



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(JUNE 2020)

Report Date: July 2020

Data Source: National Bureau of Statistics (NBS)

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EXECUTIVE SUMMARY

Selected food price watch data for June 2020 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -4.54% and increased month-on-month by 2.24% to N472.83 in June 2020 from N462.46 in May 2020 while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 7.30% and month-on-month by 3.28% to N42.18 in June 2020 from N40.84 in May 2020.

The average price of 1kg of tomato increased year-on-year by 30.25% and month-on-month by 5.84% to N294.46 in June 2020 from N278.23 in May 2020.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 35.97% and increased month-on-month by 3.57% to N479.74 in June 2020 from N463.21 in May 2020.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 37.63% and month on month by 5.83% to N250.70 in June 2020 from N236.90 in May 2020.

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Agric Eggs



UNIT OF MEASUREMENT

1 Dozen



JUNE 2020

N472.83



YEAR - ON - YEAR

-4.54



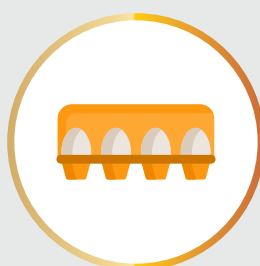
MONTH - ON - MONTH

2.24



Lowest Price

Taraba (403)



Agric eggs
medium size

Highest Price

Delta (552.35)



UNIT OF MEASUREMENT

1 Piece



JUNE 2020

N42.18



YEAR - ON - YEAR

7.30



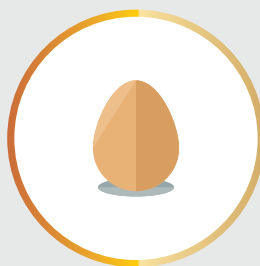
MONTH - ON - MONTH

3.28



Lowest Price

Taraba (36.05)



Agric eggs
(medium size price of one)

Highest Price

Rivers (48.18)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Beans



UNIT OF MEASUREMENT

1KG

JUNE 2020

N289.89

YEAR - ON - YEAR

-15.44

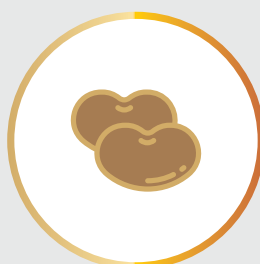
MONTH - ON - MONTH

4.47



Lowest Price

Bauchi (153.33)



Beans brown,
sold loose

Highest Price

Ebonyi (490.48)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N259.39

YEAR - ON - YEAR

-16.70

MONTH - ON - MONTH

3.16



Lowest Price

Taraba (175.46)



Beans: white
black eye. sold loose

Highest Price

Ebonyi (441.9)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Beef



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1069.85

YEAR - ON - YEAR

6.64

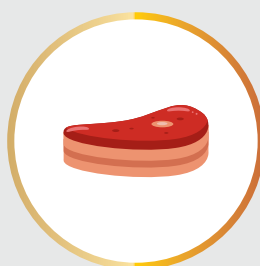
MONTH - ON - MONTH

1.55



Lowest Price

Osun (761)



Beef Bone in

Highest Price

Cross River (1426.08)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1317.04

YEAR - ON - YEAR

6.18

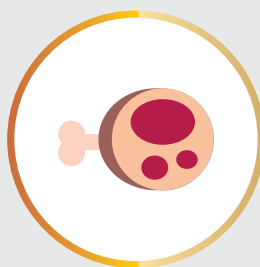
MONTH - ON - MONTH

0.81



Lowest Price

Adamawa (1047.18)



Beef ,boneless

Highest Price

Bayelsa (1537.17)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Bread



UNIT OF MEASUREMENT

1 loaf

JUNE 2020

N320.10

YEAR - ON - YEAR

9.35

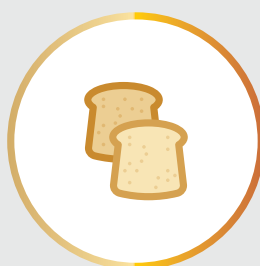
MONTH - ON - MONTH

1.62



Lowest Price

Gombe (240.83)



Highest Price

Bayelsa (450)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf

JUNE 2020

N284.51

YEAR - ON - YEAR

3.65

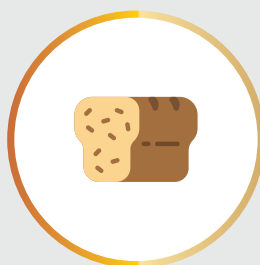
MONTH - ON - MONTH

-0.23



Lowest Price

Yobe (175)



Highest Price

Bayelsa (428.13)



Bread unsliced 500g

SELECTED FOOD PRICE WATCH - JUNE 2020

National - Rice



UNIT OF MEASUREMENT

1KG

JUNE 2020

N420.31

YEAR - ON - YEAR

12.54

MONTH - ON - MONTH

3.63



Lowest Price

Kano (266.46)



Highest Price

Oyo (650)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N394.57

YEAR - ON - YEAR

23.98

MONTH - ON - MONTH

1.23



Lowest Price

Kebbi (264.81)



Highest Price

Bayelsa (601.41)



Rice agric sold loose

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Rice



UNIT OF MEASUREMENT

1KG

JUNE 2020

N347.54

YEAR - ON - YEAR

28.20

MONTH - ON - MONTH

0.76



Lowest Price

Sokoto (246.06)



Highest Price

Bayelsa (522.16)



Rice local sold loose



UNIT OF MEASUREMENT

1KG

JUNE 2020

N400.73

YEAR - ON - YEAR

30.08

MONTH - ON - MONTH

2.08



Lowest Price

Kogi (261.07)



Highest Price

Bayelsa (621.21)



Rice Medium Grained

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Rice



UNIT OF MEASUREMENT

1KG



JUNE 2020

N479.74



YEAR - ON - YEAR

35.97



MONTH - ON - MONTH

3.57



Lowest Price

Sokoto (357.62)



Highest Price

Bayelsa (685.08)



Rice, imported high
quality sold loose

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Chicken



UNIT OF MEASUREMENT

1KG

JUNE 2020

N712.19

YEAR - ON - YEAR

2.68

MONTH - ON - MONTH

1.50



Lowest Price

Bauchi (350)



Chicken Feet

Highest Price

Bayelsa (1259.89)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N948.24

YEAR - ON - YEAR

4.73

MONTH - ON - MONTH

2.04



Lowest Price

Adamawa (500)



Chicken Wings

Highest Price

Edo (1491.63)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Chicken



UNIT OF MEASUREMENT

1 Unit



JUNE 2020

N1950.47



YEAR - ON - YEAR

11.27



MONTH - ON - MONTH

0.30



Lowest Price

Kano (1400)



Frozen Chicken

Highest Price

Plateau (2920)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

JUNE 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N162.85

3.76

1.05



Lowest Price

Adamawa (120)



Highest Price

Kogi (250)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

JUNE 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N191.71

1.48

0.90



Lowest Price

Borno (150)



Highest Price

Kogi (250.71)



Evaporated tinned
milk(peak), 170g

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Garri



UNIT OF MEASUREMENT

1KG



JUNE 2020

N214.73



YEAR - ON - YEAR

47.77



MONTH - ON - MONTH

9.47



Lowest Price

Kano (142.71)



Highest Price

Bayelsa (388.35)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



JUNE 2020

N241.58



YEAR - ON - YEAR

54.83



MONTH - ON - MONTH

8.70



Lowest Price

Katsina (153.82)



Highest Price

Bayelsa (381.56)



Gari yellow, sold loose

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Mudfish



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1005.84

YEAR - ON - YEAR

1.45

MONTH - ON - MONTH

0.85



Lowest Price

Adamawa (725)



Highest Price

Enugu (1557.82)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1744.34

YEAR - ON - YEAR

-2.38

MONTH - ON - MONTH

-0.39



Lowest Price

Gombe (1250)



Highest Price

Ogun (2492.04)



Mudfish : Dried

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1058.90

YEAR - ON - YEAR

3.34

MONTH - ON - MONTH

1.42



Lowest Price

Yobe (798.04)



Highest Price

Abia (1419.9)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1722.18

YEAR - ON - YEAR

-0.30

MONTH - ON - MONTH

0.76



Lowest Price

Zamfara (1150)



Highest Price

Cross River (2779.21)



Catfish :Dried

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1529.88

YEAR - ON - YEAR

0.06

MONTH - ON - MONTH

0.42



Lowest Price

Sokoto (1240)



Catfish Smoked

Highest Price

Abuja (1871.51)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1455.32

YEAR - ON - YEAR

4.34

MONTH - ON - MONTH

0.67



Lowest Price

Katsina (980)



Dried Fish Sardine

Highest Price

Anambra (1825)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1008.23

YEAR - ON - YEAR

12.05

MONTH - ON - MONTH

1.38



Lowest Price

Osun (657.95)



Iced Sardine

Highest Price

Imo (1280.95)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N872.94

YEAR - ON - YEAR

3.22

MONTH - ON - MONTH

1.39



Lowest Price

Yobe (494.12)



Tilapia Fish (Epiya) Fresh

Highest Price

Abuja (1301.92)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Fish



UNIT OF MEASUREMENT

1KG

JUNE 2020

N1018.79

YEAR - ON - YEAR

8.32

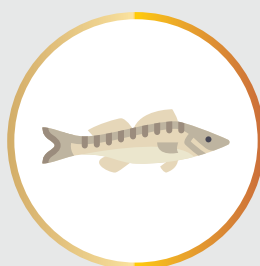
MONTH - ON - MONTH

1.41



Lowest Price

Osun (734.44)



Titus: Frozen

Highest Price

Delta (1310.28)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N976.99

YEAR - ON - YEAR

5.50

MONTH - ON - MONTH

1.85



Lowest Price

Ekiti (725.34)



Mackerel : Frozen

Highest Price

Abuja (1300)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG

JUNE 2020

N250.70

YEAR - ON - YEAR

37.63

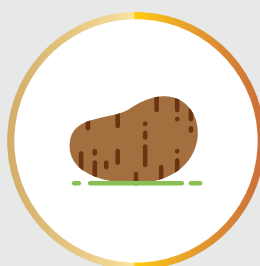
MONTH - ON - MONTH

5.83



Lowest Price

Yobe (127.27)



Yam Tuber

Highest Price

Bayelsa (496.22)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N324.81

YEAR - ON - YEAR

18.50

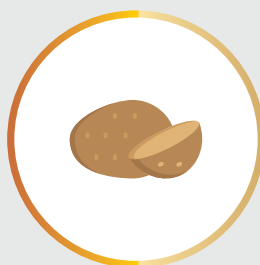
MONTH - ON - MONTH

6.64



Lowest Price

Kwara (150)



Irish Potato

Highest Price

Akwa Ibom (544.44)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



JUNE 2020

N171.94



YEAR - ON - YEAR

27.17



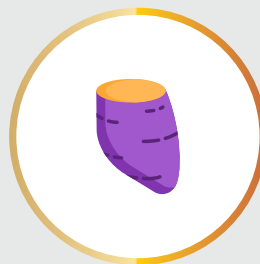
MONTH - ON - MONTH

11.20



Lowest Price

Jigawa (80.49)



Sweet Potato

Highest Price

Benue (282.83)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG

JUNE 2020

N294.46

YEAR - ON - YEAR

30.25

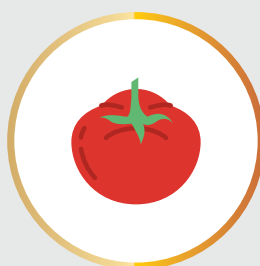
MONTH - ON - MONTH

5.84



Lowest Price

Borno (105.97)



Tomato

Highest Price

Rivers (518.87)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N233.24

YEAR - ON - YEAR

11.67

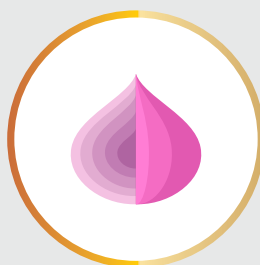
MONTH - ON - MONTH

5.35



Lowest Price

Borno (120)



Onion bulb

Highest Price

Bayelsa (400.08)



SELECTED FOOD PRICE WATCH - JUNE 2020

National – Maize Grain



UNIT OF MEASUREMENT

1KG

JUNE 2020

N178.26

YEAR - ON - YEAR

26.96

MONTH - ON - MONTH

6.18



Lowest Price

Borno (80.36)



Highest Price

Bayelsa (312.88)



Maize grain
white sold loose



UNIT OF MEASUREMENT

1KG

JUNE 2020

N181.90

YEAR - ON - YEAR

26.98

MONTH - ON - MONTH

7.16



Lowest Price

Borno (89.29)



Highest Price

Bayelsa (354)



Maize grain
yellow sold loose

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Plantain



UNIT OF MEASUREMENT

1KG

JUNE 2020

N245.86

YEAR - ON - YEAR

11.53

MONTH - ON - MONTH

8.61



Lowest Price

Kwara (188.59)



Highest Price

Rivers (358.49)



Plantain (ripe)



UNIT OF MEASUREMENT

1KG

JUNE 2020

N238.58

YEAR - ON - YEAR

15.05

MONTH - ON - MONTH

9.04



Lowest Price

Ekiti (167.38)



Highest Price

Plateau (339.05)



Plantain (unripe)

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr

JUNE 2020

N620.31

YEAR - ON - YEAR

11.11

MONTH - ON - MONTH

3.19



Lowest Price

Kebbi (431.43)



Highest Price

Delta (879.17)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr

JUNE 2020

N473.75

YEAR - ON - YEAR

2.65

MONTH - ON - MONTH

2.21



Lowest Price

Kwara (396.92)



Highest Price

Plateau (560)



**Palm oil: 1 bottle,
specify bottle**

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr



JUNE 2020

N568.50



YEAR - ON - YEAR

14.75



MONTH - ON - MONTH

2.47



Lowest Price

Kebbi (477.78)



Highest Price

Rivers (696.32)



Vegetable Oil:1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - JUNE 2020

National – Wheat Flour



UNIT OF MEASUREMENT

2KG



JUNE 2020

N707.31



YEAR - ON - YEAR

4.81



MONTH - ON - MONTH

1.27



Lowest Price

Ondo (595.5)



Highest Price

Bayelsa (835.25)









Wheat flour: prepacked
(golden penny 2kg)




SELECTED FOOD PRICE WATCH - JUNE 2020




Abia State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N481.64
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N361.09
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N365.91
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N386.25
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N198.18
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N440.61
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1489.95
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N349.54
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N281.39
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N755.56
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SELECTED FOOD PRICE WATCH - JUNE 2020


Abia State





	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	520.12	-4.86	-1.06
Agric eggs(medium size price of one)	1 Piece	44.78	4.39	11.96
Beans brown,sold loose	1Kg	361.09	2.24	-24.92
Beans:white black eye. sold loose	1Kg	333.77	1.94	-26.39
Beef Bone in	1Kg	1122	-2.76	13.05
Beef,boneless	1Kg	1489.95	-1.16	7.55
Bread sliced 500g	1 loaf	386.25	0.96	-5.21
Bread unsliced 500g	1 loaf	323.41	-5	0.28
Broken Rice (Ofada)	1Kg	525.37	0.6	26.58
Chicken Feet	1Kg	810	7.77	17.02
Chicken Wings	1Kg	1400	4.58	27.85
Evaporated tinned milk carnation 170g	1 unit	157.61	0.6	-7.84
Evaporated tinned milk(peak), 170g	1 unit	219.13	8.52	14.27
Frozen chicken	1 unit	1966.67	3.3	22.29
Gari white,sold loose	1Kg	281.39	32.24	139.09
Gari yellow,sold loose	1Kg	299.12	19.47	132.87
Mudfish (aro) fresh	1Kg	1250.39	0.6	5.52
Mudfish : dried	1Kg	2439.29	0.88	0.98
Onion bulb	1Kg	349.54	11.59	57.6
Rice agric sold loose	1Kg	417.7	-1.76	17.91
Rice local sold loose	1Kg	365.91	-2.53	15.57
Rice Medium Grained	1Kg	416.5	-6.24	17.95
Rice,imported high quality sold loose	1Kg	508.16	-2.83	46.78
Tomato	1Kg	481.64	20.25	90.23
Yam tuber	1Kg	198.18	-4.64	32.95
Dried Fish Sardine	1Kg	1605.26	4.98	16.81
Iced Sardine	1Kg	1130	0.78	37.86
Irish potato	1Kg	402.15	1.86	34.05
Sweet potato	1Kg	142.14	-5.01	3.84
Tilapia fish (epiya) fresh	1Kg	917.63	0.8	-1.47
Titus:frozen	1Kg	1185.97	7.29	28.58
Catfish (obokun) fresh	1Kg	1419.9	0.8	20.81
Catfish :dried	1Kg	2368.42	3.84	8.31
Catfish Smoked	1Kg	1722.47	-3.53	4.08
Mackerel : frozen	1Kg	1084.03	-2.56	22.66
Groundnut oil: 1 bottle, specify bottle	1Ltr	722.22	2.55	15.53
Maize grain white sold loose	1Kg	270.37	-1.43	42.64
Maize grain yellow sold loose	1Kg	289.44	-0.13	71.76
Palm oil: 1 bottle,specify bottle	1Ltr	440.61	0.65	22.14
Plantain(ripe)	1Kg	266.14	4.09	31.76
Plantain(unripe)	1Kg	235.83	-1.51	11.22
Vegetable oil:1 bottle,specify bottle	1Ltr	595.9	-1.27	2.48
Wheat flour: prepacked (golden penny 2kg)	2Kg	755.56	-0.94	2.21
AVERAGE			2.31	23.45


SELECTED FOOD PRICE WATCH - JUNE 2020



Abuja FCT


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N295.98



Tomato




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N389.96



Rice
Local sold
Loose




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N304.20



Yam Tuber




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1510.00



Beef,
boneless




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N239.05



Garri
white,sold
Loose




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N265.92



Beans
brown,
sold loose




	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N392.86



Bread
sliced
500g




	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N527.50



Palm oil:
1 bottle



	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N198.49

Onion bulb



	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N758.33

Wheat flour:
prepacked
(golden penny
2kg

SELECTED FOOD PRICE WATCH - JUNE 2020

Abuja FCT






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	450	-0.44	-4.76
Agric eggs(medium size price of one)	1 Piece	38.88	9.1	0.32
Beans brown,sold loose	1Kg	265.92	7.11	-11.83
Beans:white black eye. sold loose	1Kg	235.21	5.65	-28.61
Beef Bone in	1Kg	1128.67	0.3	2.14
Beef,boneless	1Kg	1510	0.67	11.65
Bread sliced 500g	1 loaf	392.86	9.63	14.98
Bread unsliced 500g	1 loaf	355	3.9	9.23
Broken Rice (Ofada)	1Kg	443.75	10.13	3.18
Chicken Feet	1Kg	671.51	0.09	-3.4
Chicken Wings	1Kg	1450	-1.53	26.09
Evaporated tinned milk carnation 170g	1 unit	160	-0.52	-3.52
Evaporated tinned milk(peak), 170g	1 unit	185	-0.01	8.82
Frozen chicken	1 unit	1850	-1.94	-1.6
Gari white,sold loose	1Kg	239.05	1.76	80.58
Gari yellow,sold loose	1Kg	279.62	0.34	95.25
Mudfish (aro) fresh	1Kg	1300	3.4	-5.45
Mudfish : dried	1Kg	2125	2.54	-1.17
Onion bulb	1Kg	198.49	-9.17	-6.06
Rice agric sold loose	1Kg	548.39	-1.94	95.43
Rice local sold loose	1Kg	389.96	7.42	23.86
Rice Medium Grained	1Kg	540.54	-0.61	69.87
Rice,imported high quality sold loose	1Kg	580.37	-1.42	67.98
Tomato	1Kg	295.98	3.3	46.09
Yam tuber	1Kg	304.2	-4.99	-5.06
Dried Fish Sardine	1Kg	1650	-2.76	4.7
Iced Sardine	1Kg	1150	-5.01	2.68
Irish potato	1Kg	420.03	18.1	41.93
Sweet potato	1Kg	211.01	16.5	45.2
Tilapia fish (epiya) fresh	1Kg	1301.92	6.08	3.33
Titus:frozen	1Kg	1215	1.33	0.47
Catfish (obokun) fresh	1Kg	1250	3.66	-6.02
Catfish :dried	1Kg	2450.67	1.65	16.19
Catfish Smoked	1Kg	1871.51	1.11	4.6
Mackerel : frozen	1Kg	1300	1.74	1.96
Groundnut oil: 1 bottle, specify bottle	1Ltr	633.33	-4.39	2.14
Maize grain white sold loose	1Kg	163.42	3.39	16.05
Maize grain yellow sold loose	1Kg	171.57	4.94	28.64
Palm oil: 1 bottle,specify bottle	1Ltr	527.5	2.76	5.43
Plantain(ripe)	1Kg	250.9	8.84	19.87
Plantain(unripe)	1Kg	263.78	9.04	22.47
Vegetable oil:1 bottle,specify bottle	1Ltr	608.33	2.66	20.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	758.33	-1.09	13.75
AVERAGE			2.59	16.92


SELECTED FOOD PRICE WATCH - JUNE 2020



Adamawa State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N207.98



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N218.76



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N330.15



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N285.71



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N168.13



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N530.48



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1047.18



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N137.23

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N209.71

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N700.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Adamawa State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	432.14	-1.25	-12.7
Agric eggs(medium size price of one)	1 Piece	44.17	4.71	12.58
Beans brown,sold loose	1Kg	218.76	6.07	-28.03
Beans:white black eye. sold loose	1Kg	201.08	6.75	-29.43
Beef Bone in	1Kg	988.03	6.33	-8.01
Beef,boneless	1Kg	1047.18	-5.73	-8.61
Bread sliced 500g	1 loaf	285.71	6.48	3.9
Bread unsliced 500g	1 loaf	220	-16.26	-17.5
Broken Rice (Ofada)	1Kg	321.68	-3.05	0.8
Chicken Feet	1Kg	450	-2.03	-10
Chicken Wings	1Kg	500	-5.64	-19.61
Evaporated tinned milk carnation 170g	1 unit	120	-17.25	-14.29
Evaporated tinned milk(peak), 170g	1 unit	181.33	-2.55	-2.59
Frozen chicken	1 unit	1550	-2.21	-1.27
Gari white,sold loose	1Kg	209.71	30.4	42.61
Gari yellow,sold loose	1Kg	206.43	9.64	56.64
Mudfish (aro) fresh	1Kg	725	-5.18	-20.89
Mudfish : dried	1Kg	1576.47	-0.59	-17.4
Onion bulb	1Kg	137.23	14.74	-25.15
Rice agric sold loose	1Kg	323.1	6.52	25.34
Rice local sold loose	1Kg	330.15	10.94	50.35
Rice Medium Grained	1Kg	305.56	-0.26	5.11
Rice,imported high quality sold loose	1Kg	410.06	21.49	38.57
Tomato	1Kg	207.98	25.39	35.87
Yam tuber	1Kg	168.13	59.69	30.75
Dried Fish Sardine	1Kg	1737.5	2.21	-7.7
Iced Sardine	1Kg	975	-2.5	14.37
Irish potato	1Kg	207.23	16.03	-28.46
Sweet potato	1Kg	138.45	21.8	56.28
Tilapia fish (epiya) fresh	1Kg	592.23	-0.65	-8.39
Titus:frozen	1Kg	883.33	-4.23	-4.1
Catfish (obokun) fresh	1Kg	1128.57	5.35	6.94
Catfish :dried	1Kg	1337.3	0.3	-4.8
Catfish Smoked	1Kg	1330.95	-0.15	-3.43
Mackerel : frozen	1Kg	1012.84	0.73	18.17
Groundnut oil: 1 bottle, specify bottle	1Ltr	547.62	12.86	12.22
Maize grain white sold loose	1Kg	128.19	4.71	60.09
Maize grain yellow sold loose	1Kg	120.69	0.01	54.06
Palm oil: 1 bottle,specify bottle	1Ltr	530.48	2.36	5.46
Plantain(ripe)	1Kg	230.77	0.05	4.65
Plantain(unripe)	1Kg	272.06	19.16	63.24
Vegetable oil:1 bottle,specify bottle	1Ltr	547.69	9.47	9.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	-4.43	-4.55
AVERAGE			5.35	7.68




SELECTED FOOD PRICE WATCH - JUNE 2020




Akwa Ibom State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N450.52
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N405.37
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N382.96
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N357.69
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N421.89
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N450.00
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1430.94
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N357.43
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N195.41
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N801.67
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SELECTED FOOD PRICE WATCH - JUNE 2020

Akwa Ibom State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	425	-3.53	-12.55
Agric eggs(medium size price of one)	1 Piece	45.33	11.87	13.33
Beans brown,sold loose	1Kg	405.37	0.43	-6.05
Beans:white black eye. sold loose	1Kg	398.51	0.77	-9.93
Beef Bone in	1Kg	1151.33	2.67	12.07
Beef,boneless	1Kg	1430.94	0.14	0.61
Bread sliced 500g	1 loaf	357.69	-2.54	-5.87
Bread unsliced 500g	1 loaf	345.83	-1.31	2.98
Broken Rice (Ofada)	1Kg	430.64	2.53	25.02
Chicken Feet	1Kg	712.33	1.72	4.48
Chicken Wings	1Kg	1150	1.47	14.92
Evaporated tinned milk carnation 170g	1 unit	173.76	-0.89	15.84
Evaporated tinned milk(peak), 170g	1 unit	197.5	-1.66	4.45
Frozen chicken	1 unit	2200	2.33	22.22
Gari white,sold loose	1Kg	195.41	8.05	64.7
Gari yellow,sold loose	1Kg	233.13	4.99	63.77
Mudfish (aro) fresh	1Kg	1212.32	0.45	-3.02
Mudfish : dried	1Kg	1990.99	-0.59	7.46
Onion bulb	1Kg	357.43	5.46	2.78
Rice agric sold loose	1Kg	453.33	0.74	15.25
Rice local sold loose	1Kg	382.96	0.78	28.61
Rice Medium Grained	1Kg	502.59	0.52	40.04
Rice,imported high quality sold loose	1Kg	555.33	0.14	38.49
Tomato	1Kg	450.52	14.44	16.83
Yam tuber	1Kg	421.89	4.19	75.43
Dried Fish Sardine	1Kg	1379.55	-1.07	2.19
Iced Sardine	1Kg	1015.15	9.83	5.39
Irish potato	1Kg	544.44	8.68	25.88
Sweet potato	1Kg	230.95	-6.68	21.96
Tilapia fish (epiya) fresh	1Kg	1182.22	-0.09	19.54
Titus:frozen	1Kg	1130.54	4.83	16.05
Catfish (obokun) fresh	1Kg	1339.6	-4.12	2.43
Catfish :dried	1Kg	1804.44	2.79	13.14
Catfish Smoked	1Kg	1567.35	1.18	9.58
Mackerel : frozen	1Kg	958.55	6.35	9.85
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	5.88	-5.26
Maize grain white sold loose	1Kg	281.85	-4.16	14.09
Maize grain yellow sold loose	1Kg	289.51	2.85	23.14
Palm oil: 1 bottle,specify bottle	1Ltr	450	6.96	-8.99
Plantain(ripe)	1Kg	312.79	3.93	0.61
Plantain(unripe)	1Kg	295.05	11.38	7.07
Vegetable oil:1 bottle,specify bottle	1Ltr	640	1.05	14.83
Wheat flour: prepacked (golden penny 2kg)	2Kg	801.67	-0.15	11.86
AVERAGE			2.39	14.31




SELECTED FOOD PRICE WATCH - JUNE 2020




Anambra State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N408.82




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N328.13




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N314.78




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N373.33




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N181.15

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N402.90

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1510.32

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N222.36

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N255.06

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N768.18

SELECTED FOOD PRICE WATCH - JUNE 2020

Anambra State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	523.18	-4.33	-4.88
Agric eggs (medium size price of one)	1 Piece	44.53	3.96	11.32
Beans brown, sold loose	1Kg	328.13	5.71	-20.67
Beans: white black eye. sold loose	1Kg	297.6	0.72	-25.91
Beef Bone in	1Kg	1115.54	2.26	16.11
Beef, boneless	1Kg	1510.32	0.27	10.06
Bread sliced 500g	1 loaf	373.33	-3.21	13.13
Bread unsliced 500g	1 loaf	327.86	1.19	9.29
Broken Rice (Ofada)	1Kg	512.55	0.5	29.72
Chicken Feet	1Kg	914.36	6.88	14.3
Chicken Wings	1Kg	1400	5	40
Evaporated tinned milk carnation 170g	1 unit	172.149	0.5	-6.46
Evaporated tinned milk (peak), 170g	1 unit	200.78	0.57	7.21
Frozen chicken	1 unit	2093.33	1.34	14.67
Gari white, sold loose	1Kg	255.06	24.39	85.28
Gari yellow, sold loose	1Kg	235.69	1.17	47.73
Mudfish (aro) fresh	1Kg	1069.52	0.5	5.12
Mudfish : dried	1Kg	2250	0.5	1.56
Onion bulb	1Kg	222.36	-17.07	-11.03
Rice agric sold loose	1Kg	410.48	-3.13	12.46
Rice local sold loose	1Kg	314.78	1.79	17.38
Rice Medium Grained	1Kg	425.33	0.66	20.38
Rice, imported high quality sold loose	1Kg	530.1	1.16	34.98
Tomato	1Kg	408.82	4.68	72.89
Yam tuber	1Kg	181.15	-6.45	21
Dried Fish Sardine	1Kg	1825	-2.16	19.22
Iced Sardine	1Kg	1250	3.12	6.62
Irish potato	1Kg	500.3	16.38	15.96
Sweet potato	1Kg	184.61	13.8	-7.18
Tilapia fish (epiya) fresh	1Kg	864.89	0.5	-5.22
Titus: frozen	1Kg	1053.22	3.11	11.74
Catfish (obokun) fresh	1Kg	1409.09	0.65	17.57
Catfish :dried	1Kg	2317.45	1.28	7.74
Catfish Smoked	1Kg	1616.47	1.03	1.03
Mackerel : frozen	1Kg	1086.77	0.6	11.16
Groundnut oil: 1 bottle, specify bottle	1Ltr	800	5.73	14.29
Maize grain white sold loose	1Kg	234.53	-0.67	-0.78
Maize grain yellow sold loose	1Kg	235.61	-2.95	-0.32
Palm oil: 1 bottle, specify bottle	1Ltr	402.9	-9.06	-5.84
Plantain (ripe)	1Kg	321.19	8.85	20.63
Plantain (unripe)	1Kg	302.18	10.27	21.03
Vegetable oil: 1 bottle, specify bottle	1Ltr	535.15	-0.9	7.63
Wheat flour: prepacked (golden penny 2kg)	2Kg	768.18	0	2.42
AVERAGE			1.84	12.87




SELECTED FOOD PRICE WATCH - JUNE 2020




Bauchi State









		
Tomato	UNIT OF MEASUREMENT 1KG	JUNE 2020 N129.85




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	JUNE 2020 N302.73




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	JUNE 2020 N193.27




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	JUNE 2020 N1242.86




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	JUNE 2020 N165.02

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	JUNE 2020 N153.33

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	JUNE 2020 N250.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	JUNE 2020 N464.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	JUNE 2020 N149.27

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	JUNE 2020 N746.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Bauchi State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	425.71	-4.09	-12.22
Agric eggs(medium size price of one)	1 Piece	39	-1.55	-0.43
Beans brown,sold loose	1Kg	153.33	-20.27	-45.17
Beans:white black eye. sold loose	1Kg	190.74	-11.2	-30.82
Beef Bone in	1Kg	925	-2.12	3.07
Beef,boneless	1Kg	1242.86	3.37	5.96
Bread sliced 500g	1 loaf	250	14.8	10.84
Bread unsliced 500g	1 loaf	214.62	-1.33	-4.81
Broken Rice (Ofada)	1Kg	381.1	8.9	27.26
Chicken Feet	1Kg	350	1.15	15.78
Chicken Wings	1Kg	600	-0.24	11.9
Evaporated tinned milk carnation 170g	1 unit	130	-13.33	-5.8
Evaporated tinned milk(peak), 170g	1 unit	165	-5.96	-8.16
Frozen chicken	1 unit	1650	-1.79	6.45
Gari white,sold loose	1Kg	165.02	-14.26	20.93
Gari yellow,sold loose	1Kg	204.78	7.23	44.78
Mudfish (aro) fresh	1Kg	805	4.65	-17.72
Mudfish : dried	1Kg	1376.35	-1.9	-9.29
Onion bulb	1Kg	149.27	14.09	15.7
Rice agric sold loose	1Kg	354.65	3.48	34.56
Rice local sold loose	1Kg	302.73	-9.28	37.5
Rice Medium Grained	1Kg	324.4	9	26.48
Rice,imported high quality sold loose	1Kg	408.86	16.2	31.95
Tomato	1Kg	129.85	0.82	22.55
Yam tuber	1Kg	193.27	45.84	55.6
Dried Fish Sardine	1Kg	1350	1.54	5.06
Iced Sardine	1Kg	877.78	-2.94	-2.47
Irish potato	1Kg	229.23	10.82	-16.74
Sweet potato	1Kg	135.21	42.88	81.67
Tilapia fish (epiya) fresh	1Kg	716.67	1.21	26.47
Titus:frozen	1Kg	900	-3.57	0
Catfish (obokun) fresh	1Kg	1150	6.72	2.07
Catfish :dried	1Kg	1777.78	0.98	-1.09
Catfish Smoked	1Kg	1450	-0.02	-9.32
Mackerel : frozen	1Kg	975	-2.54	-1.4
Groundnut oil: 1 bottle, specify bottle	1Ltr	522.38	12.28	8.33
Maize grain white sold loose	1Kg	121.92	12.88	45.69
Maize grain yellow sold loose	1Kg	121.74	14.07	47.02
Palm oil: 1 bottle,specify bottle	1Ltr	464	3.77	-5.71
Plantain(ripe)	1Kg	207.69	14.23	-23.08
Plantain(unripe)	1Kg	266.67	33.07	33.33
Vegetable oil:1 bottle,specify bottle	1Ltr	525	-3.96	18.72
Wheat flour: prepacked (golden penny 2kg)	2Kg	746	0.81	6.07
AVERAGE			4.29	10.5




SELECTED FOOD PRICE WATCH - JUNE 2020




Bayelsa State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N502.73
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N467.09
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N522.16
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N450.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N496.22
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N522.50
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1537.17
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N400.08
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N388.35
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N835.25
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SELECTED FOOD PRICE WATCH - JUNE 2020

Bayelsa State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	545.25	-0.02	8.33
Agric eggs(medium size price of one)	1 Piece	46.67	1.73	16.67
Beans brown,sold loose	1Kg	467.09	0.86	5.94
Beans:white black eye. sold loose	1Kg	416.58	0.24	1.35
Beef Bone in	1Kg	1352.14	0.02	10.56
Beef,boneless	1Kg	1537.17	0.16	11.73
Bread sliced 500g	1 loaf	450	0.36	0
Bread unsliced 500g	1 loaf	428.13	0.28	0.74
Broken Rice (Ofada)	1Kg	519.05	1.08	26.25
Chicken Feet	1Kg	1259.89	-3.04	17.19
Chicken Wings	1Kg	1382.43	1.4	15.62
Evaporated tinned milk carnation 170g	1 unit	158.33	1.06	10.47
Evaporated tinned milk(peak), 170g	1 unit	190	0.71	5.56
Frozen chicken	1 unit	2290.91	3.09	13.16
Gari white,sold loose	1Kg	388.35	9.55	93.79
Gari yellow,sold loose	1Kg	381.56	2.8	84.04
Mudfish (aro) fresh	1Kg	1170.36	-0.95	15.47
Mudfish : dried	1Kg	1768.01	-3.5	-9.73
Onion bulb	1Kg	400.08	14.23	23.1
Rice agric sold loose	1Kg	601.41	0.17	23.01
Rice local sold loose	1Kg	522.16	0.42	26.82
Rice Medium Grained	1Kg	621.21	3.47	39.6
Rice,imported high quality sold loose	1Kg	685.08	2.18	38.87
Tomato	1Kg	502.73	6.79	32.79
Yam tuber	1Kg	496.22	1.27	80.66
Dried Fish Sardine	1Kg	1561.4	3.69	11.07
Iced Sardine	1Kg	1248.9	-2.88	37.88
Irish potato	1Kg	400.24	3.11	18.38
Sweet potato	1Kg	241.31	0.72	8.39
Tilapia fish (epiya) fresh	1Kg	1290.06	-1.25	5.39
Titus:frozen	1Kg	995.8	-3.45	6.83
Catfish (obokun) fresh	1Kg	1301.66	0.97	-6.45
Catfish :dried	1Kg	2026.36	2.19	7.02
Catfish Smoked	1Kg	1709.01	2.54	3.33
Mackerel : frozen	1Kg	948.37	-5.96	2.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	500	-9.13	-11.76
Maize grain white sold loose	1Kg	312.88	1.69	31.34
Maize grain yellow sold loose	1Kg	354	-0.35	24.94
Palm oil: 1 bottle,specify bottle	1Ltr	522.5	-0.16	4.5
Plantain(ripe)	1Kg	329.42	21.91	70.2
Plantain(unripe)	1Kg	300.49	23.92	57.64
Vegetable oil:1 bottle,specify bottle	1Ltr	561.9	1.75	-3.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	835.25	0.81	16.17
AVERAGE			1.96	20.35




SELECTED FOOD PRICE WATCH - JUNE 2020




Benue State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N217.30
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N288.67
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N329.59
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N333.33
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N193.30
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N485.19
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1251.11
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N127.06
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N192.42
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N730.00
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SELECTED FOOD PRICE WATCH - JUNE 2020

Benue State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	451.43	2.83	-10.11
Agric eggs(medium size price of one)	1 Piece	45.33	7.7	13.33
Beans brown,sold loose	1Kg	288.67	-1.89	-18.4
Beans:white black eye. sold loose	1Kg	269.84	4.45	-11.61
Beef Bone in	1Kg	1157.13	5.68	-7.05
Beef,boneless	1Kg	1251.11	0.93	-8.97
Bread sliced 500g	1 loaf	333.33	7.53	2.56
Bread unsliced 500g	1 loaf	280	-6.67	9.8
Broken Rice (Ofada)	1Kg	333.33	-2.7	13.64
Chicken Feet	1Kg	750	8.83	-4.97
Chicken Wings	1Kg	925	4.02	-6.96
Evaporated tinned milk carnation 170g	1 unit	161.43	12.62	7.62
Evaporated tinned milk(peak), 170g	1 unit	182	-2.1	11.6
Frozen chicken	1 unit	1900	3.81	4.4
Gari white,sold loose	1Kg	192.42	14.98	30.24
Gari yellow,sold loose	1Kg	222.37	45.19	37.87
Mudfish (aro) fresh	1Kg	1096.65	6.59	-13.99
Mudfish : dried	1Kg	1479.6	-1.86	-6.91
Onion bulb	1Kg	127.06	0.76	-51.06
Rice agric sold loose	1Kg	354.84	-8.33	22.22
Rice local sold loose	1Kg	329.59	9.84	26.87
Rice Medium Grained	1Kg	338.71	-6.58	31.25
Rice,imported high quality sold loose	1Kg	502.55	18.97	33.08
Tomato	1Kg	217.3	7.69	-21.2
Yam tuber	1Kg	193.3	17.17	-23.12
Dried Fish Sardine	1Kg	1454.6	0.9	4
Iced Sardine	1Kg	966.57	4.49	3.11
Irish potato	1Kg	257.34	21.98	17.92
Sweet potato	1Kg	282.83	38.81	108.25
Tilapia fish (epiya) fresh	1Kg	1013.85	6.52	3.1
Titus:frozen	1Kg	1102.42	4.44	1.94
Catfish (obokun) fresh	1Kg	1072.22	0.52	-10.3
Catfish :dried	1Kg	1385.43	-0.84	-13.35
Catfish Smoked	1Kg	1433.26	0.26	-7.37
Mackerel : frozen	1Kg	1075	1.49	-11.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	606.15	9.26	1.03
Maize grain white sold loose	1Kg	181.4	37.37	26.24
Maize grain yellow sold loose	1Kg	179.83	42.83	22.72
Palm oil: 1 bottle,specify bottle	1Ltr	485.19	1.34	-1.32
Plantain(ripe)	1Kg	236.21	14.64	-11.92
Plantain(unripe)	1Kg	250.6	20.34	-15.91
Vegetable oil:1 bottle,specify bottle	1Ltr	566.67	3.66	16.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	7.35	15.26
AVERAGE			8.49	4.86




SELECTED FOOD PRICE WATCH - JUNE 2020




Borno State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N105.97




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N195.48




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N279.91




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N325.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N133.93

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N533.33

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1150.00

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N120.00

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N207.96

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N642.96

SELECTED FOOD PRICE WATCH - JUNE 2020

Borno State





	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	413.33	-4.1	-14.78
Agric eggs(medium size price of one)	1 Piece	36.25	-2.66	-3.33
Beans brown,sold loose	1Kg	195.48	18.31	-24.77
Beans:white black eye. sold loose	1Kg	206.67	22.13	-10.83
Beef Bone in	1Kg	1013.33	9.24	13.38
Beef,boneless	1Kg	1150	-1.43	5.13
Bread sliced 500g	1 loaf	325	-12.5	23.81
Bread unsliced 500g	1 loaf	250	0	16.73
Broken Rice (Ofada)	1Kg	375.6	18.81	37.85
Chicken Feet	1Kg	497.39	-0.17	4.71
Chicken Wings	1Kg	618.01	-1.82	6.51
Evaporated tinned milk carnation 170g	1 unit	152.38	2.95	-7.65
Evaporated tinned milk(peak), 170g	1 unit	150	-15.68	-19.64
Frozen chicken	1 unit	1911.73	3.33	19.48
Gari white,sold loose	1Kg	207.96	20.73	25.07
Gari yellow,sold loose	1Kg	239.9	27.93	49.9
Mudfish (aro) fresh	1Kg	885	-0.37	10.63
Mudfish : dried	1Kg	1650	0.43	-1.95
Onion bulb	1Kg	120	-3.2	19.82
Rice agric sold loose	1Kg	349.9	-7.67	23.68
Rice local sold loose	1Kg	279.91	-16.03	12.03
Rice Medium Grained	1Kg	383.72	3.67	29.11
Rice,imported high quality sold loose	1Kg	383.95	-13.21	29.21
Tomato	1Kg	105.97	25.64	-11.99
Yam tuber	1Kg	133.93	-6.55	8.77
Dried Fish Sardine	1Kg	1596.33	3.35	1.53
Iced Sardine	1Kg	991.62	-2.1	23.81
Irish potato	1Kg	220.56	49.54	-18.38
Sweet potato	1Kg	103.45	8.67	26.52
Tilapia fish (epiya) fresh	1Kg	636.69	-5.86	8.58
Titus:frozen	1Kg	970	-6.88	9.13
Catfish (obokun) fresh	1Kg	850	-3.45	-13.27
Catfish :dried	1Kg	1676.14	2.62	4.86
Catfish Smoked	1Kg	1312.31	-3.44	-2.94
Mackerel : frozen	1Kg	929	2.96	9.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	9.68	11.84
Maize grain white sold loose	1Kg	80.36	-18.91	-5.19
Maize grain yellow sold loose	1Kg	89.29	-13.94	2.48
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	-3.03	0.42
Plantain(ripe)	1Kg	214.02	13.09	-14.39
Plantain(unripe)	1Kg	221.1	8.67	-11.56
Vegetable oil:1 bottle,specify bottle	1Ltr	566.67	9.68	15.49
Wheat flour: prepacked (golden penny 2kg)	2Kg	642.96	1.34	2.87
AVERAGE			2.79	6.79

SELECTED FOOD PRICE WATCH - JUNE 2020

Cross River State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N421.74	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N344.18
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N322.17	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N362.78
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N275.87	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N400.00
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1383.86	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N382.67
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N208.39	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N716.67

SELECTED FOOD PRICE WATCH - JUNE 2020

Cross River State




	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	520.65	1.44	5.18
Agric eggs(medium size price of one)	1 Piece	45.09	2.89	12.73
Beans brown,sold loose	1Kg	344.18	-1.44	-16.57
Beans:white black eye. sold loose	1Kg	248.38	-3.84	-29.37
Beef Bone in	1Kg	1426.08	-3.15	41.9
Beef,boneless	1Kg	1383.86	5.94	4.45
Bread sliced 500g	1 loaf	362.78	-6.38	-1.7
Bread unsliced 500g	1 loaf	321.05	-0.96	-4.37
Broken Rice (Ofada)	1Kg	350.45	25.16	-3.36
Chicken Feet	1Kg	1233.33	2.49	19.35
Chicken Wings	1Kg	1315.48	-0.34	19.59
Evaporated tinned milk carnation 170g	1 unit	168	2.6	10.07
Evaporated tinned milk(peak), 170g	1 unit	184.55	0.34	2.28
Frozen chicken	1 unit	2155.44	-1.15	10.54
Gari white,sold loose	1Kg	208.39	14.09	91.1
Gari yellow,sold loose	1Kg	257.5	23.54	127.03
Mudfish (aro) fresh	1Kg	1191.93	7.31	5
Mudfish : dried	1Kg	2103.84	-3.51	0.54
Onion bulb	1Kg	382.67	8.29	26.67
Rice agric sold loose	1Kg	430.3	-0.85	33.93
Rice local sold loose	1Kg	322.17	0.68	27.58
Rice Medium Grained	1Kg	414.55	3.64	37.16
Rice,imported high quality sold loose	1Kg	484.01	2.85	33.46
Tomato	1Kg	421.74	-14.77	-0.25
Yam tuber	1Kg	275.87	5.84	144.04
Dried Fish Sardine	1Kg	1701.35	5.59	16.9
Iced Sardine	1Kg	1082.05	6.43	13.35
Irish potato	1Kg	433.33	7.97	31.87
Sweet potato	1Kg	179.42	9.76	11.51
Tilapia fish (epiya) fresh	1Kg	1296.57	-0.25	16.83
Titus:frozen	1Kg	1134.64	0.58	12.76
Catfish (obokun) fresh	1Kg	1404.76	4	21.14
Catfish :dried	1Kg	2779.21	1.97	12.5
Catfish Smoked	1Kg	1755.24	3.23	-3.86
Mackerel : frozen	1Kg	975.43	-4.2	-13.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	878.79	0.72	7.92
Maize grain white sold loose	1Kg	249	5.62	16.93
Maize grain yellow sold loose	1Kg	235.35	-1.43	-0.09
Palm oil: 1 bottle,specify bottle	1Ltr	400	14.93	-12.87
Plantain(ripe)	1Kg	212.99	10.19	51.45
Plantain(unripe)	1Kg	192.39	15.63	69.83
Vegetable oil:1 bottle,specify bottle	1Ltr	590.48	-1.59	8.94
Wheat flour: prepacked (golden penny 2kg)	2Kg	716.67	2.36	1.07
AVERAGE			3.54	20



SELECTED FOOD PRICE WATCH - JUNE 2020


Delta State








 Tomato

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N509.75






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N333.39






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N402.24






 Bread sliced 500g

	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N315.63






 Yam Tuber

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N235.88






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N502.22






 Beef, boneless

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1477.17






 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N300.89





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N308.83



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N746.88

SELECTED FOOD PRICE WATCH - JUNE 2020

Delta State




	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	552.35	2.22	10.47
Agric eggs(medium size price of one)	1 Piece	46.32	1.03	15.79
Beans brown,sold loose	1Kg	333.39	1.68	-6.05
Beans:white black eye. sold loose	1Kg	285.33	3.35	-6.28
Beef Bone in	1Kg	1052.1	6.53	8.71
Beef,boneless	1Kg	1477.17	-0.16	2.01
Bread sliced 500g	1 loaf	315.63	0.03	9.78
Bread unsliced 500g	1 loaf	278.13	-3.65	12.75
Broken Rice (Ofada)	1Kg	380	-0.11	0.59
Chicken Feet	1Kg	1040	5.85	16.14
Chicken Wings	1Kg	1327.27	1.9	21.04
Evaporated tinned milk carnation 170g	1 unit	150	-1.96	4.65
Evaporated tinned milk(peak), 170g	1 unit	197.78	-1.5	6.91
Frozen chicken	1 unit	1839.6	0.11	1.88
Gari white,sold loose	1Kg	308.83	1.05	71.18
Gari yellow,sold loose	1Kg	310.46	5.05	49.76
Mudfish (aro) fresh	1Kg	952.71	-8.63	-12.96
Mudfish : dried	1Kg	1925.68	-3.13	-7.88
Onion bulb	1Kg	300.89	22.42	-3.55
Rice agric sold loose	1Kg	500.75	3.83	29.91
Rice local sold loose	1Kg	402.24	1.06	38.74
Rice Medium Grained	1Kg	480	4.31	39.35
Rice,imported high quality sold loose	1Kg	599.43	0.46	51.03
Tomato	1Kg	509.75	13.69	109.05
Yam tuber	1Kg	235.88	-16.23	14.85
Dried Fish Sardine	1Kg	1633.33	5.31	17.83
Iced Sardine	1Kg	1129.21	0.37	16.57
Irish potato	1Kg	490.35	-1.96	38.25
Sweet potato	1Kg	123.38	4.78	-2.87
Tilapia fish (epiya) fresh	1Kg	1183.43	0.11	1.17
Titus:frozen	1Kg	1310.28	4.55	33.48
Catfish (obokun) fresh	1Kg	1264.02	0.17	6.58
Catfish :dried	1Kg	1743.77	-4.82	-8.05
Catfish Smoked	1Kg	1739.42	-3.88	2.95
Mackerel : frozen	1Kg	1078.39	2.76	20.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	879.17	-2.45	16.36
Maize grain white sold loose	1Kg	237.12	-0.41	5.76
Maize grain yellow sold loose	1Kg	236.68	-1.66	7.63
Palm oil: 1 bottle,specify bottle	1Ltr	502.22	2.03	19.1
Plantain(ripe)	1Kg	228.76	6.14	-4
Plantain(unripe)	1Kg	200.07	2.33	-12.45
Vegetable oil:1 bottle,specify bottle	1Ltr	551.58	-2.38	1.73
Wheat flour: prepacked (golden penny 2kg)	2Kg	746.88	0.93	10.92
AVERAGE			1.19	15.1



SELECTED FOOD PRICE WATCH - JUNE 2020


Ebonyi State








 Tomato

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N403.51






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N490.48






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N360.09






 Bread sliced 500g

	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N322.86






 Yam Tuber

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N280.87






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N500.00






 Beef, boneless

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1475.94






 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N243.20





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N304.02



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N750.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Ebonyi State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	520	0.97	5.11
Agric eggs(medium size price of one)	1 Piece	45.37	12.26	13.43
Beans brown,sold loose	1Kg	490.48	1.44	-13.66
Beans:white black eye. sold loose	1Kg	441.9	0.67	-11.1
Beef Bone in	1Kg	1145.45	-0.16	14.36
Beef,boneless	1Kg	1475.94	-1.32	5.53
Bread sliced 500g	1 loaf	322.86	-2.36	-0.66
Bread unsliced 500g	1 loaf	309.64	-1.75	3.21
Broken Rice (Ofada)	1Kg	518.64	3.52	35.76
Chicken Feet	1Kg	730.45	0.7	4.16
Chicken Wings	1Kg	900.65	0.07	-1.36
Evaporated tinned milk carnation 170g	1 unit	172.94	0.07	1.73
Evaporated tinned milk(peak), 170g	1 unit	199.63	-0.37	4.49
Frozen chicken	1 unit	2100	2.44	29.2
Gari white,sold loose	1Kg	304.02	2.61	110.62
Gari yellow,sold loose	1Kg	357.85	9.55	100.58
Mudfish (aro) fresh	1Kg	913.84	0.7	1.32
Mudfish : dried	1Kg	2070.07	0.7	-3.76
Onion bulb	1Kg	243.2	-10.02	1.19
Rice agric sold loose	1Kg	410.47	1.17	44.31
Rice local sold loose	1Kg	360.09	0.58	34.53
Rice Medium Grained	1Kg	387.02	1.22	26.2
Rice,imported high quality sold loose	1Kg	440.36	0.65	12.12
Tomato	1Kg	403.51	6.01	24.52
Yam tuber	1Kg	280.87	1.63	47.87
Dried Fish Sardine	1Kg	1525.73	0.7	18.27
Iced Sardine	1Kg	1166.67	3.85	28.49
Irish potato	1Kg	449.02	0.7	40.32
Sweet potato	1Kg	170.35	0.7	29.27
Tilapia fish (epiya) fresh	1Kg	1014.05	0.7	4.88
Titus:frozen	1Kg	1127.86	0.64	13.7
Catfish (obokun) fresh	1Kg	1228.54	0.7	-0.86
Catfish :dried	1Kg	2593.5	0.7	10.18
Catfish Smoked	1Kg	1766.47	0.7	2.57
Mackerel : frozen	1Kg	1125	4.46	14.96
Groundnut oil: 1 bottle, specify bottle	1Ltr	832.58	0.23	19.76
Maize grain white sold loose	1Kg	293.07	10.38	55.36
Maize grain yellow sold loose	1Kg	291.25	10.22	53.26
Palm oil: 1 bottle,specify bottle	1Ltr	500	1.35	11.58
Plantain(ripe)	1Kg	213.89	-4.16	6.44
Plantain(unripe)	1Kg	200	-3.92	2.49
Vegetable oil:1 bottle,specify bottle	1Ltr	512	2.86	4.73
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	0.38	19.32
AVERAGE			1.45	19.17




SELECTED FOOD PRICE WATCH - JUNE 2020




Edo State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N434.10




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N327.23




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N473.57




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N328.37




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N335.49

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N503.70

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1501.58

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N318.30

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N224.92

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N776.67

SELECTED FOOD PRICE WATCH - JUNE 2020

Edo State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	548.38	0.93	8.23
Agric eggs(medium size price of one)	1 Piece	46.88	2.45	18.17
Beans brown,sold loose	1Kg	327.23	4.76	-14.13
Beans:white black eye. sold loose	1Kg	261.16	0.88	-13.55
Beef Bone in	1Kg	1059.18	5.49	6.78
Beef,boneless	1Kg	1501.58	3.35	5.83
Bread sliced 500g	1 loaf	328.37	0.82	4.12
Bread unsliced 500g	1 loaf	266.67	2.16	1.96
Broken Rice (Ofada)	1Kg	520	1.44	36.84
Chicken Feet	1Kg	853.75	0.89	-3.12
Chicken Wings	1Kg	1491.63	2.23	16.84
Evaporated tinned milk carnation 170g	1 unit	150.75	0.13	2.79
Evaporated tinned milk(peak), 170g	1 unit	194.71	0.81	-0.47
Frozen chicken	1 unit	1788.89	0.88	21.46
Gari white,sold loose	1Kg	224.92	13.7	34.47
Gari yellow,sold loose	1Kg	267.52	3.36	97.67
Mudfish (aro) fresh	1Kg	1206.6	-3.07	-2.36
Mudfish : dried	1Kg	1827.1	-1.52	14.3
Onion bulb	1Kg	318.3	-8.19	25.96
Rice agric sold loose	1Kg	488.33	0.34	27.73
Rice local sold loose	1Kg	473.57	-0.22	30.07
Rice Medium Grained	1Kg	498.18	-0.36	27.37
Rice,imported high quality sold loose	1Kg	660.44	-0.18	66.5
Tomato	1Kg	434.1	-6.06	20.61
Yam tuber	1Kg	335.49	-2.12	16.79
Dried Fish Sardine	1Kg	1389.54	-0.96	12.34
Iced Sardine	1Kg	1070.71	-2.11	15.82
Irish potato	1Kg	497.36	0.59	54.78
Sweet potato	1Kg	182.7	-5.02	42.79
Tilapia fish (epiya) fresh	1Kg	1095.28	-0.22	-0.06
Titus:frozen	1Kg	1139.23	-0.97	14.17
Catfish (obokun) fresh	1Kg	1283.23	-4.96	28.14
Catfish :dried	1Kg	2211.26	-0.59	-2.01
Catfish Smoked	1Kg	1656.49	-1.53	16.15
Mackerel : frozen	1Kg	1146.3	0.05	-3.85
Groundnut oil: 1 bottle, specify bottle	1Ltr	800.33	5.3	6.71
Maize grain white sold loose	1Kg	252.75	1.36	18.49
Maize grain yellow sold loose	1Kg	262.81	2.42	11.28
Palm oil: 1 bottle,specify bottle	1Ltr	503.7	-2.29	0.61
Plantain(ripe)	1Kg	273.78	7.64	42.15
Plantain(unripe)	1Kg	231.47	4.56	44.55
Vegetable oil:1 bottle,specify bottle	1Ltr	579.02	-0.17	9.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	776.67	-1.39	5.72
AVERAGE			0.57	17.86




SELECTED FOOD PRICE WATCH - JUNE 2020




Ekiti State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N166.22</p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N257.80</p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N411.58</p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1 loaf</p>	<p>JUNE 2020</p> <p>N253.33</p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N228.55</p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1Ltr</p>	<p>JUNE 2020</p> <p>N399.11</p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N1471.88</p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N215.23</p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p>1KG</p>	<p>JUNE 2020</p> <p>N167.18</p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p>2KG</p>	<p>JUNE 2020</p> <p>N703.57</p>

SELECTED FOOD PRICE WATCH - JUNE 2020

Ekiti State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	452.35	-2.04	-8.8
Agric eggs(medium size price of one)	1 Piece	40.59	1.47	1.47
Beans brown,sold loose	1Kg	257.8	10.45	-25.92
Beans:white black eye. sold loose	1Kg	204.76	-1.07	-35.71
Beef Bone in	1Kg	1099.02	5.01	1.7
Beef,boneless	1Kg	1471.88	1.3	5.13
Bread sliced 500g	1 loaf	253.33	0.22	1.33
Bread unsliced 500g	1 loaf	250	0	-0.99
Broken Rice (Ofada)	1Kg	409.01	1.25	1.91
Chicken Feet	1Kg	700.36	0.03	-7.27
Chicken Wings	1Kg	1153.33	1.17	2.98
Evaporated tinned milk carnation 170g	1 unit	192.96	-8.12	16.02
Evaporated tinned milk(peak), 170g	1 unit	198.82	-0.03	0.93
Frozen chicken	1 unit	1500	-3.23	-12.94
Gari white,sold loose	1Kg	167.18	25.27	15.2
Gari yellow,sold loose	1Kg	195.19	-0.34	40.8
Mudfish (aro) fresh	1Kg	896.67	3.12	-5.16
Mudfish : dried	1Kg	2102.68	4.69	9.19
Onion bulb	1Kg	215.23	9.97	56.35
Rice agric sold loose	1Kg	352.11	24.36	26.6
Rice local sold loose	1Kg	411.58	-6.67	18.43
Rice Medium Grained	1Kg	341.18	13.03	16
Rice,imported high quality sold loose	1Kg	454.92	4.25	44.03
Tomato	1Kg	166.22	-14.99	-29.02
Yam tuber	1Kg	228.55	-9.02	81.22
Dried Fish Sardine	1Kg	1576.11	-0.32	-4.03
Iced Sardine	1Kg	811.11	-5.19	1.09
Irish potato	1Kg	214.68	-1.83	6.65
Sweet potato	1Kg	140.7	9.74	22.27
Tilapia fish (epiya) fresh	1Kg	902.31	9.63	12.79
Titus:frozen	1Kg	984.79	-7.01	14.53
Catfish (obokun) fresh	1Kg	809.89	0.4	1.07
Catfish :dried	1Kg	1804.82	2.16	-1.56
Catfish Smoked	1Kg	1800	0.71	0.82
Mackerel : frozen	1Kg	725.34	-1.06	-7.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	-1.16	27.25
Maize grain white sold loose	1Kg	169.69	23	43.1
Maize grain yellow sold loose	1Kg	172.64	25.72	45.62
Palm oil: 1 bottle,specify bottle	1Ltr	399.11	0.66	-8.04
Plantain(ripe)	1Kg	199.11	5.14	25.81
Plantain(unripe)	1Kg	167.38	-0.41	-19.41
Vegetable oil:1 bottle,specify bottle	1Ltr	631.11	-0.66	37.2
Wheat flour: prepacked (golden penny 2kg)	2Kg	703.57	4.53	10.36
AVERAGE			2.89	9.81




SELECTED FOOD PRICE WATCH - JUNE 2020




Enugu State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N360.55




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N428.55




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N409.63




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N302.36




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N213.06

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N431.52

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1527.54

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N273.89

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N261.54

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N783.33

SELECTED FOOD PRICE WATCH - JUNE 2020

Enugu State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	515.76	0.31	-9.63
Agric eggs(medium size price of one)	1 Piece	43.56	3.66	-5.02
Beans brown,sold loose	1Kg	428.55	-0.38	-9.65
Beans:white black eye. sold loose	1Kg	369.14	-0.25	-14.69
Beef Bone in	1Kg	1180.19	-1.39	14.37
Beef,boneless	1Kg	1527.54	-0.07	10.57
Bread sliced 500g	1 loaf	302.36	-4.14	11.99
Bread unsliced 500g	1 loaf	256.52	-0.75	9.8
Broken Rice (Ofada)	1Kg	561.25	0.09	42.76
Chicken Feet	1Kg	812.53	1.51	21.88
Chicken Wings	1Kg	1300	4.84	9.12
Evaporated tinned milk carnation 170g	1 unit	175.04	-0.7	0.58
Evaporated tinned milk(peak), 170g	1 unit	198	-0.65	-3.34
Frozen chicken	1 unit	1960	2.77	14.9
Gari white,sold loose	1Kg	261.54	-7.86	87.87
Gari yellow,sold loose	1Kg	302.79	-8.07	70.68
Mudfish (aro) fresh	1Kg	1557.82	0.09	4.6
Mudfish : dried	1Kg	2083.33	-0.82	-1.06
Onion bulb	1Kg	273.89	-2.9	10.41
Rice agric sold loose	1Kg	484.62	-1.56	65.21
Rice local sold loose	1Kg	409.63	-2.55	55.53
Rice Medium Grained	1Kg	485.44	0.09	70.27
Rice,imported high quality sold loose	1Kg	524.29	0.93	32.12
Tomato	1Kg	360.55	10.57	26.32
Yam tuber	1Kg	213.06	1.68	10.36
Dried Fish Sardine	1Kg	1758.35	-2.31	18.01
Iced Sardine	1Kg	1000	-0.3	2.48
Irish potato	1Kg	464.29	2.37	32.39
Sweet potato	1Kg	146.25	-4.69	6.47
Tilapia fish (epiya) fresh	1Kg	858.11	0.09	6.92
Titus:frozen	1Kg	1074.8	1.64	0.04
Catfish (obokun) fresh	1Kg	1255.28	0.16	5.28
Catfish :dried	1Kg	1312.5	1.57	-39.22
Catfish Smoked	1Kg	1716.84	0.09	0.98
Mackerel : frozen	1Kg	1082.92	5.94	27.93
Groundnut oil: 1 bottle, specify bottle	1Ltr	785.33	0.62	17.8
Maize grain white sold loose	1Kg	220	-2.37	9.85
Maize grain yellow sold loose	1Kg	230.77	-3.58	11.94
Palm oil: 1 bottle,specify bottle	1Ltr	431.52	0.75	6.02
Plantain(ripe)	1Kg	235.44	-0.63	-4.28
Plantain(unripe)	1Kg	220.24	-2.34	-6.8
Vegetable oil:1 bottle,specify bottle	1Ltr	538.95	2.2	7.12
Wheat flour: prepacked (golden penny 2kg)	2Kg	783.33	-1.05	17.05
AVERAGE			-0.17	15.02




SELECTED FOOD PRICE WATCH - JUNE 2020




Gombe State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N180.06




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N255.31




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N272.66




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N240.83




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N199.03

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N458.82

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1258.33

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N186.32

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N205.38

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N750.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Gombe State














	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	416.43	1.26	-14.61
Agric eggs(medium size price of one)	1 Piece	37.5	4.84	3.45
Beans brown,sold loose	1Kg	255.31	32.47	-11.53
Beans:white black eye. sold loose	1Kg	178.82	-9.99	-18.73
Beef Bone in	1Kg	1150.09	17.4	11.3
Beef,boneless	1Kg	1258.33	7.29	6.84
Bread sliced 500g	1 loaf	240.83	-13.14	-8.65
Bread unsliced 500g	1 loaf	238.46	-2	3.33
Broken Rice (Ofada)	1Kg	391.56	25.19	90.21
Chicken Feet	1Kg	434.95	1.15	0.65
Chicken Wings	1Kg	664.54	1.87	-5.07
Evaporated tinned milk carnation 170g	1 unit	146.67	-0.56	-9.74
Evaporated tinned milk(peak), 170g	1 unit	180	2.63	-4.35
Frozen chicken	1 unit	1433.33	-22.16	-19.48
Gari white,sold loose	1Kg	205.38	12.69	88.25
Gari yellow,sold loose	1Kg	190.09	-21.45	-18.38
Mudfish (aro) fresh	1Kg	872.73	-5.45	4.67
Mudfish : dried	1Kg	1250	-23.02	-19.51
Onion bulb	1Kg	186.32	-1.59	-1.36
Rice agric sold loose	1Kg	323.91	3.09	30.65
Rice local sold loose	1Kg	272.66	-12.74	40.85
Rice Medium Grained	1Kg	275	-5.58	22.6
Rice,imported high quality sold loose	1Kg	416.28	13.01	30.66
Tomato	1Kg	180.06	2.11	41.1
Yam tuber	1Kg	199.03	26.2	69.12
Dried Fish Sardine	1Kg	1467.41	0.05	5.16
Iced Sardine	1Kg	1108.33	20.71	29.63
Irish potato	1Kg	208.93	16.4	4.2
Sweet potato	1Kg	151.98	33.81	49.46
Tilapia fish (epiya) fresh	1Kg	788.24	-0.18	13.46
Titus:frozen	1Kg	944.44	5.57	2.81
Catfish (obokun) fresh	1Kg	800	-2.8	-8.05
Catfish :dried	1Kg	1368.42	-4.53	-8.79
Catfish Smoked	1Kg	1499.08	0.25	-1.57
Mackerel : frozen	1Kg	880	-5.71	12.34
Groundnut oil: 1 bottle, specify bottle	1Ltr	562.5	10.44	15.85
Maize grain white sold loose	1Kg	112.43	-12.9	30.9
Maize grain yellow sold loose	1Kg	114.13	-10.42	20.83
Palm oil: 1 bottle,specify bottle	1Ltr	458.82	5.61	0.79
Plantain(ripe)	1Kg	200	9.09	0
Plantain(unripe)	1Kg	266.67	60	77.78
Vegetable oil:1 bottle,specify bottle	1Ltr	517.33	8.26	0.63
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	15.98	19.32
AVERAGE			4.26	13.42

SELECTED FOOD PRICE WATCH - JUNE 2020

Imo State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N360.73	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N375.00
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N432.26	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N351.82
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N195.52	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N438.74
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1475.67	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N274.55
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N265.91	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N737.14

SELECTED FOOD PRICE WATCH - JUNE 2020

Imo State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	525.57	0.91	6.18
Agric eggs(medium size price of one)	1 Piece	44.26	3.39	10.66
Beans brown,sold loose	1Kg	375	-2.44	-10
Beans:white black eye. sold loose	1Kg	342.21	-4.44	-14.09
Beef Bone in	1Kg	1212.23	-1.26	21.4
Beef,boneless	1Kg	1475.67	2.86	1.2
Bread sliced 500g	1 loaf	351.82	-2.64	13.92
Bread unsliced 500g	1 loaf	300.64	-1.46	12.33
Broken Rice (Ofada)	1Kg	508.44	0.08	58.38
Chicken Feet	1Kg	706.3	0.08	13.9
Chicken Wings	1Kg	936.15	0.08	3.73
Evaporated tinned milk carnation 170g	1 unit	195	-0.17	2.88
Evaporated tinned milk(peak), 170g	1 unit	200	-2.77	0
Frozen chicken	1 unit	1908.57	2.71	22.87
Gari white,sold loose	1Kg	265.91	10.8	81.01
Gari yellow,sold loose	1Kg	292.93	1.12	67.85
Mudfish (aro) fresh	1Kg	1239.36	0.08	-2.59
Mudfish : dried	1Kg	2200.53	2.33	0.18
Onion bulb	1Kg	274.55	-7.93	16.65
Rice agric sold loose	1Kg	535.24	-0.94	33.81
Rice local sold loose	1Kg	432.26	-0.52	23.97
Rice Medium Grained	1Kg	522.41	2.36	30.51
Rice,imported high quality sold loose	1Kg	621.01	1.99	38.36
Tomato	1Kg	360.73	0.39	51.92
Yam tuber	1Kg	195.52	-7.17	3.96
Dried Fish Sardine	1Kg	1425.27	1.76	-0.5
Iced Sardine	1Kg	1280.95	0.73	41.15
Irish potato	1Kg	450	-0.74	11.83
Sweet potato	1Kg	182.63	6.44	43.13
Tilapia fish (epiya) fresh	1Kg	1008.44	0.08	-6.24
Titus:frozen	1Kg	1110.11	-0.88	26.17
Catfish (obokun) fresh	1Kg	1270.57	-1.17	1.65
Catfish :dried	1Kg	2711.11	-0.13	18.37
Catfish Smoked	1Kg	1523.8	0.08	7.31
Mackerel : frozen	1Kg	1062.81	3.98	23.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-0.26	-14.2
Maize grain white sold loose	1Kg	260.99	-0.81	17.74
Maize grain yellow sold loose	1Kg	264.95	-1.04	11.95
Palm oil: 1 bottle,specify bottle	1Ltr	438.74	7.4	5.69
Plantain(ripe)	1Kg	290.37	3.19	13.74
Plantain(unripe)	1Kg	260.04	0.77	23.69
Vegetable oil:1 bottle,specify bottle	1Ltr	555.56	0.57	13.02
Wheat flour: prepacked (golden penny 2kg)	2Kg	737.14	2.27	8.4
AVERAGE			0.46	17.11




SELECTED FOOD PRICE WATCH - JUNE 2020




Jigawa State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N264.29




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N257.97




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N285.87




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N265.71




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N229.18

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N499.17

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1180.61

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N198.92

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N198.27

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N725.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Jigawa State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	445	-2.12	-10.23
Agric eggs(medium size price of one)	1 Piece	38.67	-0.22	-2.46
Beans brown,sold loose	1Kg	257.97	7.28	-24.13
Beans:white black eye. sold loose	1Kg	182.57	1.11	-38.98
Beef Bone in	1Kg	929.28	0.87	-2.32
Beef,boneless	1Kg	1180.61	0.72	4.77
Bread sliced 500g	1 loaf	265.71	3.69	12.47
Bread unsliced 500g	1 loaf	245.83	4.1	-12.77
Broken Rice (Ofada)	1Kg	318.43	0.86	-12.74
Chicken Feet	1Kg	550	1.85	-8.33
Chicken Wings	1Kg	785	6.08	16.3
Evaporated tinned milk carnation 170g	1 unit	156	1.74	-2.5
Evaporated tinned milk(peak), 170g	1 unit	189.92	0.67	-0.04
Frozen chicken	1 unit	2270	-2.01	26.11
Gari white,sold loose	1Kg	198.27	8.13	31.64
Gari yellow,sold loose	1Kg	217.27	4.7	49.88
Mudfish (aro) fresh	1Kg	940	0.99	4.35
Mudfish : dried	1Kg	1261.21	0.5	-9.4
Onion bulb	1Kg	198.92	13.78	90.57
Rice agric sold loose	1Kg	282.92	2.79	27.77
Rice local sold loose	1Kg	285.87	-8.76	16.74
Rice Medium Grained	1Kg	306.18	3.26	5.49
Rice,imported high quality sold loose	1Kg	423.21	2.37	18.24
Tomato	1Kg	264.29	4.37	85.89
Yam tuber	1Kg	229.18	4.25	4.12
Dried Fish Sardine	1Kg	1500	1.01	-7.71
Iced Sardine	1Kg	933.33	4.83	3.7
Irish potato	1Kg	264.35	3.76	33.73
Sweet potato	1Kg	80.49	2.78	-16.92
Tilapia fish (epiya) fresh	1Kg	772.42	1.24	-2.22
Titus:frozen	1Kg	904.29	6.39	9.61
Catfish (obokun) fresh	1Kg	937.86	1.94	6.17
Catfish :dried	1Kg	1479.17	2.01	-6.4
Catfish Smoked	1Kg	1493.5	-0.1	-0.45
Mackerel : frozen	1Kg	885	4.12	-0.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	531.11	0.84	32.66
Maize grain white sold loose	1Kg	125.07	-2.24	20.71
Maize grain yellow sold loose	1Kg	126.42	0.81	29.7
Palm oil: 1 bottle,specify bottle	1Ltr	499.17	0.22	11.37
Plantain(ripe)	1Kg	250	11.11	32.05
Plantain(unripe)	1Kg	215	4.88	10.81
Vegetable oil:1 bottle,specify bottle	1Ltr	515.56	0.71	25.13
Wheat flour: prepacked (golden penny 2kg)	2Kg	725	0	1.16
AVERAGE			2.45	10.55




SELECTED FOOD PRICE WATCH - JUNE 2020




Kaduna State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N187.21
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N246.92
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N350.15
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N286.67
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N275.19
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N516.30
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1331.25
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N218.75
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N207.79
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N745.00
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SELECTED FOOD PRICE WATCH - JUNE 2020

Kaduna State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	444.12	-1.74	-8.01
Agric eggs(medium size price of one)	1 Piece	38.21	-1.17	6.5
Beans brown,sold loose	1Kg	246.92	-0.36	-12.16
Beans:white black eye. sold loose	1Kg	199.44	3.09	-11.97
Beef Bone in	1Kg	1100	0.34	7.08
Beef,boneless	1Kg	1331.25	1.78	10.63
Bread sliced 500g	1 loaf	286.67	4.24	15.24
Bread unsliced 500g	1 loaf	276.47	13.18	27.6
Broken Rice (Ofada)	1Kg	342.86	3.55	-2.85
Chicken Feet	1Kg	670	0.75	-1.47
Chicken Wings	1Kg	605	1.68	-24.38
Evaporated tinned milk carnation 170g	1 unit	170	-5.56	0
Evaporated tinned milk(peak), 170g	1 unit	197.13	0.53	8.51
Frozen chicken	1 unit	2150	1.9	25
Gari white,sold loose	1Kg	207.79	6.01	30.28
Gari yellow,sold loose	1Kg	207.71	3.78	28.4
Mudfish (aro) fresh	1Kg	950.5	0.58	22.65
Mudfish : dried	1Kg	1387.18	2.26	10
Onion bulb	1Kg	218.75	2.69	7.49
Rice agric sold loose	1Kg	378.55	0.1	1.33
Rice local sold loose	1Kg	350.15	1.85	48.84
Rice Medium Grained	1Kg	378.1	3.56	28.46
Rice,imported high quality sold loose	1Kg	457.6	4.35	61.36
Tomato	1Kg	187.21	2.56	-13.63
Yam tuber	1Kg	275.19	2.88	50.82
Dried Fish Sardine	1Kg	1478.89	-1.04	5.63
Iced Sardine	1Kg	1007.43	0.08	-1.71
Irish potato	1Kg	275.28	0.91	34.96
Sweet potato	1Kg	99.18	8.91	4.99
Tilapia fish (epiya) fresh	1Kg	600	1.69	-16.67
Titus:frozen	1Kg	1021.86	1.23	7.98
Catfish (obokun) fresh	1Kg	875	9.38	0.77
Catfish :dried	1Kg	1448.92	-0.07	8.5
Catfish Smoked	1Kg	1327.51	0.19	-3.05
Mackerel : frozen	1Kg	940	1.62	4.28
Groundnut oil: 1 bottle, specify bottle	1Ltr	630.48	-2.93	6.77
Maize grain white sold loose	1Kg	114.5	8.05	24.31
Maize grain yellow sold loose	1Kg	114.62	3.97	18.74
Palm oil: 1 bottle,specify bottle	1Ltr	516.3	-4.78	6.35
Plantain(ripe)	1Kg	258.74	3.47	0.67
Plantain(unripe)	1Kg	239.25	-0.31	14.91
Vegetable oil:1 bottle,specify bottle	1Ltr	592.5	1.9	15.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	745	-0.67	7.97
AVERAGE			1.96	10.62




SELECTED FOOD PRICE WATCH - JUNE 2020




Kano State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N259.19
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N195.89
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N307.26
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N262.50
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N214.27
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N488.89
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1133.04
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N163.33
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N142.71
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N650.00
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SELECTED FOOD PRICE WATCH - JUNE 2020

Kano State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	434	0.67	-7.66
Agric eggs(medium size price of one)	1 Piece	38.13	0.52	3.28
Beans brown,sold loose	1Kg	195.89	0.71	-24.82
Beans:white black eye. sold loose	1Kg	183.4	-2.09	-10.85
Beef Bone in	1Kg	837.72	1.08	-7.2
Beef,boneless	1Kg	1133.04	-2.3	-3.26
Bread sliced 500g	1 loaf	262.5	-0.32	2.72
Bread unsliced 500g	1 loaf	251.54	-0.71	5.48
Broken Rice (Ofada)	1Kg	266.46	2.3	-33.1
Chicken Feet	1Kg	650	0	-7.32
Chicken Wings	1Kg	860	1.18	-3.49
Evaporated tinned milk carnation 170g	1 unit	156.67	0	10.59
Evaporated tinned milk(peak), 170g	1 unit	167	1.21	-9.73
Frozen chicken	1 unit	1400	0	5
Gari white,sold loose	1Kg	142.71	2.94	1.1
Gari yellow,sold loose	1Kg	155.14	1.39	15.07
Mudfish (aro) fresh	1Kg	953.64	0.65	5.96
Mudfish : dried	1Kg	1454.76	1.58	-6.42
Onion bulb	1Kg	163.33	-7.3	-17.72
Rice agric sold loose	1Kg	330.75	-1.52	19.89
Rice local sold loose	1Kg	307.26	6.17	24.88
Rice Medium Grained	1Kg	303.1	0.38	23.49
Rice,imported high quality sold loose	1Kg	415.26	1.3	26.54
Tomato	1Kg	259.19	5.2	39.89
Yam tuber	1Kg	214.27	3.9	14.83
Dried Fish Sardine	1Kg	1500	1.5	6.21
Iced Sardine	1Kg	863.57	1.6	3.63
Irish potato	1Kg	220.52	4	12.17
Sweet potato	1Kg	198.03	1.47	57.03
Tilapia fish (epiya) fresh	1Kg	757.37	0.81	21.85
Titus:frozen	1Kg	872.02	-0.86	0.27
Catfish (obokun) fresh	1Kg	891.87	2.51	4.93
Catfish :dried	1Kg	1200	0	-13.53
Catfish Smoked	1Kg	1430	0.7	-1.92
Mackerel : frozen	1Kg	942.58	0.59	-3.19
Groundnut oil: 1 bottle, specify bottle	1Ltr	568.57	1.11	-0.41
Maize grain white sold loose	1Kg	112.58	8.62	28.79
Maize grain yellow sold loose	1Kg	107.66	6.38	14.92
Palm oil: 1 bottle,specify bottle	1Ltr	488.89	7.67	16.46
Plantain(ripe)	1Kg	227.14	10.9	-4.6
Plantain(unripe)	1Kg	187	0.27	-7.5
Vegetable oil:1 bottle,specify bottle	1Ltr	538	1.94	11.31
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	1.56	-4.88
AVERAGE			1.57	4.85


SELECTED FOOD PRICE WATCH - JUNE 2020



Katsina State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N274.81



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N244.27



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N246.60



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N265.45



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N252.70



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N465.71



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1182.82



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N195.14

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N166.77

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N663.33

SELECTED FOOD PRICE WATCH - JUNE 2020

Katsina State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	432.14	-2.75	-11.41
Agric eggs(medium size price of one)	1 Piece	39.54	1.38	3.47
Beans brown,sold loose	1Kg	244.27	1.21	10.56
Beans:white black eye. sold loose	1Kg	300.38	24.68	6.14
Beef Bone in	1Kg	1048.21	-2.85	14.32
Beef,boneless	1Kg	1182.82	-3.55	3.6
Bread sliced 500g	1 loaf	265.45	0.65	15.42
Bread unsliced 500g	1 loaf	242.86	-1.8	11.11
Broken Rice (Ofada)	1Kg	305	-0.66	-7.87
Chicken Feet	1Kg	425	-5.56	6.25
Chicken Wings	1Kg	720	-0.46	-7.69
Evaporated tinned milk carnation 170g	1 unit	148.57	1.76	6.12
Evaporated tinned milk(peak), 170g	1 unit	185	0.74	-4.05
Frozen chicken	1 unit	2280	0.15	42.5
Gari white,sold loose	1Kg	166.77	-1.14	6.4
Gari yellow,sold loose	1Kg	153.82	-1.4	6.39
Mudfish (aro) fresh	1Kg	961.9	3.99	7.9
Mudfish : dried	1Kg	1375.13	0.47	7.31
Onion bulb	1Kg	195.14	-1.19	21.33
Rice agric sold loose	1Kg	290.8	3.58	19.86
Rice local sold loose	1Kg	246.6	0.7	19.42
Rice Medium Grained	1Kg	296.36	-0.46	27.43
Rice,imported high quality sold loose	1Kg	376.89	-4.23	29.33
Tomato	1Kg	274.81	-1.46	135.9
Yam tuber	1Kg	252.7	8.2	137.53
Dried Fish Sardine	1Kg	980	0.34	8.89
Iced Sardine	1Kg	986.67	-0.34	8.96
Irish potato	1Kg	251.85	-0.72	7.48
Sweet potato	1Kg	135.53	0.47	-0.49
Tilapia fish (epiya) fresh	1Kg	890	-0.5	21.92
Titus:frozen	1Kg	939.44	-2.82	10.11
Catfish (obokun) fresh	1Kg	952.78	0.97	22.09
Catfish :dried	1Kg	1399.51	1.36	11.04
Catfish Smoked	1Kg	1440	2.86	-3.42
Mackerel : frozen	1Kg	923.51	2.61	11.8
Groundnut oil: 1 bottle, specify bottle	1Ltr	626.67	0.64	14.24
Maize grain white sold loose	1Kg	107.05	-2.3	28.9
Maize grain yellow sold loose	1Kg	104.22	1	16.92
Palm oil: 1 bottle,specify bottle	1Ltr	465.71	-2.2	1.45
Plantain(ripe)	1Kg	261.49	41.34	98.67
Plantain(unripe)	1Kg	230	4.55	11.03
Vegetable oil:1 bottle,specify bottle	1Ltr	563.81	2.58	20.24
Wheat flour: prepacked (golden penny 2kg)	2Kg	663.33	-0.36	-1.73
AVERAGE			1.62	18.5




SELECTED FOOD PRICE WATCH - JUNE 2020




Kebbi State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N362.10
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N298.98
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N297.02
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N251.43
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N243.42
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N474.17
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1238.64
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N259.24
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N218.12
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N680.00
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SELECTED FOOD PRICE WATCH - JUNE 2020

Kebbi State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	441.33	-7.49	-11.29
Agric eggs(medium size price of one)	1 Piece	42.31	-1.34	5.78
Beans brown,sold loose	1Kg	298.98	1.41	-8.73
Beans:white black eye. sold loose	1Kg	199.83	5.42	-14.64
Beef Bone in	1Kg	1067.67	-0.72	9.82
Beef,boneless	1Kg	1238.64	-0.91	14.99
Bread sliced 500g	1 loaf	251.43	-1.19	4.04
Bread unsliced 500g	1 loaf	230	0	-3.24
Broken Rice (Ofada)	1Kg	323.44	3.51	1.33
Chicken Feet	1Kg	500	3.09	11.03
Chicken Wings	1Kg	550	4.76	3.15
Evaporated tinned milk carnation 170g	1 unit	178.5	1.04	14.42
Evaporated tinned milk(peak), 170g	1 unit	198.82	4.04	6.68
Frozen chicken	1 unit	2133.33	1.59	47.13
Gari white,sold loose	1Kg	218.12	-0.62	8.78
Gari yellow,sold loose	1Kg	260.51	3.75	30.19
Mudfish (aro) fresh	1Kg	960	-0.59	9.16
Mudfish : dried	1Kg	1448.67	1.13	-4.29
Onion bulb	1Kg	259.24	17.12	94.93
Rice agric sold loose	1Kg	264.81	3.43	18.05
Rice local sold loose	1Kg	297.02	5.56	46.58
Rice Medium Grained	1Kg	362.51	3.5	5.3
Rice,imported high quality sold loose	1Kg	391.01	3.26	17.36
Tomato	1Kg	362.1	2	80.67
Yam tuber	1Kg	243.42	-1.05	58.42
Dried Fish Sardine	1Kg	1320	5.6	1.51
Iced Sardine	1Kg	1000	0	4.13
Irish potato	1Kg	284.68	0.67	42
Sweet potato	1Kg	235.34	-3.28	72.71
Tilapia fish (epiya) fresh	1Kg	628.01	-0.3	14.02
Titus:frozen	1Kg	908.89	2.12	6.93
Catfish (obokun) fresh	1Kg	985	1.2	2.6
Catfish :dried	1Kg	1345.76	0.68	-8.5
Catfish Smoked	1Kg	1350	0.37	-3.57
Mackerel : frozen	1Kg	870	1.75	2.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	431.43	-8.85	0.7
Maize grain white sold loose	1Kg	119.17	-0.44	9.46
Maize grain yellow sold loose	1Kg	109.11	-1.09	16.48
Palm oil: 1 bottle,specify bottle	1Ltr	474.17	-1.22	4.02
Plantain(ripe)	1Kg	232.22	0.97	-1.75
Plantain(unripe)	1Kg	214.62	-4.62	-7
Vegetable oil:1 bottle,specify bottle	1Ltr	477.78	0.07	12.48
Wheat flour: prepacked (golden penny 2kg)	2Kg	680	1.49	2
AVERAGE			1.07	14.33




SELECTED FOOD PRICE WATCH - JUNE 2020




Kogi State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N290.09
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N287.32
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N287.58
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N330.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N244.46
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N501.90
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1204.52
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N240.13
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N267.11
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N625.00
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SELECTED FOOD PRICE WATCH - JUNE 2020

Kogi State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	530.77	4.99	6.74
Agric eggs(medium size price of one)	1 Piece	46.92	7.94	17.31
Beans brown,sold loose	1Kg	287.32	5.36	-5.95
Beans:white black eye. sold loose	1Kg	302.81	-4	27.77
Beef Bone in	1Kg	1140	4.69	0.97
Beef,boneless	1Kg	1204.52	0.08	7.33
Bread sliced 500g	1 loaf	330	9.5	-0.55
Bread unsliced 500g	1 loaf	308.33	8.33	1.09
Broken Rice (Ofada)	1Kg	410.83	5.88	17.04
Chicken Feet	1Kg	832.34	-2.18	-1.03
Chicken Wings	1Kg	769.64	2.55	-14.4
Evaporated tinned milk carnation 170g	1 unit	250	35.12	47.06
Evaporated tinned milk(peak), 170g	1 unit	250.71	28.38	39.29
Frozen chicken	1 unit	2503.33	3.23	3.75
Gari white,sold loose	1Kg	267.11	38.72	87.23
Gari yellow,sold loose	1Kg	271.51	34.59	76
Mudfish (aro) fresh	1Kg	894.38	0.78	5.22
Mudfish : dried	1Kg	1433.33	-1.15	1.86
Onion bulb	1Kg	240.13	15.88	-11.25
Rice agric sold loose	1Kg	357.14	5.4	8.16
Rice local sold loose	1Kg	287.58	-3.43	10.61
Rice Medium Grained	1Kg	261.07	1.06	0.79
Rice,imported high quality sold loose	1Kg	512.65	10.68	25.98
Tomato	1Kg	290.09	1.28	43.62
Yam tuber	1Kg	244.46	19.3	123.71
Dried Fish Sardine	1Kg	1323.29	1.5	-0.21
Iced Sardine	1Kg	1027.57	0.19	14.3
Irish potato	1Kg	250	11.44	11.75
Sweet potato	1Kg	235	49.06	63.17
Tilapia fish (epiya) fresh	1Kg	790.66	-1.77	-1.17
Titus:frozen	1Kg	1013.99	1.51	6.74
Catfish (obokun) fresh	1Kg	882.15	2.44	-6.28
Catfish :dried	1Kg	1590.91	2.96	4.67
Catfish Smoked	1Kg	1287.21	-1.18	-6.67
Mackerel : frozen	1Kg	1015.56	10.62	24.99
Groundnut oil: 1 bottle, specify bottle	1Ltr	514.29	15.14	24.42
Maize grain white sold loose	1Kg	214.91	64.43	101.63
Maize grain yellow sold loose	1Kg	219.11	70.5	111.17
Palm oil: 1 bottle,specify bottle	1Ltr	501.9	-4.25	16.78
Plantain(ripe)	1Kg	231.25	26.91	-4.31
Plantain(unripe)	1Kg	302.38	17.51	62.18
Vegetable oil:1 bottle,specify bottle	1Ltr	645.13	10.59	38.24
Wheat flour: prepacked (golden penny 2kg)	2Kg	625	8.07	2.88
AVERAGE			12.06	22.85




SELECTED FOOD PRICE WATCH - JUNE 2020




Kwara State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N241.66




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N255.77




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N375.27




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N325.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N201.76

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N396.92

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1237.76

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N227.49

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N170.83

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N612.50

SELECTED FOOD PRICE WATCH - JUNE 2020

Kwara State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	447.27	-4.62	-8.21
Agric eggs(medium size price of one)	1 Piece	38.85	-2.21	-1.77
Beans brown,sold loose	1Kg	255.77	32.89	-5.74
Beans:white black eye. sold loose	1Kg	221.55	12.55	-16.07
Beef Bone in	1Kg	1163.64	7.99	9.5
Beef,boneless	1Kg	1237.76	1.89	5.38
Bread sliced 500g	1 loaf	325	25	21.88
Bread unsliced 500g	1 loaf	313.33	28.18	11.18
Broken Rice (Ofada)	1Kg	361.84	-9.32	-23.03
Chicken Feet	1Kg	666.67	1.52	-23.66
Chicken Wings	1Kg	813.33	8.93	-4.55
Evaporated tinned milk carnation 170g	1 unit	153.33	0	2.22
Evaporated tinned milk(peak), 170g	1 unit	201.54	1.57	3.8
Frozen chicken	1 unit	1550	1.64	3.33
Gari white,sold loose	1Kg	170.83	7.12	62.19
Gari yellow,sold loose	1Kg	185.87	18.16	57.48
Mudfish (aro) fresh	1Kg	866.67	3.68	-0.95
Mudfish : dried	1Kg	1732.73	2.91	-6.68
Onion bulb	1Kg	227.49	8.54	13.44
Rice agric sold loose	1Kg	390.01	4.53	38.67
Rice local sold loose	1Kg	375.27	8.8	66.7
Rice Medium Grained	1Kg	394.23	19.33	47.06
Rice,imported high quality sold loose	1Kg	423.75	13.89	44.9
Tomato	1Kg	241.66	18.27	131.18
Yam tuber	1Kg	201.76	37.09	87.03
Dried Fish Sardine	1Kg	1300	1.61	-5.59
Iced Sardine	1Kg	1080	8	20
Irish potato	1Kg	150	-9.83	-25.06
Sweet potato	1Kg	208.33	65.75	95.36
Tilapia fish (epiya) fresh	1Kg	927.27	10.69	-2.39
Titus:frozen	1Kg	1059.94	9.84	1.04
Catfish (obokun) fresh	1Kg	958.06	10.58	8.46
Catfish :dried	1Kg	1508.33	3.77	8.43
Catfish Smoked	1Kg	1397.98	-0.25	3.37
Mackerel : frozen	1Kg	983	9.21	12.34
Groundnut oil: 1 bottle, specify bottle	1Ltr	609.52	14.73	20.65
Maize grain white sold loose	1Kg	147.94	27.88	51.94
Maize grain yellow sold loose	1Kg	152.41	30.03	68.63
Palm oil: 1 bottle,specify bottle	1Ltr	396.92	-0.77	9.94
Plantain(ripe)	1Kg	188.59	-6	-7.66
Plantain(unripe)	1Kg	239.68	18.34	13.87
Vegetable oil:1 bottle,specify bottle	1Ltr	505.13	19.41	3.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	612.5	-3.29	-9.26
AVERAGE			10.65	18.21


SELECTED FOOD PRICE WATCH - JUNE 2020



Lagos State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N315.44



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N295.07



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N423.67



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N311.50



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N256.79



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N504.67



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1350.46



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N274.72

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N161.72

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N669.44

SELECTED FOOD PRICE WATCH - JUNE 2020

Lagos State




	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	500	0.38	0.96
Agric eggs(medium size price of one)	1 Piece	42.67	0.45	8.81
Beans brown,sold loose	1Kg	295.07	9.9	-5
Beans:white black eye. sold loose	1Kg	305.41	3.16	-0.53
Beef Bone in	1Kg	1283.54	-0.36	10.3
Beef,boneless	1Kg	1350.46	2.11	6.84
Bread sliced 500g	1 loaf	311.5	-4.15	51.76
Bread unsliced 500g	1 loaf	286.67	1.47	15.96
Broken Rice (Ofada)	1Kg	639.32	3.89	19.71
Chicken Feet	1Kg	766.67	3.21	-4.17
Chicken Wings	1Kg	1105.26	-1.1	4.48
Evaporated tinned milk carnation 170g	1 unit	176	1.82	20
Evaporated tinned milk(peak), 170g	1 unit	202.38	0.08	3.32
Frozen chicken	1 unit	1680	3.38	12
Gari white,sold loose	1Kg	161.72	3.22	31.11
Gari yellow,sold loose	1Kg	207.59	5.26	50.39
Mudfish (aro) fresh	1Kg	1178.96	3.89	19.76
Mudfish : dried	1Kg	1806.29	-0.13	-0.13
Onion bulb	1Kg	274.72	10.45	30.83
Rice agric sold loose	1Kg	419.66	1.65	20.83
Rice local sold loose	1Kg	423.67	1.28	63.29
Rice Medium Grained	1Kg	355.5	0.37	14.8
Rice,imported high quality sold loose	1Kg	509.56	3.46	48.76
Tomato	1Kg	315.44	7.25	23.09
Yam tuber	1Kg	256.79	5.89	5.68
Dried Fish Sardine	1Kg	1241.27	0.98	-9.91
Iced Sardine	1Kg	985.99	0.92	23.94
Irish potato	1Kg	490.13	7.2	31.88
Sweet potato	1Kg	208.19	1.84	-0.74
Tilapia fish (epiya) fresh	1Kg	861.54	-1.35	1.36
Titus:frozen	1Kg	998.05	0	1.41
Catfish (obokun) fresh	1Kg	1311.88	1.11	1.12
Catfish :dried	1Kg	1689.9	4.3	2.22
Catfish Smoked	1Kg	1600	0.9	0.42
Mackerel : frozen	1Kg	992.5	6.02	17
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	2.27	10.2
Maize grain white sold loose	1Kg	240.05	-4.29	7.7
Maize grain yellow sold loose	1Kg	243.82	-4.87	5.87
Palm oil: 1 bottle,specify bottle	1Ltr	504.67	4.41	12.72
Plantain(ripe)	1Kg	245.62	-12.92	18.61
Plantain(unripe)	1Kg	264.2	-9.37	30.61
Vegetable oil:1 bottle,specify bottle	1Ltr	581.48	-1.52	11.97
Wheat flour: prepacked (golden penny 2kg)	2Kg	669.44	-0.3	11.27
AVERAGE			1.45	14.66



SELECTED FOOD PRICE WATCH - JUNE 2020


Nasarawa State








 Tomato

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N188.73






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N232.38






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N339.37






 Bread sliced 500g

	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N385.00






 Yam Tuber

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N211.29






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N495.24






 Beef, boneless

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1238.46






 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N205.96





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N219.03



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N656.25

SELECTED FOOD PRICE WATCH - JUNE 2020

Nasarawa State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	533.33	14.91	9.95
Agric eggs(medium size price of one)	1 Piece	44.54	5.78	11.35
Beans brown,sold loose	1Kg	232.38	4.22	-11.16
Beans:white black eye. sold loose	1Kg	215.36	7.39	-23.63
Beef Bone in	1Kg	1097.54	5.34	9.3
Beef,boneless	1Kg	1238.46	2.05	8.98
Bread sliced 500g	1 loaf	385	28.05	66.08
Bread unsliced 500g	1 loaf	338.46	13.44	-3.72
Broken Rice (Ofada)	1Kg	318.97	5.82	3.82
Chicken Feet	1Kg	550	-5.39	-18.32
Chicken Wings	1Kg	715	14.4	-11.7
Evaporated tinned milk carnation 170g	1 unit	150	5.61	-3.23
Evaporated tinned milk(peak), 170g	1 unit	193.08	1.54	-2.71
Frozen chicken	1 unit	1800	-3.08	-3.74
Gari white,sold loose	1Kg	219.03	53.7	58.06
Gari yellow,sold loose	1Kg	239.09	40.97	91.69
Mudfish (aro) fresh	1Kg	906.06	5.82	3.55
Mudfish : dried	1Kg	1336.4	2.17	-13.47
Onion bulb	1Kg	205.96	21.65	2.7
Rice agric sold loose	1Kg	343.3	9.16	23.88
Rice local sold loose	1Kg	339.37	8.51	25.74
Rice Medium Grained	1Kg	331.94	-7.37	3.02
Rice,imported high quality sold loose	1Kg	476.52	19.08	28.29
Tomato	1Kg	188.73	39.33	-7.07
Yam tuber	1Kg	211.29	59.31	88.68
Dried Fish Sardine	1Kg	1325.62	-2.53	-4.85
Iced Sardine	1Kg	958.18	6.07	4.15
Irish potato	1Kg	237.23	16.44	29.18
Sweet potato	1Kg	231.52	18.44	130.49
Tilapia fish (epiya) fresh	1Kg	903.03	3.7	2.29
Titus:frozen	1Kg	1013.56	2.48	9.81
Catfish (obokun) fresh	1Kg	888.89	6.67	4.58
Catfish :dried	1Kg	1499.17	6.51	0.03
Catfish Smoked	1Kg	1400.5	0.03	6.56
Mackerel : frozen	1Kg	1021.11	5.85	13.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	615.38	17.85	9.09
Maize grain white sold loose	1Kg	132.58	-2.38	37.36
Maize grain yellow sold loose	1Kg	128.4	-7.06	36.27
Palm oil: 1 bottle,specify bottle	1Ltr	495.24	20.12	-6.24
Plantain(ripe)	1Kg	254.72	37.47	-6.09
Plantain(unripe)	1Kg	297.51	48.38	11.38
Vegetable oil:1 bottle,specify bottle	1Ltr	600	11.27	7.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	656.25	-4.55	-7.2
AVERAGE			12.49	14.28


SELECTED FOOD PRICE WATCH - JUNE 2020



Niger State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N150.00



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N189.00



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N330.38



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N340.00



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N257.95



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N492.06



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1273.88



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N224.62

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N196.92

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N675.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Niger State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	479.8	5.45	-0.04
Agric eggs(medium size price of one)	1 Piece	42.61	9.23	8.79
Beans brown,sold loose	1Kg	189	16.79	-38.91
Beans:white black eye. sold loose	1Kg	201.54	22.99	-0.64
Beef Bone in	1Kg	1046.8	4.42	6.73
Beef,boneless	1Kg	1273.88	6.48	26.97
Bread sliced 500g	1 loaf	340	12.09	24.77
Bread unsliced 500g	1 loaf	287.5	2.35	8.49
Broken Rice (Ofada)	1Kg	397.5	-0.23	9.45
Chicken Feet	1Kg	840	5.23	-9.48
Chicken Wings	1Kg	833.33	-1.13	-12.28
Evaporated tinned milk carnation 170g	1 unit	150	-0.56	7.14
Evaporated tinned milk(peak), 170g	1 unit	182.38	4.22	1.84
Frozen chicken	1 unit	1736.67	3.36	-3.52
Gari white,sold loose	1Kg	196.92	18.86	35.94
Gari yellow,sold loose	1Kg	280	28.74	81.48
Mudfish (aro) fresh	1Kg	866.67	-1.65	-11.72
Mudfish : dried	1Kg	1400	-6.21	-11.47
Onion bulb	1Kg	224.62	9.51	9.77
Rice agric sold loose	1Kg	320.45	4.26	-15.1
Rice local sold loose	1Kg	330.38	14.04	15.74
Rice Medium Grained	1Kg	366.98	20.62	19.83
Rice,imported high quality sold loose	1Kg	366.67	2.9	-5.88
Tomato	1Kg	150	-3.32	-13.84
Yam tuber	1Kg	257.95	59.76	32.04
Dried Fish Sardine	1Kg	1330.3	-4.28	2.31
Iced Sardine	1Kg	1020	8.32	10.27
Irish potato	1Kg	233.33	46.27	-11.31
Sweet potato	1Kg	125	-0.24	-17.62
Tilapia fish (epiya) fresh	1Kg	605.94	1.61	-26.99
Titus:frozen	1Kg	1061.11	10.3	10.57
Catfish (obokun) fresh	1Kg	966.67	8.75	8.01
Catfish :dried	1Kg	1336.49	3.36	1.31
Catfish Smoked	1Kg	1306.32	2.03	-3.46
Mackerel : frozen	1Kg	940	2.78	-15.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	508.99	10.2	17.1
Maize grain white sold loose	1Kg	186.92	65.69	139.43
Maize grain yellow sold loose	1Kg	189.09	61.51	129.7
Palm oil: 1 bottle,specify bottle	1Ltr	492.06	2.99	9.35
Plantain(ripe)	1Kg	257.14	22.47	54.29
Plantain(unripe)	1Kg	200	10.46	0
Vegetable oil:1 bottle,specify bottle	1Ltr	480.7	3.95	16.3
Wheat flour: prepacked (golden penny 2kg)	2Kg	675	8.87	4.65
AVERAGE			11.7	11.51




SELECTED FOOD PRICE WATCH - JUNE 2020




Ogun State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N375.26
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N248.40
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N391.17
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N314.71
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N352.66
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N442.35
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1224.97
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N255.84
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N175.86
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N676.67
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SELECTED FOOD PRICE WATCH - JUNE 2020

Ogun State




	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	450.63	-2.6	-8.43
Agric eggs(medium size price of one)	1 Piece	42.82	2.27	9.8
Beans brown,sold loose	1Kg	248.4	10.53	-19.39
Beans:white black eye. sold loose	1Kg	246.03	-0.65	-15.9
Beef Bone in	1Kg	857.52	1.65	2.39
Beef,boneless	1Kg	1224.97	0.05	9.66
Bread sliced 500g	1 loaf	314.71	-2.27	4.9
Bread unsliced 500g	1 loaf	287.78	0.75	11.66
Broken Rice (Ofada)	1Kg	617.79	-1.58	23.54
Chicken Feet	1Kg	800	-3.9	-2.44
Chicken Wings	1Kg	1236.67	-0.73	7.73
Evaporated tinned milk carnation 170g	1 unit	165	3.13	10
Evaporated tinned milk(peak), 170g	1 unit	210.59	2.58	2.95
Frozen chicken	1 unit	1614	0.83	9.3
Gari white,sold loose	1Kg	175.86	9.77	26.61
Gari yellow,sold loose	1Kg	258.13	4.74	48.34
Mudfish (aro) fresh	1Kg	932.26	-3.68	-15.4
Mudfish : dried	1Kg	2492.04	1.86	3.77
Onion bulb	1Kg	255.84	1.32	-18.22
Rice agric sold loose	1Kg	480.24	-6.38	59.58
Rice local sold loose	1Kg	391.17	1.49	25.42
Rice Medium Grained	1Kg	438.13	-3.56	53.35
Rice,imported high quality sold loose	1Kg	552.3	1.22	67.24
Tomato	1Kg	375.26	10.64	53.16
Yam tuber	1Kg	352.66	4.75	31.38
Dried Fish Sardine	1Kg	1452.38	0.84	3.87
Iced Sardine	1Kg	747.19	-1.14	-0.22
Irish potato	1Kg	343.09	1	40.26
Sweet potato	1Kg	181.39	36.3	29.94
Tilapia fish (epiya) fresh	1Kg	909.38	4.97	5.54
Titus:frozen	1Kg	1003.51	3.07	15.88
Catfish (obokun) fresh	1Kg	858.24	2.03	0.57
Catfish :dried	1Kg	1721.43	0.43	-3.69
Catfish Smoked	1Kg	1561.11	0.12	3.46
Mackerel : frozen	1Kg	842.15	-2.23	-0.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	622.22	-0.36	20.9
Maize grain white sold loose	1Kg	169.63	-1.4	30.87
Maize grain yellow sold loose	1Kg	180.9	19.5	32.86
Palm oil: 1 bottle,specify bottle	1Ltr	442.35	3.68	1.77
Plantain(ripe)	1Kg	196.01	-4.26	-22.26
Plantain(unripe)	1Kg	176.23	5.31	0.98
Vegetable oil:1 bottle,specify bottle	1Ltr	591.67	-3.18	15.02
Wheat flour: prepacked (golden penny 2kg)	2Kg	676.67	-0.28	8.77
AVERAGE			2.25	13.13

SELECTED FOOD PRICE WATCH - JUNE 2020

Ondo State



 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N373.62	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N341.53
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N391.21	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N256.82
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N218.86	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N458.67
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1412.43	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N263.78
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N148.40	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N595.50

SELECTED FOOD PRICE WATCH - JUNE 2020

Ondo State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	454.74	-1.02	-6.44
Agric eggs(medium size price of one)	1 Piece	42.5	4.41	8.28
Beans brown,sold loose	1Kg	341.53	-0.01	-7.85
Beans:white black eye. sold loose	1Kg	226.54	-1.41	-17.9
Beef Bone in	1Kg	950.71	-4.29	-5.24
Beef,boneless	1Kg	1412.43	-0.58	15.09
Bread sliced 500g	1 loaf	256.82	1.53	0.61
Bread unsliced 500g	1 loaf	247.62	-0.42	0.05
Broken Rice (Ofada)	1Kg	394.36	-1.16	11.64
Chicken Feet	1Kg	1050	3.4	9.09
Chicken Wings	1Kg	1091.11	0.41	-1.69
Evaporated tinned milk carnation 170g	1 unit	170	0.99	3.03
Evaporated tinned milk(peak), 170g	1 unit	191.25	-0.51	-0.99
Frozen chicken	1 unit	1840.91	2.26	9.1
Gari white,sold loose	1Kg	148.4	8.7	8.5
Gari yellow,sold loose	1Kg	172.92	1.83	31.09
Mudfish (aro) fresh	1Kg	938.03	-3.83	9.54
Mudfish : dried	1Kg	1638.63	-0.51	-4.24
Onion bulb	1Kg	263.78	3.14	36.06
Rice agric sold loose	1Kg	402.5	0.48	20.75
Rice local sold loose	1Kg	391.21	0.99	31.01
Rice Medium Grained	1Kg	487.45	10.78	52.19
Rice,imported high quality sold loose	1Kg	560.62	8.81	59.84
Tomato	1Kg	373.62	19.28	49.55
Yam tuber	1Kg	218.86	-0.42	35.5
Dried Fish Sardine	1Kg	1211.87	-1.4	6.58
Iced Sardine	1Kg	916.94	-6.47	12.39
Irish potato	1Kg	261.11	-2.08	13.53
Sweet potato	1Kg	117.44	-7.93	-21.91
Tilapia fish (epiya) fresh	1Kg	827.86	9.07	-3.47
Titus:frozen	1Kg	939.43	1.33	6.78
Catfish (obokun) fresh	1Kg	948.75	2.38	21.55
Catfish :dried	1Kg	1475.66	-0.64	-7.84
Catfish Smoked	1Kg	1428.57	2.04	6.17
Mackerel : frozen	1Kg	947.42	2.42	11.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	633.33	2.07	13.1
Maize grain white sold loose	1Kg	171.14	2.76	6.85
Maize grain yellow sold loose	1Kg	182.75	10.41	17.07
Palm oil: 1 bottle,specify bottle	1Ltr	458.67	1.34	6.67
Plantain(ripe)	1Kg	252.3	2.07	-4.81
Plantain(unripe)	1Kg	260.47	2.98	-9.46
Vegetable oil:1 bottle,specify bottle	1Ltr	649.39	0.19	35.29
Wheat flour: prepacked (golden penny 2kg)	2Kg	595.5	0.54	-4.72
AVERAGE			1.72	10.52




SELECTED FOOD PRICE WATCH - JUNE 2020




Osun State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N295.16




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N251.48




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N345.51




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT 1 loaf	JUNE 2020 N331.82




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N372.54

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT 1Ltr	JUNE 2020 N415.00

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N1261.65

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N180.92

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT 1KG	JUNE 2020 N182.87

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT 2KG	JUNE 2020 N635.71

SELECTED FOOD PRICE WATCH - JUNE 2020

Osun State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	414.71	0.25	-14.49
Agric eggs(medium size price of one)	1 Piece	37.94	1.19	0.07
Beans brown,sold loose	1Kg	251.48	4.27	-30.26
Beans:white black eye. sold loose	1Kg	207	0.61	-17.57
Beef Bone in	1Kg	761	-1.01	-6.39
Beef,boneless	1Kg	1261.65	-1.15	4.13
Bread sliced 500g	1 loaf	331.82	2.1	8.03
Bread unsliced 500g	1 loaf	260.71	0.73	4.29
Broken Rice (Ofada)	1Kg	418.5	0.72	15.92
Chicken Feet	1Kg	870	1.16	2.21
Chicken Wings	1Kg	1025	-0.49	2.57
Evaporated tinned milk carnation 170g	1 unit	175	-1.69	0.44
Evaporated tinned milk(peak), 170g	1 unit	201.67	-0.34	0
Frozen chicken	1 unit	1700	0	0
Gari white,sold loose	1Kg	182.87	-1	71.44
Gari yellow,sold loose	1Kg	195.31	2.48	68.33
Mudfish (aro) fresh	1Kg	975	3.12	18.9
Mudfish : dried	1Kg	1648.72	3.14	3.03
Onion bulb	1Kg	180.92	0.36	-10.52
Rice agric sold loose	1Kg	324.5	2.75	-1.73
Rice local sold loose	1Kg	345.51	6.15	43.96
Rice Medium Grained	1Kg	447.57	-3.4	57.15
Rice,imported high quality sold loose	1Kg	470.5	1.07	59.97
Tomato	1Kg	295.16	1.36	45.13
Yam tuber	1Kg	372.54	-2.85	81.29
Dried Fish Sardine	1Kg	1579.23	-1.13	0.07
Iced Sardine	1Kg	657.95	0.15	1.18
Irish potato	1Kg	250.75	0.3	-16.42
Sweet potato	1Kg	101.02	3.08	3.96
Tilapia fish (epiya) fresh	1Kg	715.51	-0.14	4.14
Titus:frozen	1Kg	734.44	4.47	-8.62
Catfish (obokun) fresh	1Kg	961	5.6	8.11
Catfish :dried	1Kg	1668.93	-1.4	-11.35
Catfish Smoked	1Kg	1641.11	0.16	3.66
Mackerel : frozen	1Kg	987.7	-1.01	16.43
Groundnut oil: 1 bottle, specify bottle	1Ltr	686.67	1.71	11.96
Maize grain white sold loose	1Kg	141.88	5.69	44.89
Maize grain yellow sold loose	1Kg	157.11	10.31	41.07
Palm oil: 1 bottle,specify bottle	1Ltr	415	4.4	-0.66
Plantain(ripe)	1Kg	235.49	13.57	14.74
Plantain(unripe)	1Kg	185.76	0.31	-14.65
Vegetable oil:1 bottle,specify bottle	1Ltr	626.67	1.62	44.62
Wheat flour: prepacked (golden penny 2kg)	2Kg	635.71	1.71	4.71
AVERAGE			1.6	12.88




SELECTED FOOD PRICE WATCH - JUNE 2020




Oyo State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N243.45




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N285.47




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N353.80




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1 loaf	N307.50




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N316.18

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1Ltr	N412.63

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N1150.01

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N203.35

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	1KG	N194.92

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	JUNE 2020
	2KG	N631.25

SELECTED FOOD PRICE WATCH - JUNE 2020


Oyo State





	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	464.5	5.95	-4.8
Agric eggs(medium size price of one)	1 Piece	39.85	4.87	5.93
Beans brown,sold loose	1Kg	285.47	-3.54	-31.5
Beans:white black eye. sold loose	1Kg	210.53	2.37	-42.59
Beef Bone in	1Kg	914.23	1.67	-11.9
Beef,boneless	1Kg	1150.01	1.56	-1.76
Bread sliced 500g	1 loaf	307.5	1.49	2.5
Bread unsliced 500g	1 loaf	247.22	-3.55	-6.12
Broken Rice (Ofada)	1Kg	650	5.62	10.18
Chicken Feet	1Kg	850	3.03	-0.97
Chicken Wings	1Kg	1057.14	-0.28	14.29
Evaporated tinned milk carnation 170g	1 unit	153.33	1.26	0.55
Evaporated tinned milk(peak), 170g	1 unit	197.62	3.11	4.01
Frozen chicken	1 unit	2450	-2	44.12
Gari white,sold loose	1Kg	194.92	8.02	24.66
Gari yellow,sold loose	1Kg	233.64	1.18	29.42
Mudfish (aro) fresh	1Kg	908.72	5.22	12.62
Mudfish : dried	1Kg	1725.33	1.79	7.99
Onion bulb	1Kg	203.35	-7.36	-14.41
Rice agric sold loose	1Kg	376.13	-0.63	9.02
Rice local sold loose	1Kg	353.8	1.27	30.6
Rice Medium Grained	1Kg	466.79	3.25	52.27
Rice,imported high quality sold loose	1Kg	475.9	0.08	46.2
Tomato	1Kg	243.45	-2.84	-5.68
Yam tuber	1Kg	316.18	-5.42	59.7
Dried Fish Sardine	1Kg	1027.93	-2.17	-5.34
Iced Sardine	1Kg	875.41	0.76	14.19
Irish potato	1Kg	291.7	-2.02	-2.31
Sweet potato	1Kg	181.43	-1.76	24.15
Tilapia fish (epiya) fresh	1Kg	917.95	5.83	17.35
Titus:frozen	1Kg	929.91	1.28	1.99
Catfish (obokun) fresh	1Kg	920	-1.6	-7.36
Catfish :dried	1Kg	1681.11	-0.91	0.4
Catfish Smoked	1Kg	1474.62	0.54	-0.79
Mackerel : frozen	1Kg	775.93	-0.5	-12.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	650	-2.5	22.57
Maize grain white sold loose	1Kg	160.48	8.32	29.03
Maize grain yellow sold loose	1Kg	178.68	14.02	49.83
Palm oil: 1 bottle,specify bottle	1Ltr	412.63	5.6	-8.98
Plantain(ripe)	1Kg	204.31	2.31	-3
Plantain(unripe)	1Kg	185.77	-9.95	-9.88
Vegetable oil:1 bottle,specify bottle	1Ltr	584.67	0.8	19.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	631.25	-0.33	-2.27
AVERAGE			1.02	8.4


SELECTED FOOD PRICE WATCH - JUNE 2020



Plateau State


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N242.09



Tomato




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N270.52



Beans brown, sold loose




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N359.71



Rice Local sold Loose




	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N290.00



Bread sliced 500g




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N306.48



Yam Tuber




	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N560.00



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1275.00



Beef, boneless




	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N260.61



Onion bulb



	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N227.64

Garri white, sold Loose



	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N707.50

Wheat flour: prepacked (golden penny) 2kg

SELECTED FOOD PRICE WATCH - JUNE 2020

Plateau State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	462.67	5.67	-3.61
Agric eggs(medium size price of one)	1 Piece	39.5	5.33	0.85
Beans brown,sold loose	1Kg	270.52	6.28	-12.56
Beans:white black eye. sold loose	1Kg	238.2	-3.4	-21.34
Beef Bone in	1Kg	1184.39	-1.71	18.34
Beef,boneless	1Kg	1275	-2.57	7.75
Bread sliced 500g	1 loaf	290	3	36.47
Bread unsliced 500g	1 loaf	268.18	-5.35	1.2
Broken Rice (Ofada)	1Kg	450	24.65	23.91
Chicken Feet	1Kg	620	4.84	-10.14
Chicken Wings	1Kg	678	2.7	-20.24
Evaporated tinned milk carnation 170g	1 unit	171.67	10.4	22.62
Evaporated tinned milk(peak), 170g	1 unit	185	1.48	3.3
Frozen chicken	1 unit	2920	-2.01	4.29
Gari white,sold loose	1Kg	227.64	9.74	57.14
Gari yellow,sold loose	1Kg	292.83	36.77	68.02
Mudfish (aro) fresh	1Kg	893.98	4.62	-5.27
Mudfish : dried	1Kg	1454.41	1.11	-8.03
Onion bulb	1Kg	260.61	37.82	68.54
Rice agric sold loose	1Kg	416.67	12.38	50.18
Rice local sold loose	1Kg	359.71	25.27	26.01
Rice Medium Grained	1Kg	350	0.57	15.42
Rice,imported high quality sold loose	1Kg	417.97	4.02	19.57
Tomato	1Kg	242.09	33.34	18.61
Yam tuber	1Kg	306.48	38.98	42.31
Dried Fish Sardine	1Kg	1411.23	0.32	0.8
Iced Sardine	1Kg	1020	6.15	10.27
Irish potato	1Kg	300	4.88	14.03
Sweet potato	1Kg	246.54	45.2	62.47
Tilapia fish (epiya) fresh	1Kg	728.85	-3.32	-12.19
Titus:frozen	1Kg	1046.59	4.8	9.05
Catfish (obokun) fresh	1Kg	1060.67	10	-3.14
Catfish :dried	1Kg	1750	-3.52	-13.33
Catfish Smoked	1Kg	1456.07	1.88	-6.25
Mackerel : frozen	1Kg	1020	9.29	3.38
Groundnut oil: 1 bottle, specify bottle	1Ltr	464.67	5.36	6.9
Maize grain white sold loose	1Kg	157.96	48.95	46.16
Maize grain yellow sold loose	1Kg	157.98	48.11	54.4
Palm oil: 1 bottle,specify bottle	1Ltr	560	18.79	24.44
Plantain(ripe)	1Kg	351.44	15.09	31.79
Plantain(unripe)	1Kg	339.05	12.84	69.52
Vegetable oil:1 bottle,specify bottle	1Ltr	578.57	14.62	39.98
Wheat flour: prepacked (golden penny 2kg)	2Kg	707.5	8.27	9.69
AVERAGE			11.67	17.47


SELECTED FOOD PRICE WATCH - JUNE 2020



Rivers State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N518.87



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N418.23



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N453.22



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N385.00



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N358.62



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N501.22



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1502.34



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N301.17

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N303.27

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N802.78

SELECTED FOOD PRICE WATCH - JUNE 2020

Rivers State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	544.55	-8.49	7.17
Agric eggs(medium size price of one)	1 Piece	48.18	-3.61	20.45
Beans brown,sold loose	1Kg	418.23	4.52	7.23
Beans:white black eye. sold loose	1Kg	385.73	4.96	9.23
Beef Bone in	1Kg	1049.69	0.01	15.98
Beef,boneless	1Kg	1502.34	3.61	16.77
Bread sliced 500g	1 loaf	385	6.83	19.38
Bread unsliced 500g	1 loaf	369.05	5.6	14.81
Broken Rice (Ofada)	1Kg	482.4	0.5	17.92
Chicken Feet	1Kg	1034.38	1.82	23.65
Chicken Wings	1Kg	1250	3.83	16.15
Evaporated tinned milk carnation 170g	1 unit	152.75	1.58	2.98
Evaporated tinned milk(peak), 170g	1 unit	187.27	2.51	-0.96
Frozen chicken	1 unit	1753.85	2.96	1.9
Gari white,sold loose	1Kg	303.27	4.23	71.45
Gari yellow,sold loose	1Kg	327.72	9.18	81.64
Mudfish (aro) fresh	1Kg	868.33	-2.98	-3.52
Mudfish : dried	1Kg	2351.85	-1.48	-4.51
Onion bulb	1Kg	301.17	9.81	15.61
Rice agric sold loose	1Kg	500.61	0.56	8.77
Rice local sold loose	1Kg	453.22	0.71	18.28
Rice Medium Grained	1Kg	521.81	1.97	15.43
Rice,imported high quality sold loose	1Kg	601.22	0.51	34.44
Tomato	1Kg	518.87	12.34	16.11
Yam tuber	1Kg	358.62	3.69	74.72
Dried Fish Sardine	1Kg	1579.61	-3.07	0.06
Iced Sardine	1Kg	1206.3	3.71	12.26
Irish potato	1Kg	502.02	4.91	35.67
Sweet potato	1Kg	225.12	-2.65	30.8
Tilapia fish (epiya) fresh	1Kg	1026.75	4.03	9.39
Titus:frozen	1Kg	1014.75	-5.66	12.64
Catfish (obokun) fresh	1Kg	965.24	-6.28	-3.84
Catfish :dried	1Kg	1650.48	-2.81	22.2
Catfish Smoked	1Kg	1688.89	-0.94	0.93
Mackerel : frozen	1Kg	1079.24	7.51	0.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	644.44	7.41	15.08
Maize grain white sold loose	1Kg	262.11	13.37	28.18
Maize grain yellow sold loose	1Kg	264.04	11.42	17.53
Palm oil: 1 bottle,specify bottle	1Ltr	501.22	1.12	0.24
Plantain(ripe)	1Kg	358.49	20.5	77.41
Plantain(unripe)	1Kg	335.31	18.96	67.38
Vegetable oil:1 bottle,specify bottle	1Ltr	696.32	-0.51	15.95
Wheat flour: prepacked (golden penny 2kg)	2Kg	802.78	-1.2	8.41
AVERAGE			3.14	19.82


SELECTED FOOD PRICE WATCH - JUNE 2020



Sokoto State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N131.67



 Rice
Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N246.06



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N227.27



 Beef,
boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1161.67



 Garri
white,sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N164.29



 Beans
brown,
sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N256.94



 Bread
sliced
500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N335.71



 Palm oil:
1 bottle

	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N525.38

 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N131.95

 Wheat flour:
prepacked
(golden penny
2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N666.67

SELECTED FOOD PRICE WATCH - JUNE 2020

Sokoto State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	476.43	-0.74	-3.89
Agric eggs(medium size price of one)	1 Piece	42.23	0.55	5.58
Beans brown,sold loose	1Kg	256.94	4.71	-5.51
Beans:white black eye. sold loose	1Kg	227.51	2.52	-23.52
Beef Bone in	1Kg	1120	-0.76	14.17
Beef,boneless	1Kg	1161.67	2.12	5.13
Bread sliced 500g	1 loaf	335.71	2.71	6.02
Bread unsliced 500g	1 loaf	335	-8.4	14.04
Broken Rice (Ofada)	1Kg	314.66	7.35	-11.43
Chicken Feet	1Kg	500	0.91	0
Chicken Wings	1Kg	696.13	5.47	-2.98
Evaporated tinned milk carnation 170g	1 unit	160	6.67	-5.47
Evaporated tinned milk(peak), 170g	1 unit	195.77	1.51	-0.75
Frozen chicken	1 unit	2400	1.69	10.18
Gari white,sold loose	1Kg	164.29	-0.67	24.32
Gari yellow,sold loose	1Kg	229.96	10.79	22.29
Mudfish (aro) fresh	1Kg	1118	0.72	20.57
Mudfish : dried	1Kg	1919.7	1.04	6.73
Onion bulb	1Kg	131.95	1.15	-17.96
Rice agric sold loose	1Kg	349	1.64	1.4
Rice local sold loose	1Kg	246.06	0.12	2.36
Rice Medium Grained	1Kg	328.23	0.25	41.02
Rice,imported high quality sold loose	1Kg	357.62	3.44	-6.2
Tomato	1Kg	131.67	1.06	13.59
Yam tuber	1Kg	227.27	0.26	9.28
Dried Fish Sardine	1Kg	1450	0.31	13.48
Iced Sardine	1Kg	900	-1.1	12.44
Irish potato	1Kg	313.64	0.25	68.51
Sweet potato	1Kg	174.59	1.78	-33.04
Tilapia fish (epiya) fresh	1Kg	774.68	-0.04	8.94
Titus:frozen	1Kg	916.67	1.1	0
Catfish (obokun) fresh	1Kg	1005	0.5	14.64
Catfish :dried	1Kg	1250	-0.19	6.13
Catfish Smoked	1Kg	1240	0.4	-4.62
Mackerel : frozen	1Kg	813.33	2.31	-2.4
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.15	-3.77	24.43
Maize grain white sold loose	1Kg	109.56	1.58	-0.64
Maize grain yellow sold loose	1Kg	120.91	4.44	9.65
Palm oil: 1 bottle,specify bottle	1Ltr	525.38	2.35	4.04
Plantain(ripe)	1Kg	216.67	5.69	9.01
Plantain(unripe)	1Kg	210	-8.7	8.24
Vegetable oil:1 bottle,specify bottle	1Ltr	562.82	-0.09	13.57
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.67	0.5	2.56
AVERAGE			1.24	6.37


SELECTED FOOD PRICE WATCH - JUNE 2020



Taraba State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N155.92



 Rice
Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N261.07



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N131.27



 Beef,
boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1197.76



 Garri
white,sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N175.82



 Beans
brown,
sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N205.80



 Bread
sliced
500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N366.67



 Palm oil:
1 bottle

	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N486.67

 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N208.69

 Wheat flour:
prepacked
(golden penny
2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N750.00

SELECTED FOOD PRICE WATCH - JUNE 2020

Taraba State









	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	403	-1.71	-17.87
Agric eggs(medium size price of one)	1 Piece	36.05	-0.16	-9.87
Beans brown,sold loose	1Kg	205.8	12.95	-32.42
Beans:white black eye. sold loose	1Kg	175.46	17.81	-26.34
Beef Bone in	1Kg	855.1	-0.8	-1.72
Beef,boneless	1Kg	1197.76	0.73	13.98
Bread sliced 500g	1 loaf	366.67	1.54	16.4
Bread unsliced 500g	1 loaf	260	-15.35	-6.84
Broken Rice (Ofada)	1Kg	383.82	5.12	-14.9
Chicken Feet	1Kg	350	-10.29	-4.4
Chicken Wings	1Kg	500	-3.27	-9.44
Evaporated tinned milk carnation 170g	1 unit	151.01	-0.38	0.67
Evaporated tinned milk(peak), 170g	1 unit	180	4.08	-8.28
Frozen chicken	1 unit	1500	2.08	9.79
Gari white,sold loose	1Kg	175.82	7.03	27.42
Gari yellow,sold loose	1Kg	194.66	10.3	50.97
Mudfish (aro) fresh	1Kg	800	-3.56	2.3
Mudfish : dried	1Kg	1450	-0.46	-8.85
Onion bulb	1Kg	208.69	53.23	61.99
Rice agric sold loose	1Kg	400	14.24	32.59
Rice local sold loose	1Kg	261.07	-7.07	24.14
Rice Medium Grained	1Kg	434.76	5.71	38.33
Rice,imported high quality sold loose	1Kg	404.98	4.64	45.46
Tomato	1Kg	155.92	5.94	-12.04
Yam tuber	1Kg	131.27	5.28	19.15
Dried Fish Sardine	1Kg	1350	3.91	20.25
Iced Sardine	1Kg	916.67	-4.81	1.85
Irish potato	1Kg	234.15	28.02	9.54
Sweet potato	1Kg	171.23	18.66	67.58
Tilapia fish (epiya) fresh	1Kg	505	6.05	-12.98
Titus:frozen	1Kg	904.04	1.88	6.36
Catfish (obokun) fresh	1Kg	800	-8.01	-23.98
Catfish :dried	1Kg	1368.42	-1.68	-13.66
Catfish Smoked	1Kg	1409.82	3.78	-1.68
Mackerel : frozen	1Kg	862.39	-0.89	3.49
Groundnut oil: 1 bottle, specify bottle	1Ltr	579.65	12.19	9.57
Maize grain white sold loose	1Kg	112.59	-0.39	42.81
Maize grain yellow sold loose	1Kg	119.16	6.27	47.87
Palm oil: 1 bottle,specify bottle	1Ltr	486.67	-5.27	-17.75
Plantain(ripe)	1Kg	240.38	11.61	13.12
Plantain(unripe)	1Kg	216.67	23.81	32.48
Vegetable oil:1 bottle,specify bottle	1Ltr	528.63	-5.73	-2.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	3.24	-2.28
AVERAGE			4.66	8.62




SELECTED FOOD PRICE WATCH - JUNE 2020




Yobe State









 Tomato	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N142.86
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N183.33
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N257.14
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 JUNE 2020 N250.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N127.27
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 JUNE 2020 N450.00
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N1150.00
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N165.44
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 JUNE 2020 N184.17
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 JUNE 2020 N665.24
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SELECTED FOOD PRICE WATCH - JUNE 2020

Yobe State






	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	457.92	2.65	-6.02
Agric eggs(medium size price of one)	1 Piece	45	17.48	23.53
Beans brown,sold loose	1Kg	183.33	34.99	-19.71
Beans:white black eye. sold loose	1Kg	208.68	38.34	-30.42
Beef Bone in	1Kg	900	-3.01	-14.65
Beef,boneless	1Kg	1150	-2.57	-4.17
Bread sliced 500g	1 loaf	250	-16.67	-15.46
Bread unsliced 500g	1 loaf	175	-22.12	-25.76
Broken Rice (Ofada)	1Kg	342.56	5.57	35.9
Chicken Feet	1Kg	423.78	5.53	-4.62
Chicken Wings	1Kg	679.8	11.1	-3.05
Evaporated tinned milk carnation 170g	1 unit	146.5	0.34	-9.19
Evaporated tinned milk(peak), 170g	1 unit	173.33	-2.29	-8.26
Frozen chicken	1 unit	2211.87	0.66	6.85
Gari white,sold loose	1Kg	184.17	-2.48	0.09
Gari yellow,sold loose	1Kg	217.46	10.9	49.21
Mudfish (aro) fresh	1Kg	877.78	5.33	-10.43
Mudfish : dried	1Kg	1551.15	1.16	-13.2
Onion bulb	1Kg	165.44	-10.62	32.25
Rice agric sold loose	1Kg	289.06	-6.89	10.56
Rice local sold loose	1Kg	257.14	-6.74	15.74
Rice Medium Grained	1Kg	360.15	6.9	46.5
Rice,imported high quality sold loose	1Kg	406.25	3.93	40.54
Tomato	1Kg	142.86	-25.23	-12.72
Yam tuber	1Kg	127.27	-11.07	-33.99
Dried Fish Sardine	1Kg	1498.37	3.75	1.17
Iced Sardine	1Kg	950	-1.66	0
Irish potato	1Kg	276.15	30.8	35.26
Sweet potato	1Kg	161.36	34.99	75.93
Tilapia fish (epiya) fresh	1Kg	494.12	-12.94	-15.54
Titus:frozen	1Kg	1177.97	2.43	10.09
Catfish (obokun) fresh	1Kg	798.04	-0.69	-0.24
Catfish :dried	1Kg	1838.01	4.25	-2.67
Catfish Smoked	1Kg	1656.74	3.53	-7.42
Mackerel : frozen	1Kg	906.38	-0.24	-1.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	553.33	2.76	6.55
Maize grain white sold loose	1Kg	110.71	-6.12	4.99
Maize grain yellow sold loose	1Kg	90.69	-16.06	-14.98
Palm oil: 1 bottle,specify bottle	1Ltr	450	5.06	-8.35
Plantain(ripe)	1Kg	200.23	5.15	0.12
Plantain(unripe)	1Kg	195.53	3.2	5.69
Vegetable oil:1 bottle,specify bottle	1Ltr	560	12.3	23.97
Wheat flour: prepacked (golden penny 2kg)	2Kg	665.24	-0.43	2.34
AVERAGE			2.45	3.83


SELECTED FOOD PRICE WATCH - JUNE 2020



Zamfara State






 Tomato


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N245.31



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N264.85



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N254.49



 Bread sliced 500g


	
UNIT OF MEASUREMENT	JUNE 2020
1 loaf	N350.00



 Yam Tuber


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N223.18



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	JUNE 2020
1Ltr	N451.28



 Beef, boneless


	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N1281.82



 Onion bulb

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N193.33

 Garri white, sold Loose

	
UNIT OF MEASUREMENT	JUNE 2020
1KG	N158.10

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	JUNE 2020
2KG	N635.50

SELECTED FOOD PRICE WATCH - JUNE 2020

Zamfara State



	Unit of Measurement	Jun-20	JUN 2019-JUN 2020)	MAY 2020-JUN 2020
Agric eggs medium size	1 Dozen	440	-1.12	-9.28
Agric eggs(medium size price of one)	1 Piece	39.5	-0.29	-1.25
Beans brown,sold loose	1Kg	264.85	2.64	12.34
Beans:white black eye. sold loose	1Kg	277.62	6.51	-1.61
Beef Bone in	1Kg	1000	0.14	2.56
Beef,boneless	1Kg	1281.82	3.93	5.07
Bread sliced 500g	1 loaf	350	1.94	16.91
Bread unsliced 500g	1 loaf	329.41	6.26	9.61
Broken Rice (Ofada)	1Kg	330.48	0.9	-14.9
Chicken Feet	1Kg	475	5.56	21.48
Chicken Wings	1Kg	600	9.09	-14.29
Evaporated tinned milk carnation 170g	1 unit	154.29	-2.81	-0.46
Evaporated tinned milk(peak), 170g	1 unit	178.46	-3.91	-6.16
Frozen chicken	1 unit	2175	1.16	15.71
Gari white,sold loose	1Kg	158.1	3.15	3.29
Gari yellow,sold loose	1Kg	160.31	1.15	11.32
Mudfish (aro) fresh	1Kg	1079.17	5.57	15.63
Mudfish : dried	1Kg	1453.98	1.43	5.74
Onion bulb	1Kg	193.33	10.68	60.74
Rice agric sold loose	1Kg	342.55	-4.6	14.04
Rice local sold loose	1Kg	254.49	-4.62	3.21
Rice Medium Grained	1Kg	373.7	-2.52	23.9
Rice,imported high quality sold loose	1Kg	384.88	1.08	19.19
Tomato	1Kg	245.31	6.29	60.99
Yam tuber	1Kg	223.18	3.64	27.03
Dried Fish Sardine	1Kg	1350	-1.12	-5.55
Iced Sardine	1Kg	997.32	1.59	20.16
Irish potato	1Kg	198.57	0.82	-11.75
Sweet potato	1Kg	97.83	5.06	14.86
Tilapia fish (epiya) fresh	1Kg	1000	1.01	8.91
Titus:frozen	1Kg	972.22	2.19	2.34
Catfish (obokun) fresh	1Kg	975	2.63	8.33
Catfish :dried	1Kg	1150	-3.36	-19.77
Catfish Smoked	1Kg	1545	0.98	-2.85
Mackerel : frozen	1Kg	955	-1.21	5.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	577.58	2.56	19.29
Maize grain white sold loose	1Kg	128.93	2.41	43.35
Maize grain yellow sold loose	1Kg	123.07	6.62	33.14
Palm oil: 1 bottle,specify bottle	1Ltr	451.28	-2.37	-5.1
Plantain(ripe)	1Kg	211	0.48	19.19
Plantain(unripe)	1Kg	187	1.08	6.28
Vegetable oil:1 bottle,specify bottle	1Ltr	532.22	0.63	18.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	635.5	1.68	-9.21
AVERAGE			1.7	9.92

A photograph of a market stall with several price signs. The signs are handwritten and feature items like 'Erculina', 'Mangos', and '199'. The background shows a busy market scene with people and other stalls.

METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

ACKNOWLEDGEMENTS/CONTACTS

Acknowledgements

We acknowledge our technical partners, Proshare in the design, concept and production of this publication.





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