



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(JULY 2021)

**Report Date: August 2021**

***Data Source: National Bureau of Statistics (NBS)***

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## EXECUTIVE SUMMARY

Selected food price watch data for July 2021 reflected that the average price of 1 dozen of Agric eggs medium size increased year-on-year by 21.82% and month-on-month by 3.79% to N577.55 in July 2021 from N556.47 in June while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 24.20% and month-on-month by 2.95% to N52.73 in July 2021 from N51.22 in June 2021.

The average price of 1kg of tomato increased year-on-year by 36.45% and month-on-month by 23.66% to N414.83 in July 2021 from N335.46 in June 2021.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 12.72% and decreased month-on-month by -0.93% to N552.80 in July 2021 from N557.98 in June 2021.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 20.39% and month on month by 7.37% to N308.72 in July 2021 from N287.54 in June 2021.

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Agric Eggs



UNIT OF MEASUREMENT

JULY 2021

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Dozen**

**N577.55**

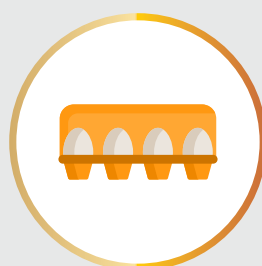
**21.82**

**3.79**



*Lowest Price*

*Borno (401.43)*



*Highest Price*

*Edo (732.63)*



Agric eggs  
medium size



UNIT OF MEASUREMENT

JULY 2021

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Piece**

**N52.73**

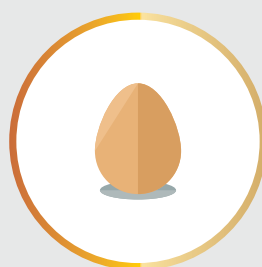
**24.20**

**2.95**



*Lowest Price*

*Borno (41.15)*



*Highest Price*

*Edo (62.75)*



Agric eggs  
(medium size price of one)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Beans



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N485.44**



YEAR - ON - YEAR

**61.67**



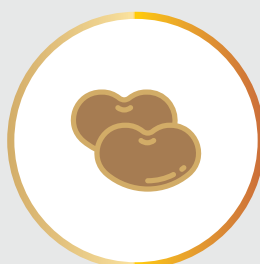
MONTH - ON - MONTH

**3.01**



*Lowest Price*

Bauchi (211.4)



Beans brown,  
sold loose

*Highest Price*

Enugu (896.32)



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N444.21**



YEAR - ON - YEAR

**65.52**



MONTH - ON - MONTH

**2.88**



*Lowest Price*

Bauchi (214.07)



Beans: white  
black eye. sold loose

*Highest Price*

Enugu (782.04)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Beef



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1262.10**

YEAR - ON - YEAR

**17.33**

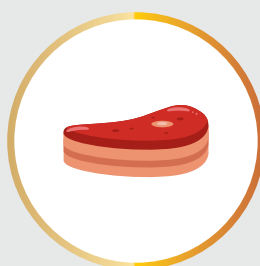
MONTH - ON - MONTH

**3.42**



*Lowest Price*

Osun (934.77)



Beef Bone in

*Highest Price*

Abuja (1796.15)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1660.76**

YEAR - ON - YEAR

**24.79**

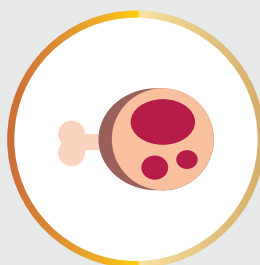
MONTH - ON - MONTH

**5.97**



*Lowest Price*

Gombe (1232.95)



Beef ,boneless

*Highest Price*

Ebonyi (2416.8)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Bread



UNIT OF MEASUREMENT

**1 loaf**

JULY 2021

**N361.11**

YEAR - ON - YEAR

**13.36**

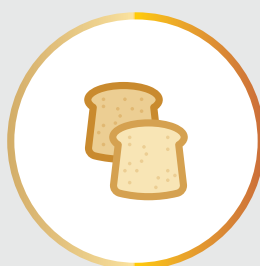
MONTH - ON - MONTH

**1.50**



*Lowest Price*

Bauchi (243.64)



*Highest Price*

Abuja (552.65)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**

JULY 2021

**N335.67**

YEAR - ON - YEAR

**16.66**

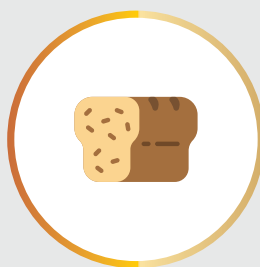
MONTH - ON - MONTH

**3.59**



*Lowest Price*

Yobe (231.67)



*Highest Price*

Abia (496.63)



Bread unsliced 500g

# SELECTED FOOD PRICE WATCH - JULY 2021

## National - Rice



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N477.08**

YEAR - ON - YEAR

**11.90**

MONTH - ON - MONTH

**1.06**



*Lowest Price*

Nassarawa (270.46)



*Highest Price*

Lagos (844.13)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N462.35**

YEAR - ON - YEAR

**13.89**

MONTH - ON - MONTH

**2.88**



*Lowest Price*

Jigawa (332.63)



*Highest Price*

Imo (698.27)



Rice agric sold loose



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Rice



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N411.97**

YEAR - ON - YEAR

**13.50**

MONTH - ON - MONTH

**2.53**



*Lowest Price*

Kebbi (301.23)



*Highest Price*

Ekiti (515.24)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N456.00**

YEAR - ON - YEAR

**11.03**

MONTH - ON - MONTH

**1.87**



*Lowest Price*

Adamawa (288.67)



*Highest Price*

Bayelsa (602.57)



Rice Medium Grained

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Rice



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N552.80**



YEAR - ON - YEAR

**12.72**



MONTH - ON - MONTH

**-0.93**



*Lowest Price*

Borno (386.28)



*Highest Price*

Imo (766.92)



Rice, imported high  
quality sold loose

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Chicken



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N819.03**

YEAR - ON - YEAR

**14.41**

MONTH - ON - MONTH

**1.21**



*Lowest Price*

Taraba (302.01)



Chicken Feet

*Highest Price*

Rivers (1455.45)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1080.13**

YEAR - ON - YEAR

**13.23**

MONTH - ON - MONTH

**3.60**



*Lowest Price*

Taraba (491.32)



Chicken Wings

*Highest Price*

Delta (1858.26)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Chicken



UNIT OF MEASUREMENT

**1 Unit**



JULY 2021

**N2049.66**



YEAR - ON - YEAR

**4.81**



MONTH - ON - MONTH

**3.37**



*Lowest Price*

Taraba (1345.88)



Frozen Chicken

*Highest Price*

Abuja (2825)





# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

JULY 2021

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Unit**

**N184.48**

**12.67**

**2.45**



*Lowest Price*

Adamawa (139.14)



*Highest Price*

Akwa Ibom (242.9)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

JULY 2021

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Unit**

**N209.48**

**8.52**

**0.87**



*Lowest Price*

Yobe (171.2)



*Highest Price*

Ogun (246)



Evaporated tinned  
milk(peak), 170g

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Garri



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N329.20**

YEAR - ON - YEAR

**47.97**

MONTH - ON - MONTH

**1.52**



*Lowest Price*

Taraba (208.4)



*Highest Price*

Ebonyi (500.96)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N347.70**

YEAR - ON - YEAR

**36.30**

MONTH - ON - MONTH

**2.57**



*Lowest Price*

Kwara (216.28)



*Highest Price*

Ebonyi (540.47)



Gari yellow, sold loose

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Mudfish



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1815.27**

YEAR - ON - YEAR

**79.90**

MONTH - ON - MONTH

**66.89**



*Lowest Price*

Adamawa (727.29)



*Highest Price*

Enugu (1827)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1144.76**

YEAR - ON - YEAR

**-34.35**

MONTH - ON - MONTH

**-35.65**



*Lowest Price*

Bauchi (1298.1)



*Highest Price*

Anambra (2822.4)



Mudfish : Dried

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1174.02**

YEAR - ON - YEAR

**10.63**

MONTH - ON - MONTH

**2.92**



*Lowest Price*

Yobe (740)



*Highest Price*

Abia (1816.2)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1837.44**

YEAR - ON - YEAR

**9.55**

MONTH - ON - MONTH

**3.60**



*Lowest Price*

Zamfara (1250)



*Highest Price*

Abuja (3210.86)



Catfish :Dried



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1592.90**

YEAR - ON - YEAR

**3.70**

MONTH - ON - MONTH

**1.68**



*Lowest Price*

Benue (1325.49)



Catfish Smoked

*Highest Price*

Abuja (2012)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1575.11**

YEAR - ON - YEAR

**7.43**

MONTH - ON - MONTH

**2.23**



*Lowest Price*

Katsina (1120)



Dried Fish Sardine

*Highest Price*

Enugu (2448)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1161.01**

YEAR - ON - YEAR

**15.47**

MONTH - ON - MONTH

**4.97**



*Lowest Price*

Bauchi (852.5)



Iced Sardine

*Highest Price*

Edo (1902.68)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1017.38**

YEAR - ON - YEAR

**16.57**

MONTH - ON - MONTH

**7.12**



*Lowest Price*

Taraba (444.45)



Tilapia Fish (Epiya) Fresh

*Highest Price*

Edo (1806.35)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Fish



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1327.44**

YEAR - ON - YEAR

**30.00**

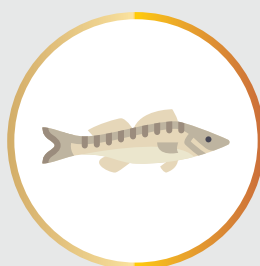
MONTH - ON - MONTH

**15.32**



*Lowest Price*

Adamawa (836.67)



Titus: Frozen

*Highest Price*

Akwa Ibom (2134.13)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N1201.57**

YEAR - ON - YEAR

**21.44**

MONTH - ON - MONTH

**7.55**



*Lowest Price*

Taraba (913.55)



Mackerel : Frozen

*Highest Price*

Edo (1905.44)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N308.72**

YEAR - ON - YEAR

**20.39**

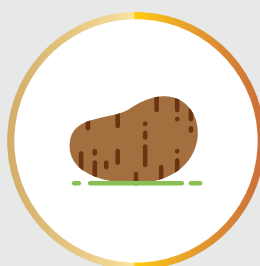
MONTH - ON - MONTH

**7.37**



*Lowest Price*

Taraba (111.98)



Yam Tuber

*Highest Price*

Ekiti (532.47)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N380.21**

YEAR - ON - YEAR

**15.89**

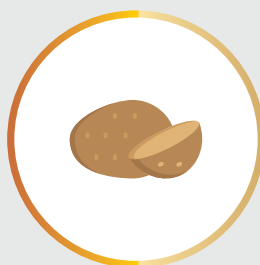
MONTH - ON - MONTH

**6.67**



*Lowest Price*

Plateau (154.76)



Irish Potato

*Highest Price*

Bayelsa (837.24)





# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N199.86**



YEAR - ON - YEAR

**12.81**



MONTH - ON - MONTH

**4.49**



*Lowest Price*

Borno (108.83)



Sweet Potato

*Highest Price*

Bayelsa (388.54)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Tomato and Onion



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N414.83**

YEAR - ON - YEAR

**36.45**

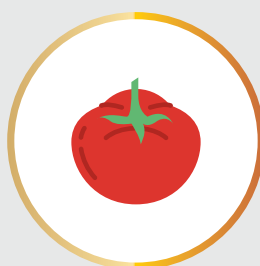
MONTH - ON - MONTH

**23.66**



*Lowest Price*

Adamawa (102.41)



Tomato

*Highest Price*

Edo (836.68)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N322.08**

YEAR - ON - YEAR

**34.96**

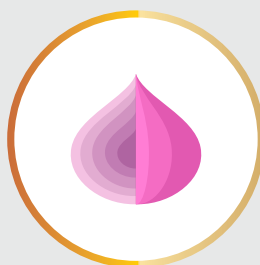
MONTH - ON - MONTH

**2.04**



*Lowest Price*

Gombe (121.56)



Onion bulb

*Highest Price*

Cross River (795.8)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Maize Grain



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N275.82**

YEAR - ON - YEAR

**45.16**

MONTH - ON - MONTH

**4.95**



*Lowest Price*

Adamawa (155.58)



Maize grain  
white sold loose

*Highest Price*

Bayelsa (444.29)



UNIT OF MEASUREMENT

**1KG**

JULY 2021

**N280.63**

YEAR - ON - YEAR

**46.43**

MONTH - ON - MONTH

**3.40**



*Lowest Price*

Adamawa (154.35)



Maize grain  
yellow sold loose

*Highest Price*

Bayelsa (469.24)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Plantain



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N296.05**



YEAR - ON - YEAR

**20.82**



MONTH - ON - MONTH

**8.42**



*Lowest Price*

Gombe (126.67)



Plantain (ripe)

*Highest Price*

Edo (528.46)



UNIT OF MEASUREMENT

**1KG**



JULY 2021

**N277.73**



YEAR - ON - YEAR

**17.10**



MONTH - ON - MONTH

**3.18**



*Lowest Price*

Kogi (169.17)



Plantain (unripe)

*Highest Price*

Anambra (495.61)



# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**

JULY 2021

**N768.81**

YEAR - ON - YEAR

**23.39**

MONTH - ON - MONTH

**5.54**



*Lowest Price*

Kogi (495.8)



*Highest Price*

Delta (1222.96)



Groundnut oil: 1 bottle,  
specify bottle



UNIT OF MEASUREMENT

**1 Ltr**

JULY 2021

**N635.31**

YEAR - ON - YEAR

**30.65**

MONTH - ON - MONTH

**4.28**



*Lowest Price*

Kwara (406.67)



*Highest Price*

Lagos (810)



Palm oil: 1 bottle,  
specify bottle

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**



JULY 2021

**N739.32**



YEAR - ON - YEAR

**28.16**



MONTH - ON - MONTH

**3.70**



*Lowest Price*

Niger (496.37)



*Highest Price*

Rivers (1039.22)



Vegetable Oil:1 bottle,  
specify bottle

# SELECTED FOOD PRICE WATCH - JULY 2021

## National – Wheat Flour



UNIT OF MEASUREMENT

**2KG**



JULY 2021

**N830.60**



YEAR - ON - YEAR

**16.50**



MONTH - ON - MONTH

**3.32**



*Lowest Price*

Kwara (678.83)



*Highest Price*

Abia (1000)




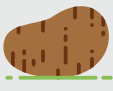









Wheat flour: prepacked  
(golden penny 2kg)

# SELECTED FOOD PRICE WATCH - JULY 2021

## Abia State



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N813.94</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N757.19</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N412.83</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N529.23</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N344.11</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N634.83</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N2123.78</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N451.19</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N465.63</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N1000.00</b>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Abia State
































	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	688.33	1.09	32.71
Agric eggs (medium size price of one)	1 Piece	59.79	1.41	34.35
Beans brown, sold loose	1Kg	757.19	0.80	110.30
Beans: white black eye. sold loose	1Kg	710.01	0.80	112.31
Beef Bone in	1Kg	1402.04	0.80	24.85
Beef, boneless	1Kg	2123.78	0.80	42.35
Bread sliced 500g	1 loaf	529.23	1.13	36.24
Bread unsliced 500g	1 loaf	496.63	3.19	38.84
Broken Rice (Ofada)	1Kg	514.73	0.06	- 3.36
Chicken Feet	1Kg	1217.4	0.06	49.35
Chicken Wings	1Kg	1834.43	0.06	28.42
Evaporated tinned milk carnation 170g	1 unit	200.44	0.06	28.63
Evaporated tinned milk (peak), 170g	1 unit	230.71	6.08	6.81
Frozen chicken	1 unit	2268.18	3.10	16.07
Gari white, sold loose	1Kg	465.63	0.60	63.28
Gari yellow, sold loose	1Kg	480.69	0.60	59.97
Mudfish (aro) fresh	1Kg	1373.36	0.60	10.25
Mudfish : dried	1Kg	2777.03	0.60	14.36
Onion bulb	1Kg	451.19	0.05	22.32
Rice agric sold loose	1Kg	516.62	0.05	19.77
Rice local sold loose	1Kg	412.83	0.05	3.02
Rice Medium Grained	1Kg	475.39	0.05	8.27
Rice, imported high quality sold loose	1Kg	665.79	0.05	29.33
Tomato	1Kg	813.94	0.09	62.43
Yam tuber	1Kg	344.11	0.90	70.40
Dried Fish Sardine	1Kg	2426.1	0.90	47.03
Iced Sardine	1Kg	1639.56	0.90	43.46
Irish potato	1Kg	625.05	0.90	42.82
Sweet potato	1Kg	222.28	0.90	53.49
Tilapia fish (epiya) fresh	1Kg	1138.15	0.90	22.33
Titus: frozen	1Kg	1854.1	0.90	57.34
Catfish (obokun) fresh	1Kg	1816.2	0.90	29.45
Catfish :dried	1Kg	2586.3	0.90	8.45
Catfish Smoked	1Kg	2010.04	0.90	13.32
Mackerel : frozen	1Kg	1733.81	0.90	57.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	1093.09	0.90	48.38
Maize grain white sold loose	1Kg	399.54	0.07	55.09
Maize grain yellow sold loose	1Kg	431.72	0.07	63.26
Palm oil: 1 bottle, specify bottle	1Ltr	634.83	0.07	52.12
Plantain (ripe)	1Kg	320.43	0.07	26.03
Plantain (unripe)	1Kg	341.95	0.07	60.78
Vegetable oil: 1 bottle, specify bottle	1Ltr	987.36	0.07	66.56
Wheat flour: prepacked (golden penny 2kg)	2Kg	1000	- 0.50	30.72
<b>AVERAGE</b>			0.77	39.52

# SELECTED FOOD PRICE WATCH - JULY 2021

## Abuja FCT



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N783.95</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N769.38</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N499.60</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N552.65</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N402.06</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N806.67</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N2380.00</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N477.79</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N462.76</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N860.00</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Abuja FCT






	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	668	2.77	39.37
Agric eggs(medium size price of one)	1 Piece	56.68	3.06	41.71
Beans brown,sold loose	1Kg	769.38	2.14	151.86
Beans:white black eye. sold loose	1Kg	633.33	5.23	137.40
Beef Bone in	1Kg	1796.15	4.66	53.33
Beef,boneless	1Kg	2380	1.71	57.88
Bread sliced 500g	1 loaf	552.65	2.03	47.37
Bread unsliced 500g	1 loaf	465.88	3.39	39.07
Broken Rice (Ofada)	1Kg	750.96	- 0.19	52.84
Chicken Feet	1Kg	730.88	0.05	4.33
Chicken Wings	1Kg	1698.57	0.66	12.49
Evaporated tinned milk carnation 170g	1 unit	195.26	0.05	21.39
Evaporated tinned milk(peak), 170g	1 unit	230.52	0.06	22.96
Frozen chicken	1 unit	2825	2.73	51.34
Gari white,sold loose	1Kg	462.76	2.65	86.88
Gari yellow,sold loose	1Kg	495.16	2.25	67.72
Mudfish (aro) fresh	1Kg	1800.65	2.89	37.18
Mudfish : dried	1Kg	2400	2.10	13.77
Onion bulb	1Kg	477.79	0.65	164.62
Rice agric sold loose	1Kg	601.81	- 0.55	9.10
Rice local sold loose	1Kg	499.6	5.96	18.77
Rice Medium Grained	1Kg	601.97	0.06	8.54
Rice,imported high quality sold loose	1Kg	666.67	1.67	11.11
Tomato	1Kg	783.95	8.04	175.56
Yam tuber	1Kg	402.06	- 0.95	35.66
Dried Fish Sardine	1Kg	2130.96	0.60	27.33
Iced Sardine	1Kg	1608.43	0.53	37.47
Irish potato	1Kg	510.42	- 10.22	16.06
Sweet potato	1Kg	258.75	- 8.70	17.66
Tilapia fish (epiya) fresh	1Kg	1760	2.92	36.43
Titus:frozen	1Kg	1952.5	- 1.39	55.67
Catfish (obokun) fresh	1Kg	1497.43	0.78	22.88
Catfish :dried	1Kg	3210.86	2.29	27.91
Catfish Smoked	1Kg	2012	0.60	5.85
Mackerel : frozen	1Kg	1520	8.53	15.44
Groundnut oil: 1 bottle, specify bottle	1Ltr	993.33	6.43	49.16
Maize grain white sold loose	1Kg	324.17	- 11.81	73.46
Maize grain yellow sold loose	1Kg	306.01	- 20.74	65.84
Palm oil: 1 bottle,specify bottle	1Ltr	806.67	9.01	45.78
Plantain(ripe)	1Kg	516.9	- 1.07	110.21
Plantain(unripe)	1Kg	426.03	- 9.95	64.64
Vegetable oil:1 bottle,specify bottle	1Ltr	862.42	0.37	37.62
Wheat flour: prepacked (golden penny 2kg)	2Kg	860	1.78	13.41
<b>AVERAGE</b>			0.54	48.49


# SELECTED FOOD PRICE WATCH - JULY 2021



## Adamawa State

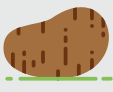





  
 Tomato


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N102.41</b>




  
 Rice  
 Local sold  
 Loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N340.50</b>




  
 Yam Tuber


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N120.22</b>




  
 Beef,  
 boneless


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N1272.52</b>




  
 Garri  
 white,sold  
 Loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N231.92</b>




  
 Beans  
 brown,  
 sold loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N325.11</b>




  
 Bread  
 sliced  
 500g


 UNIT OF MEASUREMENT	 JULY 2021
<b>1 loaf</b>	<b>N255.30</b>




  
 Palm oil:  
 1 bottle

 UNIT OF MEASUREMENT	 JULY 2021
<b>1Ltr</b>	<b>N511.11</b>


  
 Onion bulb

 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N141.25</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

 UNIT OF MEASUREMENT	 JULY 2021
<b>2KG</b>	<b>N736.67</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Adamawa State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	425.83	- 1.07	- 1.67
Agric eggs(medium size price of one)	1 Piece	41.5	- 2.24	- 10.08
Beans brown,sold loose	1Kg	325.11	- 1.92	41.78
Beans:white black eye. sold loose	1Kg	235.03	- 0.25	12.30
Beef Bone in	1Kg	1065.74	6.34	11.78
Beef,boneless	1Kg	1272.52	0.59	15.49
Bread sliced 500g	1 loaf	255.3	- 0.02	- 4.26
Bread unsliced 500g	1 loaf	236.3	0.34	- 6.60
Broken Rice (Ofada)	1Kg	368.4	2.80	11.73
Chicken Feet	1Kg	344.02	0.59	- 22.36
Chicken Wings	1Kg	493	0.29	4.23
Evaporated tinned milk carnation 170g	1 unit	139.14	1.46	15.95
Evaporated tinned milk(peak), 170g	1 unit	173.64	0.84	- 1.72
Frozen chicken	1 unit	1489.35	- 0.06	- 2.87
Gari white,sold loose	1Kg	231.92	0.59	13.31
Gari yellow,sold loose	1Kg	239.7	3.12	13.86
Mudfish (aro) fresh	1Kg	727.29	0.24	- 1.12
Mudfish : dried	1Kg	1320.63	- 0.56	- 16.45
Onion bulb	1Kg	141.25	5.67	1.72
Rice agric sold loose	1Kg	354.38	0.41	8.50
Rice local sold loose	1Kg	340.5	1.03	1.05
Rice Medium Grained	1Kg	288.67	2.45	- 7.77
Rice,imported high quality sold loose	1Kg	398.53	1.65	- 3.27
Tomato	1Kg	102.41	4.14	- 48.50
Yam tuber	1Kg	120.22	1.35	- 37.26
Dried Fish Sardine	1Kg	1423.33	- 0.18	- 16.82
Iced Sardine	1Kg	971.11	0.31	0.39
Irish potato	1Kg	186.67	3.65	- 16.06
Sweet potato	1Kg	110.37	0.40	- 19.64
Tilapia fish (epiya) fresh	1Kg	449.76	- 1.26	- 21.17
Titus:frozen	1Kg	836.67	0.13	- 2.95
Catfish (obokun) fresh	1Kg	811.3	- 0.37	- 26.88
Catfish :dried	1Kg	1347.14	0.28	0.34
Catfish Smoked	1Kg	1355.02	- 0.26	- 2.54
Mackerel : frozen	1Kg	988	- 0.09	- 0.09
Groundnut oil: 1 bottle, specify bottle	1Ltr	515	1.61	- 5.55
Maize grain white sold loose	1Kg	155.58	4.71	14.02
Maize grain yellow sold loose	1Kg	154.35	0.89	18.31
Palm oil: 1 bottle,specify bottle	1Ltr	511.11	- 1.71	0.31
Plantain(ripe)	1Kg	171.51	- 1.99	- 19.96
Plantain(unripe)	1Kg	169.26	- 3.28	- 23.83
Vegetable oil:1 bottle,specify bottle	1Ltr	524.07	- 1.12	- 3.59
Wheat flour: prepacked (golden penny 2kg)	2Kg	736.67	0.80	4.25
<b>AVERAGE</b>			0.70	3.11




# SELECTED FOOD PRICE WATCH - JULY 2021




## Akwa Ibom State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N761.61</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N731.21</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N484.79</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>JULY 2021</p> <p><b>N403.85</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N476.57</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>JULY 2021</p> <p><b>N674.29</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N2092.74</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N656.80</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N341.58</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>JULY 2021</p> <p><b>N921.43</b></p>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Akwa Ibom State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	681.07	0.08	62.10
Agric eggs(medium size price of one)	1 Piece	57.21	0.08	35.23
Beans brown,sold loose	1Kg	731.21	0.60	79.87
Beans:white black eye. sold loose	1Kg	654.92	0.60	84.95
Beef Bone in	1Kg	1271.04	- 1.05	12.47
Beef,boneless	1Kg	2092.74	0.60	47.04
Bread sliced 500g	1 loaf	403.85	- 10.32	11.70
Bread unsliced 500g	1 loaf	373.08	- 7.78	7.06
Broken Rice (Ofada)	1Kg	482.9	0.60	14.37
Chicken Feet	1Kg	979	0.60	36.69
Chicken Wings	1Kg	1046.09	0.60	- 8.17
Evaporated tinned milk carnation 170g	1 unit	242.9	15.66	39.38
Evaporated tinned milk(peak), 170g	1 unit	200	- 9.23	2.52
Frozen chicken	1 unit	2500	- 1.32	10.83
Gari white,sold loose	1Kg	341.58	- 11.17	58.76
Gari yellow,sold loose	1Kg	329.45	- 17.71	31.64
Mudfish (aro) fresh	1Kg	1188.89	2.18	- 1.61
Mudfish : dried	1Kg	1803.13	0.60	- 7.76
Onion bulb	1Kg	656.8	- 5.52	87.93
Rice agric sold loose	1Kg	644.44	5.59	36.87
Rice local sold loose	1Kg	484.79	14.32	27.58
Rice Medium Grained	1Kg	567.41	- 6.64	11.07
Rice,imported high quality sold loose	1Kg	650.95	3.56	15.86
Tomato	1Kg	761.61	0.09	56.17
Yam tuber	1Kg	476.57	18.88	4.65
Dried Fish Sardine	1Kg	1363.69	0.60	- 2.86
Iced Sardine	1Kg	1438.1	0.60	35.13
Irish potato	1Kg	797.62	3.89	41.07
Sweet potato	1Kg	349.97	16.46	51.61
Tilapia fish (epiya) fresh	1Kg	1345.07	0.70	18.98
Titus:frozen	1Kg	2134.13	- 1.72	93.17
Catfish (obokun) fresh	1Kg	1698.41	0.80	22.94
Catfish :dried	1Kg	2021.6	0.80	12.53
Catfish Smoked	1Kg	1770.33	0.80	13.49
Mackerel : frozen	1Kg	1092.12	5.16	12.91
Groundnut oil: 1 bottle, specify bottle	1Ltr	905.73	0.60	42.47
Maize grain white sold loose	1Kg	402.94	- 1.12	48.71
Maize grain yellow sold loose	1Kg	396.11	0.95	41.99
Palm oil: 1 bottle,specify bottle	1Ltr	674.29	10.34	47.16
Plantain(ripe)	1Kg	360.53	12.92	9.21
Plantain(unripe)	1Kg	412.9	6.77	37.19
Vegetable oil:1 bottle,specify bottle	1Ltr	933.33	8.49	33.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	921.43	2.32	10.02
<b>AVERAGE</b>			1.47	30.85




# SELECTED FOOD PRICE WATCH - JULY 2021




## Anambra State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N778.18</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N884.56</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N431.64</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N477.14</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N374.63</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N722.98</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N2102.08</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N432.76</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N493.45</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N965.00</b>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Anambra State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	697.86	2.82	31.62
Agric eggs (medium size price of one)	1 Piece	62.14	6.53	35.75
Beans brown, sold loose	1Kg	884.56	0.60	155.48
Beans: white black eye, sold loose	1Kg	758.54	0.60	150.88
Beef Bone in	1Kg	1365.39	0.60	26.09
Beef, boneless	1Kg	2102.08	0.60	38.32
Bread sliced 500g	1 loaf	477.14	0.45	22.34
Bread unsliced 500g	1 loaf	434.62	3.79	22.83
Broken Rice (Ofada)	1Kg	482.47	0.05	- 8.17
Chicken Feet	1Kg	1450.73	0.05	51.43
Chicken Wings	1Kg	1750.88	0.05	25.05
Evaporated tinned milk carnation 170g	1 unit	183.31	0.05	5.87
Evaporated tinned milk (peak), 170g	1 unit	232.14	- 2.02	13.97
Frozen chicken	1 unit	2513.33	3.11	18.74
Gari white, sold loose	1Kg	493.45	0.70	77.24
Gari yellow, sold loose	1Kg	537.6	0.80	43.95
Mudfish (aro) fresh	1Kg	1227.95	0.80	14.72
Mudfish : dried	1Kg	2822.4	0.80	24.72
Onion bulb	1Kg	432.76	0.05	74.13
Rice agric sold loose	1Kg	537.77	0.05	23.04
Rice local sold loose	1Kg	431.64	0.05	27.38
Rice Medium Grained	1Kg	460.46	0.05	5.37
Rice, imported high quality sold loose	1Kg	694.63	0.05	21.31
Tomato	1Kg	778.18	0.05	72.17
Yam tuber	1Kg	374.63	0.70	82.41
Dried Fish Sardine	1Kg	2310.18	0.70	26.77
Iced Sardine	1Kg	1618.39	0.70	32.11
Irish potato	1Kg	643.06	0.07	27.54
Sweet potato	1Kg	218.42	0.60	22.93
Tilapia fish (epiya) fresh	1Kg	1238.77	0.60	41.53
Titus: frozen	1Kg	1768.25	0.60	64.55
Catfish (obokun) fresh	1Kg	1814.16	0.60	26.57
Catfish :dried	1Kg	2627.78	0.60	11.68
Catfish Smoked	1Kg	1834.85	0.60	10.09
Mackerel : frozen	1Kg	1782.18	0.70	62.10
Groundnut oil: 1 bottle, specify bottle	1Ltr	1128.33	0.70	38.86
Maize grain white sold loose	1Kg	393.59	0.70	59.08
Maize grain yellow sold loose	1Kg	392.58	0.70	56.11
Palm oil: 1 bottle, specify bottle	1Ltr	722.98	0.70	73.90
Plantain (ripe)	1Kg	520.95	0.70	65.07
Plantain (unripe)	1Kg	495.61	0.70	71.22
Vegetable oil: 1 bottle, specify bottle	1Ltr	858.35	0.70	52.89
Wheat flour: prepacked (golden penny 2kg)	2Kg	965	3.13	27.60
<b>AVERAGE</b>			0.82	42.49




# SELECTED FOOD PRICE WATCH - JULY 2021




## Bauchi State

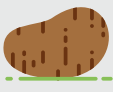







 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N114.87</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N211.40</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N345.67</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N243.64</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N114.90</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N460.77</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1256.67</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N124.04</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N214.90</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N787.50</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Bauchi State






	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	421.92	- 0.72	- 1.53
Agric eggs (medium size price of one)	1 Piece	42.86	- 1.48	9.08
Beans brown, sold loose	1Kg	211.4	5.52	31.28
Beans: white black eye. sold loose	1Kg	214.07	5.30	12.03
Beef Bone in	1Kg	961.51	- 2.89	3.51
Beef, boneless	1Kg	1256.67	- 0.18	0.79
Bread sliced 500g	1 loaf	243.64	- 0.68	- 2.66
Bread unsliced 500g	1 loaf	245	- 0.09	12.54
Broken Rice (Ofada)	1Kg	353.48	0.99	- 8.62
Chicken Feet	1Kg	309.44	- 1.14	- 11.95
Chicken Wings	1Kg	513	- 1.91	- 14.84
Evaporated tinned milk carnation 170g	1 unit	141	0.62	4.44
Evaporated tinned milk (peak), 170g	1 unit	177.69	4.41	4.10
Frozen chicken	1 unit	1500.3	0.00	- 10.43
Gari white, sold loose	1Kg	214.9	2.03	20.83
Gari yellow, sold loose	1Kg	224.98	4.42	9.51
Mudfish (aro) fresh	1Kg	793.85	0.21	- 1.81
Mudfish : dried	1Kg	1298.1	0.56	- 3.71
Onion bulb	1Kg	124.04	3.15	- 18.87
Rice agric sold loose	1Kg	396.89	0.53	9.53
Rice local sold loose	1Kg	345.67	2.94	11.20
Rice Medium Grained	1Kg	354.36	0.57	7.74
Rice, imported high quality sold loose	1Kg	415.2	- 0.03	1.42
Tomato	1Kg	114.87	2.16	- 14.29
Yam tuber	1Kg	114.9	1.46	- 41.03
Dried Fish Sardine	1Kg	1345	0.07	- 0.53
Iced Sardine	1Kg	852.5	0.18	- 3.80
Irish potato	1Kg	198.85	0.33	- 14.39
Sweet potato	1Kg	128.99	1.99	- 9.13
Tilapia fish (epiya) fresh	1Kg	450	5.51	- 34.93
Titus: frozen	1Kg	953.33	0.16	5.70
Catfish (obokun) fresh	1Kg	864.62	- 1.62	- 25.89
Catfish :dried	1Kg	1390.23	- 0.22	- 21.11
Catfish Smoked	1Kg	1391.92	- 0.24	- 3.96
Mackerel : frozen	1Kg	923.85	0.08	- 1.02
Groundnut oil: 1 bottle, specify bottle	1Ltr	507.95	1.02	2.96
Maize grain white sold loose	1Kg	167.75	5.31	29.00
Maize grain yellow sold loose	1Kg	170.82	4.76	30.73
Palm oil: 1 bottle, specify bottle	1Ltr	460.77	1.14	- 1.26
Plantain (ripe)	1Kg	177.5	1.43	- 16.24
Plantain (unripe)	1Kg	183.33	3.43	- 33.51
Vegetable oil: 1 bottle, specify bottle	1Ltr	541.03	1.93	4.71
Wheat flour: prepacked (golden penny 2kg)	2Kg	787.5	0.11	5.17
<b>AVERAGE</b>			1.19	1.84


# SELECTED FOOD PRICE WATCH - JULY 2021



## Bayelsa State

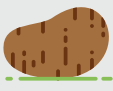





  
 Tomato


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N790.40</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N511.92</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N481.14</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N2045.56</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N441.84</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N657.92</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	JULY 2021
<b>1 loaf</b>	<b>N480.83</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	JULY 2021
<b>1Ltr</b>	<b>N735.56</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N546.21</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	JULY 2021
<b>2KG</b>	<b>N900.01</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Bayelsa State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	731.38	1.49	36.07
Agric eggs (medium size price of one)	1 Piece	61.04	1.73	35.59
Beans brown, sold loose	1Kg	657.92	28.94	49.40
Beans: white black eye. sold loose	1Kg	526.51	6.11	31.26
Beef Bone in	1Kg	1579.47	10.78	19.62
Beef, boneless	1Kg	2045.56	14.68	32.30
Bread sliced 500g	1 loaf	480.83	4.74	3.96
Bread unsliced 500g	1 loaf	420.33	0.88	- 8.05
Broken Rice (Ofada)	1Kg	550	4.05	- 1.79
Chicken Feet	1Kg	1371.14	0.70	8.89
Chicken Wings	1Kg	1621.76	3.60	16.19
Evaporated tinned milk carnation 170g	1 unit	200.75	4.29	25.80
Evaporated tinned milk (peak), 170g	1 unit	232.27	17.31	21.87
Frozen chicken	1 unit	2425	8.38	8.04
Gari white, sold loose	1Kg	441.84	10.29	24.86
Gari yellow, sold loose	1Kg	458.33	5.99	36.32
Mudfish (aro) fresh	1Kg	1335.95	11.03	11.32
Mudfish : dried	1Kg	1945.08	2.42	8.08
Onion bulb	1Kg	546.21	5.67	45.08
Rice agric sold loose	1Kg	604.74	- 0.89	0.18
Rice local sold loose	1Kg	511.92	- 1.63	- 2.14
Rice Medium Grained	1Kg	602.57	- 2.96	- 3.21
Rice, imported high quality sold loose	1Kg	671.4	- 1.26	- 2.40
Tomato	1Kg	790.4	50.08	45.81
Yam tuber	1Kg	481.14	7.92	- 2.66
Dried Fish Sardine	1Kg	1631.24	2.28	6.31
Iced Sardine	1Kg	1212.07	7.88	- 2.57
Irish potato	1Kg	837.24	58.14	108.72
Sweet potato	1Kg	388.54	38.56	35.60
Tilapia fish (epiya) fresh	1Kg	1596.12	7.44	25.09
Titus: frozen	1Kg	1913.3	53.33	93.28
Catfish (obokun) fresh	1Kg	1542.75	3.78	16.56
Catfish :dried	1Kg	2199.95	2.36	7.24
Catfish Smoked	1Kg	1712	- 2.74	- 1.10
Mackerel : frozen	1Kg	1366.02	12.81	38.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	802.47	49.27	60.26
Maize grain white sold loose	1Kg	444.29	3.25	27.66
Maize grain yellow sold loose	1Kg	469.24	2.32	39.25
Palm oil: 1 bottle, specify bottle	1Ltr	735.56	2.48	36.93
Plantain (ripe)	1Kg	457.48	16.23	25.21
Plantain (unripe)	1Kg	420.11	12.98	34.60
Vegetable oil: 1 bottle, specify bottle	1Ltr	838.1	4.76	49.78
Wheat flour: prepacked (golden penny 2kg)	2Kg	900.01	2.27	6.30
<b>AVERAGE</b>			10.97	24.38




# SELECTED FOOD PRICE WATCH - JULY 2021




## Benue State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N128.79</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N370.18</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N114.73</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N1378.43</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N238.43</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N322.51</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N264.44</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N466.67</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N129.90</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N792.81</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Benue State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	464.17	- 1.81	2.57
Agric eggs (medium size price of one)	1 Piece	42.5	- 3.09	- 7.47
Beans brown, sold loose	1Kg	322.51	2.64	9.32
Beans: white black eye. sold loose	1Kg	328.5	2.46	15.20
Beef Bone in	1Kg	1175.2	0.08	6.34
Beef, boneless	1Kg	1378.43	0.55	6.95
Bread sliced 500g	1 loaf	264.44	1.55	- 19.32
Bread unsliced 500g	1 loaf	260.35	- 0.21	- 1.75
Broken Rice (Ofada)	1Kg	353.33	- 0.94	6.00
Chicken Feet	1Kg	440.12	- 1.79	- 37.14
Chicken Wings	1Kg	553.33	- 0.86	- 36.48
Evaporated tinned milk carnation 170g	1 unit	143.2	0.12	- 9.37
Evaporated tinned milk (peak), 170g	1 unit	176.21	- 0.09	- 3.53
Frozen chicken	1 unit	1550.24	- 0.38	- 16.95
Gari white, sold loose	1Kg	238.43	1.88	17.42
Gari yellow, sold loose	1Kg	265.03	- 0.78	10.26
Mudfish (aro) fresh	1Kg	870.14	- 0.33	- 18.70
Mudfish : dried	1Kg	1347.37	- 0.03	- 8.05
Onion bulb	1Kg	129.9	7.11	- 7.69
Rice agric sold loose	1Kg	421.5	- 0.05	8.89
Rice local sold loose	1Kg	370.18	- 1.15	- 2.62
Rice Medium Grained	1Kg	384.6	0.04	- 0.64
Rice, imported high quality sold loose	1Kg	481.96	- 1.55	- 3.62
Tomato	1Kg	128.79	4.88	- 35.72
Yam tuber	1Kg	114.73	0.61	- 37.38
Dried Fish Sardine	1Kg	1395.13	- 0.23	- 5.95
Iced Sardine	1Kg	962.86	0.35	0.52
Irish potato	1Kg	172.08	- 1.93	- 26.85
Sweet potato	1Kg	166.92	2.20	- 41.42
Tilapia fish (epiya) fresh	1Kg	712.13	- 1.39	- 26.96
Titus: frozen	1Kg	925.13	0.04	- 11.83
Catfish (obokun) fresh	1Kg	830.12	- 0.97	- 21.93
Catfish :dried	1Kg	1393.18	3.05	1.65
Catfish Smoked	1Kg	1325.49	- 1.75	- 7.52
Mackerel : frozen	1Kg	946.92	0.36	- 10.74
Groundnut oil: 1 bottle, specify bottle	1Ltr	534.78	0.06	- 8.25
Maize grain white sold loose	1Kg	208.41	2.38	18.38
Maize grain yellow sold loose	1Kg	217.89	5.62	23.29
Palm oil: 1 bottle, specify bottle	1Ltr	466.67	- 0.00	- 3.45
Plantain (ripe)	1Kg	185.27	- 0.56	- 13.77
Plantain (unripe)	1Kg	186.02	- 1.09	- 18.25
Vegetable oil: 1 bottle, specify bottle	1Ltr	532.22	- 1.24	- 8.59
Wheat flour: prepacked (golden penny 2kg)	2Kg	792.81	- 0.00	7.14
<b>AVERAGE</b>			0.32	7.40




# SELECTED FOOD PRICE WATCH - JULY 2021




## Borno State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N125.05</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N234.92</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N345.99</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N245.11</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N118.14</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N508.89</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1243.89</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N122.29</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N211.90</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N701.65</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Borno State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	401.43	- 1.35	- 2.89
Agric eggs(medium size price of one)	1 Piece	41.15	- 0.44	7.66
Beans brown,sold loose	1Kg	234.92	3.30	20.65
Beans:white black eye. sold loose	1Kg	246.59	3.59	19.85
Beef Bone in	1Kg	998.77	0.27	- 1.66
Beef,boneless	1Kg	1243.89	0.67	3.66
Bread sliced 500g	1 loaf	245.11	1.08	- 14.64
Bread unsliced 500g	1 loaf	237.78	0.82	- 5.23
Broken Rice (Ofada)	1Kg	432.54	0.80	9.98
Chicken Feet	1Kg	313.6	- 0.52	- 32.60
Chicken Wings	1Kg	501.3	0.23	- 18.74
Evaporated tinned milk carnation 170g	1 unit	143.17	0.72	- 1.26
Evaporated tinned milk(peak), 170g	1 unit	175.56	2.56	0.21
Frozen chicken	1 unit	1489.89	0.04	- 21.15
Gari white,sold loose	1Kg	211.9	2.61	9.70
Gari yellow,sold loose	1Kg	224.05	0.22	8.42
Mudfish (aro) fresh	1Kg	744.44	- 0.00	- 12.90
Mudfish : dried	1Kg	1348.57	- 0.00	- 16.63
Onion bulb	1Kg	122.29	0.15	- 3.71
Rice agric sold loose	1Kg	375.05	- 0.41	6.44
Rice local sold loose	1Kg	345.99	0.16	12.56
Rice Medium Grained	1Kg	400.05	0.03	3.20
Rice,imported high quality sold loose	1Kg	386.28	- 0.71	- 0.17
Tomato	1Kg	125.05	- 3.22	11.71
Yam tuber	1Kg	118.14	6.28	- 12.12
Dried Fish Sardine	1Kg	1408.33	0.36	- 9.44
Iced Sardine	1Kg	958.89	0.23	- 4.51
Irish potato	1Kg	188.66	3.49	- 17.59
Sweet potato	1Kg	108.83	4.85	- 9.93
Tilapia fish (epiya) fresh	1Kg	472.25	- 5.38	- 18.42
Titus:frozen	1Kg	935.95	0.03	- 0.41
Catfish (obokun) fresh	1Kg	756.8	- 0.40	- 5.41
Catfish :dried	1Kg	1425.8	- 0.10	- 13.59
Catfish Smoked	1Kg	1330.56	0.02	- 0.22
Mackerel : frozen	1Kg	960.77	0.75	3.40
Groundnut oil: 1 bottle, specify bottle	1Ltr	536.67	- 0.24	- 2.54
Maize grain white sold loose	1Kg	165.16	4.61	68.65
Maize grain yellow sold loose	1Kg	174.08	2.13	66.84
Palm oil: 1 bottle,specify bottle	1Ltr	508.89	0.34	1.41
Plantain(ripe)	1Kg	177.32	0.13	- 13.27
Plantain(unripe)	1Kg	190.56	- 1.01	- 12.58
Vegetable oil:1 bottle,specify bottle	1Ltr	561.67	- 0.88	0.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	701.65	0.11	9.02
<b>AVERAGE</b>			0.60	0.28




# SELECTED FOOD PRICE WATCH - JULY 2021




## Cross River State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N813.16</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N671.97</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N463.30</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>JULY 2021</p> <p><b>N452.61</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N300.63</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>JULY 2021</p> <p><b>N674.37</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N2207.95</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N795.80</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N359.87</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>JULY 2021</p> <p><b>N855.00</b></p>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Cross River State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	725.35	0.50	42.16
Agric eggs(medium size price of one)	1 Piece	61.26	0.50	43.67
Beans brown,sold loose	1Kg	671.97	- 6.07	77.87
Beans:white black eye. sold loose	1Kg	601.06	- 13.29	135.36
Beef Bone in	1Kg	1528.08	0.50	9.45
Beef,boneless	1Kg	2207.95	0.50	57.31
Bread sliced 500g	1 loaf	452.61	0.50	29.66
Bread unsliced 500g	1 loaf	402.5	0.50	28.71
Broken Rice (Ofada)	1Kg	436.36	- 8.28	33.33
Chicken Feet	1Kg	1306.5	0.50	5.93
Chicken Wings	1Kg	1557.75	0.50	17.88
Evaporated tinned milk carnation 170g	1 unit	181.67	0.65	6.85
Evaporated tinned milk(peak), 170g	1 unit	197	- 9.81	7.28
Frozen chicken	1 unit	2400	- 0.06	12.15
Gari white,sold loose	1Kg	359.87	0.70	61.86
Gari yellow,sold loose	1Kg	406.89	0.70	54.87
Mudfish (aro) fresh	1Kg	1738.75	0.70	44.73
Mudfish : dried	1Kg	2318.34	0.70	10.30
Onion bulb	1Kg	795.8	0.07	118.00
Rice agric sold loose	1Kg	561.62	- 1.36	17.13
Rice local sold loose	1Kg	463.3	7.80	26.10
Rice Medium Grained	1Kg	519.48	- 4.86	10.66
Rice,imported high quality sold loose	1Kg	602.09	0.05	24.14
Tomato	1Kg	813.16	0.05	69.74
Yam tuber	1Kg	300.63	- 13.10	7.08
Dried Fish Sardine	1Kg	2137.83	0.50	18.82
Iced Sardine	1Kg	1344.21	0.50	30.02
Irish potato	1Kg	548.18	0.50	25.79
Sweet potato	1Kg	187.87	2.05	6.17
Tilapia fish (epiya) fresh	1Kg	1586.08	0.05	22.92
Titus:frozen	1Kg	1974.1	0.05	77.48
Catfish (obokun) fresh	1Kg	1531.57	- 0.32	8.19
Catfish :dried	1Kg	2424.61	0.88	- 10.88
Catfish Smoked	1Kg	1931.88	1.60	6.85
Mackerel : frozen	1Kg	1525.69	0.05	52.60
Groundnut oil: 1 bottle, specify bottle	1Ltr	973.33	- 6.08	13.03
Maize grain white sold loose	1Kg	381.62	0.40	52.81
Maize grain yellow sold loose	1Kg	403.03	0.60	56.81
Palm oil: 1 bottle,specify bottle	1Ltr	674.37	0.60	61.19
Plantain(ripe)	1Kg	301.88	0.60	49.50
Plantain(unripe)	1Kg	367.92	27.19	70.93
Vegetable oil:1 bottle,specify bottle	1Ltr	920.64	1.54	53.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	855	3.58	18.67
<b>AVERAGE</b>			- 0.17	36.43




# SELECTED FOOD PRICE WATCH - JULY 2021




## Delta State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N812.77</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N613.26</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N495.71</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N504.82</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N409.23</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N717.18</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N2289.91</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N694.05</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N494.27</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N877.27</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Delta State




	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	673.98	0.06	17.76
Agric eggs(medium size price of one)	1 Piece	58.89	0.06	20.86
Beans brown,sold loose	1Kg	613.26	0.06	76.23
Beans:white black eye. sold loose	1Kg	502.93	0.50	69.91
Beef Bone in	1Kg	1461.35	0.50	31.11
Beef,boneless	1Kg	2289.91	0.50	52.53
Bread sliced 500g	1 loaf	504.82	0.50	54.73
Bread unsliced 500g	1 loaf	488.75	0.06	53.30
Broken Rice (Ofada)	1Kg	420.44	0.06	28.71
Chicken Feet	1Kg	1409.42	0.06	34.78
Chicken Wings	1Kg	1858.26	0.06	35.97
Evaporated tinned milk carnation 170g	1 unit	200	- 0.29	28.42
Evaporated tinned milk(peak), 170g	1 unit	200	- 10.26	- 0.03
Frozen chicken	1 unit	2415.56	2.77	26.95
Gari white,sold loose	1Kg	494.27	2.73	52.63
Gari yellow,sold loose	1Kg	495.86	- 0.95	42.30
Mudfish (aro) fresh	1Kg	1518.4	0.58	50.96
Mudfish : dried	1Kg	2518.66	0.78	26.80
Onion bulb	1Kg	694.05	0.06	122.11
Rice agric sold loose	1Kg	568.16	- 0.94	11.40
Rice local sold loose	1Kg	495.71	11.28	14.45
Rice Medium Grained	1Kg	550.49	0.06	12.06
Rice,imported high quality sold loose	1Kg	674.61	0.06	11.87
Tomato	1Kg	812.77	0.06	55.11
Yam tuber	1Kg	409.23	1.30	73.07
Dried Fish Sardine	1Kg	1808.89	5.05	10.61
Iced Sardine	1Kg	1343.89	0.06	18.75
Irish potato	1Kg	554.08	0.06	14.30
Sweet potato	1Kg	172.4	15.00	39.38
Tilapia fish (epiya) fresh	1Kg	1301.77	0.06	16.05
Titus:frozen	1Kg	1963.43	0.06	43.07
Catfish (obokun) fresh	1Kg	1295.47	0.06	4.02
Catfish :dried	1Kg	3000.92	0.06	74.49
Catfish Smoked	1Kg	1855.8	0.06	9.34
Mackerel : frozen	1Kg	1556.11	0.06	37.31
Groundnut oil: 1 bottle, specify bottle	1Ltr	1222.96	0.06	35.51
Maize grain white sold loose	1Kg	317.51	- 14.33	13.82
Maize grain yellow sold loose	1Kg	404.05	0.78	66.28
Palm oil: 1 bottle,specify bottle	1Ltr	717.18	2.35	29.96
Plantain(ripe)	1Kg	362.02	5.00	50.80
Plantain(unripe)	1Kg	328.87	1.25	55.87
Vegetable oil:1 bottle,specify bottle	1Ltr	876.92	2.88	53.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	877.27	1.71	16.00
<b>AVERAGE</b>			0.70	37.05


# SELECTED FOOD PRICE WATCH - JULY 2021

## Ebonyi State





  
 Tomato


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N802.06</b>


  
 Rice Local sold Loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N440.26</b>


  
 Yam Tuber


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N434.08</b>


  
 Beef, boneless


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N2416.80</b>


  
 Garri white, sold Loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N500.96</b>


  
 Beans brown, sold loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N881.64</b>


  
 Bread sliced 500g


UNIT OF MEASUREMENT	JULY 2021
<b>1 loaf</b>	<b>N392.86</b>


  
 Palm oil: 1 bottle

UNIT OF MEASUREMENT	JULY 2021
<b>1Ltr</b>	<b>N711.68</b>


  
 Onion bulb

UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N666.19</b>


  
 Wheat flour: prepacked (golden penny) 2kg

UNIT OF MEASUREMENT	JULY 2021
<b>2KG</b>	<b>N950.00</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Ebonyi State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	665.56	0.79	24.33
Agric eggs (medium size price of one)	1 Piece	60.86	0.81	29.93
Beans brown, sold loose	1Kg	881.64	0.70	78.64
Beans: white black eye. sold loose	1Kg	779.55	0.70	75.15
Beef Bone in	1Kg	1488.67	0.70	29.36
Beef, boneless	1Kg	2416.8	0.70	64.78
Bread sliced 500g	1 loaf	392.86	- 6.56	15.55
Bread unsliced 500g	1 loaf	387.5	10.71	23.02
Broken Rice (Ofada)	1Kg	615.52	1.70	17.74
Chicken Feet	1Kg	755.11	0.05	2.97
Chicken Wings	1Kg	962.31	0.05	6.23
Evaporated tinned milk carnation 170g	1 unit	200.46	0.05	14.26
Evaporated tinned milk (peak), 170g	1 unit	240	5.49	19.50
Frozen chicken	1 unit	2519.79	0.60	18.49
Gari white, sold loose	1Kg	500.96	0.08	46.43
Gari yellow, sold loose	1Kg	540.47	0.08	35.09
Mudfish (aro) fresh	1Kg	1030.42	0.70	11.86
Mudfish : dried	1Kg	2247.8	0.70	7.72
Onion bulb	1Kg	666.19	0.06	133.55
Rice agric sold loose	1Kg	480.29	0.06	4.41
Rice local sold loose	1Kg	440.26	0.06	15.14
Rice Medium Grained	1Kg	422.47	0.06	3.77
Rice, imported high quality sold loose	1Kg	700.42	0.06	55.49
Tomato	1Kg	802.06	0.09	83.68
Yam tuber	1Kg	434.08	0.08	52.23
Dried Fish Sardine	1Kg	1721.34	0.08	11.93
Iced Sardine	1Kg	1363.45	0.08	19.30
Irish potato	1Kg	700.56	0.08	54.78
Sweet potato	1Kg	261.24	0.08	53.99
Tilapia fish (epiya) fresh	1Kg	1268.01	0.70	24.05
Titus: frozen	1Kg	1858.22	0.70	58.96
Catfish (obokun) fresh	1Kg	1536.52	0.70	24.08
Catfish :dried	1Kg	2809.27	0.70	10.17
Catfish Smoked	1Kg	1880.67	0.70	5.62
Mackerel : frozen	1Kg	1702.31	0.70	54.76
Groundnut oil: 1 bottle, specify bottle	1Ltr	906.78	0.70	8.28
Maize grain white sold loose	1Kg	394.85	0.08	34.10
Maize grain yellow sold loose	1Kg	397.94	0.08	34.37
Palm oil: 1 bottle, specify bottle	1Ltr	711.68	0.08	37.50
Plantain (ripe)	1Kg	410.64	0.08	87.87
Plantain (unripe)	1Kg	289.57	0.08	54.64
Vegetable oil: 1 bottle, specify bottle	1Ltr	862.6	0.08	60.73
Wheat flour: prepacked (golden penny 2kg)	2Kg	950	- 3.12	25.24
<b>AVERAGE</b>			0.49	35.57




# SELECTED FOOD PRICE WATCH - JULY 2021




## Edo State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N836.68</b>




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N630.38</b>




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N498.04</b>




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N465.75</b>




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N449.73</b>

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N759.26</b>

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N2314.49</b>

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N543.87</b>

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N448.35</b>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N876.67</b>



# SELECTED FOOD PRICE WATCH - JULY 2021


## Edo State





	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	732.63	1.65	34.32
Agric eggs (medium size price of one)	1 Piece	62.75	4.58	35.34
Beans brown, sold loose	1Kg	630.38	0.28	89.32
Beans: white black eye, sold loose	1Kg	531.63	- 0.28	98.34
Beef Bone in	1Kg	1602.03	4.52	51.72
Beef, boneless	1Kg	2314.49	0.41	50.00
Bread sliced 500g	1 loaf	465.75	3.30	38.57
Bread unsliced 500g	1 loaf	353.33	0.75	36.22
Broken Rice (Ofada)	1Kg	563.75	0.60	8.49
Chicken Feet	1Kg	995	- 0.57	16.97
Chicken Wings	1Kg	1791.88	0.48	18.96
Evaporated tinned milk carnation 170g	1 unit	186	0.28	22.12
Evaporated tinned milk (peak), 170g	1 unit	223.16	0.30	12.91
Frozen chicken	1 unit	2425	2.81	36.49
Gari white, sold loose	1Kg	448.35	0.48	98.67
Gari yellow, sold loose	1Kg	481.35	0.18	82.98
Mudfish (aro) fresh	1Kg	1713.17	0.28	36.38
Mudfish : dried	1Kg	2446.97	2.23	32.25
Onion bulb	1Kg	543.87	- 2.53	56.35
Rice agric sold loose	1Kg	582.5	1.01	18.26
Rice local sold loose	1Kg	498.04	8.48	5.02
Rice Medium Grained	1Kg	588.97	12.71	18.33
Rice, imported high quality sold loose	1Kg	658.64	0.99	- 0.02
Tomato	1Kg	836.68	- 5.08	68.97
Yam tuber	1Kg	449.73	8.14	44.98
Dried Fish Sardine	1Kg	1877.94	0.45	30.63
Iced Sardine	1Kg	1902.68	0.19	80.80
Irish potato	1Kg	590.79	- 3.22	14.19
Sweet potato	1Kg	289.57	5.12	68.95
Tilapia fish (epiya) fresh	1Kg	1806.35	0.49	66.09
Titus: frozen	1Kg	2119.78	2.43	77.62
Catfish (obokun) fresh	1Kg	1599.63	0.62	27.94
Catfish :dried	1Kg	2695.99	3.19	20.43
Catfish Smoked	1Kg	1954.89	3.41	17.82
Mackerel : frozen	1Kg	1905.44	2.99	60.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	872.73	0.70	8.31
Maize grain white sold loose	1Kg	320.71	4.41	23.98
Maize grain yellow sold loose	1Kg	303.17	- 4.01	15.23
Palm oil: 1 bottle, specify bottle	1Ltr	759.26	- 0.27	34.87
Plantain (ripe)	1Kg	528.46	- 10.85	97.12
Plantain (unripe)	1Kg	474.36	5.40	113.38
Vegetable oil: 1 bottle, specify bottle	1Ltr	900.26	0.80	56.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	876.67	0.70	12.71
<b>AVERAGE</b>			1.36	42.78


# SELECTED FOOD PRICE WATCH - JULY 2021



## Ekiti State


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N342.12</b>



Tomato




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N489.04</b>



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N515.24</b>



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2021
<b>1 loaf</b>	<b>N350.00</b>



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N532.47</b>



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2021
<b>1Ltr</b>	<b>N723.81</b>



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N1756.25</b>



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N211.24</b>



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N299.92</b>

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JULY 2021
<b>2KG</b>	<b>N870.00</b>

Wheat flour: prepacked (golden penny) 2kg

# SELECTED FOOD PRICE WATCH - JULY 2021

## Ekiti State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	625	8.17	32.32
Agric eggs (medium size price of one)	1 Piece	56.92	5.63	41.27
Beans brown, sold loose	1Kg	489.04	0.98	60.84
Beans: white black eye, sold loose	1Kg	480.74	- 2.29	88.00
Beef Bone in	1Kg	1414.72	4.48	22.79
Beef, boneless	1Kg	1756.25	0.40	20.09
Bread sliced 500g	1 loaf	350	- 1.25	38.37
Bread unsliced 500g	1 loaf	353.85	1.10	41.54
Broken Rice (Ofada)	1Kg	551	- 8.45	34.71
Chicken Feet	1Kg	810	2.27	15.66
Chicken Wings	1Kg	1375	4.62	19.57
Evaporated tinned milk carnation 170g	1 unit	210	- 6.67	5.00
Evaporated tinned milk (peak), 170g	1 unit	217.86	1.07	9.39
Frozen chicken	1 unit	1879	4.39	19.94
Gari white, sold loose	1Kg	299.92	4.53	78.53
Gari yellow, sold loose	1Kg	302.92	2.69	35.78
Mudfish (aro) fresh	1Kg	1242.53	3.48	30.27
Mudfish : dried	1Kg	2075.43	- 3.76	- 3.06
Onion bulb	1Kg	211.24	- 8.17	- 12.42
Rice agric sold loose	1Kg	409.32	25.95	3.91
Rice local sold loose	1Kg	515.24	- 1.81	9.48
Rice Medium Grained	1Kg	507.64	5.61	63.96
Rice, imported high quality sold loose	1Kg	621.62	- 8.24	23.40
Tomato	1Kg	342.12	- 0.30	47.29
Yam tuber	1Kg	532.47	14.33	128.93
Dried Fish Sardine	1Kg	1560	0.65	- 1.02
Iced Sardine	1Kg	1016.67	3.24	21.03
Irish potato	1Kg	270.13	- 5.45	28.93
Sweet potato	1Kg	183.5	1.88	31.37
Tilapia fish (epiya) fresh	1Kg	957	6.93	3.99
Titus: frozen	1Kg	1302.29	1.86	29.97
Catfish (obokun) fresh	1Kg	1100	1.85	29.41
Catfish :dried	1Kg	1842.86	0.52	- 1.28
Catfish Smoked	1Kg	1810	- 1.31	- 2.16
Mackerel : frozen	1Kg	953.88	5.00	29.38
Groundnut oil: 1 bottle, specify bottle	1Ltr	946.67	9.23	64.73
Maize grain white sold loose	1Kg	291.15	6.19	45.89
Maize grain yellow sold loose	1Kg	311.92	5.95	59.03
Palm oil: 1 bottle, specify bottle	1Ltr	723.81	11.67	47.38
Plantain (ripe)	1Kg	306.12	2.02	23.16
Plantain (unripe)	1Kg	301.42	16.61	27.78
Vegetable oil: 1 bottle, specify bottle	1Ltr	833.33	7.45	26.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	870	10.59	26.09
<b>AVERAGE</b>			3.11	31.30




# SELECTED FOOD PRICE WATCH - JULY 2021




## Enugu State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N714.30</b>




		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N896.32</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N435.25</b>




		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N385.00</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N462.71</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N705.46</b>

		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N2172.09</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N399.97</b>

		
Garri white, sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N450.17</b>

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N965.64</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Enugu State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	665.17	0.13	27.91
Agric eggs(medium size price of one)	1 Piece	58.63	0.12	27.5
Beans brown,sold loose	1Kg	896.32	0.6	105.87
Beans:white black eye. sold loose	1Kg	782.04	0.6	102.65
Beef Bone in	1Kg	1383.19	0.5	13.65
Beef,boneless	1Kg	2172.09	0.5	42.84
Bread sliced 500g	1 loaf	385	-14.54	22.87
Bread unsliced 500g	1 loaf	350	0.57	35.99
Broken Rice (Ofada)	1Kg	553.68	0.05	-1.88
Chicken Feet	1Kg	1200.6	0.05	43.76
Chicken Wings	1Kg	1750.88	0.05	31.32
Evaporated tinned milk carnation 170g	1 unit	192.26	0.05	8.36
Evaporated tinned milk(peak), 170g	1 unit	242.73	-0.93	20.75
Frozen chicken	1 unit	2322.86	3.24	17.32
Gari white,sold loose	1Kg	450.17	0.09	62.35
Gari yellow,sold loose	1Kg	506.87	0.09	58.54
Mudfish (aro) fresh	1Kg	1827	0.6	13.95
Mudfish : dried	1Kg	2475.24	0.6	17.39
Onion bulb	1Kg	399.97	0.07	76.03
Rice agric sold loose	1Kg	523.8	0.09	7.21
Rice local sold loose	1Kg	435.25	0.05	5.24
Rice Medium Grained	1Kg	596.26	0.05	21.1
Rice,imported high quality sold loose	1Kg	702.35	0.05	26.08
Tomato	1Kg	714.3	0.5	87.28
Yam tuber	1Kg	462.71	0.5	91.72
Dried Fish Sardine	1Kg	2448	0.8	37.68
Iced Sardine	1Kg	1376.24	0.09	31.97
Irish potato	1Kg	707.77	0.05	55.32
Sweet potato	1Kg	276.84	0.05	83.75
Tilapia fish (epiya) fresh	1Kg	1551.4	0.09	79.88
Titus:frozen	1Kg	1724.24	0.09	57.64
Catfish (obokun) fresh	1Kg	1801.62	0.09	44.13
Catfish :dried	1Kg	2218.66	0.09	62.14
Catfish Smoked	1Kg	2001.8	0.09	14.66
Mackerel : frozen	1Kg	1679.03	0.09	52.2
Groundnut oil: 1 bottle, specify bottle	1Ltr	934.17	0.09	21.85
Maize grain white sold loose	1Kg	386.31	0.09	70.35
Maize grain yellow sold loose	1Kg	385.53	0.09	63.46
Palm oil: 1 bottle,specify bottle	1Ltr	705.46	0.09	56.35
Plantain(ripe)	1Kg	478.75	0.09	91.98
Plantain(unripe)	1Kg	434.22	0.09	91.23
Vegetable oil:1 bottle,specify bottle	1Ltr	858.35	0.09	56.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	965.64	2.14	23.81
<b>AVERAGE</b>			-0.05	45.6




# SELECTED FOOD PRICE WATCH - JULY 2021




## Gombe State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N146.60</b>




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N300.45</b>




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N347.06</b>




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N245.30</b>




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N128.02</b>

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N494.24</b>

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N1232.95</b>

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N121.56</b>

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N224.36</b>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N767.70</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Gombe State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	416.25	1.11	-0.05
Agric eggs(medium size price of one)	1 Piece	42.05	0.52	9.22
Beans brown,sold loose	1Kg	300.45	0.65	13.66
Beans:white black eye. sold loose	1Kg	264.93	0.42	39.54
Beef Bone in	1Kg	1122.52	0.58	-3.78
Beef,boneless	1Kg	1232.95	0.01	-3.3
Bread sliced 500g	1 loaf	245.3	-1.2	1.15
Bread unsliced 500g	1 loaf	248.28	-0.78	0.04
Broken Rice (Ofada)	1Kg	395.3	0.53	0.66
Chicken Feet	1Kg	355.3	-0.62	-17.4
Chicken Wings	1Kg	542.9	-1.44	-18.17
Evaporated tinned milk carnation 170g	1 unit	144.17	0.12	-2.37
Evaporated tinned milk(peak), 170g	1 unit	172.22	0.39	-6.4
Frozen chicken	1 unit	1385	-0.24	-3.44
Gari white,sold loose	1Kg	224.36	0.11	7.94
Gari yellow,sold loose	1Kg	227.63	2.38	16.6
Mudfish (aro) fresh	1Kg	805.66	-0.82	-4.95
Mudfish : dried	1Kg	1318.57	0.57	5.43
Onion bulb	1Kg	121.56	1.08	-35.04
Rice agric sold loose	1Kg	380.64	0.05	16.16
Rice local sold loose	1Kg	347.06	-1	25.42
Rice Medium Grained	1Kg	338.27	0.03	18.29
Rice,imported high quality sold loose	1Kg	425	0.07	0.78
Tomato	1Kg	146.6	3.08	-30.03
Yam tuber	1Kg	128.02	0.11	-39.27
Dried Fish Sardine	1Kg	1372.14	0.05	-8.93
Iced Sardine	1Kg	997.5	0.37	-9.53
Irish potato	1Kg	207.64	3.26	-1.67
Sweet potato	1Kg	128.18	0.52	-21.45
Tilapia fish (epiya) fresh	1Kg	559.58	-1.7	-26.81
Titus:frozen	1Kg	938.1	-0.05	2.34
Catfish (obokun) fresh	1Kg	750.75	0.01	-6.37
Catfish :dried	1Kg	1367.8	0.09	1.23
Catfish Smoked	1Kg	1365.22	0.15	-6.03
Mackerel : frozen	1Kg	935.56	-0.14	5.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	536.83	0.19	-2.87
Maize grain white sold loose	1Kg	174.81	2.63	30.45
Maize grain yellow sold loose	1Kg	183.32	3.99	45.89
Palm oil: 1 bottle,specify bottle	1Ltr	494.24	1.68	8.5
Plantain(ripe)	1Kg	126.67	0.39	-36.74
Plantain(unripe)	1Kg	177.78	-1.05	-29.67
Vegetable oil:1 bottle,specify bottle	1Ltr	520.48	-0.55	0.37
Wheat flour: prepacked (golden penny 2kg)	2Kg	767.7	0.13	2
<b>AVERAGE</b>			0.37	-1.47




# SELECTED FOOD PRICE WATCH - JULY 2021




## Imo State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N808.70</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N797.12</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N480.77</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>JULY 2021</p> <p><b>N479.17</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N351.98</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>JULY 2021</p> <p><b>N782.45</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N2138.41</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N591.75</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N497.45</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>JULY 2021</p> <p><b>N960.00</b></p>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Imo State

























	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	670.67	-0.74	32.09
Agric eggs(medium size price of one)	1 Piece	59.36	-1.94	21.87
Beans brown,sold loose	1Kg	797.12	0.7	107.49
Beans:white black eye. sold loose	1Kg	656.47	0.7	74.56
Beef Bone in	1Kg	1399.81	0.3	14.78
Beef,boneless	1Kg	2138.41	0.3	48.99
Bread sliced 500g	1 loaf	479.17	2.83	50.33
Bread unsliced 500g	1 loaf	358.33	3.02	20.45
Broken Rice (Ofada)	1Kg	549.51	0.07	6.6
Chicken Feet	1Kg	1035.15	0.08	46.43
Chicken Wings	1Kg	1350.04	0.08	44.08
Evaporated tinned milk carnation 170g	1 unit	204.76	0.7	4.56
Evaporated tinned milk(peak), 170g	1 unit	224	0.71	11.07
Frozen chicken	1 unit	2250	2.86	16.15
Gari white,sold loose	1Kg	497.45	0.5	85.41
Gari yellow,sold loose	1Kg	519.6	0.5	64.62
Mudfish (aro) fresh	1Kg	1425.23	0.5	14.31
Mudfish : dried	1Kg	2595.87	0.5	17.26
Onion bulb	1Kg	591.75	0.5	129.79
Rice agric sold loose	1Kg	698.27	0.07	34.67
Rice local sold loose	1Kg	480.77	0.07	4.26
Rice Medium Grained	1Kg	571.88	0.07	9.25
Rice,imported high quality sold loose	1Kg	766.92	0.07	26.35
Tomato	1Kg	808.7	0.07	101.08
Yam tuber	1Kg	351.98	0.5	75.6
Dried Fish Sardine	1Kg	2071.42	0.5	41.61
Iced Sardine	1Kg	1776.83	0.6	41.71
Irish potato	1Kg	563.36	0.6	26.6
Sweet potato	1Kg	281.98	0.6	57.82
Tilapia fish (epiya) fresh	1Kg	1658.25	0.5	63.46
Titus:frozen	1Kg	1797.2	0.5	55.15
Catfish (obokun) fresh	1Kg	1527.16	0.5	17.47
Catfish :dried	1Kg	2864.9	0.5	3.8
Catfish Smoked	1Kg	1857.28	0.5	21.16
Mackerel : frozen	1Kg	1669.84	0.5	54.5
Groundnut oil: 1 bottle, specify bottle	1Ltr	972.46	0.6	81.61
Maize grain white sold loose	1Kg	390.29	0.6	51.12
Maize grain yellow sold loose	1Kg	389.71	0.6	50.77
Palm oil: 1 bottle,specify bottle	1Ltr	782.45	0.6	70.82
Plantain(ripe)	1Kg	405.45	0.6	34.78
Plantain(unripe)	1Kg	377.78	0.6	40.62
Vegetable oil:1 bottle,specify bottle	1Ltr	892.5	0.6	55.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	960	5.49	25.9
<b>AVERAGE</b>			0.65	43.17

# SELECTED FOOD PRICE WATCH - JULY 2021

## Jigawa State



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N276.92</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N409.49</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N329.19</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N326.67</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N313.64</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N675.76</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1295.34</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N240.00</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N311.22</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N907.50</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Jigawa State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	609.09	15.21	37.81
Agric eggs(medium size price of one)	1 Piece	53.27	0.51	36.02
Beans brown,sold loose	1Kg	409.49	3.03	60.58
Beans:white black eye. sold loose	1Kg	404.31	7.29	116.97
Beef Bone in	1Kg	1088.89	5.55	18.68
Beef,boneless	1Kg	1295.34	1.74	8.03
Bread sliced 500g	1 loaf	326.67	7.4	23.6
Bread unsliced 500g	1 loaf	313.64	7.1	30.68
Broken Rice (Ofada)	1Kg	400.95	-5.64	25.25
Chicken Feet	1Kg	727.78	3.89	25.48
Chicken Wings	1Kg	1019.17	9.51	29.01
Evaporated tinned milk carnation 170g	1 unit	200	1.69	25
Evaporated tinned milk(peak), 170g	1 unit	212	1.27	6.44
Frozen chicken	1 unit	2466.67	2.21	8.03
Gari white,sold loose	1Kg	311.22	6.19	45.09
Gari yellow,sold loose	1Kg	323.63	1.01	45.92
Mudfish (aro) fresh	1Kg	1085.19	2.32	13.92
Mudfish : dried	1Kg	1381.76	5.6	9.23
Onion bulb	1Kg	240	9.25	20.08
Rice agric sold loose	1Kg	332.63	15.72	12.58
Rice local sold loose	1Kg	329.19	14.12	10.99
Rice Medium Grained	1Kg	413.79	18.23	26.4
Rice,imported high quality sold loose	1Kg	472.86	-10.45	8.96
Tomato	1Kg	276.92	-9.81	3.33
Yam tuber	1Kg	313.64	11.08	26.76
Dried Fish Sardine	1Kg	1437.5	0.17	-3.87
Iced Sardine	1Kg	1099.18	6.06	19.48
Irish potato	1Kg	269.91	-8.58	-5.17
Sweet potato	1Kg	164.33	27.61	71.85
Tilapia fish (epiya) fresh	1Kg	1000	8.25	22.81
Titus:frozen	1Kg	1086.15	8.62	15.55
Catfish (obokun) fresh	1Kg	1050	4.79	9.38
Catfish :dried	1Kg	1446.15	3.3	-3.59
Catfish Smoked	1Kg	1500	5.63	-0.33
Mackerel : frozen	1Kg	1178.25	5.64	31.7
Groundnut oil: 1 bottle, specify bottle	1Ltr	800	3.39	50.31
Maize grain white sold loose	1Kg	240.08	33.95	80.28
Maize grain yellow sold loose	1Kg	217.88	19.63	56.17
Palm oil: 1 bottle,specify bottle	1Ltr	675.76	12.16	36.98
Plantain(ripe)	1Kg	325.84	30.34	33
Plantain(unripe)	1Kg	300	22.45	38.89
Vegetable oil:1 bottle,specify bottle	1Ltr	715.76	10.84	37.35
Wheat flour: prepacked (golden penny 2kg)	2Kg	907.5	10	24.32
<b>AVERAGE</b>			7.63	27.67




# SELECTED FOOD PRICE WATCH - JULY 2021




## Kaduna State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N277.85</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N458.92</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N452.14</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N337.50</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N299.51</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N730.37</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1713.39</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N250.93</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N335.25</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N837.50</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Kaduna State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	571.11	11.67	28.45
Agric eggs(medium size price of one)	1 Piece	52.12	3.5	34.89
Beans brown,sold loose	1Kg	458.92	1.82	85.37
Beans:white black eye. sold loose	1Kg	430.66	13.39	115.88
Beef Bone in	1Kg	1300	11.04	23.81
Beef,boneless	1Kg	1713.39	7.6	26.92
Bread sliced 500g	1 loaf	337.5	9.46	11.57
Bread unsliced 500g	1 loaf	297.65	3.23	19.06
Broken Rice (Ofada)	1Kg	470.97	21.34	41.65
Chicken Feet	1Kg	750	7.14	11.01
Chicken Wings	1Kg	1020	7.37	65.73
Evaporated tinned milk carnation 170g	1 unit	210	6.33	22.5
Evaporated tinned milk(peak), 170g	1 unit	226.88	7.64	13.72
Frozen chicken	1 unit	2250	2.27	3.85
Gari white,sold loose	1Kg	335.25	15.26	50.51
Gari yellow,sold loose	1Kg	387.83	17.77	66.71
Mudfish (aro) fresh	1Kg	1144.44	2.18	20.47
Mudfish : dried	1Kg	1509.52	1.39	8.66
Onion bulb	1Kg	250.93	13.48	13.84
Rice agric sold loose	1Kg	407.49	23.42	10.58
Rice local sold loose	1Kg	452.14	7.36	31.11
Rice Medium Grained	1Kg	476.99	5.75	22.76
Rice,imported high quality sold loose	1Kg	612.87	6.33	35.16
Tomato	1Kg	277.85	17.38	46.12
Yam tuber	1Kg	299.51	-7.21	6.84
Dried Fish Sardine	1Kg	1340	3.08	-10.07
Iced Sardine	1Kg	1139.42	6.65	12.81
Irish potato	1Kg	282.98	-3.17	0.12
Sweet potato	1Kg	168.7	-6.85	70.05
Tilapia fish (epiya) fresh	1Kg	784	10.68	30.67
Titus:frozen	1Kg	1271.43	0.91	22.25
Catfish (obokun) fresh	1Kg	1170	6.36	32.65
Catfish :dried	1Kg	1530	2.71	5.52
Catfish Smoked	1Kg	1400	2.56	5.15
Mackerel : frozen	1Kg	1118.18	0.35	15.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	785	2.99	19.88
Maize grain white sold loose	1Kg	218.96	24.64	69.52
Maize grain yellow sold loose	1Kg	219.9	24.7	65.36
Palm oil: 1 bottle,specify bottle	1Ltr	730.37	9.56	33.01
Plantain(ripe)	1Kg	245.69	-14.92	-5.88
Plantain(unripe)	1Kg	220	0.6	-9.09
Vegetable oil:1 bottle,specify bottle	1Ltr	767.06	4.46	36.52
Wheat flour: prepacked (golden penny 2kg)	2Kg	837.5	6.01	9.24
<b>AVERAGE</b>			6.94	28.39




# SELECTED FOOD PRICE WATCH - JULY 2021




## Kano State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N303.86</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N346.43</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N339.41</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N333.33</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N326.67</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N703.70</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1251.75</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N186.33</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N282.12</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N810.00</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Kano State




	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	531.11	2.14	22.88
Agric eggs(medium size price of one)	1 Piece	53	2.91	36.33
Beans brown,sold loose	1Kg	346.43	13.47	52.74
Beans:white black eye. sold loose	1Kg	387.5	28.08	102.38
Beef Bone in	1Kg	1066.67	2.7	26.85
Beef,boneless	1Kg	1251.75	0.18	9.95
Bread sliced 500g	1 loaf	333.33	-10.57	21.21
Bread unsliced 500g	1 loaf	320	-4.48	22.35
Broken Rice (Ofada)	1Kg	360.48	-3.64	32.06
Chicken Feet	1Kg	850	6.25	27.82
Chicken Wings	1Kg	1020	4.43	17.11
Evaporated tinned milk carnation 170g	1 unit	218	11.79	30.8
Evaporated tinned milk(peak), 170g	1 unit	232.14	12.15	35.33
Frozen chicken	1 unit	1650	5.32	15.79
Gari white,sold loose	1Kg	282.12	-7.65	75.09
Gari yellow,sold loose	1Kg	284.62	-12.73	56.17
Mudfish (aro) fresh	1Kg	1146.67	5.67	18.88
Mudfish : dried	1Kg	1332.14	-4.66	-10.18
Onion bulb	1Kg	186.33	2.65	5.87
Rice agric sold loose	1Kg	385.84	-10.81	15.09
Rice local sold loose	1Kg	339.41	-11.3	13.45
Rice Medium Grained	1Kg	361.97	-12.52	16.63
Rice,imported high quality sold loose	1Kg	389.94	-17.54	-17.97
Tomato	1Kg	303.86	-6.89	23.75
Yam tuber	1Kg	326.67	-1.49	48.92
Dried Fish Sardine	1Kg	1516.67	1.96	-0.59
Iced Sardine	1Kg	1050	6.45	19.79
Irish potato	1Kg	245.01	-5.34	11.38
Sweet potato	1Kg	152.25	27.91	-27.06
Tilapia fish (epiya) fresh	1Kg	994.93	5.37	23.02
Titus:frozen	1Kg	1141.67	6.75	26.66
Catfish (obokun) fresh	1Kg	1200	6.67	32.11
Catfish :dried	1Kg	1380	6.47	11.14
Catfish Smoked	1Kg	1500	2.27	4.17
Mackerel : frozen	1Kg	1026.69	3.41	5.23
Groundnut oil: 1 bottle, specify bottle	1Ltr	962.75	8.74	68.1
Maize grain white sold loose	1Kg	231.96	14.34	96.54
Maize grain yellow sold loose	1Kg	237.78	11.85	109.34
Palm oil: 1 bottle,specify bottle	1Ltr	703.7	4.51	40.51
Plantain(ripe)	1Kg	250	1.8	12.23
Plantain(unripe)	1Kg	220	1.54	14.25
Vegetable oil:1 bottle,specify bottle	1Ltr	733.33	8.27	33.87
Wheat flour: prepacked (golden penny 2kg)	2Kg	810	9.83	22.73
<b>AVERAGE</b>			2.7	27.97


# SELECTED FOOD PRICE WATCH - JULY 2021

## Katsina State





  
 Tomato


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N328.54</b>


  
 Rice  
 Local sold  
 Loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N359.06</b>


  
 Yam Tuber


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N353.96</b>


  
 Beef,  
 boneless


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N1320.00</b>


  
 Garri  
 white,sold  
 Loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N213.22</b>


  
 Beans  
 brown,  
 sold loose


UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N372.95</b>


  
 Bread  
 sliced  
 500g


UNIT OF MEASUREMENT	JULY 2021
<b>1 loaf</b>	<b>N353.67</b>


  
 Palm oil:  
 1 bottle

UNIT OF MEASUREMENT	JULY 2021
<b>1Ltr</b>	<b>N729.33</b>


  
 Onion bulb

UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N313.81</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

UNIT OF MEASUREMENT	JULY 2021
<b>2KG</b>	<b>N770.00</b>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Katsina State






	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	622	12.36	39.25
Agric eggs(medium size price of one)	1 Piece	57.56	11.01	45.71
Beans brown,sold loose	1Kg	372.95	31.2	46.62
Beans:white black eye. sold loose	1Kg	282.02	12.19	-7.58
Beef Bone in	1Kg	1157.07	4.17	8.49
Beef,boneless	1Kg	1320	2.35	6.36
Bread sliced 500g	1 loaf	353.67	33.23	28.14
Bread unsliced 500g	1 loaf	346	31.63	38.4
Broken Rice (Ofada)	1Kg	370	10.45	17.17
Chicken Feet	1Kg	700	7.69	55.56
Chicken Wings	1Kg	906.67	7.94	20.89
Evaporated tinned milk carnation 170g	1 unit	217.5	9.53	38.83
Evaporated tinned milk(peak), 170g	1 unit	227.78	5.94	24.24
Frozen chicken	1 unit	2400	1.61	4.71
Gari white,sold loose	1Kg	213.22	3.12	26.8
Gari yellow,sold loose	1Kg	278.63	29.1	61.5
Mudfish (aro) fresh	1Kg	1073.33	3.87	11.03
Mudfish : dried	1Kg	1340	1.51	-3.5
Onion bulb	1Kg	313.81	39.67	56.9
Rice agric sold loose	1Kg	423.49	6.1	37.82
Rice local sold loose	1Kg	359.06	5.11	38.82
Rice Medium Grained	1Kg	326.36	-2.97	6.63
Rice,imported high quality sold loose	1Kg	494.58	-8.03	29.06
Tomato	1Kg	328.54	11.44	22.55
Yam tuber	1Kg	353.96	8.33	28.68
Dried Fish Sardine	1Kg	1120	6.67	11.26
Iced Sardine	1Kg	1110	6.93	11.84
Irish potato	1Kg	315.56	30.47	17.19
Sweet potato	1Kg	215.3	9.55	60.22
Tilapia fish (epiya) fresh	1Kg	1200	4.35	26.87
Titus:frozen	1Kg	1080	8.06	12.5
Catfish (obokun) fresh	1Kg	1077.78	7.96	15.14
Catfish :dried	1Kg	1365.45	1.46	0.54
Catfish Smoked	1Kg	1473.33	2.79	3.03
Mackerel : frozen	1Kg	1080	8.71	14.89
Groundnut oil: 1 bottle, specify bottle	1Ltr	818.67	4.83	27.47
Maize grain white sold loose	1Kg	158.53	15.67	49.54
Maize grain yellow sold loose	1Kg	186.27	33.8	82.32
Palm oil: 1 bottle,specify bottle	1Ltr	729.33	12.95	41.91
Plantain(ripe)	1Kg	260.34	-1.76	21.09
Plantain(unripe)	1Kg	215.81	-1.16	-1.9
Vegetable oil:1 bottle,specify bottle	1Ltr	723.64	5.46	27.81
Wheat flour: prepacked (golden penny 2kg)	2Kg	770	5	18.46
<b>AVERAGE</b>			10.24	26.12


# SELECTED FOOD PRICE WATCH - JULY 2021



## Kebbi State

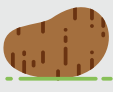





  
 Tomato


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N355.12</b>
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 Rice  
 Local sold  
 Loose


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N301.23</b>
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 Yam Tuber


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N404.00</b>
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 Beef,  
 boneless


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1429.17</b>
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 Garri  
 white,sold  
 Loose


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N235.83</b>
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 Beans  
 brown,  
 sold loose


 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N360.23</b>
--	--




  
 Bread  
 sliced  
 500g


 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N346.25</b>
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 Palm oil:  
 1 bottle

 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N700.00</b>
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 Onion bulb

 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N250.00</b>
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 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N798.75</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Kebbi State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	550	7.54	27.91
Agric eggs(medium size price of one)	1 Piece	55	5.77	33.06
Beans brown,sold loose	1Kg	360.23	-3.56	24.58
Beans:white black eye. sold loose	1Kg	370.02	4.54	77.09
Beef Bone in	1Kg	1210.75	2.07	12.81
Beef,boneless	1Kg	1429.17	3.14	16.67
Bread sliced 500g	1 loaf	346.25	9.49	31.28
Bread unsliced 500g	1 loaf	334.62	11.54	43.41
Broken Rice (Ofada)	1Kg	354.07	8.64	7.28
Chicken Feet	1Kg	820	9.33	60.47
Chicken Wings	1Kg	820	2.93	42.61
Evaporated tinned milk carnation 170g	1 unit	210	3.96	15.54
Evaporated tinned milk(peak), 170g	1 unit	228.13	5.49	3.69
Frozen chicken	1 unit	2300	2.68	7.48
Gari white,sold loose	1Kg	235.83	4.01	7.63
Gari yellow,sold loose	1Kg	249.34	-9.2	-7.7
Mudfish (aro) fresh	1Kg	1120	7.52	16.22
Mudfish : dried	1Kg	1358.57	2.45	-5.7
Onion bulb	1Kg	250	5.27	-6.96
Rice agric sold loose	1Kg	394.27	24.57	50.21
Rice local sold loose	1Kg	301.23	9.97	5.6
Rice Medium Grained	1Kg	329.91	2.14	-10.1
Rice,imported high quality sold loose	1Kg	469.5	0.33	18.86
Tomato	1Kg	355.12	-1.39	-2.3
Yam tuber	1Kg	404	31.76	61.71
Dried Fish Sardine	1Kg	1350	3.85	2.37
Iced Sardine	1Kg	1112.5	-	10.18
Irish potato	1Kg	257.75	10.1	-9.56
Sweet potato	1Kg	215.06	16.95	-12.22
Tilapia fish (epiya) fresh	1Kg	860	7.95	26.13
Titus:frozen	1Kg	1100	6.45	20.88
Catfish (obokun) fresh	1Kg	1083.33	0.99	10.54
Catfish :dried	1Kg	1449.49	3.5	7.37
Catfish Smoked	1Kg	1480	5.71	8.82
Mackerel : frozen	1Kg	1000	-	8.7
Groundnut oil: 1 bottle, specify bottle	1Ltr	700	2.16	52.73
Maize grain white sold loose	1Kg	212.19	9.54	64.02
Maize grain yellow sold loose	1Kg	217.83	3.34	79.2
Palm oil: 1 bottle,specify bottle	1Ltr	700	0.55	41.18
Plantain(ripe)	1Kg	278	1.09	11.2
Plantain(unripe)	1Kg	266.67	0	21.21
Vegetable oil:1 bottle,specify bottle	1Ltr	662.22	3	30.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	798.75	1.27	16.61
<b>AVERAGE</b>			5.29	21.42




# SELECTED FOOD PRICE WATCH - JULY 2021




## Kogi State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N139.52</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N327.70</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N347.76</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N276.67</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N133.08</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N511.11</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1322.13</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N148.99</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N247.42</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N702.66</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Kogi State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	446.33	-1.54	-9.77
Agric eggs (medium size price of one)	1 Piece	43.67	-2.03	-6.43
Beans brown, sold loose	1Kg	327.7	0.5	5.76
Beans: white black eye. sold loose	1Kg	332.27	0.88	6.66
Beef Bone in	1Kg	1180.25	0.01	2.63
Beef, boneless	1Kg	1322.13	-0.45	7.3
Bread sliced 500g	1 loaf	276.67	-0.52	-16.16
Bread unsliced 500g	1 loaf	265.77	0.05	-14.02
Broken Rice (Ofada)	1Kg	415	0.44	3.71
Chicken Feet	1Kg	550	-0.37	-31.25
Chicken Wings	1Kg	635.14	-2.31	-16.46
Evaporated tinned milk carnation 170g	1 unit	146	0.34	-27
Evaporated tinned milk (peak), 170g	1 unit	176.67	-0.93	-12.95
Frozen chicken	1 unit	2109.25	-2.65	-17.12
Gari white, sold loose	1Kg	247.42	2.01	-6.94
Gari yellow, sold loose	1Kg	246.42	1.46	-5.38
Mudfish (aro) fresh	1Kg	765	-0.22	-8.2
Mudfish : dried	1Kg	1382	0.07	-6.31
Onion bulb	1Kg	148.99	-0.7	-34.25
Rice agric sold loose	1Kg	380.48	0.26	3.95
Rice local sold loose	1Kg	347.76	-0.62	14.71
Rice Medium Grained	1Kg	333	0.87	15.17
Rice, imported high quality sold loose	1Kg	509.57	1.19	1.57
Tomato	1Kg	139.52	1.91	-43.93
Yam tuber	1Kg	133.08	6.06	-35.17
Dried Fish Sardine	1Kg	1344.81	0.04	0.15
Iced Sardine	1Kg	944.4	0.03	-3.96
Irish potato	1Kg	178.2	0.34	-29.98
Sweet potato	1Kg	160.56	6.45	-17.02
Tilapia fish (epiya) fresh	1Kg	582.3	-2.84	-24.05
Titus: frozen	1Kg	964.41	0.71	-4.44
Catfish (obokun) fresh	1Kg	775	-0.29	-8.84
Catfish :dried	1Kg	1344.29	-0.08	-12.57
Catfish Smoked	1Kg	1332	0.14	2.45
Mackerel : frozen	1Kg	965.1	-0.16	-10.64
Groundnut oil: 1 bottle, specify bottle	1Ltr	495.8	0.05	-0.99
Maize grain white sold loose	1Kg	237.97	0.87	7.28
Maize grain yellow sold loose	1Kg	259.4	3.47	11.59
Palm oil: 1 bottle, specify bottle	1Ltr	511.11	1.16	1.62
Plantain (ripe)	1Kg	169.52	1.25	-25.38
Plantain (unripe)	1Kg	169.17	2.27	-41.25
Vegetable oil: 1 bottle, specify bottle	1Ltr	533.33	1.91	-12.25
Wheat flour: prepacked (golden penny 2kg)	2Kg	702.66	0.25	11.31
<b>AVERAGE</b>			0.45	-9




# SELECTED FOOD PRICE WATCH - JULY 2021




## Kwara State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N129.37</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N349.16</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N450.32</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N263.50</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N148.27</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N406.67</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1252.12</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N137.57</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N217.64</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N678.83</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Kwara State






	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	441.43	-0.29	-2.02
Agric eggs(medium size price of one)	1 Piece	41.54	-1.82	5.88
Beans brown,sold loose	1Kg	349.16	1.46	32.47
Beans:white black eye. sold loose	1Kg	360.36	1.76	57.44
Beef Bone in	1Kg	1183.33	-0.2	0.2
Beef,boneless	1Kg	1252.12	0.24	0.88
Bread sliced 500g	1 loaf	263.5	-1.19	-16.79
Bread unsliced 500g	1 loaf	266.67	-0.24	-11.76
Broken Rice (Ofada)	1Kg	377	-0.06	2.96
Chicken Feet	1Kg	450.4	-2.12	-31.52
Chicken Wings	1Kg	655	-5.09	-18.52
Evaporated tinned milk carnation 170g	1 unit	143	0.53	-7.74
Evaporated tinned milk(peak), 170g	1 unit	180.77	-	-9.92
Frozen chicken	1 unit	1415.32	0.07	-7.7
Gari white,sold loose	1Kg	217.64	4.31	25.2
Gari yellow,sold loose	1Kg	216.28	0.36	11.02
Mudfish (aro) fresh	1Kg	785.13	-0.2	-1.88
Mudfish : dried	1Kg	1453.25	-0.14	-12.81
Onion bulb	1Kg	137.57	6.13	-40.39
Rice agric sold loose	1Kg	438.75	1.92	9.65
Rice local sold loose	1Kg	450.32	9.11	18.02
Rice Medium Grained	1Kg	389.51	0.75	10.82
Rice,imported high quality sold loose	1Kg	456.86	0.05	4.63
Tomato	1Kg	129.37	4.59	-48.23
Yam tuber	1Kg	148.27	6.17	-22.76
Dried Fish Sardine	1Kg	1351	0.06	1.31
Iced Sardine	1Kg	955.22	0.01	-9.04
Irish potato	1Kg	168.45	1.86	8.32
Sweet potato	1Kg	163.33	1.55	-24.11
Tilapia fish (epiya) fresh	1Kg	620.12	-1.43	-30.18
Titus:frozen	1Kg	966.67	0.5	-4.19
Catfish (obokun) fresh	1Kg	802.33	-1.08	-10.86
Catfish :dried	1Kg	1436.15	0.2	-1.35
Catfish Smoked	1Kg	1375.9	0.02	-0.91
Mackerel : frozen	1Kg	950.14	0	-0.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	551.88	0.14	-5.78
Maize grain white sold loose	1Kg	200.79	4.87	29.96
Maize grain yellow sold loose	1Kg	204.34	3.51	24.21
Palm oil: 1 bottle,specify bottle	1Ltr	406.67	0.55	1.56
Plantain(ripe)	1Kg	176.67	3.29	3.23
Plantain(unripe)	1Kg	176.67	2.66	-14.32
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	1.27	3.99
Wheat flour: prepacked (golden penny 2kg)	2Kg	678.83	0.2	8.3
<b>AVERAGE</b>			1.03	-1.7


# SELECTED FOOD PRICE WATCH - JULY 2021



## Lagos State

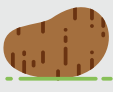





  
 Tomato


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N370.90</b>




  
 Rice Local sold Loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N405.76</b>




  
 Yam Tuber


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N407.39</b>




  
 Beef, boneless


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N1466.91</b>




  
 Garri white, sold Loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N344.96</b>




  
 Beans brown, sold loose


 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N388.29</b>




  
 Bread sliced 500g


 UNIT OF MEASUREMENT	 JULY 2021
<b>1 loaf</b>	<b>N397.37</b>




  
 Palm oil: 1 bottle

 UNIT OF MEASUREMENT	 JULY 2021
<b>1Ltr</b>	<b>N810.00</b>


  
 Onion bulb

 UNIT OF MEASUREMENT	 JULY 2021
<b>1KG</b>	<b>N431.19</b>


  
 Wheat flour: prepacked (golden penny) 2kg

 UNIT OF MEASUREMENT	 JULY 2021
<b>2KG</b>	<b>N819.44</b>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Lagos State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	676.5	10.63	30.72
Agric eggs(medium size price of one)	1 Piece	62	20.2	42.53
Beans brown,sold loose	1Kg	388.29	13.41	31.34
Beans:white black eye. sold loose	1Kg	372.81	-3.64	16.63
Beef Bone in	1Kg	1367.76	1.35	10.01
Beef,boneless	1Kg	1466.91	4.87	7.48
Bread sliced 500g	1 loaf	397.37	8.63	25.55
Bread unsliced 500g	1 loaf	352.63	2.28	23.01
Broken Rice (Ofada)	1Kg	844.13	2.25	24.51
Chicken Feet	1Kg	980	2.62	20.62
Chicken Wings	1Kg	1200	2.56	6.53
Evaporated tinned milk carnation 170g	1 unit	205.71	5.88	10.2
Evaporated tinned milk(peak), 170g	1 unit	241	1.02	16.51
Frozen chicken	1 unit	2061.11	3.63	22.85
Gari white,sold loose	1Kg	344.96	-4.23	98.72
Gari yellow,sold loose	1Kg	367.85	0.45	79.32
Mudfish (aro) fresh	1Kg	1321.43	8.07	11.38
Mudfish : dried	1Kg	1850.71	4.9	2.01
Onion bulb	1Kg	431.19	25.99	55.08
Rice agric sold loose	1Kg	480.21	3.48	12.94
Rice local sold loose	1Kg	405.76	-2.99	-4.89
Rice Medium Grained	1Kg	506.67	14.63	40.11
Rice,imported high quality sold loose	1Kg	604.08	-8.71	14.45
Tomato	1Kg	370.9	10.51	23.63
Yam tuber	1Kg	407.39	18.9	42.83
Dried Fish Sardine	1Kg	1319.5	4.87	7.8
Iced Sardine	1Kg	1035.9	1.64	4.92
Irish potato	1Kg	570.56	9.63	14.94
Sweet potato	1Kg	268.99	0.17	18.68
Tilapia fish (epiya) fresh	1Kg	1213.33	3.81	36.68
Titus:frozen	1Kg	1354.47	9.4	34.25
Catfish (obokun) fresh	1Kg	1460.71	3.72	8.79
Catfish :dried	1Kg	1845.24	5.3	5.33
Catfish Smoked	1Kg	1778.61	5.44	8.38
Mackerel : frozen	1Kg	1236.92	0.79	22.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	726.67	11.22	21.11
Maize grain white sold loose	1Kg	340.2	-5.29	26.39
Maize grain yellow sold loose	1Kg	349.19	-4.48	27.25
Palm oil: 1 bottle,specify bottle	1Ltr	810	12.4	60.93
Plantain(ripe)	1Kg	379.22	-3.21	46.58
Plantain(unripe)	1Kg	354.03	-13.68	35.49
Vegetable oil:1 bottle,specify bottle	1Ltr	918.89	9.83	56.96
Wheat flour: prepacked (golden penny 2kg)	2Kg	819.44	7.01	21.62
<b>AVERAGE</b>			4.77	26.1




# SELECTED FOOD PRICE WATCH - JULY 2021




## Nasarawa State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N141.84</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N259.05</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N361.19</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N260.14</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N114.42</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N517.78</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1331.18</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N125.00</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N236.93</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N722.50</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Nasarawa State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	452.5	-	-13.91
Agric eggs(medium size price of one)	1 Piece	41.78	-0.13	-7.16
Beans brown,sold loose	1Kg	259.05	0.61	7.67
Beans:white black eye. sold loose	1Kg	304.67	1.68	37.87
Beef Bone in	1Kg	1076.25	-1.98	-2.17
Beef,boneless	1Kg	1331.18	0.09	6.11
Bread sliced 500g	1 loaf	260.14	-1.66	-27.23
Bread unsliced 500g	1 loaf	262.5	-0.24	-15.13
Broken Rice (Ofada)	1Kg	270.46	3.47	-15.53
Chicken Feet	1Kg	444.25	-2.4	-15.08
Chicken Wings	1Kg	598.2	-0.33	-14.32
Evaporated tinned milk carnation 170g	1 unit	146	0.55	2.69
Evaporated tinned milk(peak), 170g	1 unit	171.89	0.13	-8.66
Frozen chicken	1 unit	1482	-0.22	-16.84
Gari white,sold loose	1Kg	236.93	0.11	5.3
Gari yellow,sold loose	1Kg	315.43	-0.83	30.44
Mudfish (aro) fresh	1Kg	789.3	-0.12	-12.12
Mudfish : dried	1Kg	1335.73	-0.12	-1.12
Onion bulb	1Kg	125	3.12	-37.75
Rice agric sold loose	1Kg	362.5	0.1	6.98
Rice local sold loose	1Kg	361.19	1.44	10.95
Rice Medium Grained	1Kg	381.67	0.32	13.69
Rice,imported high quality sold loose	1Kg	481.78	-0.32	1.07
Tomato	1Kg	141.84	0.3	-27.99
Yam tuber	1Kg	114.42	2.63	-40.23
Dried Fish Sardine	1Kg	1325.21	-0.11	-1.76
Iced Sardine	1Kg	978.81	0.72	2.26
Irish potato	1Kg	178.89	-2.05	-24
Sweet potato	1Kg	155.6	2.66	-23.61
Tilapia fish (epiya) fresh	1Kg	698.13	-0.29	-20.13
Titus:frozen	1Kg	961.03	0.4	-2.94
Catfish (obokun) fresh	1Kg	800.15	-0.4	-5.99
Catfish :dried	1Kg	1339.58	0.01	-10.66
Catfish Smoked	1Kg	1334.44	-0.34	-1.17
Mackerel : frozen	1Kg	999.16	0.09	3.24
Groundnut oil: 1 bottle, specify bottle	1Ltr	544.56	0.02	-7.27
Maize grain white sold loose	1Kg	188.38	1.43	36.85
Maize grain yellow sold loose	1Kg	202.27	1.2	47.5
Palm oil: 1 bottle,specify bottle	1Ltr	517.78	1.3	10.43
Plantain(ripe)	1Kg	178.37	1.79	-25.71
Plantain(unripe)	1Kg	176.16	1.26	-31.81
Vegetable oil:1 bottle,specify bottle	1Ltr	551.11	-0.67	-8.18
Wheat flour: prepacked (golden penny 2kg)	2Kg	722.5	1.05	9.95
<b>AVERAGE</b>			0.33	-4.31




# SELECTED FOOD PRICE WATCH - JULY 2021




## Niger State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N114.37</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N265.60</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N368.69</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>JULY 2021</p> <p><b>N266.67</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N127.62</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>JULY 2021</p> <p><b>N495.83</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N1312.73</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N152.89</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>JULY 2021</p> <p><b>N238.35</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>JULY 2021</p> <p><b>N685.63</b></p>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Niger State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	452.63	-0.64	-1.26
Agric eggs(medium size price of one)	1 Piece	43.69	-1.82	8.1
Beans brown,sold loose	1Kg	265.6	0.7	29.03
Beans:white black eye. sold loose	1Kg	273.79	4.25	25.01
Beef Bone in	1Kg	1145.82	0.4	7.84
Beef,boneless	1Kg	1312.73	0.21	2.55
Bread sliced 500g	1 loaf	266.67	-3.85	-12.9
Bread unsliced 500g	1 loaf	254.29	0.71	-10.41
Broken Rice (Ofada)	1Kg	393.27	0.23	-2.35
Chicken Feet	1Kg	633.14	-2.62	-23.59
Chicken Wings	1Kg	723.33	-0.33	-12.59
Evaporated tinned milk carnation 170g	1 unit	144.2	0.7	-5.44
Evaporated tinned milk(peak), 170g	1 unit	175.2	0	-4.26
Frozen chicken	1 unit	1509.3	-0.71	-12.59
Gari white,sold loose	1Kg	238.35	1.11	17.59
Gari yellow,sold loose	1Kg	281.48	2.2	-2.05
Mudfish (aro) fresh	1Kg	808.33	-0.51	-6.35
Mudfish : dried	1Kg	1429.76	0.2	2.26
Onion bulb	1Kg	152.89	6.05	-26.82
Rice agric sold loose	1Kg	381.96	0.43	8.39
Rice local sold loose	1Kg	368.69	2.58	10.22
Rice Medium Grained	1Kg	395	1.25	6.72
Rice,imported high quality sold loose	1Kg	405.69	0.98	6.22
Tomato	1Kg	114.37	2.26	-27.84
Yam tuber	1Kg	127.62	5.62	-36.52
Dried Fish Sardine	1Kg	1340.14	0.18	0.16
Iced Sardine	1Kg	962.42	-0.09	-3.85
Irish potato	1Kg	159.6	-0.48	-25
Sweet potato	1Kg	133.46	3.36	2.88
Tilapia fish (epiya) fresh	1Kg	500.13	-1.37	-15.45
Titus:frozen	1Kg	998.89	0.28	-2.38
Catfish (obokun) fresh	1Kg	858.14	-0.07	-10.61
Catfish :dried	1Kg	1353.33	0.11	1.5
Catfish Smoked	1Kg	1327.5	0.18	1.64
Mackerel : frozen	1Kg	963.11	0.24	-2.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	503.94	0.05	-2.04
Maize grain white sold loose	1Kg	216.95	4.21	11.93
Maize grain yellow sold loose	1Kg	223.25	6.15	17.04
Palm oil: 1 bottle,specify bottle	1Ltr	495.83	0.28	0.73
Plantain(ripe)	1Kg	181.82	1.28	-16.74
Plantain(unripe)	1Kg	185.56	4.05	-3.85
Vegetable oil:1 bottle,specify bottle	1Ltr	496.37	-0.06	2.23
Wheat flour: prepacked (golden penny 2kg)	2Kg	685.63	0.43	0.59
<b>AVERAGE</b>			0.89	-2.43




# SELECTED FOOD PRICE WATCH - JULY 2021




## Ogun State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N332.45</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N458.69</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N384.35</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N361.54</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N341.41</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N556.41</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1566.98</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N349.47</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N390.84</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N838.46</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Ogun State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	593.33	8.11	31.54
Agric eggs (medium size price of one)	1 Piece	57.14	13.03	39.37
Beans brown, sold loose	1Kg	458.69	8.41	82.68
Beans: white black eye. sold loose	1Kg	340.83	11.07	35.95
Beef Bone in	1Kg	1311.72	5.44	45.28
Beef, boneless	1Kg	1566.98	3.86	26.51
Bread sliced 500g	1 loaf	361.54	-5	16.43
Bread unsliced 500g	1 loaf	342.86	1.17	18.23
Broken Rice (Ofada)	1Kg	784.74	10.33	19.23
Chicken Feet	1Kg	1050	-0.43	27.02
Chicken Wings	1Kg	1320	4.76	7.03
Evaporated tinned milk carnation 170g	1 unit	225	12.5	37.76
Evaporated tinned milk (peak), 170g	1 unit	246	0.18	18.55
Frozen chicken	1 unit	1633.33	2.4	0.82
Gari white, sold loose	1Kg	390.84	12.16	116.85
Gari yellow, sold loose	1Kg	372.51	21.66	38.64
Mudfish (aro) fresh	1Kg	1202.89	8.95	22.81
Mudfish : dried	1Kg	2534.65	-3.56	3.8
Onion bulb	1Kg	349.47	7.44	24.45
Rice agric sold loose	1Kg	518.5	1.61	1.92
Rice local sold loose	1Kg	384.35	1.73	-2.87
Rice Medium Grained	1Kg	481.55	3.24	3.86
Rice, imported high quality sold loose	1Kg	571.43	12.5	5.66
Tomato	1Kg	332.45	-15.66	-9.55
Yam tuber	1Kg	341.41	17.03	-8.1
Dried Fish Sardine	1Kg	1530	4.32	2.57
Iced Sardine	1Kg	1050	8.62	42.25
Irish potato	1Kg	362.67	-3.2	3.58
Sweet potato	1Kg	186.16	-12.37	0.79
Tilapia fish (epiya) fresh	1Kg	1114.55	5.69	19.57
Titus: frozen	1Kg	1205.08	6.35	19.32
Catfish (obokun) fresh	1Kg	1039.14	7.84	17.39
Catfish :dried	1Kg	1816.67	2.66	2.64
Catfish Smoked	1Kg	1600	3.1	1.73
Mackerel : frozen	1Kg	1108.05	8.72	26.66
Groundnut oil: 1 bottle, specify bottle	1Ltr	733.33	6.28	14.19
Maize grain white sold loose	1Kg	298.11	10.23	58.16
Maize grain yellow sold loose	1Kg	298.39	-3.88	55.39
Palm oil: 1 bottle, specify bottle	1Ltr	556.41	6.52	16.24
Plantain (ripe)	1Kg	264.8	5	20.81
Plantain (unripe)	1Kg	310.05	30.44	46.6
Vegetable oil: 1 bottle, specify bottle	1Ltr	779.49	6.29	30.94
Wheat flour: prepacked (golden penny 2kg)	2Kg	838.46	10.87	29.99
<b>AVERAGE</b>			5.73	23.55




# SELECTED FOOD PRICE WATCH - JULY 2021




## Ondo State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N493.23</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N493.32</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N479.43</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N326.47</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N257.86</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N636.49</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1664.27</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N329.22</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N278.43</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N838.24</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Ondo State































	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	583.53	3.28	25.88
Agric eggs(medium size price of one)	1 Piece	57.32	1.57	32.27
Beans brown,sold loose	1Kg	493.32	5.05	39.04
Beans:white black eye. sold loose	1Kg	457.17	0.01	79.67
Beef Bone in	1Kg	1051.78	3.51	7
Beef,boneless	1Kg	1664.27	4.97	15.72
Bread sliced 500g	1 loaf	326.47	2.27	26.14
Bread unsliced 500g	1 loaf	322.22	1.37	28.89
Broken Rice (Ofada)	1Kg	485.31	3.66	15.99
Chicken Feet	1Kg	1172	6.55	13.7
Chicken Wings	1Kg	1280	2.4	10.55
Evaporated tinned milk carnation 170g	1 unit	193.33	-3.33	8.92
Evaporated tinned milk(peak), 170g	1 unit	223.16	-0.54	13.79
Frozen chicken	1 unit	1900	4.59	2.21
Gari white,sold loose	1Kg	278.43	-0.82	83.6
Gari yellow,sold loose	1Kg	292.56	13.41	47.41
Mudfish (aro) fresh	1Kg	1026.68	0.11	8.82
Mudfish : dried	1Kg	1752.72	3.89	7.9
Onion bulb	1Kg	329.22	-14.37	1.2
Rice agric sold loose	1Kg	436.92	1.8	7.6
Rice local sold loose	1Kg	479.43	5.37	13.59
Rice Medium Grained	1Kg	548.92	5.22	10.7
Rice,imported high quality sold loose	1Kg	641.38	-5.94	12.55
Tomato	1Kg	493.23	15.48	36.9
Yam tuber	1Kg	257.86	-12.31	16.23
Dried Fish Sardine	1Kg	1240.22	1.02	0.5
Iced Sardine	1Kg	942.47	0.18	-2.12
Irish potato	1Kg	257.94	7.47	-1.75
Sweet potato	1Kg	202.17	7.71	36.02
Tilapia fish (epiya) fresh	1Kg	1043.92	8.72	25.77
Titus:frozen	1Kg	1031.35	10.12	9.66
Catfish (obokun) fresh	1Kg	1139.81	1.75	18.75
Catfish :dried	1Kg	1588.58	3.78	6.72
Catfish Smoked	1Kg	1383.28	0.19	-5.15
Mackerel : frozen	1Kg	1124.8	9.36	16.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	784.07	8.56	21.25
Maize grain white sold loose	1Kg	311.87	30.54	35.01
Maize grain yellow sold loose	1Kg	313.65	4.8	33.52
Palm oil: 1 bottle,specify bottle	1Ltr	636.49	6.9	39.2
Plantain(ripe)	1Kg	354.68	19.27	37.1
Plantain(unripe)	1Kg	316.16	24.1	21.4
Vegetable oil:1 bottle,specify bottle	1Ltr	785.96	10.53	18.49
Wheat flour: prepacked (golden penny 2kg)	2Kg	838.24	9.17	36.77
<b>AVERAGE</b>			4.91	21.26

# SELECTED FOOD PRICE WATCH - JULY 2021

## Osun State



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N221.65</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N395.07</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N438.43</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N395.00</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N448.73</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N676.00</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1525.49</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N276.89</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N308.33</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N925.00</b>

# SELECTED FOOD PRICE WATCH - JULY 2021


## Osun State





	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	569.33	2.89	31.24
Agric eggs(medium size price of one)	1 Piece	55.85	8.09	39.62
Beans brown,sold loose	1Kg	395.07	6.5	38.3
Beans:white black eye. sold loose	1Kg	331.11	-5.41	40.41
Beef Bone in	1Kg	934.77	3.83	20.79
Beef,boneless	1Kg	1525.49	3.71	21.11
Bread sliced 500g	1 loaf	395	1.68	16.18
Bread unsliced 500g	1 loaf	350	8.53	35.71
Broken Rice (Ofada)	1Kg	450	-3.23	7.14
Chicken Feet	1Kg	1000	-4.31	14.23
Chicken Wings	1Kg	1300	4	26.21
Evaporated tinned milk carnation 170g	1 unit	205	3.02	7.89
Evaporated tinned milk(peak), 170g	1 unit	232.14	2.72	14.36
Frozen chicken	1 unit	1870	3.89	12.2
Gari white,sold loose	1Kg	308.33	-11.55	41.76
Gari yellow,sold loose	1Kg	331.25	-10.25	44.08
Mudfish (aro) fresh	1Kg	1307.14	8.03	31
Mudfish : dried	1Kg	1567.13	5.31	-3.77
Onion bulb	1Kg	276.89	6.1	24.58
Rice agric sold loose	1Kg	360	1.41	2.7
Rice local sold loose	1Kg	438.43	-3.25	16.4
Rice Medium Grained	1Kg	553.56	-1.75	14.73
Rice,imported high quality sold loose	1Kg	575	-2.6	10.36
Tomato	1Kg	221.65	-8.55	-9.53
Yam tuber	1Kg	448.73	-4.18	18
Dried Fish Sardine	1Kg	1709.23	3.9	11.23
Iced Sardine	1Kg	909.01	7.44	37.29
Irish potato	1Kg	245	-14.04	-2
Sweet potato	1Kg	131.87	-10.2	27.37
Tilapia fish (epiya) fresh	1Kg	910	10.3	18.7
Titus:frozen	1Kg	922.52	6.9	35.12
Catfish (obokun) fresh	1Kg	1100	1.85	12.7
Catfish :dried	1Kg	1739.92	3.57	1.96
Catfish Smoked	1Kg	1680	0.6	1.54
Mackerel : frozen	1Kg	1102.23	-4.4	13.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	716.67	4.88	5.39
Maize grain white sold loose	1Kg	251.25	5.84	36.75
Maize grain yellow sold loose	1Kg	256.25	5.88	39.38
Palm oil: 1 bottle,specify bottle	1Ltr	676	3.52	50.22
Plantain(ripe)	1Kg	234.14	4.46	1.14
Plantain(unripe)	1Kg	193.38	-12.98	-3.65
Vegetable oil:1 bottle,specify bottle	1Ltr	807.11	10.91	24.2
Wheat flour: prepacked (golden penny 2kg)	2Kg	925	11.64	46.53
<b>AVERAGE</b>			1.27	20.3


# SELECTED FOOD PRICE WATCH - JULY 2021



## Oyo State


	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N335.91</b>



Tomato




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N576.23</b>



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N456.95</b>



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2021
<b>1 loaf</b>	<b>N378.95</b>



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N488.54</b>



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2021
<b>1Ltr</b>	<b>N682.11</b>



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N1322.96</b>



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N250.94</b>



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2021
<b>1KG</b>	<b>N481.23</b>

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JULY 2021
<b>2KG</b>	<b>N788.75</b>

Wheat flour: prepacked (golden penny 2kg)

# SELECTED FOOD PRICE WATCH - JULY 2021

## Oyo State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	623.68	16.9	37.38
Agric eggs(medium size price of one)	1 Piece	54.44	5.18	41.64
Beans brown,sold loose	1Kg	576.23	13.65	78.9
Beans:white black eye. sold loose	1Kg	462.5	17.23	106.14
Beef Bone in	1Kg	1109.75	-7.39	19.69
Beef,boneless	1Kg	1322.96	-2.8	14.09
Bread sliced 500g	1 loaf	378.95	0.43	16.6
Bread unsliced 500g	1 loaf	315.79	-1.12	22.01
Broken Rice (Ofada)	1Kg	655	-0.31	-2.24
Chicken Feet	1Kg	1080	-6.9	27.06
Chicken Wings	1Kg	1170	1.74	10.2
Evaporated tinned milk carnation 170g	1 unit	213.33	1.59	36.17
Evaporated tinned milk(peak), 170g	1 unit	240.56	2.8	22.32
Frozen chicken	1 unit	2620	-0.76	6.94
Gari white,sold loose	1Kg	481.23	8.89	136.79
Gari yellow,sold loose	1Kg	345.45	2.7	23.91
Mudfish (aro) fresh	1Kg	1046.51	5.03	12.62
Mudfish : dried	1Kg	1808.68	0.81	3.42
Onion bulb	1Kg	250.94	3.32	-1.03
Rice agric sold loose	1Kg	428	17.26	12.63
Rice local sold loose	1Kg	456.95	2.5	24.97
Rice Medium Grained	1Kg	574.93	9.91	18.3
Rice,imported high quality sold loose	1Kg	584.79	-5.96	16.68
Tomato	1Kg	335.91	1.55	45.89
Yam tuber	1Kg	488.54	22.16	43.22
Dried Fish Sardine	1Kg	1255.12	1.63	18.45
Iced Sardine	1Kg	1086.7	8.28	26.11
Irish potato	1Kg	296.08	-0.84	13.03
Sweet potato	1Kg	221.62	3.46	19.79
Tilapia fish (epiya) fresh	1Kg	1211.49	5.5	27.39
Titus:frozen	1Kg	1090.43	2.03	15.82
Catfish (obokun) fresh	1Kg	1050	2.94	12.84
Catfish :dried	1Kg	1802.67	5.56	7.55
Catfish Smoked	1Kg	1470.89	3.58	2.71
Mackerel : frozen	1Kg	1038.93	3.41	25.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	790.48	11.6	20.99
Maize grain white sold loose	1Kg	307.79	8.2	83.64
Maize grain yellow sold loose	1Kg	309.19	9.18	67.29
Palm oil: 1 bottle,specify bottle	1Ltr	682.11	12.05	56.21
Plantain(ripe)	1Kg	381.85	34.57	59.24
Plantain(unripe)	1Kg	286.03	-3.92	26.56
Vegetable oil:1 bottle,specify bottle	1Ltr	803.49	13.06	30.69
Wheat flour: prepacked (golden penny 2kg)	2Kg	788.75	7.07	19.51
<b>AVERAGE</b>			5.48	30.41




# SELECTED FOOD PRICE WATCH - JULY 2021




## Plateau State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N129.05</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N310.29</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N380.24</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N248.43</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N130.96</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N518.72</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1289.09</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N140.92</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N245.41</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N775.00</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Plateau State




	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	447.85	0.03	-3.22
Agric eggs(medium size price of one)	1 Piece	41.92	0.93	5.47
Beans brown,sold loose	1Kg	310.29	1.64	12.29
Beans:white black eye. sold loose	1Kg	308.56	2.33	28.69
Beef Bone in	1Kg	1195.55	0.01	-3.06
Beef,boneless	1Kg	1289.09	-0.08	0.26
Bread sliced 500g	1 loaf	248.43	-0.18	-12.93
Bread unsliced 500g	1 loaf	237.42	-0.04	-8.25
Broken Rice (Ofada)	1Kg	468.16	0.74	5.4
Chicken Feet	1Kg	451.25	0.05	-23.56
Chicken Wings	1Kg	603.2	-1.37	-10
Evaporated tinned milk carnation 170g	1 unit	146.2	0.69	-6.29
Evaporated tinned milk(peak), 170g	1 unit	173.85	-0.21	-5.14
Frozen chicken	1 unit	2389.02	-0.46	-17.09
Gari white,sold loose	1Kg	245.41	1.82	7.38
Gari yellow,sold loose	1Kg	291.99	3.32	-1.13
Mudfish (aro) fresh	1Kg	802.15	-1	-9.67
Mudfish : dried	1Kg	1339.31	-0.01	-7.63
Onion bulb	1Kg	140.92	5.12	-37.37
Rice agric sold loose	1Kg	437.78	0.25	5.13
Rice local sold loose	1Kg	380.24	0.25	4.39
Rice Medium Grained	1Kg	367.5	2.04	4.36
Rice,imported high quality sold loose	1Kg	444.27	0.84	5.27
Tomato	1Kg	129.05	3.69	-45.69
Yam tuber	1Kg	130.96	6.73	-52.39
Dried Fish Sardine	1Kg	1386.12	-0.04	-1.36
Iced Sardine	1Kg	950.94	0.07	-1.27
Irish potato	1Kg	154.76	-2.25	-42.72
Sweet potato	1Kg	154.55	-0.83	-38.79
Tilapia fish (epiya) fresh	1Kg	502.82	-0.46	-24.58
Titus:frozen	1Kg	958.13	-0.01	-2.8
Catfish (obokun) fresh	1Kg	881.11	-0.59	-16.9
Catfish :dried	1Kg	1409.01	-0.46	-16.3
Catfish Smoked	1Kg	1412.23	-0.22	-2.08
Mackerel : frozen	1Kg	983.89	0.05	-0.23
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.94	0.86	5.83
Maize grain white sold loose	1Kg	202.87	4.83	20.84
Maize grain yellow sold loose	1Kg	204.34	4.29	24.22
Palm oil: 1 bottle,specify bottle	1Ltr	518.72	-0.44	-6.26
Plantain(ripe)	1Kg	182.77	3.24	-38.77
Plantain(unripe)	1Kg	185.06	4.45	-36.08
Vegetable oil:1 bottle,specify bottle	1Ltr	514.44	0.69	-9.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	775	0.32	7.38
<b>AVERAGE</b>			0.94	-8

# SELECTED FOOD PRICE WATCH - JULY 2021

## Rivers State



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N829.26</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N699.12</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N494.43</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N453.37</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N507.84</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N707.94</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N2305.88</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N546.63</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N434.60</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N910.00</b>



# SELECTED FOOD PRICE WATCH - JULY 2021

## Rivers State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	692.64	1.77	26.46
Agric eggs(medium size price of one)	1 Piece	59.05	1.49	21.65
Beans brown,sold loose	1Kg	699.12	0.6	65.03
Beans:white black eye. sold loose	1Kg	617.5	0.6	55.65
Beef Bone in	1Kg	1555	0.6	46.71
Beef,boneless	1Kg	2305.88	0.6	49.68
Bread sliced 500g	1 loaf	453.37	0.6	16.41
Bread unsliced 500g	1 loaf	427.31	0.6	11.22
Broken Rice (Ofada)	1Kg	629.71	0.6	29.61
Chicken Feet	1Kg	1455.45	1.88	36.47
Chicken Wings	1Kg	1616.67	0.52	27.96
Evaporated tinned milk carnation 170g	1 unit	188.69	0.5	18.76
Evaporated tinned milk(peak), 170g	1 unit	222.93	0.5	14.25
Frozen chicken	1 unit	2186.54	-2.67	21.08
Gari white,sold loose	1Kg	434.6	0.09	44.62
Gari yellow,sold loose	1Kg	459.3	0.09	42.74
Mudfish (aro) fresh	1Kg	1308.34	0.6	60.21
Mudfish : dried	1Kg	2666.39	0.6	14.61
Onion bulb	1Kg	546.63	0.6	70.06
Rice agric sold loose	1Kg	622.13	0.05	17.24
Rice local sold loose	1Kg	494.43	0.05	1.77
Rice Medium Grained	1Kg	597.47	0.05	12.03
Rice,imported high quality sold loose	1Kg	707.98	0.05	16.66
Tomato	1Kg	829.26	0.5	57.74
Yam tuber	1Kg	507.84	0.84	26.05
Dried Fish Sardine	1Kg	1836.76	0.7	13.95
Iced Sardine	1Kg	1317.59	0.7	8.54
Irish potato	1Kg	807.42	0.7	41.56
Sweet potato	1Kg	328.75	5.75	16.4
Tilapia fish (epiya) fresh	1Kg	1602.16	0.5	52.93
Titus:frozen	1Kg	1968.26	0.5	87.59
Catfish (obokun) fresh	1Kg	1335.83	0.5	33.76
Catfish :dried	1Kg	2440.76	0.5	43.28
Catfish Smoked	1Kg	1833.6	0.5	8.68
Mackerel : frozen	1Kg	1526.76	0.5	34.65
Groundnut oil: 1 bottle, specify bottle	1Ltr	900.03	0.5	39.33
Maize grain white sold loose	1Kg	385.58	0.5	67.3
Maize grain yellow sold loose	1Kg	359.68	0.5	54
Palm oil: 1 bottle,specify bottle	1Ltr	707.94	13.96	40.55
Plantain(ripe)	1Kg	397.33	5.42	7.45
Plantain(unripe)	1Kg	356.18	2.91	3.47
Vegetable oil:1 bottle,specify bottle	1Ltr	1039.22	1.35	48.27
Wheat flour: prepacked (golden penny 2kg)	2Kg	910	1.1	13.97
<b>AVERAGE</b>			1.13	33.03




# SELECTED FOOD PRICE WATCH - JULY 2021




## Sokoto State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N285.00</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N348.47</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N377.83</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N1480.00</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N238.38</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N430.77</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	JULY 2021 <b>N400.00</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	JULY 2021 <b>N681.48</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	JULY 2021 <b>N177.78</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	JULY 2021 <b>N783.33</b>

# SELECTED FOOD PRICE WATCH - JULY 2021

## Sokoto State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	682.73	12.85	42.23
Agric eggs(medium size price of one)	1 Piece	57.55	11.47	37.01
Beans brown,sold loose	1Kg	430.77	11.48	66.18
Beans:white black eye. sold loose	1Kg	420.34	19.58	82.08
Beef Bone in	1Kg	1371.43	2.89	22.45
Beef,boneless	1Kg	1480	3.26	25.62
Bread sliced 500g	1 loaf	400	7.02	19.4
Bread unsliced 500g	1 loaf	375	4.58	15.68
Broken Rice (Ofada)	1Kg	386.49	-1.68	22.36
Chicken Feet	1Kg	800	2.56	44.25
Chicken Wings	1Kg	937.5	11.28	43.05
Evaporated tinned milk carnation 170g	1 unit	196.35	1.5	19
Evaporated tinned milk(peak), 170g	1 unit	221.25	0.57	11.74
Frozen chicken	1 unit	2300	1.47	-2.27
Gari white,sold loose	1Kg	238.38	8.66	41.61
Gari yellow,sold loose	1Kg	278.88	-1.18	24.39
Mudfish (aro) fresh	1Kg	1450	6.1	26.45
Mudfish : dried	1Kg	1974	0.66	2.43
Onion bulb	1Kg	177.78	-0.77	21.19
Rice agric sold loose	1Kg	431.03	-3.18	17.53
Rice local sold loose	1Kg	348.47	-4.66	39.36
Rice Medium Grained	1Kg	408.05	-1.39	11.69
Rice,imported high quality sold loose	1Kg	486.41	2.4	30.29
Tomato	1Kg	285	-20.65	102.88
Yam tuber	1Kg	377.83	13.35	40
Dried Fish Sardine	1Kg	1420	2.34	-2.07
Iced Sardine	1Kg	1020	9.94	12.92
Irish potato	1Kg	384.85	8.42	19.8
Sweet potato	1Kg	240.48	27.11	37.93
Tilapia fish (epiya) fresh	1Kg	980	6.61	23.01
Titus:frozen	1Kg	1020	6.9	5.52
Catfish (obokun) fresh	1Kg	1142.86	2.04	8.84
Catfish :dried	1Kg	1321.18	1.93	5.28
Catfish Smoked	1Kg	1350	5.06	8.43
Mackerel : frozen	1Kg	950	4.4	16.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	745.33	9.07	33.41
Maize grain white sold loose	1Kg	241.07	14.89	114.19
Maize grain yellow sold loose	1Kg	254.46	16.09	103.92
Palm oil: 1 bottle,specify bottle	1Ltr	681.48	9.04	30.72
Plantain(ripe)	1Kg	250	1.8	13.64
Plantain(unripe)	1Kg	274.34	2.88	25.33
Vegetable oil:1 bottle,specify bottle	1Ltr	811.11	10.61	39.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	783.33	9.18	17.21
<b>AVERAGE</b>			5.5	30.7




# SELECTED FOOD PRICE WATCH - JULY 2021




## Taraba State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N130.55</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N246.11</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N367.02</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N278.71</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N111.98</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N499.26</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1289.81</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N152.50</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N208.40</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N790.11</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Taraba State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	412.42	0.13	1.28
Agric eggs(medium size price of one)	1 Piece	41.85	0.24	14.66
Beans brown,sold loose	1Kg	246.11	0.86	16.34
Beans:white black eye. sold loose	1Kg	340.94	-1.5	86.23
Beef Bone in	1Kg	951.39	0.83	6.6
Beef,boneless	1Kg	1289.81	0.03	7.48
Bread sliced 500g	1 loaf	278.71	0.74	-14.24
Bread unsliced 500g	1 loaf	271.27	0.13	-0.22
Broken Rice (Ofada)	1Kg	395.83	-0.05	3.11
Chicken Feet	1Kg	302.01	-0.04	-13.5
Chicken Wings	1Kg	491.32	0.23	-2.3
Evaporated tinned milk carnation 170g	1 unit	144.75	0.51	-4.84
Evaporated tinned milk(peak), 170g	1 unit	171.42	0.02	-4
Frozen chicken	1 unit	1345.88	0.06	-9.56
Gari white,sold loose	1Kg	208.4	3.55	14.63
Gari yellow,sold loose	1Kg	236.66	4.17	19.69
Mudfish (aro) fresh	1Kg	798.21	-0.26	-0.64
Mudfish : dried	1Kg	1306.19	0.37	-7.13
Onion bulb	1Kg	152.5	1.25	-15.31
Rice agric sold loose	1Kg	371.4	0.27	6.78
Rice local sold loose	1Kg	367.02	-0.06	17.59
Rice Medium Grained	1Kg	404.2	-0.03	0.98
Rice,imported high quality sold loose	1Kg	410.39	1.27	1.24
Tomato	1Kg	130.55	6.9	-25.79
Yam tuber	1Kg	111.98	10.96	-19.25
Dried Fish Sardine	1Kg	1330.05	0.31	-1.61
Iced Sardine	1Kg	913.33	0.36	0.21
Irish potato	1Kg	176.67	3.8	-16.22
Sweet potato	1Kg	140.16	0.24	-18.93
Tilapia fish (epiya) fresh	1Kg	444.45	0.06	-10.56
Titus:frozen	1Kg	925.23	0.34	2.78
Catfish (obokun) fresh	1Kg	768.75	-0.02	-3.23
Catfish :dried	1Kg	1320.83	0.32	-1.43
Catfish Smoked	1Kg	1356.9	0.13	-3.01
Mackerel : frozen	1Kg	913.55	0.12	5.49
Groundnut oil: 1 bottle, specify bottle	1Ltr	531.67	-1.37	-4.82
Maize grain white sold loose	1Kg	170.3	0.36	35.59
Maize grain yellow sold loose	1Kg	174.69	3.73	36
Palm oil: 1 bottle,specify bottle	1Ltr	499.26	0.69	2.31
Plantain(ripe)	1Kg	175.38	2.66	-21.08
Plantain(unripe)	1Kg	173.33	1.83	-15.76
Vegetable oil:1 bottle,specify bottle	1Ltr	520.83	-0.95	-1.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	790.11	0.15	4.97
<b>AVERAGE</b>			1.01	1.6




# SELECTED FOOD PRICE WATCH - JULY 2021




## Yobe State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N146.15</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N231.20</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N332.89</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N248.89</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N129.79</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N488.89</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1262.12</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N143.03</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N229.35</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N688.23</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Yobe State









	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	437.41	1.15	-1.43
Agric eggs(medium size price of one)	1 Piece	41.75	1.39	-6.06
Beans brown,sold loose	1Kg	231.2	0.37	23.31
Beans:white black eye. sold loose	1Kg	274.14	0.88	26.84
Beef Bone in	1Kg	987.03	0.38	8.48
Beef,boneless	1Kg	1262.12	0.04	5.18
Bread sliced 500g	1 loaf	248.89	3.59	-4.02
Bread unsliced 500g	1 loaf	231.67	2.83	18.5
Broken Rice (Ofada)	1Kg	370.45	0.11	5.47
Chicken Feet	1Kg	333.58	-4.69	-19.01
Chicken Wings	1Kg	509.22	-2.47	-21.7
Evaporated tinned milk carnation 170g	1 unit	144.15	0.09	-3.9
Evaporated tinned milk(peak), 170g	1 unit	171.2	0.19	-2.41
Frozen chicken	1 unit	1632.26	-3.38	-25.81
Gari white,sold loose	1Kg	229.35	4.4	22.38
Gari yellow,sold loose	1Kg	235.09	2.74	12.39
Mudfish (aro) fresh	1Kg	810.75	-0.4	-4.62
Mudfish : dried	1Kg	1348.57	0.63	-12.34
Onion bulb	1Kg	143.03	2.73	-16.33
Rice agric sold loose	1Kg	342.99	-0.04	13.06
Rice local sold loose	1Kg	332.89	-1.71	24.02
Rice Medium Grained	1Kg	341.67	-0.61	-7.55
Rice,imported high quality sold loose	1Kg	447.72	0.26	9.37
Tomato	1Kg	146.15	-1.47	-10.06
Yam tuber	1Kg	129.79	4.21	1.24
Dried Fish Sardine	1Kg	1355.73	0.42	-5.99
Iced Sardine	1Kg	945	0.09	-0.12
Irish potato	1Kg	176.67	-0.86	-32.28
Sweet potato	1Kg	134.1	1.06	-20.1
Tilapia fish (epiya) fresh	1Kg	481.96	-1.75	-1.34
Titus:frozen	1Kg	994	0.05	-14.22
Catfish (obokun) fresh	1Kg	740	-0.02	-6.11
Catfish :dried	1Kg	1391.8	0.05	-13.12
Catfish Smoked	1Kg	1435	0.05	-9.7
Mackerel : frozen	1Kg	915	0.03	1.28
Groundnut oil: 1 bottle, specify bottle	1Ltr	542.42	0.59	-1.84
Maize grain white sold loose	1Kg	183.33	5.49	46.11
Maize grain yellow sold loose	1Kg	185	4.23	56.13
Palm oil: 1 bottle,specify bottle	1Ltr	488.89	1.48	6.63
Plantain(ripe)	1Kg	178	0.28	-10.11
Plantain(unripe)	1Kg	175	0.56	-10.13
Vegetable oil:1 bottle,specify bottle	1Ltr	534.1	0.9	-4.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	688.23	1.09	2.8
<b>AVERAGE</b>			0.58	0.43




# SELECTED FOOD PRICE WATCH - JULY 2021




## Zamfara State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N330.80</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N395.22</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N401.23</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 JULY 2021 <b>N361.11</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N383.81</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 JULY 2021 <b>N684.48</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N1617.50</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N235.71</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 JULY 2021 <b>N324.26</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 JULY 2021 <b>N825.00</b>
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# SELECTED FOOD PRICE WATCH - JULY 2021

## Zamfara State



	Unit of Measurement	Jul-21	JUN 2021 - JUL 2021	JUL 2020 - JUL 2021
Agric eggs medium size	1 Dozen	614	12.29	32.59
Agric eggs (medium size price of one)	1 Piece	54.55	8.57	39.1
Beans brown, sold loose	1Kg	395.22	4.19	46.14
Beans: white black eye, sold loose	1Kg	401.2	10.07	46.13
Beef Bone in	1Kg	1360	6.97	34.84
Beef, boneless	1Kg	1617.5	5.67	26.37
Bread sliced 500g	1 loaf	361.11	-2.63	-0.09
Bread unsliced 500g	1 loaf	375	3.5	13.15
Broken Rice (Ofada)	1Kg	394.07	7.95	17.05
Chicken Feet	1Kg	720	10.77	48.59
Chicken Wings	1Kg	925	8.82	46.83
Evaporated tinned milk carnation 170g	1 unit	220	12.5	37.5
Evaporated tinned milk (peak), 170g	1 unit	230	4.55	22.9
Frozen chicken	1 unit	2233.33	3.4	1.89
Gari white, sold loose	1Kg	324.26	7.06	69.5
Gari yellow, sold loose	1Kg	332.95	0.74	67.08
Mudfish (aro) fresh	1Kg	1200	2.86	13.39
Mudfish : dried	1Kg	1433.33	-1.53	-1.15
Onion bulb	1Kg	235.71	19.02	26.19
Rice agric sold loose	1Kg	445.97	5.38	22.06
Rice local sold loose	1Kg	401.23	6.37	57.07
Rice Medium Grained	1Kg	420.74	13.2	10.21
Rice, imported high quality sold loose	1Kg	503.03	-4.76	26.36
Tomato	1Kg	330.8	-8.37	37.32
Yam tuber	1Kg	383.81	1.59	49.62
Dried Fish Sardine	1Kg	1295	1.17	-1.89
Iced Sardine	1Kg	1050	2.94	6.06
Irish potato	1Kg	275.78	36.32	34.23
Sweet potato	1Kg	122.39	-5	8.46
Tilapia fish (epiya) fresh	1Kg	1133.33	-2.39	7.47
Titus: frozen	1Kg	1113.33	8.09	13.61
Catfish (obokun) fresh	1Kg	1180	0.43	17.82
Catfish :dried	1Kg	1250	1.21	7.76
Catfish Smoked	1Kg	1500	4.65	-2.28
Mackerel : frozen	1Kg	1025	7.89	6.89
Groundnut oil: 1 bottle, specify bottle	1Ltr	922.12	9.98	45.38
Maize grain white sold loose	1Kg	249.81	22.98	63.44
Maize grain yellow sold loose	1Kg	233.28	4.67	27.88
Palm oil: 1 bottle, specify bottle	1Ltr	684.48	5.72	44.61
Plantain (ripe)	1Kg	311.76	24.71	45.01
Plantain (unripe)	1Kg	220	10	16.4
Vegetable oil: 1 bottle, specify bottle	1Ltr	820	12.93	45.81
Wheat flour: prepacked (golden penny 2kg)	2Kg	825	-1	25.71
<b>AVERAGE</b>			6.59	27.98





## METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

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