



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(JANUARY 2019)

**Report Date: February 2019**

*Data Source: National Bureau of Statistics (NBS)*

# Content

<b>Executive Summary</b> .....	1
<b>Selected Food Prices Watch – January 2019</b>	
National .....	25
<b>All States</b>	
Abia .....	26
Abuja .....	28
Adamawa .....	30
Akwa-Ibom .....	32
Anambra .....	34
Bauchi .....	36
Bayelsa .....	38
Benue .....	40
Borno .....	42
Cross-River .....	44
Delta .....	46
Ebonyi .....	48
Edo .....	50
Ekiti .....	52
Enugu .....	54
Gombe .....	56
Imo .....	58
Jigawa .....	60
Kaduna .....	62
Kano .....	64
Katsina .....	66
Kebbi .....	68
Kogi .....	70
Kwara .....	72
Lagos .....	74
Nasarawa .....	76
Niger .....	78
Ogun .....	80
Ondo .....	82
Osun .....	84
Oyo .....	86
Plateau .....	88
Rivers .....	90
Sokoto .....	92
Taraba .....	94
Yobe .....	96
Zamfara .....	98
<b>Appendix</b> .....	100
<b>Methodology</b> .....	101
<b>Acknowledgment / Contact</b> .....	102

# Executive Summary

Selected food price watch data for January 2019 reflected that the average price of 1 dozen of Agric eggs medium size increased year-on-year by 7.49% and month-on-month by 0.62% to N469.85 in January 2019 from N466.97 in December 2018 while the average price of piece of Agric eggs medium size(price of one) increased year-on-year by 8.58% and decreased month-on-month by -0.93% to N42.18 in January 2019 from N42.58 in December 2018.

The average price of 1kg of tomato decreased year-on-year by -2.39% and month-on-month by 2.22% to N265.49 in January 2019 from N271.51 in December 2018.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 1.46% and decreased month-on-month by -1.22% to N366.04 in January 2019 from N370.57 in November 2018.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -6.75% and month-on-month by -0.68% to N211.21 in January 2019 from N212.65 in December 2018.



UNIT OF MEASUREMENT

**1 Dozen**



JANUARY 2019

**N469.86**



YEAR - ON - YEAR

**7.49**



MONTH - ON - MONTH

**0.62**



*Highest Price*

Anambra (551.17)



*Lowest Price*

Gombe (412.27)



Agric eggs  
medium size



UNIT OF MEASUREMENT

**1 Piece**



JANUARY 2019

**N42.18**



YEAR - ON - YEAR

**8.58**



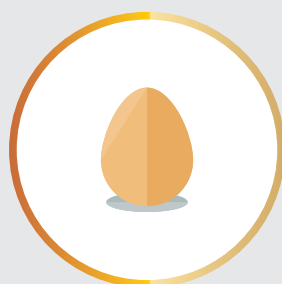
MONTH - ON - MONTH

**-0.93**



*Highest Price*

Anambra (50.01)



*Lowest Price*

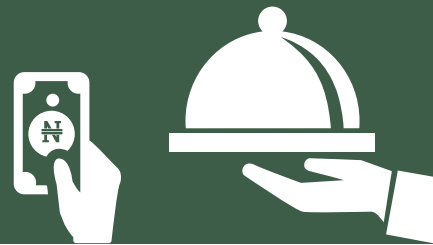
Gombe (37.58)



Agric eggs  
(medium size price of one)

# Selected Food Price Watch - January 2019

## National – Beans



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N382.76**



YEAR - ON - YEAR

**-0.72**



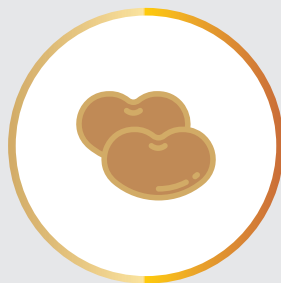
MONTH - ON - MONTH

**-1.04**



*Highest Price*

Ebonyi (542.24)



Beans brown,  
sold loose

*Lowest Price*

Bauchi (278.57)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N336.72**



YEAR - ON - YEAR

**-2.26**



MONTH - ON - MONTH

**-2.32**



*Highest Price*

Ebonyi (500.86)



Beans:white  
black eye. sold loose

*Lowest Price*

Kano (225.01)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N994.20**



YEAR - ON - YEAR

**-4.91**



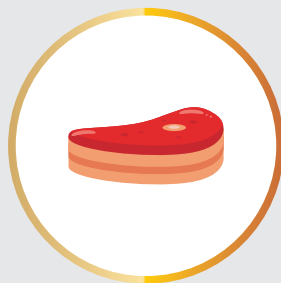
MONTH - ON - MONTH

**-0.35**



*Highest Price*

Lagos (1223.81)



Beef Bone in

*Lowest Price*

Osun (784.47)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1273.99**



YEAR - ON - YEAR

**-1.90**



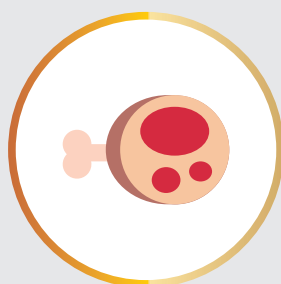
MONTH - ON - MONTH

**0.25**



*Highest Price*

Ebonyi (1491.43)



Beef ,boneless

*Lowest Price*

Kaduna (1082.07)



# Selected Food Price Watch - January 2019

## National - Bread



UNIT OF MEASUREMENT

**1 loaf**



JANUARY 2019

**N300.61**



YEAR - ON - YEAR

**-4.09**



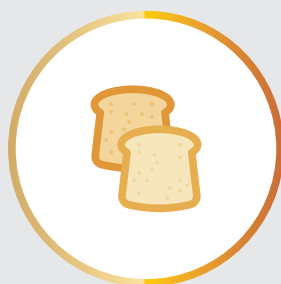
MONTH - ON - MONTH

**1.25**



*Highest Price*

Bayelsa (420.85)



*Lowest Price*

Yobe (218)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**



JANUARY 2019

**N272.97**



YEAR - ON - YEAR

**-3.24**



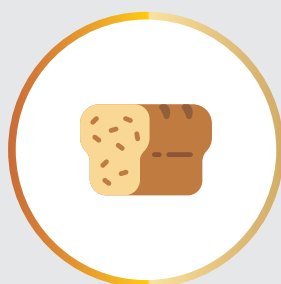
MONTH - ON - MONTH

**0.68**



*Highest Price*

Bayelsa (411.54)



*Lowest Price*

Bauchi (210)



Bread unsliced 500g



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N382.15**



YEAR - ON - YEAR

**-7.51**



MONTH - ON - MONTH

**0.13**



*Highest Price*

Oyo (738.97)



*Lowest Price*

Kebbi (217.99)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N322.45**



YEAR - ON - YEAR

**-0.11**



MONTH - ON - MONTH

**0.27**



*Highest Price*

Bayelsa (527.14)



*Lowest Price*

Kebbi (217.81)



Rice agric sold loose





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N281.49**



YEAR - ON - YEAR

**2.48**



MONTH - ON - MONTH

**0.25**



*Highest Price*

Bayelsa (412.56)



*Lowest Price*

Zamfara (205.8)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N317.63**



YEAR - ON - YEAR

**2.95**



MONTH - ON - MONTH

**-0.12**



*Highest Price*

Bayelsa (450)



*Lowest Price*

Gombe (214.16)



Rice Medium Grained



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N366.04**



YEAR - ON - YEAR

**1.46**



MONTH - ON - MONTH

**-1.22**



*Highest Price*

Bayelsa (507.14)



*Lowest Price*

Katsina (264.91)



Rice, imported high quality sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N749.53**



YEAR - ON - YEAR

**-11.82**



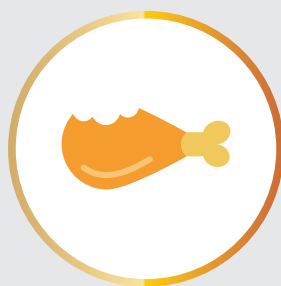
MONTH - ON - MONTH

**1.60**



*Highest Price*

Niger (1168.75)



Chicken Feet

*Lowest Price*

Bauchi (300.63)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N961.89**



YEAR - ON - YEAR

**1.17**



MONTH - ON - MONTH

**1.90**



*Highest Price*

Ekiti (1270.53)



Chicken Wings

*Lowest Price*

Bauchi (500)





UNIT OF MEASUREMENT

**1 Unit**



JANUARY 2019

**N1614.19**



YEAR - ON - YEAR

**4.31**



MONTH - ON - MONTH

**-0.67**



*Highest Price*

Plateau (2775)



Frozen Chicken

*Lowest Price*

Kebbi (1200)





UNIT OF MEASUREMENT

JANUARY 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Unit**

**N164.39**

**-4.56**

**0.68**



*Highest Price*

Imo (199.52)



*Lowest Price*

Zamfara (137.78)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

JANUARY 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Unit**

**N190.68**

**-3.07**

**0.37**



*Highest Price*

Ogun (230)



*Lowest Price*

Kebbi (162.11)



Evaporated tinned  
milk(peak), 170g

# Selected Food Price Watch - January 2019

## National - Garri



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N165.80**



YEAR - ON - YEAR

**-27.68**



MONTH - ON - MONTH

**-0.51**



*Highest Price*

Kogi (255.95)



*Lowest Price*

Cross River (100.01)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N191.78**



YEAR - ON - YEAR

**-29.32**



MONTH - ON - MONTH

**-2.15**



*Highest Price*

Borno (256.65)



*Lowest Price*

Cross River (106.16)



Gari yellow, sold loose



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1054.49**



YEAR - ON - YEAR

**-4.12**



MONTH - ON - MONTH

**2.16**



*Highest Price*

Abuja (1483.33)



*Lowest Price*

Rivers (828.93)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1856.34**



YEAR - ON - YEAR

**-13.04**



MONTH - ON - MONTH

**-0.29**



*Highest Price*

Imo (2631.58)



*Lowest Price*

Kaduna (1116.67)



Mudfish : Dried



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1073.51**



YEAR - ON - YEAR

**5.80**



MONTH - ON - MONTH

**1.20**



*Highest Price*

Lagos (1396.17)



*Lowest Price*

Kano (800)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1814.67**



YEAR - ON - YEAR

**-2.06**



MONTH - ON - MONTH

**0.34**



*Highest Price*

Cross River (2507.98)



*Lowest Price*

Sokoto (1055.75)



Catfish :Dried





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1509.19**



YEAR - ON - YEAR

**-2.05**



MONTH - ON - MONTH

**-0.70**



*Highest Price*

Ekiti (1952.29)



Catfish Smoked

*Lowest Price*

Sokoto (1100)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N1342.79**



YEAR - ON - YEAR

**-7.74**



MONTH - ON - MONTH

**-0.01**



*Highest Price*

Adamawa (1872.22)



Dried Fish Sardine

*Lowest Price*

Katsina (800)



## National – Fish



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N906.02**



YEAR - ON - YEAR

**5.22**



MONTH - ON - MONTH

**-0.04**



*Highest Price*

Kogi (1175)



Iced Sardine

*Lowest Price*

Ogun (591.15)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N910.91**



YEAR - ON - YEAR

**5.42**



MONTH - ON - MONTH

**2.63**



*Highest Price*

Bayelsa (1288.88)



Tilapia Fish (Epiya) Fresh

*Lowest Price*

Bauchi (558.33)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N935.02**



YEAR - ON - YEAR

**4.51**



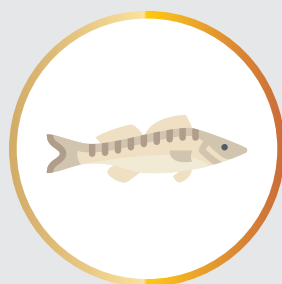
MONTH - ON - MONTH

**0.93**



*Highest Price*

Abuja (1203.75)



Titus: Frozen

*Lowest Price*

Jigawa (700)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N933.94**



YEAR - ON - YEAR

**2.04**



MONTH - ON - MONTH

**-0.03**



*Highest Price*

Abuja (1330)



Mackerel : Frozen

*Lowest Price*

Ekiti (723.93)



# Selected Food Price Watch - January 2019

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N211.21**



YEAR - ON - YEAR

**-6.75**



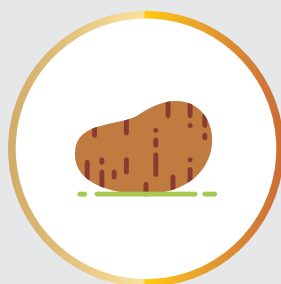
MONTH - ON - MONTH

**-0.68**



*Highest Price*

Ogun (315.38)



Yam Tuber

*Lowest Price*

Taraba (102.33)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N290.55**



YEAR - ON - YEAR

**24.77**



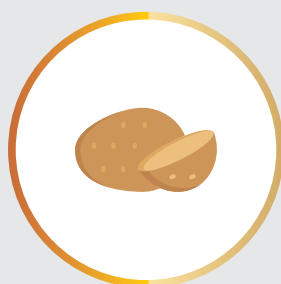
MONTH - ON - MONTH

**-2.69**



*Highest Price*

Akwa Ibom (473.41)



Irish Potato

*Lowest Price*

Taraba (190.41)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N139.65**



YEAR - ON - YEAR

**23.19**



MONTH - ON - MONTH

**-0.75**



*Highest Price*

Plateau (255.25)



Sweet Potato

*Lowest Price*

Borno (90.98)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N265.49**



YEAR - ON - YEAR

**-2.39**



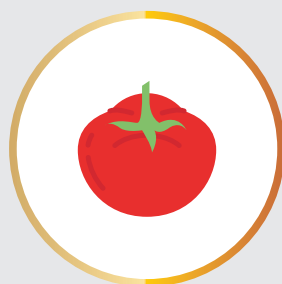
MONTH - ON - MONTH

**-2.22**



*Highest Price*

Lagos (466.67)



Tomato

*Lowest Price*

Kano (127.07)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N257.99**



YEAR - ON - YEAR

**3.72**



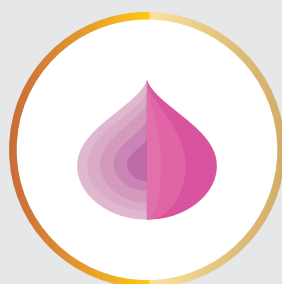
MONTH - ON - MONTH

**-0.54**



*Highest Price*

Bayelsa (442.74)



Onion bulb

*Lowest Price*

Bauchi (157.58)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N158.63**



YEAR - ON - YEAR

**-16.73**



MONTH - ON - MONTH

**-1.77**



*Highest Price*

Bayelsa (282.52)



Maize grain  
white sold loose

*Lowest Price*

Katsina (80.02)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N159.91**



YEAR - ON - YEAR

**-11.16**



MONTH - ON - MONTH

**-0.32**



*Highest Price*

Bayelsa (302.75)



Maize grain  
yellow sold loose

*Lowest Price*

Taraba (79.94)





UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N229.51**



YEAR - ON - YEAR

**-16.15**



MONTH - ON - MONTH

**0.98**



*Highest Price*

Kaduna (340.21)



Plantain (ripe)

*Lowest Price*

Cross River (134.56)



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N217.37**



YEAR - ON - YEAR

**-12.61**



MONTH - ON - MONTH

**0.76**



*Highest Price*

Plateau (385.71)



Plantain (unripe)

*Lowest Price*

Cross River (123.59)





# Selected Food Price Watch - January 2019

## National - Oil



UNIT OF MEASUREMENT

**1 Ltr**



JANUARY 2019

**N588.60**



YEAR - ON - YEAR

**11.35**



MONTH - ON - MONTH

**0.53**



*Highest Price*

Cross River (906.14)



*Lowest Price*

Jigawa (434.87)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

**1KG**



JANUARY 2019

**N477.09**



YEAR - ON - YEAR

**-0.80**



MONTH - ON - MONTH

**0.54**



*Highest Price*

Taraba (544.89)



*Lowest Price*

Ekiti (411.11)



Palm oil: 1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**1 Ltr**



JANUARY 2019

**N516.72**



YEAR - ON - YEAR

**-4.36**



MONTH - ON - MONTH

**1.75**



*Highest Price*

Abia (628.79)



*Lowest Price*

Jigawa (430.3)



Vegetable Oil:1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**2KG**



JANUARY 2019

**N665.12**



YEAR - ON - YEAR

**1.52**



MONTH - ON - MONTH

**0.34**



*Highest Price*

Jigawa (749.3)



*Lowest Price*


Kogi (520)





Wheat flour: prepacked  
(golden penny 2kg)


# Selected Food Price Watch - January 2019

## Abia State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N321.03</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N489.58</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N301.34</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N372.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N177.75</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N464.40</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1421.61</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N226.97</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N153.62</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N736.67</b>

# Selected Food Price Watch - January 2019


## Abia State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	482.5	13.53	-2.68
Agric eggs(medium size price of one)	1 Piece	46.36	15.89	-5.49
Beans brown,sold loose	1Kg	489.58	5.84	0.43
Beans:white black eye. sold loose	1Kg	482.77	4.47	0.54
Beef Bone in	1Kg	987.68	0.15	-0.3
Beef,boneless	1Kg	1421.61	-2.43	-2.65
Bread sliced 500g	1 loaf	372	1.92	6.29
Bread unsliced 500g	1 loaf	282.69	-18.55	8.09
Broken Rice (Ofada)	1Kg	424.44	-15.15	1.24
Chicken Feet	1Kg	690.9	-9.73	0.93
Chicken Wings	1Kg	1175	22.21	0.43
Evaporated tinned milk carnation 170g	1 unit	171.01	-2.02	0.3
Evaporated tinned milk(peak), 170g	1 unit	191	-3.72	1.03
Frozen chicken	1 unit	1673.61	4.26	3.46
Gari white,sold loose	1Kg	153.62	-41.37	4.29
Gari yellow,sold loose	1Kg	152.02	-49.72	-8.95
Mudfish (aro) fresh	1Kg	1203.53	9.39	-1.76
Mudfish : dried	1Kg	2590.13	9.5	5.81
Onion bulb	1Kg	226.97	-25.58	-1.78
Rice agric sold loose	1Kg	372.12	-12.07	-2.54
Rice local sold loose	1Kg	301.34	-6.64	3.52
Rice Medium Grained	1Kg	359.95	2.17	-1.67
Rice,imported high quality sold loose	1Kg	400.63	-3.91	-2.46
Tomato	1Kg	321.03	11.67	-5.19
Yam tuber	1Kg	177.75	-4.87	-9.45
Dried Fish Sardine	1Kg	1405.78	-8.88	-0.69
Iced Sardine	1Kg	902.46	3.99	-0.08
Irish potato	1Kg	301.03	4.94	-6.53
Sweet potato	1Kg	127.89	2.93	-12.26
Tilapia fish (epiya) fresh	1Kg	1000.53	2.42	-1.46
Titus:frozen	1Kg	973.65	9.43	1.93
Catfish (obokun) fresh	1Kg	1290.96	7.58	-2.21
Catfish :dried	1Kg	2303.46	-0.51	4.31
Catfish Smoked	1Kg	1681.95	0.08	-2.54
Mackerel : frozen	1Kg	851.15	-18.16	-3.83
Groundnut oil: 1 bottle, specify bottle	1Ltr	668.37	4.98	0.26
Maize grain white sold loose	1Kg	247.92	2.34	3.7
Maize grain yellow sold loose	1Kg	253.11	5.22	4.86
Palm oil: 1 bottle,specify bottle	1Ltr	464.4	3.65	-3.12
Plantain(ripe)	1Kg	196.59	-24.29	2.7
Plantain(unripe)	1Kg	180.4	-16.57	3.66
Vegetable oil:1 bottle,specify bottle	1Ltr	628.79	45.99	4.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	736.67	9.12	1.11


# Selected Food Price Watch - January 2019

## Abuja FCT







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N233.04</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N394.70</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N299.06</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N325.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N287.32</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N516.67</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1395.00</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N260.47</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N177.62</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N635.00</b>

# Selected Food Price Watch - January 2019


## Abuja FCT





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	464	7.16	-6.83
Agric eggs(medium size price of one)	1 Piece	40	3.9	-4.76
Beans brown,sold loose	1Kg	394.7	7.41	-8.36
Beans:white black eye. sold loose	1Kg	345.09	-1.4	-8.39
Beef Bone in	1Kg	1150	5.92	-10.68
Beef,boneless	1Kg	1395	-3.13	-0.71
Bread sliced 500g	1 loaf	325	-9.72	2.63
Bread unsliced 500g	1 loaf	325	-7.14	2.63
Broken Rice (Ofada)	1Kg	420.57	-7.39	0.06
Chicken Feet	1Kg	695.42	-10.19	0.06
Chicken Wings	1Kg	1200.32	4.38	0.03
Evaporated tinned milk carnation 170g	1 unit	171.50422	7.11	0.09
Evaporated tinned milk(peak), 170g	1 unit	186	-5.1	2.2
Frozen chicken	1 unit	1730.87	-5.59	0.05
Gari white,sold loose	1Kg	177.62	-16.83	-10.48
Gari yellow,sold loose	1Kg	208.57	-13.77	-8.11
Mudfish (aro) fresh	1Kg	1483.33	28.99	4.71
Mudfish : dried	1Kg	2201.54	-39.27	0.07
Onion bulb	1Kg	260.47	71.78	26.64
Rice agric sold loose	1Kg	255.66	2.19	0.09
Rice local sold loose	1Kg	299.06	14.17	1.37
Rice Medium Grained	1Kg	322.58	0	-4.76
Rice,imported high quality sold loose	1Kg	430.32	21.83	0.49
Tomato	1Kg	233.04	-4.16	-16.45
Yam tuber	1Kg	287.32	20.3	-10.5
Dried Fish Sardine	1Kg	1593.33	-22.94	0.15
Iced Sardine	1Kg	1168.43	-7.98	1.36
Irish potato	1Kg	315.17	32.12	1.43
Sweet potato	1Kg	105.13	-26.46	-24.39
Tilapia fish (epiya) fresh	1Kg	1229.17	22.92	-0.2
Titus:frozen	1Kg	1203.75	20.38	0.75
Catfish (obokun) fresh	1Kg	1321.64	49.15	-2.1
Catfish :dried	1Kg	2135.38	-7.54	-2.88
Catfish Smoked	1Kg	1821.76	6.64	0.08
Mackerel : frozen	1Kg	1330	39.57	0.38
Groundnut oil: 1 bottle, specify bottle	1Ltr	683.33	26.54	-0.97
Maize grain white sold loose	1Kg	138.12	-26.69	-5.68
Maize grain yellow sold loose	1Kg	132.46	-28.22	-1.67
Palm oil: 1 bottle,specify bottle	1Ltr	516.67	28.1	-6.63
Plantain(ripe)	1Kg	278.17	4.57	-6.85
Plantain(unripe)	1Kg	260.3	7.06	-10.1
Vegetable oil:1 bottle,specify bottle	1Ltr	586.67	4.76	6.02
Wheat flour: prepacked (golden penny 2kg)	2Kg	635	-9.29	-4.75


# Selected Food Price Watch - January 2019

## Adamawa State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N184.54</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N295.70</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N238.23</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N261.43</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N185.00</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N533.33</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1143.47</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N205.88</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N190.17</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N705.00</b>



# Selected Food Price Watch - January 2019


## Adamawa State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	419.09	-7.38	-6.87
Agric eggs(medium size price of one)	1 Piece	39.23	2	-14.29
Beans brown,sold loose	1Kg	295.7	16.08	-4.89
Beans:white black eye. sold loose	1Kg	252.63	-2.9	-3.06
Beef Bone in	1Kg	907.58	-13.22	-2.83
Beef,boneless	1Kg	1143.47	-10.85	-0.49
Bread sliced 500g	1 loaf	261.43	-15.67	-8.04
Bread unsliced 500g	1 loaf	246.25	-7.08	-3.9
Broken Rice (Ofada)	1Kg	305.69	-12.58	-10.46
Chicken Feet	1Kg	500	-24.24	-1.96
Chicken Wings	1Kg	650.74	-3.59	-0.14
Evaporated tinned milk carnation 170g	1 unit	182	3.26	-1.62
Evaporated tinned milk(peak), 170g	1 unit	190.77	-1.98	-0.4
Frozen chicken	1 unit	1415.86	-12.87	1.13
Gari white,sold loose	1Kg	190.17	-44.2	-0.06
Gari yellow,sold loose	1Kg	200.01	-42.73	-9.02
Mudfish (aro) fresh	1Kg	858.9	-20.78	-1.93
Mudfish : dried	1Kg	1906.35	-14.12	0.89
Onion bulb	1Kg	205.88	55.83	-15.82
Rice agric sold loose	1Kg	239.69	-23.43	-3.05
Rice local sold loose	1Kg	238.23	2.98	-2.42
Rice Medium Grained	1Kg	286.28	14.38	-3.38
Rice,imported high quality sold loose	1Kg	334.97	-8.72	1.34
Tomato	1Kg	184.54	-7.84	-3.25
Yam tuber	1Kg	185	-26.16	-1.54
Dried Fish Sardine	1Kg	1872.22	7.19	-1.46
Iced Sardine	1Kg	917.46	-6.11	-3.13
Irish potato	1Kg	284.24	14.78	-4.37
Sweet potato	1Kg	97.44	3.84	-17.71
Tilapia fish (epiya) fresh	1Kg	716.29	-26.85	1.29
Titus:frozen	1Kg	842.5	1.68	-2.72
Catfish (obokun) fresh	1Kg	950	11.53	-6.88
Catfish :dried	1Kg	1300	-26.69	1.53
Catfish Smoked	1Kg	1225.86	-12.44	1.35
Mackerel : frozen	1Kg	941.54	20.24	0.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	615.82	25.11	-3.16
Maize grain white sold loose	1Kg	90.99	-29.36	-17.74
Maize grain yellow sold loose	1Kg	90.52	-39.03	-17.82
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	30.01	6.12
Plantain(ripe)	1Kg	239.83	-8.86	-4.07
Plantain(unripe)	1Kg	230.36	3.37	-21.68
Vegetable oil:1 bottle,specify bottle	1Ltr	507.62	-3.21	-1.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	705	2.92	0.71


# Selected Food Price Watch - January 2019

## Akwa Ibom State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N398.99</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N472.22</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N307.96</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N362.50</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N200.46</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N490.91</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1403.92</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N391.67</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N104.27</b>

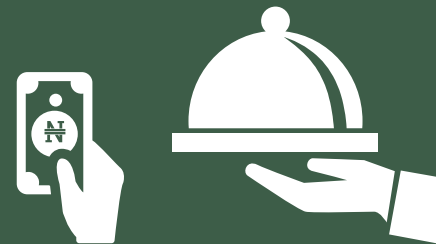


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N690.00</b>

# Selected Food Price Watch - January 2019


## Akwa Ibom State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	442.73	2.17	-5.8
Agric eggs(medium size price of one)	1 Piece	40	0	-6.38
Beans brown,sold loose	1Kg	472.22	0.11	3.31
Beans:white black eye. sold loose	1Kg	458.66	3.08	0.27
Beef Bone in	1Kg	986.25	-0.41	7.5
Beef,boneless	1Kg	1403.92	10.64	0.65
Bread sliced 500g	1 loaf	362.5	11.54	2.45
Bread unsliced 500g	1 loaf	311.82	9.09	4.48
Broken Rice (Ofada)	1Kg	320	-11.11	0
Chicken Feet	1Kg	720.83	-23.45	1.76
Chicken Wings	1Kg	1077.38	14.92	7.66
Evaporated tinned milk carnation 170g	1 unit	150	-12.79	-3.23
Evaporated tinned milk(peak), 170g	1 unit	195.91	-1.22	-5.21
Frozen chicken	1 unit	1706.67	-6.44	4.49
Gari white,sold loose	1Kg	104.27	-50.44	-15.75
Gari yellow,sold loose	1Kg	135.52	-42.36	-9.76
Mudfish (aro) fresh	1Kg	1300.14	-13.74	0.42
Mudfish : dried	1Kg	1876.67	-25.67	2.15
Onion bulb	1Kg	391.67	34.54	-1.17
Rice agric sold loose	1Kg	380	3.26	1.79
Rice local sold loose	1Kg	307.96	-1.71	0.67
Rice Medium Grained	1Kg	380	4.11	1.33
Rice,imported high quality sold loose	1Kg	432.13	8.03	0.17
Tomato	1Kg	398.99	-2.68	-5.31
Yam tuber	1Kg	200.46	-35.35	-9.65
Dried Fish Sardine	1Kg	1254.55	-1.05	0.21
Iced Sardine	1Kg	1003.65	2.28	2.56
Irish potato	1Kg	473.41	101.58	-0.34
Sweet potato	1Kg	136.04	-35.98	-6.59
Tilapia fish (epiya) fresh	1Kg	1025	5.58	-6.46
Titus:frozen	1Kg	971.15	-10.14	-2.92
Catfish (obokun) fresh	1Kg	1289.73	-1.25	1.12
Catfish :dried	1Kg	1589.33	-30.6	-3.87
Catfish Smoked	1Kg	1395.28	-2.09	-0.34
Mackerel : frozen	1Kg	844.39	-0.58	4.32
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	43.37	11.11
Maize grain white sold loose	1Kg	252.69	5.89	-2.54
Maize grain yellow sold loose	1Kg	255.93	-12.46	-4.36
Palm oil: 1 bottle,specify bottle	1Ltr	490.91	9.09	-3.31
Plantain(ripe)	1Kg	245.59	-5.18	-8.61
Plantain(unripe)	1Kg	200.05	-23.12	-8.42
Vegetable oil:1 bottle,specify bottle	1Ltr	603.33	-2.86	1.37
Wheat flour: prepacked (golden penny 2kg)	2Kg	690	1.31	0.73


# Selected Food Price Watch - January 2019

## Anambra State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N292.48</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N443.73</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N264.64</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N355.54</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N164.73</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N505.75</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1442.88</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N325.41</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N140.71</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N731.82</b>

# Selected Food Price Watch - January 2019


## Anambra State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	551.17	21.81	0.21
Agric eggs(medium size price of one)	1 Piece	50.01	30.03	0.02
Beans brown,sold loose	1Kg	443.73	4.47	1.65
Beans:white black eye. sold loose	1Kg	406.67	1.67	0.05
Beef Bone in	1Kg	932.73	-10.81	1.98
Beef,boneless	1Kg	1442.88	4.36	3.01
Bread sliced 500g	1 loaf	355.54	14.69	1.58
Bread unsliced 500g	1 loaf	305	0	5.43
Broken Rice (Ofada)	1Kg	398.64	-11.35	-2.77
Chicken Feet	1Kg	800.74	-6.89	0.09
Chicken Wings	1Kg	1100	12.82	3.12
Evaporated tinned milk carnation 170g	1 unit	180.03753	2.15	0.01
Evaporated tinned milk(peak), 170g	1 unit	190.76	-1.98	1.19
Frozen chicken	1 unit	1792.22	17.52	-1.12
Gari white,sold loose	1Kg	140.71	-32.94	0.51
Gari yellow,sold loose	1Kg	177.19	-28.91	1.33
Mudfish (aro) fresh	1Kg	980.59	10.9	0.01
Mudfish : dried	1Kg	2520.24	31.28	4.8
Onion bulb	1Kg	325.41	69.38	-15.96
Rice agric sold loose	1Kg	360	11.44	2.16
Rice local sold loose	1Kg	264.64	1.26	-5.06
Rice Medium Grained	1Kg	355.74	16.15	7.15
Rice,imported high quality sold loose	1Kg	401.84	15.81	1.18
Tomato	1Kg	292.48	34.02	-11.35
Yam tuber	1Kg	164.73	-9.54	-7.93
Dried Fish Sardine	1Kg	1425.29	-13.44	-4.44
Iced Sardine	1Kg	1000	2.33	3.71
Irish potato	1Kg	395	150.59	-1.36
Sweet potato	1Kg	122.85	16.72	-2.43
Tilapia fish (epiya) fresh	1Kg	983.08	38.62	-5.79
Titus:frozen	1Kg	1005.69	21.38	2.18
Catfish (obokun) fresh	1Kg	1214.29	39.29	-1.08
Catfish :dried	1Kg	2429.42	-1.78	1.4
Catfish Smoked	1Kg	1620.29	-12.42	1.27
Mackerel : frozen	1Kg	960.07	4.01	-2.91
Groundnut oil: 1 bottle, specify bottle	1Ltr	673.33	36.79	-4.27
Maize grain white sold loose	1Kg	247.51	-7.92	-0.91
Maize grain yellow sold loose	1Kg	259.63	-3.29	8.01
Palm oil: 1 bottle,specify bottle	1Ltr	505.75	-3.15	1.1
Plantain(ripe)	1Kg	234.22	-11	-6.4
Plantain(unripe)	1Kg	196.69	-19.01	0.66
Vegetable oil:1 bottle,specify bottle	1Ltr	525.4	8.33	-2.61
Wheat flour: prepacked (golden penny 2kg)	2Kg	731.82	8.42	-1.88


# Selected Food Price Watch - January 2019

## Bauchi State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N162.73</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N278.57</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N213.52</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N238.89</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N119.38</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N506.67</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1220.00</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N157.58</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N136.29</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N660.00</b>

# Selected Food Price Watch - January 2019


## Bauchi State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	460	7.69	5.23
Agric eggs(medium size price of one)	1 Piece	40	4.06	5.66
Beans brown,sold loose	1Kg	278.57	-13.75	-8.38
Beans:white black eye. sold loose	1Kg	264.84	-10.47	-11.78
Beef Bone in	1Kg	953.51	4.02	-5.58
Beef,boneless	1Kg	1220	9.99	-5.03
Bread sliced 500g	1 loaf	238.89	-14.68	3.86
Bread unsliced 500g	1 loaf	210	-17.18	-10
Broken Rice (Ofada)	1Kg	306.67	1.81	-8
Chicken Feet	1Kg	300.63	-14.11	0.21
Chicken Wings	1Kg	500	-13.04	-9.09
Evaporated tinned milk carnation 170g	1 unit	150	-16.67	-3.23
Evaporated tinned milk(peak), 170g	1 unit	181.82	-9.09	-2.85
Frozen chicken	1 unit	1513.03	-16.18	0.87
Gari white,sold loose	1Kg	136.29	-55.89	-13.92
Gari yellow,sold loose	1Kg	170.68	-48.38	3.17
Mudfish (aro) fresh	1Kg	936.54	4.33	-6.58
Mudfish : dried	1Kg	1533.28	-9.01	-3.92
Onion bulb	1Kg	157.58	24.11	7.14
Rice agric sold loose	1Kg	268.55	-11.33	-0.82
Rice local sold loose	1Kg	213.52	-23.93	-4.72
Rice Medium Grained	1Kg	311.22	13.54	0.8
Rice,imported high quality sold loose	1Kg	345.59	-9.46	5.11
Tomato	1Kg	162.73	-12.04	-6.83
Yam tuber	1Kg	119.38	-28.78	-7.87
Dried Fish Sardine	1Kg	1200.85	-24.48	-2.37
Iced Sardine	1Kg	807.86	-5.58	5.37
Irish potato	1Kg	294.47	58.44	-10.65
Sweet potato	1Kg	101.99	38.83	0.47
Tilapia fish (epiya) fresh	1Kg	558.33	-18.78	-6.94
Titus:frozen	1Kg	843.75	14.8	-6.25
Catfish (obokun) fresh	1Kg	1175	17.5	-2.08
Catfish :dried	1Kg	1708.33	-19.4	3.44
Catfish Smoked	1Kg	1647.65	-3.08	-0.18
Mackerel : frozen	1Kg	980	0	-2
Groundnut oil: 1 bottle, specify bottle	1Ltr	555.56	19.42	2.46
Maize grain white sold loose	1Kg	97	-42.28	-8.92
Maize grain yellow sold loose	1Kg	96.2	-45.18	-9.93
Palm oil: 1 bottle,specify bottle	1Ltr	506.67	12.54	4.31
Plantain(ripe)	1Kg	290.39	0.67	3.71
Plantain(unripe)	1Kg	222.22	6.21	10.64
Vegetable oil:1 bottle,specify bottle	1Ltr	450.33	-10.49	1.04
Wheat flour: prepacked (golden penny 2kg)	2Kg	660	1.54	-1


# Selected Food Price Watch - January 2019

## Bayelsa State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N396.69</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N425.47</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N412.56</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N420.85</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N278.47</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N500.00</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1407.93</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N442.74</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N215.65</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N730.00</b>



# Selected Food Price Watch - January 2019


## Bayelsa State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	526.25	20.23	0.56
Agric eggs(medium size price of one)	1 Piece	48.75	21.88	1.57
Beans brown,sold loose	1Kg	425.47	6.01	-1.92
Beans:white black eye. sold loose	1Kg	400.57	4.28	-4.14
Beef Bone in	1Kg	1040.38	-14.94	0.41
Beef,boneless	1Kg	1407.93	-0.08	0.89
Bread sliced 500g	1 loaf	420.85	4.97	-0.14
Bread unsliced 500g	1 loaf	411.54	1.61	-1.83
Broken Rice (Ofada)	1Kg	480	9.09	-4.95
Chicken Feet	1Kg	847.59	-11.64	0.16
Chicken Wings	1Kg	1172.34	-0.57	0.46
Evaporated tinned milk carnation 170g	1 unit	146.66667	-6.88	-0.32
Evaporated tinned milk(peak), 170g	1 unit	182.67	-5.01	-0.36
Frozen chicken	1 unit	2087.5	9.87	4.38
Gari white,sold loose	1Kg	215.65	-15.97	-6.94
Gari yellow,sold loose	1Kg	219.41	-18.76	-12.82
Mudfish (aro) fresh	1Kg	1121.53	-20.13	1.79
Mudfish : dried	1Kg	1859.79	-1.27	1.24
Onion bulb	1Kg	442.74	56.32	3.9
Rice agric sold loose	1Kg	527.14	29.87	-6.97
Rice local sold loose	1Kg	412.56	2.32	-3.67
Rice Medium Grained	1Kg	450	7.43	-3.88
Rice,imported high quality sold loose	1Kg	507.14	21.95	-2.72
Tomato	1Kg	396.69	8.64	-4.08
Yam tuber	1Kg	278.47	-12.51	-4.64
Dried Fish Sardine	1Kg	1317.01	-7.04	0.6
Iced Sardine	1Kg	948.57	5.4	-3.68
Irish potato	1Kg	357.9	51.58	-3.4
Sweet potato	1Kg	201.06	23.52	2.5
Tilapia fish (epiya) fresh	1Kg	1288.88	57.64	2.1
Titus:frozen	1Kg	903.1	6.11	-9.63
Catfish (obokun) fresh	1Kg	1393.77	8.55	3.83
Catfish :dried	1Kg	1903.2	-24.83	3.28
Catfish Smoked	1Kg	1730.65	-12.75	-2.94
Mackerel : frozen	1Kg	1023.93	-2.83	-5.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	0	-3.04
Maize grain white sold loose	1Kg	282.52	5.58	-5.9
Maize grain yellow sold loose	1Kg	302.75	12.87	-9.09
Palm oil: 1 bottle,specify bottle	1Ltr	500	-1.21	-0.09
Plantain(ripe)	1Kg	186.24	-27.95	2.07
Plantain(unripe)	1Kg	180.71	-28.86	4.15
Vegetable oil:1 bottle,specify bottle	1Ltr	506.97	12.49	-2.17
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	3.46	-0.76


# Selected Food Price Watch - January 2019

## Benue State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N275.68</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N354.74</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N303.70</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N320.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N170.34</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N514.78</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1286.62</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N250.66</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N180.00</b>

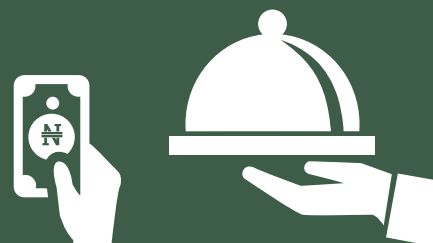


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N600.00</b>

# Selected Food Price Watch - January 2019


## Benue State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	500.56	15.74	0.33
Agric eggs(medium size price of one)	1 Piece	45	12.5	-1
Beans brown,sold loose	1Kg	354.74	-17.01	-5.7
Beans:white black eye. sold loose	1Kg	300.84	-16.16	-2.34
Beef Bone in	1Kg	1091.41	17.87	9.14
Beef,boneless	1Kg	1286.62	-5.53	0.77
Bread sliced 500g	1 loaf	320	3.23	4.92
Bread unsliced 500g	1 loaf	285.71	1.38	-1.48
Broken Rice (Ofada)	1Kg	316.67	-15.95	-5
Chicken Feet	1Kg	810.63	-16.91	1.33
Chicken Wings	1Kg	1100	0	7.76
Evaporated tinned milk carnation 170g	1 unit	160.27	-5.72	3.4
Evaporated tinned milk(peak), 170g	1 unit	182.52	-7.88	0.89
Frozen chicken	1 unit	1725	-1.43	1.47
Gari white,sold loose	1Kg	180	-14.09	10.32
Gari yellow,sold loose	1Kg	200.71	-33.79	5.72
Mudfish (aro) fresh	1Kg	1275	8.51	-1.92
Mudfish : dried	1Kg	1562.39	-21.69	-2.69
Onion bulb	1Kg	250.66	11.76	24.31
Rice agric sold loose	1Kg	333.33	36.99	5.26
Rice local sold loose	1Kg	303.7	30.47	18.42
Rice Medium Grained	1Kg	300	25.87	16.11
Rice,imported high quality sold loose	1Kg	348.72	6.39	4.7
Tomato	1Kg	275.68	17.19	12.28
Yam tuber	1Kg	170.34	-15.7	-14.33
Dried Fish Sardine	1Kg	1545.45	26.45	3.03
Iced Sardine	1Kg	909.09	29.87	-9.09
Irish potato	1Kg	268.49	32.09	-5.65
Sweet potato	1Kg	134.52	72.95	30.43
Tilapia fish (epiya) fresh	1Kg	850.53	18.13	6.32
Titus:frozen	1Kg	1000.53	42.93	6.6
Catfish (obokun) fresh	1Kg	1075	34.38	2.38
Catfish :dried	1Kg	1600.74	4.25	3.82
Catfish Smoked	1Kg	1542.86	-5.05	0.84
Mackerel : frozen	1Kg	1040	24.09	4.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	589.47	17.89	-3.31
Maize grain white sold loose	1Kg	116.9	-38.05	-8.26
Maize grain yellow sold loose	1Kg	119.78	-47.36	-15.14
Palm oil: 1 bottle,specify bottle	1Ltr	514.78	-6.69	1.03
Plantain(ripe)	1Kg	224.09	-29.23	9.27
Plantain(unripe)	1Kg	200.17	-27.25	-4.48
Vegetable oil:1 bottle,specify bottle	1Ltr	559.68	6.61	9.81
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	-11.76	5.26


# Selected Food Price Watch - January 2019

## Borno State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N156.61</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N289.18</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N256.78</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N282.31</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N168.23</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N535.38</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1146.15</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N186.09</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N215.50</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N720.00</b>

# Selected Food Price Watch - January 2019


## Borno State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	433.85	-1.74	-4.05
Agric eggs(medium size price of one)	1 Piece	39.17	2.17	-8.26
Beans brown,sold loose	1Kg	289.18	-25.09	-4.49
Beans:white black eye. sold loose	1Kg	281.35	-23.41	-8.58
Beef Bone in	1Kg	895.71	-12.18	-7.03
Beef,boneless	1Kg	1146.15	4.59	-0.67
Bread sliced 500g	1 loaf	282.31	-13.14	-5.41
Bread unsliced 500g	1 loaf	222.86	-22.71	-4
Broken Rice (Ofada)	1Kg	282.29	-23.69	-6.06
Chicken Feet	1Kg	470.95	-11.7	3.44
Chicken Wings	1Kg	718.43	5.65	2.26
Evaporated tinned milk carnation 170g	1 unit	180	0	-1.82
Evaporated tinned milk(peak), 170g	1 unit	186.43	-5.21	-1.88
Frozen chicken	1 unit	1538.03	-1.83	2.54
Gari white,sold loose	1Kg	215.5	-22.89	-10.98
Gari yellow,sold loose	1Kg	256.65	-10.6	-11.32
Mudfish (aro) fresh	1Kg	894.73	-10.53	-5.46
Mudfish : dried	1Kg	1698.86	-7.55	-4.41
Onion bulb	1Kg	186.09	71.67	-28.79
Rice agric sold loose	1Kg	321.22	-13.9	-4.44
Rice local sold loose	1Kg	256.78	-8.39	-2.36
Rice Medium Grained	1Kg	307.71	-13.38	-2.7
Rice,imported high quality sold loose	1Kg	383.75	-2.59	-0.82
Tomato	1Kg	156.61	-18.13	-11.02
Yam tuber	1Kg	168.23	-8.67	-10.81
Dried Fish Sardine	1Kg	1500.58	-6.21	-4.73
Iced Sardine	1Kg	863.75	7.97	-6.34
Irish potato	1Kg	289.64	42.13	-25.99
Sweet potato	1Kg	90.98	15.3	10.4
Tilapia fish (epiya) fresh	1Kg	642.46	-6.08	-7.19
Titus:frozen	1Kg	885	2.61	-0.22
Catfish (obokun) fresh	1Kg	915.63	-5.21	-13.82
Catfish :dried	1Kg	1744.09	-6.13	-3.18
Catfish Smoked	1Kg	1306.67	-15.57	1.6
Mackerel : frozen	1Kg	903.33	0.37	-13.97
Groundnut oil: 1 bottle, specify bottle	1Ltr	562.86	5.08	-6.64
Maize grain white sold loose	1Kg	117.17	-20.95	-4.55
Maize grain yellow sold loose	1Kg	105.23	-29.53	-13.37
Palm oil: 1 bottle,specify bottle	1Ltr	535.38	5.73	-0.38
Plantain(ripe)	1Kg	205.07	-29.04	-19.82
Plantain(unripe)	1Kg	270.53	6.95	0.67
Vegetable oil:1 bottle,specify bottle	1Ltr	509.74	-7.73	0.61
Wheat flour: prepacked (golden penny 2kg)	2Kg	720	10.77	2.86


# Selected Food Price Watch - January 2019

## Cross River State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N451.38</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N412.70</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N242.91</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N350.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N163.13</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N451.67</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1399.32</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N298.30</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N100.01</b>

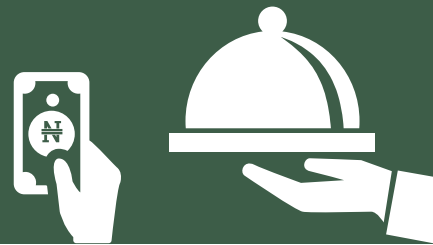


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N716.36</b>

# Selected Food Price Watch - January 2019


## Cross River State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	462.8	3.12	-1.63
Agric eggs(medium size price of one)	1 Piece	45	11.94	-2.58
Beans brown,sold loose	1Kg	412.7	-0.04	-2.5
Beans:white black eye. sold loose	1Kg	374.07	1.07	1.21
Beef Bone in	1Kg	1002.6	-6.52	-5.87
Beef,boneless	1Kg	1399.32	7.08	1.95
Bread sliced 500g	1 loaf	350	0	2.94
Bread unsliced 500g	1 loaf	306.67	-0.43	3
Broken Rice (Ofada)	1Kg	325.45	-2.22	-4.53
Chicken Feet	1Kg	1012.5	12.5	-3.57
Chicken Wings	1Kg	1051.47	5.15	-4.41
Evaporated tinned milk carnation 170g	1 unit	150.66667	-4.2	-1.11
Evaporated tinned milk(peak), 170g	1 unit	178.18	-13.36	0.1
Frozen chicken	1 unit	1685.71	-6.61	-0.84
Gari white,sold loose	1Kg	100.01	-61.24	-6.72
Gari yellow,sold loose	1Kg	106.16	-81.93	-10.83
Mudfish (aro) fresh	1Kg	1016.72	7.81	-2.17
Mudfish : dried	1Kg	2121.7	6.29	1.68
Onion bulb	1Kg	298.3	-0.72	-4.44
Rice agric sold loose	1Kg	319.7	-4.36	-0.3
Rice local sold loose	1Kg	242.91	-16.27	-3.34
Rice Medium Grained	1Kg	319.69	2.27	-2.77
Rice,imported high quality sold loose	1Kg	366.2	1.71	3.37
Tomato	1Kg	451.38	8.66	0.84
Yam tuber	1Kg	163.13	-35.55	-18.01
Dried Fish Sardine	1Kg	1376.21	-22.63	2.41
Iced Sardine	1Kg	921.84	-1.81	8.86
Irish potato	1Kg	341.78	64.54	-4.83
Sweet potato	1Kg	130.04	-18.14	-28.7
Tilapia fish (epiya) fresh	1Kg	1100.55	21.75	3.96
Titus:frozen	1Kg	1127.87	23.78	-0.24
Catfish (obokun) fresh	1Kg	1251.14	38.56	1.67
Catfish :dried	1Kg	2507.98	19.71	2.37
Catfish Smoked	1Kg	1647.62	6.9	0.41
Mackerel : frozen	1Kg	1097.99	20.56	11.43
Groundnut oil: 1 bottle, specify bottle	1Ltr	906.14	97.94	-4.28
Maize grain white sold loose	1Kg	261.97	-1.28	-24.66
Maize grain yellow sold loose	1Kg	242.52	-2.36	-8.86
Palm oil: 1 bottle,specify bottle	1Ltr	451.67	1.42	2.09
Plantain(ripe)	1Kg	134.56	-47.99	-7.86
Plantain(unripe)	1Kg	123.59	-42.74	-8.44
Vegetable oil:1 bottle,specify bottle	1Ltr	555.51	-5.67	1.94
Wheat flour: prepacked (golden penny 2kg)	2Kg	716.36	2.03	-2.59


# Selected Food Price Watch - January 2019

## Delta State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N303.03</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N400.21</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N305.81</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N290.71</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N210.95</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N498.11</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1408.12</b>





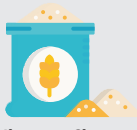
Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N344.04</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N178.49</b>



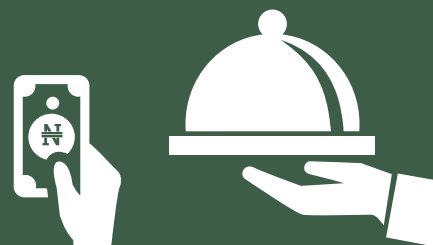
Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N683.57</b>



# Selected Food Price Watch - January 2019


## Delta State






ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	507.33	10.44	-0.41
Agric eggs(medium size price of one)	1 Piece	45	12.5	-5.56
Beans brown,sold loose	1Kg	400.21	8.26	-0.34
Beans:white black eye. sold loose	1Kg	300.32	-15	-17.36
Beef Bone in	1Kg	1013.27	-10.11	1.16
Beef,boneless	1Kg	1408.12	-0.21	-0.13
Bread sliced 500g	1 loaf	290.71	-11.4	-3.1
Bread unsliced 500g	1 loaf	266.43	-9.17	-3.87
Broken Rice (Ofada)	1Kg	332	-22.55	-0.23
Chicken Feet	1Kg	910.53	1.17	-1.04
Chicken Wings	1Kg	1121.43	6.8	-1.12
Evaporated tinned milk carnation 170g	1 unit	150	-14.93	3.03
Evaporated tinned milk(peak), 170g	1 unit	188.67	-10.16	-0.39
Frozen chicken	1 unit	1700	4.62	5.02
Gari white,sold loose	1Kg	178.49	-31.37	-5.9
Gari yellow,sold loose	1Kg	210.04	-21.82	-4.86
Mudfish (aro) fresh	1Kg	1129.95	-12.31	-3.11
Mudfish : dried	1Kg	2048.15	15.21	3.63
Onion bulb	1Kg	344.04	40.7	5.59
Rice agric sold loose	1Kg	394.29	2.64	0.47
Rice local sold loose	1Kg	305.81	12.51	-3.28
Rice Medium Grained	1Kg	369.38	5.43	-1.24
Rice,imported high quality sold loose	1Kg	414.21	4.32	-3.48
Tomato	1Kg	303.03	-15.65	-13.94
Yam tuber	1Kg	210.95	24.45	10.7
Dried Fish Sardine	1Kg	1301.05	-6.02	3.29
Iced Sardine	1Kg	900.9	10.57	3.59
Irish potato	1Kg	388.33	18.22	3.99
Sweet potato	1Kg	143.69	17.14	0.8
Tilapia fish (epiya) fresh	1Kg	1169.87	18.29	3.52
Titus:frozen	1Kg	1003.45	-7.04	1.4
Catfish (obokun) fresh	1Kg	1185.21	28.3	6.35
Catfish :dried	1Kg	1982.78	-10.28	0.31
Catfish Smoked	1Kg	1538.89	-8.99	-0.76
Mackerel : frozen	1Kg	967.68	-11.71	0.18
Groundnut oil: 1 bottle, specify bottle	1Ltr	702.22	38.29	2.76
Maize grain white sold loose	1Kg	213.57	-4.53	5.74
Maize grain yellow sold loose	1Kg	220.17	-2.39	6.01
Palm oil: 1 bottle,specify bottle	1Ltr	498.11	0.97	-0.92
Plantain(ripe)	1Kg	197.26	-16.72	2.25
Plantain(unripe)	1Kg	185.66	-21.06	-7.25
Vegetable oil:1 bottle,specify bottle	1Ltr	528.57	-4.86	0.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	683.57	-0.93	-0.49



# Selected Food Price Watch - January 2019


## Ebonyi State






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N254.31</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N542.24</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N262.81</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N350.00</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N211.54</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N446.15</b>





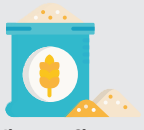
	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1491.43</b>





	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N214.68</b>



	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N183.52</b>



	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N670.67</b>

# Selected Food Price Watch - January 2019

## Ebonyi State









ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	505.54	15.77	0.65
Agric eggs(medium size price of one)	1 Piece	49	28.33	0.88
Beans brown,sold loose	1Kg	542.24	0.08	2.8
Beans:white black eye. sold loose	1Kg	500.86	9.83	3.99
Beef Bone in	1Kg	999.15	-13.12	-1.18
Beef,boneless	1Kg	1491.43	-0.57	-1.78
Bread sliced 500g	1 loaf	350	-4.11	6.94
Bread unsliced 500g	1 loaf	263.64	-13.56	1.75
Broken Rice (Ofada)	1Kg	370.03	-9.75	1.99
Chicken Feet	1Kg	718.53	-15.96	0.41
Chicken Wings	1Kg	955.19	3.45	0.44
Evaporated tinned milk carnation 170g	1 unit	182.66667	17.85	1.48
Evaporated tinned milk(peak), 170g	1 unit	190	-5.43	2.24
Frozen chicken	1 unit	1575	21.15	1.61
Gari white,sold loose	1Kg	183.52	-35.03	-1.06
Gari yellow,sold loose	1Kg	226.79	-21.36	-11.82
Mudfish (aro) fresh	1Kg	905.2	6.49	-1.14
Mudfish : dried	1Kg	2158.44	-5.91	-5.01
Onion bulb	1Kg	214.68	-26.6	-14.81
Rice agric sold loose	1Kg	345	-9.92	1.47
Rice local sold loose	1Kg	262.81	-19.91	2.21
Rice Medium Grained	1Kg	330.59	6.97	1.19
Rice,imported high quality sold loose	1Kg	416	0	4
Tomato	1Kg	254.31	-24.17	0.98
Yam tuber	1Kg	211.54	-28.98	2.18
Dried Fish Sardine	1Kg	1305.25	-3.67	0.4
Iced Sardine	1Kg	980	20.13	-10.17
Irish potato	1Kg	300	76.47	-18.18
Sweet potato	1Kg	128.13	8.18	-6.83
Tilapia fish (epiya) fresh	1Kg	1100.39	25.55	-0.44
Titus:frozen	1Kg	966.96	30.73	-0.25
Catfish (obokun) fresh	1Kg	1265	29.08	4.08
Catfish :dried	1Kg	2300	15.23	4.07
Catfish Smoked	1Kg	1700.02	-15	1.54
Mackerel : frozen	1Kg	903.83	-16.7	-9.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	754.76	50.95	-5.65
Maize grain white sold loose	1Kg	254.7	0.17	8.42
Maize grain yellow sold loose	1Kg	266.67	1.3	14.71
Palm oil: 1 bottle,specify bottle	1Ltr	446.15	-3.01	-0.96
Plantain(ripe)	1Kg	174.43	-35.88	0.84
Plantain(unripe)	1Kg	194.23	-39.68	-11.71
Vegetable oil:1 bottle,specify bottle	1Ltr	500	1.35	3.96
Wheat flour: prepacked (golden penny 2kg)	2Kg	670.67	-9.06	1.4




# Selected Food Price Watch - January 2019




## Edo State









		
Tomato	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N374.30</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N385.16</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N330.71</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1 loaf</b>	<b>N314.29</b>




		
Yam Tuber	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N271.49</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1Ltr</b>	<b>N525.56</b>

		
Beef, boneless	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N1470.74</b>

		
Onion bulb	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N319.56</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT	JANUARY 2019
	<b>1KG</b>	<b>N198.14</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	JANUARY 2019
	<b>2KG</b>	<b>N708.57</b>

# Selected Food Price Watch - January 2019

## Edo State









ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	515.71	8.32	4.4
Agric eggs(medium size price of one)	1 Piece	44.52	11.31	-5.94
Beans brown,sold loose	1Kg	385.16	7.95	-5.32
Beans:white black eye. sold loose	1Kg	332.1	9.11	-3.96
Beef Bone in	1Kg	949.32	-18.36	-5.98
Beef,boneless	1Kg	1470.74	10.39	4.49
Bread sliced 500g	1 loaf	314.29	-0.75	-0.12
Bread unsliced 500g	1 loaf	246.15	-2	-7.69
Broken Rice (Ofada)	1Kg	340	-32.09	-5.56
Chicken Feet	1Kg	959.09	25.49	-2.63
Chicken Wings	1Kg	1257.69	-0.47	0.62
Evaporated tinned milk carnation 170g	1 unit	143.33333	-18.1	1.27
Evaporated tinned milk(peak), 170g	1 unit	190	-2.42	-1.38
Frozen chicken	1 unit	1313.33	-7.08	-1.94
Gari white,sold loose	1Kg	198.14	-31.41	-2.67
Gari yellow,sold loose	1Kg	190.22	-23.91	-5.4
Mudfish (aro) fresh	1Kg	1139.9	-11.03	0.52
Mudfish : dried	1Kg	1659.41	-24.52	3.82
Onion bulb	1Kg	319.56	44.02	-14.05
Rice agric sold loose	1Kg	371.82	18.31	-2.72
Rice local sold loose	1Kg	330.71	13.69	-4.57
Rice Medium Grained	1Kg	356.15	13.6	-2.39
Rice,imported high quality sold loose	1Kg	402.86	6.02	-2.2
Tomato	1Kg	374.3	22.69	-6.64
Yam tuber	1Kg	271.49	9.3	6.06
Dried Fish Sardine	1Kg	1238.02	-1.08	-6.56
Iced Sardine	1Kg	927.57	15.21	-7.6
Irish potato	1Kg	375.91	117.22	-1.1
Sweet potato	1Kg	125.58	10.85	-8.21
Tilapia fish (epiya) fresh	1Kg	1172.69	26.99	-3.04
Titus:frozen	1Kg	912.76	1.03	-2.33
Catfish (obokun) fresh	1Kg	991.72	-16.9	-2.88
Catfish :dried	1Kg	2439.37	9.82	5.29
Catfish Smoked	1Kg	1496.81	-22.46	-1.14
Mackerel : frozen	1Kg	1005.2	13.56	7.12
Groundnut oil: 1 bottle, specify bottle	1Ltr	698.24	54.02	-0.72
Maize grain white sold loose	1Kg	227.26	-5.86	-5.18
Maize grain yellow sold loose	1Kg	234.41	-4.66	-3.42
Palm oil: 1 bottle,specify bottle	1Ltr	525.56	2.16	-1.46
Plantain(ripe)	1Kg	160.91	-20.02	4.02
Plantain(unripe)	1Kg	149.8	-24	-0.66
Vegetable oil:1 bottle,specify bottle	1Ltr	528.21	-7.74	-1.84
Wheat flour: prepacked (golden penny 2kg)	2Kg	708.57	-2.46	-2.27




# Selected Food Price Watch - January 2019




## Ekiti State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N270.27</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N424.06</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N334.94</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2019 <b>N252.08</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N213.48</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2019 <b>N411.11</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N1423.04</b>

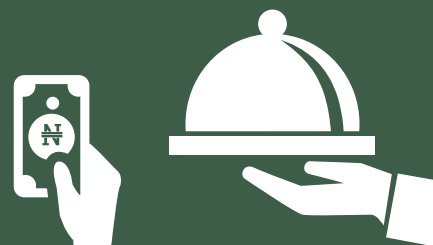
		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N249.45</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N143.14</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2019 <b>N642.55</b>

# Selected Food Price Watch - January 2019


## Ekiti State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	462.78	-0.98	5.71
Agric eggs(medium size price of one)	1 Piece	40	0	-5.56
Beans brown,sold loose	1Kg	424.06	-2.56	3.99
Beans:white black eye. sold loose	1Kg	305.93	-12.79	9.67
Beef Bone in	1Kg	985.11	2.8	-2.8
Beef,boneless	1Kg	1423.04	-1.37	1.78
Bread sliced 500g	1 loaf	252.08	0.83	-1.25
Bread unsliced 500g	1 loaf	253.9	-5.96	0.44
Broken Rice (Ofada)	1Kg	464.91	1.09	-0.23
Chicken Feet	1Kg	919.69	2.76	-1.11
Chicken Wings	1Kg	1270.53	-2.27	15.26
Evaporated tinned milk carnation 170g	1 unit	197.62	-0.19	10.87
Evaporated tinned milk(peak), 170g	1 unit	198.74	-9.66	2.21
Frozen chicken	1 unit	1433.55	6.19	-4.43
Gari white,sold loose	1Kg	143.14	19.28	19.13
Gari yellow,sold loose	1Kg	181.11	-8.62	4.53
Mudfish (aro) fresh	1Kg	901.67	2.37	3.69
Mudfish : dried	1Kg	2315.25	-29.59	3.03
Onion bulb	1Kg	249.45	-16.85	4.39
Rice agric sold loose	1Kg	247.07	-1.57	2.79
Rice local sold loose	1Kg	334.94	36.71	-1.79
Rice Medium Grained	1Kg	322.06	7.35	-2.41
Rice,imported high quality sold loose	1Kg	389.55	24.76	-3.1
Tomato	1Kg	270.27	10.54	12.46
Yam tuber	1Kg	213.48	6.74	-18.82
Dried Fish Sardine	1Kg	1717.04	-3.25	4.06
Iced Sardine	1Kg	837.81	-0.75	3.39
Irish potato	1Kg	234.78	17.09	8.84
Sweet potato	1Kg	109.48	9.48	25.82
Tilapia fish (epiya) fresh	1Kg	903.87	-11.23	0.84
Titus:frozen	1Kg	927.16	-11.32	2.93
Catfish (obokun) fresh	1Kg	843.48	-0.8	3.88
Catfish :dried	1Kg	2007.92	-1.31	2.97
Catfish Smoked	1Kg	1952.29	-2.3	2.75
Mackerel : frozen	1Kg	723.93	-5.23	-4.88
Groundnut oil: 1 bottle, specify bottle	1Ltr	557.39	1.32	-1.64
Maize grain white sold loose	1Kg	168.97	-15.58	-4.28
Maize grain yellow sold loose	1Kg	163.33	-32.1	-7.14
Palm oil: 1 bottle,specify bottle	1Ltr	411.11	-5.93	-3.48
Plantain(ripe)	1Kg	227.59	-8.22	6.97
Plantain(unripe)	1Kg	211.48	-7.09	5.15
Vegetable oil:1 bottle,specify bottle	1Ltr	466.67	-22.22	-2.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	642.55	1.46	2.54


# Selected Food Price Watch - January 2019

## Enugu State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N301.01</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N513.59</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N280.51</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N326.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N165.89</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N468.00</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1439.99</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N306.12</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N160.45</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N701.88</b>



# Selected Food Price Watch - January 2019


## Enugu State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	523.51	20.61	2
Agric eggs(medium size price of one)	1 Piece	47	18.22	0.71
Beans brown,sold loose	1Kg	513.59	6.31	0.64
Beans:white black eye. sold loose	1Kg	463.74	3.29	-1.91
Beef Bone in	1Kg	961.25	-4.95	5.73
Beef,boneless	1Kg	1439.99	3.68	1.06
Bread sliced 500g	1 loaf	326	14.59	1.78
Bread unsliced 500g	1 loaf	279.33	6.81	0.96
Broken Rice (Ofada)	1Kg	406.15	-32.31	0.07
Chicken Feet	1Kg	700.14	0.02	0.02
Chicken Wings	1Kg	1075	16.85	5.91
Evaporated tinned milk carnation 170g	1 unit	171.52765	2.92	0.87
Evaporated tinned milk(peak), 170g	1 unit	196.43	5.32	0.87
Frozen chicken	1 unit	1780	6.91	0.99
Gari white,sold loose	1Kg	160.45	-29.26	1.86
Gari yellow,sold loose	1Kg	192.68	-29.72	3
Mudfish (aro) fresh	1Kg	1410.53	17.45	0.75
Mudfish : dried	1Kg	2200	-16.1	0.89
Onion bulb	1Kg	306.12	12.66	-12.05
Rice agric sold loose	1Kg	348	-9	3.16
Rice local sold loose	1Kg	280.51	-12.34	1.38
Rice Medium Grained	1Kg	300.64	0.21	0.21
Rice,imported high quality sold loose	1Kg	405.33	-1.48	-0.55
Tomato	1Kg	301.01	36.52	-0.1
Yam tuber	1Kg	165.89	-16.55	-5.16
Dried Fish Sardine	1Kg	1439.72	-11.94	-9.85
Iced Sardine	1Kg	977.06	31.1	1.56
Irish potato	1Kg	411.72	101.7	-1.61
Sweet potato	1Kg	136.8	-3.46	-2.46
Tilapia fish (epiya) fresh	1Kg	820.25	-3.27	2.53
Titus:frozen	1Kg	976.32	13.27	-0.35
Catfish (obokun) fresh	1Kg	1280	50.5	-0.78
Catfish :dried	1Kg	2242.37	-2.62	8.35
Catfish Smoked	1Kg	1708.49	-7.65	-1.56
Mackerel : frozen	1Kg	884.36	-7.42	-1.81
Groundnut oil: 1 bottle, specify bottle	1Ltr	716.67	42.01	-3.53
Maize grain white sold loose	1Kg	208.92	-6.23	-5.44
Maize grain yellow sold loose	1Kg	213.27	-8.11	-3.83
Palm oil: 1 bottle,specify bottle	1Ltr	468	-3.24	3.41
Plantain(ripe)	1Kg	188.29	-13.83	-6.3
Plantain(unripe)	1Kg	175.18	-19.92	2.08
Vegetable oil:1 bottle,specify bottle	1Ltr	527.68	-12.35	-2.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	701.88	3.56	1.05


# Selected Food Price Watch - January 2019

## Gombe State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N185.61</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N300.82</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N228.25</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N252.27</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N141.54</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N481.27</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1122.22</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N198.50</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N165.39</b>

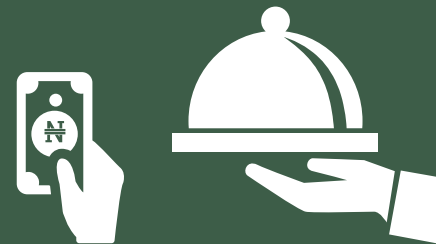


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N712.94</b>

# Selected Food Price Watch - January 2019

## Gombe State









ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	412.27	7.08	1.34
Agric eggs (medium size price of one)	1 Piece	37.58	8.94	5.33
Beans brown, sold loose	1Kg	300.82	0.66	-6.38
Beans: white black eye. sold loose	1Kg	265.65	-7.24	-7.25
Beef Bone in	1Kg	914.9	1.66	-3.54
Beef, boneless	1Kg	1122.22	-0.98	-1.62
Bread sliced 500g	1 loaf	252.27	-6.13	0
Bread unsliced 500g	1 loaf	218.1	-9.96	-12.09
Broken Rice (Ofada)	1Kg	362.69	19.4	-6.2
Chicken Feet	1Kg	400.74	-16.87	0.19
Chicken Wings	1Kg	734.85	0.45	-1.14
Evaporated tinned milk carnation 170g	1 unit	168	2.6	-1.18
Evaporated tinned milk (peak), 170g	1 unit	180.5	-6.23	-3.22
Frozen chicken	1 unit	1650	8.1	1.64
Gari white, sold loose	1Kg	165.39	-31.58	-8.89
Gari yellow, sold loose	1Kg	216.9	-20.55	-8.5
Mudfish (aro) fresh	1Kg	835.43	-3.64	-3.12
Mudfish : dried	1Kg	1760.75	-21.34	-2.2
Onion bulb	1Kg	198.5	5.94	-16.56
Rice agric sold loose	1Kg	241.7	-7.92	-6.25
Rice local sold loose	1Kg	228.25	1.03	-4.17
Rice Medium Grained	1Kg	214.16	-17.31	-11.57
Rice, imported high quality sold loose	1Kg	315.63	-2.51	-5.39
Tomato	1Kg	185.61	-30.1	-15.84
Yam tuber	1Kg	141.54	-41.39	-5.46
Dried Fish Sardine	1Kg	1429.57	-1.41	-2.65
Iced Sardine	1Kg	900	0	3.45
Irish potato	1Kg	302.39	49.02	-22.09
Sweet potato	1Kg	155.53	62.21	-5.75
Tilapia fish (epiya) fresh	1Kg	766.67	-1.29	-9.8
Titus: frozen	1Kg	837.69	-4.26	-2.21
Catfish (obokun) fresh	1Kg	940.56	-0.99	-4.59
Catfish : dried	1Kg	1686.67	-3.62	-4.33
Catfish Smoked	1Kg	1510.43	-8.46	-3.07
Mackerel : frozen	1Kg	927.5	-4.05	-2.47
Groundnut oil: 1 bottle, specify bottle	1Ltr	600.75	9.09	-5.14
Maize grain white sold loose	1Kg	90.68	-46.87	-17.43
Maize grain yellow sold loose	1Kg	89.28	-45.3	-19.43
Palm oil: 1 bottle, specify bottle	1Ltr	481.27	-2.05	1.61
Plantain (ripe)	1Kg	280	13.51	-4.8
Plantain (unripe)	1Kg	200.16	-11.88	-7.14
Vegetable oil: 1 bottle, specify bottle	1Ltr	519.22	-1	-2.95
Wheat flour: prepacked (golden penny 2kg)	2Kg	712.94	9.68	0.96




# Selected Food Price Watch - January 2019




## Imo State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N232.05</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N452.27</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N315.34</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2019 <b>N320.59</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N135.07</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2019 <b>N441.27</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N1406.37</b>

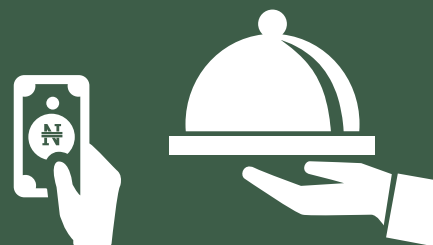
		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N310.43</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N145.31</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2019 <b>N721.11</b>

# Selected Food Price Watch - January 2019


## Imo State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	506.5	9.88	2.67
Agric eggs(medium size price of one)	1 Piece	50	25	1.01
Beans brown,sold loose	1Kg	452.27	7.57	1.98
Beans:white black eye. sold loose	1Kg	415	1.01	-1.53
Beef Bone in	1Kg	945.88	-16.17	-3.21
Beef,boneless	1Kg	1406.37	-0.05	1.81
Bread sliced 500g	1 loaf	320.59	3.89	6.86
Bread unsliced 500g	1 loaf	275	4.5	11.86
Broken Rice (Ofada)	1Kg	315.97	3.6	0.08
Chicken Feet	1Kg	630	-34.38	-0.53
Chicken Wings	1Kg	910.64	-8.94	1.18
Evaporated tinned milk carnation 170g	1 unit	199.52188	10.85	-0.24
Evaporated tinned milk(peak), 170g	1 unit	191.9	-4.48	-1.08
Frozen chicken	1 unit	1500	-0.74	1.12
Gari white,sold loose	1Kg	145.31	-33.47	-0.99
Gari yellow,sold loose	1Kg	150	-40.2	-5.47
Mudfish (aro) fresh	1Kg	1305.74	2.2	-1.72
Mudfish : dried	1Kg	2631.58	1.36	-4.72
Onion bulb	1Kg	310.43	-9.27	-21.66
Rice agric sold loose	1Kg	400	-2.17	-2.7
Rice local sold loose	1Kg	315.34	-4.97	-11.31
Rice Medium Grained	1Kg	409.52	9.43	-5.13
Rice,imported high quality sold loose	1Kg	449.21	-1.17	1.07
Tomato	1Kg	232.05	-28.75	-18.7
Yam tuber	1Kg	135.07	-12.62	-11.63
Dried Fish Sardine	1Kg	1454.37	-22.09	-0.99
Iced Sardine	1Kg	984.21	1.81	-6.02
Irish potato	1Kg	414.29	77.55	-0.4
Sweet potato	1Kg	103.69	-34.4	-30.41
Tilapia fish (epiya) fresh	1Kg	1138.37	21.97	-1.06
Titus:frozen	1Kg	912	0.41	0.49
Catfish (obokun) fresh	1Kg	1261.87	26.19	-1.67
Catfish :dried	1Kg	2306.62	1.24	-16.01
Catfish Smoked	1Kg	1501.74	-23.52	0.06
Mackerel : frozen	1Kg	868.39	-7.81	6.81
Groundnut oil: 1 bottle, specify bottle	1Ltr	600.44	21.22	0.07
Maize grain white sold loose	1Kg	247.62	56.89	0.11
Maize grain yellow sold loose	1Kg	250	63.25	-0.42
Palm oil: 1 bottle,specify bottle	1Ltr	441.27	-16.79	-5.17
Plantain(ripe)	1Kg	206.02	2.56	-13.42
Plantain(unripe)	1Kg	198.5	-23.87	-16.72
Vegetable oil:1 bottle,specify bottle	1Ltr	515.79	-6.37	1.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	721.11	6.57	2.48


# Selected Food Price Watch - January 2019

## Jigawa State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N205.96</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N350.00</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N310.58</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N223.33</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N218.84</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N443.81</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1158.18</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N213.65</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N177.87</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N749.30</b>

# Selected Food Price Watch - January 2019


## Jigawa State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	460	12.16	8.13
Agric eggs(medium size price of one)	1 Piece	40.92	9.54	8.55
Beans brown,sold loose	1Kg	350	5.38	0
Beans:white black eye. sold loose	1Kg	384.59	44.76	0
Beef Bone in	1Kg	996.77	6.77	-3.84
Beef,boneless	1Kg	1158.18	-9.71	-1.16
Bread sliced 500g	1 loaf	223.33	-27.44	0
Bread unsliced 500g	1 loaf	220	-22.84	0
Broken Rice (Ofada)	1Kg	295.75	17.53	2
Chicken Feet	1Kg	600	6.67	0
Chicken Wings	1Kg	600	-12.2	0
Evaporated tinned milk carnation 170g	1 unit	167.5	-1.88	6.35
Evaporated tinned milk(peak), 170g	1 unit	162.86	-11.26	-0.55
Frozen chicken	1 unit	1500	36.36	0
Gari white,sold loose	1Kg	177.87	-10.68	0
Gari yellow,sold loose	1Kg	211.73	-11.41	0
Mudfish (aro) fresh	1Kg	1076.92	5.93	0
Mudfish : dried	1Kg	1272.35	-3.3	-1.83
Onion bulb	1Kg	213.65	40	72.79
Rice agric sold loose	1Kg	252.32	5.65	17.75
Rice local sold loose	1Kg	310.58	41.61	16.1
Rice Medium Grained	1Kg	263.55	-18.69	5
Rice,imported high quality sold loose	1Kg	320.46	-9.46	-13.39
Tomato	1Kg	205.96	9.06	17.24
Yam tuber	1Kg	218.84	38.27	13.45
Dried Fish Sardine	1Kg	1666.67	23.46	6.38
Iced Sardine	1Kg	912.35	28.97	0.14
Irish potato	1Kg	212.82	6.64	-2.96
Sweet potato	1Kg	98.31	29.45	-8.75
Tilapia fish (epiya) fresh	1Kg	816.67	9.04	0.84
Titus:frozen	1Kg	700	-19.75	-6.67
Catfish (obokun) fresh	1Kg	960.93	6.12	-3.55
Catfish :dried	1Kg	1640.56	-8.41	2.54
Catfish Smoked	1Kg	1492.35	-6.73	6.6
Mackerel : frozen	1Kg	884.09	-2.67	2.55
Groundnut oil: 1 bottle, specify bottle	1Ltr	434.87	-9.09	-4.07
Maize grain white sold loose	1Kg	116.86	-38.56	13.51
Maize grain yellow sold loose	1Kg	89.94	-54.51	-13.11
Palm oil: 1 bottle,specify bottle	1Ltr	443.81	-5.85	4.41
Plantain(ripe)	1Kg	304.04	1.35	14.73
Plantain(unripe)	1Kg	239.28	-14.54	-6.16
Vegetable oil:1 bottle,specify bottle	1Ltr	430.3	-10.46	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	749.3	36.24	2.5


# Selected Food Price Watch - January 2019

## Kaduna State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N307.25</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N326.85</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N251.14</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N280.67</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N218.52</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N518.46</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1082.07</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N280.60</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N147.01</b>



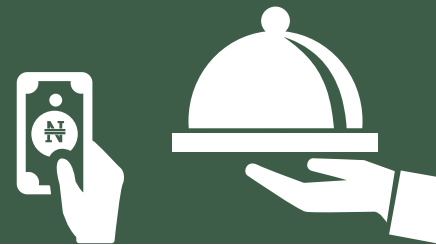
Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N650.00</b>



# Selected Food Price Watch - January 2019


## Kaduna State






Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	436.33	3.89	7.12
Agric eggs (medium size price of one)	1 Piece	38	2.54	2.18
Beans brown, sold loose	1Kg	326.85	2.52	0
Beans: white black eye. sold loose	1Kg	247.28	-14.23	0
Beef Bone in	1Kg	1027.88	-6.25	-7.84
Beef, boneless	1Kg	1082.07	-14.58	-7.55
Bread sliced 500g	1 loaf	280.67	-6.44	0
Bread unsliced 500g	1 loaf	248.33	-2.85	0
Broken Rice (Ofada)	1Kg	269.82	0.07	0
Chicken Feet	1Kg	700	-15.66	-6.04
Chicken Wings	1Kg	800	2.56	-0.15
Evaporated tinned milk carnation 170g	1 unit	144	-15.29	0
Evaporated tinned milk (peak), 170g	1 unit	178.93	-7.82	0
Frozen chicken	1 unit	1517.78	-1.01	-2.71
Gari white, sold loose	1Kg	147.01	-27.68	0
Gari yellow, sold loose	1Kg	179.2	-31	0
Mudfish (aro) fresh	1Kg	1042.86	11.02	16.8
Mudfish : dried	1Kg	1116.67	-36.5	-5.48
Onion bulb	1Kg	280.6	69.84	20.76
Rice agric sold loose	1Kg	288.69	-8.07	0
Rice local sold loose	1Kg	251.14	0.52	-1.03
Rice Medium Grained	1Kg	294.88	1.17	0
Rice, imported high quality sold loose	1Kg	312.76	-2.81	-0.39
Tomato	1Kg	307.25	45.52	6.72
Yam tuber	1Kg	218.52	5.92	4.9
Dried Fish Sardine	1Kg	1310	0.77	-0.76
Iced Sardine	1Kg	900	12.5	0
Irish potato	1Kg	248.52	1.93	0
Sweet potato	1Kg	113.68	52.29	9.64
Tilapia fish (epiya) fresh	1Kg	778.13	-1.39	9.16
Titus: frozen	1Kg	992.86	-10.32	6.42
Catfish (obokun) fresh	1Kg	1035.27	-20.36	2.99
Catfish :dried	1Kg	1393.95	3.26	-3.53
Catfish Smoked	1Kg	1593	6.2	-0.44
Mackerel : frozen	1Kg	820.28	-7.55	-9.04
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	-0.07	1.78
Maize grain white sold loose	1Kg	123.73	3.11	3.62
Maize grain yellow sold loose	1Kg	114.92	-27.37	-17.28
Palm oil: 1 bottle, specify bottle	1Ltr	518.46	-2.92	4.89
Plantain (ripe)	1Kg	340.21	-19.81	5.92
Plantain (unripe)	1Kg	256.41	2.56	24.22
Vegetable oil: 1 bottle, specify bottle	1Ltr	537.27	3.82	6.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	11.43	1.88



# Selected Food Price Watch - January 2019


## Kano State






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N127.07</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N290.71</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N228.85</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N242.22</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N153.26</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N467.62</b>






	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1168.99</b>





	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N286.02</b>



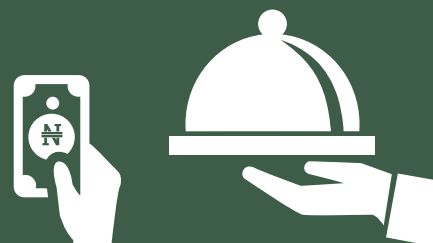
	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N152.10</b>



	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N650.00</b>

# Selected Food Price Watch - January 2019


## Kano State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	440	5.68	4.58
Agric eggs(medium size price of one)	1 Piece	38	5.56	2.7
Beans brown,sold loose	1Kg	290.71	-11.73	0
Beans:white black eye. sold loose	1Kg	225.01	-17.1	0
Beef Bone in	1Kg	913.48	-8.06	-3.05
Beef,boneless	1Kg	1168.99	-3.77	14.6
Bread sliced 500g	1 loaf	242.22	-10.76	0
Bread unsliced 500g	1 loaf	230.71	-7.71	0
Broken Rice (Ofada)	1Kg	433.71	33.1	0
Chicken Feet	1Kg	809.93	-5.23	1.29
Chicken Wings	1Kg	908.14	-7.89	1.47
Evaporated tinned milk carnation 170g	1 unit	154	-0.65	0
Evaporated tinned milk(peak), 170g	1 unit	186.67	-0.18	0
Frozen chicken	1 unit	1250	-3.85	1.35
Gari white,sold loose	1Kg	152.1	-49.95	-3.93
Gari yellow,sold loose	1Kg	215.2	-33.31	4.99
Mudfish (aro) fresh	1Kg	1076.92	15.57	19.66
Mudfish : dried	1Kg	1722.12	-5.95	0.58
Onion bulb	1Kg	286.02	14.36	0
Rice agric sold loose	1Kg	246.37	-36.6	0
Rice local sold loose	1Kg	228.85	-5.19	0
Rice Medium Grained	1Kg	232.48	-6.14	0
Rice,imported high quality sold loose	1Kg	336.18	7.08	0
Tomato	1Kg	127.07	-25.55	18.68
Yam tuber	1Kg	153.26	-31.31	32.44
Dried Fish Sardine	1Kg	1200	-4	-7.69
Iced Sardine	1Kg	905	0.56	1.42
Irish potato	1Kg	236.02	-5.74	0
Sweet potato	1Kg	117.6	31.18	6.33
Tilapia fish (epiya) fresh	1Kg	708.9	-1.52	0
Titus:frozen	1Kg	758.86	-11.99	2.71
Catfish (obokun) fresh	1Kg	800	-8.57	0
Catfish :dried	1Kg	1434.52	-23.49	2.38
Catfish Smoked	1Kg	1469.13	-1.31	3.39
Mackerel : frozen	1Kg	907.82	11.55	3.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	565.33	-2.83	0
Maize grain white sold loose	1Kg	97.97	-47.02	-9.39
Maize grain yellow sold loose	1Kg	109	-42.58	-8.4
Palm oil: 1 bottle,specify bottle	1Ltr	467.62	-6.59	0
Plantain(ripe)	1Kg	223.65	1.66	11.83
Plantain(unripe)	1Kg	223.79	-10.48	11.34
Vegetable oil:1 bottle,specify bottle	1Ltr	478.33	-6.04	2.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	8.33	-0.84


# Selected Food Price Watch - January 2019

## Katsina State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N140.56</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N278.70</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N240.74</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N229.17</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N237.69</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N455.24</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1114.29</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N226.67</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N151.42</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N666.67</b>

# Selected Food Price Watch - January 2019

## Katsina State









Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	428.75	1.32	0.73
Agric eggs(medium size price of one)	1 Piece	38.71	6.8	7.33
Beans brown,sold loose	1Kg	278.7	11.42	0
Beans:white black eye. sold loose	1Kg	318.83	19.54	-1.48
Beef Bone in	1Kg	984.64	5.58	9.4
Beef,boneless	1Kg	1114.29	-3.19	2.63
Bread sliced 500g	1 loaf	229.17	-16.67	0
Bread unsliced 500g	1 loaf	245.71	13.2	2.38
Broken Rice (Ofada)	1Kg	350	-7.08	-7.65
Chicken Feet	1Kg	450	-25	2.86
Chicken Wings	1Kg	950	12.2	0
Evaporated tinned milk carnation 170g	1 unit	143.33	-14.68	0
Evaporated tinned milk(peak), 170g	1 unit	181.33	-3.2	-3.55
Frozen chicken	1 unit	1575	28.57	5
Gari white,sold loose	1Kg	151.42	-37.01	0
Gari yellow,sold loose	1Kg	173.13	-32.53	9.98
Mudfish (aro) fresh	1Kg	977.78	-22.76	-3.04
Mudfish : dried	1Kg	1218.52	-42.33	0.98
Onion bulb	1Kg	226.67	8.01	3.03
Rice agric sold loose	1Kg	218.15	-14.35	0
Rice local sold loose	1Kg	240.74	4.85	0
Rice Medium Grained	1Kg	246.46	-18.39	0
Rice,imported high quality sold loose	1Kg	264.91	-13.77	0
Tomato	1Kg	140.56	-48.72	21.05
Yam tuber	1Kg	237.69	-19.7	30.62
Dried Fish Sardine	1Kg	800	-36	0
Iced Sardine	1Kg	953.03	3.3	-7.56
Irish potato	1Kg	217.84	-0.63	-0.71
Sweet potato	1Kg	138.9	7.27	16.82
Tilapia fish (epiya) fresh	1Kg	856.41	-11.02	6.2
Titus:frozen	1Kg	841.67	-12.93	0
Catfish (obokun) fresh	1Kg	922.22	14.15	1.63
Catfish :dried	1Kg	1154.76	-16.43	1.89
Catfish Smoked	1Kg	1600	9.8	0
Mackerel : frozen	1Kg	825	-3.87	-1.55
Groundnut oil: 1 bottle, specify bottle	1Ltr	534.44	-3.06	0
Maize grain white sold loose	1Kg	80.02	-56.69	0
Maize grain yellow sold loose	1Kg	81.98	-57.94	-7.09
Palm oil: 1 bottle,specify bottle	1Ltr	455.24	-13.01	7.05
Plantain(ripe)	1Kg	253.55	-29.13	-5.72
Plantain(unripe)	1Kg	246.03	-25.12	-2.55
Vegetable oil:1 bottle,specify bottle	1Ltr	497.42	-5.88	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.67	8.84	2.56




# Selected Food Price Watch - January 2019




## Kebbi State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N259.75</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N352.22</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N289.15</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2019 <b>N275.00</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N276.94</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2019 <b>N437.41</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N1144.87</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N230.56</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N232.34</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2019 <b>N676.67</b>

# Selected Food Price Watch - January 2019

## Kebbi State









Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	475	5.43	0.28
Agric eggs (medium size price of one)	1 Piece	40.67	2.89	-3.94
Beans brown, sold loose	1Kg	352.22	-0.53	0
Beans: white black eye. sold loose	1Kg	269.83	-10.26	0
Beef Bone in	1Kg	959.92	-16.97	-5.99
Beef, boneless	1Kg	1144.87	-15.07	2.06
Bread sliced 500g	1 loaf	275	-19.51	0
Bread unsliced 500g	1 loaf	244.17	-20.6	0
Broken Rice (Ofada)	1Kg	217.99	-25.77	0
Chicken Feet	1Kg	500	13.97	0
Chicken Wings	1Kg	600	1.89	20
Evaporated tinned milk carnation 170g	1 unit	176.67	1.92	0
Evaporated tinned milk (peak), 170g	1 unit	162.11	-11.29	-11.24
Frozen chicken	1 unit	1200	-11.55	0
Gari white, sold loose	1Kg	232.34	-0.99	14.83
Gari yellow, sold loose	1Kg	226.21	-25.81	8.87
Mudfish (aro) fresh	1Kg	934.53	-25.73	-5.59
Mudfish : dried	1Kg	1652.56	-18.47	3.13
Onion bulb	1Kg	230.56	10.06	13.26
Rice agric sold loose	1Kg	217.81	0.94	-4.39
Rice local sold loose	1Kg	289.15	49.54	0
Rice Medium Grained	1Kg	269.83	29.87	-6.74
Rice, imported high quality sold loose	1Kg	299.68	-1.91	0
Tomato	1Kg	259.75	-2.11	13.15
Yam tuber	1Kg	276.94	8.58	-1.9
Dried Fish Sardine	1Kg	1200	-4	-5.38
Iced Sardine	1Kg	900	20	11.76
Irish potato	1Kg	222.31	32.42	-0.34
Sweet potato	1Kg	146.84	10.76	16.87
Tilapia fish (epiya) fresh	1Kg	624.16	-5.51	-2.89
Titus: frozen	1Kg	866.67	27.45	7.44
Catfish (obokun) fresh	1Kg	1150	12.75	14.82
Catfish :dried	1Kg	1539.29	2.09	-1.26
Catfish Smoked	1Kg	1514.29	9.73	0.82
Mackerel : frozen	1Kg	969.33	-3.07	2.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	440	-8.06	0
Maize grain white sold loose	1Kg	105.02	-18.16	0
Maize grain yellow sold loose	1Kg	100.49	-24.5	0
Palm oil: 1 bottle, specify bottle	1Ltr	437.41	-10.57	4.79
Plantain (ripe)	1Kg	263.54	-35.76	24.58
Plantain (unripe)	1Kg	255.71	-22.84	11.87
Vegetable oil: 1 bottle, specify bottle	1Ltr	436.36	-3.51	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	676.67	17.68	1.5




# Selected Food Price Watch - January 2019




## Kogi State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N295.24</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N461.01</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N303.97</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2019 <b>N344.44</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N173.73</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2019 <b>N445.17</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N1207.50</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N228.63</b>

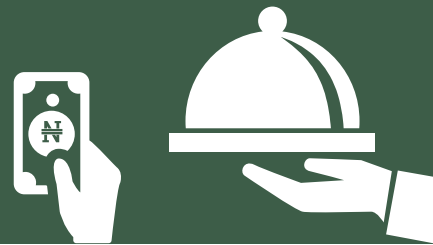
		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N255.95</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2019 <b>N520.00</b>



# Selected Food Price Watch - January 2019


## Kogi State





Item Labels	Unit of Measurement	19- Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	503.75	20.4	0.67
Agric eggs(medium size price of one)	1 Piece	45	12.5	-0.52
Beans brown,sold loose	1Kg	461.01	6.06	2.49
Beans:white black eye. sold loose	1Kg	326.61	-8.25	2.21
Beef Bone in	1Kg	1200	4.35	2.86
Beef,boneless	1Kg	1207.5	-7.12	-1.55
Bread sliced 500g	1 loaf	344.44	5.98	7.64
Bread unsliced 500g	1 loaf	300	0	0
Broken Rice (Ofada)	1Kg	378.33	-3.79	-0.44
Chicken Feet	1Kg	1050	10.53	10.29
Chicken Wings	1Kg	1081.48	-1.68	-1.68
Evaporated tinned milk carnation 170g	1 unit	172.68	-7.49	10.22
Evaporated tinned milk(peak), 170g	1 unit	205	5.31	6.03
Frozen chicken	1 unit	2240	12	-10.4
Gari white,sold loose	1Kg	255.95	-30.23	14.03
Gari yellow,sold loose	1Kg	237.97	-23.48	2.87
Mudfish (aro) fresh	1Kg	1103.76	1.37	8.65
Mudfish : dried	1Kg	1612.19	-38.92	-9.87
Onion bulb	1Kg	228.63	-25.4	6.85
Rice agric sold loose	1Kg	506.04	22.29	6.86
Rice local sold loose	1Kg	303.97	-7.54	6.17
Rice Medium Grained	1Kg	265.04	-0.73	-0.03
Rice,imported high quality sold loose	1Kg	458.41	8.79	3.29
Tomato	1Kg	295.24	-9.14	-2.13
Yam tuber	1Kg	173.73	-29.99	-4.86
Dried Fish Sardine	1Kg	1216.08	1.34	-7.92
Iced Sardine	1Kg	1175	38.24	17.49
Irish potato	1Kg	241.67	46.96	-8.78
Sweet potato	1Kg	150.4	30.13	-11.68
Tilapia fish (epiya) fresh	1Kg	941.72	6.11	17.72
Titus:frozen	1Kg	917.75	17.79	3.76
Catfish (obokun) fresh	1Kg	1040	28.85	3.48
Catfish :dried	1Kg	1566.67	-3.32	1.2
Catfish Smoked	1Kg	1286.39	4.16	-2.56
Mackerel : frozen	1Kg	823.44	8.6	-4.07
Groundnut oil: 1 bottle, specify bottle	1Ltr	524.44	4.36	1.51
Maize grain white sold loose	1Kg	154.36	-28.92	-12.78
Maize grain yellow sold loose	1Kg	170.59	-17.94	9.63
Palm oil: 1 bottle,specify bottle	1Ltr	445.17	-12.63	3.72
Plantain(ripe)	1Kg	185.89	-31.41	0.02
Plantain(unripe)	1Kg	233.66	3.82	14.75
Vegetable oil:1 bottle,specify bottle	1Ltr	615.29	-9.52	8.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	520	-17.89	-12.11


# Selected Food Price Watch - January 2019

## Kwara State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N214.13</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N357.43</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N257.26</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N260.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N213.33</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N451.28</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1204.62</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N228.17</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N128.02</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N645.00</b>

# Selected Food Price Watch - January 2019


## Kwara State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	477.5	7.13	9.25
Agric eggs (medium size price of one)	1 Piece	40.75	2.79	1.37
Beans brown, sold loose	1Kg	357.43	-6.58	-5.28
Beans: white black eye. sold loose	1Kg	305.67	-6.17	-10.08
Beef Bone in	1Kg	1170	3.34	-6.65
Beef, boneless	1Kg	1204.62	-9.77	7.78
Bread sliced 500g	1 loaf	260	-19.75	-8.24
Bread unsliced 500g	1 loaf	295.45	-3.66	3.52
Broken Rice (Ofada)	1Kg	501.77	-3.51	0.35
Chicken Feet	1Kg	1122.5	16.93	12.25
Chicken Wings	1Kg	1002.08	-2.24	11.1
Evaporated tinned milk carnation 170g	1 unit	170	-1.45	0
Evaporated tinned milk (peak), 170g	1 unit	199.23	-1.72	0.22
Frozen chicken	1 unit	1300	4	-3.7
Gari white, sold loose	1Kg	128.02	-30.99	13.42
Gari yellow, sold loose	1Kg	169.68	-17.34	4.63
Mudfish (aro) fresh	1Kg	1125	5.14	5.88
Mudfish : dried	1Kg	2004.78	-18.17	5.05
Onion bulb	1Kg	228.17	-16.34	7.78
Rice agric sold loose	1Kg	321.07	-0.52	4.23
Rice local sold loose	1Kg	257.26	12.54	-1.04
Rice Medium Grained	1Kg	361.55	29.79	17.62
Rice, imported high quality sold loose	1Kg	329.93	5.7	4.82
Tomato	1Kg	214.13	-13.93	3.64
Yam tuber	1Kg	213.33	-10.43	4.06
Dried Fish Sardine	1Kg	1421.67	12.24	-1.34
Iced Sardine	1Kg	925	0.54	-10.48
Irish potato	1Kg	220.57	22.54	-11.03
Sweet potato	1Kg	129.92	51.86	11.26
Tilapia fish (epiya) fresh	1Kg	1075	34.38	14.75
Titus: frozen	1Kg	1089.73	40.1	17.17
Catfish (obokun) fresh	1Kg	935.33	3.93	0.21
Catfish : dried	1Kg	1544.78	-88.53	0.21
Catfish Smoked	1Kg	1119.44	2.62	-8.24
Mackerel : frozen	1Kg	908.67	11.06	-9.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	546.67	3.14	0.72
Maize grain white sold loose	1Kg	130.28	-35.41	8.41
Maize grain yellow sold loose	1Kg	150.44	-22.92	22.87
Palm oil: 1 bottle, specify bottle	1Ltr	451.28	-2.9	2.71
Plantain (ripe)	1Kg	200.17	-28.51	11.73
Plantain (unripe)	1Kg	181.01	-31.86	40.53
Vegetable oil: 1 bottle, specify bottle	1Ltr	487.78	-3.55	2.7
Wheat flour: prepacked (golden penny 2kg)	2Kg	645	9.32	-5.15


# Selected Food Price Watch - January 2019

## Lagos State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N466.67</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N467.45</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N335.88</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N308.82</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N234.83</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N444.44</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1312.55</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N233.33</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N136.01</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N611.18</b>

# Selected Food Price Watch - January 2019


## Lagos State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	461.58	15.39	-2.83
Agric eggs(medium size price of one)	1 Piece	40	14.29	-5.33
Beans brown,sold loose	1Kg	467.45	11.95	-0.14
Beans:white black eye. sold loose	1Kg	440	-2.22	-0.81
Beef Bone in	1Kg	1223.81	-19.8	9.06
Beef,boneless	1Kg	1312.55	-5.52	3.83
Bread sliced 500g	1 loaf	308.82	-11.77	0.76
Bread unsliced 500g	1 loaf	257.49	-14.17	8.15
Broken Rice (Ofada)	1Kg	540	-15.84	-7.06
Chicken Feet	1Kg	916.61	-19.71	7.84
Chicken Wings	1Kg	1129.21	-3.05	-2.48
Evaporated tinned milk carnation 170g	1 unit	152.1	-4.94	-1.87
Evaporated tinned milk(peak), 170g	1 unit	220	11.11	9.92
Frozen chicken	1 unit	1283.12	-0.82	0.54
Gari white,sold loose	1Kg	136.01	-32	5
Gari yellow,sold loose	1Kg	196.43	-16.41	5.67
Mudfish (aro) fresh	1Kg	1120	-10.14	8.89
Mudfish : dried	1Kg	2061.65	-5.21	-4.91
Onion bulb	1Kg	233.33	-22.22	-12.33
Rice agric sold loose	1Kg	309.24	-0.24	-1.83
Rice local sold loose	1Kg	335.88	1.78	0.4
Rice Medium Grained	1Kg	335.26	13.51	1.3
Rice,imported high quality sold loose	1Kg	322.58	5.12	-3.47
Tomato	1Kg	466.67	16.67	21.24
Yam tuber	1Kg	234.83	17.41	1.67
Dried Fish Sardine	1Kg	1413.4	-7.01	-8.54
Iced Sardine	1Kg	898.66	1.26	7.84
Irish potato	1Kg	310	-11.43	6.07
Sweet potato	1Kg	217.02	73.61	7.56
Tilapia fish (epiya) fresh	1Kg	1183.65	3.33	11.4
Titus:frozen	1Kg	982.09	-5.41	-0.97
Catfish (obokun) fresh	1Kg	1396.17	-0.32	3.05
Catfish :dried	1Kg	1782.87	-18.71	8.49
Catfish Smoked	1Kg	1560.99	1.75	-8.18
Mackerel : frozen	1Kg	907.16	-6.96	2.12
Groundnut oil: 1 bottle, specify bottle	1Ltr	553.57	10.71	14.53
Maize grain white sold loose	1Kg	228.81	1.69	9.14
Maize grain yellow sold loose	1Kg	233.99	-6.4	16.67
Palm oil: 1 bottle,specify bottle	1Ltr	444.44	-4.76	-13.88
Plantain(ripe)	1Kg	220.92	-3.95	-3.81
Plantain(unripe)	1Kg	195.12	-12.95	-3.01
Vegetable oil:1 bottle,specify bottle	1Ltr	532.4	-3.2	4.17
Wheat flour: prepacked (golden penny 2kg)	2Kg	611.18	-5.79	4.92


# Selected Food Price Watch - January 2019

## Nasarawa State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N398.58</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N346.58</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N284.73</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N333.33</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N305.24</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N504.44</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1200.00</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N242.48</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N175.53</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N625.00</b>

# Selected Food Price Watch - January 2019


## Nasarawa State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	478	6.22	0.24
Agric eggs(medium size price of one)	1 Piece	42	5	1.61
Beans brown,sold loose	1Kg	346.58	2.37	-3.15
Beans:white black eye. sold loose	1Kg	310.27	9.55	-3.08
Beef Bone in	1Kg	1208.57	8.98	3.2
Beef,boneless	1Kg	1200	-7.69	-3.64
Bread sliced 500g	1 loaf	333.33	3.9	9.8
Bread unsliced 500g	1 loaf	300	17.65	3.23
Broken Rice (Ofada)	1Kg	352.33	32.78	7.46
Chicken Feet	1Kg	966.02	17.81	-3.4
Chicken Wings	1Kg	1070.67	-2.95	18.96
Evaporated tinned milk carnation 170g	1 unit	172.22	-4.32	4.37
Evaporated tinned milk(peak), 170g	1 unit	190.67	-3.53	3.41
Frozen chicken	1 unit	1462.82	6.03	-2.48
Gari white,sold loose	1Kg	175.53	-18.69	-4.26
Gari yellow,sold loose	1Kg	193.91	-28.31	-4.26
Mudfish (aro) fresh	1Kg	994.76	-9.71	10.53
Mudfish : dried	1Kg	1409.41	-19.46	-2.73
Onion bulb	1Kg	242.48	-15.88	15.62
Rice agric sold loose	1Kg	283.23	-5.18	2.67
Rice local sold loose	1Kg	284.73	41.57	8.55
Rice Medium Grained	1Kg	329.93	-20.5	4.37
Rice,imported high quality sold loose	1Kg	306.79	-10.08	-5.83
Tomato	1Kg	398.58	89.53	-10.13
Yam tuber	1Kg	305.24	43.25	1.84
Dried Fish Sardine	1Kg	1200.25	-7.67	-2.13
Iced Sardine	1Kg	948.31	7.07	5.37
Irish potato	1Kg	264.17	23.22	3.12
Sweet potato	1Kg	169.34	99.25	4.88
Tilapia fish (epiya) fresh	1Kg	1165.15	10.97	16.18
Titus:frozen	1Kg	1138.6	8.87	4.37
Catfish (obokun) fresh	1Kg	1175	-2.62	0.71
Catfish :dried	1Kg	1805.93	-7.82	-4.84
Catfish Smoked	1Kg	1262.5	5.21	8.65
Mackerel : frozen	1Kg	1025	-10.01	1.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	572.22	13.55	-0.48
Maize grain white sold loose	1Kg	119.39	-37.2	9.25
Maize grain yellow sold loose	1Kg	115.46	-40.75	6.98
Palm oil: 1 bottle,specify bottle	1Ltr	504.44	5.04	1.23
Plantain(ripe)	1Kg	237.31	-10.02	5.57
Plantain(unripe)	1Kg	187.03	-28.97	-3.7
Vegetable oil:1 bottle,specify bottle	1Ltr	505	-12.88	6.32
Wheat flour: prepacked (golden penny 2kg)	2Kg	625	-17.45	0


# Selected Food Price Watch - January 2019

## Niger State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N229.81</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N330.03</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N237.83</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N297.50</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N204.36</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N452.38</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1259.11</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N271.13</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N150.38</b>



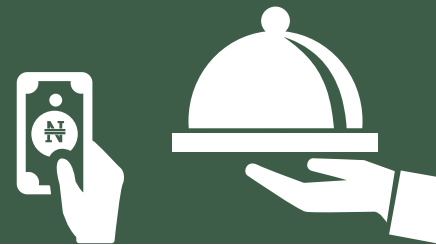
Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N620.00</b>



# Selected Food Price Watch - January 2019


## Niger State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	491.43	9.69	2.51
Agric eggs(medium size price of one)	1 Piece	42.29	7.96	-0.16
Beans brown,sold loose	1Kg	330.03	-12.51	4.07
Beans:white black eye. sold loose	1Kg	304.7	-5.51	-4.57
Beef Bone in	1Kg	1121.83	1.98	6
Beef,boneless	1Kg	1259.11	-3.69	-0.85
Bread sliced 500g	1 loaf	297.5	10.19	-3.75
Bread unsliced 500g	1 loaf	271.67	27.54	3.76
Broken Rice (Ofada)	1Kg	338.14	-28.26	-14.18
Chicken Feet	1Kg	1168.75	16.88	16.74
Chicken Wings	1Kg	1145.83	-5.93	14.14
Evaporated tinned milk carnation 170g	1 unit	150	-16.67	-1.52
Evaporated tinned milk(peak), 170g	1 unit	165	-13.16	-4.19
Frozen chicken	1 unit	1533.33	17.95	-1.08
Gari white,sold loose	1Kg	150.38	-11.25	8.95
Gari yellow,sold loose	1Kg	219.64	-13.01	8.97
Mudfish (aro) fresh	1Kg	900	-14.96	4
Mudfish : dried	1Kg	1703.57	-11.92	2.01
Onion bulb	1Kg	271.13	25.46	12.81
Rice agric sold loose	1Kg	387.59	-9.89	5.25
Rice local sold loose	1Kg	237.83	-27.77	6.4
Rice Medium Grained	1Kg	352.38	13.86	-0.74
Rice,imported high quality sold loose	1Kg	321.1	6.14	2.06
Tomato	1Kg	229.81	1.44	10.07
Yam tuber	1Kg	204.36	-6.74	5.51
Dried Fish Sardine	1Kg	1295.65	3.06	-1.42
Iced Sardine	1Kg	955.45	11.97	3.85
Irish potato	1Kg	200.38	-6.23	2.24
Sweet potato	1Kg	180.81	98.74	0.32
Tilapia fish (epiya) fresh	1Kg	942.86	2.62	3.58
Titus:frozen	1Kg	1037.3	15.53	6.21
Catfish (obokun) fresh	1Kg	1070	-18.73	10.69
Catfish :dried	1Kg	1288.31	-11.49	-0.21
Catfish Smoked	1Kg	1286.75	22.55	0.11
Mackerel : frozen	1Kg	1050	28.2	5.88
Groundnut oil: 1 bottle, specify bottle	1Ltr	509.52	-8.83	0.56
Maize grain white sold loose	1Kg	115.08	-38.57	5.46
Maize grain yellow sold loose	1Kg	119.05	-38.22	10.88
Palm oil: 1 bottle,specify bottle	1Ltr	452.38	-6.35	6.03
Plantain(ripe)	1Kg	202.2	-33.89	4.99
Plantain(unripe)	1Kg	273.41	0.03	2.37
Vegetable oil:1 bottle,specify bottle	1Ltr	453.64	-13.21	3.62
Wheat flour: prepacked (golden penny 2kg)	2Kg	620	7.16	3.33


# Selected Food Price Watch - January 2019

## Ogun State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N250.53</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N439.95</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N344.98</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N296.66</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N315.38</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N444.44</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1167.94</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N305.26</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N127.71</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N610.00</b>

# Selected Food Price Watch - January 2019

## Ogun State






Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	428.42	-4.95	1.62
Agric eggs(medium size price of one)	1 Piece	39.96	-0.09	1.17
Beans brown,sold loose	1Kg	439.95	9.99	3.2
Beans:white black eye. sold loose	1Kg	368.87	47.55	-0.58
Beef Bone in	1Kg	875	-19.2	1.77
Beef,boneless	1Kg	1167.94	3.46	-3.98
Bread sliced 500g	1 loaf	296.66	-1.11	-1.35
Bread unsliced 500g	1 loaf	253.98	1.59	-0.04
Broken Rice (Ofada)	1Kg	515.08	3.02	1.55
Chicken Feet	1Kg	700	-3.45	10.53
Chicken Wings	1Kg	1089.37	3.75	-0.21
Evaporated tinned milk carnation 170g	1 unit	175.65	-1.32	6.46
Evaporated tinned milk(peak), 170g	1 unit	230	15	13.3
Frozen chicken	1 unit	1312.19	1.69	-11.93
Gari white,sold loose	1Kg	127.71	-36.15	-3.55
Gari yellow,sold loose	1Kg	174.11	-41.96	-6.47
Mudfish (aro) fresh	1Kg	1161.15	5.26	12.76
Mudfish : dried	1Kg	2458.18	-1.42	-2.03
Onion bulb	1Kg	305.26	-25.91	-0.78
Rice agric sold loose	1Kg	351.29	25.46	7.06
Rice local sold loose	1Kg	344.98	-8.15	13.19
Rice Medium Grained	1Kg	291.62	7.92	-2.98
Rice,imported high quality sold loose	1Kg	338.86	-20.29	8.44
Tomato	1Kg	250.53	-21.75	-3.65
Yam tuber	1Kg	315.38	33.86	-1.42
Dried Fish Sardine	1Kg	1136.36	-5.83	-7.02
Iced Sardine	1Kg	591.15	-20.12	-1.48
Irish potato	1Kg	269.23	-32.75	-6.96
Sweet potato	1Kg	121.2	9.94	1.76
Tilapia fish (epiya) fresh	1Kg	851.18	3.12	2.27
Titus:frozen	1Kg	806.13	10.88	2.75
Catfish (obokun) fresh	1Kg	974.12	16.54	4.59
Catfish :dried	1Kg	1988.89	14.61	-1.26
Catfish Smoked	1Kg	1479.32	-16	-2.43
Mackerel : frozen	1Kg	815.38	18.94	0.23
Groundnut oil: 1 bottle, specify bottle	1Ltr	453.33	-10.31	-4.23
Maize grain white sold loose	1Kg	151.35	-28.1	-7.9
Maize grain yellow sold loose	1Kg	152.63	-25.79	15.55
Palm oil: 1 bottle,specify bottle	1Ltr	444.44	-1.23	-9.09
Plantain(ripe)	1Kg	171.43	-22.08	-9.21
Plantain(unripe)	1Kg	148.98	-25.51	-9.35
Vegetable oil:1 bottle,specify bottle	1Ltr	538.41	-2.11	5.77
Wheat flour: prepacked (golden penny 2kg)	2Kg	610	-2.45	7.52


# Selected Food Price Watch - January 2019



## Ondo State






 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N256.93</b>



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N405.85</b>



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N305.92</b>



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N257.65</b>



 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N166.67</b>



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N448.15</b>



 Beef, boneless


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1350.04</b>



 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N258.96</b>

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N135.95</b>

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N650.00</b>

# Selected Food Price Watch - January 2019


## Ondo State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	480	20	-0.3
Agric eggs(medium size price of one)	1 Piece	42	20	-2.61
Beans brown,sold loose	1Kg	405.85	-4.51	-4.42
Beans:white black eye. sold loose	1Kg	305.13	-12.82	-5.91
Beef Bone in	1Kg	860	52.65	4.08
Beef,boneless	1Kg	1350.04	8.44	-1.47
Bread sliced 500g	1 loaf	257.65	-0.49	0.2
Bread unsliced 500g	1 loaf	270	9.37	8
Broken Rice (Ofada)	1Kg	391.43	-38.84	-2.44
Chicken Feet	1Kg	1159.67	7.88	0.12
Chicken Wings	1Kg	1179.44	0.1	1.53
Evaporated tinned milk carnation 170g	1 unit	166.95	-6.21	1.18
Evaporated tinned milk(peak), 170g	1 unit	220	11.11	10.69
Frozen chicken	1 unit	1345.33	3.29	1.92
Gari white,sold loose	1Kg	135.95	-2.89	3.32
Gari yellow,sold loose	1Kg	215.86	39.03	2.94
Mudfish (aro) fresh	1Kg	881.16	10.15	1.18
Mudfish : dried	1Kg	1566.38	2.02	6.29
Onion bulb	1Kg	258.96	-19.07	3.76
Rice agric sold loose	1Kg	322.51	7.5	-5.47
Rice local sold loose	1Kg	305.92	0.3	-4.72
Rice Medium Grained	1Kg	340.89	6.53	-7.07
Rice,imported high quality sold loose	1Kg	362.39	6.59	-6.83
Tomato	1Kg	256.93	-7.71	23.89
Yam tuber	1Kg	166.67	-7.41	12.59
Dried Fish Sardine	1Kg	1129.05	-19.74	5.83
Iced Sardine	1Kg	856.79	19.77	2.78
Irish potato	1Kg	254.54	18.39	-5.69
Sweet potato	1Kg	130.48	0.37	3.22
Tilapia fish (epiya) fresh	1Kg	906.18	27.72	0.94
Titus:frozen	1Kg	984.16	0.08	-1.49
Catfish (obokun) fresh	1Kg	889.1	27.01	6.38
Catfish :dried	1Kg	1673.92	15.44	-2.55
Catfish Smoked	1Kg	1320.07	10.01	-0.15
Mackerel : frozen	1Kg	902.55	-19.31	6.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	647.76	17.77	6.19
Maize grain white sold loose	1Kg	147.25	-13.92	7.6
Maize grain yellow sold loose	1Kg	138.23	-22.02	1.04
Palm oil: 1 bottle,specify bottle	1Ltr	448.15	1.47	-2.42
Plantain(ripe)	1Kg	303.6	-1.92	9.05
Plantain(unripe)	1Kg	350.73	37.17	12.29
Vegetable oil:1 bottle,specify bottle	1Ltr	526.67	-12.27	0.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	0.91	-0.35


# Selected Food Price Watch - January 2019

## Osun State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N207.08</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N423.33</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N256.58</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N312.16</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N298.32</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N441.40</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1286.89</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N250.00</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N136.67</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N641.17</b>

# Selected Food Price Watch - January 2019

## Osun State






Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	413.91	-1.45	0.41
Agric eggs(medium size price of one)	1 Piece	40	0	5.35
Beans brown,sold loose	1Kg	423.33	-5.93	-0.17
Beans:white black eye. sold loose	1Kg	323.6	-7.54	6.41
Beef Bone in	1Kg	784.47	-19.95	0.81
Beef,boneless	1Kg	1286.89	-0.25	3.32
Bread sliced 500g	1 loaf	312.16	4.05	-4.77
Bread unsliced 500g	1 loaf	270	-3.57	2.86
Broken Rice (Ofada)	1Kg	385.13	9.12	3.39
Chicken Feet	1Kg	915.18	-4.79	1.69
Chicken Wings	1Kg	1152.74	7.92	-5.25
Evaporated tinned milk carnation 170g	1 unit	186.69	-4.26	16.68
Evaporated tinned milk(peak), 170g	1 unit	200	0	-2.58
Frozen chicken	1 unit	1485.08	-4.19	-7.18
Gari white,sold loose	1Kg	136.67	-2.38	19.51
Gari yellow,sold loose	1Kg	142.55	-2.14	17.17
Mudfish (aro) fresh	1Kg	1004.82	15.55	5.81
Mudfish : dried	1Kg	1612.86	-2.06	-3.8
Onion bulb	1Kg	250	-28.75	10.98
Rice agric sold loose	1Kg	303.89	-11.27	0.29
Rice local sold loose	1Kg	256.58	11.48	-10.46
Rice Medium Grained	1Kg	310.65	4.03	-1.4
Rice,imported high quality sold loose	1Kg	331.16	-2.77	-10.96
Tomato	1Kg	207.08	14.97	18.35
Yam tuber	1Kg	298.32	20.02	13.99
Dried Fish Sardine	1Kg	1549.5	-5.52	-1.36
Iced Sardine	1Kg	651.22	-6.03	-0.18
Irish potato	1Kg	317.86	-9.18	27.14
Sweet potato	1Kg	135.1	7.96	28.98
Tilapia fish (epiya) fresh	1Kg	800.95	-5.43	6.79
Titus:frozen	1Kg	838.83	-1.45	16.98
Catfish (obokun) fresh	1Kg	867.53	3.41	-0.23
Catfish :dried	1Kg	1972.85	24.7	-0.89
Catfish Smoked	1Kg	1299.6	8.3	-3.73
Mackerel : frozen	1Kg	864.79	10.26	-0.62
Groundnut oil: 1 bottle, specify bottle	1Ltr	577.16	-3.84	14.29
Maize grain white sold loose	1Kg	133.93	-11.04	27.06
Maize grain yellow sold loose	1Kg	135	-25.09	19.55
Palm oil: 1 bottle,specify bottle	1Ltr	441.4	1.28	-3.73
Plantain(ripe)	1Kg	225.22	10.67	14.58
Plantain(unripe)	1Kg	247.27	-3.14	21.54
Vegetable oil:1 bottle,specify bottle	1Ltr	486.67	-11.9	-3.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	641.17	-5.88	10.41


# Selected Food Price Watch - January 2019



## Oyo State






 Tomato


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N181.23</b>



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N433.24</b>



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N281.25</b>



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N318.09</b>



 Yam Tuber


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N271.34</b>



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N436.00</b>



 Beef, boneless


	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1130.93</b>



 Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N254.17</b>

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N105.65</b>

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N550.00</b>



# Selected Food Price Watch - January 2019


## Oyo State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	460	2.91	11.59
Agric eggs(medium size price of one)	1 Piece	40.24	0.6	5.98
Beans brown,sold loose	1Kg	433.24	1.94	2.16
Beans:white black eye. sold loose	1Kg	341.79	-2.34	12.39
Beef Bone in	1Kg	792.88	-7.31	1.89
Beef,boneless	1Kg	1130.93	15.97	-9.2
Bread sliced 500g	1 loaf	318.09	6.03	-2.95
Bread unsliced 500g	1 loaf	254.97	-5.57	-2.87
Broken Rice (Ofada)	1Kg	738.97	-4.15	-4.34
Chicken Feet	1Kg	967.54	6.25	7.5
Chicken Wings	1Kg	1037.2	1.36	-14.75
Evaporated tinned milk carnation 170g	1 unit	157.34	-7.45	-1.66
Evaporated tinned milk(peak), 170g	1 unit	220	0	7.16
Frozen chicken	1 unit	1680.68	50.62	5.04
Gari white,sold loose	1Kg	105.65	-27.14	-7.62
Gari yellow,sold loose	1Kg	120.34	-46.59	-1.08
Mudfish (aro) fresh	1Kg	913.66	-15.4	-3.79
Mudfish : dried	1Kg	1612.73	-3.37	-3.81
Onion bulb	1Kg	254.17	-27.47	12.83
Rice agric sold loose	1Kg	318.59	4.33	5.15
Rice local sold loose	1Kg	281.25	-4.82	-1.85
Rice Medium Grained	1Kg	328.94	2.61	4.4
Rice,imported high quality sold loose	1Kg	345.11	0	-7.21
Tomato	1Kg	181.23	-27.57	3.57
Yam tuber	1Kg	271.34	2.22	3.68
Dried Fish Sardine	1Kg	970.05	-15.3	-9.42
Iced Sardine	1Kg	659.78	-8.57	1.13
Irish potato	1Kg	300	-7.69	20
Sweet potato	1Kg	121.86	12.31	16.34
Tilapia fish (epiya) fresh	1Kg	767.78	-4.7	2.37
Titus:frozen	1Kg	810.31	4.13	13.01
Catfish (obokun) fresh	1Kg	905.36	-19.78	4.12
Catfish :dried	1Kg	1898.09	2.6	-4.64
Catfish Smoked	1Kg	1266.67	20.61	-6.17
Mackerel : frozen	1Kg	787.17	4.37	-9.54
Groundnut oil: 1 bottle, specify bottle	1Ltr	582.66	-6.77	15.38
Maize grain white sold loose	1Kg	113.26	-9.8	7.45
Maize grain yellow sold loose	1Kg	118.98	-11.87	5.36
Palm oil: 1 bottle,specify bottle	1Ltr	436	-0.15	-4.91
Plantain(ripe)	1Kg	185.05	-7.48	-5.86
Plantain(unripe)	1Kg	215.45	-5.2	5.9
Vegetable oil:1 bottle,specify bottle	1Ltr	535.46	-2.64	6.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	550	-26.7	-5.29


# Selected Food Price Watch - January 2019

## Plateau State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N206.22</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N375.32</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N305.83</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N280.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N282.29</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N533.33</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1277.78</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N250.00</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N202.12</b>

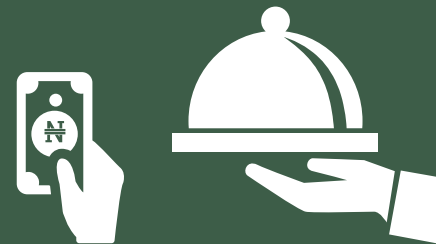


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N654.00</b>

# Selected Food Price Watch - January 2019


## Plateau State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	471.2	2.43	7.09
Agric eggs(medium size price of one)	1 Piece	40.33	0.83	3.71
Beans brown,sold loose	1Kg	375.32	1.79	-0.9
Beans:white black eye. sold loose	1Kg	295.82	-14.96	-3.71
Beef Bone in	1Kg	1160	4	1.91
Beef,boneless	1Kg	1277.78	-3.98	6.12
Bread sliced 500g	1 loaf	280	-4.35	5.48
Bread unsliced 500g	1 loaf	280	12	-7.38
Broken Rice (Ofada)	1Kg	380.8	26.93	8.8
Chicken Feet	1Kg	827.46	-10.06	3.13
Chicken Wings	1Kg	922.9	-7.76	2.54
Evaporated tinned milk carnation 170g	1 unit	144	-15.29	-12.73
Evaporated tinned milk(peak), 170g	1 unit	183.54	-7.16	-2.26
Frozen chicken	1 unit	2775	23.88	-4.31
Gari white,sold loose	1Kg	202.12	1.51	0.42
Gari yellow,sold loose	1Kg	210.12	-28.34	1.4
Mudfish (aro) fresh	1Kg	1141.52	-23.9	3.77
Mudfish : dried	1Kg	1766.67	-15.93	0.95
Onion bulb	1Kg	250	-23.14	21.29
Rice agric sold loose	1Kg	300.47	20.35	7.68
Rice local sold loose	1Kg	305.83	28.64	15.22
Rice Medium Grained	1Kg	328.99	2.41	-1.2
Rice,imported high quality sold loose	1Kg	332.18	-4.21	-5.35
Tomato	1Kg	206.22	9.04	2.8
Yam tuber	1Kg	282.29	11.66	2.16
Dried Fish Sardine	1Kg	1305.19	-12.99	-4.19
Iced Sardine	1Kg	1050	10.53	-1.56
Irish potato	1Kg	265.78	22.96	15.22
Sweet potato	1Kg	255.25	67.6	10.75
Tilapia fish (epiya) fresh	1Kg	950	11.76	18.75
Titus:frozen	1Kg	1119.11	3.27	5
Catfish (obokun) fresh	1Kg	1225	-12.5	2.08
Catfish :dried	1Kg	2364.76	62.72	13.59
Catfish Smoked	1Kg	1527.78	8.47	-4.51
Mackerel : frozen	1Kg	1150	25.84	14.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	480.04	-23.84	12.07
Maize grain white sold loose	1Kg	125.47	-15.44	-0.76
Maize grain yellow sold loose	1Kg	127.48	-31.27	1.31
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	-3.86	6.12
Plantain(ripe)	1Kg	286.67	-28.93	13.75
Plantain(unripe)	1Kg	385.71	6.16	0.85
Vegetable oil:1 bottle,specify bottle	1Ltr	523.33	-10.29	3.37
Wheat flour: prepacked (golden penny 2kg)	2Kg	654	5.48	-2.39


# Selected Food Price Watch - January 2019

## Rivers State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N407.08</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N401.01</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N386.31</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N312.86</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N200.41</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N485.71</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1376.48</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N333.42</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N172.61</b>

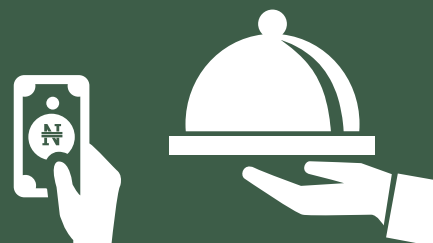


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N736.11</b>

# Selected Food Price Watch - January 2019

## Rivers State









ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	520.45	13.76	-2.04
Agric eggs(medium size price of one)	1 Piece	45.78	14.46	1.27
Beans brown,sold loose	1Kg	401.01	13.65	-4.91
Beans:white black eye. sold loose	1Kg	357.7	4.26	-5.6
Beef Bone in	1Kg	845.93	-21.38	1.43
Beef,boneless	1Kg	1376.48	3.06	1.86
Bread sliced 500g	1 loaf	312.86	1.21	-0.25
Bread unsliced 500g	1 loaf	322.86	-0.99	7.62
Broken Rice (Ofada)	1Kg	474.55	9.15	1.03
Chicken Feet	1Kg	918.95	2.11	-15.66
Chicken Wings	1Kg	1057.07	5.93	-2.67
Evaporated tinned milk carnation 170g	1 unit	151.42857	-10.92	-2.3
Evaporated tinned milk(peak), 170g	1 unit	189.05	-2.83	-1.63
Frozen chicken	1 unit	1605.56	2.59	5.36
Gari white,sold loose	1Kg	172.61	-23.38	-5.49
Gari yellow,sold loose	1Kg	183.24	-20.9	-2.63
Mudfish (aro) fresh	1Kg	828.93	-31.8	0.4
Mudfish : dried	1Kg	2324	2.53	2.03
Onion bulb	1Kg	333.42	34.52	-5.43
Rice agric sold loose	1Kg	454.55	7.9	-3.23
Rice local sold loose	1Kg	386.31	13.46	-2.44
Rice Medium Grained	1Kg	432.16	-0.15	1.53
Rice,imported high quality sold loose	1Kg	461.83	4.35	-3.89
Tomato	1Kg	407.08	-4.52	-17.77
Yam tuber	1Kg	200.41	1.58	-1.83
Dried Fish Sardine	1Kg	1451.93	-18.87	-0.25
Iced Sardine	1Kg	1047.83	33.15	-0.08
Irish potato	1Kg	347.27	35.76	-10.3
Sweet potato	1Kg	173.58	29.11	-9
Tilapia fish (epiya) fresh	1Kg	975.71	0.33	-5.8
Titus:frozen	1Kg	928.81	-3.62	-10.31
Catfish (obokun) fresh	1Kg	918.33	-23.08	-12.79
Catfish :dried	1Kg	1903.54	-0.64	-4.82
Catfish Smoked	1Kg	1600.76	28.06	-0.19
Mackerel : frozen	1Kg	990	0.31	5.66
Groundnut oil: 1 bottle, specify bottle	1Ltr	550	1.32	3.12
Maize grain white sold loose	1Kg	219.7	-5.92	-5.44
Maize grain yellow sold loose	1Kg	222.69	-6.22	-1.74
Palm oil: 1 bottle,specify bottle	1Ltr	485.71	2.18	7.91
Plantain(ripe)	1Kg	192.87	-23.2	-3.14
Plantain(unripe)	1Kg	181.25	-26.11	-4.2
Vegetable oil:1 bottle,specify bottle	1Ltr	616.83	22.5	-2.85
Wheat flour: prepacked (golden penny 2kg)	2Kg	736.11	1.66	0.26




# Selected Food Price Watch - January 2019




## Sokoto State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N210.48</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N331.64</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N225.47</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JANUARY 2019 <b>N316.67</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N276.67</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JANUARY 2019 <b>N465.24</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N1133.33</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N264.29</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JANUARY 2019 <b>N200.00</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JANUARY 2019 <b>N620.00</b>

# Selected Food Price Watch - January 2019


## Sokoto State





Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	475.71	5.71	0
Agric eggs(medium size price of one)	1 Piece	40	0	0
Beans brown,sold loose	1Kg	331.64	-24.99	0
Beans:white black eye. sold loose	1Kg	339.32	-7.62	0
Beef Bone in	1Kg	1080	5.37	5.88
Beef,boneless	1Kg	1133.33	-11.97	0
Bread sliced 500g	1 loaf	316.67	-2.56	0.76
Bread unsliced 500g	1 loaf	298.33	-0.56	-0.56
Broken Rice (Ofada)	1Kg	347.41	-25.37	-15.74
Chicken Feet	1Kg	607.5	-11.64	9.46
Chicken Wings	1Kg	702	-18.21	5.41
Evaporated tinned milk carnation 170g	1 unit	160	0	-1.23
Evaporated tinned milk(peak), 170g	1 unit	185.71	-1.52	4.92
Frozen chicken	1 unit	1900	26.67	-2.81
Gari white,sold loose	1Kg	200	-21.95	-3.45
Gari yellow,sold loose	1Kg	202	-35.74	6.32
Mudfish (aro) fresh	1Kg	1100	10	10.09
Mudfish : dried	1Kg	1945.45	9.25	-2.53
Onion bulb	1Kg	264.29	10.45	1.17
Rice agric sold loose	1Kg	280.29	-24.88	0
Rice local sold loose	1Kg	225.47	-22.04	0
Rice Medium Grained	1Kg	248.28	-22.41	0
Rice,imported high quality sold loose	1Kg	390.48	8.59	0
Tomato	1Kg	210.48	-26.87	-15.81
Yam tuber	1Kg	276.67	14.15	7.79
Dried Fish Sardine	1Kg	1028.23	-6.71	-6.71
Iced Sardine	1Kg	741.67	-16.04	-0.37
Irish potato	1Kg	213.3	-25.47	-8.2
Sweet potato	1Kg	223.12	110.61	0
Tilapia fish (epiya) fresh	1Kg	800	-7.69	6.67
Titus:frozen	1Kg	891.67	-3.56	-10.08
Catfish (obokun) fresh	1Kg	1010	6.22	12.22
Catfish :dried	1Kg	1055.75	-18.79	0
Catfish Smoked	1Kg	1100	0	-4.94
Mackerel : frozen	1Kg	844.44	-6.17	-1.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	517.14	-4.47	1.97
Maize grain white sold loose	1Kg	122.35	11.53	19.54
Maize grain yellow sold loose	1Kg	112.21	-2.58	9.78
Palm oil: 1 bottle,specify bottle	1Ltr	465.24	-5.69	12.04
Plantain(ripe)	1Kg	328.76	-3.64	5.45
Plantain(unripe)	1Kg	265	32.5	10.42
Vegetable oil:1 bottle,specify bottle	1Ltr	483.81	-2.59	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	620	8.77	-1.06


# Selected Food Price Watch - January 2019

## Taraba State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N190.56</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N307.48</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N250.39</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N265.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N102.33</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N544.89</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1103.26</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N179.56</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N183.10</b>



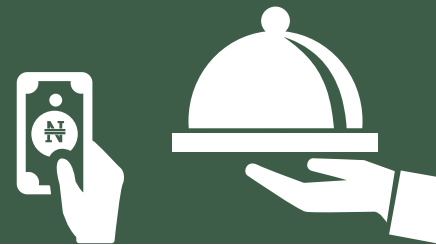
Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N715.00</b>



# Selected Food Price Watch - January 2019


## Taraba State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	413.33	1.64	-8.7
Agric eggs(medium size price of one)	1 Piece	39.29	1.02	-2.01
Beans brown,sold loose	1Kg	307.48	-20.82	-16.14
Beans:white black eye. sold loose	1Kg	246.27	-29.75	-12.59
Beef Bone in	1Kg	903.13	-6.93	-8.45
Beef,boneless	1Kg	1103.26	-17.03	-6.96
Bread sliced 500g	1 loaf	265	-16.32	-1.85
Bread unsliced 500g	1 loaf	230	-18.82	-8.34
Broken Rice (Ofada)	1Kg	455.02	4.08	0.56
Chicken Feet	1Kg	379.37	4.63	1.52
Chicken Wings	1Kg	580	2.7	0.92
Evaporated tinned milk carnation 170g	1 unit	195.26438	5.02	-2.37
Evaporated tinned milk(peak), 170g	1 unit	203.33	2.23	-6.87
Frozen chicken	1 unit	1350.53	7.58	3.06
Gari white,sold loose	1Kg	183.1	-18.22	-8.32
Gari yellow,sold loose	1Kg	246.14	2.18	-4.97
Mudfish (aro) fresh	1Kg	866.67	-12.97	0.15
Mudfish : dried	1Kg	1641.48	-36.21	-3.8
Onion bulb	1Kg	179.56	-18.35	-19.76
Rice agric sold loose	1Kg	345.86	10.7	0.45
Rice local sold loose	1Kg	250.39	17.51	-2.43
Rice Medium Grained	1Kg	310.02	19.17	3.33
Rice,imported high quality sold loose	1Kg	341.2	-5.45	-4.84
Tomato	1Kg	190.56	-15.71	-13.38
Yam tuber	1Kg	102.33	-55.8	-17.52
Dried Fish Sardine	1Kg	1104.76	-33.94	10.09
Iced Sardine	1Kg	800	-4	1.82
Irish potato	1Kg	190.41	-13.23	4.2
Sweet potato	1Kg	95.54	68.13	-12.31
Tilapia fish (epiya) fresh	1Kg	583.33	-23.47	-2.78
Titus:frozen	1Kg	805.85	-9.71	-1.28
Catfish (obokun) fresh	1Kg	900.03	-14.28	5.89
Catfish :dried	1Kg	1645.83	-14.04	0.08
Catfish Smoked	1Kg	1491.67	13.91	3.8
Mackerel : frozen	1Kg	906.58	-2.57	-1.26
Groundnut oil: 1 bottle, specify bottle	1Ltr	561.03	7.03	-2.56
Maize grain white sold loose	1Kg	98.97	-25.36	-9.45
Maize grain yellow sold loose	1Kg	79.94	-44.12	-15.1
Palm oil: 1 bottle,specify bottle	1Ltr	544.89	8.93	2.17
Plantain(ripe)	1Kg	258.89	-0.14	0.28
Plantain(unripe)	1Kg	186.67	-20	-6.83
Vegetable oil:1 bottle,specify bottle	1Ltr	511.54	-18.37	-0.78
Wheat flour: prepacked (golden penny 2kg)	2Kg	715	5.15	0.7


# Selected Food Price Watch - January 2019

## Yobe State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N200.00</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N279.11</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N213.32</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N218.00</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N180.14</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N516.30</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1230.02</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N160.00</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N190.00</b>



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N670.02</b>

# Selected Food Price Watch - January 2019


## Yobe State





ItemLabels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	430	-1.15	-6.01
Agric eggs(medium size price of one)	1 Piece	40.41	4.6	-7.16
Beans brown,sold loose	1Kg	279.11	-17.59	21
Beans:white black eye. sold loose	1Kg	259.71	-16.53	-7.02
Beef Bone in	1Kg	900.49	-13.21	-2.65
Beef,boneless	1Kg	1230.02	0.41	2.5
Bread sliced 500g	1 loaf	218	-27.33	9
Bread unsliced 500g	1 loaf	267.14	9.86	2.47
Broken Rice (Ofada)	1Kg	296.67	-16.34	-1.47
Chicken Feet	1Kg	470	34.29	0.79
Chicken Wings	1Kg	710.84	9.36	1.31
Evaporated tinned milk carnation 170g	1 unit	150	-16.93	-4.45
Evaporated tinned milk(peak), 170g	1 unit	186.67	-6.08	-2.61
Frozen chicken	1 unit	2000.86	-23.04	-9.05
Gari white,sold loose	1Kg	190	-14.09	3.16
Gari yellow,sold loose	1Kg	203.7	-22.81	-19.85
Mudfish (aro) fresh	1Kg	1000.85	-9.68	-0.13
Mudfish : dried	1Kg	1838.46	-17.12	1.2
Onion bulb	1Kg	160	-12.85	-18.95
Rice agric sold loose	1Kg	242.65	12.71	-8.65
Rice local sold loose	1Kg	213.32	5.1	-5.25
Rice Medium Grained	1Kg	266.22	-11.05	-0.42
Rice,imported high quality sold loose	1Kg	338.16	0.94	2.11
Tomato	1Kg	200	-30.76	-17.98
Yam tuber	1Kg	180.14	-17.16	-7.98
Dried Fish Sardine	1Kg	1508.25	-5.73	-3.25
Iced Sardine	1Kg	900.86	0.1	-0.61
Irish potato	1Kg	235.96	-5.14	-5.66
Sweet potato	1Kg	100	25.85	-7.46
Tilapia fish (epiya) fresh	1Kg	602.5	-28.27	4.78
Titus:frozen	1Kg	875.48	7.76	-2.26
Catfish (obokun) fresh	1Kg	800.32	-11.08	-0.23
Catfish :dried	1Kg	1800	-10	-0.26
Catfish Smoked	1Kg	1840	-5.64	-2.18
Mackerel : frozen	1Kg	986.25	9.58	2.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	540.74	-1.14	0
Maize grain white sold loose	1Kg	94.43	-43.46	16.61
Maize grain yellow sold loose	1Kg	80.65	-56.14	-5.12
Palm oil: 1 bottle,specify bottle	1Ltr	516.3	2.85	2.5
Plantain(ripe)	1Kg	238.6	-20.47	-6.55
Plantain(unripe)	1Kg	190.03	-23.99	-0.12
Vegetable oil:1 bottle,specify bottle	1Ltr	451.85	-19.83	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	670.02	6.35	0.11


# Selected Food Price Watch - January 2019

## Zamfara State







Tomato

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N274.14</b>






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N329.40</b>






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N205.80</b>






Bread sliced 500g

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1 loaf</b>	<b>N356.67</b>






Yam Tuber

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N219.77</b>






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1Ltr</b>	<b>N425.45</b>






Beef, boneless

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N1200.00</b>






Onion bulb

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N160.05</b>





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>1KG</b>	<b>N185.85</b>

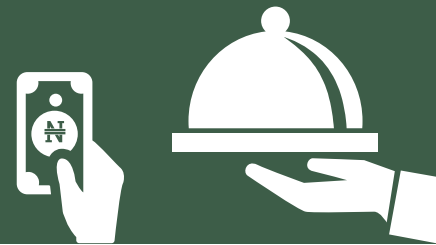


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JANUARY 2019
<b>2KG</b>	<b>N583.33</b>

# Selected Food Price Watch - January 2019

## Zamfara State



Item Labels	Unit of Measurement	19-Jan	(Jan 2018-Jan 2019)	Dec 2018-Jan 2019
Agric eggs medium size	1 Dozen	462.78	0.39	-1.3
Agric eggs(medium size price of one)	1 Piece	39.77	-0.57	-0.57
Beans brown,sold loose	1Kg	329.4	9.47	-0.77
Beans:white black eye. sold loose	1Kg	336.69	15.03	0
Beef Bone in	1Kg	1060	-3.64	6.71
Beef,boneless	1Kg	1200	-6.25	0
Bread sliced 500g	1 loaf	356.67	1.52	12.63
Bread unsliced 500g	1 loaf	328.95	1.86	6.47
Broken Rice (Ofada)	1Kg	304.44	8.55	-14.11
Chicken Feet	1Kg	414.29	-36.26	3.57
Chicken Wings	1Kg	800	-8.05	2.92
Evaporated tinned milk carnation 170g	1 unit	137.78	-8.55	0
Evaporated tinned milk(peak), 170g	1 unit	182.63	-0.57	-1.98
Frozen chicken	1 unit	1587.5	7.99	0
Gari white,sold loose	1Kg	185.85	-17.53	0
Gari yellow,sold loose	1Kg	179.95	-28.93	0
Mudfish (aro) fresh	1Kg	1065.38	-14.77	6.38
Mudfish : dried	1Kg	1500	-8.3	0.21
Onion bulb	1Kg	160.05	-22.95	2.16
Rice agric sold loose	1Kg	254.55	8.86	-4.18
Rice local sold loose	1Kg	205.8	-10.61	0
Rice Medium Grained	1Kg	247.57	6.56	0
Rice,imported high quality sold loose	1Kg	285.15	-7.22	0
Tomato	1Kg	274.14	-5.1	-4.76
Yam tuber	1Kg	219.77	-11.48	0.53
Dried Fish Sardine	1Kg	1400	12	0
Iced Sardine	1Kg	800	-20	-11.04
Irish potato	1Kg	233.33	28.72	14.94
Sweet potato	1Kg	197.17	85.17	1.63
Tilapia fish (epiya) fresh	1Kg	906.67	-8.8	12.4
Titus:frozen	1Kg	916.67	-4.45	0
Catfish (obokun) fresh	1Kg	1100	-7.3	9.87
Catfish :dried	1Kg	1500	-9.09	0
Catfish Smoked	1Kg	1700	0	-1.45
Mackerel : frozen	1Kg	934.38	-5.55	0
Groundnut oil: 1 bottle, specify bottle	1Ltr	501.82	-4.5	0
Maize grain white sold loose	1Kg	126.77	-34.94	-2.46
Maize grain yellow sold loose	1Kg	167.92	-15.35	6.33
Palm oil: 1 bottle,specify bottle	1Ltr	425.45	-10.95	0
Plantain(ripe)	1Kg	200	-13.04	0.5
Plantain(unripe)	1Kg	200	0	-0.5
Vegetable oil:1 bottle,specify bottle	1Ltr	450.18	-9.36	7.14
Wheat flour: prepacked (golden penny 2kg)	2Kg	583.33	-1.28	1.07



# Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Fuel Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those fuels together with the prices reportedly sold by the fuel suppliers.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

# Acknowledgements/Contacts

## Acknowledgements

We acknowledge our technical partners, Proshare in the design, concept and production of this publication.





## Contact Us

 @nigerianstat

 NBSNigeria

 [www.nigerianstat.gov.ng](http://www.nigerianstat.gov.ng)

 **Head Office Address**  
Plot 762, Independence Avenue, Central  
Business District, FCT, Abuja Nigeria.

 +234 803 386 5388

 [feedback@nigerianstat.gov.ng](mailto:feedback@nigerianstat.gov.ng)