



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(JULY 2020)

Report Date: August 2020

Data Source: National Bureau of Statistics (NBS)

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EXECUTIVE SUMMARY

Selected food price watch data for July 2020 reflected that the average price of 1 dozen of Agric eggs medium size increased year-on-year by 1.24% and month-on-month by 0.27% to N474.12 in July 2020 from N472.83 in June 2020 while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 10.61% and month-on-month by 0.66% to N42.45 in July 2020 from N42.18 in June 2020.

The average price of 1kg of tomato increased year-on-year by 49.35% and month-on-month by 3.24% to N304.01 in July 2020 from N294.46 in June 2020.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 37.72% and increased month-on-month by 2.23% to N490.44 in July 2020 from N479.74 in June 2020.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 50.10% and month on month by 2.29% to N256.44 in July 2020 from N250.70 in June 2020.

SELECTED FOOD PRICE WATCH - JULY 2020

National – Agric Eggs



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Dozen

N474.12

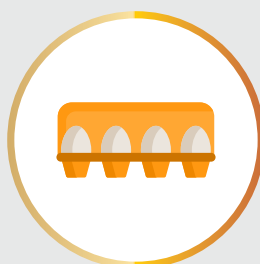
1.24

0.27



Lowest Price

Taraba (407.22)



Agric eggs
medium size

Highest Price

Delta (572.35)



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Piece

N42.45

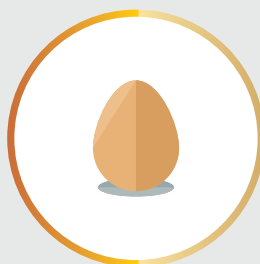
10.61

0.66



Lowest Price

Taraba (36.5)



Agric eggs
(medium size price of one)

Highest Price

Delta (48.73)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Beans



UNIT OF MEASUREMENT

1KG



JULY 2020

N300.26



YEAR - ON - YEAR

-8.23



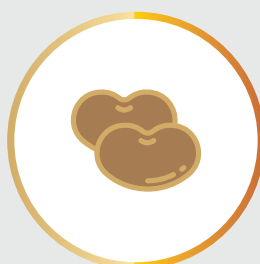
MONTH - ON - MONTH

3.58



Lowest Price

Bauchi (161.03)



Beans brown,
sold loose

Highest Price

Ebonyi (493.54)



UNIT OF MEASUREMENT

1KG



JULY 2020

N268.38



YEAR - ON - YEAR

-7.38



MONTH - ON - MONTH

3.47



Lowest Price

Taraba (183.07)



Beans: white
black eye. sold loose

Highest Price

Ebonyi (445.08)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Beef



UNIT OF MEASUREMENT

1KG

JULY 2020

N1075.68

YEAR - ON - YEAR

6.54

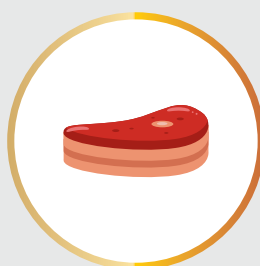
MONTH - ON - MONTH

0.54



Lowest Price

Osun (773.87)



Beef Bone in

Highest Price

Cross River (1396.13)



UNIT OF MEASUREMENT

1KG

JULY 2020

N1330.83

YEAR - ON - YEAR

6.74

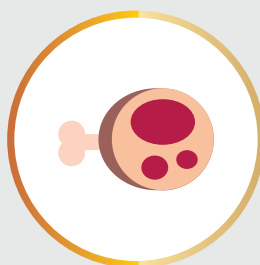
MONTH - ON - MONTH

1.05



Lowest Price

Adamawa (1101.82)



Beef ,boneless

Highest Price

Bayelsa (1546.14)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Bread



UNIT OF MEASUREMENT

1 loaf

JULY 2020

N318.56

YEAR - ON - YEAR

8.54

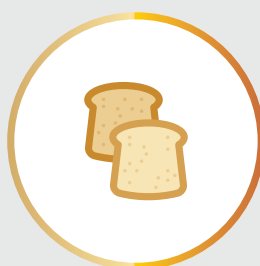
MONTH - ON - MONTH

-0.48



Lowest Price

Gombe (242.5)



Highest Price

Bayelsa (462.5)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf

JULY 2020

N287.74

YEAR - ON - YEAR

6.17

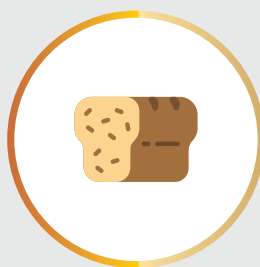
MONTH - ON - MONTH

1.13



Lowest Price

Yobe (195.5)



Highest Price

Bayelsa (457.14)



Bread unsliced 500g

SELECTED FOOD PRICE WATCH - JULY 2020

National - Rice



UNIT OF MEASUREMENT

1KG

JULY 2020

N426.36

YEAR - ON - YEAR

16.04

MONTH - ON - MONTH

1.44



Lowest Price

Kano (272.96)



Highest Price

Lagos (677.95)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG

JULY 2020

N405.97

YEAR - ON - YEAR

29.06

MONTH - ON - MONTH

2.89



Lowest Price

Kebbi (262.47)



Highest Price

Bayelsa (603.63)



Rice agric sold loose

SELECTED FOOD PRICE WATCH - JULY 2020

National – Rice



UNIT OF MEASUREMENT

1KG

JULY 2020

N362.97

YEAR - ON - YEAR

30.86

MONTH - ON - MONTH

4.44



Lowest Price

Sokoto (250.05)



Highest Price

Bayelsa (523.13)



Rice local sold loose



UNIT OF MEASUREMENT

1KG

JULY 2020

N410.69

YEAR - ON - YEAR

34.24

MONTH - ON - MONTH

2.49



Lowest Price

Gombe (285.97)



Highest Price

Bayelsa (622.53)



Rice Medium Grained

SELECTED FOOD PRICE WATCH - JULY 2020

National – Rice



UNIT OF MEASUREMENT

1KG



JULY 2020

N490.44



YEAR - ON - YEAR

37.72



MONTH - ON - MONTH

2.23



Lowest Price

Sokoto (373.33)



Highest Price

Bayelsa (687.94)



Rice, imported high
quality sold loose

SELECTED FOOD PRICE WATCH - JULY 2020

National – Chicken



UNIT OF MEASUREMENT

1KG



JULY 2020

N715.89



YEAR - ON - YEAR

7.97



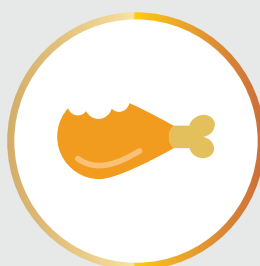
MONTH - ON - MONTH

0.52



Lowest Price

Taraba (349.15)



Chicken Feet

Highest Price

Bayelsa (1259.24)



UNIT OF MEASUREMENT

1KG



JULY 2020

N953.89



YEAR - ON - YEAR

8.75



MONTH - ON - MONTH

0.60



Lowest Price

Adamawa (473)



Chicken Wings

Highest Price

Abuja (1510)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Chicken



UNIT OF MEASUREMENT

1 Unit



JULY 2020

N1955.54



YEAR - ON - YEAR

9.65



MONTH - ON - MONTH

0.26



Lowest Price

Kano (1425)



Frozen Chicken

Highest Price

Plateau (2881.46)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N163.74

4.20

0.55



Lowest Price

Adamawa (120)



Highest Price

Ekiti (200)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N193.03

2.35

0.69



Lowest Price

Bauchi (170.69)



Highest Price

Kebbi (220)



Evaporated tinned
milk(peak), 170g

SELECTED FOOD PRICE WATCH - JULY 2020

National – Garri



UNIT OF MEASUREMENT

1KG

JULY 2020

N222.47

YEAR - ON - YEAR

46.62

MONTH - ON - MONTH

3.60



Lowest Price

Ondo (151.65)



Highest Price

Bayelsa (353.87)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG

JULY 2020

N255.10

YEAR - ON - YEAR

65.59

MONTH - ON - MONTH

5.60



Lowest Price

Katsina (172.53)



Highest Price

Ebonyi (400.08)



Gari yellow, sold loose

SELECTED FOOD PRICE WATCH - JULY 2020

National – Mudfish



UNIT OF MEASUREMENT

1KG

JULY 2020

N1009.02

YEAR - ON - YEAR

3.84

MONTH - ON - MONTH

0.32



Lowest Price

Adamawa (735.52)



Highest Price

Enugu (1603.26)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG

JULY 2020

N1743.76

YEAR - ON - YEAR

-1.13

MONTH - ON - MONTH

-0.03



Lowest Price

Gombe (1250.66)



Highest Price

Ogun (2441.75)



Mudfish : Dried

SELECTED FOOD PRICE WATCH - JULY 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JULY 2020

N1061.25

YEAR - ON - YEAR

6.74

MONTH - ON - MONTH

0.22



Lowest Price

Yobe (788.15)



Highest Price

Anambra (1433.33)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG

JULY 2020

N1677.22

YEAR - ON - YEAR

-1.37

MONTH - ON - MONTH

-2.61



Lowest Price

Zamfara (1160)



Highest Price

Imo (2760.02)



Catfish :Dried

SELECTED FOOD PRICE WATCH - JULY 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JULY 2020

N1536.03

YEAR - ON - YEAR

2.12

MONTH - ON - MONTH

0.40



Lowest Price

Sokoto (1245)



Catfish Smoked

Highest Price

Abuja (1900.77)



UNIT OF MEASUREMENT

1KG

JULY 2020

N1466.13

YEAR - ON - YEAR

6.77

MONTH - ON - MONTH

0.74



Lowest Price

Katsina (1006.67)



Dried Fish Sardine

Highest Price

Anambra (1822.38)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Fish



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1KG

N1005.46

13.27

-0.27



Lowest Price

Osun (662.11)



Iced Sardine

Highest Price

Imo (1253.81)



UNIT OF MEASUREMENT

JULY 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1KG

N872.74

7.45

-0.02



Lowest Price

Yobe (488.5)



Tilapia Fish (Epiya) Fresh

Highest Price

Cross River (1290.37)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JULY 2020

N1021.08

YEAR - ON - YEAR

10.08

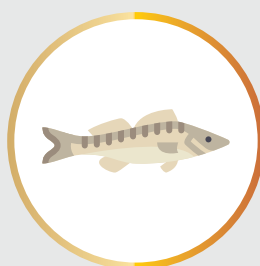
MONTH - ON - MONTH

0.23



Lowest Price

Osun (682.73)



Titus: Frozen

Highest Price

Delta (1372.31)



UNIT OF MEASUREMENT

1KG

JULY 2020

N989.44

YEAR - ON - YEAR

8.56

MONTH - ON - MONTH

1.27



Lowest Price

Ekiti (737.24)



Mackerel : Frozen

Highest Price

Abuja (1316.67)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG

JULY 2020

N256.44

YEAR - ON - YEAR

50.10

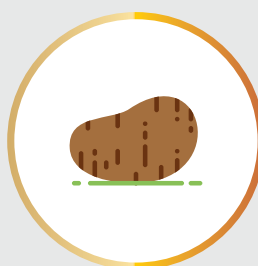
MONTH - ON - MONTH

2.29



Lowest Price

Yobe (128.2)



Yam Tuber

Highest Price

Bayelsa (494.26)



UNIT OF MEASUREMENT

1KG

JULY 2020

N328.07

YEAR - ON - YEAR

31.05

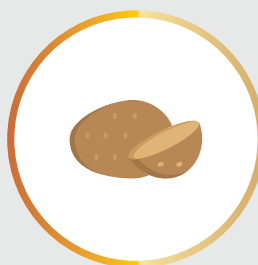
MONTH - ON - MONTH

1.00



Lowest Price

Kwara (155.51)



Irish Potato

Highest Price

Rivers (570.37)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



JULY 2020

N177.17



YEAR - ON - YEAR

28.87



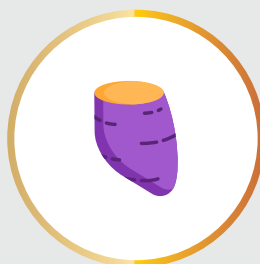
MONTH - ON - MONTH

3.04



Lowest Price

Jigawa (95.62)



Sweet Potato

Highest Price

Bayelsa (286.53)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG

JULY 2020

N304.01

YEAR - ON - YEAR

49.35

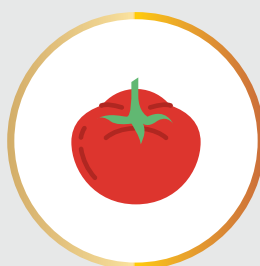
MONTH - ON - MONTH

3.24



Lowest Price

Borno (111.94)



Tomato

Highest Price

Bayelsa (542.07)



UNIT OF MEASUREMENT

1KG

JULY 2020

N238.65

YEAR - ON - YEAR

23.30

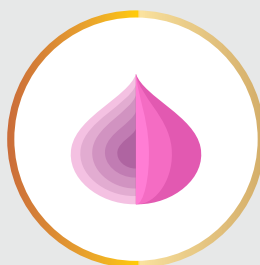
MONTH - ON - MONTH

2.32



Lowest Price

Borno (127)



Onion bulb

Highest Price

Bayelsa (376.49)



SELECTED FOOD PRICE WATCH - JULY 2020

National – Maize Grain



UNIT OF MEASUREMENT

1KG

JULY 2020

N190.00

YEAR - ON - YEAR

39.95

MONTH - ON - MONTH

6.59



Lowest Price

Borno (97.93)



Highest Price

Bayelsa (348.02)



Maize grain
white sold loose



UNIT OF MEASUREMENT

1KG

JULY 2020

N191.64

YEAR - ON - YEAR

36.80

MONTH - ON - MONTH

5.36



Lowest Price

Katsina (102.17)



Highest Price

Bayelsa (336.98)



Maize grain
yellow sold loose

SELECTED FOOD PRICE WATCH - JULY 2020

National – Plantain



UNIT OF MEASUREMENT

1KG

JULY 2020

N245.04

YEAR - ON - YEAR

12.80

MONTH - ON - MONTH

-0.33



Lowest Price

Kwara (171.13)



Highest Price

Rivers (369.8)



Plantain (ripe)



UNIT OF MEASUREMENT

1KG

JULY 2020

N237.18

YEAR - ON - YEAR

16.58

MONTH - ON - MONTH

-0.59



Lowest Price

Ebonyi (187.25)



Highest Price

Rivers (344.23)



Plantain (unripe)

SELECTED FOOD PRICE WATCH - JULY 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr

JULY 2020

N623.09

YEAR - ON - YEAR

14.30

MONTH - ON - MONTH

0.45



Lowest Price

Kebbi (458.33)



Highest Price

Delta (902.51)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr

JULY 2020

N486.25

YEAR - ON - YEAR

8.69

MONTH - ON - MONTH

2.64



Lowest Price

Kwara (400.41)



Highest Price

Edo (562.96)



**Palm oil: 1 bottle,
specify bottle**

SELECTED FOOD PRICE WATCH - JULY 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr



JULY 2020

N576.89



YEAR - ON - YEAR

18.93



MONTH - ON - MONTH

1.48



Lowest Price

Niger (485.55)



Highest Price

Rivers (700.89)



Vegetable Oil:1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - JULY 2020

National – Wheat Flour



UNIT OF MEASUREMENT

2KG



JULY 2020

N712.95



YEAR - ON - YEAR

6.73



MONTH - ON - MONTH

0.80



Lowest Price

Ondo (612.86)



Highest Price

Bayelsa (846.67)



Wheat flour: prepacked
(golden penny 2kg)

SELECTED FOOD PRICE WATCH - JULY 2020

Abia State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N501.10	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N360.05
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N400.72	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N388.46
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N201.94	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N417.33
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1491.94	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N368.85
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N285.18	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N765.00

SELECTED FOOD PRICE WATCH - JULY 2020

Abia State



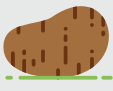





	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	518.67	-0.28	1.7
Agric eggs(medium size price of one)	1 Piece	44.5	-0.63	22.36
Beans brown,sold loose	1Kg	360.05	-0.29	-16.96
Beans:white black eye. sold loose	1Kg	334.42	0.19	-20.51
Beef Bone in	1Kg	1123.02	0.09	10.49
Beef,boneless	1Kg	1491.94	0.13	10.44
Bread sliced 500g	1 loaf	388.46	0.57	3.51
Bread unsliced 500g	1 loaf	357.69	10.6	7.98
Broken Rice (Ofada)	1Kg	532.62	1.38	32.28
Chicken Feet	1Kg	815.14	0.63	25.41
Chicken Wings	1Kg	1428.41	2.03	33.5
Evaporated tinned milk carnation 170g	1 unit	155.84	-1.12	-4.59
Evaporated tinned milk(peak), 170g	1 unit	216	-1.43	13.48
Frozen chicken	1 unit	1954.17	-0.64	18.22
Gari white,sold loose	1Kg	285.18	1.35	141.26
Gari yellow,sold loose	1Kg	300.48	0.45	150.79
Mudfish (aro) fresh	1Kg	1245.64	-0.38	8.32
Mudfish : dried	1Kg	2428.36	-0.45	1.81
Onion bulb	1Kg	368.85	5.53	74.69
Rice agric sold loose	1Kg	431.33	3.26	21.94
Rice local sold loose	1Kg	400.72	9.51	27.24
Rice Medium Grained	1Kg	439.09	5.42	29.62
Rice,imported high quality sold loose	1Kg	514.79	1.3	36.64
Tomato	1Kg	501.1	4.04	155.53
Yam tuber	1Kg	201.94	1.9	20.76
Dried Fish Sardine	1Kg	1650.01	2.79	22.77
Iced Sardine	1Kg	1142.86	1.14	42.3
Irish potato	1Kg	437.65	8.83	70.2
Sweet potato	1Kg	144.81	1.88	11.6
Tilapia fish (epiya) fresh	1Kg	930.43	1.39	1.77
Titus:frozen	1Kg	1178.41	-0.64	26.99
Catfish (obokun) fresh	1Kg	1403	-1.19	16.58
Catfish :dried	1Kg	2384.81	0.69	11.58
Catfish Smoked	1Kg	1773.76	2.98	11.28
Mackerel : frozen	1Kg	1100.3	1.5	27.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	736.67	2	21.43
Maize grain white sold loose	1Kg	257.61	-4.72	83.99
Maize grain yellow sold loose	1Kg	264.44	-8.64	91.84
Palm oil: 1 bottle,specify bottle	1Ltr	417.33	-5.28	11.24
Plantain(ripe)	1Kg	254.24	-4.47	20.1
Plantain(unripe)	1Kg	212.68	-9.82	8.49
Vegetable oil:1 bottle,specify bottle	1Ltr	592.8	-0.52	4.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	765	1.25	6.25
AVERAGE			0.75	30.15

SELECTED FOOD PRICE WATCH - JULY 2020

Abuja FCT



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N284.49	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N305.48
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N420.63	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N375.00
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N296.38	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N553.33
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1507.43	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N180.56
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N247.62	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N758.33

SELECTED FOOD PRICE WATCH - JULY 2020

Abuja FCT









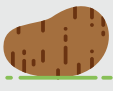















	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	479.29	6.51	-0.15
Agric eggs(medium size price of one)	1 Piece	40	2.89	1.27
Beans brown,sold loose	1Kg	305.48	14.88	7
Beans:white black eye. sold loose	1Kg	266.78	13.42	-6.63
Beef Bone in	1Kg	1171.43	3.79	6.68
Beef,boneless	1Kg	1507.43	-0.17	16.12
Bread sliced 500g	1 loaf	375	-4.55	9.76
Bread unsliced 500g	1 loaf	335	-5.63	4.22
Broken Rice (Ofada)	1Kg	491.33	10.72	18.38
Chicken Feet	1Kg	700.52	4.32	6.95
Chicken Wings	1Kg	1510	4.14	37.27
Evaporated tinned milk carnation 170g	1 unit	160.85	0.53	-0.92
Evaporated tinned milk(peak), 170g	1 unit	187.48	1.34	4.68
Frozen chicken	1 unit	1866.67	0.9	0
Gari white,sold loose	1Kg	247.62	3.59	83.1
Gari yellow,sold loose	1Kg	295.24	5.59	99.14
Mudfish (aro) fresh	1Kg	1312.65	0.97	-1.12
Mudfish : dried	1Kg	2109.43	-0.73	0.69
Onion bulb	1Kg	180.56	-9.03	10.94
Rice agric sold loose	1Kg	551.63	0.59	83.27
Rice local sold loose	1Kg	420.63	7.86	33.44
Rice Medium Grained	1Kg	554.62	2.61	76.16
Rice,imported high quality sold loose	1Kg	600	3.38	68.87
Tomato	1Kg	284.49	-3.88	49.67
Yam tuber	1Kg	296.38	-2.57	-2.86
Dried Fish Sardine	1Kg	1673.52	1.43	7.97
Iced Sardine	1Kg	1170	1.74	7.34
Irish potato	1Kg	439.77	4.7	61.26
Sweet potato	1Kg	219.92	4.22	58.59
Tilapia fish (epiya) fresh	1Kg	1290	-0.92	7.63
Titus:frozen	1Kg	1254.29	3.23	6.75
Catfish (obokun) fresh	1Kg	1218.61	-2.51	-5
Catfish :dried	1Kg	2510.34	2.43	19.23
Catfish Smoked	1Kg	1900.77	1.56	7.62
Mackerel : frozen	1Kg	1316.67	1.28	7.41
Groundnut oil: 1 bottle, specify bottle	1Ltr	665.95	5.15	13.51
Maize grain white sold loose	1Kg	186.89	14.36	97.97
Maize grain yellow sold loose	1Kg	184.52	7.55	78.37
Palm oil: 1 bottle,specify bottle	1Ltr	553.33	4.9	6.16
Plantain(ripe)	1Kg	245.9	-1.99	-3.71
Plantain(unripe)	1Kg	258.76	-1.9	4.31
Vegetable oil:1 bottle,specify bottle	1Ltr	626.67	3.01	16.18
Wheat flour: prepacked (golden penny 2kg)	2Kg	758.33	0	16.67
AVERAGE			2.55	23.59

SELECTED FOOD PRICE WATCH - JULY 2020

Adamawa State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N198.83	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N229.30
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N336.95	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N266.67
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N191.62	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N509.52
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1101.82	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N138.86
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N204.69	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N706.67

SELECTED FOOD PRICE WATCH - JULY 2020

Adamawa State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	433.08	0.22	-7.5
Agric eggs(medium size price of one)	1 Piece	46.15	4.5	21.46
Beans brown,sold loose	1Kg	229.3	4.82	-22.3
Beans:white black eye. sold loose	1Kg	209.28	4.08	-20.82
Beef Bone in	1Kg	953.44	-3.5	-9.05
Beef,boneless	1Kg	1101.82	5.22	-1.79
Bread sliced 500g	1 loaf	266.67	-6.67	-8.05
Bread unsliced 500g	1 loaf	253	15	-4.73
Broken Rice (Ofada)	1Kg	329.73	2.5	0.6
Chicken Feet	1Kg	443.09	-1.53	-9.49
Chicken Wings	1Kg	473	-5.4	-21.17
Evaporated tinned milk carnation 170g	1 unit	120	0	-18.53
Evaporated tinned milk(peak), 170g	1 unit	176.67	-2.57	-8.76
Frozen chicken	1 unit	1533.33	-1.08	-3.56
Gari white,sold loose	1Kg	204.69	-2.39	36.46
Gari yellow,sold loose	1Kg	210.53	1.99	50.38
Mudfish (aro) fresh	1Kg	735.52	1.45	-17.17
Mudfish : dried	1Kg	1580.72	0.27	-16.59
Onion bulb	1Kg	138.86	1.19	3.88
Rice agric sold loose	1Kg	326.61	1.09	24.76
Rice local sold loose	1Kg	336.95	2.06	49.48
Rice Medium Grained	1Kg	313	2.44	28.27
Rice,imported high quality sold loose	1Kg	411.98	0.47	21.09
Tomato	1Kg	198.83	-4.4	39.47
Yam tuber	1Kg	191.62	13.98	34.97
Dried Fish Sardine	1Kg	1711.06	-1.52	-7.51
Iced Sardine	1Kg	967.35	-0.78	13.81
Irish potato	1Kg	222.39	7.32	-12.75
Sweet potato	1Kg	137.34	-0.8	22.31
Tilapia fish (epiya) fresh	1Kg	570.55	-3.66	-4.73
Titus:frozen	1Kg	862.07	-2.41	-10.39
Catfish (obokun) fresh	1Kg	1109.59	-1.68	10.96
Catfish :dried	1Kg	1342.56	0.39	-3.83
Catfish Smoked	1Kg	1390.32	4.46	2.99
Mackerel : frozen	1Kg	988.89	-2.36	9.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	545.24	-0.43	10.52
Maize grain white sold loose	1Kg	136.45	6.44	58.64
Maize grain yellow sold loose	1Kg	130.46	8.1	53.36
Palm oil: 1 bottle,specify bottle	1Ltr	509.52	-3.95	2.53
Plantain(ripe)	1Kg	214.29	-7.14	-10
Plantain(unripe)	1Kg	222.22	-18.32	7.21
Vegetable oil:1 bottle,specify bottle	1Ltr	543.59	-0.75	12.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	706.67	0.95	0.64
AVERAGE			0.41	6.91




SELECTED FOOD PRICE WATCH - JULY 2020




Akwa Ibom State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N487.69
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N406.52
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N380.00
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N361.54
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N455.42
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N458.21
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1423.24
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N349.49
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N215.16
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N837.50
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SELECTED FOOD PRICE WATCH - JULY 2020

Akwa Ibom State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	420.15	-1.14	-2.45
Agric eggs(medium size price of one)	1 Piece	42.31	-6.67	19.42
Beans brown,sold loose	1Kg	406.52	0.28	-4.78
Beans:white black eye. sold loose	1Kg	354.11	-11.14	-20.04
Beef Bone in	1Kg	1130.11	-1.84	15.94
Beef,boneless	1Kg	1423.24	-0.54	2.59
Bread sliced 500g	1 loaf	361.54	1.08	-0.27
Bread unsliced 500g	1 loaf	348.46	0.76	8.37
Broken Rice (Ofada)	1Kg	422.22	-1.95	40.74
Chicken Feet	1Kg	716.21	0.54	9.54
Chicken Wings	1Kg	1139.2	-0.94	19.03
Evaporated tinned milk carnation 170g	1 unit	174.26	0.29	12.26
Evaporated tinned milk(peak), 170g	1 unit	195.08	-1.23	4.64
Frozen chicken	1 unit	2255.68	2.53	27.08
Gari white,sold loose	1Kg	215.16	10.1	97.66
Gari yellow,sold loose	1Kg	250.27	7.35	102.72
Mudfish (aro) fresh	1Kg	1208.31	-0.33	0.83
Mudfish : dried	1Kg	1954.81	-1.82	7.24
Onion bulb	1Kg	349.49	-2.22	14.55
Rice agric sold loose	1Kg	470.85	3.86	23.91
Rice local sold loose	1Kg	380	-0.77	28.97
Rice Medium Grained	1Kg	510.84	1.64	41.9
Rice,imported high quality sold loose	1Kg	561.83	1.17	39.27
Tomato	1Kg	487.69	8.25	49.61
Yam tuber	1Kg	455.42	7.95	143.01
Dried Fish Sardine	1Kg	1403.82	1.76	5.95
Iced Sardine	1Kg	1064.23	4.83	15.15
Irish potato	1Kg	565.41	3.85	48.12
Sweet potato	1Kg	230.84	-0.05	11.42
Tilapia fish (epiya) fresh	1Kg	1130.53	-4.37	18.17
Titus:frozen	1Kg	1104.79	-2.28	18.89
Catfish (obokun) fresh	1Kg	1381.46	3.12	8.21
Catfish :dried	1Kg	1796.5	-0.44	16.45
Catfish Smoked	1Kg	1559.97	-0.47	11.14
Mackerel : frozen	1Kg	967.26	0.91	14.85
Groundnut oil: 1 bottle, specify bottle	1Ltr	635.74	5.96	8.37
Maize grain white sold loose	1Kg	270.96	-3.86	2.65
Maize grain yellow sold loose	1Kg	278.96	-3.64	24.11
Palm oil: 1 bottle,specify bottle	1Ltr	458.21	1.82	0.62
Plantain(ripe)	1Kg	330.14	5.55	12.33
Plantain(unripe)	1Kg	300.97	2	14.72
Vegetable oil:1 bottle,specify bottle	1Ltr	697.44	8.97	19.3
Wheat flour: prepacked (golden penny 2kg)	2Kg	837.5	4.47	15.52
AVERAGE			1.01	22.04




SELECTED FOOD PRICE WATCH - JULY 2020




Anambra State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N451.98
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N346.24
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N338.86
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N390.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N205.38
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N415.74
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1519.68
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N248.53
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N278.40
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N756.24
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SELECTED FOOD PRICE WATCH - JULY 2020

Anambra State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	530.21	1.34	-4.44
Agric eggs(medium size price of one)	1 Piece	45.78	2.81	24.09
Beans brown,sold loose	1Kg	346.24	5.52	-12.16
Beans:white black eye. sold loose	1Kg	302.35	1.6	-22.73
Beef Bone in	1Kg	1082.91	-2.93	7.2
Beef,boneless	1Kg	1519.68	0.62	14.24
Bread sliced 500g	1 loaf	390	4.46	9.47
Bread unsliced 500g	1 loaf	353.85	7.93	2.32
Broken Rice (Ofada)	1Kg	525.42	2.51	32.6
Chicken Feet	1Kg	958	4.77	27.73
Chicken Wings	1Kg	1400.14	0.01	44.84
Evaporated tinned milk carnation 170g	1 unit	173.15	0.58	1.68
Evaporated tinned milk(peak), 170g	1 unit	203.68	1.45	11.1
Frozen chicken	1 unit	2116.67	1.11	11.7
Gari white,sold loose	1Kg	278.4	9.15	96.72
Gari yellow,sold loose	1Kg	373.46	58.45	138.14
Mudfish (aro) fresh	1Kg	1070.41	0.08	6.81
Mudfish : dried	1Kg	2262.96	0.58	4.18
Onion bulb	1Kg	248.53	11.77	28.93
Rice agric sold loose	1Kg	437.06	6.48	37.52
Rice local sold loose	1Kg	338.86	7.65	19.07
Rice Medium Grained	1Kg	437	2.74	36.56
Rice,imported high quality sold loose	1Kg	572.63	8.02	52.34
Tomato	1Kg	451.98	10.56	125.25
Yam tuber	1Kg	205.38	13.38	16.03
Dried Fish Sardine	1Kg	1822.38	-0.14	19.69
Iced Sardine	1Kg	1225	-2	8.84
Irish potato	1Kg	504.2	0.78	33.64
Sweet potato	1Kg	177.69	-3.75	3.86
Tilapia fish (epiya) fresh	1Kg	875.26	1.2	-0.72
Titus:frozen	1Kg	1074.62	2.03	21.44
Catfish (obokun) fresh	1Kg	1433.33	1.72	23.92
Catfish :dried	1Kg	2352.89	1.53	11.92
Catfish Smoked	1Kg	1666.67	3.11	2.39
Mackerel : frozen	1Kg	1099.42	1.16	16.63
Groundnut oil: 1 bottle, specify bottle	1Ltr	812.56	1.57	23.95
Maize grain white sold loose	1Kg	247.42	5.5	6.41
Maize grain yellow sold loose	1Kg	251.48	6.74	9.34
Palm oil: 1 bottle,specify bottle	1Ltr	415.74	3.19	-3.82
Plantain(ripe)	1Kg	315.6	-1.74	28.44
Plantain(unripe)	1Kg	289.46	-4.21	24.11
Vegetable oil:1 bottle,specify bottle	1Ltr	561.4	4.91	6.83
Wheat flour: prepacked (golden penny 2kg)	2Kg	756.24	-1.55	4.31
AVERAGE			4.2	22.1


SELECTED FOOD PRICE WATCH - JULY 2020



Bauchi State






 Tomato


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N134.02



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N161.03



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N310.86



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N250.30



 Yam Tuber


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N194.86



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N466.67



 Beef, boneless


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1246.82



 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N152.88

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N177.86

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N748.80

SELECTED FOOD PRICE WATCH - JULY 2020


Bauchi State





	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	428.5	0.65	0.23
Agric eggs(medium size price of one)	1 Piece	39.29	0.74	5.41
Beans brown,sold loose	1Kg	161.03	5.02	-36.93
Beans:white black eye. sold loose	1Kg	191.09	0.19	-19.54
Beef Bone in	1Kg	928.9	0.42	8.86
Beef,boneless	1Kg	1246.82	0.32	8.42
Bread sliced 500g	1 loaf	250.3	0.12	10.02
Bread unsliced 500g	1 loaf	217.7	1.44	7.61
Broken Rice (Ofada)	1Kg	386.83	1.5	52.26
Chicken Feet	1Kg	351.44	0.41	17.15
Chicken Wings	1Kg	602.37	0.4	14.74
Evaporated tinned milk carnation 170g	1 unit	135	3.85	-12.9
Evaporated tinned milk(peak), 170g	1 unit	170.69	3.45	-8.56
Frozen chicken	1 unit	1675	1.52	6.69
Gari white,sold loose	1Kg	177.86	7.78	6.7
Gari yellow,sold loose	1Kg	205.45	0.32	37.59
Mudfish (aro) fresh	1Kg	808.46	0.43	-13.07
Mudfish : dried	1Kg	1348.05	-2.06	-9.37
Onion bulb	1Kg	152.88	2.42	61.49
Rice agric sold loose	1Kg	362.37	2.18	40.08
Rice local sold loose	1Kg	310.86	2.69	39.26
Rice Medium Grained	1Kg	328.89	1.38	34.81
Rice,imported high quality sold loose	1Kg	409.38	0.13	22.38
Tomato	1Kg	134.02	3.21	29.64
Yam tuber	1Kg	194.86	0.82	37.15
Dried Fish Sardine	1Kg	1352.19	0.16	4.01
Iced Sardine	1Kg	886.19	0.96	-6.17
Irish potato	1Kg	232.28	1.33	-2.98
Sweet potato	1Kg	141.95	4.99	92.27
Tilapia fish (epiya) fresh	1Kg	691.55	-3.5	32.99
Titus:frozen	1Kg	901.89	0.21	0.4
Catfish (obokun) fresh	1Kg	1166.67	1.45	6.03
Catfish :dried	1Kg	1762.22	-0.88	0.7
Catfish Smoked	1Kg	1449.37	-0.04	-7.09
Mackerel : frozen	1Kg	933.33	-4.27	-1.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	493.33	-5.56	0.78
Maize grain white sold loose	1Kg	130.04	6.66	37.76
Maize grain yellow sold loose	1Kg	130.67	7.33	41.74
Palm oil: 1 bottle,specify bottle	1Ltr	466.67	0.57	3.86
Plantain(ripe)	1Kg	211.91	2.03	-4.64
Plantain(unripe)	1Kg	275.71	3.39	24.07
Vegetable oil:1 bottle,specify bottle	1Ltr	516.67	-1.59	26.02
Wheat flour: prepacked (golden penny 2kg)	2Kg	748.8	0.38	3.28
AVERAGE			1.23	13.75


SELECTED FOOD PRICE WATCH - JULY 2020



Bayelsa State


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N542.07



Tomato




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N440.38



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N523.13



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N462.50



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N494.26



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N537.17



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1546.14



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N376.49



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2020
1KG	N353.87

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JULY 2020
2KG	N846.67

Wheat flour: prepacked (golden penny) 2kg

SELECTED FOOD PRICE WATCH - JULY 2020

Bayelsa State



















	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	537.5	-1.42	13.4
Agric eggs(medium size price of one)	1 Piece	45.02	-3.54	41.22
Beans brown,sold loose	1Kg	440.38	-5.72	-0.03
Beans:white black eye. sold loose	1Kg	401.12	-3.71	-0.51
Beef Bone in	1Kg	1320.44	-2.34	5.16
Beef,boneless	1Kg	1546.14	0.58	10.68
Bread sliced 500g	1 loaf	462.5	2.78	8.4
Bread unsliced 500g	1 loaf	457.14	6.78	7.94
Broken Rice (Ofada)	1Kg	560	7.89	38.27
Chicken Feet	1Kg	1259.24	-0.05	21.16
Chicken Wings	1Kg	1395.75	0.96	20.73
Evaporated tinned milk carnation 170g	1 unit	159.57	0.78	12.64
Evaporated tinned milk(peak), 170g	1 unit	190.59	0.31	5.49
Frozen chicken	1 unit	2244.44	-2.03	8.17
Gari white,sold loose	1Kg	353.87	-8.88	42.34
Gari yellow,sold loose	1Kg	336.22	-11.88	32.44
Mudfish (aro) fresh	1Kg	1200.12	2.54	13.73
Mudfish : dried	1Kg	1799.72	1.79	-4.89
Onion bulb	1Kg	376.49	-5.9	9.14
Rice agric sold loose	1Kg	603.63	0.37	39.3
Rice local sold loose	1Kg	523.13	0.19	28.81
Rice Medium Grained	1Kg	622.53	0.21	26.76
Rice,imported high quality sold loose	1Kg	687.94	0.42	52.03
Tomato	1Kg	542.07	7.83	69.83
Yam tuber	1Kg	494.26	-0.39	102.53
Dried Fish Sardine	1Kg	1534.46	-1.73	9.99
Iced Sardine	1Kg	1244.03	-0.39	37.45
Irish potato	1Kg	401.14	0.22	32.09
Sweet potato	1Kg	286.53	18.74	27.63
Tilapia fish (epiya) fresh	1Kg	1275.93	-1.1	7.73
Titus:frozen	1Kg	989.91	-0.59	4.14
Catfish (obokun) fresh	1Kg	1323.52	1.68	1.93
Catfish :dried	1Kg	2051.33	1.23	7.98
Catfish Smoked	1Kg	1731.01	1.29	6.95
Mackerel : frozen	1Kg	983.31	3.68	6.1
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.74	0.15	0.82
Maize grain white sold loose	1Kg	348.02	11.23	74.84
Maize grain yellow sold loose	1Kg	336.98	-4.81	42.04
Palm oil: 1 bottle,specify bottle	1Ltr	537.17	2.81	20.86
Plantain(ripe)	1Kg	365.37	10.91	47.61
Plantain(unripe)	1Kg	312.11	3.87	42.27
Vegetable oil:1 bottle,specify bottle	1Ltr	559.56	-0.42	-1.91
Wheat flour: prepacked (golden penny 2kg)	2Kg	846.67	1.37	14.06
AVERAGE			0.83	22.96

SELECTED FOOD PRICE WATCH - JULY 2020

Benue State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N200.37	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N295.03
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N380.15	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N327.78
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N183.22	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N483.33
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1288.89	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N140.73
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N203.06	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N740.00

SELECTED FOOD PRICE WATCH - JULY 2020


Benue State





	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	452.55	0.25	-1.62
Agric eggs(medium size price of one)	1 Piece	45.93	1.31	14.82
Beans brown,sold loose	1Kg	295.03	2.2	-14.71
Beans:white black eye. sold loose	1Kg	285.14	5.67	-6.66
Beef Bone in	1Kg	1105.14	-4.49	-11.11
Beef,boneless	1Kg	1288.89	3.02	-6.7
Bread sliced 500g	1 loaf	327.78	-1.67	-8.22
Bread unsliced 500g	1 loaf	265	-5.36	6
Broken Rice (Ofada)	1Kg	333.33	0	17.65
Chicken Feet	1Kg	700.15	-6.65	-6.65
Chicken Wings	1Kg	871.13	-5.82	-12.06
Evaporated tinned milk carnation 170g	1 unit	158	-2.12	5.33
Evaporated tinned milk(peak), 170g	1 unit	182.67	0.37	-0.36
Frozen chicken	1 unit	1866.67	-1.75	3.7
Gari white,sold loose	1Kg	203.06	5.53	38.88
Gari yellow,sold loose	1Kg	240.38	8.1	59.14
Mudfish (aro) fresh	1Kg	1070.31	-2.4	-13.22
Mudfish : dried	1Kg	1465.36	-0.96	-4.61
Onion bulb	1Kg	140.73	10.76	-41.77
Rice agric sold loose	1Kg	387.1	9.09	31.96
Rice local sold loose	1Kg	380.15	15.34	30.66
Rice Medium Grained	1Kg	387.1	14.29	45.16
Rice,imported high quality sold loose	1Kg	500.08	-0.49	29.19
Tomato	1Kg	200.37	-7.79	-20.95
Yam tuber	1Kg	183.22	-5.21	-17.04
Dried Fish Sardine	1Kg	1483.33	1.98	9.69
Iced Sardine	1Kg	957.86	-0.9	4.32
Irish potato	1Kg	235.24	-8.59	12.31
Sweet potato	1Kg	284.94	0.75	111.94
Tilapia fish (epiya) fresh	1Kg	975	-3.83	0.52
Titus:frozen	1Kg	1049.21	-4.83	-0.08
Catfish (obokun) fresh	1Kg	1063.31	-0.83	-9.61
Catfish :dried	1Kg	1370.57	-1.07	-12.47
Catfish Smoked	1Kg	1433.33	0.01	-4.21
Mackerel : frozen	1Kg	1060.89	-1.31	-11.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	582.86	-3.84	-0.56
Maize grain white sold loose	1Kg	176.05	-2.95	42.45
Maize grain yellow sold loose	1Kg	176.73	-1.73	41.23
Palm oil: 1 bottle,specify bottle	1Ltr	483.33	-0.38	4.72
Plantain(ripe)	1Kg	214.84	-9.05	-14.48
Plantain(unripe)	1Kg	227.55	-9.2	-14.32
Vegetable oil:1 bottle,specify bottle	1Ltr	582.22	2.75	19.99
Wheat flour: prepacked (golden penny 2kg)	2Kg	740	1.37	23.33
AVERAGE			-0.24	7.44


SELECTED FOOD PRICE WATCH - JULY 2020



Borno State


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N111.94



Tomato




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N194.71



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N307.40



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N287.14



Bread sliced 500g




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N134.43



Yam Tuber




	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N501.82



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1200.00



Beef, boneless




	
UNIT OF MEASUREMENT	JULY 2020
1KG	N127.00



Onion bulb



	
UNIT OF MEASUREMENT	JULY 2020
1KG	N193.16

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JULY 2020
2KG	N643.60

Wheat flour: prepacked (golden penny) 2kg

SELECTED FOOD PRICE WATCH - JULY 2020

Borno State











	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	413.38	0.01	-8.14
Agric eggs(medium size price of one)	1 Piece	38.22	5.44	-0.07
Beans brown,sold loose	1Kg	194.71	-0.39	-24.3
Beans:white black eye. sold loose	1Kg	205.75	-0.44	1.09
Beef Bone in	1Kg	1015.6	0.22	7.05
Beef,boneless	1Kg	1200	4.35	9.2
Bread sliced 500g	1 loaf	287.14	-11.65	9.39
Bread unsliced 500g	1 loaf	250.9	0.36	17.15
Broken Rice (Ofada)	1Kg	393.3	4.71	44.35
Chicken Feet	1Kg	465.25	-6.46	3.39
Chicken Wings	1Kg	616.89	-0.18	12.1
Evaporated tinned milk carnation 170g	1 unit	145	-4.84	-12.12
Evaporated tinned milk(peak), 170g	1 unit	175.19	16.79	-6.15
Frozen chicken	1 unit	1889.47	-1.16	14.31
Gari white,sold loose	1Kg	193.16	-7.12	20.56
Gari yellow,sold loose	1Kg	206.64	-13.86	51.48
Mudfish (aro) fresh	1Kg	854.72	-3.42	2.98
Mudfish : dried	1Kg	1617.52	-1.97	-1.88
Onion bulb	1Kg	127	5.83	-6.97
Rice agric sold loose	1Kg	352.36	0.7	22.78
Rice local sold loose	1Kg	307.4	9.82	22.17
Rice Medium Grained	1Kg	387.64	1.02	43.15
Rice,imported high quality sold loose	1Kg	386.96	0.78	25.2
Tomato	1Kg	111.94	5.64	-24.58
Yam tuber	1Kg	134.43	0.38	5.93
Dried Fish Sardine	1Kg	1555.17	-2.58	0.96
Iced Sardine	1Kg	1004.17	1.27	17.22
Irish potato	1Kg	228.93	3.79	8.01
Sweet potato	1Kg	120.84	16.81	33.88
Tilapia fish (epiya) fresh	1Kg	578.88	-9.08	-6.87
Titus:frozen	1Kg	939.77	-3.12	5.83
Catfish (obokun) fresh	1Kg	800.08	-5.87	-13.84
Catfish :dried	1Kg	1650.06	-1.56	5.95
Catfish Smoked	1Kg	1333.48	1.61	2.39
Mackerel : frozen	1Kg	929.17	0.02	13.01
Groundnut oil: 1 bottle, specify bottle	1Ltr	550.67	-2.82	12.55
Maize grain white sold loose	1Kg	97.93	21.87	16.73
Maize grain yellow sold loose	1Kg	104.34	16.86	14.24
Palm oil: 1 bottle,specify bottle	1Ltr	501.82	-5.91	-4.92
Plantain(ripe)	1Kg	204.44	-4.48	-26.6
Plantain(unripe)	1Kg	217.98	-1.41	-2.28
Vegetable oil:1 bottle,specify bottle	1Ltr	560.5	-1.09	15.17
Wheat flour: prepacked (golden penny 2kg)	2Kg	643.6	0.1	2.12
AVERAGE			0.67	7.48

SELECTED FOOD PRICE WATCH - JULY 2020

Cross River State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N479.07	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N377.78
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N367.40	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N349.09
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N280.77	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N418.38
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1403.58	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N365.05
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N222.34	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N720.47

SELECTED FOOD PRICE WATCH - JULY 2020

Cross River State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	510.24	-2	7.99
Agric eggs(medium size price of one)	1 Piece	42.64	-5.44	36.44
Beans brown,sold loose	1Kg	377.78	9.76	-6.79
Beans:white black eye. sold loose	1Kg	255.38	2.82	-21.68
Beef Bone in	1Kg	1396.13	-2.1	38.21
Beef,boneless	1Kg	1403.58	1.43	3.85
Bread sliced 500g	1 loaf	349.09	-3.77	-4.62
Bread unsliced 500g	1 loaf	312.73	-2.59	-3.16
Broken Rice (Ofada)	1Kg	327.27	-6.61	-3.22
Chicken Feet	1Kg	1233.33	0	25
Chicken Wings	1Kg	1321.43	0.45	22.73
Evaporated tinned milk carnation 170g	1 unit	170.02	1.2	11.39
Evaporated tinned milk(peak), 170g	1 unit	183.64	-0.49	2.84
Frozen chicken	1 unit	2140	-0.72	6.64
Gari white,sold loose	1Kg	222.34	6.69	61.18
Gari yellow,sold loose	1Kg	262.73	2.03	175.31
Mudfish (aro) fresh	1Kg	1201.4	0.79	11.63
Mudfish : dried	1Kg	2101.82	-0.1	2.49
Onion bulb	1Kg	365.05	-4.61	42.18
Rice agric sold loose	1Kg	479.48	11.43	46.42
Rice local sold loose	1Kg	367.4	14.04	43.38
Rice Medium Grained	1Kg	469.42	13.24	59.61
Rice,imported high quality sold loose	1Kg	485.03	0.21	33.88
Tomato	1Kg	479.07	13.59	29
Yam tuber	1Kg	280.77	1.77	153.84
Dried Fish Sardine	1Kg	1799.24	5.75	28.66
Iced Sardine	1Kg	1033.82	-4.46	12.65
Irish potato	1Kg	435.8	0.57	44.19
Sweet potato	1Kg	176.95	-1.38	-9.32
Tilapia fish (epiya) fresh	1Kg	1290.37	-0.48	17.99
Titus:frozen	1Kg	1112.31	-1.97	11.44
Catfish (obokun) fresh	1Kg	1415.68	0.78	28.55
Catfish :dried	1Kg	2720.52	-2.11	9.3
Catfish Smoked	1Kg	1807.99	3.01	-0.57
Mackerel : frozen	1Kg	999.79	2.5	-9.16
Groundnut oil: 1 bottle, specify bottle	1Ltr	861.11	-2.01	8.24
Maize grain white sold loose	1Kg	249.74	0.29	17.01
Maize grain yellow sold loose	1Kg	257.01	9.2	6.72
Palm oil: 1 bottle,specify bottle	1Ltr	418.38	4.59	-4.97
Plantain(ripe)	1Kg	201.93	-5.19	64.66
Plantain(unripe)	1Kg	215.24	11.88	35.47
Vegetable oil:1 bottle,specify bottle	1Ltr	601.12	1.8	15.11
Wheat flour: prepacked (golden penny 2kg)	2Kg	720.47	0.53	9.29
AVERAGE			1.73	24.65


SELECTED FOOD PRICE WATCH - JULY 2020



Delta State






 Tomato


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N523.99



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N347.99



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N433.13



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N326.25



 Yam Tuber


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N236.45



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N551.86



 Beef, boneless


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1501.25



 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N312.48

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N323.83

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N756.25

SELECTED FOOD PRICE WATCH - JULY 2020

Delta State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	572.35	3.62	9.94
Agric eggs(medium size price of one)	1 Piece	48.73	5.2	39.22
Beans brown,sold loose	1Kg	347.99	4.38	-3.51
Beans:white black eye. sold loose	1Kg	296	3.74	-9.39
Beef Bone in	1Kg	1114.57	5.94	9.82
Beef,boneless	1Kg	1501.25	1.63	1.32
Bread sliced 500g	1 loaf	326.25	3.37	22.82
Bread unsliced 500g	1 loaf	318.82	14.63	34.24
Broken Rice (Ofada)	1Kg	326.67	-14.04	-6.83
Chicken Feet	1Kg	1045.71	0.55	20.66
Chicken Wings	1Kg	1366.67	2.97	30.16
Evaporated tinned milk carnation 170g	1 unit	155.74	3.83	1.57
Evaporated tinned milk(peak), 170g	1 unit	200.07	1.16	9.25
Frozen chicken	1 unit	1902.74	3.43	5.29
Gari white,sold loose	1Kg	323.83	4.86	58.33
Gari yellow,sold loose	1Kg	348.46	12.24	62.47
Mudfish (aro) fresh	1Kg	1005.86	5.58	-7.48
Mudfish : dried	1Kg	1986.28	3.15	-3.46
Onion bulb	1Kg	312.48	3.85	-5.67
Rice agric sold loose	1Kg	510	1.85	38.25
Rice local sold loose	1Kg	433.13	7.68	52.94
Rice Medium Grained	1Kg	491.25	2.34	42.81
Rice,imported high quality sold loose	1Kg	603.02	0.6	50.61
Tomato	1Kg	523.99	2.79	128.32
Yam tuber	1Kg	236.45	0.24	27.45
Dried Fish Sardine	1Kg	1635.33	0.12	17.79
Iced Sardine	1Kg	1131.69	0.22	26.13
Irish potato	1Kg	484.76	-1.14	57.79
Sweet potato	1Kg	123.69	0.25	-28.61
Tilapia fish (epiya) fresh	1Kg	1121.78	-5.21	-0.57
Titus:frozen	1Kg	1372.31	4.73	38.36
Catfish (obokun) fresh	1Kg	1245.42	-1.47	6.39
Catfish :dried	1Kg	1719.86	-1.37	-7.44
Catfish Smoked	1Kg	1697.3	-2.42	3.31
Mackerel : frozen	1Kg	1133.27	5.09	32.4
Groundnut oil: 1 bottle, specify bottle	1Ltr	902.51	2.66	27.41
Maize grain white sold loose	1Kg	278.95	17.64	26.02
Maize grain yellow sold loose	1Kg	242.99	2.67	8.18
Palm oil: 1 bottle,specify bottle	1Ltr	551.86	9.88	37.11
Plantain(ripe)	1Kg	240.07	4.94	17.76
Plantain(unripe)	1Kg	210.99	5.46	2.27
Vegetable oil:1 bottle,specify bottle	1Ltr	571.63	3.64	11.84
Wheat flour: prepacked (golden penny 2kg)	2Kg	756.25	1.26	20.16
AVERAGE			3.08	21.06

SELECTED FOOD PRICE WATCH - JULY 2020

Ebonyi State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N436.67	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N493.54
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N382.38	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N340.00
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N285.15	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N517.58
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1466.67	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N285.24
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N342.10	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N758.54

SELECTED FOOD PRICE WATCH - JULY 2020

Ebonyi State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	535.32	2.95	13.38
Agric eggs(medium size price of one)	1 Piece	46.84	3.24	36.62
Beans brown,sold loose	1Kg	493.54	0.62	-5.16
Beans:white black eye. sold loose	1Kg	445.08	0.72	-7.94
Beef Bone in	1Kg	1150.75	0.46	14.83
Beef,boneless	1Kg	1466.67	-0.63	0.21
Bread sliced 500g	1 loaf	340	5.31	-1.58
Bread unsliced 500g	1 loaf	315	1.73	8
Broken Rice (Ofada)	1Kg	522.79	0.8	36.85
Chicken Feet	1Kg	733.3	0.39	5.96
Chicken Wings	1Kg	905.85	0.58	2.21
Evaporated tinned milk carnation 170g	1 unit	175.44	1.44	6.02
Evaporated tinned milk(peak), 170g	1 unit	200.83	0.6	6.5
Frozen chicken	1 unit	2126.67	1.27	28.89
Gari white,sold loose	1Kg	342.1	12.52	199.34
Gari yellow,sold loose	1Kg	400.08	11.8	150.79
Mudfish (aro) fresh	1Kg	921.15	0.8	2.58
Mudfish : dried	1Kg	2086.63	0.8	-0.65
Onion bulb	1Kg	285.24	17.29	54.05
Rice agric sold loose	1Kg	460	12.07	64.29
Rice local sold loose	1Kg	382.38	6.19	36.56
Rice Medium Grained	1Kg	407.11	5.19	31.22
Rice,imported high quality sold loose	1Kg	450.47	2.3	18.04
Tomato	1Kg	436.67	8.22	53.24
Yam tuber	1Kg	285.15	1.52	26.57
Dried Fish Sardine	1Kg	1537.94	0.8	18.3
Iced Sardine	1Kg	1142.86	-2.04	26.98
Irish potato	1Kg	452.61	0.8	64.59
Sweet potato	1Kg	169.64	-0.42	-5
Tilapia fish (epiya) fresh	1Kg	1022.16	0.8	13.57
Titus:frozen	1Kg	1169	3.65	26.13
Catfish (obokun) fresh	1Kg	1238.37	0.8	5.28
Catfish :dried	1Kg	2550	-1.68	10.93
Catfish Smoked	1Kg	1780.6	0.8	4.61
Mackerel : frozen	1Kg	1100	-2.22	16
Groundnut oil: 1 bottle, specify bottle	1Ltr	837.42	0.58	32.22
Maize grain white sold loose	1Kg	294.44	0.47	21.24
Maize grain yellow sold loose	1Kg	296.15	1.69	21.95
Palm oil: 1 bottle,specify bottle	1Ltr	517.58	3.52	33.86
Plantain(ripe)	1Kg	218.57	2.19	15.29
Plantain(unripe)	1Kg	187.25	-6.38	10.51
Vegetable oil:1 bottle,specify bottle	1Ltr	536.67	4.82	22.5
Wheat flour: prepacked (golden penny 2kg)	2Kg	758.54	1.14	13.78
AVERAGE			2.5	26.36




SELECTED FOOD PRICE WATCH - JULY 2020




Edo State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N495.16




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N332.97




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N474.22




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT 1 loaf	JULY 2020 N336.11




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N310.20

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT 1Ltr	JULY 2020 N562.96

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N1543.00

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N347.86

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N225.68

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT 2KG	JULY 2020 N777.78

SELECTED FOOD PRICE WATCH - JULY 2020

Edo State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	545.42	-0.54	19.09
Agric eggs(medium size price of one)	1 Piece	46.36	-1.09	13.42
Beans brown,sold loose	1Kg	332.97	1.75	-5.48
Beans:white black eye. sold loose	1Kg	268.04	2.63	-18.08
Beef Bone in	1Kg	1055.93	-0.31	3.76
Beef,boneless	1Kg	1543	2.76	9.03
Bread sliced 500g	1 loaf	336.11	2.36	6.8
Bread unsliced 500g	1 loaf	259.38	-2.73	-12.63
Broken Rice (Ofada)	1Kg	519.63	-0.07	29.91
Chicken Feet	1Kg	850.64	-0.36	3.04
Chicken Wings	1Kg	1506.25	0.98	20.01
Evaporated tinned milk carnation 170g	1 unit	152.31	1.03	6.45
Evaporated tinned milk(peak), 170g	1 unit	197.65	1.51	2.34
Frozen chicken	1 unit	1776.67	-0.68	19.71
Gari white,sold loose	1Kg	225.68	0.34	25.85
Gari yellow,sold loose	1Kg	263.07	-1.67	42.74
Mudfish (aro) fresh	1Kg	1256.19	4.11	4.23
Mudfish : dried	1Kg	1850.21	1.26	19.33
Onion bulb	1Kg	347.86	9.29	64.36
Rice agric sold loose	1Kg	492.57	0.87	33.43
Rice local sold loose	1Kg	474.22	0.14	63.04
Rice Medium Grained	1Kg	497.75	-0.09	49.86
Rice,imported high quality sold loose	1Kg	658.74	-0.26	70
Tomato	1Kg	495.16	14.06	51.24
Yam tuber	1Kg	310.2	-7.54	16.85
Dried Fish Sardine	1Kg	1437.62	3.46	19.05
Iced Sardine	1Kg	1052.36	-1.71	20.31
Irish potato	1Kg	517.36	4.02	40.66
Sweet potato	1Kg	171.4	-6.19	14.74
Tilapia fish (epiya) fresh	1Kg	1087.57	-0.7	-5.5
Titus:frozen	1Kg	1193.43	4.76	24.92
Catfish (obokun) fresh	1Kg	1250.26	-2.57	29.36
Catfish :dried	1Kg	2238.73	1.24	1.34
Catfish Smoked	1Kg	1659.18	0.16	12.13
Mackerel : frozen	1Kg	1186.63	3.52	1.71
Groundnut oil: 1 bottle, specify bottle	1Ltr	805.75	0.68	17.26
Maize grain white sold loose	1Kg	258.68	2.35	11.24
Maize grain yellow sold loose	1Kg	263.09	0.11	6.55
Palm oil: 1 bottle,specify bottle	1Ltr	562.96	11.76	22.7
Plantain(ripe)	1Kg	268.09	-2.08	52.88
Plantain(unripe)	1Kg	222.3	-3.96	31.4
Vegetable oil:1 bottle,specify bottle	1Ltr	574.07	-0.85	18.06
Wheat flour: prepacked (golden penny 2kg)	2Kg	777.78	0.14	7.03
AVERAGE			0.97	20.1




SELECTED FOOD PRICE WATCH - JULY 2020




Ekiti State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2020 N232.28




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N470.63




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2020 N232.59




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2020 N1462.50




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N168.00

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N304.05

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2020 N252.94

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2020 N491.11

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2020 N241.19

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	JULY 2020 N690.00

SELECTED FOOD PRICE WATCH - JULY 2020

Ekiti State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	472.35	4.42	0.92
Agric eggs(medium size price of one)	1 Piece	40.29	-0.72	-0.63
Beans brown,sold loose	1Kg	304.05	17.94	-1.23
Beans:white black eye. sold loose	1Kg	255.71	24.88	-14.06
Beef Bone in	1Kg	1152.15	4.83	8.81
Beef,boneless	1Kg	1462.5	-0.64	4.35
Bread sliced 500g	1 loaf	252.94	-0.15	1.18
Bread unsliced 500g	1 loaf	250	0	-1.61
Broken Rice (Ofada)	1Kg	409.01	0	2.11
Chicken Feet	1Kg	700.36	0	0.05
Chicken Wings	1Kg	1150	-0.29	4.78
Evaporated tinned milk carnation 170g	1 unit	200	3.65	23.36
Evaporated tinned milk(peak), 170g	1 unit	199.15	0.16	2.13
Frozen chicken	1 unit	1566.67	4.44	-12
Gari white,sold loose	1Kg	168	0.49	8.75
Gari yellow,sold loose	1Kg	223.09	14.3	54.88
Mudfish (aro) fresh	1Kg	953.85	6.38	6.62
Mudfish : dried	1Kg	2140.94	1.82	12.93
Onion bulb	1Kg	241.19	12.06	78.35
Rice agric sold loose	1Kg	393.93	11.88	33.38
Rice local sold loose	1Kg	470.63	14.35	41.89
Rice Medium Grained	1Kg	309.61	-9.25	5.27
Rice,imported high quality sold loose	1Kg	503.76	10.74	65.32
Tomato	1Kg	232.28	39.74	4.78
Yam tuber	1Kg	232.59	1.77	107.3
Dried Fish Sardine	1Kg	1576.11	0	1.36
Iced Sardine	1Kg	840	3.56	3.03
Irish potato	1Kg	209.52	-2.4	4.76
Sweet potato	1Kg	139.68	-0.72	38.94
Tilapia fish (epiya) fresh	1Kg	920.29	1.99	17.34
Titus:frozen	1Kg	1001.99	1.75	13.03
Catfish (obokun) fresh	1Kg	850	4.95	4.68
Catfish :dried	1Kg	1866.67	3.43	3.69
Catfish Smoked	1Kg	1850	2.78	4.99
Mackerel : frozen	1Kg	737.24	1.64	-2.46
Groundnut oil: 1 bottle, specify bottle	1Ltr	574.67	1.41	16.49
Maize grain white sold loose	1Kg	199.57	17.61	73.32
Maize grain yellow sold loose	1Kg	196.14	13.61	66.11
Palm oil: 1 bottle,specify bottle	1Ltr	491.11	23.05	16.39
Plantain(ripe)	1Kg	248.56	24.83	55.65
Plantain(unripe)	1Kg	235.89	40.93	27.49
Vegetable oil:1 bottle,specify bottle	1Ltr	658.33	4.31	47.91
Wheat flour: prepacked (golden penny 2kg)	2Kg	690	-1.93	8.28
AVERAGE			7.06	19.5




SELECTED FOOD PRICE WATCH - JULY 2020




Enugu State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N381.40
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N435.38
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N413.60
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N313.33
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N241.35
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N451.20
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1520.61
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N227.22
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N277.28
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N779.92
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SELECTED FOOD PRICE WATCH - JULY 2020

Enugu State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	520.04	0.83	0.16
Agric eggs(medium size price of one)	1 Piece	45.98	5.57	7.55
Beans brown,sold loose	1Kg	435.38	1.59	-1.32
Beans:white black eye. sold loose	1Kg	385.9	4.54	-4.79
Beef Bone in	1Kg	1217.02	3.12	16.23
Beef,boneless	1Kg	1520.61	-0.45	10.9
Bread sliced 500g	1 loaf	313.33	3.63	6.1
Bread unsliced 500g	1 loaf	257.36	0.33	3.07
Broken Rice (Ofada)	1Kg	564.27	0.54	41.07
Chicken Feet	1Kg	835.16	2.79	39.19
Chicken Wings	1Kg	1333.33	2.56	17.34
Evaporated tinned milk carnation 170g	1 unit	177.43	1.37	4.3
Evaporated tinned milk(peak), 170g	1 unit	201.02	1.53	-3.98
Frozen chicken	1 unit	1980	1.02	11.22
Gari white,sold loose	1Kg	277.28	6.02	81.36
Gari yellow,sold loose	1Kg	319.72	5.59	94.33
Mudfish (aro) fresh	1Kg	1603.26	2.92	11.86
Mudfish : dried	1Kg	2108.52	1.21	1.01
Onion bulb	1Kg	227.22	-17.04	-14.77
Rice agric sold loose	1Kg	488.57	0.82	44.26
Rice local sold loose	1Kg	413.6	0.97	53.17
Rice Medium Grained	1Kg	492.36	1.43	89.37
Rice,imported high quality sold loose	1Kg	557.06	6.25	36.73
Tomato	1Kg	381.4	5.78	49.51
Yam tuber	1Kg	241.35	13.28	61.16
Dried Fish Sardine	1Kg	1778.07	1.12	19.55
Iced Sardine	1Kg	1042.86	4.29	7.71
Irish potato	1Kg	455.67	-1.86	38.27
Sweet potato	1Kg	150.66	3.01	-11.64
Tilapia fish (epiya) fresh	1Kg	862.48	0.51	9.9
Titus:frozen	1Kg	1093.81	1.77	8.59
Catfish (obokun) fresh	1Kg	1250	-0.42	8.69
Catfish :dried	1Kg	1368.33	4.25	-35.1
Catfish Smoked	1Kg	1745.86	1.69	5.79
Mackerel : frozen	1Kg	1103.14	1.87	29.1
Groundnut oil: 1 bottle, specify bottle	1Ltr	766.67	-2.38	22.34
Maize grain white sold loose	1Kg	226.77	3.08	9.64
Maize grain yellow sold loose	1Kg	235.86	2.21	9.14
Palm oil: 1 bottle,specify bottle	1Ltr	451.2	4.56	5.11
Plantain(ripe)	1Kg	249.37	5.92	-7.68
Plantain(unripe)	1Kg	227.06	3.1	-3.02
Vegetable oil:1 bottle,specify bottle	1Ltr	548.43	1.76	8.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	779.92	-0.44	11.92
AVERAGE			2.1	18.42




SELECTED FOOD PRICE WATCH - JULY 2020




Gombe State









		
Tomato	UNIT OF MEASUREMENT 1KG	JULY 2020 N209.52




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N276.73




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JULY 2020 N210.81




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JULY 2020 N1275.00




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N207.85

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JULY 2020 N264.33

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JULY 2020 N242.50

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JULY 2020 N455.51

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JULY 2020 N187.14

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	JULY 2020 N752.63

SELECTED FOOD PRICE WATCH - JULY 2020

Gombe State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	416.44	0	-10.81
Agric eggs(medium size price of one)	1 Piece	38.5	2.67	-5.33
Beans brown,sold loose	1Kg	264.33	3.54	8.83
Beans:white black eye. sold loose	1Kg	189.86	6.17	-31.99
Beef Bone in	1Kg	1166.67	1.44	16.47
Beef,boneless	1Kg	1275	1.32	10.34
Bread sliced 500g	1 loaf	242.5	0.69	-8.02
Bread unsliced 500g	1 loaf	248.18	4.08	7.55
Broken Rice (Ofada)	1Kg	392.72	0.3	73.99
Chicken Feet	1Kg	430.16	-1.1	4.24
Chicken Wings	1Kg	663.48	-0.16	-0.42
Evaporated tinned milk carnation 170g	1 unit	147.67	0.68	2.72
Evaporated tinned milk(peak), 170g	1 unit	184	2.22	-0.78
Frozen chicken	1 unit	1434.32	0.07	-21.2
Gari white,sold loose	1Kg	207.85	1.2	50.07
Gari yellow,sold loose	1Kg	195.22	2.7	-5.07
Mudfish (aro) fresh	1Kg	847.6	-2.88	-0.14
Mudfish : dried	1Kg	1250.66	0.05	-18.01
Onion bulb	1Kg	187.14	0.44	9.15
Rice agric sold loose	1Kg	327.69	1.17	32.18
Rice local sold loose	1Kg	276.73	1.49	39.45
Rice Medium Grained	1Kg	285.97	3.99	27.49
Rice,imported high quality sold loose	1Kg	421.72	1.31	32.51
Tomato	1Kg	209.52	16.36	88.86
Yam tuber	1Kg	210.81	5.92	108.39
Dried Fish Sardine	1Kg	1506.67	2.68	11.58
Iced Sardine	1Kg	1102.56	-0.52	37.82
Irish potato	1Kg	211.18	1.08	-0.55
Sweet potato	1Kg	163.17	7.36	43.14
Tilapia fish (epiya) fresh	1Kg	764.53	-3.01	14.97
Titus:frozen	1Kg	916.67	-2.94	-4.38
Catfish (obokun) fresh	1Kg	801.85	0.23	-2.21
Catfish :dried	1Kg	1351.13	-1.26	-8.4
Catfish Smoked	1Kg	1452.89	-3.08	-2.83
Mackerel : frozen	1Kg	888.46	0.96	13.42
Groundnut oil: 1 bottle, specify bottle	1Ltr	552.67	-1.75	7.9
Maize grain white sold loose	1Kg	134.01	19.19	90.48
Maize grain yellow sold loose	1Kg	125.66	10.1	38.97
Palm oil: 1 bottle,specify bottle	1Ltr	455.51	-0.72	12.32
Plantain(ripe)	1Kg	200.22	0.11	-4.66
Plantain(unripe)	1Kg	252.78	-5.21	51.67
Vegetable oil:1 bottle,specify bottle	1Ltr	518.56	0.24	2.35
Wheat flour: prepacked (golden penny 2kg)	2Kg	752.63	0.35	19.36
AVERAGE			1.8	17.01

SELECTED FOOD PRICE WATCH - JULY 2020

Imo State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N402.17	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N384.17
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N461.14	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N318.75
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N200.45	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N458.06
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1435.26	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N257.51
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N268.30	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N762.50

SELECTED FOOD PRICE WATCH - JULY 2020

Imo State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	507.74	-3.39	4.69
Agric eggs(medium size price of one)	1 Piece	48.71	10.04	56.86
Beans brown,sold loose	1Kg	384.17	2.44	-6.19
Beans:white black eye. sold loose	1Kg	376.07	9.89	1.57
Beef Bone in	1Kg	1219.55	0.6	30.37
Beef,boneless	1Kg	1435.26	-2.74	2.62
Bread sliced 500g	1 loaf	318.75	-9.4	6.25
Bread unsliced 500g	1 loaf	297.5	-1.04	12.78
Broken Rice (Ofada)	1Kg	515.47	1.38	54.79
Chicken Feet	1Kg	706.93	0.09	17.06
Chicken Wings	1Kg	936.99	0.09	5.5
Evaporated tinned milk carnation 170g	1 unit	195.83	0.43	13.79
Evaporated tinned milk(peak), 170g	1 unit	201.67	0.83	6.56
Frozen chicken	1 unit	1937.17	1.5	20.59
Gari white,sold loose	1Kg	268.3	0.9	61.78
Gari yellow,sold loose	1Kg	315.63	7.75	102.84
Mudfish (aro) fresh	1Kg	1246.8	0.6	3.08
Mudfish : dried	1Kg	2213.73	0.6	2.96
Onion bulb	1Kg	257.51	-6.21	28.46
Rice agric sold loose	1Kg	518.52	-3.12	45.83
Rice local sold loose	1Kg	461.14	6.68	33.27
Rice Medium Grained	1Kg	523.47	0.2	28.13
Rice,imported high quality sold loose	1Kg	606.98	-2.26	39.61
Tomato	1Kg	402.17	11.49	86.51
Yam tuber	1Kg	200.45	2.52	28.35
Dried Fish Sardine	1Kg	1462.71	2.63	5.56
Iced Sardine	1Kg	1253.81	-2.12	38.63
Irish potato	1Kg	445	-1.11	19.25
Sweet potato	1Kg	178.67	-2.17	0.8
Tilapia fish (epiya) fresh	1Kg	1014.49	0.6	1.57
Titus:frozen	1Kg	1158.38	4.35	37.67
Catfish (obokun) fresh	1Kg	1300	2.32	10.15
Catfish :dried	1Kg	2760.02	1.8	22.36
Catfish Smoked	1Kg	1532.94	0.6	9.48
Mackerel : frozen	1Kg	1080.78	1.69	25.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	535.47	0.4	-9.75
Maize grain white sold loose	1Kg	258.26	-1.05	8.14
Maize grain yellow sold loose	1Kg	258.48	-2.44	7.94
Palm oil: 1 bottle,specify bottle	1Ltr	458.06	4.4	15.63
Plantain(ripe)	1Kg	300.81	3.59	21.04
Plantain(unripe)	1Kg	268.65	3.31	26.33
Vegetable oil:1 bottle,specify bottle	1Ltr	573.81	3.29	19.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	762.5	3.44	15.64
AVERAGE			1.24	22.4




SELECTED FOOD PRICE WATCH - JULY 2020




Jigawa State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N268.01
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N255.00
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N296.59
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N264.29
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N247.43
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N493.33
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1199.10
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N199.87
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N214.50
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N730.00
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SELECTED FOOD PRICE WATCH - JULY 2020

Jigawa State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	441.96	-0.68	-5.1
Agric eggs(medium size price of one)	1 Piece	39.17	1.29	-1.2
Beans brown,sold loose	1Kg	255	-1.15	-25
Beans:white black eye. sold loose	1Kg	186.34	2.07	-29.29
Beef Bone in	1Kg	917.53	-1.26	0.5
Beef,boneless	1Kg	1199.1	1.57	3.65
Bread sliced 500g	1 loaf	264.29	-0.54	14.91
Bread unsliced 500g	1 loaf	240	-2.37	-14.84
Broken Rice (Ofada)	1Kg	320.13	0.53	-14.94
Chicken Feet	1Kg	580	5.45	10.48
Chicken Wings	1Kg	790	0.64	21.54
Evaporated tinned milk carnation 170g	1 unit	160	2.56	0
Evaporated tinned milk(peak), 170g	1 unit	199.17	4.87	5.18
Frozen chicken	1 unit	2283.33	0.59	23.41
Gari white,sold loose	1Kg	214.5	8.18	42.37
Gari yellow,sold loose	1Kg	221.78	2.08	64.33
Mudfish (aro) fresh	1Kg	952.56	1.34	9.39
Mudfish : dried	1Kg	1265	0.3	-6.44
Onion bulb	1Kg	199.87	0.47	111.77
Rice agric sold loose	1Kg	295.45	4.43	15.01
Rice local sold loose	1Kg	296.59	3.75	24.11
Rice Medium Grained	1Kg	327.36	6.92	8.66
Rice,imported high quality sold loose	1Kg	433.99	2.55	21.21
Tomato	1Kg	268.01	1.41	119.36
Yam tuber	1Kg	247.43	7.96	33.17
Dried Fish Sardine	1Kg	1495.34	-0.31	-6.44
Iced Sardine	1Kg	920	-1.43	5.14
Irish potato	1Kg	284.63	7.67	47.72
Sweet potato	1Kg	95.62	18.81	10.06
Tilapia fish (epiya) fresh	1Kg	814.29	5.42	7.15
Titus:frozen	1Kg	940	3.95	13.81
Catfish (obokun) fresh	1Kg	960	2.36	12.5
Catfish :dried	1Kg	1500	1.41	-3.24
Catfish Smoked	1Kg	1505	0.77	1.99
Mackerel : frozen	1Kg	894.62	1.09	-0.6
Groundnut oil: 1 bottle, specify bottle	1Ltr	532.22	0.21	31.26
Maize grain white sold loose	1Kg	133.17	6.47	34.25
Maize grain yellow sold loose	1Kg	139.52	10.36	54.88
Palm oil: 1 bottle,specify bottle	1Ltr	493.33	-1.17	10.07
Plantain(ripe)	1Kg	245	-2	35.94
Plantain(unripe)	1Kg	216	0.47	16.62
Vegetable oil:1 bottle,specify bottle	1Ltr	521.11	1.08	25.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	0.69	4.19
AVERAGE			2.53	17.04


SELECTED FOOD PRICE WATCH - JULY 2020



Kaduna State






 Tomato


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N190.15



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N247.57



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N344.86



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N302.50



 Yam Tuber


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N280.34



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N549.09



 Beef, boneless


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1350.00



 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N220.43

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N222.75

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N766.67

SELECTED FOOD PRICE WATCH - JULY 2020

Kaduna State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	444.62	0.11	-4.9
Agric eggs(medium size price of one)	1 Piece	38.64	1.1	3.6
Beans brown,sold loose	1Kg	247.57	0.26	-11.92
Beans:white black eye. sold loose	1Kg	199.49	0.02	-11.95
Beef Bone in	1Kg	1050	-4.55	-1.77
Beef,boneless	1Kg	1350	1.41	7.71
Bread sliced 500g	1 loaf	302.5	5.52	21.61
Bread unsliced 500g	1 loaf	250	-9.57	15.38
Broken Rice (Ofada)	1Kg	332.49	-3.02	-3.82
Chicken Feet	1Kg	675.6	0.84	0.95
Chicken Wings	1Kg	615.45	1.73	-19.7
Evaporated tinned milk carnation 170g	1 unit	171.43	0.84	3.11
Evaporated tinned milk(peak), 170g	1 unit	199.5	1.2	9
Frozen chicken	1 unit	2166.67	0.78	23.06
Gari white,sold loose	1Kg	222.75	7.2	59.68
Gari yellow,sold loose	1Kg	232.64	12	64.1
Mudfish (aro) fresh	1Kg	950	-0.05	22.58
Mudfish : dried	1Kg	1389.16	0.14	6.85
Onion bulb	1Kg	220.43	0.77	13.92
Rice agric sold loose	1Kg	368.49	-2.66	7.25
Rice local sold loose	1Kg	344.86	-1.51	32.98
Rice Medium Grained	1Kg	388.54	2.76	28.98
Rice,imported high quality sold loose	1Kg	453.45	-0.91	43.38
Tomato	1Kg	190.15	1.57	7.58
Yam tuber	1Kg	280.34	1.87	62.56
Dried Fish Sardine	1Kg	1490	0.75	8.85
Iced Sardine	1Kg	1010	0.26	3.87
Irish potato	1Kg	282.64	2.67	53.62
Sweet potato	1Kg	99.21	0.03	3.13
Tilapia fish (epiya) fresh	1Kg	600	0	-14.45
Titus:frozen	1Kg	1040	1.78	15.89
Catfish (obokun) fresh	1Kg	882	0.8	6.48
Catfish :dried	1Kg	1450	0.07	11.52
Catfish Smoked	1Kg	1331.45	0.3	0.63
Mackerel : frozen	1Kg	966.67	2.84	7.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	654.85	3.87	14.79
Maize grain white sold loose	1Kg	129.17	12.81	42.69
Maize grain yellow sold loose	1Kg	132.98	16.02	38.34
Palm oil: 1 bottle,specify bottle	1Ltr	549.09	6.35	10.83
Plantain(ripe)	1Kg	261.03	0.88	18.64
Plantain(unripe)	1Kg	242	1.15	22.1
Vegetable oil:1 bottle,specify bottle	1Ltr	561.85	-5.17	7.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	766.67	2.91	14.21
AVERAGE			1.54	15.03




SELECTED FOOD PRICE WATCH - JULY 2020




Kano State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N245.54




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N226.81




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N299.18




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT 1 loaf	JULY 2020 N275.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N219.35

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT 1Ltr	JULY 2020 N500.83

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N1138.52

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N176.00

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JULY 2020 N161.13

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT 2KG	JULY 2020 N660.00

SELECTED FOOD PRICE WATCH - JULY 2020


Kano State





	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	432.22	-0.41	-1.13
Agric eggs(medium size price of one)	1 Piece	38.88	1.94	6.02
Beans brown,sold loose	1Kg	226.81	15.79	-13.77
Beans:white black eye. sold loose	1Kg	191.47	4.4	-6.26
Beef Bone in	1Kg	840.87	0.38	-7.87
Beef,boneless	1Kg	1138.52	0.48	-0.92
Bread sliced 500g	1 loaf	275	4.76	7.61
Bread unsliced 500g	1 loaf	261.54	3.98	9.68
Broken Rice (Ofada)	1Kg	272.96	2.44	-21.63
Chicken Feet	1Kg	665	2.31	-0.15
Chicken Wings	1Kg	871	1.28	2.44
Evaporated tinned milk carnation 170g	1 unit	166.67	6.38	10.62
Evaporated tinned milk(peak), 170g	1 unit	171.54	2.72	-7.47
Frozen chicken	1 unit	1425	1.79	5.56
Gari white,sold loose	1Kg	161.13	12.91	11.76
Gari yellow,sold loose	1Kg	182.25	17.47	32.42
Mudfish (aro) fresh	1Kg	964.55	1.14	7.15
Mudfish : dried	1Kg	1483.12	1.95	-3.79
Onion bulb	1Kg	176	7.76	-14.22
Rice agric sold loose	1Kg	335.24	1.36	9.6
Rice local sold loose	1Kg	299.18	-2.63	6.84
Rice Medium Grained	1Kg	310.34	2.39	18.71
Rice,imported high quality sold loose	1Kg	475.34	14.47	43.98
Tomato	1Kg	245.54	-5.27	52.24
Yam tuber	1Kg	219.35	2.37	30.4
Dried Fish Sardine	1Kg	1525.62	1.71	12.18
Iced Sardine	1Kg	876.5	1.5	9.56
Irish potato	1Kg	219.98	-0.25	17.89
Sweet potato	1Kg	208.72	5.4	61.01
Tilapia fish (epiya) fresh	1Kg	808.76	6.79	42.23
Titus:frozen	1Kg	901.39	3.37	4.73
Catfish (obokun) fresh	1Kg	908.33	1.85	8.64
Catfish :dried	1Kg	1241.67	3.47	-9.88
Catfish Smoked	1Kg	1440	0.7	0.95
Mackerel : frozen	1Kg	975.7	3.51	5.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	572.73	0.73	0.6
Maize grain white sold loose	1Kg	118.02	4.83	33.48
Maize grain yellow sold loose	1Kg	113.59	5.5	17.48
Palm oil: 1 bottle,specify bottle	1Ltr	500.83	2.44	18.29
Plantain(ripe)	1Kg	222.77	-1.93	18.43
Plantain(unripe)	1Kg	192.56	2.97	13.05
Vegetable oil:1 bottle,specify bottle	1Ltr	547.78	1.82	17.3
Wheat flour: prepacked (golden penny 2kg)	2Kg	660	1.54	-0.5
AVERAGE			3.44	10.43


SELECTED FOOD PRICE WATCH - JULY 2020

Katsina State







Tomato

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N268.10






Beans brown, sold loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N254.37






Rice Local sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N258.65






Bread sliced 500g

	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N276.00






Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N275.07






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N513.94






Beef, boneless

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1241.07






Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N200.00





Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N168.16



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N650.00

SELECTED FOOD PRICE WATCH - JULY 2020

Katsina State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	446.67	3.36	0.1
Agric eggs(medium size price of one)	1 Piece	39.5	-0.1	-0.48
Beans brown,sold loose	1Kg	254.37	4.14	-3.55
Beans:white black eye. sold loose	1Kg	305.15	1.59	13.39
Beef Bone in	1Kg	1066.52	1.75	10.83
Beef,boneless	1Kg	1241.07	4.92	8.71
Bread sliced 500g	1 loaf	276	3.97	20
Bread unsliced 500g	1 loaf	250	2.94	14.38
Broken Rice (Ofada)	1Kg	315.79	3.54	-7.4
Chicken Feet	1Kg	450	5.88	25
Chicken Wings	1Kg	750	4.17	-1.98
Evaporated tinned milk carnation 170g	1 unit	156.67	5.45	3.05
Evaporated tinned milk(peak), 170g	1 unit	183.33	-0.9	-2.68
Frozen chicken	1 unit	2292	0.53	38.86
Gari white,sold loose	1Kg	168.16	0.83	5.54
Gari yellow,sold loose	1Kg	172.53	12.17	17.64
Mudfish (aro) fresh	1Kg	966.67	0.5	10.43
Mudfish : dried	1Kg	1388.66	0.98	8.36
Onion bulb	1Kg	200	2.49	22.7
Rice agric sold loose	1Kg	307.27	5.66	20.3
Rice local sold loose	1Kg	258.65	4.89	1.36
Rice Medium Grained	1Kg	306.06	3.27	21.18
Rice,imported high quality sold loose	1Kg	383.22	1.68	18.54
Tomato	1Kg	268.1	-2.44	151.75
Yam tuber	1Kg	275.07	8.85	185.38
Dried Fish Sardine	1Kg	1006.67	2.72	12.42
Iced Sardine	1Kg	992.5	0.59	10.67
Irish potato	1Kg	269.26	6.91	34.41
Sweet potato	1Kg	134.38	-0.85	34.1
Tilapia fish (epiya) fresh	1Kg	945.83	6.27	40.3
Titus:frozen	1Kg	960	2.19	15.22
Catfish (obokun) fresh	1Kg	936.05	-1.76	20.21
Catfish :dried	1Kg	1358.08	-2.96	11.29
Catfish Smoked	1Kg	1430	-0.69	-2.69
Mackerel : frozen	1Kg	940	1.79	15.19
Groundnut oil: 1 bottle, specify bottle	1Ltr	642.22	2.48	20.47
Maize grain white sold loose	1Kg	106.01	-0.97	26.71
Maize grain yellow sold loose	1Kg	102.17	-1.97	15.59
Palm oil: 1 bottle,specify bottle	1Ltr	513.94	10.36	13.37
Plantain(ripe)	1Kg	215	-17.78	44.99
Plantain(unripe)	1Kg	220	-4.35	24.19
Vegetable oil:1 bottle,specify bottle	1Ltr	566.19	0.42	22.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	-2.01	-2.26
AVERAGE			1.87	21.81

SELECTED FOOD PRICE WATCH - JULY 2020


Kebbi State






 Tomato

UNIT OF MEASUREMENT	JULY 2020
1KG	N363.47




 Rice Local sold Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N285.26




 Yam Tuber

UNIT OF MEASUREMENT	JULY 2020
1KG	N249.83




 Beef, boneless

UNIT OF MEASUREMENT	JULY 2020
1KG	N1225.00




 Garri white, sold Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N219.12




 Beans brown, sold loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N289.16




 Bread sliced 500g

UNIT OF MEASUREMENT	JULY 2020
1 loaf	N263.75




 Palm oil: 1 bottle

UNIT OF MEASUREMENT	JULY 2020
1Ltr	N495.83



 Onion bulb

UNIT OF MEASUREMENT	JULY 2020
1KG	N268.70



 Wheat flour: prepacked (golden penny) 2kg

UNIT OF MEASUREMENT	JULY 2020
2KG	N685.00

SELECTED FOOD PRICE WATCH - JULY 2020

Kebbi State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	430	-2.57	-6.52
Agric eggs(medium size price of one)	1 Piece	41.33	-2.31	4.64
Beans brown,sold loose	1Kg	289.16	-3.29	-11.73
Beans:white black eye. sold loose	1Kg	208.94	4.56	-10.82
Beef Bone in	1Kg	1073.24	0.52	7.18
Beef,boneless	1Kg	1225	-1.1	12.34
Bread sliced 500g	1 loaf	263.75	4.9	9.14
Bread unsliced 500g	1 loaf	233.33	1.45	-1.83
Broken Rice (Ofada)	1Kg	330.05	2.05	-2.69
Chicken Feet	1Kg	511	2.2	17.13
Chicken Wings	1Kg	575	4.55	14.24
Evaporated tinned milk carnation 170g	1 unit	181.75	1.82	16.51
Evaporated tinned milk(peak), 170g	1 unit	220	10.65	17.56
Frozen chicken	1 unit	2140	0.31	46.58
Gari white,sold loose	1Kg	219.12	0.46	32.76
Gari yellow,sold loose	1Kg	270.13	3.69	44.62
Mudfish (aro) fresh	1Kg	963.72	0.39	10.5
Mudfish : dried	1Kg	1440.63	-0.55	-4.35
Onion bulb	1Kg	268.7	3.65	114.33
Rice agric sold loose	1Kg	262.47	-0.88	-0.7
Rice local sold loose	1Kg	285.26	-3.96	16.67
Rice Medium Grained	1Kg	366.98	1.23	8.96
Rice,imported high quality sold loose	1Kg	394.99	1.02	9.86
Tomato	1Kg	363.47	0.38	103.98
Yam tuber	1Kg	249.83	2.64	22.67
Dried Fish Sardine	1Kg	1318.75	-0.09	-1.55
Iced Sardine	1Kg	1009.67	0.97	6.28
Irish potato	1Kg	285	0.11	50.61
Sweet potato	1Kg	245.01	4.11	69.44
Tilapia fish (epiya) fresh	1Kg	681.83	8.57	24.92
Titus:frozen	1Kg	910	0.12	7.06
Catfish (obokun) fresh	1Kg	980	-0.51	7.66
Catfish :dried	1Kg	1350	0.32	-6.95
Catfish Smoked	1Kg	1360	0.74	-0.61
Mackerel : frozen	1Kg	920	5.75	6.82
Groundnut oil: 1 bottle, specify bottle	1Ltr	458.33	6.24	0.12
Maize grain white sold loose	1Kg	129.37	8.56	30.71
Maize grain yellow sold loose	1Kg	121.56	11.4	29.76
Palm oil: 1 bottle,specify bottle	1Ltr	495.83	4.57	18.81
Plantain(ripe)	1Kg	250	7.66	15.55
Plantain(unripe)	1Kg	220	2.51	9.58
Vegetable oil:1 bottle,specify bottle	1Ltr	507.78	6.28	23.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	685	0.74	11.08
AVERAGE			2.32	17.99




SELECTED FOOD PRICE WATCH - JULY 2020




Kogi State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N248.83
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N309.86
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N303.16
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N330.01
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N205.28
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N502.96
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1232.16
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N226.61
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N265.87
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N631.25
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SELECTED FOOD PRICE WATCH - JULY 2020

Kogi State







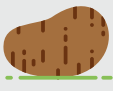










	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	494.69	-6.8	5.25
Agric eggs(medium size price of one)	1 Piece	46.67	-0.55	15.7
Beans brown,sold loose	1Kg	309.86	7.84	9.11
Beans:white black eye. sold loose	1Kg	311.53	2.88	48.77
Beef Bone in	1Kg	1150	0.88	1.77
Beef,boneless	1Kg	1232.16	2.29	10.01
Bread sliced 500g	1 loaf	330.01	0	9.7
Bread unsliced 500g	1 loaf	309.09	0.25	2.98
Broken Rice (Ofada)	1Kg	400.14	-2.6	14.33
Chicken Feet	1Kg	800.01	-3.88	0.25
Chicken Wings	1Kg	760.31	-1.21	-12.64
Evaporated tinned milk carnation 170g	1 unit	200	-20	16.95
Evaporated tinned milk(peak), 170g	1 unit	202.94	-19.05	13.27
Frozen chicken	1 unit	2545	1.66	3.88
Gari white,sold loose	1Kg	265.87	-0.47	87.06
Gari yellow,sold loose	1Kg	260.44	-4.08	68.45
Mudfish (aro) fresh	1Kg	833.33	-6.83	4.17
Mudfish : dried	1Kg	1475	2.91	5.19
Onion bulb	1Kg	226.61	-5.63	-5.52
Rice agric sold loose	1Kg	366.04	2.49	21.81
Rice local sold loose	1Kg	303.16	5.42	10.99
Rice Medium Grained	1Kg	289.14	10.75	10.17
Rice,imported high quality sold loose	1Kg	501.68	-2.14	24.39
Tomato	1Kg	248.83	-14.22	38.84
Yam tuber	1Kg	205.28	-16.03	51.23
Dried Fish Sardine	1Kg	1342.86	1.48	3.28
Iced Sardine	1Kg	983.33	-4.3	12.35
Irish potato	1Kg	254.5	1.8	25.27
Sweet potato	1Kg	193.49	-17.66	30.61
Tilapia fish (epiya) fresh	1Kg	766.67	-3.03	0.09
Titus:frozen	1Kg	1009.21	-0.47	12.13
Catfish (obokun) fresh	1Kg	850.11	-3.63	-5.54
Catfish :dried	1Kg	1537.5	-3.36	2.48
Catfish Smoked	1Kg	1300.16	1.01	-3.86
Mackerel : frozen	1Kg	1080	6.35	32.96
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.78	-2.63	22.47
Maize grain white sold loose	1Kg	221.81	3.21	123.45
Maize grain yellow sold loose	1Kg	232.46	6.09	125.84
Palm oil: 1 bottle,specify bottle	1Ltr	502.96	0.21	17.88
Plantain(ripe)	1Kg	227.19	-1.75	10.67
Plantain(unripe)	1Kg	287.92	-4.78	40.66
Vegetable oil:1 bottle,specify bottle	1Ltr	607.78	-5.79	31.81
Wheat flour: prepacked (golden penny 2kg)	2Kg	631.25	1	4.51
AVERAGE			-2.15	21.93

SELECTED FOOD PRICE WATCH - JULY 2020

Kwara State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N249.88	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N263.57
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N381.56	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N316.67
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N191.96	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N400.41
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1241.14	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N230.77
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N173.83	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N626.81

SELECTED FOOD PRICE WATCH - JULY 2020

Kwara State






	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	450.52	0.73	-4.3
Agric eggs(medium size price of one)	1 Piece	39.23	0.99	-0.97
Beans brown,sold loose	1Kg	263.57	3.05	0.8
Beans:white black eye. sold loose	1Kg	228.89	3.31	2.15
Beef Bone in	1Kg	1181.03	1.49	17.16
Beef,boneless	1Kg	1241.14	0.27	3.83
Bread sliced 500g	1 loaf	316.67	-2.56	9.2
Bread unsliced 500g	1 loaf	302.22	-3.55	5.54
Broken Rice (Ofada)	1Kg	366.15	1.19	-14.89
Chicken Feet	1Kg	657.73	-1.34	-20.39
Chicken Wings	1Kg	803.86	-1.16	-2.1
Evaporated tinned milk carnation 170g	1 unit	155	1.09	3.33
Evaporated tinned milk(peak), 170g	1 unit	200.67	-0.43	5.61
Frozen chicken	1 unit	1533.33	-1.08	2.22
Gari white,sold loose	1Kg	173.83	1.76	29.13
Gari yellow,sold loose	1Kg	194.81	4.81	44.69
Mudfish (aro) fresh	1Kg	800.14	-7.68	-4.46
Mudfish : dried	1Kg	1666.67	-3.81	-7.64
Onion bulb	1Kg	230.77	1.44	11.36
Rice agric sold loose	1Kg	400.14	2.6	42.27
Rice local sold loose	1Kg	381.56	1.68	63.35
Rice Medium Grained	1Kg	351.47	-10.85	23.01
Rice,imported high quality sold loose	1Kg	436.62	3.04	50.47
Tomato	1Kg	249.88	3.4	143.28
Yam tuber	1Kg	191.96	-4.86	88.55
Dried Fish Sardine	1Kg	1333.59	2.58	-2.42
Iced Sardine	1Kg	1050.12	-2.77	16.68
Irish potato	1Kg	155.51	3.67	-11.02
Sweet potato	1Kg	215.21	3.3	113.81
Tilapia fish (epiya) fresh	1Kg	888.12	-4.22	-1.42
Titus:frozen	1Kg	1008.89	-4.82	1.45
Catfish (obokun) fresh	1Kg	900.1	-6.05	3.46
Catfish :dried	1Kg	1455.85	-3.48	7.97
Catfish Smoked	1Kg	1388.57	-0.67	4.8
Mackerel : frozen	1Kg	955.1	-2.84	12.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	585.76	-3.9	17.07
Maize grain white sold loose	1Kg	154.5	4.44	77.22
Maize grain yellow sold loose	1Kg	164.51	7.94	86.75
Palm oil: 1 bottle,specify bottle	1Ltr	400.41	0.88	9.2
Plantain(ripe)	1Kg	171.13	-9.26	-13.56
Plantain(unripe)	1Kg	206.19	-13.97	11.2
Vegetable oil:1 bottle,specify bottle	1Ltr	512.86	1.53	19.89
Wheat flour: prepacked (golden penny 2kg)	2Kg	626.81	2.34	-6.1
AVERAGE			-0.74	19.5


SELECTED FOOD PRICE WATCH - JULY 2020



Lagos State






 Tomato


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N300.00



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N295.63



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N426.63



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N316.50



 Yam Tuber


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N285.24



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N503.33



 Beef, boneless


	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1364.77



 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N278.04

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N173.59

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N673.75

SELECTED FOOD PRICE WATCH - JULY 2020

Lagos State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	517.5	3.5	10.55
Agric eggs(medium size price of one)	1 Piece	43.5	1.95	9.04
Beans brown,sold loose	1Kg	295.63	0.19	9.56
Beans:white black eye. sold loose	1Kg	319.67	4.67	17.12
Beef Bone in	1Kg	1243.31	-3.13	8.17
Beef,boneless	1Kg	1364.77	1.06	9.94
Bread sliced 500g	1 loaf	316.5	1.61	27.68
Bread unsliced 500g	1 loaf	286.67	0	12.17
Broken Rice (Ofada)	1Kg	677.95	6.04	31.26
Chicken Feet	1Kg	812.5	5.98	4.17
Chicken Wings	1Kg	1126.47	1.92	11.24
Evaporated tinned milk carnation 170g	1 unit	186.67	6.06	24.44
Evaporated tinned milk(peak), 170g	1 unit	206.84	2.2	13.26
Frozen chicken	1 unit	1677.78	-0.13	11.46
Gari white,sold loose	1Kg	173.59	7.34	20.61
Gari yellow,sold loose	1Kg	205.13	-1.19	39.42
Mudfish (aro) fresh	1Kg	1186.36	0.63	23.26
Mudfish : dried	1Kg	1814.29	0.44	1.84
Onion bulb	1Kg	278.04	1.21	30.24
Rice agric sold loose	1Kg	425.2	1.32	32.03
Rice local sold loose	1Kg	426.63	0.7	42.21
Rice Medium Grained	1Kg	361.61	1.72	28.57
Rice,imported high quality sold loose	1Kg	527.83	3.59	64.75
Tomato	1Kg	300	-4.89	3.67
Yam tuber	1Kg	285.24	11.08	40.06
Dried Fish Sardine	1Kg	1224.07	-1.39	-9.26
Iced Sardine	1Kg	987.37	0.14	20.19
Irish potato	1Kg	496.4	1.28	41.61
Sweet potato	1Kg	226.65	8.87	32.84
Tilapia fish (epiya) fresh	1Kg	887.69	3.04	11.3
Titus:frozen	1Kg	1008.95	1.09	9.44
Catfish (obokun) fresh	1Kg	1342.67	2.35	4.45
Catfish :dried	1Kg	1751.79	3.66	9.73
Catfish Smoked	1Kg	1641.07	2.57	3.69
Mackerel : frozen	1Kg	1011.4	1.9	25.83
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	0	12.5
Maize grain white sold loose	1Kg	269.18	12.13	32.94
Maize grain yellow sold loose	1Kg	274.42	12.55	32.38
Palm oil: 1 bottle,specify bottle	1Ltr	503.33	-0.26	14.39
Plantain(ripe)	1Kg	258.71	5.33	7.11
Plantain(unripe)	1Kg	261.29	-1.1	3.99
Vegetable oil:1 bottle,specify bottle	1Ltr	585.44	0.68	12.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	673.75	0.64	12.29
AVERAGE			2.5	18.71

SELECTED FOOD PRICE WATCH - JULY 2020


Nasarawa State






 Tomato

UNIT OF MEASUREMENT	JULY 2020
1KG	N196.96




 Rice
 Local sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N325.53




 Yam Tuber

UNIT OF MEASUREMENT	JULY 2020
1KG	N191.43




 Beef,
 boneless

UNIT OF MEASUREMENT	JULY 2020
1KG	N1254.55




 Garri
 white,sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N225.00




 Beans
 brown,
 sold loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N240.59




 Bread
 sliced
 500g

UNIT OF MEASUREMENT	JULY 2020
1 loaf	N357.50




 Palm oil:
 1 bottle

UNIT OF MEASUREMENT	JULY 2020
1Ltr	N468.89



 Onion bulb

UNIT OF MEASUREMENT	JULY 2020
1KG	N200.80



 Wheat flour:
 prepacked
 (golden penny
 2kg

UNIT OF MEASUREMENT	JULY 2020
2KG	N657.14

SELECTED FOOD PRICE WATCH - JULY 2020

Nasarawa State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	525.63	-1.45	15.04
Agric eggs(medium size price of one)	1 Piece	45	1.04	11.22
Beans brown,sold loose	1Kg	240.59	3.53	-15.55
Beans:white black eye. sold loose	1Kg	220.99	2.61	-7.9
Beef Bone in	1Kg	1100.14	0.24	4.51
Beef,boneless	1Kg	1254.55	1.3	8.87
Bread sliced 500g	1 loaf	357.5	-7.14	63.85
Bread unsliced 500g	1 loaf	309.29	-8.62	-1.03
Broken Rice (Ofada)	1Kg	320.2	0.39	-5.57
Chicken Feet	1Kg	523.15	-4.88	-19.52
Chicken Wings	1Kg	698.15	-2.36	-6.91
Evaporated tinned milk carnation 170g	1 unit	142.17	-5.22	-5.22
Evaporated tinned milk(peak), 170g	1 unit	188.2	-2.53	1.34
Frozen chicken	1 unit	1782.14	-0.99	-7.42
Gari white,sold loose	1Kg	225	2.73	78.98
Gari yellow,sold loose	1Kg	241.82	1.14	100.87
Mudfish (aro) fresh	1Kg	898.13	-0.88	5.02
Mudfish : dried	1Kg	1350.79	1.08	-11.29
Onion bulb	1Kg	200.8	-2.5	30.58
Rice agric sold loose	1Kg	338.83	-1.3	45.21
Rice local sold loose	1Kg	325.53	-4.08	32.27
Rice Medium Grained	1Kg	335.71	1.14	11.9
Rice,imported high quality sold loose	1Kg	476.67	0.03	34.65
Tomato	1Kg	196.96	4.36	8.76
Yam tuber	1Kg	191.43	-9.4	89.11
Dried Fish Sardine	1Kg	1348.98	1.76	0.7
Iced Sardine	1Kg	957.14	-0.11	5.37
Irish potato	1Kg	235.38	-0.78	30.2
Sweet potato	1Kg	203.69	-12.02	106.09
Tilapia fish (epiya) fresh	1Kg	874.14	-3.2	4.06
Titus:frozen	1Kg	990.12	-2.31	8.71
Catfish (obokun) fresh	1Kg	851.12	-4.25	6.61
Catfish :dried	1Kg	1499.45	0.02	3.39
Catfish Smoked	1Kg	1350.3	-3.58	3.69
Mackerel : frozen	1Kg	967.78	-5.22	5.77
Groundnut oil: 1 bottle, specify bottle	1Ltr	587.27	-4.57	6.04
Maize grain white sold loose	1Kg	137.65	3.83	36.89
Maize grain yellow sold loose	1Kg	137.14	6.8	37.82
Palm oil: 1 bottle,specify bottle	1Ltr	468.89	-5.32	-12.08
Plantain(ripe)	1Kg	240.12	-5.73	-19.31
Plantain(unripe)	1Kg	258.33	-13.17	23.01
Vegetable oil:1 bottle,specify bottle	1Ltr	600.18	0.03	5.03
Wheat flour: prepacked (golden penny 2kg)	2Kg	657.14	0.14	-12.38
AVERAGE			-1.85	16.31




SELECTED FOOD PRICE WATCH - JULY 2020




Niger State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N158.50</p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N205.85</p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N334.50</p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1 loaf</p>	<p>JULY 2020</p> <p>N306.15</p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N201.03</p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1Ltr</p>	<p>JULY 2020</p> <p>N492.22</p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N1280.14</p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N208.94</p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JULY 2020</p> <p>N202.70</p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p>2KG</p>	<p>JULY 2020</p> <p>N681.60</p>

SELECTED FOOD PRICE WATCH - JULY 2020

Niger State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	458.41	-4.46	3.69
Agric eggs(medium size price of one)	1 Piece	40.42	-5.14	-0.47
Beans brown,sold loose	1Kg	205.85	8.92	-29.72
Beans:white black eye. sold loose	1Kg	219.02	8.67	20.73
Beef Bone in	1Kg	1062.5	1.5	3.43
Beef,boneless	1Kg	1280.14	0.49	23.26
Bread sliced 500g	1 loaf	306.15	-9.95	6.49
Bread unsliced 500g	1 loaf	283.85	-1.27	11.31
Broken Rice (Ofada)	1Kg	402.74	1.32	24.02
Chicken Feet	1Kg	828.57	-1.36	-7.79
Chicken Wings	1Kg	827.5	-0.7	-11.73
Evaporated tinned milk carnation 170g	1 unit	152.5	1.67	-5.86
Evaporated tinned milk(peak), 170g	1 unit	183	0.34	-2.5
Frozen chicken	1 unit	1726.67	-0.58	-6.67
Gari white,sold loose	1Kg	202.7	2.93	39.69
Gari yellow,sold loose	1Kg	287.36	2.63	88.45
Mudfish (aro) fresh	1Kg	863.14	-0.41	-9.3
Mudfish : dried	1Kg	1398.12	-0.13	-8.79
Onion bulb	1Kg	208.94	-6.98	32.44
Rice agric sold loose	1Kg	352.39	9.97	-4.03
Rice local sold loose	1Kg	334.5	1.25	45.22
Rice Medium Grained	1Kg	370.14	0.86	23.47
Rice,imported high quality sold loose	1Kg	381.95	4.17	8.82
Tomato	1Kg	158.5	5.67	37.94
Yam tuber	1Kg	201.03	-22.07	27.26
Dried Fish Sardine	1Kg	1337.99	0.58	2.92
Iced Sardine	1Kg	1000.95	-1.87	5.36
Irish potato	1Kg	212.8	-8.8	-10.4
Sweet potato	1Kg	129.73	3.78	-15.19
Tilapia fish (epiya) fresh	1Kg	591.55	-2.38	-24.21
Titus:frozen	1Kg	1023.27	-3.57	13.73
Catfish (obokun) fresh	1Kg	960	-0.69	10.34
Catfish :dried	1Kg	1333.33	-0.24	0.81
Catfish Smoked	1Kg	1306.06	-0.02	-5.19
Mackerel : frozen	1Kg	983.33	4.61	-7.45
Groundnut oil: 1 bottle, specify bottle	1Ltr	514.44	1.07	5.71
Maize grain white sold loose	1Kg	193.82	3.69	133.6
Maize grain yellow sold loose	1Kg	190.74	0.87	124.14
Palm oil: 1 bottle,specify bottle	1Ltr	492.22	0.03	21.34
Plantain(ripe)	1Kg	218.37	-15.08	9.05
Plantain(unripe)	1Kg	192.99	-3.5	-5.37
Vegetable oil:1 bottle,specify bottle	1Ltr	485.55	1.01	19.35
Wheat flour: prepacked (golden penny 2kg)	2Kg	681.6	0.98	5.88
AVERAGE			-0.52	13.81

SELECTED FOOD PRICE WATCH - JULY 2020


Ogun State






 Tomato

UNIT OF MEASUREMENT	JULY 2020
1KG	N367.56




 Rice
 Local sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N395.73




 Yam Tuber

UNIT OF MEASUREMENT	JULY 2020
1KG	N371.49




 Beef,
 boneless

UNIT OF MEASUREMENT	JULY 2020
1KG	N1238.61




 Garri
 white,sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N180.23




 Beans
 brown,
 sold loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N251.09




 Bread
 sliced
 500g

UNIT OF MEASUREMENT	JULY 2020
1 loaf	N310.53




 Palm oil:
 1 bottle

UNIT OF MEASUREMENT	JULY 2020
1Ltr	N478.67



 Onion bulb

UNIT OF MEASUREMENT	JULY 2020
1KG	N280.80



 Wheat flour:
 prepacked
 (golden penny
 2kg

UNIT OF MEASUREMENT	JULY 2020
2KG	N645.00

SELECTED FOOD PRICE WATCH - JULY 2020

Ogun State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	451.05	0.09	-0.14
Agric eggs(medium size price of one)	1 Piece	41	-4.26	7.89
Beans brown,sold loose	1Kg	251.09	1.09	-2.87
Beans:white black eye. sold loose	1Kg	250.7	1.9	1.11
Beef Bone in	1Kg	902.88	5.29	6.01
Beef,boneless	1Kg	1238.61	1.11	8.06
Bread sliced 500g	1 loaf	310.53	-1.33	1.72
Bread unsliced 500g	1 loaf	290	0.77	12.45
Broken Rice (Ofada)	1Kg	658.15	6.53	26.3
Chicken Feet	1Kg	826.67	3.33	4.09
Chicken Wings	1Kg	1233.33	-0.27	8.03
Evaporated tinned milk carnation 170g	1 unit	163.33	-1.01	-3.92
Evaporated tinned milk(peak), 170g	1 unit	207.5	-1.47	0.95
Frozen chicken	1 unit	1620	0.37	8.86
Gari white,sold loose	1Kg	180.23	2.49	-2.08
Gari yellow,sold loose	1Kg	268.69	4.09	46.99
Mudfish (aro) fresh	1Kg	979.51	5.07	-9.26
Mudfish : dried	1Kg	2441.75	-2.02	0.61
Onion bulb	1Kg	280.8	9.76	-2.52
Rice agric sold loose	1Kg	508.71	5.93	50.1
Rice local sold loose	1Kg	395.73	1.17	13.56
Rice Medium Grained	1Kg	463.63	5.82	63.13
Rice,imported high quality sold loose	1Kg	540.84	-2.07	53.79
Tomato	1Kg	367.56	-2.05	64.31
Yam tuber	1Kg	371.49	5.34	44.37
Dried Fish Sardine	1Kg	1491.67	2.7	8.43
Iced Sardine	1Kg	738.16	-1.21	5.75
Irish potato	1Kg	350.12	2.05	61.96
Sweet potato	1Kg	184.69	1.82	46.17
Tilapia fish (epiya) fresh	1Kg	932.17	2.51	11.92
Titus:frozen	1Kg	1009.93	0.64	14.16
Catfish (obokun) fresh	1Kg	885.19	3.14	7.26
Catfish :dried	1Kg	1769.91	2.82	0.62
Catfish Smoked	1Kg	1572.73	0.74	3.09
Mackerel : frozen	1Kg	874.81	3.88	4.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	642.22	3.21	23.77
Maize grain white sold loose	1Kg	188.48	11.12	52.04
Maize grain yellow sold loose	1Kg	192.02	6.15	49.92
Palm oil: 1 bottle,specify bottle	1Ltr	478.67	8.21	5.75
Plantain(ripe)	1Kg	219.19	11.83	8.43
Plantain(unripe)	1Kg	211.5	20.01	4.33
Vegetable oil:1 bottle,specify bottle	1Ltr	595.29	0.61	13.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	645	-4.68	9.32
AVERAGE			2.82	17.02




SELECTED FOOD PRICE WATCH - JULY 2020




Ondo State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N360.28
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N354.79
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N422.06
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N258.82
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N221.85
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N457.25
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1438.14
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N325.30
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N151.65
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N612.86
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SELECTED FOOD PRICE WATCH - JULY 2020

Ondo State



















	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	463.57	1.94	-0.97
Agric eggs(medium size price of one)	1 Piece	43.33	1.96	10.07
Beans brown,sold loose	1Kg	354.79	3.89	8.88
Beans:white black eye. sold loose	1Kg	254.45	12.32	8.63
Beef Bone in	1Kg	982.96	3.39	-5.34
Beef,boneless	1Kg	1438.14	1.82	14.24
Bread sliced 500g	1 loaf	258.82	0.78	-2.23
Bread unsliced 500g	1 loaf	250	0.96	0
Broken Rice (Ofada)	1Kg	418.41	6.1	18.8
Chicken Feet	1Kg	1030.75	-1.83	10.24
Chicken Wings	1Kg	1157.89	6.12	7.27
Evaporated tinned milk carnation 170g	1 unit	177.5	4.41	10.94
Evaporated tinned milk(peak), 170g	1 unit	196.11	2.54	0.31
Frozen chicken	1 unit	1858.89	0.98	7.88
Gari white,sold loose	1Kg	151.65	2.19	4.15
Gari yellow,sold loose	1Kg	198.46	14.77	42.7
Mudfish (aro) fresh	1Kg	943.5	0.58	13.21
Mudfish : dried	1Kg	1624.44	-0.87	-4.45
Onion bulb	1Kg	325.3	23.32	56.01
Rice agric sold loose	1Kg	406.06	0.88	19.37
Rice local sold loose	1Kg	422.06	7.88	47.17
Rice Medium Grained	1Kg	495.88	1.73	51.86
Rice,imported high quality sold loose	1Kg	569.87	1.65	66.37
Tomato	1Kg	360.28	-3.57	32.56
Yam tuber	1Kg	221.85	1.37	29.87
Dried Fish Sardine	1Kg	1234.08	1.83	9.09
Iced Sardine	1Kg	962.84	5.01	13.01
Irish potato	1Kg	262.53	0.54	16.84
Sweet potato	1Kg	148.63	26.56	22.16
Tilapia fish (epiya) fresh	1Kg	830.04	0.26	3.18
Titus:frozen	1Kg	940.49	0.11	9.82
Catfish (obokun) fresh	1Kg	959.86	1.17	19.27
Catfish :dried	1Kg	1488.48	0.87	-6.22
Catfish Smoked	1Kg	1458.33	2.08	10.76
Mackerel : frozen	1Kg	964.54	1.81	18.84
Groundnut oil: 1 bottle, specify bottle	1Ltr	646.67	2.11	18.78
Maize grain white sold loose	1Kg	231	34.98	52.84
Maize grain yellow sold loose	1Kg	234.9	28.54	53.35
Palm oil: 1 bottle,specify bottle	1Ltr	457.25	-0.31	4.95
Plantain(ripe)	1Kg	258.7	2.53	10.77
Plantain(unripe)	1Kg	260.43	-0.02	7.31
Vegetable oil:1 bottle,specify bottle	1Ltr	663.33	2.15	38.84
Wheat flour: prepacked (golden penny 2kg)	2Kg	612.86	2.91	-4.42
AVERAGE			4.85	17.37

SELECTED FOOD PRICE WATCH - JULY 2020

Osun State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N245.01	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N285.67
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N376.66	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N340.00
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N380.27	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N450.00
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1259.55	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N222.26
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N217.50	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N631.25

SELECTED FOOD PRICE WATCH - JULY 2020

Osun State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	433.81	4.61	-4.47
Agric eggs(medium size price of one)	1 Piece	40	5.42	5.1
Beans brown,sold loose	1Kg	285.67	13.59	-7.97
Beans:white black eye. sold loose	1Kg	235.82	13.92	11.24
Beef Bone in	1Kg	773.87	1.69	-4.97
Beef,boneless	1Kg	1259.55	-0.17	0.24
Bread sliced 500g	1 loaf	340	2.47	8.8
Bread unsliced 500g	1 loaf	257.89	-1.08	1.88
Broken Rice (Ofada)	1Kg	420	0.36	15.03
Chicken Feet	1Kg	875.45	0.63	9.66
Chicken Wings	1Kg	1030	0.49	6.06
Evaporated tinned milk carnation 170g	1 unit	190	8.57	11.1
Evaporated tinned milk(peak), 170g	1 unit	203	0.66	0.87
Frozen chicken	1 unit	1666.67	-1.96	-4.76
Gari white,sold loose	1Kg	217.5	18.94	68.39
Gari yellow,sold loose	1Kg	229.9	17.71	103.03
Mudfish (aro) fresh	1Kg	997.83	2.34	18.88
Mudfish : dried	1Kg	1628.57	-1.22	2.37
Onion bulb	1Kg	222.26	22.85	11.05
Rice agric sold loose	1Kg	350.54	8.02	15.61
Rice local sold loose	1Kg	376.66	9.01	58.25
Rice Medium Grained	1Kg	482.5	7.8	67.6
Rice,imported high quality sold loose	1Kg	521	10.73	71.98
Tomato	1Kg	245.01	-16.99	17.76
Yam tuber	1Kg	380.27	2.07	99.39
Dried Fish Sardine	1Kg	1536.72	-2.69	0.97
Iced Sardine	1Kg	662.11	0.63	-2.59
Irish potato	1Kg	250	-0.3	-0.4
Sweet potato	1Kg	103.53	2.49	-27.2
Tilapia fish (epiya) fresh	1Kg	766.67	7.15	14.58
Titus:frozen	1Kg	682.73	-7.04	-18.98
Catfish (obokun) fresh	1Kg	976.02	1.56	13.03
Catfish :dried	1Kg	1706.41	2.25	-8.44
Catfish Smoked	1Kg	1654.45	0.81	5.11
Mackerel : frozen	1Kg	974.46	-1.34	8.07
Groundnut oil: 1 bottle, specify bottle	1Ltr	680	-0.97	18.15
Maize grain white sold loose	1Kg	183.73	29.5	91.43
Maize grain yellow sold loose	1Kg	183.85	17.03	80.94
Palm oil: 1 bottle,specify bottle	1Ltr	450	8.43	5
Plantain(ripe)	1Kg	231.5	-1.69	13.59
Plantain(unripe)	1Kg	200.71	8.05	-1.12
Vegetable oil:1 bottle,specify bottle	1Ltr	649.82	3.7	50.62
Wheat flour: prepacked (golden penny 2kg)	2Kg	631.25	-0.7	1.37
AVERAGE			4.59	19.21




SELECTED FOOD PRICE WATCH - JULY 2020




Oyo State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N230.25
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N322.09
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N365.65
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N325.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N341.11
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N436.67
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1159.56
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N253.54
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N203.23
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N660.00
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SELECTED FOOD PRICE WATCH - JULY 2020


Oyo State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	454	-2.26	1.34
Agric eggs(medium size price of one)	1 Piece	38.44	-3.54	1.15
Beans brown,sold loose	1Kg	322.09	12.83	-17.1
Beans:white black eye. sold loose	1Kg	224.36	6.57	-31.77
Beef Bone in	1Kg	927.18	1.42	-10.66
Beef,boneless	1Kg	1159.56	0.83	-4.17
Bread sliced 500g	1 loaf	325	5.69	7.49
Bread unsliced 500g	1 loaf	258.82	4.69	-2.62
Broken Rice (Ofada)	1Kg	670	3.08	16.45
Chicken Feet	1Kg	850	0	3.03
Chicken Wings	1Kg	1061.67	0.43	14.16
Evaporated tinned milk carnation 170g	1 unit	156.67	2.17	4.44
Evaporated tinned milk(peak), 170g	1 unit	196.67	-0.48	3.78
Frozen chicken	1 unit	2450	0	40
Gari white,sold loose	1Kg	203.23	4.26	38.42
Gari yellow,sold loose	1Kg	278.79	19.33	68.35
Mudfish (aro) fresh	1Kg	929.22	2.26	12.42
Mudfish : dried	1Kg	1748.94	1.37	11.03
Onion bulb	1Kg	253.54	24.68	17.27
Rice agric sold loose	1Kg	380	1.03	7.09
Rice local sold loose	1Kg	365.65	3.35	21.66
Rice Medium Grained	1Kg	486	4.11	54.36
Rice,imported high quality sold loose	1Kg	501.2	5.32	55.65
Tomato	1Kg	230.25	-5.42	9.99
Yam tuber	1Kg	341.11	7.89	121.55
Dried Fish Sardine	1Kg	1059.64	3.08	-3.32
Iced Sardine	1Kg	861.71	-1.56	11.44
Irish potato	1Kg	261.94	-10.2	-4.13
Sweet potato	1Kg	185.01	1.97	41.1
Tilapia fish (epiya) fresh	1Kg	951.01	3.6	25.77
Titus:frozen	1Kg	941.51	1.25	3.53
Catfish (obokun) fresh	1Kg	930.5	1.14	-4.62
Catfish :dried	1Kg	1676.19	-0.29	0.05
Catfish Smoked	1Kg	1432.12	-2.88	-1.23
Mackerel : frozen	1Kg	827.24	6.61	-6.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	653.33	0.51	12
Maize grain white sold loose	1Kg	167.61	4.44	49.78
Maize grain yellow sold loose	1Kg	184.82	3.44	60.81
Palm oil: 1 bottle,specify bottle	1Ltr	436.67	5.82	3.07
Plantain(ripe)	1Kg	239.79	17.37	5.03
Plantain(unripe)	1Kg	226.01	21.67	0.98
Vegetable oil:1 bottle,specify bottle	1Ltr	614.81	5.16	31.56
Wheat flour: prepacked (golden penny 2kg)	2Kg	660	4.55	0.28
AVERAGE			3.84	15.56

SELECTED FOOD PRICE WATCH - JULY 2020


Plateau State


UNIT OF MEASUREMENT	JULY 2020
1KG	N237.62




UNIT OF MEASUREMENT	JULY 2020
1KG	N276.34




UNIT OF MEASUREMENT	JULY 2020
1KG	N364.24




UNIT OF MEASUREMENT	JULY 2020
1 loaf	N285.33




UNIT OF MEASUREMENT	JULY 2020
1KG	N275.10




UNIT OF MEASUREMENT	JULY 2020
1Ltr	N553.33




UNIT OF MEASUREMENT	JULY 2020
1KG	N1285.71



UNIT OF MEASUREMENT	JULY 2020
1KG	N225.00



UNIT OF MEASUREMENT	JULY 2020
1KG	N228.55



UNIT OF MEASUREMENT	JULY 2020
2KG	N721.75

SELECTED FOOD PRICE WATCH - JULY 2020

Plateau State















	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	462.73	0.01	2.83
Agric eggs(medium size price of one)	1 Piece	39.75	0.63	-1.45
Beans brown,sold loose	1Kg	276.34	2.15	-11.34
Beans:white black eye. sold loose	1Kg	239.77	0.66	-5.38
Beef Bone in	1Kg	1233.33	4.13	20.52
Beef,boneless	1Kg	1285.71	0.84	7.74
Bread sliced 500g	1 loaf	285.33	-1.61	11.89
Bread unsliced 500g	1 loaf	258.75	-3.52	6.54
Broken Rice (Ofada)	1Kg	444.16	-1.3	24.77
Chicken Feet	1Kg	590.31	-4.79	-9.18
Chicken Wings	1Kg	670.19	-1.15	-15.86
Evaporated tinned milk carnation 170g	1 unit	156.01	-9.12	4.01
Evaporated tinned milk(peak), 170g	1 unit	183.27	-0.93	-0.93
Frozen chicken	1 unit	2881.46	-1.32	1.09
Gari white,sold loose	1Kg	228.55	0.4	62.02
Gari yellow,sold loose	1Kg	295.33	0.85	88.21
Mudfish (aro) fresh	1Kg	888.04	-0.67	-1.99
Mudfish : dried	1Kg	1450	-0.3	-7.21
Onion bulb	1Kg	225	-13.66	96.88
Rice agric sold loose	1Kg	416.4	-0.06	48.71
Rice local sold loose	1Kg	364.24	1.26	34.21
Rice Medium Grained	1Kg	352.14	0.61	17.32
Rice,imported high quality sold loose	1Kg	422.05	0.97	19.97
Tomato	1Kg	237.62	-1.85	43.8
Yam tuber	1Kg	275.1	-10.24	33.41
Dried Fish Sardine	1Kg	1405.16	-0.43	0.15
Iced Sardine	1Kg	963.15	-5.57	1.98
Irish potato	1Kg	270.2	-9.93	43.54
Sweet potato	1Kg	252.5	2.42	89.38
Tilapia fish (epiya) fresh	1Kg	666.67	-8.53	-15.76
Titus:frozen	1Kg	985.71	-5.82	7.85
Catfish (obokun) fresh	1Kg	1060.35	-0.03	-1.82
Catfish :dried	1Kg	1683.33	-3.81	-14.82
Catfish Smoked	1Kg	1442.2	-0.95	-5.21
Mackerel : frozen	1Kg	986.12	-3.32	4.72
Groundnut oil: 1 bottle, specify bottle	1Ltr	473.33	1.87	2.9
Maize grain white sold loose	1Kg	167.88	6.28	115.32
Maize grain yellow sold loose	1Kg	164.49	4.12	103.34
Palm oil: 1 bottle,specify bottle	1Ltr	553.33	-1.19	22.52
Plantain(ripe)	1Kg	298.5	-15.06	7.79
Plantain(unripe)	1Kg	289.53	-14.6	36.58
Vegetable oil:1 bottle,specify bottle	1Ltr	566.67	-2.06	33.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	721.75	2.01	15.48
AVERAGE			-2.15	21.35

SELECTED FOOD PRICE WATCH - JULY 2020

Rivers State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N525.72	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N423.63
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N485.81	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N389.47
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N402.87	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N503.70
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1540.57	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N321.44
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N300.51	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N798.44

SELECTED FOOD PRICE WATCH - JULY 2020

Rivers State









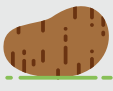
















	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	547.71	0.58	8.99
Agric eggs(medium size price of one)	1 Piece	48.54	0.74	13.25
Beans brown,sold loose	1Kg	423.63	1.29	10.21
Beans:white black eye. sold loose	1Kg	396.73	2.85	15.18
Beef Bone in	1Kg	1059.93	0.98	14.26
Beef,boneless	1Kg	1540.57	2.54	18.43
Bread sliced 500g	1 loaf	389.47	1.16	20.77
Bread unsliced 500g	1 loaf	384.21	4.11	20.25
Broken Rice (Ofada)	1Kg	485.85	0.72	15.55
Chicken Feet	1Kg	1066.49	3.1	33.27
Chicken Wings	1Kg	1263.45	1.08	19.58
Evaporated tinned milk carnation 170g	1 unit	158.89	4.02	5.93
Evaporated tinned milk(peak), 170g	1 unit	195.13	4.19	3.52
Frozen chicken	1 unit	1805.92	2.97	2.68
Gari white,sold loose	1Kg	300.51	-0.91	69.54
Gari yellow,sold loose	1Kg	321.77	-1.81	73.06
Mudfish (aro) fresh	1Kg	816.67	-5.95	-10.5
Mudfish : dried	1Kg	2326.44	-1.08	-5.04
Onion bulb	1Kg	321.44	6.73	45.24
Rice agric sold loose	1Kg	530.64	6	16.74
Rice local sold loose	1Kg	485.81	7.19	25.6
Rice Medium Grained	1Kg	533.29	2.2	24.4
Rice,imported high quality sold loose	1Kg	606.86	0.94	46.71
Tomato	1Kg	525.72	1.32	33.89
Yam tuber	1Kg	402.87	12.34	114.03
Dried Fish Sardine	1Kg	1611.93	2.05	3.52
Iced Sardine	1Kg	1213.95	0.63	16.13
Irish potato	1Kg	570.37	13.61	62.88
Sweet potato	1Kg	282.44	25.47	84.91
Tilapia fish (epiya) fresh	1Kg	1047.62	2.03	18.32
Titus:frozen	1Kg	1049.23	3.4	10.63
Catfish (obokun) fresh	1Kg	998.7	3.47	0.85
Catfish :dried	1Kg	1703.54	3.21	27.53
Catfish Smoked	1Kg	1687.14	-0.1	3.41
Mackerel : frozen	1Kg	1133.88	5.06	9.74
Groundnut oil: 1 bottle, specify bottle	1Ltr	645.96	0.23	26.93
Maize grain white sold loose	1Kg	230.48	-12.07	2.43
Maize grain yellow sold loose	1Kg	233.55	-11.55	5.16
Palm oil: 1 bottle,specify bottle	1Ltr	503.7	0.5	-4.53
Plantain(ripe)	1Kg	369.8	3.16	57.28
Plantain(unripe)	1Kg	344.23	2.66	69.46
Vegetable oil:1 bottle,specify bottle	1Ltr	700.89	0.66	22.25
Wheat flour: prepacked (golden penny 2kg)	2Kg	798.44	-0.54	6.46
AVERAGE			2.31	24.62

SELECTED FOOD PRICE WATCH - JULY 2020

Sokoto State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N140.48	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N259.22
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N250.05	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N335.00
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N269.88	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N521.33
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1178.18	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N146.70
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N168.33	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N668.33

SELECTED FOOD PRICE WATCH - JULY 2020

Sokoto State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	480	0.75	0.96
Agric eggs(medium size price of one)	1 Piece	42	-0.55	4.44
Beans brown,sold loose	1Kg	259.22	0.89	-4.56
Beans:white black eye. sold loose	1Kg	230.85	1.47	-13.69
Beef Bone in	1Kg	1120	0	9.65
Beef,boneless	1Kg	1178.18	1.42	4.36
Bread sliced 500g	1 loaf	335	-0.21	6.01
Bread unsliced 500g	1 loaf	324.17	-3.23	10.64
Broken Rice (Ofada)	1Kg	315.86	0.38	-13.53
Chicken Feet	1Kg	554.58	10.92	11.97
Chicken Wings	1Kg	655.36	-5.86	-5.72
Evaporated tinned milk carnation 170g	1 unit	165	3.13	2.77
Evaporated tinned milk(peak), 170g	1 unit	198	1.14	-0.02
Frozen chicken	1 unit	2353.33	-1.94	7.05
Gari white,sold loose	1Kg	168.33	2.46	18.43
Gari yellow,sold loose	1Kg	224.2	-2.51	25.22
Mudfish (aro) fresh	1Kg	1146.67	2.56	25.72
Mudfish : dried	1Kg	1927.12	0.39	7.55
Onion bulb	1Kg	146.7	11.18	4.16
Rice agric sold loose	1Kg	366.75	5.09	6.41
Rice local sold loose	1Kg	250.05	1.62	-8.77
Rice Medium Grained	1Kg	365.33	11.3	31.61
Rice,imported high quality sold loose	1Kg	373.33	4.39	6.59
Tomato	1Kg	140.48	6.69	32.63
Yam tuber	1Kg	269.88	18.75	60.68
Dried Fish Sardine	1Kg	1450	0	11.53
Iced Sardine	1Kg	903.33	0.37	12.92
Irish potato	1Kg	321.25	2.43	81.37
Sweet potato	1Kg	174.34	-0.14	-21.02
Tilapia fish (epiya) fresh	1Kg	796.67	2.84	20.5
Titus:frozen	1Kg	966.67	5.45	6.62
Catfish (obokun) fresh	1Kg	1050	4.48	21.15
Catfish :dried	1Kg	1254.93	0.39	4.77
Catfish Smoked	1Kg	1245	0.4	-4.42
Mackerel : frozen	1Kg	816.67	0.41	-2.82
Groundnut oil: 1 bottle, specify bottle	1Ltr	558.67	-1.32	25.54
Maize grain white sold loose	1Kg	112.55	2.73	12.39
Maize grain yellow sold loose	1Kg	124.79	3.21	13.74
Palm oil: 1 bottle,specify bottle	1Ltr	521.33	-0.77	7.49
Plantain(ripe)	1Kg	220	1.54	36
Plantain(unripe)	1Kg	218.89	4.23	28.76
Vegetable oil:1 bottle,specify bottle	1Ltr	582.67	3.53	27.59
Wheat flour: prepacked (golden penny 2kg)	2Kg	668.33	0.25	3.06
AVERAGE			2.33	11.99



SELECTED FOOD PRICE WATCH - JULY 2020


Taraba State







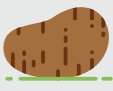
 Tomato

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N175.91






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N312.13






 Yam Tuber

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N138.68






 Beef,
 boneless

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N1200.00






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N181.80






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N211.55






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	JULY 2020
1 loaf	N325.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	JULY 2020
1Ltr	N488.00





 Onion bulb

	
UNIT OF MEASUREMENT	JULY 2020
1KG	N180.06



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	JULY 2020
2KG	N752.68

SELECTED FOOD PRICE WATCH - JULY 2020

Taraba State




	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	407.22	1.05	-12.79
Agric eggs(medium size price of one)	1 Piece	36.5	1.24	-10.25
Beans brown,sold loose	1Kg	211.55	2.8	-24.21
Beans:white black eye. sold loose	1Kg	183.07	4.34	-17.86
Beef Bone in	1Kg	892.52	4.38	1.23
Beef,boneless	1Kg	1200	0.19	8.54
Bread sliced 500g	1 loaf	325	-11.36	23.28
Bread unsliced 500g	1 loaf	271.88	4.57	17.81
Broken Rice (Ofada)	1Kg	383.88	0.02	-0.48
Chicken Feet	1Kg	349.15	-0.24	-5.44
Chicken Wings	1Kg	502.89	0.58	0.56
Evaporated tinned milk carnation 170g	1 unit	152.12	0.74	5.82
Evaporated tinned milk(peak), 170g	1 unit	178.57	-0.79	-3.71
Frozen chicken	1 unit	1488.15	-0.79	9.82
Gari white,sold loose	1Kg	181.8	3.4	24.82
Gari yellow,sold loose	1Kg	197.74	1.58	42.77
Mudfish (aro) fresh	1Kg	803.33	0.42	-3.65
Mudfish : dried	1Kg	1406.41	-3.01	-14.53
Onion bulb	1Kg	180.06	-13.72	5.02
Rice agric sold loose	1Kg	347.83	-13.04	40.3
Rice local sold loose	1Kg	312.13	19.56	20.77
Rice Medium Grained	1Kg	400.29	-7.93	36.01
Rice,imported high quality sold loose	1Kg	405.38	0.1	27.37
Tomato	1Kg	175.91	12.82	58.57
Yam tuber	1Kg	138.68	5.64	24.75
Dried Fish Sardine	1Kg	1351.76	0.13	22.88
Iced Sardine	1Kg	911.46	-0.57	2.38
Irish potato	1Kg	210.87	-9.94	-0.7
Sweet potato	1Kg	172.88	0.97	51.66
Tilapia fish (epiya) fresh	1Kg	496.95	-1.59	-5.34
Titus:frozen	1Kg	900.2	-0.42	1.3
Catfish (obokun) fresh	1Kg	794.44	-0.69	-20.32
Catfish :dried	1Kg	1340.06	-2.07	-13.54
Catfish Smoked	1Kg	1399.01	-0.77	0.92
Mackerel : frozen	1Kg	866.05	0.42	10.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	558.6	-3.63	9.05
Maize grain white sold loose	1Kg	125.6	11.56	78.52
Maize grain yellow sold loose	1Kg	128.45	7.79	42.06
Palm oil: 1 bottle,specify bottle	1Ltr	488	0.27	-10.55
Plantain(ripe)	1Kg	222.22	-7.56	5.82
Plantain(unripe)	1Kg	205.77	-5.03	23.46
Vegetable oil:1 bottle,specify bottle	1Ltr	529.52	0.17	4.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	752.68	0.36	3.31
AVERAGE			0.04	10.71

SELECTED FOOD PRICE WATCH - JULY 2020


Yobe State






 Tomato

UNIT OF MEASUREMENT	JULY 2020
1KG	N162.50




 Rice
 Local sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N268.42




 Yam Tuber

UNIT OF MEASUREMENT	JULY 2020
1KG	N128.20




 Beef,
 boneless

UNIT OF MEASUREMENT	JULY 2020
1KG	N1200.00




 Garri
 white,sold
 Loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N187.41




 Beans
 brown,
 sold loose

UNIT OF MEASUREMENT	JULY 2020
1KG	N187.50




 Bread
 sliced
 500g

UNIT OF MEASUREMENT	JULY 2020
1 loaf	N259.31




 Palm oil:
 1 bottle

UNIT OF MEASUREMENT	JULY 2020
1Ltr	N458.51



 Onion bulb

UNIT OF MEASUREMENT	JULY 2020
1KG	N170.94



 Wheat flour:
 prepacked
 (golden penny
 2kg

UNIT OF MEASUREMENT	JULY 2020
2KG	N669.48

SELECTED FOOD PRICE WATCH - JULY 2020

Yobe State









	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	443.75	-3.09	-2.18
Agric eggs(medium size price of one)	1 Piece	44.44	-1.23	14.17
Beans brown,sold loose	1Kg	187.5	2.27	-32.32
Beans:white black eye. sold loose	1Kg	216.14	3.57	-15.24
Beef Bone in	1Kg	909.89	1.1	-13.34
Beef,boneless	1Kg	1200	4.35	-0.95
Bread sliced 500g	1 loaf	259.31	3.72	-2.93
Bread unsliced 500g	1 loaf	195.5	11.71	-13.39
Broken Rice (Ofada)	1Kg	351.25	2.54	26.34
Chicken Feet	1Kg	411.89	-2.8	-4.27
Chicken Wings	1Kg	650.37	-4.33	-6.44
Evaporated tinned milk carnation 170g	1 unit	150	2.39	-7.6
Evaporated tinned milk(peak), 170g	1 unit	175.43	1.21	-4.49
Frozen chicken	1 unit	2200.15	-0.53	4.77
Gari white,sold loose	1Kg	187.41	1.76	6.7
Gari yellow,sold loose	1Kg	209.17	-3.81	54.2
Mudfish (aro) fresh	1Kg	850	-3.16	-10.53
Mudfish : dried	1Kg	1538.46	-0.82	-12.09
Onion bulb	1Kg	170.94	3.33	33.01
Rice agric sold loose	1Kg	303.36	4.95	12.21
Rice local sold loose	1Kg	268.42	4.39	21.57
Rice Medium Grained	1Kg	369.58	2.62	30.44
Rice,imported high quality sold loose	1Kg	409.38	0.77	32.46
Tomato	1Kg	162.5	13.75	-11.07
Yam tuber	1Kg	128.2	0.73	-30.98
Dried Fish Sardine	1Kg	1442.16	-3.75	-0.54
Iced Sardine	1Kg	946.11	-0.41	3.21
Irish potato	1Kg	260.87	-5.53	24.72
Sweet potato	1Kg	167.83	4.01	82.98
Tilapia fish (epiya) fresh	1Kg	488.5	-1.14	-11.18
Titus:frozen	1Kg	1158.79	-1.63	5.34
Catfish (obokun) fresh	1Kg	788.15	-1.24	5.09
Catfish :dried	1Kg	1601	-12.9	-15.37
Catfish Smoked	1Kg	1589.17	-4.08	-7.61
Mackerel : frozen	1Kg	903.45	-0.32	1.51
Groundnut oil: 1 bottle, specify bottle	1Ltr	552.6	-0.13	10.33
Maize grain white sold loose	1Kg	125.48	13.33	48.29
Maize grain yellow sold loose	1Kg	118.49	30.65	22.58
Palm oil: 1 bottle,specify bottle	1Ltr	458.51	1.89	1.27
Plantain(ripe)	1Kg	198.01	-1.11	-1
Plantain(unripe)	1Kg	194.72	-0.41	16.83
Vegetable oil:1 bottle,specify bottle	1Ltr	559.48	-0.09	26.66
Wheat flour: prepacked (golden penny 2kg)	2Kg	669.48	0.64	2.7
AVERAGE			1.47	6.6




SELECTED FOOD PRICE WATCH - JULY 2020




Zamfara State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N240.90
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N270.45
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N255.44
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JULY 2020 N361.43
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N256.53
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JULY 2020 N473.33
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N1280.00
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N186.79
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JULY 2020 N191.30
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JULY 2020 N656.25
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SELECTED FOOD PRICE WATCH - JULY 2020

Zamfara State



	Unit of Measurement	Jul-20	JUN 2020-JUL 2020	JUL 2019-JUL 2020)
Agric eggs medium size	1 Dozen	463.08	5.24	1.78
Agric eggs(medium size price of one)	1 Piece	39.21	-0.72	-1.96
Beans brown,sold loose	1Kg	270.45	2.11	5.74
Beans:white black eye. sold loose	1Kg	284.56	2.5	9.58
Beef Bone in	1Kg	1008.57	0.86	6.17
Beef,boneless	1Kg	1280	-0.14	4.49
Bread sliced 500g	1 loaf	361.43	3.27	20.73
Bread unsliced 500g	1 loaf	331.43	0.61	25.77
Broken Rice (Ofada)	1Kg	336.67	1.87	-11.01
Chicken Feet	1Kg	484.55	2.01	21.14
Chicken Wings	1Kg	630	5	-8.63
Evaporated tinned milk carnation 170g	1 unit	160	3.7	2.81
Evaporated tinned milk(peak), 170g	1 unit	187.14	4.86	-3.62
Frozen chicken	1 unit	2192	0.78	15.57
Gari white,sold loose	1Kg	191.3	21	24.98
Gari yellow,sold loose	1Kg	199.27	24.31	38.7
Mudfish (aro) fresh	1Kg	1058.33	-1.93	18.47
Mudfish : dried	1Kg	1450	-0.27	4.5
Onion bulb	1Kg	186.79	-3.38	36.4
Rice agric sold loose	1Kg	365.37	6.66	20.19
Rice local sold loose	1Kg	255.44	0.37	0.87
Rice Medium Grained	1Kg	381.75	2.15	18.7
Rice,imported high quality sold loose	1Kg	398.1	3.43	5.95
Tomato	1Kg	240.9	-1.8	58.1
Yam tuber	1Kg	256.53	14.94	78.63
Dried Fish Sardine	1Kg	1320	-2.22	-5.74
Iced Sardine	1Kg	990	-0.73	23.65
Irish potato	1Kg	205.45	3.47	10.88
Sweet potato	1Kg	112.84	15.34	35.23
Tilapia fish (epiya) fresh	1Kg	1054.55	5.45	18.49
Titus:frozen	1Kg	980	0.8	3.76
Catfish (obokun) fresh	1Kg	1001.5	2.72	11.01
Catfish :dried	1Kg	1160	0.87	-17.92
Catfish Smoked	1Kg	1535	-0.65	-1.29
Mackerel : frozen	1Kg	958.89	0.41	0.94
Groundnut oil: 1 bottle, specify bottle	1Ltr	634.29	9.82	37.58
Maize grain white sold loose	1Kg	152.85	18.55	70.4
Maize grain yellow sold loose	1Kg	182.43	48.23	99.21
Palm oil: 1 bottle,specify bottle	1Ltr	473.33	4.89	8.73
Plantain(ripe)	1Kg	215	1.9	29.53
Plantain(unripe)	1Kg	189	1.07	11.09
Vegetable oil:1 bottle,specify bottle	1Ltr	562.38	5.67	32.29
Wheat flour: prepacked (golden penny 2kg)	2Kg	656.25	3.27	-5.03
AVERAGE			5.03	17.6

Item Labels	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	MoM	YoY	Lowest	Highest	
Agric eggs medium size	512.99	520.16	507.69	518.46	522.71	514.66	498.50	485.19	487.51	472.85	463.11	494.43	437.13	519.07	527.32	552.09	548.66	539.75	471.75	474.13	472.73	482.90	477.76	466.97	459.86	464.27	459.81	467.18	464.87	495.33	468.31	461.89	456.81	462.46	463.91	457.80	454.17	448.26	461.15	476.72	462.46	472.83	474.12	0.27	1.24	Taraba (407.22)	Delta (572.35)
Agric eggs/medium size (price of one)	47.42	42.90	43.93	46.22	45.73	45.28	44.32	42.92	45.72	42.06	40.82	41.32	38.85	41.27	41.21	42.25	41.77	41.38	41.22	41.79	41.73	42.40	42.58	42.18	42.23	41.92	41.95	42.82	39.31	38.38	40.57	41.30	40.51	41.18	40.72	40.17	39.29	39.90	41.54	40.84	42.176	42.454	0.66	10.61	Taraba (36.5)	Delta (48.73)	
Beans brown/sold loose	353.60	337.11	353.28	357.19	365.86	374.26	382.35	370.25	404.84	382.58	369.78	361.97	385.53	387.48	395.34	395.19	407.73	418.78	411.02	410.16	416.07	411.05	396.73	386.78	382.76	373.91	368.07	372.84	365.32	342.82	327.18	318.99	308.93	307.30	299.48	285.61	276.30	267.81	277.05	277.49	289.89	300.26	358	-8.23	Bauchi (161.03)	Ebonyi (493.54)	
Beans white/black eye sold loose	305.63	309.85	318.45	324.04	332.28	339.64	343.96	335.71	358.13	342.05	337.09	314.93	344.52	348.55	357.04	355.32	367.23	369.43	361.33	361.68	362.71	354.22	346.41	344.72	336.72	338.05	330.76	329.45	329.66	311.40	289.78	273.71	285.74	292.00	284.65	281.60	268.80	255.25	241.74	250.33	251.43	259.39	268.38	477	-7.38	Taraba (183.07)	Ebonyi (445.08)
Beef Bone in	1001.24	995.65	1010.29	1035.45	1123.65	1129.02	1128.94	1151.38	1078.49	1081.30	1065.59	1067.73	1045.55	1017.28	1024.64	980.26	1011.11	1034.57	1028.12	1061.78	1027.66	1003.35	998.67	997.73	994.20	980.54	1023.39	1003.20	1009.69	1007.39	1021.84	1025.49	1045.86	1031.53	1035.38	1025.48	1047.12	1033.47	1069.9	1075.7	0.54	6.54	Osun (773.87)	Cross River (1396.13)			
Beef/boneless	1249.48	1270.67	1281.71	1323.10	1378.91	1393.42	1376.91	1276.85	1324.93	1312.73	1286.86	1236.44	1298.70	1274.71	1242.51	1257.73	1275.77	1271.54	1262.73	1281.02	1281.64	1260.59	1251.45	1270.81	1273.29	1254.99	1253.48	1271.10	1268.95	1240.44	1246.78	1244.23	1257.58	1281.59	1293.00	1292.52	1289.80	1279.60	1276.10	1307.68	1306.47	1317	1330.8	1.05	6.74	Adamawa (1101.82)	Bayelsa (1546.14)
Bread sliced 500g	302.87	299.75	297.51	296.63	307.70	320.58	314.47	304.20	310.62	305.88	298.96	290.05	313.43	314.17	305.88	306.54	305.98	308.00	305.25	307.97	303.84	299.19	305.48	296.91	299.11	299.98	297.87	297.28	292.73	293.49	301.36	302.59	296.56	299.59	304.06	302.45	303.06	304.60	316.55	315.00	320.1	318.56	-0.48	8.54	Gombe (242.5)	Bayelsa (462.5)	
Bread unsliced 500g	270.25	264.86	262.33	277.69	282.26	286.78	285.55	258.70	286.33	280.34	274.32	268.23	282.12	284.36	278.61	278.61	278.11	275.60	272.71	278.27	278.57	272.91	277.87	271.14	272.97	271.74	273.14	271.49	272.09	274.49	271.02	275.40	275.89	278.66	280.51	277.79	276.26	275.20	278.79	288.45	285.17	284.51	287.74	1.13	6.17	Yobe (195.5)	Bayelsa (457.14)
Broken Rice (Ofada)	377.41	392.04	421.54	425.53	460.10	472.29	473.60	415.34	431.59	416.18	417.24	319.86	411.19	405.69	399.47	400.94	405.03	404.43	403.56	379.29	384.49	370.21	385.61	381.64	382.15	385.81	382.45	381.13	377.77	373.49	367.44	366.22	370.30	371.89	396.86	406.94	409.31	404.32	390.54	408.05	405.58	420.31	426.36	1.44	16.04	Kano (272.96)	Lagos (677.95)
Catfish (bokoim) fresh	999.58	881.13	884.15	886.65	900.73	916.55	910.57	921.17	894.52	906.94	902.02	919.82	914.62	927.35	908.28	993.54	1011.31	1042.43	1064.74	1038.95	1089.25	1080.38	1112.09	1060.83	1073.51	1066.39	1045.14	1082.04	1063.03	1026.46	994.21	1008.32	1002.53	1004.38	1027.74	1043.41	1025.13	1023.84	1027.30	1048.90	1044.13	1058.9	1051.61	0.22	6.74	Yobe (708.15)	Anambra (1433.33)
Catfish dried	2204.12	2150.18	2189.55	2189.10	2213.64	2255.24	2215.25	2174.82	2159.00	2083.74	2214.33	2146.41	1852.92	1857.25	1793.58	1753.53	1779.71	1770.53	1792.12	1807.11	1746.55	2363.28	1814.07	1808.55	1814.67	1799.35	1791.90	1763.41	1746.55	1777.36	1700.51	1712.11	1709.80	1697.55	1723.23	1732.45	1720.55	1713.30	1711.32	1724.52	1709.24	1723.16	1677.2	2.41	-1.37	Zamfara (1140)	Imo (2740.02)
Catfish Smoked	817.09	825.35	834.26	837.09	845.91	848.41	853.18	852.93	839.49	845.10	847.46	1007.40	1540.80	1896.94	1524.76	1514.53	1520.93	1527.82	1504.39	1512.40	1499.60	1482.30	1490.84	1519.80	1509.19	1517.84	1517.28	1548.23	1552.13	1528.98	1504.20	1515.95	1499.70	1494.81	1501.28	1507.39	1502.48	1494.07	1501.97	1524.80	1523.47	1529.9	1536	0.40	2.12	Sokoto (1245)	Abia (1900.77)
Chicken Feet	765.28	785.42	707.51	768.11	819.59	832.79	832.64	834.74	817.19	800.10	790.91	1155.99	850.00	776.64	772.99	758.88	782.55	784.78	930.50	803.03	808.05	775.66	985.33	737.76	749.53	731.91	727.61	746.28	727.73	693.61	663.03	685.16	670.87	659.60	686.71	699.06	685.98	684.50	691.70	711.61	701.66	712.19	715.89	0.52	7.97	Taraba (349.15)	Bayelsa (1529.24)
Chicken Wings	919.09	863.46	980.88	886.58	925.55	952.18	958.05	946.93	979.32	960.71	953.60	950.56	950.77	954.99	935.83	921.49	925.54	960.56	963.05	992.48	1012.50	982.51	981.48	943.99	951.89	932.32	927.20	947.99	934.05	905.44	877.13	891.87	874.72	880.90	893.24	915.62	909.31	922.52	920.52	947.58	953.89	0.60	8.75	Adamawa (473)	Abuja (1510.50)		
Dried Fish Sardine	919.09	935.51	948.67	972.73	991.64	989.49	968.76	972.65	947.60	967.00	968.77	1077.82	1455.50	1405.75	1410.11	1371.80	1399.97	1378.57	1395.41	1382.94	1374.26	1365.68	1331.62	1342.97	1342.79	1380.38	1381.40	1414.37	1414.49	1394.73	1373.11	1379.51	1397.91	1397.91	1423.23	1444.94	1454.59	1440.71	1432.95	1447.58	1445.67	1455.3	1466.1	0.74	6.77	Taraba (349.15)	Bayelsa (1529.24)
Evaporated/sterilized milk carabon 120g	136.29	140.53	143.56	151.47	157.95	162.80	162.72	158.85	174.36	169.44	159.72	172.24	166.55	158.51	160.22	165.26	166.23	165.74	162.99	166.28	163.34	162.42	163.28	164.39	161.60	161.98	161.68	163.37	156.95	157.14	156.98	159.61	159.57	157.21	157.89	157.11	150.54	153.37	160.98	161.16	162.85	160.74	0.55	4.20	Adamawa (120)	Ekiti (200)	
Evaporated/sterilized milk (peak) 170g	157.75	164.14	177.05	177.15	198.42	194.67	195.94	190.53	206.00	198.67	197.02	194.44	196.71	191.14	187.61	188.14	192.93	189.39	187.84	184.25	189.29	187.25	187.56	189.98	190.68	190.92	188.23	188.18	189.51	188.90	188.59	186.61	186.15	187.44	183.56	184.80	185.63	183.81	183.12	190.07	190.07	191.71	193.03	0.49	2.35	Bauchi (170.69)	Keabi (220)
Frozen chicken	1419.75	1428.95	1555.51	1602.83	1605.97	1645.29	1623.84	1529.25	1570.26	1580.13	1571.48	1708.64	1547.50	1544.95	1544.95	1538.52	1538.52	1534.18	1532.22	1541.37	1535.22	1534.18	1558.22	1551.25	1605.15	1614.19	1632.71	1910.70	1701.62	1783.38	1770.45	1901.64	1993.98	2008.39	1995.58	1983.14	1948.59	1941.04	1958.10	1946.56	1950.5	1955.5	0.26	9.65	Kano (1425)	Plateau (2881.46)	
Gari/white sold loose	219.56	260.94	273.67	288.45	292.97	315.61	317.10	310.15	301.99	268.10	251.91	199.68	229.26	210.21	209.12	206.72	198.82	195.86	188.39	183.59	166.64	165.80	166.61	163.51	163.37	161.55	145.31	151.73	170.40	154.55	162.42	160.06	159.39	159.64	159.33	164.60	190.23	196.16	214.73	222.47	3.60	46.62	Kano (151.65)	Bayelsa (358.87)			
Rice yellow/sold loose	255.83	250.45	302.05	320.92	326.83	345.55	350.46	345.82	335.94	305.02	289.15	219.75	271.25	290.06	284.99	268.21	256.51	259.83	248.72	246.75	253.70	236.26	224.22	195.99	191.78	191.06	184.38	183.29	180.75	156.02	154.08	167.34	172.23	175.37	181.32	183.26	182.19	186.35	192.41	211.83	222.25	241.58	253.1	5.80	65.59	Adamawa (172.53)	Ebonyi (900.08)
Cross river oil 1 bottle, specify bottle	477.68	482.94	494.1	494.24	500.19	503.28	505.12	508.33	477.97	504.03																																					

A photograph of a market stall with several price signs. The signs are handwritten and feature items like 'Erculina', 'Mangos', and '1.99'. The background shows a busy market scene with people and other stalls.

METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

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