (722.52)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1253.48



YEAR - ON - YEAR

-0.72



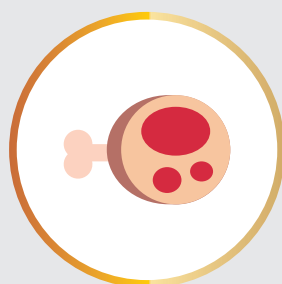
MONTH - ON - MONTH

-0.12



Highest Price

Akwa Ibom (1493.92)



Beef ,boneless

Lowest Price

Niger (1024.82)



Selected Food Price Watch - March 2019

National – Bread



UNIT OF MEASUREMENT

1 loaf



MARCH 2019

N299.98



YEAR - ON - YEAR

-1.93



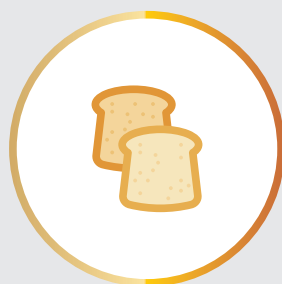
MONTH - ON - MONTH

0.29



Highest Price

Bayelsa (453.85)



Lowest Price

Katsina (208)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf



MARCH 2019

N273.14



YEAR - ON - YEAR

-1.96



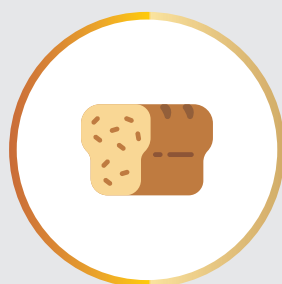
MONTH - ON - MONTH

0.52



Highest Price

Bayelsa (411.54)



Lowest Price

Bauchi (214.55)



Bread unsliced 500g

Selected Food Price Watch - March 2019

National - Rice



UNIT OF MEASUREMENT

1KG



MARCH 2019

N382.45



YEAR - ON - YEAR

-4.26



MONTH - ON - MONTH

-0.87



Highest Price

Oyo (612.13)



Lowest Price

Kebbi (237.65)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N314.88



YEAR - ON - YEAR

-3.58



MONTH - ON - MONTH

-0.38



Highest Price

Bayelsa (497.14)



Lowest Price

Kebbi (226.02)



Rice agric sold loose

Selected Food Price Watch - March 2019

National - Rice



UNIT OF MEASUREMENT

1KG



MARCH 2019

N280.80



YEAR - ON - YEAR

-0.98



MONTH - ON - MONTH

-0.16



Highest Price

Bayelsa (412.56)



Lowest Price

Gombe (220.83)



Rice local sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N313.55



YEAR - ON - YEAR

-1.14



MONTH - ON - MONTH

-0.31



Highest Price

Bayelsa (450)



Lowest Price

Sokoto (224.14)



Rice Medium Grained



UNIT OF MEASUREMENT

1KG



MARCH 2019

N361.90



YEAR - ON - YEAR

-0.39



MONTH - ON - MONTH

-0.68



Highest Price

Bayelsa (507.14)



Lowest Price

Zamfara (289.85)



Rice, imported high quality sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N727.61



YEAR - ON - YEAR

-5.87



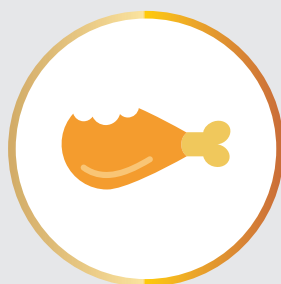
MONTH - ON - MONTH

-0.59



Highest Price

Ondo (1055.75)



Chicken Feet

Lowest Price

Bauchi (312.8)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N927.20



YEAR - ON - YEAR

-0.92



MONTH - ON - MONTH

-0.55



Highest Price

Edo (1257.69)



Chicken Wings

Lowest Price

Kebbi (530)





UNIT OF MEASUREMENT
1 Unit



MARCH 2019
N1910.70



YEAR - ON - YEAR
23.67



MONTH - ON - MONTH
17.03



Highest Price
Plateau (2720)



Frozen Chicken

Lowest Price
Kano (1140)





UNIT OF MEASUREMENT

1 Unit



MARCH 2019

N161.98



YEAR - ON - YEAR

2.19



MONTH - ON - MONTH

0.23



Highest Price

Imo (200)



Lowest Price

Kano (133.33)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

1 Unit



MARCH 2019

N188.23



YEAR - ON - YEAR

0.33



MONTH - ON - MONTH

-1.41



Highest Price

Ogun (209.5)



Lowest Price

Kebbi (163.53)



Evaporated tinned
milk(peak), 170g

Selected Food Price Watch - March 2019

National - Garri



UNIT OF MEASUREMENT

1KG



MARCH 2019

N163.51



YEAR - ON - YEAR

-21.81



MONTH - ON - MONTH

-1.87



Highest Price

Kogi (247.98)



Lowest Price

Kwara (95.57)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N184.18



YEAR - ON - YEAR

-24.51



MONTH - ON - MONTH

-3.60



Highest Price

Kogi (240.01)



Lowest Price

Osun (112.33)



Gari yellow, sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1015.53



YEAR - ON - YEAR

-5.08



MONTH - ON - MONTH

0.13



Highest Price

Enugu (1436.33)



Lowest Price

Rivers (814.93)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1825.51



YEAR - ON - YEAR

-6.16



MONTH - ON - MONTH

0.08



Highest Price

Imo (2554.55)



Lowest Price

Kaduna (1139.44)



Mudfish : Dried



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1065.14



YEAR - ON - YEAR

5.64



MONTH - ON - MONTH

-0.12



Highest Price

Bayelsa (1393.77)



Lowest Price

Ondo (797.38)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1791.90



YEAR - ON - YEAR

-0.09



MONTH - ON - MONTH

-0.41



Highest Price

Cross River (2497.98)



Lowest Price

Sokoto (1055)



Catfish :Dried



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1517.26



YEAR - ON - YEAR

-0.49



MONTH - ON - MONTH

-0.04



Highest Price

Ekiti (1905.02)



Catfish Smoked

Lowest Price

Nassarawa (1200)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N1381.40



YEAR - ON - YEAR

-2.04



MONTH - ON - MONTH

0.07



Highest Price

Adamawa (1825)



Dried Fish Sardine

Lowest Price

Katsina (915)



Selected Food Price Watch - March 2019

National – Fish



UNIT OF MEASUREMENT

1KG



MARCH 2019

N908.81



YEAR - ON - YEAR

1.02



MONTH - ON - MONTH

-0.28



Highest Price

Abuja (1272.22)



Iced Sardine

Lowest Price

Ogun (472.83)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N876.36



YEAR - ON - YEAR

-1.54



MONTH - ON - MONTH

0.03



Highest Price

Bayelsa (1258.88)



Tilapia Fish (Epiya) Fresh

Lowest Price

Kebbi (556.37)





UNIT OF MEASUREMENT

1KG



MARCH 2019

N945.66



YEAR - ON - YEAR

4.41



MONTH - ON - MONTH

-0.01



Highest Price

Abuja (1240.52)



Titus: Frozen

Lowest Price

Osun (778.24)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N935.30



YEAR - ON - YEAR

2.12



MONTH - ON - MONTH

0.42



Highest Price

Abuja (1315.49)



Mackerel : Frozen

Lowest Price

Ekiti (705.63)



Selected Food Price Watch - March 2019

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



MARCH 2019

N200.88



YEAR - ON - YEAR

-21.07



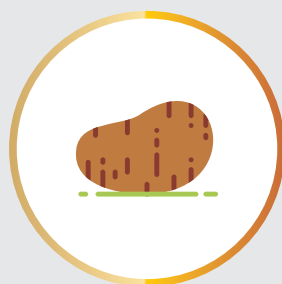
MONTH - ON - MONTH

-2.71



Highest Price

Edo (311.49)



Yam Tuber

Lowest Price

Taraba (100.91)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N278.92



YEAR - ON - YEAR

6.56



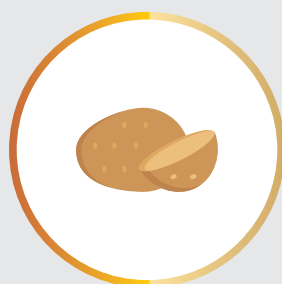
MONTH - ON - MONTH

-1.90



Highest Price

Akwa Ibom (483.41)



Irish Potato

Lowest Price

Kano (183.17)





UNIT OF MEASUREMENT

1KG



MARCH 2019

N134.72



YEAR - ON - YEAR

3.39



MONTH - ON - MONTH

-1.99



Highest Price

Plateau (232.41)



Sweet Potato

Lowest Price

Borno (81.77)





UNIT OF MEASUREMENT

1KG



MARCH 2019

N240.30



YEAR - ON - YEAR

-10.03



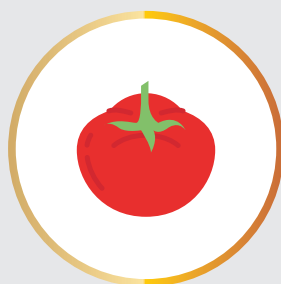
MONTH - ON - MONTH

-6.32



Highest Price

Cross River (451.38)



Tomato

Lowest Price

Bauchi (107.24)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N231.91



YEAR - ON - YEAR

-1.45



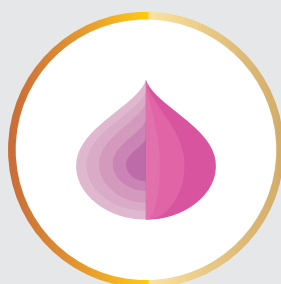
MONTH - ON - MONTH

-5.07



Highest Price

Akwa Ibom (391.67)



Onion bulb

Lowest Price

Bauchi (128.44)





UNIT OF MEASUREMENT

1KG



MARCH 2019

N147.83



YEAR - ON - YEAR

-36.16



MONTH - ON - MONTH

-4.99



Highest Price

Bayelsa (282.52)



Lowest Price

Bauchi (78.81)



Maize grain
white sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N151.26



YEAR - ON - YEAR

-21.96



MONTH - ON - MONTH

-4.44



Highest Price

Bayelsa (322.75)



Lowest Price

Bauchi (78.7)



Maize grain
yellow sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2019

N223.13



YEAR - ON - YEAR

-14.13



MONTH - ON - MONTH

-1.26



Highest Price

Bauchi (343.14)



Plantain (ripe)

Lowest Price

Cross River (134.56)



UNIT OF MEASUREMENT

1KG



MARCH 2019

N212.53



YEAR - ON - YEAR

-12.35



MONTH - ON - MONTH

-2.67



Highest Price

Plateau (332.52)



Plantain (unripe)

Lowest Price

Cross River (113.59)





UNIT OF MEASUREMENT

1 Ltr



MARCH 2019

N580.55



YEAR - ON - YEAR

-0.79



MONTH - ON - MONTH

-0.88



Highest Price

Cross River (856.14)



Lowest Price

Kebbi (442.5)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1KG



MARCH 2019

N460.32



YEAR - ON - YEAR

-6.46



MONTH - ON - MONTH

-0.42



Highest Price

Abuja (540.74)



Lowest Price

Kogi (373.33)



Palm oil: 1 bottle,
specify bottle



UNIT OF MEASUREMENT

1 Ltr



MARCH 2019

N506.65



YEAR - ON - YEAR

-5.03



MONTH - ON - MONTH

-0.49



Highest Price

Abia (615.64)



Lowest Price

Kwara (422.22)



Vegetable Oil:1 bottle,
specify bottle



UNIT OF MEASUREMENT

2KG



MARCH 2019

N663.90



YEAR - ON - YEAR

0.95



MONTH - ON - MONTH

-0.13



Highest Price

Anambra (755.33)



Lowest Price

Kogi (540)









Wheat flour: prepacked
(golden penny 2kg)




Selected Food Price Watch - March 2019




Abia State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2019 N285.79




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N485.00




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N307.60




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2019 N395.21




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2019 N178.54

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2019 N434.29

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2019 N1404.94

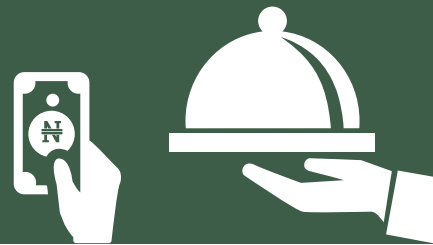
		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2019 N251.94

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N151.29

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2019 N750.14

Selected Food Price Watch - March 2019


Abia State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	496.92	-23.71	1.51
Agric eggs(medium size price of one)	1 Piece	49.33	2.42	1.8
Beans brown,sold loose	1Kg	485	-6.67	-2.54
Beans:white black eye. sold loose	1Kg	482.14	-2.76	-0.79
Beef Bone in	1Kg	903.45	-2.93	0.59
Beef,boneless	1Kg	1404.94	-1.42	-2.02
Bread sliced 500g	1 loaf	395.21	10.81	0.6
Bread unsliced 500g	1 loaf	307.48	-4.08	0.81
Broken Rice (Ofada)	1Kg	430.27	-14.11	1.29
Chicken Feet	1Kg	716.67	4.51	1.57
Chicken Wings	1Kg	1140	16.72	-3.66
Evaporated tinned milk carnation 170g	1 unit	170.86	0.51	-0.68
Evaporated tinned milk(peak), 170g	1 unit	191.54	-1.2	-0.8
Frozen chicken	1 unit	1615	2.28	-0.62
Gari white,sold loose	1Kg	151.29	-21.07	-7.38
Gari yellow,sold loose	1Kg	154.73	-44.82	-5.09
Mudfish (aro) fresh	1Kg	1225.73	11.22	1.14
Mudfish : dried	1Kg	2508.46	11.96	2.34
Onion bulb	1Kg	251.94	-15.29	1.39
Rice agric sold loose	1Kg	370.98	-7.36	1.24
Rice local sold loose	1Kg	307.6	-8.25	2.27
Rice Medium Grained	1Kg	363.64	-5.3	1.69
Rice,imported high quality sold loose	1Kg	406.67	-3.02	3.79
Tomato	1Kg	285.79	7.81	-8.88
Yam tuber	1Kg	178.54	-3.23	-4.52
Dried Fish Sardine	1Kg	1453.57	-2.03	-1.18
Iced Sardine	1Kg	871.67	-3.6	-1.98
Irish potato	1Kg	315	1.88	-5.79
Sweet potato	1Kg	138.77	0.94	7.35
Tilapia fish (epiya) fresh	1Kg	986.64	4.64	-1.44
Titus:frozen	1Kg	1028.59	3.27	-0.35
Catfish (obokun) fresh	1Kg	1265.13	-2.77	-2.58
Catfish :dried	1Kg	2173.65	-9.66	-2.87
Catfish Smoked	1Kg	1593.88	2.53	-3.93
Mackerel : frozen	1Kg	905.27	-1.04	1.02
Groundnut oil: 1 bottle, specify bottle	1Ltr	670.25	19.69	0.54
Maize grain white sold loose	1Kg	245.73	-2.13	4.67
Maize grain yellow sold loose	1Kg	242.66	-2.71	-0.87
Palm oil: 1 bottle,specify bottle	1Ltr	434.29	-3.47	-5.44
Plantain(ripe)	1Kg	193.4	-5.12	3.07
Plantain(unripe)	1Kg	178.86	-3.86	2.07
Vegetable oil:1 bottle,specify bottle	1Ltr	615.64	23.79	2.36
Wheat flour: prepacked (golden penny 2kg)	2Kg	750.14	6.93	0.77
AVERAGE			-1.62	-0.45


Selected Food Price Watch - March 2019

Abuja FCT







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N248.46






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N345.66






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N327.44






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N325.85






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N300.44






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N540.74






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1470.00






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N227.10





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N167.62

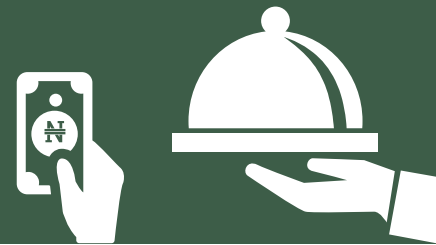


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N640.28

Selected Food Price Watch - March 2019

Abuja FCT






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	460	-10.68	-4.96
Agric eggs(medium size price of one)	1 Piece	40	0	-2.44
Beans brown,sold loose	1Kg	345.66	-21.84	-4.27
Beans:white black eye. sold loose	1Kg	305.4	-26.57	-3.34
Beef Bone in	1Kg	1090.83	-5.14	-5.14
Beef,boneless	1Kg	1470	4.26	4.7
Bread sliced 500g	1 loaf	325.85	-6.9	0.26
Bread unsliced 500g	1 loaf	316.67	-5	5.56
Broken Rice (Ofada)	1Kg	439.29	4.28	-2.13
Chicken Feet	1Kg	700.38	-9.67	0.64
Chicken Wings	1Kg	1250	31.58	2.04
Evaporated tinned milk carnation 170g	1 unit	169.86	5.94	-1.01
Evaporated tinned milk(peak), 170g	1 unit	185.33	-2.46	-1.42
Frozen chicken	1 unit	1697.6	-0.14	-0.14
Gari white,sold loose	1Kg	167.62	-10.18	1.36
Gari yellow,sold loose	1Kg	188.52	-15.42	-0.37
Mudfish (aro) fresh	1Kg	1395.38	10.67	1.48
Mudfish : dried	1Kg	2250.41	-28.38	2.13
Onion bulb	1Kg	227.1	10.65	-13.76
Rice agric sold loose	1Kg	270.38	7.9	5.68
Rice local sold loose	1Kg	327.44	0.23	7.2
Rice Medium Grained	1Kg	334.84	-4.33	3.8
Rice,imported high quality sold loose	1Kg	427.74	-0.15	0.47
Tomato	1Kg	248.46	0.04	-1.33
Yam tuber	1Kg	300.44	-5.62	-0.58
Dried Fish Sardine	1Kg	1650	-20.32	2.8
Iced Sardine	1Kg	1272.22	-1.59	-0.04
Irish potato	1Kg	329.07	8.73	-4.56
Sweet potato	1Kg	125.46	-20.62	-8.57
Tilapia fish (epiya) fresh	1Kg	1200.83	30.52	0.07
Titus:frozen	1Kg	1240.52	22.31	-1.28
Catfish (obokun) fresh	1Kg	1320.91	25.8	0.32
Catfish :dried	1Kg	2233.11	12.65	-3.06
Catfish Smoked	1Kg	1825.86	6.71	0.15
Mackerel : frozen	1Kg	1315.49	36.64	-0.72
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	9.89	-2.91
Maize grain white sold loose	1Kg	138.58	-17.47	-3.26
Maize grain yellow sold loose	1Kg	130.46	-29.32	-5.09
Palm oil: 1 bottle,specify bottle	1Ltr	540.74	1.39	-1.08
Plantain(ripe)	1Kg	261.25	12.09	-5.9
Plantain(unripe)	1Kg	272.12	17.39	-4.22
Vegetable oil:1 bottle,specify bottle	1Ltr	570.37	2.16	-3.06
Wheat flour: prepacked (golden penny 2kg)	2Kg	640.28	-3.35	1.1
AVERAGE			0.39	-1.04


Selected Food Price Watch - March 2019



Adamawa State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N151.08



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N289.20



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N234.34



 Bread sliced 500g


	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N281.50



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N166.51



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N530.91



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1139.49



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N175.60

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N212.82

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N700.00

Selected Food Price Watch - March 2019

Adamawa State









ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	455	-6.6	3.41
Agric eggs(medium size price of one)	1 Piece	45.75	20.39	8.93
Beans brown,sold loose	1Kg	289.2	17.75	2.98
Beans:white black eye, sold loose	1Kg	245.64	-10.71	4.58
Beef Bone in	1Kg	935.19	4.2	3.42
Beef,boneless	1Kg	1139.49	-0.9	-1.1
Bread sliced 500g	1 loaf	281.5	20.64	-0.18
Bread unsliced 500g	1 loaf	262.22	1.21	0.85
Broken Rice (Ofada)	1Kg	328.41	-11.98	0.54
Chicken Feet	1Kg	525.39	-12.44	0.57
Chicken Wings	1Kg	670.15	11.69	0.49
Evaporated tinned milk carnation 170g	1 unit	168	12	-1.18
Evaporated tinned milk(peak), 170g	1 unit	184.55	-2.53	-0.25
Frozen chicken	1 unit	1425.85	7.75	1.6
Gari white,sold loose	1Kg	212.82	-25.45	3.96
Gari yellow,sold loose	1Kg	223.98	-32.11	1.05
Mudfish (aro) fresh	1Kg	908.69	-8.04	9.11
Mudfish : dried	1Kg	1858.37	-17.41	-1.77
Onion bulb	1Kg	175.6	18.18	-9.95
Rice agric sold loose	1Kg	283.42	-4.16	5.81
Rice local sold loose	1Kg	234.34	-14.79	6.76
Rice Medium Grained	1Kg	292.12	13.15	4.68
Rice,imported high quality sold loose	1Kg	332.3	6.7	-2.71
Tomato	1Kg	151.08	-5.19	-17.82
Yam tuber	1Kg	166.51	-25.06	-6.5
Dried Fish Sardine	1Kg	1825	-6.41	0.93
Iced Sardine	1Kg	893.33	-5.21	-3.63
Irish potato	1Kg	286.81	9.11	-2.39
Sweet potato	1Kg	92.89	5.62	-13.77
Tilapia fish (epiya) fresh	1Kg	681.26	-25.74	-1.6
Titus:frozen	1Kg	850	-19.47	3.66
Catfish (obokun) fresh	1Kg	1025	2.5	2.11
Catfish :dried	1Kg	1321.74	-19.08	0.51
Catfish Smoked	1Kg	1280.41	-15.76	1.07
Mackerel : frozen	1Kg	907.67	0.85	-1.16
Groundnut oil: 1 bottle, specify bottle	1Ltr	605.86	-7.89	-3.32
Maize grain white sold loose	1Kg	88	-33.67	-6.86
Maize grain yellow sold loose	1Kg	87.64	-32.73	-1.97
Palm oil: 1 bottle,specify bottle	1Ltr	530.91	5.39	0.03
Plantain(ripe)	1Kg	250.26	-5.7	3.42
Plantain(unripe)	1Kg	243.75	1.87	3.13
Vegetable oil:1 bottle,specify bottle	1Ltr	537.78	6.67	2.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	3.7	2.44
AVERAGE			-4.18	0.05




Selected Food Price Watch - March 2019




Akwa Ibom State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2019 N408.99

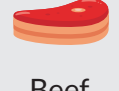


		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N472.22




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N307.96




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2019 N362.50




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2019 N297.46

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2019 N490.91

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2019 N1493.92

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2019 N391.67

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N114.27

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2019 N720.00

Selected Food Price Watch - March 2019

Akwa Ibom State




ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	432.73	-23.31	-4.26
Agric eggs(medium size price of one)	1 Piece	39	-9.02	-7.63
Beans brown,sold loose	1Kg	472.22	0.75	1.19
Beans:white black eye. sold loose	1Kg	458.66	11.65	-2.18
Beef Bone in	1Kg	1056.25	13.18	0.27
Beef,boneless	1Kg	1493.92	8.7	-0.28
Bread sliced 500g	1 loaf	362.5	2.45	5.07
Bread unsliced 500g	1 loaf	311.82	-3.63	-0.38
Broken Rice (Ofada)	1Kg	320	-11.11	-2
Chicken Feet	1Kg	707.38	-26.34	-0.25
Chicken Wings	1Kg	970.83	-13.53	3.25
Evaporated tinned milk carnation 170g	1 unit	150	-12.83	0
Evaporated tinned milk(peak), 170g	1 unit	190.91	2.4	-1.08
Frozen chicken	1 unit	1766.67	-3.64	0.95
Gari white,sold loose	1Kg	114.27	-29.54	3.42
Gari yellow,sold loose	1Kg	138.52	-19.87	0.64
Mudfish (aro) fresh	1Kg	1281.14	-16.4	0.83
Mudfish : dried	1Kg	1916.67	-22.61	3.94
Onion bulb	1Kg	391.67	21.93	2.13
Rice agric sold loose	1Kg	384	3.78	7.16
Rice local sold loose	1Kg	307.96	5.39	-0.37
Rice Medium Grained	1Kg	340	-8.93	-0.83
Rice,imported high quality sold loose	1Kg	413.13	5.72	-3.12
Tomato	1Kg	408.99	-25.89	-2.69
Yam tuber	1Kg	297.46	-28.59	32.08
Dried Fish Sardine	1Kg	1304.55	16.82	3.25
Iced Sardine	1Kg	988.65	-1.82	0.54
Irish potato	1Kg	483.41	40.55	6.63
Sweet potato	1Kg	166.04	-9.27	12.25
Tilapia fish (epiya) fresh	1Kg	1025	26.37	7.19
Titus:frozen	1Kg	971.15	0.48	1.15
Catfish (obokun) fresh	1Kg	1329.73	1.27	1.7
Catfish :dried	1Kg	1649.33	26.51	-2.18
Catfish Smoked	1Kg	1439.28	9.64	2.23
Mackerel : frozen	1Kg	884.39	-2.75	9.71
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	43.3	0.21
Maize grain white sold loose	1Kg	252.69	0.5	8.29
Maize grain yellow sold loose	1Kg	255.93	-21.6	3.35
Palm oil: 1 bottle,specify bottle	1Ltr	490.91	7.39	2.13
Plantain(ripe)	1Kg	245.59	-11.12	-5.62
Plantain(unripe)	1Kg	240.05	-24.81	8.21
Vegetable oil:1 bottle,specify bottle	1Ltr	603.33	-6.7	3.89
Wheat flour: prepacked (golden penny 2kg)	2Kg	720	-1.92	2.67
AVERAGE			-2.01	2.36



Selected Food Price Watch - March 2019


Anambra State








 Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N260.86






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N421.12






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N276.57






 Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N387.50






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N130.50






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N466.67






 Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1398.86





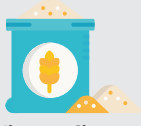
 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N253.54





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N141.84

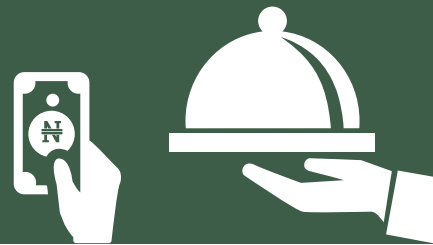


 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N755.33

Selected Food Price Watch - March 2019


Anambra State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	532.35	-17.08	-6.93
Agric eggs(medium size price of one)	1 Piece	48.68	-0.05	-1.11
Beans brown,sold loose	1Kg	421.12	1.35	-6.37
Beans:white black eye. sold loose	1Kg	396.88	-0.93	-4.39
Beef Bone in	1Kg	875.35	-11.72	-1.66
Beef,boneless	1Kg	1398.86	-2.59	-1.4
Bread sliced 500g	1 loaf	387.5	9.6	6.37
Bread unsliced 500g	1 loaf	354.29	9.57	7.83
Broken Rice (Ofada)	1Kg	400.28	-11.12	0.32
Chicken Feet	1Kg	820.86	17.27	0.1
Chicken Wings	1Kg	1083.33	14.04	-5.8
Evaporated tinned milk carnation 170g	1 unit	190	7.64	5.44
Evaporated tinned milk(peak), 170g	1 unit	188.13	1.03	-0.77
Frozen chicken	1 unit	1784.62	9.82	-0.85
Gari white,sold loose	1Kg	141.84	-16.6	-2.33
Gari yellow,sold loose	1Kg	178.09	-11.9	2.31
Mudfish (aro) fresh	1Kg	1000.83	13.02	1.25
Mudfish : dried	1Kg	2392.66	10.93	-1.67
Onion bulb	1Kg	253.54	13.61	-10.43
Rice agric sold loose	1Kg	360.63	-2.94	-0.91
Rice local sold loose	1Kg	276.57	-4.05	-1.54
Rice Medium Grained	1Kg	347.14	-6.13	-2.49
Rice,imported high quality sold loose	1Kg	400.05	-0.94	-1.59
Tomato	1Kg	260.86	-11.83	-8.76
Yam tuber	1Kg	130.5	-30.22	-15.62
Dried Fish Sardine	1Kg	1429.29	-8.32	-5.32
Iced Sardine	1Kg	1072.27	9.82	2.9
Irish potato	1Kg	383.38	33.44	-4.32
Sweet potato	1Kg	168.6	14.49	21.68
Tilapia fish (epiya) fresh	1Kg	930.96	2.59	0.37
Titus:frozen	1Kg	967.69	-4.73	-4.26
Catfish (obokun) fresh	1Kg	1278.89	27.89	4.4
Catfish :dried	1Kg	2413.75	2.86	-2.48
Catfish Smoked	1Kg	1600	0	1.5
Mackerel : frozen	1Kg	977.64	3.68	4.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	686.67	30.54	-1.9
Maize grain white sold loose	1Kg	241.36	-1.57	2.17
Maize grain yellow sold loose	1Kg	243.1	-3.43	2.05
Palm oil: 1 bottle,specify bottle	1Ltr	466.67	-6.75	-4.06
Plantain(ripe)	1Kg	197.8	2.02	-10.51
Plantain(unripe)	1Kg	172.14	-15.14	-12.74
Vegetable oil:1 bottle,specify bottle	1Ltr	524.44	-4.89	1.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	755.33	1.84	0.71
AVERAGE			1.49	-1.27


Selected Food Price Watch - March 2019

Bauchi State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N107.24






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N281.03






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N231.37






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N231.25






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N129.63






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N495.76






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1180.00





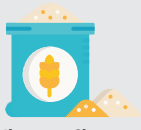
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N128.44





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N143.33

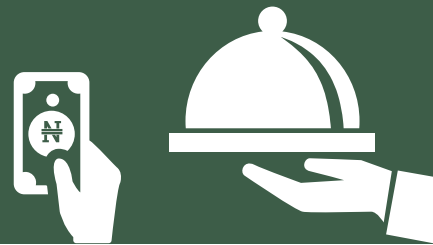


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N681.67

Selected Food Price Watch - March 2019


Bauchi State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	440.6	-7.42	0.59
Agric eggs(medium size price of one)	1 Piece	38.84	3.89	0.38
Beans brown,sold loose	1Kg	281.03	-13.59	0.37
Beans:white black eye. sold loose	1Kg	268.15	-3.4	-1.15
Beef Bone in	1Kg	1002.88	4.66	0.29
Beef,boneless	1Kg	1180	-2.88	-0.75
Bread sliced 500g	1 loaf	231.25	-8.62	0.54
Bread unsliced 500g	1 loaf	214.55	-16.52	6.21
Broken Rice (Ofada)	1Kg	308.66	-6.21	-2.74
Chicken Feet	1Kg	312.8	-21.8	2.28
Chicken Wings	1Kg	542.57	35.64	0.66
Evaporated tinned milk carnation 170g	1 unit	150.07	0.04	1.85
Evaporated tinned milk(peak), 170g	1 unit	179.09	-5.33	1.37
Frozen chicken	1 unit	1500.26	-11.75	0.1
Gari white,sold loose	1Kg	143.33	-50.23	-1.89
Gari yellow,sold loose	1Kg	185.4	-43.74	4.56
Mudfish (aro) fresh	1Kg	900.43	7.83	1.03
Mudfish : dried	1Kg	1553.58	-3.41	-1.12
Onion bulb	1Kg	128.44	-25.06	-10.5
Rice agric sold loose	1Kg	292.18	8.17	2.25
Rice local sold loose	1Kg	231.37	-13.64	0.23
Rice Medium Grained	1Kg	312.42	13.01	3.43
Rice,imported high quality sold loose	1Kg	335.05	-6.3	-2.03
Tomato	1Kg	107.24	-37.28	-35.3
Yam tuber	1Kg	129.63	0.92	4.26
Dried Fish Sardine	1Kg	1255.95	-19.9	0.26
Iced Sardine	1Kg	801.01	-9.75	1.55
Irish potato	1Kg	261.08	0.32	-4.37
Sweet potato	1Kg	85.09	10.32	-4.93
Tilapia fish (epiya) fresh	1Kg	582.49	-7.12	5.91
Titus:frozen	1Kg	912.76	-3.92	0.3
Catfish (obokun) fresh	1Kg	1170	40.4	0.86
Catfish :dried	1Kg	1710.6	-14.47	1.22
Catfish Smoked	1Kg	1620.74	-15.75	-1.22
Mackerel : frozen	1Kg	1002.86	4.63	0.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	502.67	-12.75	-5
Maize grain white sold loose	1Kg	78.81	-56.05	-15.46
Maize grain yellow sold loose	1Kg	78.7	-54.93	-19.82
Palm oil: 1 bottle,specify bottle	1Ltr	495.76	-3.57	-0.35
Plantain(ripe)	1Kg	343.14	8.93	12.89
Plantain(unripe)	1Kg	236.11	-11.46	-2.69
Vegetable oil:1 bottle,specify bottle	1Ltr	452.42	-7.94	2.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	681.67	-5.98	0.99
AVERAGE			-8.42	-1.21


Selected Food Price Watch - March 2019

Bayelsa State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N396.69






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N415.47






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N412.56






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N453.85






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N298.47






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N500.00






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1337.93






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N342.74





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N215.65



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N730.00

Selected Food Price Watch - March 2019

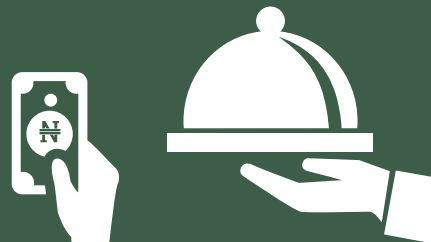

Bayelsa State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	536.25	-8.27	2.09
Agric eggs(medium size price of one)	1 Piece	47	0.16	-4.94
Beans brown,sold loose	1Kg	415.47	-12.49	1.57
Beans:white black eye. sold loose	1Kg	408.57	-7.49	-1.34
Beef Bone in	1Kg	1070.38	-15	1.93
Beef,boneless	1Kg	1337.93	-12.03	-1.73
Bread sliced 500g	1 loaf	453.85	8.06	6.79
Bread unsliced 500g	1 loaf	411.54	-5.69	-1.17
Broken Rice (Ofada)	1Kg	450	-5.03	-4.32
Chicken Feet	1Kg	857.59	-7	3.11
Chicken Wings	1Kg	1127.34	-3.67	0.51
Evaporated tinned milk carnation 170g	1 unit	146.67	-5.98	-1.23
Evaporated tinned milk(peak), 170g	1 unit	182.67	-6.88	-1.62
Frozen chicken	1 unit	1987.5	0.63	0.75
Gari white,sold loose	1Kg	215.65	-19.9	-4.68
Gari yellow,sold loose	1Kg	219.41	-22	-10.79
Mudfish (aro) fresh	1Kg	1121.53	-22.08	2.33
Mudfish : dried	1Kg	1989.79	13.09	-0.87
Onion bulb	1Kg	342.74	17.43	-3.83
Rice agric sold loose	1Kg	497.14	0.37	-7.38
Rice local sold loose	1Kg	412.56	2.18	-3.77
Rice Medium Grained	1Kg	450	-12.33	-4.89
Rice,imported high quality sold loose	1Kg	507.14	-6.11	-1.57
Tomato	1Kg	396.69	31.67	-0.63
Yam tuber	1Kg	298.47	-27.58	-3.56
Dried Fish Sardine	1Kg	1397.01	-1.84	-0.27
Iced Sardine	1Kg	1078.57	0.78	1.37
Irish potato	1Kg	377.9	47	7.8
Sweet potato	1Kg	201.06	-6.86	-8.87
Tilapia fish (epiya) fresh	1Kg	1258.88	28.97	2.08
Titus:frozen	1Kg	1063.1	17.12	2.75
Catfish (obokun) fresh	1Kg	1393.77	12.84	-1.23
Catfish :dried	1Kg	1995.2	-6.67	-0.93
Catfish Smoked	1Kg	1673.65	-7.06	-0.34
Mackerel : frozen	1Kg	1013.93	8.56	2.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-7.69	0
Maize grain white sold loose	1Kg	282.52	-11.14	-5.86
Maize grain yellow sold loose	1Kg	322.75	-10.63	-7.73
Palm oil: 1 bottle,specify bottle	1Ltr	500	-9.81	4.65
Plantain(ripe)	1Kg	186.24	-27.7	-2.61
Plantain(unripe)	1Kg	181.71	-27.54	-1.29
Vegetable oil:1 bottle,specify bottle	1Ltr	506.97	-4.94	-3.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	-7.59	1.04
AVERAGE			-3.26	-1.16


Selected Food Price Watch - March 2019

Benue State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N284.07






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N380.42






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N300.44






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N314.29






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N208.63






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N515.83






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1400.74





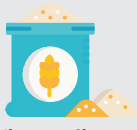
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N245.39





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N167.26

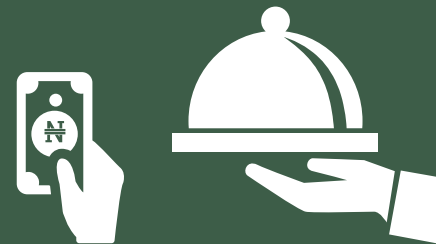


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N602.16

Selected Food Price Watch - March 2019


Benue State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	515.77	-6.3	-0.54
Agric eggs(medium size price of one)	1 Piece	45.33	2.54	-0.83
Beans brown,sold loose	1Kg	380.42	-0.9	0.05
Beans:white black eye, sold loose	1Kg	320.1	-9.1	-2.07
Beef Bone in	1Kg	1107.62	-3.5	0.39
Beef,boneless	1Kg	1400.74	5.98	1.5
Bread sliced 500g	1 loaf	314.29	-1.93	-3.08
Bread unsliced 500g	1 loaf	279.09	-9.71	-2.76
Broken Rice (Ofada)	1Kg	331.58	-9.57	2.55
Chicken Feet	1Kg	805.22	-5.27	-1.41
Chicken Wings	1Kg	1079.33	-3.63	-0.06
Evaporated tinned milk carnation 170g	1 unit	158.48	5.65	-1.04
Evaporated tinned milk(peak), 170g	1 unit	181.33	-5.87	-1.45
Frozen chicken	1 unit	1721.83	11.05	0.81
Gari white,sold loose	1Kg	167.26	-10.09	-1.29
Gari yellow,sold loose	1Kg	185.91	-29.21	-0.92
Mudfish (aro) fresh	1Kg	1252.3	19.27	0.18
Mudfish : dried	1Kg	1587.02	-17.21	1.32
Onion bulb	1Kg	245.39	21.89	-10.64
Rice agric sold loose	1Kg	315.86	5.29	-6.26
Rice local sold loose	1Kg	300.44	23.49	-1.43
Rice Medium Grained	1Kg	306.37	14.89	-3.68
Rice,imported high quality sold loose	1Kg	351.58	-0.09	-0.21
Tomato	1Kg	284.07	19.91	-7.35
Yam tuber	1Kg	208.63	-25.1	2.33
Dried Fish Sardine	1Kg	1461.47	5.11	0.41
Iced Sardine	1Kg	930.09	9.42	0.91
Irish potato	1Kg	287.68	32.93	4.6
Sweet potato	1Kg	135.36	56.55	-8.94
Tilapia fish (epiya) fresh	1Kg	918.18	14.77	1.46
Titus:frozen	1Kg	1062.08	29.67	-0.84
Catfish (obokun) fresh	1Kg	1157.69	33.58	-1.47
Catfish :dried	1Kg	1697.43	1.7	-0.47
Catfish Smoked	1Kg	1548.81	28.95	-0.15
Mackerel : frozen	1Kg	1058.38	17.02	-2.68
Groundnut oil: 1 bottle, specify bottle	1Ltr	600.84	15.55	1.08
Maize grain white sold loose	1Kg	123.12	-12.42	2.11
Maize grain yellow sold loose	1Kg	130.51	-24.89	1.45
Palm oil: 1 bottle,specify bottle	1Ltr	515.83	-2.64	-1.64
Plantain(ripe)	1Kg	261.37	7.69	1.35
Plantain(unripe)	1Kg	242.92	-19.2	2.22
Vegetable oil:1 bottle,specify bottle	1Ltr	559.83	-6.69	1.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	602.16	-5.28	1.77
AVERAGE			4.05	-0.77


Selected Food Price Watch - March 2019

Borno State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N130.40






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N284.71






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N270.57






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N282.83






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N129.30






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N530.95






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1132.54






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N176.51





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N196.48

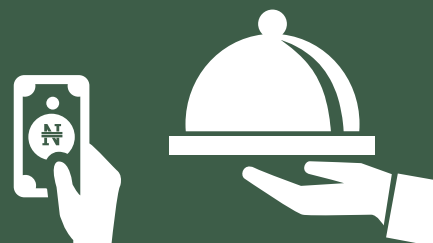


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N655.00

Selected Food Price Watch - March 2019

Borno State




ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	448	-7.63	5.59
Agric eggs(medium size price of one)	1 Piece	42.5	18.6	4.44
Beans brown,sold loose	1Kg	284.71	-24.05	-0.28
Beans:white black eye. sold loose	1Kg	271.38	-16	-8.88
Beef Bone in	1Kg	919.75	-6.77	-0.65
Beef,boneless	1Kg	1132.54	-1.47	-1.58
Bread sliced 500g	1 loaf	282.83	-2.79	-2.21
Bread unsliced 500g	1 loaf	225	-5.92	0
Broken Rice (Ofada)	1Kg	272.4	-26.82	-8.37
Chicken Feet	1Kg	475	-10.38	1.94
Chicken Wings	1Kg	669.85	11.64	-4.09
Evaporated tinned milk carnation 170g	1 unit	172.85	15.24	-1.23
Evaporated tinned milk(peak), 170g	1 unit	186.67	1.26	2.08
Frozen chicken	1 unit	1516.79	-1.35	1.12
Gari white,sold loose	1Kg	196.48	-13.04	-9.14
Gari yellow,sold loose	1Kg	223.54	-4.02	-11.98
Mudfish (aro) fresh	1Kg	833.91	-9.81	-1.61
Mudfish : dried	1Kg	1698.48	-3.17	-2.87
Onion bulb	1Kg	176.51	41.46	2.34
Rice agric sold loose	1Kg	310.18	-11.31	0.82
Rice local sold loose	1Kg	270.57	2.74	1.94
Rice Medium Grained	1Kg	301.84	-12.08	-4.55
Rice,imported high quality sold loose	1Kg	365.93	-2.09	-3.95
Tomato	1Kg	130.4	-18.27	-15.39
Yam tuber	1Kg	129.3	4.56	-15.96
Dried Fish Sardine	1Kg	1603.43	6.9	-1.83
Iced Sardine	1Kg	864.76	8.1	-0.79
Irish potato	1Kg	281.39	41.41	-2.99
Sweet potato	1Kg	81.77	20.5	-8.27
Tilapia fish (epiya) fresh	1Kg	653.06	8.55	1.63
Titus:frozen	1Kg	823.7	-12.56	-4.7
Catfish (obokun) fresh	1Kg	993.2	2.07	0.15
Catfish :dried	1Kg	1680.44	-3.22	-0.5
Catfish Smoked	1Kg	1321.49	-18.54	0.37
Mackerel : frozen	1Kg	888.89	-13.43	-0.47
Groundnut oil: 1 bottle, specify bottle	1Ltr	585.15	-0.26	-2.64
Maize grain white sold loose	1Kg	90.38	-34.2	-24.53
Maize grain yellow sold loose	1Kg	91.34	-32.18	-16.23
Palm oil: 1 bottle,specify bottle	1Ltr	530.95	-3.99	-1.21
Plantain(ripe)	1Kg	250.37	0.11	11.28
Plantain(unripe)	1Kg	264.92	6.11	-1.42
Vegetable oil:1 bottle,specify bottle	1Ltr	500.33	-2.48	0.17
Wheat flour: prepacked (golden penny 2kg)	2Kg	655	0.77	-3.68
AVERAGE			-2.51	-2.98



Selected Food Price Watch - March 2019


Cross River State








 Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N451.38






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N412.70






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N242.91






 Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N350.00






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N143.13






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N451.67






 Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1399.32






 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N268.30





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N109.01



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N706.36

Selected Food Price Watch - March 2019

Cross River State






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	452.8	-21.2	-1.46
Agric eggs (medium size price of one)	1 Piece	45	-3.88	-0.21
Beans brown, sold loose	1Kg	412.7	-7.93	-4.49
Beans: white black eye, sold loose	1Kg	374.07	-6.06	-1.32
Beef Bone in	1Kg	1102.6	-6.26	2.45
Beef, boneless	1Kg	1399.32	-0.14	1.85
Bread sliced 500g	1 loaf	350	-0.65	0.72
Bread unsliced 500g	1 loaf	316.67	2.45	4.72
Broken Rice (Ofada)	1Kg	325.45	-5.82	2.3
Chicken Feet	1Kg	1042.5	-6.92	-2.27
Chicken Wings	1Kg	1101.47	-0.37	-0.47
Evaporated tinned milk carnation 170g	1 unit	150.67	-1.74	-1.49
Evaporated tinned milk (peak), 170g	1 unit	178.18	-7.33	-1.01
Frozen chicken	1 unit	1725.71	-1.39	1.51
Gari white, sold loose	1Kg	109.01	-22.53	2.72
Gari yellow, sold loose	1Kg	126.16	-26.24	5.02
Mudfish (aro) fresh	1Kg	1116.72	2.15	-0.44
Mudfish : dried	1Kg	2071.7	5.17	0.49
Onion bulb	1Kg	268.3	-39.37	-2.45
Rice agric sold loose	1Kg	319.7	-1.17	-0.15
Rice local sold loose	1Kg	242.91	-0.63	-5.96
Rice Medium Grained	1Kg	312.69	-4.46	-4.46
Rice, imported high quality sold loose	1Kg	366.2	3	1.02
Tomato	1Kg	451.38	6.12	2.8
Yam tuber	1Kg	143.13	-49.31	7.49
Dried Fish Sardine	1Kg	1416.21	-19.62	1.26
Iced Sardine	1Kg	976.84	-0.47	2.19
Irish potato	1Kg	341.78	-22.14	-3.97
Sweet potato	1Kg	130.04	-13.84	8.36
Tilapia fish (epiya) fresh	1Kg	1150.55	23.59	0.35
Titus: frozen	1Kg	1127.87	9.19	-3.23
Catfish (obokun) fresh	1Kg	1251.14	11.94	3.03
Catfish :dried	1Kg	2497.98	23.08	0.65
Catfish Smoked	1Kg	1747.62	12.9	2.46
Mackerel : frozen	1Kg	1057.99	0.87	3.62
Groundnut oil: 1 bottle, specify bottle	1Ltr	856.14	66.13	-1.43
Maize grain white sold loose	1Kg	241.97	-8.99	4.8
Maize grain yellow sold loose	1Kg	242.52	-10.65	3.16
Palm oil: 1 bottle, specify bottle	1Ltr	451.67	-1.25	7.83
Plantain (ripe)	1Kg	134.56	-50.02	-3.3
Plantain (unripe)	1Kg	113.59	-50.27	-9.12
Vegetable oil: 1 bottle, specify bottle	1Ltr	585.51	3.1	4.29
Wheat flour: prepacked (golden penny 2kg)	2Kg	706.36	-2.57	1.27
AVERAGE			-5.2	0.68


Selected Food Price Watch - March 2019



Delta State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N343.03



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N425.21



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N325.81



 Bread sliced 500g


	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N290.71



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N210.95



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N471.11



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1458.12



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N314.04

 Garri white, sold Loose

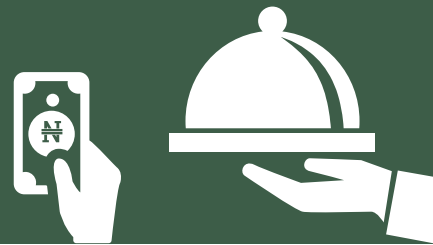
	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N178.49

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N683.57

Selected Food Price Watch - March 2019


Delta State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	507.33	-10.26	-1.34
Agric eggs(medium size price of one)	1 Piece	45	0.7	-5.81
Beans brown,sold loose	1Kg	425.21	7.64	2.09
Beans:white black eye. sold loose	1Kg	365.32	3.15	6.4
Beef Bone in	1Kg	1013.27	-2.89	3.15
Beef,boneless	1Kg	1458.12	-2.26	-1.95
Bread sliced 500g	1 loaf	290.71	-5.46	6.93
Bread unsliced 500g	1 loaf	246.43	-18.97	-0.32
Broken Rice (Ofada)	1Kg	332	-21.73	-8.3
Chicken Feet	1Kg	951.36	-2.42	2.64
Chicken Wings	1Kg	1161.43	8.62	-2.2
Evaporated tinned milk carnation 170g	1 unit	150	-2.6	1.35
Evaporated tinned milk(peak), 170g	1 unit	188.67	7.81	-5.17
Frozen chicken	1 unit	1760	16.14	-1.19
Gari white,sold loose	1Kg	178.49	-23.16	-6.79
Gari yellow,sold loose	1Kg	230.04	-4.55	-8.23
Mudfish (aro) fresh	1Kg	1119.95	5.42	2.61
Mudfish : dried	1Kg	2012.15	6.47	1.14
Onion bulb	1Kg	314.04	22.77	3.22
Rice agric sold loose	1Kg	374.29	1.16	0.64
Rice local sold loose	1Kg	325.81	8.78	-3.87
Rice Medium Grained	1Kg	369.38	6.55	2.72
Rice,imported high quality sold loose	1Kg	414.21	3.42	1.46
Tomato	1Kg	343.03	9.48	-2.63
Yam tuber	1Kg	210.95	26.66	-7.94
Dried Fish Sardine	1Kg	1281.05	-5.01	-0.28
Iced Sardine	1Kg	905.9	-15.67	3.77
Irish potato	1Kg	368.33	11.92	8.2
Sweet potato	1Kg	123.69	-28.48	1.71
Tilapia fish (epiya) fresh	1Kg	1169.87	8.74	1.28
Titus:frozen	1Kg	1003.45	12.36	3.27
Catfish (obokun) fresh	1Kg	1235.21	12.38	2.13
Catfish :dried	1Kg	1952.78	7.23	0.68
Catfish Smoked	1Kg	1628.89	2.36	1.1
Mackerel : frozen	1Kg	937.68	-4.43	-1.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	722.22	-0.51	3.88
Maize grain white sold loose	1Kg	213.57	-2.08	-4.31
Maize grain yellow sold loose	1Kg	220.17	-4.83	-4.35
Palm oil: 1 bottle,specify bottle	1Ltr	471.11	-6.54	-0.54
Plantain(ripe)	1Kg	197.26	-21.92	3.15
Plantain(unripe)	1Kg	185.66	13.08	0.62
Vegetable oil:1 bottle,specify bottle	1Ltr	528.57	5.71	2.48
Wheat flour: prepacked (golden penny 2kg)	2Kg	683.57	1.94	-0.25
AVERAGE			0.62	-0.01


Selected Food Price Watch - March 2019

Ebonyi State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N203.55






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N571.43






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N273.57






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N322.73






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N214.47






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N425.71






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1448.35






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N212.37





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N179.93

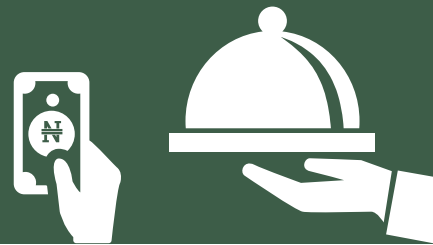


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N683.33

Selected Food Price Watch - March 2019

Ebonyi State




ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	504.59	-10.69	-2.7
Agric eggs(medium size price of one)	1 Piece	43.14	-2.58	-8.07
Beans brown,sold loose	1Kg	571.43	1.49	-0.76
Beans:white black eye, sold loose	1Kg	541.5	1.86	0.1
Beef Bone in	1Kg	933.33	-4.3	-6.67
Beef,boneless	1Kg	1448.35	4.95	0.74
Bread sliced 500g	1 loaf	322.73	-7.79	4.41
Bread unsliced 500g	1 loaf	280.55	2.87	5.87
Broken Rice (Ofada)	1Kg	372.47	-9.25	0.6
Chicken Feet	1Kg	719.32	-15.96	0.05
Chicken Wings	1Kg	956.72	6.3	0.08
Evaporated tinned milk carnation 170g	1 unit	175	19.32	0
Evaporated tinned milk(peak), 170g	1 unit	190	-0.75	-0.4
Frozen chicken	1 unit	1605.37	16.75	0.34
Gari white,sold loose	1Kg	179.93	-31.71	-1.26
Gari yellow,sold loose	1Kg	192.86	-38.01	-6.4
Mudfish (aro) fresh	1Kg	912.44	7.21	0.1
Mudfish : dried	1Kg	2171.39	-5.46	-0.3
Onion bulb	1Kg	212.37	-28.54	-3.1
Rice agric sold loose	1Kg	315.96	-7.07	-1.26
Rice local sold loose	1Kg	273.57	-12.04	2.64
Rice Medium Grained	1Kg	332.25	8.03	0.44
Rice,imported high quality sold loose	1Kg	396.98	-0.76	-0.76
Tomato	1Kg	203.55	-30.4	-16.19
Yam tuber	1Kg	214.47	-25.86	10.46
Dried Fish Sardine	1Kg	1315.29	9.12	1.18
Iced Sardine	1Kg	975.56	7.4	1.79
Irish potato	1Kg	300	71.43	-12.26
Sweet potato	1Kg	146.67	-17.36	5.88
Tilapia fish (epiya) fresh	1Kg	1143.4	27.66	3.19
Titus:frozen	1Kg	918.81	18.53	-3.88
Catfish (obokun) fresh	1Kg	1301.17	32.61	0.09
Catfish :dried	1Kg	2410.39	3.3	0.08
Catfish Smoked	1Kg	1711.08	-4.94	0.05
Mackerel : frozen	1Kg	902.52	-14.18	-4.7
Groundnut oil: 1 bottle, specify bottle	1Ltr	758.33	29.75	-1.09
Maize grain white sold loose	1Kg	230.16	-6.6	0.69
Maize grain yellow sold loose	1Kg	234.92	-8.4	-1.53
Palm oil: 1 bottle,specify bottle	1Ltr	425.71	-4.58	-6.78
Plantain(ripe)	1Kg	199.9	-24.39	-2.29
Plantain(unripe)	1Kg	190.2	-13.21	-2.75
Vegetable oil:1 bottle,specify bottle	1Ltr	478.1	0.4	-1.76
Wheat flour: prepacked (golden penny 2kg)	2Kg	683.33	1.23	-0.61
AVERAGE			-1.27	-1.09



Selected Food Price Watch - March 2019


Edo State








 Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N374.30






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N385.16






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N330.71






 Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N314.29






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N311.49






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N505.56






 Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1430.74






 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N300.56





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N198.14



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N718.57

Selected Food Price Watch - March 2019


Edo State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	495.71	-20.06	-2
Agric eggs(medium size price of one)	1 Piece	42	-12.97	-8.41
Beans brown,sold loose	1Kg	385.16	2.76	-1.46
Beans:white black eye. sold loose	1Kg	322.1	-19.77	-1.11
Beef Bone in	1Kg	912.32	-7.89	-0.41
Beef,boneless	1Kg	1430.74	1.8	1.9
Bread sliced 500g	1 loaf	314.29	-1.49	-2.72
Bread unsliced 500g	1 loaf	246.15	-6.86	-5.88
Broken Rice (Ofada)	1Kg	384	-26.21	1.05
Chicken Feet	1Kg	895.09	1.33	-2.67
Chicken Wings	1Kg	1257.69	-1.08	2.07
Evaporated tinned milk carnation 170g	1 unit	143.33	-13.13	-1.38
Evaporated tinned milk(peak), 170g	1 unit	190	-1.88	-1.48
Frozen chicken	1 unit	1313.33	-7.48	-1.42
Gari white,sold loose	1Kg	198.14	-27.43	-4.31
Gari yellow,sold loose	1Kg	192.22	-26.06	-1.21
Mudfish (aro) fresh	1Kg	1209.9	6.8	2.27
Mudfish : dried	1Kg	1559.41	-32.11	2.56
Onion bulb	1Kg	300.56	26.67	2.54
Rice agric sold loose	1Kg	351.82	-3.5	-6.1
Rice local sold loose	1Kg	330.71	0.35	6.93
Rice Medium Grained	1Kg	356.15	-3.01	5.53
Rice,imported high quality sold loose	1Kg	392.86	0.45	-0.9
Tomato	1Kg	374.3	15.96	4.93
Yam tuber	1Kg	311.49	-8.88	5.03
Dried Fish Sardine	1Kg	1258.02	-7.82	-2.15
Iced Sardine	1Kg	987.57	11.97	-1.95
Irish potato	1Kg	375.91	65.93	2.48
Sweet potato	1Kg	131.58	-16.23	-3.26
Tilapia fish (epiya) fresh	1Kg	1072.69	1.55	-6.44
Titus:frozen	1Kg	1012.76	10.9	-1.1
Catfish (obokun) fresh	1Kg	1022.72	-0.89	-1.12
Catfish :dried	1Kg	2239.37	-5.28	-0.45
Catfish Smoked	1Kg	1461.81	-24.85	0.63
Mackerel : frozen	1Kg	1035.2	23.05	1.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	725.24	35.98	2.39
Maize grain white sold loose	1Kg	227.26	-6	-4.84
Maize grain yellow sold loose	1Kg	248.41	-0.79	-4.23
Palm oil: 1 bottle,specify bottle	1Ltr	505.56	0.24	1.79
Plantain(ripe)	1Kg	180.91	-24.51	4.04
Plantain(unripe)	1Kg	149.8	-31.62	1.49
Vegetable oil:1 bottle,specify bottle	1Ltr	528.21	-5.55	4.25
Wheat flour: prepacked (golden penny 2kg)	2Kg	718.57	-2.65	-2.01
AVERAGE			-3.26	-0.37


Selected Food Price Watch - March 2019

Ekiti State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N236.59






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N394.53






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N300.48






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N250.00






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N189.82






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N399.11






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1405.88






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N221.76





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N149.80

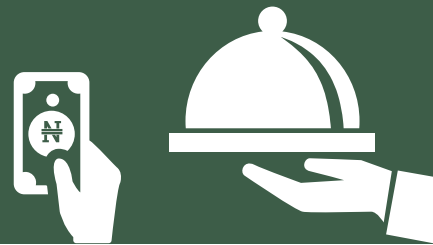


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N646.67

Selected Food Price Watch - March 2019


Ekiti State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	457.06	-6.3	0.78
Agric eggs(medium size price of one)	1 Piece	40.94	4.17	-0.42
Beans brown,sold loose	1Kg	394.53	-14.14	-2.78
Beans:white black eye. sold loose	1Kg	278.08	-20.51	-0.74
Beef Bone in	1Kg	910.64	4.2	-1.46
Beef,boneless	1Kg	1405.88	-0.33	-0.24
Bread sliced 500g	1 loaf	250	-1.23	0
Bread unsliced 500g	1 loaf	250	-4.26	0
Broken Rice (Ofada)	1Kg	439.27	-6.01	-3.52
Chicken Feet	1Kg	880.2	-4.26	-1.69
Chicken Wings	1Kg	1080	-10	1.25
Evaporated tinned milk carnation 170g	1 unit	168.24	-2.07	-6.53
Evaporated tinned milk(peak), 170g	1 unit	196	-2	0.66
Frozen chicken	1 unit	1500.31	2.92	0.02
Gari white,sold loose	1Kg	149.8	7.82	9.31
Gari yellow,sold loose	1Kg	174.95	-17.37	0.18
Mudfish (aro) fresh	1Kg	910.86	3.04	1.62
Mudfish : dried	1Kg	1998.62	-36.63	-0.96
Onion bulb	1Kg	221.76	27.81	-1.12
Rice agric sold loose	1Kg	251.26	0.23	0.9
Rice local sold loose	1Kg	300.48	-14.11	-2.68
Rice Medium Grained	1Kg	303.58	-6.42	-3.94
Rice,imported high quality sold loose	1Kg	328.76	-0.55	-8.78
Tomato	1Kg	236.59	-6.87	-8.87
Yam tuber	1Kg	189.82	-30.75	-5.11
Dried Fish Sardine	1Kg	1699.23	-4.06	-0.05
Iced Sardine	1Kg	812.95	-3.44	-2.19
Irish potato	1Kg	205.71	0.17	-2.85
Sweet potato	1Kg	90.46	-6.54	4.42
Tilapia fish (epiya) fresh	1Kg	870	-13	-2.05
Titus:frozen	1Kg	900.47	-10.75	-0.45
Catfish (obokun) fresh	1Kg	812.3	-8.46	1.47
Catfish :dried	1Kg	1923.54	-10.83	-0.51
Catfish Smoked	1Kg	1905.02	-4.75	0.14
Mackerel : frozen	1Kg	705.63	-1.9	2.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	544.44	-29.42	-2.2
Maize grain white sold loose	1Kg	136.32	-29.38	-9.84
Maize grain yellow sold loose	1Kg	140.69	-41.49	-7.82
Palm oil: 1 bottle,specify bottle	1Ltr	399.11	-8.68	-2.14
Plantain(ripe)	1Kg	198.22	6.55	-7.03
Plantain(unripe)	1Kg	230.07	26.82	3.01
Vegetable oil:1 bottle,specify bottle	1Ltr	445.11	-22.86	-5.02
Wheat flour: prepacked (golden penny 2kg)	2Kg	646.67	1.29	2.88
AVERAGE			-6.85	-1.44


Selected Food Price Watch - March 2019

Enugu State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N274.14






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N508.75






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N295.19






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N330.65






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N162.59






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N434.39






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1430.19






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N279.30





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N152.54



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N682.35

Selected Food Price Watch - March 2019


Enugu State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	530.75	-8.27	0.63
Agric eggs(medium size price of one)	1 Piece	47.11	6.47	2.42
Beans brown,sold loose	1Kg	508.75	3.56	-3.46
Beans:white black eye. sold loose	1Kg	449.75	0.02	-1.62
Beef Bone in	1Kg	940.74	-11.03	-3.22
Beef,boneless	1Kg	1430.19	2.97	1.27
Bread sliced 500g	1 loaf	330.65	7.28	2.03
Bread unsliced 500g	1 loaf	279.72	2.99	2.02
Broken Rice (Ofada)	1Kg	410.64	-25.34	0.21
Chicken Feet	1Kg	710.64	2.99	1.44
Chicken Wings	1Kg	1136.67	13.67	3.33
Evaporated tinned milk carnation 170g	1 unit	171.05	1.75	-0.36
Evaporated tinned milk(peak), 170g	1 unit	197.32	5.62	-0.69
Frozen chicken	1 unit	1755.56	-0.39	-0.63
Gari white,sold loose	1Kg	152.54	-25.54	3.87
Gari yellow,sold loose	1Kg	200.58	-18.57	10.85
Mudfish (aro) fresh	1Kg	1436.33	18.57	0.88
Mudfish : dried	1Kg	1985.12	-9.77	1.93
Onion bulb	1Kg	279.3	27.23	-4.61
Rice agric sold loose	1Kg	333.33	-6.25	4.17
Rice local sold loose	1Kg	295.19	6.82	-2.45
Rice Medium Grained	1Kg	300	18.42	-1.01
Rice,imported high quality sold loose	1Kg	402.61	-0.18	-0.91
Tomato	1Kg	274.14	3.38	-8.18
Yam tuber	1Kg	162.59	7.74	5.37
Dried Fish Sardine	1Kg	1457.54	-7.94	-0.89
Iced Sardine	1Kg	917.43	7.64	-3.74
Irish potato	1Kg	400.53	23.95	2.56
Sweet potato	1Kg	142.25	7.15	4.42
Tilapia fish (epiya) fresh	1Kg	830.19	-2.95	0.41
Titus:frozen	1Kg	980.7	-2.44	3.22
Catfish (obokun) fresh	1Kg	1200.58	39.93	0.05
Catfish :dried	1Kg	2226.24	-13.6	0.68
Catfish Smoked	1Kg	1732.48	-1.89	0.5
Mackerel : frozen	1Kg	893.5	-3.87	-1.41
Groundnut oil: 1 bottle, specify bottle	1Ltr	698.33	8.36	-3.04
Maize grain white sold loose	1Kg	211.49	-1.99	4.09
Maize grain yellow sold loose	1Kg	215.44	0.38	2.54
Palm oil: 1 bottle,specify bottle	1Ltr	434.39	-10.71	-1.4
Plantain(ripe)	1Kg	206.55	6.14	2.84
Plantain(unripe)	1Kg	180.17	4.98	0.49
Vegetable oil:1 bottle,specify bottle	1Ltr	526.09	-10.98	-3.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	682.35	-6.53	-2.52
AVERAGE			1.39	0.43


Selected Food Price Watch - March 2019

Gombe State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N160.94






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N288.43






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N220.83






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N263.64






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N157.66






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N480.93






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1097.78





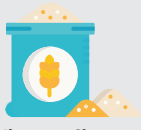
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N191.11





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N170.65



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N698.57

Selected Food Price Watch - March 2019

Gombe State









ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	431.54	-8.75	1.71
Agric eggs(medium size price of one)	1 Piece	40.42	9.4	7.26
Beans brown,sold loose	1Kg	288.43	-3.39	-5.59
Beans:white black eye. sold loose	1Kg	262.49	-5.23	-7.35
Beef Bone in	1Kg	933.33	-4.12	2.29
Beef,boneless	1Kg	1097.78	0.61	0.82
Bread sliced 500g	1 loaf	263.64	8.26	3.39
Bread unsliced 500g	1 loaf	240.77	8.86	1.12
Broken Rice (Ofada)	1Kg	358.39	20.93	-0.78
Chicken Feet	1Kg	445.25	-2.91	1.02
Chicken Wings	1Kg	750	9.53	-2.58
Evaporated tinned milk carnation 170g	1 unit	168.5	10.69	-0.88
Evaporated tinned milk(peak), 170g	1 unit	185.45	2.62	-0.56
Frozen chicken	1 unit	1670.54	7.78	-0.76
Gari white,sold loose	1Kg	170.65	-29.44	-1.87
Gari yellow,sold loose	1Kg	218.85	-9.62	-0.69
Mudfish (aro) fresh	1Kg	833.77	0.22	0.73
Mudfish : dried	1Kg	1775.45	-10.61	-1.01
Onion bulb	1Kg	191.11	4.09	-3.41
Rice agric sold loose	1Kg	247.92	-13.85	3.99
Rice local sold loose	1Kg	220.83	-6.92	0.38
Rice Medium Grained	1Kg	227.78	-3.17	7.99
Rice,imported high quality sold loose	1Kg	300.33	-10.61	-0.49
Tomato	1Kg	160.94	-34.07	-11.95
Yam tuber	1Kg	157.66	-37.16	5.84
Dried Fish Sardine	1Kg	1452.9	4.17	1.42
Iced Sardine	1Kg	889.83	-11.02	-1.13
Irish potato	1Kg	274.51	50.19	-6.76
Sweet potato	1Kg	123.99	19.17	-14.82
Tilapia fish (epiya) fresh	1Kg	742.5	-2.2	1.02
Titus:frozen	1Kg	878.64	1.74	2.57
Catfish (obokun) fresh	1Kg	970	2.11	-0.1
Catfish :dried	1Kg	1570.24	-19.43	-1.86
Catfish Smoked	1Kg	1564.96	-13.28	-1.19
Mackerel : frozen	1Kg	905.84	-9.42	-2.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	575	1.4	0.88
Maize grain white sold loose	1Kg	95.99	-32.47	3
Maize grain yellow sold loose	1Kg	100.46	-34.49	2.51
Palm oil: 1 bottle,specify bottle	1Ltr	480.93	-3.67	-0.22
Plantain(ripe)	1Kg	250.75	17.02	-4.37
Plantain(unripe)	1Kg	200	0	-4.85
Vegetable oil:1 bottle,specify bottle	1Ltr	535.37	4.46	2.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	698.57	-12.68	-2.42
AVERAGE			-3.15	-0.65




Selected Food Price Watch - March 2019




Imo State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2019 N224.87




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N436.08




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N340.97




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2019 N340.63




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2019 N149.54

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2019 N432.63

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2019 N1448.86

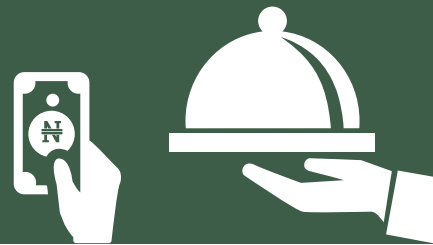
		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2019 N214.05

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N160.12

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2019 N694.74

Selected Food Price Watch - March 2019

Imo State






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	494.32	-23.73	-1.36
Agric eggs(medium size price of one)	1 Piece	47.72	0	-1.67
Beans brown,sold loose	1Kg	436.08	0.04	-0.06
Beans:white black eye. sold loose	1Kg	417.22	-1.21	1.76
Beef Bone in	1Kg	971.08	-7.57	0.51
Beef,boneless	1Kg	1448.86	2.94	3.17
Bread sliced 500g	1 loaf	340.63	13.54	11.4
Bread unsliced 500g	1 loaf	263.79	7.17	0.49
Broken Rice (Ofada)	1Kg	312.6	2.33	0.52
Chicken Feet	1Kg	655.86	-22.84	0.9
Chicken Wings	1Kg	973.98	-2.76	2.5
Evaporated tinned milk carnation 170g	1 unit	200	30.34	0.15
Evaporated tinned milk(peak), 170g	1 unit	194.32	0.77	0.71
Frozen chicken	1 unit	1520.83	0.02	1.15
Gari white,sold loose	1Kg	160.12	-18.91	4.9
Gari yellow,sold loose	1Kg	183.41	-20.99	4.52
Mudfish (aro) fresh	1Kg	1325.58	5.61	0.91
Mudfish : dried	1Kg	2554.55	21	-0.85
Onion bulb	1Kg	214.05	-12.41	-24.71
Rice agric sold loose	1Kg	377.85	0.02	-2.56
Rice local sold loose	1Kg	340.97	-2.44	-2.13
Rice Medium Grained	1Kg	397.67	-5.4	-3.22
Rice,imported high quality sold loose	1Kg	440.85	-0.57	-0.94
Tomato	1Kg	224.87	-15.42	-11.45
Yam tuber	1Kg	149.54	-4.82	2.23
Dried Fish Sardine	1Kg	1508.21	-15.36	0.93
Iced Sardine	1Kg	917.81	-8.68	-2.1
Irish potato	1Kg	405.56	8.53	-8.42
Sweet potato	1Kg	108.71	-0.25	-1.38
Tilapia fish (epiya) fresh	1Kg	1138.63	13.78	-0.47
Titus:frozen	1Kg	919.94	-4.98	-0.27
Catfish (obokun) fresh	1Kg	1301.81	9.79	0.84
Catfish :dried	1Kg	2276.8	-9.15	1.19
Catfish Smoked	1Kg	1490.63	-13.59	-1.53
Mackerel : frozen	1Kg	854.84	-9.33	-4.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	657.14	8.79	0.81
Maize grain white sold loose	1Kg	239.62	47.71	-2.37
Maize grain yellow sold loose	1Kg	237.46	10.94	-4.69
Palm oil: 1 bottle,specify bottle	1Ltr	432.63	-2	-1.06
Plantain(ripe)	1Kg	205.64	0.18	-0.74
Plantain(unripe)	1Kg	192.63	6.86	0.66
Vegetable oil:1 bottle,specify bottle	1Ltr	525.11	0.28	-1.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	694.74	-6.89	-2.39
AVERAGE			-0.43	-0.92


Selected Food Price Watch - March 2019



Jigawa State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N186.14



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N332.19



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N293.68



 Bread sliced 500g


	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N222.22



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N200.15



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N429.80



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1226.46



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N192.94

 Garri white, sold Loose

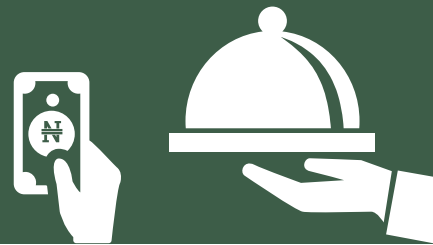
	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N184.68

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N700.00

Selected Food Price Watch - March 2019


Jigawa State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	428.75	-10.39	-1.1
Agric eggs(medium size price of one)	1 Piece	40	8.33	0.74
Beans brown,sold loose	1Kg	332.19	-5.98	-3.05
Beans:white black eye. sold loose	1Kg	356.53	16.94	-4.91
Beef Bone in	1Kg	999.73	6.51	1.91
Beef,boneless	1Kg	1226.46	4.34	-0.94
Bread sliced 500g	1 loaf	222.22	-8.26	-4.42
Bread unsliced 500g	1 loaf	220.63	3.54	4
Broken Rice (Ofada)	1Kg	350.24	35.25	1.93
Chicken Feet	1Kg	600	4.05	-0.22
Chicken Wings	1Kg	631.02	-15.86	0.96
Evaporated tinned milk carnation 170g	1 unit	146.67	-5.38	4.76
Evaporated tinned milk(peak), 170g	1 unit	187.37	8.94	2.42
Frozen chicken	1 unit	1702.38	30.95	1.03
Gari white,sold loose	1Kg	184.68	-5.83	6.88
Gari yellow,sold loose	1Kg	181.01	-26.03	-9.02
Mudfish (aro) fresh	1Kg	995.85	-12.86	-1.18
Mudfish : dried	1Kg	1312.21	9.32	0.94
Onion bulb	1Kg	192.94	28.13	-8.27
Rice agric sold loose	1Kg	250.18	-3.38	0.43
Rice local sold loose	1Kg	293.68	19.96	-1.4
Rice Medium Grained	1Kg	274.02	16.86	1.02
Rice,imported high quality sold loose	1Kg	356.76	13.91	-0.99
Tomato	1Kg	186.14	-7.92	-7.4
Yam tuber	1Kg	200.15	36.75	-2.21
Dried Fish Sardine	1Kg	1712.03	26.82	0.71
Iced Sardine	1Kg	895	4.61	-0.56
Irish potato	1Kg	235.84	35.25	-2.71
Sweet potato	1Kg	136.97	47.28	21.09
Tilapia fish (epiya) fresh	1Kg	853.92	26.81	2.19
Titus:frozen	1Kg	854.55	22.08	0.53
Catfish (obokun) fresh	1Kg	928.67	-2.81	-1.57
Catfish :dried	1Kg	1651.03	-1.26	1.08
Catfish Smoked	1Kg	1515.95	3.03	1.06
Mackerel : frozen	1Kg	829.09	-19.57	1.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	459.33	-8.13	-1.26
Maize grain white sold loose	1Kg	97.78	-36.49	-3.98
Maize grain yellow sold loose	1Kg	89.04	-45.9	-3.58
Palm oil: 1 bottle,specify bottle	1Ltr	429.8	-7.37	0.74
Plantain(ripe)	1Kg	255	-3.9	-2.3
Plantain(unripe)	1Kg	201.12	0.56	-5.58
Vegetable oil:1 bottle,specify bottle	1Ltr	435.11	-6.76	1.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	16.67	0
AVERAGE			4.48	-0.22


Selected Food Price Watch - March 2019



Kaduna State


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N270.20



Tomato




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N325.87



Beans brown, sold loose




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N274.58



Rice Local sold Loose




	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N288.46



Bread sliced 500g




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N182.91



Yam Tuber




	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N475.69



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1170.24



Beef, boneless



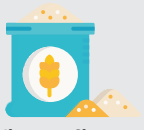
	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N257.56



Onion bulb



	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N164.39

Garri white, sold Loose

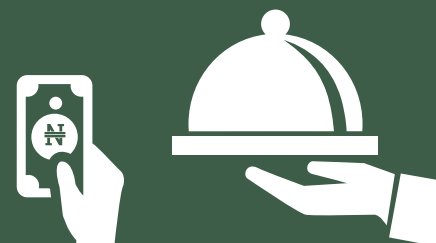


	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N660.00

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - March 2019

Kaduna State






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	412.81	-13.4	-2.95
Agric eggs(medium size price of one)	1 Piece	38.67	6.42	1.55
Beans brown,sold loose	1Kg	325.87	-4.98	0.32
Beans:white black eye. sold loose	1Kg	263.39	-7.26	3.83
Beef Bone in	1Kg	1152.97	10.79	-0.28
Beef,boneless	1Kg	1170.24	-6.62	-1.53
Bread sliced 500g	1 loaf	288.46	5.63	3.72
Bread unsliced 500g	1 loaf	245.88	9.12	-1.04
Broken Rice (Ofada)	1Kg	366.29	27.72	4.17
Chicken Feet	1Kg	700	-14.57	-1.43
Chicken Wings	1Kg	800	-0.16	-0.63
Evaporated tinned milk carnation 170g	1 unit	161.67	-10.19	9.6
Evaporated tinned milk(peak), 170g	1 unit	183.33	-0.9	-1.28
Frozen chicken	1 unit	1610	7.33	0.63
Gari white,sold loose	1Kg	164.39	-18.81	9.28
Gari yellow,sold loose	1Kg	167.81	-29.5	4.61
Mudfish (aro) fresh	1Kg	900	-1.45	1.32
Mudfish : dried	1Kg	1139.44	23.22	-1.43
Onion bulb	1Kg	257.56	47.79	-1.81
Rice agric sold loose	1Kg	325.68	11.73	-4.17
Rice local sold loose	1Kg	274.58	6.06	8.6
Rice Medium Grained	1Kg	283.45	-1.17	2.48
Rice,imported high quality sold loose	1Kg	313.82	-8.36	-5.37
Tomato	1Kg	270.2	-8.16	-3.62
Yam tuber	1Kg	182.91	-20.22	-11.47
Dried Fish Sardine	1Kg	1360	6	0.66
Iced Sardine	1Kg	935	-0.83	-1.58
Irish potato	1Kg	206.58	-5.4	1.44
Sweet potato	1Kg	104.05	29.08	-2.56
Tilapia fish (epiya) fresh	1Kg	740	-8.45	1.88
Titus:frozen	1Kg	982.72	-5.02	-0.74
Catfish (obokun) fresh	1Kg	980.03	-21.6	-2
Catfish :dried	1Kg	1376.59	19.7	-0.49
Catfish Smoked	1Kg	1489.85	-7.23	-0.68
Mackerel : frozen	1Kg	833.33	-11.59	2.04
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	-5.83	1.19
Maize grain white sold loose	1Kg	111.47	19.91	-13.41
Maize grain yellow sold loose	1Kg	93.63	-6.91	-9.04
Palm oil: 1 bottle,specify bottle	1Ltr	475.69	-12.51	-2.06
Plantain(ripe)	1Kg	295.12	-15.6	-4.19
Plantain(unripe)	1Kg	237.69	5.64	-7.3
Vegetable oil:1 bottle,specify bottle	1Ltr	517.78	-3.08	0.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	660	7.76	-1.49
AVERAGE			-0.14	-0.58


Selected Food Price Watch - March 2019



Kano State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N113.21



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N284.95



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N232.41



 Bread sliced 500g

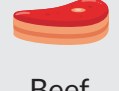
	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N231.25



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N156.13



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N460.00



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1050.10



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N241.41

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N145.00

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N615.00

Selected Food Price Watch - March 2019


Kano State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	442.63	-8.02	-0.31
Agric eggs(medium size price of one)	1 Piece	38.68	8.32	0.05
Beans brown,sold loose	1Kg	284.95	-7.75	-2.04
Beans:white black eye. sold loose	1Kg	221.96	-28.25	-2.61
Beef Bone in	1Kg	902.7	9.06	0.35
Beef,boneless	1Kg	1050.1	-4.37	-1.15
Bread sliced 500g	1 loaf	231.25	-7.5	-7.5
Bread unsliced 500g	1 loaf	237.5	-6.25	0.35
Broken Rice (Ofada)	1Kg	420.12	42.04	-5.51
Chicken Feet	1Kg	789.02	-9.8	-1.67
Chicken Wings	1Kg	898.32	-8.7	-0.36
Evaporated tinned milk carnation 170g	1 unit	133.33	-4.76	-4.76
Evaporated tinned milk(peak), 170g	1 unit	173.08	0.24	-8.42
Frozen chicken	1 unit	1140	3.64	-11.28
Gari white,sold loose	1Kg	145	-44.34	3.56
Gari yellow,sold loose	1Kg	194.44	-28.39	-2.14
Mudfish (aro) fresh	1Kg	978.06	2.06	-0.2
Mudfish : dried	1Kg	1515.87	-7.78	1.06
Onion bulb	1Kg	241.41	19.19	-4.95
Rice agric sold loose	1Kg	258.71	-4.27	7.8
Rice local sold loose	1Kg	232.41	-2.67	10.35
Rice Medium Grained	1Kg	244.79	-0.37	4.85
Rice,imported high quality sold loose	1Kg	317.42	0.94	-2.08
Tomato	1Kg	113.21	-42.27	-6.75
Yam tuber	1Kg	156.13	-25.24	-8.06
Dried Fish Sardine	1Kg	1300	0	0.52
Iced Sardine	1Kg	883.33	6	0.9
Irish potato	1Kg	183.17	-36.61	-7.77
Sweet potato	1Kg	124.28	35.13	11.16
Tilapia fish (epiya) fresh	1Kg	675.67	11.08	-1.74
Titus:frozen	1Kg	815.36	15.35	1.53
Catfish (obokun) fresh	1Kg	820	0.22	2.26
Catfish :dried	1Kg	1456.15	-13.88	-0.72
Catfish Smoked	1Kg	1402.3	-6.02	-0.5
Mackerel : frozen	1Kg	943.88	15.04	1.46
Groundnut oil: 1 bottle, specify bottle	1Ltr	554	0.52	-2.56
Maize grain white sold loose	1Kg	80.08	-29.04	-18.64
Maize grain yellow sold loose	1Kg	96.96	-43.9	8.52
Palm oil: 1 bottle,specify bottle	1Ltr	460	-12.06	-2.17
Plantain(ripe)	1Kg	238.1	16.27	0
Plantain(unripe)	1Kg	244.02	-12	-5.05
Vegetable oil:1 bottle,specify bottle	1Ltr	488	-3.89	1.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	615	2.5	-1.6
AVERAGE			-4.9	-1.27


Selected Food Price Watch - March 2019

Katsina State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N117.67






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N259.06






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N239.56






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N208.00






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N147.85






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N478.43






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1150.05






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N170.98





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N149.64

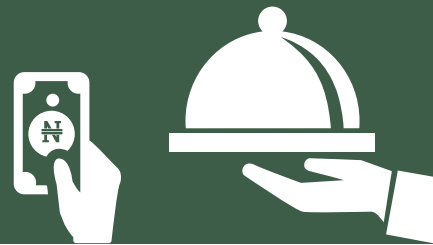


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N650.00

Selected Food Price Watch - March 2019

Katsina State




ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	443.33	-0.45	2.62
Agric eggs(medium size price of one)	1 Piece	39.12	15.05	-1.38
Beans brown,sold loose	1Kg	259.06	-8.89	6.98
Beans:white black eye. sold loose	1Kg	304.28	20.83	1.68
Beef Bone in	1Kg	922.42	-2.49	-0.37
Beef,boneless	1Kg	1150.05	3.96	-1.05
Bread sliced 500g	1 loaf	208	-11.8	-3.01
Bread unsliced 500g	1 loaf	214.67	13.41	-6.82
Broken Rice (Ofada)	1Kg	379.98	13.99	2.06
Chicken Feet	1Kg	447.65	-23.48	-4.08
Chicken Wings	1Kg	870	-5.82	-3.29
Evaporated tinned milk carnation 170g	1 unit	143.33	-4.44	0.33
Evaporated tinned milk(peak), 170g	1 unit	186.26	6.23	-1.54
Frozen chicken	1 unit	1420	12.11	0.53
Gari white,sold loose	1Kg	149.64	-25.14	-0.72
Gari yellow,sold loose	1Kg	150.92	-33.62	-3.8
Mudfish (aro) fresh	1Kg	930	-7.7	-2.11
Mudfish : dried	1Kg	1254.92	-28.22	1.96
Onion bulb	1Kg	170.98	-24.69	-14.44
Rice agric sold loose	1Kg	238.12	-5.89	5.62
Rice local sold loose	1Kg	239.56	5.97	-7.65
Rice Medium Grained	1Kg	261.27	-10.1	11.32
Rice,imported high quality sold loose	1Kg	296.16	3.16	-1.42
Tomato	1Kg	117.67	-43.41	-19.69
Yam tuber	1Kg	147.85	-41.73	-10.04
Dried Fish Sardine	1Kg	915	-26.8	-1.86
Iced Sardine	1Kg	957.78	19.45	-0.15
Irish potato	1Kg	195.51	-17.2	-8.54
Sweet potato	1Kg	102.16	-1.29	-16.46
Tilapia fish (epiya) fresh	1Kg	800	-20	0
Titus:frozen	1Kg	889.9	4.49	1.12
Catfish (obokun) fresh	1Kg	870.81	-5	-1.6
Catfish :dried	1Kg	1121.16	2.5	-1.41
Catfish Smoked	1Kg	1602.3	1.73	-1.12
Mackerel : frozen	1Kg	825.76	1.76	0.7
Groundnut oil: 1 bottle, specify bottle	1Ltr	501.43	-13.16	-1.47
Maize grain white sold loose	1Kg	88.01	-17.43	18.39
Maize grain yellow sold loose	1Kg	87.72	-23.38	3.4
Palm oil: 1 bottle,specify bottle	1Ltr	478.43	-8.16	0.75
Plantain(ripe)	1Kg	204.76	-31.32	-9.79
Plantain(unripe)	1Kg	202.31	-32.39	-1.58
Vegetable oil:1 bottle,specify bottle	1Ltr	491.76	-6.39	0.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	18.18	-3.7
AVERAGE			-7.85	-1.66



Selected Food Price Watch - March 2019


Kebbi State








 Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N224.52






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N308.39






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N269.10






 Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N230.00






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N252.73






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N467.56






 Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1054.39





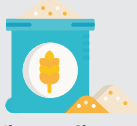
 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N193.74





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N190.89

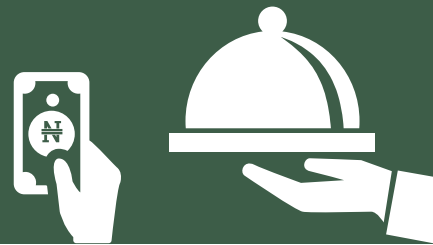


 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N663.33

Selected Food Price Watch - March 2019

Kebbi State






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	446.88	-17.31	-3.9
Agric eggs(medium size price of one)	1 Piece	41.56	-2.51	-5.67
Beans brown,sold loose	1Kg	308.39	-28.37	0.49
Beans:white black eye. sold loose	1Kg	253.77	-16.47	-4.19
Beef Bone in	1Kg	939.11	-15.88	-0.95
Beef,boneless	1Kg	1054.39	-14.1	-1.19
Bread sliced 500g	1 loaf	230	-31.49	-8
Bread unsliced 500g	1 loaf	232.14	-15.94	-4.07
Broken Rice (Ofada)	1Kg	237.65	-4.62	7.06
Chicken Feet	1Kg	481.03	-3.79	-3.79
Chicken Wings	1Kg	530	-7.09	-3.64
Evaporated tinned milk carnation 170g	1 unit	180	8	2.13
Evaporated tinned milk(peak), 170g	1 unit	163.53	-12.23	-13.93
Frozen chicken	1 unit	1266.67	-15.56	1.33
Gari white,sold loose	1Kg	190.89	-20.47	-10.64
Gari yellow,sold loose	1Kg	210.42	-32.73	-8.11
Mudfish (aro) fresh	1Kg	874.29	-29.89	1.06
Mudfish : dried	1Kg	1622.35	-7.61	-0.52
Onion bulb	1Kg	193.74	-14.83	-5.45
Rice agric sold loose	1Kg	226.02	-6.75	1.25
Rice local sold loose	1Kg	269.1	18.68	5.56
Rice Medium Grained	1Kg	311.75	29.58	6.82
Rice,imported high quality sold loose	1Kg	301	-2.47	-0.07
Tomato	1Kg	224.52	-13.55	-10.3
Yam tuber	1Kg	252.73	6.28	-4.69
Dried Fish Sardine	1Kg	1235.02	23.5	1.23
Iced Sardine	1Kg	1052.31	50.33	-0.37
Irish potato	1Kg	208.77	18.45	0.79
Sweet potato	1Kg	125.07	-3.11	-3.3
Tilapia fish (epiya) fresh	1Kg	556.37	-17.46	-2.13
Titus:frozen	1Kg	902.22	20.3	0.25
Catfish (obokun) fresh	1Kg	1102.67	6.64	0.24
Catfish :dried	1Kg	1473.95	4.33	0.63
Catfish Smoked	1Kg	1410.21	17.52	-1.04
Mackerel : frozen	1Kg	900.25	-5.26	-0.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	442.5	-9.45	3.14
Maize grain white sold loose	1Kg	102.82	-4.32	2.48
Maize grain yellow sold loose	1Kg	97.62	-6.49	6.03
Palm oil: 1 bottle,specify bottle	1Ltr	467.56	14.97	1.28
Plantain(ripe)	1Kg	229.52	-26.18	-5.61
Plantain(unripe)	1Kg	238.5	-32.32	-5.63
Vegetable oil:1 bottle,specify bottle	1Ltr	452.31	1.26	4.23
Wheat flour: prepacked (golden penny 2kg)	2Kg	663.33	15.36	-2.93
AVERAGE			-4.26	-1.5


Selected Food Price Watch - March 2019



Kogi State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N269.14



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N409.33



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N268.92



 Bread sliced 500g


	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N305.71



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N168.57



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N373.33



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1178.57



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N204.00

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N247.98

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N540.00

Selected Food Price Watch - March 2019


Kogi State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	467.5	-7.52	-4.2
Agric eggs(medium size price of one)	1 Piece	42.69	-5.13	0.78
Beans brown,sold loose	1Kg	409.33	-18.65	-6.69
Beans:white black eye. sold loose	1Kg	309.75	-34.93	-6.49
Beef Bone in	1Kg	1188	-1	-1
Beef,boneless	1Kg	1178.57	-7.81	1.6
Bread sliced 500g	1 loaf	305.71	-6.85	-7.12
Bread unsliced 500g	1 loaf	305.38	2.24	0.4
Broken Rice (Ofada)	1Kg	357.27	-3.38	-2.83
Chicken Feet	1Kg	911.58	-9.07	-0.08
Chicken Wings	1Kg	922.37	-11.61	-2.41
Evaporated tinned milk carnation 170g	1 unit	180	20	-4.42
Evaporated tinned milk(peak), 170g	1 unit	191	-1.92	0.82
Frozen chicken	1 unit	2288.89	15.6	-0.48
Gari white,sold loose	1Kg	247.98	-29.56	-7.84
Gari yellow,sold loose	1Kg	240.01	-14.59	-5.6
Mudfish (aro) fresh	1Kg	900.71	-13.48	-3.92
Mudfish : dried	1Kg	1581.66	-25.72	-1.15
Onion bulb	1Kg	204	-26.6	-3.2
Rice agric sold loose	1Kg	396.21	-16.67	-1.82
Rice local sold loose	1Kg	268.92	-24.19	-7.6
Rice Medium Grained	1Kg	260.25	-1.48	-1.1
Rice,imported high quality sold loose	1Kg	428.57	-17.39	-4.5
Tomato	1Kg	269.14	-3.46	-1.11
Yam tuber	1Kg	168.57	-56.85	4.1
Dried Fish Sardine	1Kg	1200.91	3	0.38
Iced Sardine	1Kg	945.3	-17.97	-0.49
Irish potato	1Kg	220	-0.44	-6.16
Sweet potato	1Kg	141.37	-3.61	-9.52
Tilapia fish (epiya) fresh	1Kg	867.33	1.98	-0.88
Titus:frozen	1Kg	924	0.5	3.59
Catfish (obokun) fresh	1Kg	973.74	25.84	-2.64
Catfish :dried	1Kg	1522.56	-12.08	-1.42
Catfish Smoked	1Kg	1320.79	10.07	-2.16
Mackerel : frozen	1Kg	841.67	21.02	2.77
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.3	-24.7	-0.41
Maize grain white sold loose	1Kg	139.7	-33.02	-6.34
Maize grain yellow sold loose	1Kg	151.93	-18.55	-14.5
Palm oil: 1 bottle,specify bottle	1Ltr	373.33	-30.79	-5.08
Plantain(ripe)	1Kg	199.38	-41.17	13.24
Plantain(unripe)	1Kg	218.33	-40.19	-12.48
Vegetable oil:1 bottle,specify bottle	1Ltr	526.67	-25.09	-9.05
Wheat flour: prepacked (golden penny 2kg)	2Kg	540	-13.46	2.86
AVERAGE			-11.6	-2.66


Selected Food Price Watch - March 2019

Kwara State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N189.22






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N286.46






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N238.01






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N280.00






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N143.65






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N427.69






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1172.62






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N213.60





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N95.57



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N642.00

Selected Food Price Watch - March 2019


Kwara State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	457.27	-8.55	0.87
Agric eggs(medium size price of one)	1 Piece	38.85	-2.88	-2.71
Beans brown,sold loose	1Kg	286.46	-28.61	-6.24
Beans:white black eye. sold loose	1Kg	288.05	-12.74	-4.82
Beef Bone in	1Kg	1034.97	-5.91	-0.91
Beef,boneless	1Kg	1172.62	0.1	-2.06
Bread sliced 500g	1 loaf	280	-5.77	8.39
Bread unsliced 500g	1 loaf	277.78	-2.72	-3
Broken Rice (Ofada)	1Kg	465.32	-7.92	-6.95
Chicken Feet	1Kg	986.67	1.81	-1.86
Chicken Wings	1Kg	931.43	-11.59	-2.17
Evaporated tinned milk carnation 170g	1 unit	168	-1.18	5
Evaporated tinned milk(peak), 170g	1 unit	196.67	0.34	-0.96
Frozen chicken	1 unit	1360	-3.3	0.74
Gari white,sold loose	1Kg	95.57	-36.96	-20.53
Gari yellow,sold loose	1Kg	140.94	-9.07	-12.47
Mudfish (aro) fresh	1Kg	985	-6.13	-1.99
Mudfish : dried	1Kg	1965.44	-3.63	0.68
Onion bulb	1Kg	213.6	-0.72	-10.29
Rice agric sold loose	1Kg	304.99	-22.44	0.47
Rice local sold loose	1Kg	238.01	7.83	-3.16
Rice Medium Grained	1Kg	325.4	10.63	-6.3
Rice,imported high quality sold loose	1Kg	309.81	2.66	-2.62
Tomato	1Kg	189.22	-6.74	-6.43
Yam tuber	1Kg	143.65	-46.82	-35.09
Dried Fish Sardine	1Kg	1436.67	13.5	0.23
Iced Sardine	1Kg	920	0.82	2.22
Irish potato	1Kg	206.25	26.3	-5.79
Sweet potato	1Kg	95.58	-17.36	-8.12
Tilapia fish (epiya) fresh	1Kg	924.55	15.61	-2.68
Titus:frozen	1Kg	1062.5	22.51	-1.15
Catfish (obokun) fresh	1Kg	925.67	15.39	0.07
Catfish :dried	1Kg	1488.77	32.4	-0.3
Catfish Smoked	1Kg	1215.58	6.47	0.96
Mackerel : frozen	1Kg	925	23.14	-2.63
Groundnut oil: 1 bottle, specify bottle	1Ltr	491.33	-14.96	-6.7
Maize grain white sold loose	1Kg	92.15	-42.23	-26.64
Maize grain yellow sold loose	1Kg	94.52	-49.3	-31.75
Palm oil: 1 bottle,specify bottle	1Ltr	427.69	-8.35	0.24
Plantain(ripe)	1Kg	190.39	-43.81	-1.16
Plantain(unripe)	1Kg	191.12	-13.89	3.81
Vegetable oil:1 bottle,specify bottle	1Ltr	422.22	-19.83	-13.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	642	7	-0.62
AVERAGE			-5.74	-4.84


Selected Food Price Watch - March 2019

Lagos State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N335.15






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N376.83






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N300.00






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N274.76






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N215.79






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N403.94






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1267.46





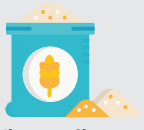
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N232.76





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N127.43



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N625.27

Selected Food Price Watch - March 2019


Lagos State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	448.7	-12.5	0.63
Agric eggs(medium size price of one)	1 Piece	40.65	0	2.38
Beans brown,sold loose	1Kg	376.83	-17.27	-4.21
Beans:white black eye. sold loose	1Kg	386.9	-14.64	-2.86
Beef Bone in	1Kg	1126.51	0.03	-0.38
Beef,boneless	1Kg	1267.46	2.32	-1.35
Bread sliced 500g	1 loaf	274.76	-19.07	-5.8
Bread unsliced 500g	1 loaf	254.55	-14.81	-0.4
Broken Rice (Ofada)	1Kg	540.89	-4.53	-2.97
Chicken Feet	1Kg	833.33	-4.82	0.57
Chicken Wings	1Kg	1009.52	-11.71	-1.85
Evaporated tinned milk carnation 170g	1 unit	148.57	-2.43	-2.04
Evaporated tinned milk(peak), 170g	1 unit	200.95	5.67	-3.45
Frozen chicken	1 unit	1316.84	0.97	0.93
Gari white,sold loose	1Kg	127.43	-37.76	-7.77
Gari yellow,sold loose	1Kg	151.11	-38.46	-8.7
Mudfish (aro) fresh	1Kg	1066.67	-23.97	-1.81
Mudfish : dried	1Kg	1998.6	9.18	-1.42
Onion bulb	1Kg	232.76	0.24	-5.08
Rice agric sold loose	1Kg	298.16	3.39	-3.17
Rice local sold loose	1Kg	300	0.45	-6.25
Rice Medium Grained	1Kg	300.25	2.62	-3.78
Rice,imported high quality sold loose	1Kg	301.65	-5.55	-1.41
Tomato	1Kg	335.15	-16.3	-1.62
Yam tuber	1Kg	215.79	-7.19	-3.19
Dried Fish Sardine	1Kg	1416.36	8.87	0.41
Iced Sardine	1Kg	878.46	4.89	-0.92
Irish potato	1Kg	315.22	-3.02	0.34
Sweet potato	1Kg	193.66	30.4	-8.96
Tilapia fish (epiya) fresh	1Kg	983.33	-17.07	-0.24
Titus:frozen	1Kg	930	-1.88	-1.13
Catfish (obokun) fresh	1Kg	1318.62	2.09	1
Catfish :dried	1Kg	1797.5	-5.84	-0.14
Catfish Smoked	1Kg	1595	6.33	-0.31
Mackerel : frozen	1Kg	931.48	-9.52	-0.97
Groundnut oil: 1 bottle, specify bottle	1Ltr	513.33	-23	-3.75
Maize grain white sold loose	1Kg	200.51	-6.68	-8.49
Maize grain yellow sold loose	1Kg	221.81	-10.25	-8.04
Palm oil: 1 bottle,specify bottle	1Ltr	403.94	-17.72	-2.04
Plantain(ripe)	1Kg	195.66	-10.52	-1.59
Plantain(unripe)	1Kg	197.72	0.76	-3.73
Vegetable oil:1 bottle,specify bottle	1Ltr	488.07	-7.68	-2.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	625.27	-2.57	0.55
AVERAGE			-6.25	-2.45


Selected Food Price Watch - March 2019

Nasarawa State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N325.74






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N337.13






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N252.10






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N288.57






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N272.60






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N523.33






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1200.00






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N214.50





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N149.83



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N659.67

Selected Food Price Watch - March 2019

Nasarawa State






ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	434.62	-9.96	-3.95
Agric eggs(medium size price of one)	1 Piece	40	6.19	-3.03
Beans brown,sold loose	1Kg	337.13	11.36	8.9
Beans:white black eye. sold loose	1Kg	298.24	17.98	-6.05
Beef Bone in	1Kg	1128.18	-11.73	1.85
Beef,boneless	1Kg	1200	-2.94	-1.64
Bread sliced 500g	1 loaf	288.57	-12.76	-3.91
Bread unsliced 500g	1 loaf	277.78	-4.42	-3.45
Broken Rice (Ofada)	1Kg	354.34	28.45	-5.73
Chicken Feet	1Kg	885.33	-4.46	-1.63
Chicken Wings	1Kg	909.09	-13.73	0.31
Evaporated tinned milk carnation 170g	1 unit	169.21	12.81	-0.46
Evaporated tinned milk(peak), 170g	1 unit	193.33	10.48	-0.54
Frozen chicken	1 unit	1410	2.41	0.71
Gari white,sold loose	1Kg	149.83	-36.8	-14.11
Gari yellow,sold loose	1Kg	179.47	-15.73	-9.22
Mudfish (aro) fresh	1Kg	925.19	-7.48	-2.61
Mudfish : dried	1Kg	1490.98	-11.32	2.01
Onion bulb	1Kg	214.5	-25.97	-2.29
Rice agric sold loose	1Kg	250.52	-22	-5.46
Rice local sold loose	1Kg	252.1	-10.26	-11.2
Rice Medium Grained	1Kg	312.22	-23.94	-1.98
Rice,imported high quality sold loose	1Kg	355.68	-3	7.51
Tomato	1Kg	325.74	52.31	-7.66
Yam tuber	1Kg	272.6	23.73	-4.39
Dried Fish Sardine	1Kg	1300	8.33	2.3
Iced Sardine	1Kg	945.48	3.52	-1.34
Irish potato	1Kg	209.12	4.13	-15.96
Sweet potato	1Kg	120.45	-32.36	-18.99
Tilapia fish (epiya) fresh	1Kg	975.89	-26.44	-1.18
Titus:frozen	1Kg	1087.18	5.64	-0.72
Catfish (obokun) fresh	1Kg	1103.33	-11.73	-1.93
Catfish :dried	1Kg	1566.82	-22.26	0.47
Catfish Smoked	1Kg	1200	-1.18	-1.05
Mackerel : frozen	1Kg	1005	-8.03	-1.55
Groundnut oil: 1 bottle, specify bottle	1Ltr	579.49	7.31	3.79
Maize grain white sold loose	1Kg	98.79	-49.09	-14.89
Maize grain yellow sold loose	1Kg	89.48	-52.97	-21.68
Palm oil: 1 bottle,specify bottle	1Ltr	523.33	-1.05	4.32
Plantain(ripe)	1Kg	238.68	8.24	8.32
Plantain(unripe)	1Kg	200.55	-11.99	10.76
Vegetable oil:1 bottle,specify bottle	1Ltr	501.52	-9.73	-0.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	659.67	6.15	1.84
AVERAGE			-5.45	-2.7


Selected Food Price Watch - March 2019



Niger State






 Tomato


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N194.63



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N325.41



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N244.10



 Bread sliced 500g


	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N295.00



 Yam Tuber


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N197.12



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N430.77



 Beef, boneless


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1024.82



 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N251.88

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N136.65

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N625.00

Selected Food Price Watch - March 2019


Niger State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	418.15	-26.64	-3.87
Agric eggs(medium size price of one)	1 Piece	42.31	-5.98	4.28
Beans brown,sold loose	1Kg	325.41	-9.03	-8.3
Beans:white black eye. sold loose	1Kg	304.87	-5.54	-6.34
Beef Bone in	1Kg	1017.79	-17.84	1.52
Beef,boneless	1Kg	1024.82	-18.69	-1.96
Bread sliced 500g	1 loaf	295	5.36	-1.67
Bread unsliced 500g	1 loaf	283.85	16.07	0.18
Broken Rice (Ofada)	1Kg	355.79	-6.6	-4.7
Chicken Feet	1Kg	1027.33	-1.3	-2.16
Chicken Wings	1Kg	920	-9.64	-2.23
Evaporated tinned milk carnation 170g	1 unit	150	0	-6.25
Evaporated tinned milk(peak), 170g	1 unit	170	-2.86	-4.8
Frozen chicken	1 unit	1640.99	26.23	-1.15
Gari white,sold loose	1Kg	136.65	-17.79	-2.13
Gari yellow,sold loose	1Kg	189.85	-15.35	-12.76
Mudfish (aro) fresh	1Kg	891.67	-8.49	0.47
Mudfish : dried	1Kg	1716.56	-5.69	-0.9
Onion bulb	1Kg	251.88	5.13	-4.75
Rice agric sold loose	1Kg	387.33	-3.23	1.13
Rice local sold loose	1Kg	244.1	-18.81	6.38
Rice Medium Grained	1Kg	302.39	-12.89	-6.13
Rice,imported high quality sold loose	1Kg	345.97	12.33	1.44
Tomato	1Kg	194.63	-27.85	-4.66
Yam tuber	1Kg	197.12	-33.8	-8.22
Dried Fish Sardine	1Kg	1350	14.57	-1.22
Iced Sardine	1Kg	938.28	-21.65	-2.09
Irish potato	1Kg	204.92	-6.39	9.92
Sweet potato	1Kg	160.15	8.54	-7.43
Tilapia fish (epiya) fresh	1Kg	863.33	-3.58	-0.86
Titus:frozen	1Kg	1029.77	22.76	-1.56
Catfish (obokun) fresh	1Kg	951.11	-16.3	-2.62
Catfish :dried	1Kg	1279	-9.35	-1.49
Catfish Smoked	1Kg	1300	8.25	0.71
Mackerel : frozen	1Kg	1160.3	41.14	0.9
Groundnut oil: 1 bottle, specify bottle	1Ltr	493.33	-4.7	-1.89
Maize grain white sold loose	1Kg	83.22	-55.27	-20.69
Maize grain yellow sold loose	1Kg	96.46	-58.17	-5.21
Palm oil: 1 bottle,specify bottle	1Ltr	430.77	-13.85	1.41
Plantain(ripe)	1Kg	190.66	-51.53	-7.94
Plantain(unripe)	1Kg	235.31	-31.8	-6.84
Vegetable oil:1 bottle,specify bottle	1Ltr	438.1	-4.86	-2.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	625	8.7	-1.24
AVERAGE			-8.29	-2.75


Selected Food Price Watch - March 2019



Ogun State


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N189.62



Tomato




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N398.68



Beans brown, sold loose




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N329.78



Rice Local sold Loose




	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N293.41



Bread sliced 500g




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N276.04



Yam Tuber




	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N408.25



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1118.43



Beef, boneless




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N286.62



Onion bulb



	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N164.54

Garri white, sold Loose



	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N601.50

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - March 2019

Ogun State









ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	418.1	-20.4	-1.68
Agric eggs(medium size price of one)	1 Piece	39.55	-3.65	0.78
Beans brown,sold loose	1Kg	398.68	-6.24	-4.1
Beans:white black eye. sold loose	1Kg	375.34	2.84	-0.69
Beef Bone in	1Kg	779.53	-25.31	2.35
Beef,boneless	1Kg	1118.43	-3.12	1.41
Bread sliced 500g	1 loaf	293.41	-1.41	-2.2
Bread unsliced 500g	1 loaf	253.18	-1.99	-4.23
Broken Rice (Ofada)	1Kg	480.9	-4.87	2.27
Chicken Feet	1Kg	807.5	10.11	-2.12
Chicken Wings	1Kg	1127.14	-2.69	0.34
Evaporated tinned milk carnation 170g	1 unit	173.33	-0.95	-0.95
Evaporated tinned milk(peak), 170g	1 unit	209.5	0.2	0.76
Frozen chicken	1 unit	1400.56	7.74	0.71
Gari white,sold loose	1Kg	164.54	3.2	21.55
Gari yellow,sold loose	1Kg	143.77	-50.16	-14.91
Mudfish (aro) fresh	1Kg	1115.76	-15.92	-0.85
Mudfish : dried	1Kg	2398.37	3.78	0.58
Onion bulb	1Kg	286.62	-21.2	-3.47
Rice agric sold loose	1Kg	296.03	-1.1	-2.63
Rice local sold loose	1Kg	329.78	-6.67	-0.51
Rice Medium Grained	1Kg	277.29	-1.88	-4.2
Rice,imported high quality sold loose	1Kg	324.45	-16.22	5.9
Tomato	1Kg	189.62	-38.97	-1.46
Yam tuber	1Kg	276.04	-6.41	-4.5
Dried Fish Sardine	1Kg	1356	-8.53	0.72
Iced Sardine	1Kg	472.83	-12.81	-2.48
Irish potato	1Kg	241.4	-30.9	-3.42
Sweet potato	1Kg	114.91	1.75	1.27
Tilapia fish (epiya) fresh	1Kg	843.99	-21.34	1.61
Titus:frozen	1Kg	839.3	11.17	1.18
Catfish (obokun) fresh	1Kg	849.74	-20.79	1.2
Catfish :dried	1Kg	1860.52	-13.91	0.54
Catfish Smoked	1Kg	1513.86	11.95	0.38
Mackerel : frozen	1Kg	840.45	10.37	0.84
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	20	-2.44
Maize grain white sold loose	1Kg	131.97	-22.71	-5.74
Maize grain yellow sold loose	1Kg	116.6	-40.7	-5.52
Palm oil: 1 bottle,specify bottle	1Ltr	408.25	-14.35	-1
Plantain(ripe)	1Kg	160.62	-29.69	-1.79
Plantain(unripe)	1Kg	151.08	-24.05	2.09
Vegetable oil:1 bottle,specify bottle	1Ltr	525	-2.21	0.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	601.5	-0.54	0.49
AVERAGE			-9.04	-0.55




Selected Food Price Watch - March 2019




Ondo State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2019 N208.29

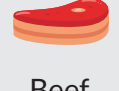


		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N423.36




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N310.08




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2019 N256.25




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2019 N133.82

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2019 N410.83

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2019 N1243.06

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2019 N221.70

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N138.83

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2019 N637.50

Selected Food Price Watch - March 2019


Ondo State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	453.75	-16.47	-2.71
Agric eggs(medium size price of one)	1 Piece	41.68	-1.16	2.46
Beans brown,sold loose	1Kg	423.36	-8.07	3.43
Beans:white black eye. sold loose	1Kg	298.07	-19.26	-7.98
Beef Bone in	1Kg	1019.78	23.92	-1.06
Beef,boneless	1Kg	1243.06	-8.55	-1.46
Bread sliced 500g	1 loaf	256.25	-3.91	-3.19
Bread unsliced 500g	1 loaf	250	1.01	0
Broken Rice (Ofada)	1Kg	372.07	3.41	3.06
Chicken Feet	1Kg	1055.75	4.99	-1.79
Chicken Wings	1Kg	1165.74	15.85	-0.85
Evaporated tinned milk carnation 170g	1 unit	160	0	1.59
Evaporated tinned milk(peak), 170g	1 unit	199.38	-0.96	-0.76
Frozen chicken	1 unit	1455	5.58	0.34
Gari white,sold loose	1Kg	138.83	3.65	15.48
Gari yellow,sold loose	1Kg	215.43	44.93	-3.28
Mudfish (aro) fresh	1Kg	867.45	1.38	-1.91
Mudfish : dried	1Kg	1580.92	-0.68	-0.94
Onion bulb	1Kg	221.7	-4.77	-6.8
Rice agric sold loose	1Kg	298.77	0.67	-8.07
Rice local sold loose	1Kg	310.08	7.75	2.4
Rice Medium Grained	1Kg	330.57	2.84	-2.01
Rice,imported high quality sold loose	1Kg	328.14	-3.55	-5.77
Tomato	1Kg	208.29	-23.08	0.39
Yam tuber	1Kg	133.82	-18.06	-1.33
Dried Fish Sardine	1Kg	1007.48	-13.32	-1.12
Iced Sardine	1Kg	810.24	6.11	2.32
Irish potato	1Kg	255.67	23.41	4.25
Sweet potato	1Kg	136.36	26.78	5.23
Tilapia fish (epiya) fresh	1Kg	868.18	-11.15	-2.15
Titus:frozen	1Kg	925.44	27.53	-2.67
Catfish (obokun) fresh	1Kg	797.38	8.28	-1.83
Catfish :dried	1Kg	1652.22	52.71	0.95
Catfish Smoked	1Kg	1270	10.04	1.6
Mackerel : frozen	1Kg	850.38	-13.81	1.88
Groundnut oil: 1 bottle, specify bottle	1Ltr	620	-9.27	-3.41
Maize grain white sold loose	1Kg	123.87	-31.13	-13.77
Maize grain yellow sold loose	1Kg	127.98	-29.08	-6.52
Palm oil: 1 bottle,specify bottle	1Ltr	410.83	-6.22	-5.05
Plantain(ripe)	1Kg	284.23	-5.64	-6.1
Plantain(unripe)	1Kg	298.63	6.73	-8.48
Vegetable oil:1 bottle,specify bottle	1Ltr	502.5	-13.97	-0.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	637.5	-1.45	-1.5
AVERAGE			0.79	-1.35


Selected Food Price Watch - March 2019



Osun State


	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N197.99



Tomato




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N387.44



Beans brown, sold loose




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N267.44



Rice Local sold Loose




	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N300.00



Bread sliced 500g




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N286.10



Yam Tuber




	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N414.36



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1206.81



Beef, boneless




	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N207.74



Onion bulb



	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N108.33

Garri white, sold Loose



	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N618.75

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - March 2019

Osun State









ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	411.67	-17.36	-3.52
Agric eggs(medium size price of one)	1 Piece	37.41	-1.97	-3.3
Beans brown,sold loose	1Kg	387.44	-16.84	-2.78
Beans:white black eye. sold loose	1Kg	285.31	-16.55	-3.82
Beef Bone in	1Kg	722.52	-3.95	1.82
Beef,boneless	1Kg	1206.81	-4.08	0.38
Bread sliced 500g	1 loaf	300	-1.1	0
Bread unsliced 500g	1 loaf	239.58	-4.17	-3.03
Broken Rice (Ofada)	1Kg	388.02	-20.53	1.79
Chicken Feet	1Kg	900.12	-3.45	-1.01
Chicken Wings	1Kg	1000	-13.04	-1.64
Evaporated tinned milk carnation 170g	1 unit	177.02	-1.66	4.13
Evaporated tinned milk(peak), 170g	1 unit	198.85	1.83	-0.85
Frozen chicken	1 unit	1510	4.14	0.67
Gari white,sold loose	1Kg	108.33	-21	-15.7
Gari yellow,sold loose	1Kg	112.33	-24.17	-10.83
Mudfish (aro) fresh	1Kg	925.59	-2.76	-1.14
Mudfish : dried	1Kg	1645.99	9.46	-0.24
Onion bulb	1Kg	207.74	-18.73	-11.92
Rice agric sold loose	1Kg	295.63	4.14	-3.16
Rice local sold loose	1Kg	267.44	5.82	6.09
Rice Medium Grained	1Kg	294.12	0.36	-4.58
Rice,imported high quality sold loose	1Kg	320.73	5.45	-3.07
Tomato	1Kg	197.99	-7.54	-2.17
Yam tuber	1Kg	286.1	-33.54	-2.95
Dried Fish Sardine	1Kg	1522.27	-0.72	-1.05
Iced Sardine	1Kg	656.18	9.11	2.24
Irish potato	1Kg	300	-11.11	0
Sweet potato	1Kg	95.3	-14.17	-21.93
Tilapia fish (epiya) fresh	1Kg	734.78	-13	2.6
Titus:frozen	1Kg	778.24	-15.25	1.06
Catfish (obokun) fresh	1Kg	899.2	8.98	-2.89
Catfish :dried	1Kg	1892.75	8.17	-0.9
Catfish Smoked	1Kg	1408.17	6.59	0.81
Mackerel : frozen	1Kg	898.1	1.5	1.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	608.33	1.39	0.15
Maize grain white sold loose	1Kg	115.98	-18.32	-14.69
Maize grain yellow sold loose	1Kg	105.03	-32.14	-20.43
Palm oil: 1 bottle,specify bottle	1Ltr	414.36	-3.64	-5.07
Plantain(ripe)	1Kg	226.14	-5.2	-4.46
Plantain(unripe)	1Kg	254.8	-13.26	-3.96
Vegetable oil:1 bottle,specify bottle	1Ltr	439.88	1.51	1.16
Wheat flour: prepacked (golden penny 2kg)	2Kg	618.75	-0.83	0.96
AVERAGE			-6.32	-2.91




Selected Food Price Watch - March 2019




Oyo State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2019 N169.70




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N435.59




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N285.32




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2019 N298.56




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2019 N208.40

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2019 N430.37

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2019 N1078.34

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2019 N230.51

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2019 N143.18

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2019 N616.88

Selected Food Price Watch - March 2019


Oyo State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	427.89	-9.16	-2.6
Agric eggs(medium size price of one)	1 Piece	35.28	-8.49	-7.77
Beans brown,sold loose	1Kg	435.59	-0.89	-2.84
Beans:white black eye. sold loose	1Kg	346.49	7.07	-2.5
Beef Bone in	1Kg	937.27	15.38	-1.09
Beef,boneless	1Kg	1078.34	-0.48	-0.62
Bread sliced 500g	1 loaf	298.56	-3	-3.36
Bread unsliced 500g	1 loaf	255.56	4.2	-1.08
Broken Rice (Ofada)	1Kg	612.13	-6.25	-2.06
Chicken Feet	1Kg	897.67	-10.23	-0.26
Chicken Wings	1Kg	997.49	-7.64	-2.68
Evaporated tinned milk carnation 170g	1 unit	150	-4.26	2.27
Evaporated tinned milk(peak), 170g	1 unit	189.71	0.96	-1.34
Frozen chicken	1 unit	1660	37.65	0.61
Gari white,sold loose	1Kg	143.18	0.92	13.98
Gari yellow,sold loose	1Kg	131.36	-36.99	16.12
Mudfish (aro) fresh	1Kg	856.79	-14.68	0.56
Mudfish : dried	1Kg	1624.24	0.75	-0.58
Onion bulb	1Kg	230.51	-13.63	-5.43
Rice agric sold loose	1Kg	333.33	-0.1	5.89
Rice local sold loose	1Kg	285.32	4.96	-6.47
Rice Medium Grained	1Kg	318.43	-2.34	2.64
Rice,imported high quality sold loose	1Kg	348.31	5.72	-1.3
Tomato	1Kg	169.7	-7.56	12.44
Yam tuber	1Kg	208.4	-25.21	-8.66
Dried Fish Sardine	1Kg	1068.99	8.54	-1.72
Iced Sardine	1Kg	672.02	10.68	-3.07
Irish potato	1Kg	272.59	-12.8	-6.5
Sweet potato	1Kg	137.76	25.6	20.24
Tilapia fish (epiya) fresh	1Kg	765.38	18.96	-0.62
Titus:frozen	1Kg	868.77	4.17	-0.7
Catfish (obokun) fresh	1Kg	965.53	-13.19	-1.13
Catfish :dried	1Kg	1790.48	-13	-0.77
Catfish Smoked	1Kg	1325	23.31	1.48
Mackerel : frozen	1Kg	875.14	14.48	1.07
Groundnut oil: 1 bottle, specify bottle	1Ltr	503.03	-28.7	-1.27
Maize grain white sold loose	1Kg	112.34	-9.89	9
Maize grain yellow sold loose	1Kg	119.54	-7.53	9.29
Palm oil: 1 bottle,specify bottle	1Ltr	430.37	1.37	5.44
Plantain(ripe)	1Kg	157.56	1.53	3.36
Plantain(unripe)	1Kg	189.65	-12.39	-3.62
Vegetable oil:1 bottle,specify bottle	1Ltr	525.19	-0.5	1.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	616.88	-3.97	2.06
AVERAGE			-1.55	0.88


Selected Food Price Watch - March 2019

Plateau State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N182.57






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N333.23






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N269.22






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N277.27






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N276.29






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N502.22






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1229.09





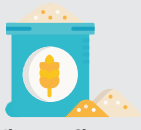
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N195.76





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N198.35

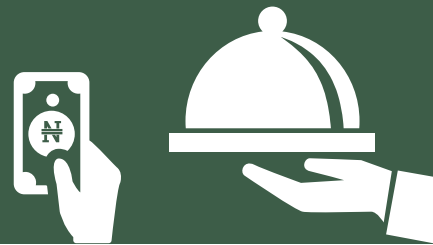


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N645.00

Selected Food Price Watch - March 2019


Plateau State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	420	1.11	-0.34
Agric eggs(medium size price of one)	1 Piece	38.75	20.23	1.4
Beans brown,sold loose	1Kg	333.23	-12.31	-2.42
Beans:white black eye. sold loose	1Kg	280.71	-0.4	2.37
Beef Bone in	1Kg	1009.09	-19.91	-0.2
Beef,boneless	1Kg	1229.09	4.81	-0.88
Bread sliced 500g	1 loaf	277.27	0	-2.71
Bread unsliced 500g	1 loaf	270	4.21	1.25
Broken Rice (Ofada)	1Kg	389.21	6.86	-1.47
Chicken Feet	1Kg	770	-12.18	-2.44
Chicken Wings	1Kg	870.12	-13.02	-2.16
Evaporated tinned milk carnation 170g	1 unit	144.03	-3.98	-3.54
Evaporated tinned milk(peak), 170g	1 unit	175.83	-4.36	-7.46
Frozen chicken	1 unit	2720	23.64	0.43
Gari white,sold loose	1Kg	198.35	-6.47	-8.89
Gari yellow,sold loose	1Kg	200	-46.41	-2.46
Mudfish (aro) fresh	1Kg	996.18	-21.6	-0.51
Mudfish : dried	1Kg	1625.45	8.21	-1.03
Onion bulb	1Kg	195.76	-20.04	-5.18
Rice agric sold loose	1Kg	272.04	-14.09	-2.99
Rice local sold loose	1Kg	269.22	-2.02	-2.29
Rice Medium Grained	1Kg	308.78	-1.45	0.84
Rice,imported high quality sold loose	1Kg	366.37	3.91	0.49
Tomato	1Kg	182.57	-17.01	-10.89
Yam tuber	1Kg	276.29	-16.74	-7.03
Dried Fish Sardine	1Kg	1363.33	-5.62	-0.99
Iced Sardine	1Kg	985	-3.19	-1.5
Irish potato	1Kg	228.61	5.57	-6.31
Sweet potato	1Kg	232.41	56.89	-5.99
Tilapia fish (epiya) fresh	1Kg	795.85	-17.1	-0.63
Titus:frozen	1Kg	998.48	7.21	-0.63
Catfish (obokun) fresh	1Kg	1200	0	-0.5
Catfish :dried	1Kg	2098.67	72.12	0.94
Catfish Smoked	1Kg	1588.89	4.76	0.25
Mackerel : frozen	1Kg	1026.67	54.61	-0.65
Groundnut oil: 1 bottle, specify bottle	1Ltr	452.59	-22.56	-3.02
Maize grain white sold loose	1Kg	123.55	-18.9	-1.93
Maize grain yellow sold loose	1Kg	110.7	-17.35	-2.76
Palm oil: 1 bottle,specify bottle	1Ltr	502.22	-9.82	-1.16
Plantain(ripe)	1Kg	255.48	-31.69	-4.43
Plantain(unripe)	1Kg	332.52	8.52	-4.99
Vegetable oil:1 bottle,specify bottle	1Ltr	500	-11.36	-1.49
Wheat flour: prepacked (golden penny 2kg)	2Kg	645	2.24	-0.77
AVERAGE			-1.5	-2.2


Selected Food Price Watch - March 2019

Rivers State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N407.08






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N401.01






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N386.31






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N342.86






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N254.41






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N435.71






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1376.48






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N303.42





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N172.61



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N736.11

Selected Food Price Watch - March 2019


Rivers State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	520.45	-11.63	1.95
Agric eggs(medium size price of one)	1 Piece	47.78	7	4.67
Beans brown,sold loose	1Kg	401.01	4.29	0.31
Beans:white black eye. sold loose	1Kg	367.7	-0.1	-1.93
Beef Bone in	1Kg	845.93	-8.12	-3.45
Beef,boneless	1Kg	1376.48	4.59	1.31
Bread sliced 500g	1 loaf	342.86	6.24	9.23
Bread unsliced 500g	1 loaf	332.86	6.9	6.01
Broken Rice (Ofada)	1Kg	434.55	-4.4	6.22
Chicken Feet	1Kg	818.95	-9.1	0.31
Chicken Wings	1Kg	1057.07	-8.69	1.81
Evaporated tinned milk carnation 170g	1 unit	151.43	0.95	2.66
Evaporated tinned milk(peak), 170g	1 unit	189.05	-0.86	4.74
Frozen chicken	1 unit	1585.56	0.67	1.21
Gari white,sold loose	1Kg	172.61	-25.13	2.15
Gari yellow,sold loose	1Kg	183.24	-23.53	1.63
Mudfish (aro) fresh	1Kg	814.93	-3.14	1.35
Mudfish : dried	1Kg	2274	8.98	1.32
Onion bulb	1Kg	303.42	6.63	4.88
Rice agric sold loose	1Kg	454.55	0	1.69
Rice local sold loose	1Kg	386.31	-1.77	1.81
Rice Medium Grained	1Kg	442.16	3.76	0.71
Rice,imported high quality sold loose	1Kg	451.83	0.98	4.15
Tomato	1Kg	407.08	-0.49	-6.77
Yam tuber	1Kg	254.41	3.75	13.37
Dried Fish Sardine	1Kg	1525.93	-9.37	1.36
Iced Sardine	1Kg	1047.83	30.55	-2.46
Irish potato	1Kg	327.27	13.76	4.86
Sweet potato	1Kg	178.58	-1.83	-4.17
Tilapia fish (epiya) fresh	1Kg	945.71	-10.83	-2.08
Titus:frozen	1Kg	928.81	-0.33	-1.02
Catfish (obokun) fresh	1Kg	918.33	-6.54	-2.45
Catfish :dried	1Kg	2103.54	-1.49	-0.49
Catfish Smoked	1Kg	1654.76	3.44	-1.65
Mackerel : frozen	1Kg	1090	14.24	6.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-6.49	0
Maize grain white sold loose	1Kg	219.7	-4.23	-8.05
Maize grain yellow sold loose	1Kg	222.69	-3.33	-10.13
Palm oil: 1 bottle,specify bottle	1Ltr	435.71	-1.09	8.07
Plantain(ripe)	1Kg	198.87	-31.36	-4.78
Plantain(unripe)	1Kg	181.25	-33.15	-5.3
Vegetable oil:1 bottle,specify bottle	1Ltr	596.83	5.59	-0.3
Wheat flour: prepacked (golden penny 2kg)	2Kg	736.11	2.15	0.76
AVERAGE			-1.92	0.93


Selected Food Price Watch - March 2019

Sokoto State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N200.90






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N291.68






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N230.83






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N285.71






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N266.77






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N424.76






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1115.00






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N259.05





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N181.12

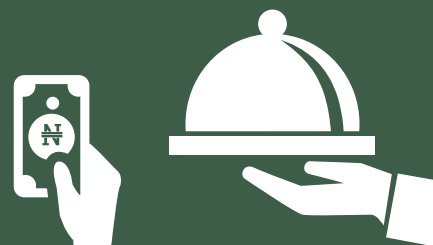


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N640.00

Selected Food Price Watch - March 2019


Sokoto State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	441.43	-13.45	-2.22
Agric eggs(medium size price of one)	1 Piece	39.29	-1.79	-1.79
Beans brown,sold loose	1Kg	291.68	-27.53	-6.18
Beans:white black eye. sold loose	1Kg	331.46	-12.33	-2.33
Beef Bone in	1Kg	971.43	-8.11	-0.64
Beef,boneless	1Kg	1115	1.36	-0.89
Bread sliced 500g	1 loaf	285.71	-18.37	-4.84
Bread unsliced 500g	1 loaf	285.71	-16.88	1.01
Broken Rice (Ofada)	1Kg	359.48	-19.6	1.38
Chicken Feet	1Kg	568.82	13.76	-1.69
Chicken Wings	1Kg	700	12.35	2.44
Evaporated tinned milk carnation 170g	1 unit	166.58	13.88	3.45
Evaporated tinned milk(peak), 170g	1 unit	185.71	5.37	-2.26
Frozen chicken	1 unit	2000	42.86	0
Gari white,sold loose	1Kg	181.12	-17.98	-2.95
Gari yellow,sold loose	1Kg	207.58	-31.67	3.23
Mudfish (aro) fresh	1Kg	910	-14.69	-1.09
Mudfish : dried	1Kg	1867.64	-1.39	-0.55
Onion bulb	1Kg	259.05	11.3	-1.41
Rice agric sold loose	1Kg	270.93	-3.04	-1.26
Rice local sold loose	1Kg	230.83	6.18	0.62
Rice Medium Grained	1Kg	224.14	-11.86	-1.89
Rice,imported high quality sold loose	1Kg	378.57	29.8	1.2
Tomato	1Kg	200.9	-32.82	-7.98
Yam tuber	1Kg	266.77	-33.18	-3.98
Dried Fish Sardine	1Kg	1155.56	-7.06	-0.95
Iced Sardine	1Kg	750	-7.41	0.33
Irish potato	1Kg	205.42	-42.67	-3.33
Sweet potato	1Kg	220.2	-6.76	-2.12
Tilapia fish (epiya) fresh	1Kg	750	-16.67	0
Titus:frozen	1Kg	861.67	-13.83	0.05
Catfish (obokun) fresh	1Kg	983.33	-2.48	0.34
Catfish :dried	1Kg	1055	-13.27	-1.09
Catfish Smoked	1Kg	1212.09	21.21	1.01
Mackerel : frozen	1Kg	822.34	-17.77	-1.51
Groundnut oil: 1 bottle, specify bottle	1Ltr	477.29	-20.01	-2.69
Maize grain white sold loose	1Kg	106.63	-15.04	-13.07
Maize grain yellow sold loose	1Kg	109.69	-17.58	-9.78
Palm oil: 1 bottle,specify bottle	1Ltr	424.76	-22.77	-2.73
Plantain(ripe)	1Kg	305.67	12.28	-3.47
Plantain(unripe)	1Kg	233.33	25.62	-6.67
Vegetable oil:1 bottle,specify bottle	1Ltr	486.67	-7.59	2.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	13.61	0.52
AVERAGE			-6.19	-1.7


Selected Food Price Watch - March 2019

Taraba State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N152.98






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N315.82






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N247.46






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N300.39






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N100.91






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N513.33






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1071.67






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N155.86





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N166.39

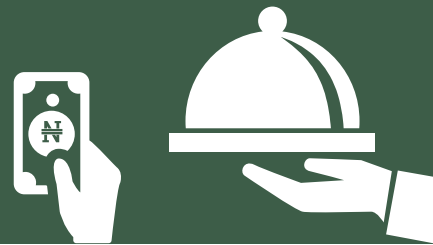


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N708.00

Selected Food Price Watch - March 2019


Taraba State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	442.35	-11.97	6.23
Agric eggs(medium size price of one)	1 Piece	41.18	2.09	2.35
Beans brown,sold loose	1Kg	315.82	23.56	-3.03
Beans:white black eye. sold loose	1Kg	245.42	-27.86	-2.31
Beef Bone in	1Kg	935.12	-9.24	1.23
Beef,boneless	1Kg	1071.67	7.25	-2.11
Bread sliced 500g	1 loaf	300.39	-1.91	0.13
Bread unsliced 500g	1 loaf	250	-3.41	-0.5
Broken Rice (Ofada)	1Kg	442.15	3.02	0.09
Chicken Feet	1Kg	361.34	4.66	0.7
Chicken Wings	1Kg	574.23	2.36	0.7
Evaporated tinned milk carnation 170g	1 unit	183.64	7.35	0.17
Evaporated tinned milk(peak), 170g	1 unit	205.33	4.21	2.5
Frozen chicken	1 unit	1350.25	9.14	1.73
Gari white,sold loose	1Kg	166.39	-13.83	-3.91
Gari yellow,sold loose	1Kg	217.91	-3.5	-7.87
Mudfish (aro) fresh	1Kg	876.67	-0.31	-1.78
Mudfish : dried	1Kg	1745.83	-9.54	-0.36
Onion bulb	1Kg	155.86	-24.6	-10.01
Rice agric sold loose	1Kg	322.92	-0.07	-3.83
Rice local sold loose	1Kg	247.46	8.99	-0.48
Rice Medium Grained	1Kg	300.26	3.02	0.6
Rice,imported high quality sold loose	1Kg	343.4	-5.51	6.39
Tomato	1Kg	152.98	-20.49	-19.28
Yam tuber	1Kg	100.91	-48.45	-21.48
Dried Fish Sardine	1Kg	1120.9	-26.8	0.08
Iced Sardine	1Kg	901.67	3.54	1.19
Irish potato	1Kg	186.67	-0.65	0.9
Sweet potato	1Kg	83.78	-11.84	-2.36
Tilapia fish (epiya) fresh	1Kg	619.52	-14.58	-1.06
Titus:frozen	1Kg	825.29	2.72	2.1
Catfish (obokun) fresh	1Kg	1005.39	20.82	0.54
Catfish :dried	1Kg	1698.34	16.13	-0.26
Catfish Smoked	1Kg	1488.24	-1.1	-1.85
Mackerel : frozen	1Kg	892.5	-2.36	-2.91
Groundnut oil: 1 bottle, specify bottle	1Ltr	580.39	-7.92	2.42
Maize grain white sold loose	1Kg	89.94	-25.67	-13.44
Maize grain yellow sold loose	1Kg	94.25	-33.16	12.01
Palm oil: 1 bottle,specify bottle	1Ltr	513.33	-6.31	1.16
Plantain(ripe)	1Kg	242.65	13.24	0.94
Plantain(unripe)	1Kg	180.75	-9.62	2.79
Vegetable oil:1 bottle,specify bottle	1Ltr	508.24	-7.48	-4.71
Wheat flour: prepacked (golden penny 2kg)	2Kg	708	-8.65	-0.28
AVERAGE			-4.76	-1.32


Selected Food Price Watch - March 2019

Yobe State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N178.72






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N282.19






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N226.23






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N292.71






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N179.73






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N497.32






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1250.84






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N182.08





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N214.68



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N650.84

Selected Food Price Watch - March 2019


Yobe State





ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	426.36	-18.01	-0.46
Agric eggs(medium size price of one)	1 Piece	40.28	-1.87	-0.6
Beans brown,sold loose	1Kg	282.19	-0.05	-1.88
Beans:white black eye. sold loose	1Kg	261.87	-11.2	-3.22
Beef Bone in	1Kg	930	-4.98	1.45
Beef,boneless	1Kg	1250.84	14.27	2.45
Bread sliced 500g	1 loaf	292.71	7.42	-2.43
Bread unsliced 500g	1 loaf	276.43	7.4	-0.77
Broken Rice (Ofada)	1Kg	296.14	-10.26	-0.87
Chicken Feet	1Kg	453.74	0.83	-1.23
Chicken Wings	1Kg	731.48	4.5	0.71
Evaporated tinned milk carnation 170g	1 unit	154.86	-7.66	-0.09
Evaporated tinned milk(peak), 170g	1 unit	190.21	2.94	-0.76
Frozen chicken	1 unit	2078.63	-23.72	-1.25
Gari white,sold loose	1Kg	214.68	-11.83	-2.42
Gari yellow,sold loose	1Kg	216.09	-14.98	-9.19
Mudfish (aro) fresh	1Kg	1035.43	-4.28	-2.59
Mudfish : dried	1Kg	1879.24	-16.48	-1.09
Onion bulb	1Kg	182.08	1.38	-4.24
Rice agric sold loose	1Kg	262.3	-1.45	1.62
Rice local sold loose	1Kg	226.23	-6.49	-0.06
Rice Medium Grained	1Kg	283.33	-22.51	-4.71
Rice,imported high quality sold loose	1Kg	329.48	9.37	-5.73
Tomato	1Kg	178.72	-30.13	-8.73
Yam tuber	1Kg	179.73	-16.9	-2.85
Dried Fish Sardine	1Kg	1566.35	4.42	0.91
Iced Sardine	1Kg	966.67	-3.33	1.89
Irish potato	1Kg	239.17	8.71	-4.59
Sweet potato	1Kg	99.01	-12.56	12.8
Tilapia fish (epiya) fresh	1Kg	658.75	-22.1	0.79
Titus:frozen	1Kg	900.62	11.82	4.32
Catfish (obokun) fresh	1Kg	800.59	0.07	-0.17
Catfish :dried	1Kg	1912.5	0.66	1.1
Catfish Smoked	1Kg	1858.95	-10.81	0.48
Mackerel : frozen	1Kg	1000	-0.98	2.53
Groundnut oil: 1 bottle, specify bottle	1Ltr	542.98	-11.23	1.81
Maize grain white sold loose	1Kg	108.2	-24.77	2.25
Maize grain yellow sold loose	1Kg	95.56	-46.91	18.5
Palm oil: 1 bottle,specify bottle	1Ltr	497.32	-9.1	-1.27
Plantain(ripe)	1Kg	225.8	-24.73	-6.46
Plantain(unripe)	1Kg	200	-33.33	-0.82
Vegetable oil:1 bottle,specify bottle	1Ltr	446.4	-9.67	-1.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.84	8.47	-2.62
AVERAGE			-7.68	-0.43


Selected Food Price Watch - March 2019

Zamfara State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N235.15






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N307.02






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N225.06






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2019
1 loaf	N330.63






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N133.58






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2019
1Ltr	N417.14






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N1116.67





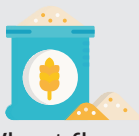
Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N170.00





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2019
1KG	N160.41



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2019
2KG	N580.55

Selected Food Price Watch - March 2019

Zamfara State



ItemLabels	Unit of Measurement	19-Mar	(Mar 2018-Mar 2019)	Feb 2019-Mar 2019
Agric eggs medium size	1 Dozen	458.5	-3.47	-2.34
Agric eggs(medium size price of one)	1 Piece	39.55	3.43	-2.92
Beans brown,sold loose	1Kg	307.02	11.88	6.91
Beans:white black eye. sold loose	1Kg	290.41	3.01	-2.35
Beef Bone in	1Kg	1022.5	-0.24	1.78
Beef,boneless	1Kg	1116.67	-2.9	0.37
Bread sliced 500g	1 loaf	330.63	-1.39	1.52
Bread unsliced 500g	1 loaf	336.11	-3.97	6.14
Broken Rice (Ofada)	1Kg	332.19	28.34	1.28
Chicken Feet	1Kg	404.12	-20.76	1.03
Chicken Wings	1Kg	710	-2.07	-1.39
Evaporated tinned milk carnation 170g	1 unit	148	2.39	5.71
Evaporated tinned milk(peak), 170g	1 unit	185.26	7.49	-2.78
Frozen chicken	1 unit	1652.22	11.39	0.75
Gari white,sold loose	1Kg	160.41	-18.4	-8.28
Gari yellow,sold loose	1Kg	163.89	-15.57	-0.2
Mudfish (aro) fresh	1Kg	942.86	-23.39	-1.41
Mudfish : dried	1Kg	1420.48	8.36	0.48
Onion bulb	1Kg	170	3.89	-6.83
Rice agric sold loose	1Kg	251.31	-3.8	1.38
Rice local sold loose	1Kg	225.06	-1.16	6.57
Rice Medium Grained	1Kg	298.61	25.61	3.65
Rice,imported high quality sold loose	1Kg	289.85	-5.88	6.05
Tomato	1Kg	235.15	2.82	-7.34
Yam tuber	1Kg	133.58	-29.47	10.02
Dried Fish Sardine	1Kg	1430.28	37.46	0.63
Iced Sardine	1Kg	856.25	0.74	-2.14
Irish potato	1Kg	200	-31.36	0
Sweet potato	1Kg	190.1	74.83	-2.86
Tilapia fish (epiya) fresh	1Kg	847.69	-15.59	-2.66
Titus:frozen	1Kg	922.22	-10.92	1.59
Catfish (obokun) fresh	1Kg	986.67	19.6	-1.33
Catfish :dried	1Kg	1530	25.99	-1.29
Catfish Smoked	1Kg	1620.12	-9.01	-0.52
Mackerel : frozen	1Kg	867.12	-16.22	-1.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	472.38	-8.45	-1.31
Maize grain white sold loose	1Kg	105.49	-35.43	-17.66
Maize grain yellow sold loose	1Kg	152.36	-13.06	-2.32
Palm oil: 1 bottle,specify bottle	1Ltr	417.14	-5.35	-1.31
Plantain(ripe)	1Kg	198.36	-16.34	-0.82
Plantain(unripe)	1Kg	200.36	1	-5.5
Vegetable oil:1 bottle,specify bottle	1Ltr	430.51	-13.51	-3.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	580.55	19.36	1.85
AVERAGE			-0.47	-0.54

Item/Labels																					Highest	Lowest									
																					Year on Year %	Month on Month %	Price and State	Price and State							
	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18			Nov-18	Dec-18	Jan-19	Feb-19	Mar-19	(Mar-2018-Mar-2019)	Feb-2019-Mar-2019
Agric eggs medium size	512.99	520.16	507.69	518.66	522.71	514.66	498.50	485.19	487.51	472.85	463.11	494.43	437.13	519.07	527.32	552.09	548.66	539.75	471.75	474.13	472.73	482.90	477.76	466.97	469.858	464.27	459.807	-12.80	-0.96	Bayelsa (536.25)	Osun (411.67)
Agric eggs/medium size price of one)	47.42	42.90	43.93	46.22	45.73	45.28	44.32	42.92	45.72	42.06	40.82	41.32	38.85	41.27	41.21	42.25	41.77	41.38	41.22	41.79	41.17	41.73	42.40	42.58	42.1824	42.2338	41.9198	1.73	-0.74	Abia (49.33)	Oyo (35.28)
Beans/brown.sold loose	353.60	337.11	353.28	357.19	365.86	374.26	382.35	370.25	404.84	382.58	369.78	361.97	385.53	387.48	395.34	395.19	407.73	418.78	411.02	410.16	416.07	411.05	396.73	386.78	382.763	373.908	368.074	-6.90	-1.56	Ebonyi (571.43)	Katsina (259.06)
Beans:white black eye. sold loose	305.53	309.85	318.45	324.04	332.28	339.64	343.96	335.71	358.13	342.05	337.09	314.93	344.52	348.55	357.04	355.32	367.23	369.43	361.33	361.68	362.71	354.22	346.41	344.72	336.723	338.052	330.756	-7.36	-2.16	Ebonyi (541.5)	Kano (221.96)
Beef Bone in	1001.24	995.65	1010.29	1035.45	1123.65	1129.02	1128.94	1151.38	1078.49	1081.30	1065.59	1067.73	1045.55	1017.28	1024.64	980.26	1011.11	1034.57	1028.12	1061.78	1027.66	1003.35	998.67	997.73	994.205	980.543	980.124	-4.34	-0.04	Kogi (1188)	Osun (722.52)
Beef/boneless	1249.48	1270.67	1281.71	1323.10	1378.91	1393.42	1376.91	1276.85	1324.93	1312.73	1286.86	1236.44	1298.70	1274.71	1262.51	1257.73	1275.77	1271.54	1262.73	1281.02	1281.64	1260.59	1251.45	1270.81	1273.99	1254.99	1253.48	-0.72	-0.12	Akwa Ibom (1493.92)	Niger (1024.82)
Bread sliced 500g	302.87	299.75	297.51	296.63	307.70	320.58	314.47	304.20	310.62	305.88	298.96	290.05	313.43	314.17	305.88	306.54	305.98	308.00	305.25	307.97	303.84	299.19	305.48	296.91	300.613	299.109	299.978	-1.93	0.29	Bayelsa (453.85)	Katsina (208)
Bread unsliced 500g	270.25	264.86	262.33	277.69	282.26	286.78	285.55	258.70	286.33	280.34	274.32	268.23	282.12	284.36	278.61	278.11	275.60	272.71	278.27	278.57	272.91	277.87	271.14	272.969	271.742	273.144	-1.96	0.52	Bayelsa (411.54)	Bauchi (214.55)	
Broken Rice (Ofada)	377.41	392.04	421.54	425.53	460.10	472.29	473.40	415.34	431.59	416.18	417.24	319.86	413.19	405.69	399.47	400.94	405.03	404.43	403.56	397.29	384.49	370.21	385.61	381.64	382.149	385.812	382.445	-4.26	-0.87	Oyo (612.13)	Kebbi (237.65)
Cattfish (obokun) fresh	899.58	885.13	884.15	886.65	900.73	916.55	910.57	921.17	894.52	906.94	902.02	919.82	1014.62	1037.33	1008.28	993.54	1013.11	1062.43	1064.74	1088.95	1089.25	1080.38	1112.09	1060.83	1073.51	1066.39	1065.14	5.64	-0.12	Bayelsa (1393.77)	Ondo (797.38)
Cattfish:dried	2204.12	2150.18	2189.55	2189.10	2213.66	2255.24	2215.25	2176.82	2159.00	2083.74	2214.33	2146.61	1852.92	1857.25	1793.58	1753.53	1779.71	1770.53	1792.12	1807.11	1766.55	2362.28	1814.97	1808.55	1814.67	1799.35	1791.19	-0.09	-0.41	Cross River (2497.98)	Sokoto (1055)
Cattfish Smoked	817.09	825.35	834.26	837.09	845.91	848.41	853.18	852.93	839.49	845.10	847.66	1007.40	1540.80	1896.94	1524.75	1514.53	1520.93	1527.82	1504.39	1512.40	1499.60	1482.30	1490.84	1519.80	1509.19	1517.84	1517.26	-0.49	-0.04	Ekiti (1905.02)	Nassaraawa (1200)
Chicken Feet	765.28	785.42	907.51	768.11	819.59	832.79	832.66	834.74	817.19	800.10	790.91	1155.99	850.00	778.64	772.99	758.88	782.55	784.78	930.50	803.03	808.05	775.66	985.33	737.76	749.532	731.911	727.606	-5.87	-0.59	Ondo (1055.75)	Bauchi (312.8)
Chicken Wings	919.09	963.46	980.88	886.58	925.55	952.18	958.05	946.93	979.32	960.71	953.60	950.56	950.77	954.99	935.83	921.49	925.54	960.56	963.05	992.48	1012.50	982.51	981.48	943.99	961.891	932.323	927.199	-0.92	-0.55	Edo (1257.69)	Kebbi (530)
Dried Fish Sardine	959.11	935.51	958.67	972.73	991.64	989.49	968.76	972.65	947.60	967.00	968.77	1077.82	1455.50	1405.75	1410.11	1371.80	1399.97	1378.57	1395.41	1382.94	1374.26	1365.68	1331.62	1342.97	1342.79	1380.38	1381.14	-2.04	0.07	Adamawa (1825)	Bauchi (915)
Evaporated tinned milk carnation 170g	136.29	140.53	143.56	151.47	157.95	162.80	162.72	158.85	174.36	170.60	169.44	159.72	172.24	166.55	158.51	160.22	165.26	166.23	165.74	162.99	166.28	163.34	162.42	163.28	164.39	161.605	161.98	2.19	0.23	Imo (200)	Kano (133.33)
Evaporated tinned milk(peak), 170g	157.75	166.14	177.05	197.15	198.42	194.67	195.94	190.53	206.00	198.67	196.02	191.44	196.71	191.14	187.61	188.14	192.93	189.93	187.84	184.25	189.29	187.25	187.56	189.98	190.676	190.916	188.23	0.33	-1.41	Ogun (209.5)	Kebbi (163.53)
Frozen chicken	1419.75	1428.95	1555.51	1606.63	1605.97	1645.29	1623.84	1529.25	1570.26	1580.13	1571.48	1708.64	1547.50	1548.87	1544.95	1537.85	1536.52	1537.25	1541.37	1533.22	1534.18	1558.22	1551.25	1625.05	1614.19	1632.71	1910.7	23.67	17.03	Plateau (2720)	Kano (1140)
Gari white.sold loose	219.56	260.94	273.67	288.45	292.97	315.61	317.10	310.15	301.99	268.10	251.91	199.68	229.26	210.21	209.12	208.21	216.01	216.72	200.67	198.82	195.86	188.39	183.59	166.64	165.799	166.614	163.507	-2.81	-1.87	Kogi (247.98)	Kwara (95.57)
Gari yellow.sold loose	255.83	250.45	302.05	329.22	326.83	354.55	350.46	345.82	335.94	305.02	289.15	219.75	271.35	250.06	243.99	246.50	256.51	259.83	248.72	246.75	253.70	236.26	222.42	195.99	191.778	191.06	184.182	-24.51	-3.60	Kogi (240.01)	Osun (112.33)
Groundnut oil: 1 bottle. specify bottle	477.86	482.94	494.1	494.24	500.19	503.28	502.15	508.33	477.97	504.03	503.79	660.36	528.59	571.10	585.15	584.47	601.51	612.45	603.58	603.41	638.55	592.51	603.90	585.52	588.598	585.69	580.55	-0.79	-0.88	Cross River (856.14)	Kebbi (442.5)
Iced Sardine	1879.96	1915.68	1902.15	1927.97	1919.64	1916.19	1915.25	1904.67	1878.46	1914.45	1903.71	1545.26	861.07	885.14	899.67	907.89	941.45	923.47	940.53	937.22	931.59	914.80	920.98	906.39	906.021	911.333	908.813	1.02	-0.28	Abuja (1272.22)	Ogun (472.83)
Irish potato	300.95	307.29	311.81	318.88	325.92	315.86	319.30	311.40	310.48	307.46	291.12	290.55	232.87	250.93	261.75	262.08	300.58	299.09	296.59	309.50	291.95	300.14	330.10	298.59	290.555	284.314	278.925	6.56	-1.90	Akwa Ibom (483.41)	Kano (183.17)
Mackerel: frozen	759.01	764.62	774.89	778.15	785.37	794.64	795.82	797.77	785.57	828.93	844.59	1015.57	915.27	875.31	915.92	896.40	927.22	908.91	922.91	926.18	944.50	920.99	937.77	934.19	933.936	931.389	935.302	2.12	0.42	Abuja (1315.49)	Ekiti (705.63)
Maize grain white sold loose	167.11	172.86	174.03	182.94	188.9	190.33	191.33	192.44	168.12	191.15	185.13	154.37	190.51	185.20	231.56	173.45	180.50	183.69	179.39	180.09	179.90	171.14	165.03	161.49	158.635	155.59	147.831	-36.16	-4.99	Bayelsa (282.52)	Bauchi (78.81)
Maize grain yellow sold loose	168.77	174.72	178.79	185.61	190.59	191.36	193.02	193.43	168.19	191.1	189.88	161.90	180.00	199.84	193.82	191.05	195.72	197.27	190.44	191.06	189.81	178.38	168.92	160.42	159.915	158.293	151.263	-21.96	-4.44	Bayelsa (322.75)	Bauchi (78.7)
Mudfish (aro) fresh	994.37	998.71	1079.16	1008.95	1047.28	1071.13	1080.33	998.57	1069.92	1074.73	1081.61	1060.02	1099.77	1098.63	1069.90	1039.02	1062.74	1070.62	1065.56	1104.81	1072.12	1052.07	1067.10	1032.24	1054.49	1014.2	1015.53	-5.08	0.13	Enugu (1436.33)	Rivers (814.93)
Mudfish :dried	1812.03	1955.10	2084.81	2319.91	2388.05	2416.28	2395.79	2161.70	2204.04	2190.22	2144.20	1621.42	2134.65	2066.03	1945.30	1912.69	1928.19	1941.91	1907.21	1897.08	1908.02	1874.37	1894.29	1861.66	1856.34	1824.01	1825.51	-6.16	0.08	Imo (2554.55)	Kaduna (1139.44)
Onion bulb	258.92	241.44	246.95	205.60	203.56	214.79	213.14	236.66	238.29	217.58	228.46	311.09	248.74	252.03	235.31	234.37	234.04	240.01	246.91	252.09	251.30	232.81	287.66	259.38	257.986	244.303	231.906	-1.45	-5.07	Akwa Ibom (391.67)	Bauchi (128.44)
Palm oil: 1 bottle.specify bottle	420.62	434.81	442.04	452.42	458.24	471.28	478.75	492.9	439.88	473.61	475.51	551.77	480.92	510.10	492.13	486.84	494.91	499.98	496.43	501.13	501.02	495.07	496.18	474.53	477.087	462.266	460.324	-6.46	-0.42	Abuja (540.74)	Kogi (373.33)
Plantain(ripe)	234.25	234.28	236.65	240.71	241.48	249.71	251.27	254.02	231.7	247.38	244.89	240.84	273.71	257.63	259.83	262.31	273.48	276.60	270.77	275.78	272.60	245.62	254.08	227.28	229.509	225.975	223.131	-14.13	-1.26	Bauchi (343.14)	Cross River (134.56)
Plantain(unripe)	212.49	214.41	215.8	221.79	224.65	228.46	223.47	226.26	215.96	229.88	233.27	253.05	248.72	232.19	242.48	235.70	247.09	248.47	248.58	247.06	244.26	226.56	225.54	215.73	217.367	218.361	212.534	-2.67	-2.67	Plateau (332.52)	Cross River (113.59)
Rice agric sold loose	324.01	355.41	360.89	324.76	347.73	352.09	354.08	349.64	351.09	325.93	315.14	317.46	322.81	322.81	326.56	322.54	327.84	331.14	325.13	327.0											



Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

Acknowledgements/Contacts

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