



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(MARCH 2020)

Report Date: April 2020

Data Source: National Bureau of Statistics (NBS)

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EXECUTIVE SUMMARY

Selected food price watch data for March 2020 reflected that the average price of 1 dozen of Agric eggs medium size increased year-on-year by 0.29% and month-on-month by 2.87% to N461.15 in March 2020 from N448.26 in February 2020 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -4.83% and increased month-on-month by 1.53% to N39.90 in March 2020 from N39.29 in February 2020.

The average price of 1kg of tomato increased year-on-year by 6.25% and month-on-month by 5.60% to N255.33 in March 2020 from N241.78 in February 2020.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 21.21% and decreased month-on-month by -1.21% to N438.66 in March 2020 from N444.04 in February 2020.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 2.61% and month on month by 8.75% to N206.12 in March 2020 from N189.53 in February 2020.

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Agric Eggs



UNIT OF MEASUREMENT

1 Dozen



MARCH 2020

N461.15



YEAR - ON - YEAR

0.29%



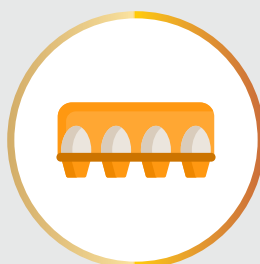
MONTH - ON - MONTH

2.87%



Lowest Price

Gombe (400.77)



Highest Price

Rivers (548.18)



Agric eggs
medium size



UNIT OF MEASUREMENT

1 Piece



MARCH 2020

N39.90



YEAR - ON - YEAR

-4.83%



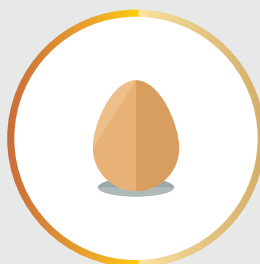
MONTH - ON - MONTH

1.53%



Lowest Price

Gombe (35.15)



Highest Price

Rivers (46)



Agric eggs
(medium size price of one)

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Beans



UNIT OF MEASUREMENT

1KG



MARCH 2020

N267.81



YEAR - ON - YEAR

-27.24%



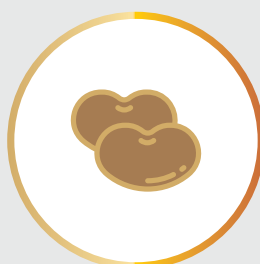
MONTH - ON - MONTH

-3.07%



Lowest Price

Yobe (127.53)



Beans brown,
sold loose

Highest Price

Bayelsa (455.87)



UNIT OF MEASUREMENT

1KG



MARCH 2020

N241.74



YEAR - ON - YEAR

-26.91%



MONTH - ON - MONTH

-5.29%



Lowest Price

Jigawa (142.91)



Beans: white
black eye. sold loose

Highest Price

Ebonyi (417.76)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Beef



UNIT OF MEASUREMENT

1KG

MARCH 2020

N1025.48

YEAR - ON - YEAR

4.63%

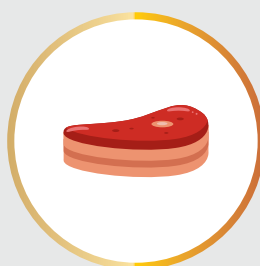
MONTH - ON - MONTH

-0.96%



Lowest Price

Osun (700.45)



Beef Bone in

Highest Price

Cross River (1357.22)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N1276.10

YEAR - ON - YEAR

1.80%

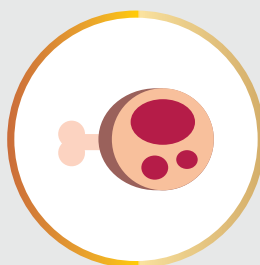
MONTH - ON - MONTH

-0.27%



Lowest Price

Oyo (1086.25)



Beef ,boneless

Highest Price

Bayelsa (1487.39)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Bread



UNIT OF MEASUREMENT

1 loaf

MARCH 2020

N304.60

YEAR - ON - YEAR

1.54%

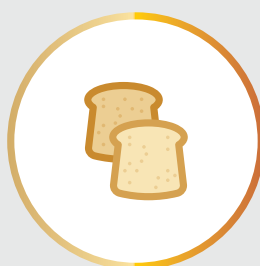
MONTH - ON - MONTH

0.51%



Lowest Price

Jigawa (212.5)



Highest Price

Bayelsa (400)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf

MARCH 2020

N278.79

YEAR - ON - YEAR

2.07%

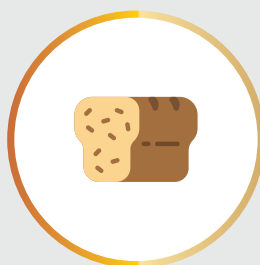
MONTH - ON - MONTH

1.31%



Lowest Price

Jigawa (200)



Highest Price

Bayelsa (409.09)



Bread unsliced 500g

SELECTED FOOD PRICE WATCH - MARCH 2020

National - Rice



UNIT OF MEASUREMENT

1KG

MARCH 2020

N390.54

YEAR - ON - YEAR

2.12%

MONTH - ON - MONTH

-3.41%



Lowest Price

Cross River (247.44)



Highest Price

Lagos (612.9)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N369.89

YEAR - ON - YEAR

17.47%

MONTH - ON - MONTH

-2.06%



Lowest Price

Jigawa (242.55)



Highest Price

Abuja (558.12)



Rice agric sold loose

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Rice



UNIT OF MEASUREMENT

1KG



MARCH 2020

N313.10



YEAR - ON - YEAR

11.50%



MONTH - ON - MONTH

-6.29%



Lowest Price

Niger (216.79)



Highest Price

Bayelsa (454.74)



Rice local sold loose



UNIT OF MEASUREMENT

1KG



MARCH 2020

N368.36



YEAR - ON - YEAR

17.48%



MONTH - ON - MONTH

-1.29%



Lowest Price

Kano (250.19)



Highest Price

Abuja (538.46)



Rice Medium Grained

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Rice



UNIT OF MEASUREMENT

1KG



MARCH 2020

N438.66



YEAR - ON - YEAR

21.21%



MONTH - ON - MONTH

-1.21%



Lowest Price

Kebbi (326.32)



Highest Price

Edo (606.25)



Rice, imported high
quality sold loose

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Chicken



UNIT OF MEASUREMENT

1KG

MARCH 2020

N691.70

YEAR - ON - YEAR

-4.93%

MONTH - ON - MONTH

1.05%



Lowest Price

Taraba (385.61)



Chicken Feet

Highest Price

Bayelsa (1224.94)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N920.52

YEAR - ON - YEAR

-0.72%

MONTH - ON - MONTH

-0.22%



Lowest Price

Taraba (529.42)



Chicken Wings

Highest Price

Abuja (1450)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Chicken



UNIT OF MEASUREMENT

1 Unit



MARCH 2020

N1941.04



YEAR - ON - YEAR

1.59%



MONTH - ON - MONTH

-0.39%



Lowest Price

Kano (1433.33)



Frozen Chicken

Highest Price

Plateau (3112.5)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

MARCH 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N153.37

-5.32%

1.88%



Lowest Price

Akwa Ibom (125)



Highest Price

Kogi (200)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

MARCH 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Unit

N183.12

-2.71%

-0.37%



Lowest Price

Sokoto (151.76)



Highest Price

Ogun (203.13)



Evaporated tinned
milk(peak), 170g

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Garri



UNIT OF MEASUREMENT

1KG

MARCH 2020

N164.60

YEAR - ON - YEAR

0.67%

MONTH - ON - MONTH

3.31%



Lowest Price

Osun (111.57)



Highest Price

Bayelsa (305.21)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG

MARCH 2020

N192.41

YEAR - ON - YEAR

4.47%

MONTH - ON - MONTH

3.25%



Lowest Price

Cross River (115.69)



Highest Price

Bayelsa (294.65)



Gari yellow, sold loose

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Mudfish



UNIT OF MEASUREMENT

1KG



MARCH 2020

N991.44



YEAR - ON - YEAR

-2.37%



MONTH - ON - MONTH

-0.15%



Lowest Price

Adamawa (781.85)



Highest Price

Enugu (1533.33)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



MARCH 2020

N1742.72



YEAR - ON - YEAR

-4.54%



MONTH - ON - MONTH

-1.21%



Lowest Price

Jigawa (1275.53)



Highest Price

Ogun (2317.44)



Mudfish : Dried

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Fish



UNIT OF MEASUREMENT

1KG



MARCH 2020

N1027.30



YEAR - ON - YEAR

-3.55%



MONTH - ON - MONTH

0.44%



Lowest Price

Ogun (768.82)



Highest Price

Abia (1370.5)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG



MARCH 2020

N1711.32



YEAR - ON - YEAR

-4.50%



MONTH - ON - MONTH

-0.12%



Lowest Price

Sokoto (1211.11)



Highest Price

Imo (2619.53)



Catfish :Dried

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Fish



UNIT OF MEASUREMENT

1KG



MARCH 2020

N1501.97



YEAR - ON - YEAR

-1.01%



MONTH - ON - MONTH

0.39%



Lowest Price

Sokoto (1230)



Catfish Smoked

Highest Price

Abuja (1840)



UNIT OF MEASUREMENT

1KG



MARCH 2020

N1432.95



YEAR - ON - YEAR

3.73%



MONTH - ON - MONTH

-0.54%



Lowest Price

Katsina (980)



Dried Fish Sardine

Highest Price

Adamawa (1853.33)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Fish



UNIT OF MEASUREMENT

1KG

MARCH 2020

N960.69

YEAR - ON - YEAR

5.71%

MONTH - ON - MONTH

-0.05%



Lowest Price

Osun (646.48)



Iced Sardine

Highest Price

Bayelsa (1257.43)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N854.86

YEAR - ON - YEAR

-2.45%

MONTH - ON - MONTH

-0.98%



Lowest Price

Kaduna (535.29)



Tilapia Fish (Epiya) Fresh

Highest Price

Abuja (1220.5)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Fish



UNIT OF MEASUREMENT

1KG

MARCH 2020

N960.47

YEAR - ON - YEAR

1.57%

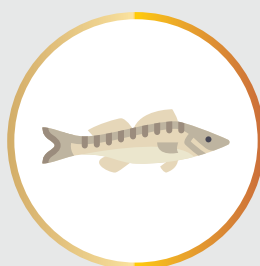
MONTH - ON - MONTH

1.30%



Lowest Price

Osun (665.88)



Titus: Frozen

Highest Price

Yobe (1198.54)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N928.27

YEAR - ON - YEAR

-0.75%

MONTH - ON - MONTH

-0.42%



Lowest Price

Ekiti (724.75)



Mackerel : Frozen

Highest Price

Abuja (1200)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG

MARCH 2020

N206.12

YEAR - ON - YEAR

2.61%

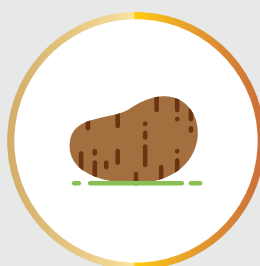
MONTH - ON - MONTH

8.75%



Lowest Price

Yobe (100)



Yam Tuber

Highest Price

Bayelsa (417.64)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N301.24

YEAR - ON - YEAR

8.00%

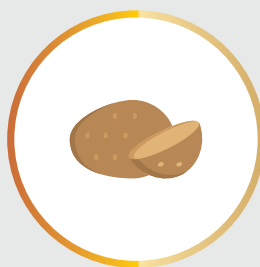
MONTH - ON - MONTH

5.25%



Lowest Price

Zamfara (193.21)



Irish Potato

Highest Price

Akwa Ibom (451.79)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



MARCH 2020

N149.46



YEAR - ON - YEAR

10.94%



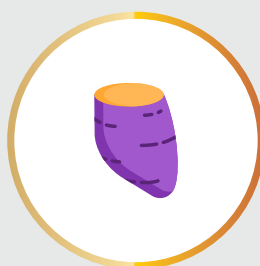
MONTH - ON - MONTH

5.74%



Lowest Price

Kaduna (68.49)



Sweet Potato

Highest Price

Kebbi (261.92)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG

MARCH 2020

N255.33

YEAR - ON - YEAR

6.25%

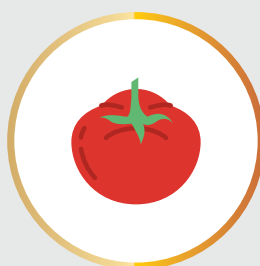
MONTH - ON - MONTH

5.60%



Lowest Price

Bauchi (96.28)



Tomato

Highest Price

Bayelsa (397.49)



UNIT OF MEASUREMENT

1KG

MARCH 2020

N236.36

YEAR - ON - YEAR

1.92%

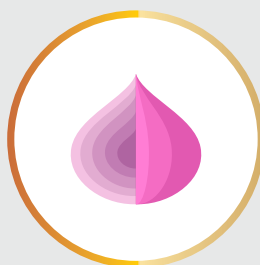
MONTH - ON - MONTH

2.06%



Lowest Price

Adamawa (100)



Onion bulb

Highest Price

Bayelsa (378.01)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Maize Grain



UNIT OF MEASUREMENT

1KG

MARCH 2020

N150.78

YEAR - ON - YEAR

2.00%

MONTH - ON - MONTH

0.42%



Lowest Price

Katsina (74.79)



Highest Price

Bayelsa (287.83)



Maize grain
white sold loose



UNIT OF MEASUREMENT

1KG

MARCH 2020

N150.97

YEAR - ON - YEAR

-0.19%

MONTH - ON - MONTH

-0.37%



Lowest Price

Katsina (76.73)



Highest Price

Bayelsa (304.86)



Maize grain
yellow sold loose

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Plantain



UNIT OF MEASUREMENT

1KG



MARCH 2020

N220.91



YEAR - ON - YEAR

-1.00%



MONTH - ON - MONTH

6.30%



Lowest Price

Ebonyi (142.95)



Plantain (ripe)

Highest Price

Plateau (322.94)



UNIT OF MEASUREMENT

1KG



MARCH 2020

N218.05



YEAR - ON - YEAR

2.60%



MONTH - ON - MONTH

8.04%



Lowest Price

Cross River (152.27)



Plantain (unripe)

Highest Price

Plateau (306.65)



SELECTED FOOD PRICE WATCH - MARCH 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr

MARCH 2020

N583.22

YEAR - ON - YEAR

0.46%

MONTH - ON - MONTH

1.90%



Lowest Price

Niger (423.33)



Highest Price

Cross River (846.15)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr

MARCH 2020

N451.37

YEAR - ON - YEAR

-1.95%

MONTH - ON - MONTH

-1.30%



Lowest Price

Ekiti (355.56)



Highest Price

Borno (538.67)



Palm oil: 1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Oil



UNIT OF MEASUREMENT

1 Ltr



MARCH 2020

N530.85



YEAR - ON - YEAR

4.78%



MONTH - ON - MONTH

1.90%



Lowest Price

Niger (443.33)



Highest Price

Rivers (646.67)



Vegetable Oil:1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - MARCH 2020

National – Wheat Flour



UNIT OF MEASUREMENT

2KG



MARCH 2020

N674.14



YEAR - ON - YEAR

1.54%



MONTH - ON - MONTH

0.92%



Lowest Price

Osun (571.11)



Highest Price

Bayelsa (788.3)









Wheat flour: prepacked
(golden penny 2kg)




SELECTED FOOD PRICE WATCH - MARCH 2020




Abia State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N328.37




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N350.94




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N167.24




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1419.19




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N176.43

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N282.29

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N370.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N397.22

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N299.72

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N745.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Abia State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	18-May	1.52	6.13
Agric eggs (medium size price of one)	1 Piece	43	-12.84	5.87
Beans brown, sold loose	1Kg	282.29	-40.57	-10.14
Beans: white black eye. sold loose	1Kg	269.79	-41.62	-8.81
Beef Bone in	1Kg	1089.86	20.63	5.94
Beef, boneless	1Kg	1419.19	1.01	-4.45
Bread sliced 500g	1 loaf	370	-6.38	-3.18
Bread unsliced 500g	1 loaf	326.67	6.24	-1.71
Broken Rice (Ofada)	1Kg	515	19.69	2.78
Chicken Feet	1Kg	700	-2.33	-1.47
Chicken Wings	1Kg	1205	5.7	2.82
Evaporated tinned milk carnation 170g	1 unit	150	-12.21	-17.1
Evaporated tinned milk (peak), 170g	1 unit	196.25	2.46	3.09
Frozen chicken	1 unit	1737.5	7.59	1.57
Gari white, sold loose	1Kg	176.43	45.47	0.05
Gari yellow, sold loose	1Kg	190.68	52.88	25.53
Mudfish (aro) fresh	1Kg	1230.6	0.4	0.4
Mudfish : dried	1Kg	2312.91	-7.8	1.14
Onion bulb	1Kg	299.72	18.96	-14.73
Rice agric sold loose	1Kg	393.94	6.19	-1.96
Rice local sold loose	1Kg	350.94	14.09	-10.05
Rice Medium Grained	1Kg	432.93	19.06	-5.39
Rice, imported high quality sold loose	1Kg	484.06	19.03	-5.73
Tomato	1Kg	328.37	14.9	9.21
Yam tuber	1Kg	167.24	12.59	-7.77
Dried Fish Sardine	1Kg	1414.04	-1.36	-0.81
Iced Sardine	1Kg	971.43	11.44	-2.73
Irish potato	1Kg	333.77	11.26	1.82
Sweet potato	1Kg	127.09	-14.58	5.41
Tilapia fish (epiya) fresh	1Kg	900	-6.89	-2.17
Titus: frozen	1Kg	975.37	-5.17	2.09
Catfish (obokun) fresh	1Kg	1370.5	8.33	2.29
Catfish :dried	1Kg	2250.95	3.56	1.6
Catfish Smoked	1Kg	1712.93	7.47	3.51
Mackerel : frozen	1Kg	995.39	9.96	-3.05
Groundnut oil: 1 bottle, specify bottle	1Ltr	673.33	0.46	3.51
Maize grain white sold loose	1Kg	256.4	4.34	5.43
Maize grain yellow sold loose	1Kg	250.46	3.21	-1.24
Palm oil: 1 bottle, specify bottle	1Ltr	397.22	-8.53	-4.43
Plantain (ripe)	1Kg	182.4	-5.69	-20.8
Plantain (unripe)	1Kg	224.38	25.45	11.92
Vegetable oil: 1 bottle, specify bottle	1Ltr	538.18	-12.58	-1.76
Wheat flour: prepacked (golden penny 2kg)	2Kg	745	-0.69	3.31
AVERAGE			4.06	-0.56




SELECTED FOOD PRICE WATCH - MARCH 2020




Abuja FCT









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N271.32




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N249.35




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N348.94




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N307.14




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N313.68

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N515.15

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1425.00

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N235.16

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N156.80

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N707.14

SELECTED FOOD PRICE WATCH - MARCH 2020

Abuja FCT









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	456	-1.72	-0.81
Agric eggs(medium size price of one)	1 Piece	39	-2.5	1.69
Beans brown,sold loose	1Kg	241.75	-38.75	-11.12
Beans:white black eye. sold loose	1Kg	236.77	-31.39	-22.48
Beef Bone in	1Kg	1019.78	-11.32	-7.85
Beef,boneless	1Kg	1440	3.23	1.25
Bread sliced 500g	1 loaf	320.86	-1.27	-5.63
Bread unsliced 500g	1 loaf	308.57	-5.05	-5.05
Broken Rice (Ofada)	1Kg	437.5	4.02	-10.81
Chicken Feet	1Kg	672.35	-3.32	0.07
Chicken Wings	1Kg	1482.47	23.51	2.19
Evaporated tinned milk carnation 170g	1 unit	159.36	-7.08	2.15
Evaporated tinned milk(peak), 170g	1 unit	182.5	-1.88	2.53
Frozen chicken	1 unit	1933.33	11.7	-0.9
Gari white,sold loose	1Kg	160	-9.92	-3.04
Gari yellow,sold loose	1Kg	184.76	-11.42	-1.31
Mudfish (aro) fresh	1Kg	1300	-12.36	-3.94
Mudfish : dried	1Kg	2129.82	-3.26	-0.94
Onion bulb	1Kg	225.18	-13.55	4.64
Rice agric sold loose	1Kg	497.77	94.7	1.54
Rice local sold loose	1Kg	362.25	21.13	-5.3
Rice Medium Grained	1Kg	500.77	55.24	-0.31
Rice,imported high quality sold loose	1Kg	548.3	27.42	-5.82
Tomato	1Kg	232.61	-0.18	-15.89
Yam tuber	1Kg	205.02	-28.64	-18.44
Dried Fish Sardine	1Kg	1685.42	5.78	2.15
Iced Sardine	1Kg	1172.86	0.38	3.49
Irish potato	1Kg	383.86	21.8	4.74
Sweet potato	1Kg	152.26	44.84	-15.62
Tilapia fish (epiya) fresh	1Kg	1200	-2.37	4.88
Titus:frozen	1Kg	1162.94	-3.39	-3.98
Catfish (obokun) fresh	1Kg	1266.67	-4.16	0.36
Catfish :dried	1Kg	2246.79	5.22	3.85
Catfish Smoked	1Kg	1885.25	3.49	1.18
Mackerel : frozen	1Kg	1258.33	-5.39	-0.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	613.33	-10.24	-0.3
Maize grain white sold loose	1Kg	122.72	-11.15	-14.78
Maize grain yellow sold loose	1Kg	119.86	-9.52	-13.94
Palm oil: 1 bottle,specify bottle	1Ltr	490.8	-5.01	-1.11
Plantain(ripe)	1Kg	228.56	-17.83	-2.41
Plantain(unripe)	1Kg	200.78	-22.87	-8.07
Vegetable oil:1 bottle,specify bottle	1Ltr	548.15	-6.57	-0.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	708.33	11.55	1.14
AVERAGE			1.21	-3.32




SELECTED FOOD PRICE WATCH - MARCH 2020




Adamawa State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N130.95




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N247.67




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N115.66




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1170.26




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N143.53

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N200.83

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N285.71

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N494.55

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N100.00

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N742.86

SELECTED FOOD PRICE WATCH - MARCH 2020

Adamawa State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	16-Apr	-0.53	15.53
Agric eggs(medium size price of one)	1 Piece	40.17	-12.2	5.46
Beans brown,sold loose	1Kg	200.83	-30.55	17.42
Beans:white black eye. sold loose	1Kg	158.18	-35.61	-3.36
Beef Bone in	1Kg	980.63	-5.27	-5.79
Beef,boneless	1Kg	1170.26	2.7	-2.91
Bread sliced 500g	1 loaf	285.71	1.5	9.89
Bread unsliced 500g	1 loaf	290	10.59	22.36
Broken Rice (Ofada)	1Kg	334.74	1.93	-7.56
Chicken Feet	1Kg	500.57	-4.72	0.79
Chicken Wings	1Kg	566.04	-15.54	0.66
Evaporated tinned milk carnation 170g	1 unit	149.38	-11.09	-3
Evaporated tinned milk(peak), 170g	1 unit	183	-0.84	-4.94
Frozen chicken	1 unit	1700	19.23	0
Gari white,sold loose	1Kg	143.53	-32.56	6.58
Gari yellow,sold loose	1Kg	173.41	-22.58	7.19
Mudfish (aro) fresh	1Kg	781.85	-13.96	-8.19
Mudfish : dried	1Kg	1683.99	-9.38	-0.91
Onion bulb	1Kg	100	-34.47	-15.86
Rice agric sold loose	1Kg	299.02	5.5	-10.19
Rice local sold loose	1Kg	247.67	5.69	-17.55
Rice Medium Grained	1Kg	301.7	3.28	-11.9
Rice,imported high quality sold loose	1Kg	361.36	8.74	-18.19
Tomato	1Kg	130.95	-13.32	-12.84
Yam tuber	1Kg	115.66	-30.54	-2.01
Dried Fish Sardine	1Kg	1853.33	0.18	-2.41
Iced Sardine	1Kg	958.39	7.28	6.34
Irish potato	1Kg	213.79	-25.46	-16.46
Sweet potato	1Kg	107.02	15.21	-2.06
Tilapia fish (epiya) fresh	1Kg	679.8	-0.22	-5.67
Titus:frozen	1Kg	900	0	-6.67
Catfish (obokun) fresh	1Kg	1194.44	16.53	0.4
Catfish :dried	1Kg	1433.33	8.44	-1.15
Catfish Smoked	1Kg	1338.92	4.57	1.43
Mackerel : frozen	1Kg	1017.91	12.14	1.79
Groundnut oil: 1 bottle, specify bottle	1Ltr	496.3	-18.08	-6.94
Maize grain white sold loose	1Kg	112.18	27.48	47.88
Maize grain yellow sold loose	1Kg	114.4	30.53	55.62
Palm oil: 1 bottle,specify bottle	1Ltr	494.55	-6.85	13.35
Plantain(ripe)	1Kg	263.16	5.15	29.26
Plantain(unripe)	1Kg	238.1	-2.32	22.1
Vegetable oil:1 bottle,specify bottle	1Ltr	503.03	-6.46	1.36
Wheat flour: prepacked (golden penny 2kg)	2Kg	742.86	6.12	4.78
AVERAGE			-3.25	2.41

SELECTED FOOD PRICE WATCH - MARCH 2020

Akwa Ibom State



 <p>Tomato</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N329.17</p>	 <p>Beans brown, sold loose</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N374.22</p>
 <p>Rice Local sold Loose</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N304.64</p>	 <p>Bread sliced 500g</p>	 <p>UNIT OF MEASUREMENT</p> <p>1 loaf</p>	 <p>MARCH 2020</p> <p>N345.83</p>
 <p>Yam Tuber</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N342.70</p>	 <p>Palm oil: 1 bottle</p>	 <p>UNIT OF MEASUREMENT</p> <p>1Ltr</p>	 <p>MARCH 2020</p> <p>N375.56</p>
 <p>Beef, boneless</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N1329.30</p>	 <p>Onion bulb</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N358.21</p>
 <p>Garri white,sold Loose</p>	 <p>UNIT OF MEASUREMENT</p> <p>1KG</p>	 <p>MARCH 2020</p> <p>N153.13</p>	 <p>Wheat flour: prepacked (golden penny 2kg</p>	 <p>UNIT OF MEASUREMENT</p> <p>2KG</p>	 <p>MARCH 2020</p> <p>N706.25</p>

SELECTED FOOD PRICE WATCH - MARCH 2020

Akwa Ibom State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	427.5	-1.21	-1.42
Agric eggs(medium size price of one)	1 Piece	40	2.56	0
Beans brown,sold loose	1Kg	374.22	-20.75	-4.08
Beans:white black eye. sold loose	1Kg	381.48	-16.83	-0.65
Beef Bone in	1Kg	987.15	-6.54	-5.49
Beef,boneless	1Kg	1329.3	-11.02	-2.19
Bread sliced 500g	1 loaf	345.83	-4.6	1.47
Bread unsliced 500g	1 loaf	315	1.02	0
Broken Rice (Ofada)	1Kg	360	12.5	0
Chicken Feet	1Kg	693.86	-1.91	5.23
Chicken Wings	1Kg	1094.44	12.73	-1.29
Evaporated tinned milk carnation 170g	1 unit	125	-16.67	-17.14
Evaporated tinned milk(peak), 170g	1 unit	193.33	1.27	0.43
Frozen chicken	1 unit	2090	18.3	-2.18
Gari white,sold loose	1Kg	153.13	34	8.8
Gari yellow,sold loose	1Kg	180.81	30.53	16.02
Mudfish (aro) fresh	1Kg	1097.58	-14.33	-4.9
Mudfish : dried	1Kg	1907.87	-0.46	-2.59
Onion bulb	1Kg	358.21	-8.54	11.36
Rice agric sold loose	1Kg	392.89	2.31	-7.92
Rice local sold loose	1Kg	304.64	-1.08	-0.78
Rice Medium Grained	1Kg	385.56	13.4	-7.47
Rice,imported high quality sold loose	1Kg	497.04	20.31	-1.84
Tomato	1Kg	329.17	-19.52	-2.07
Yam tuber	1Kg	342.7	15.21	13.98
Dried Fish Sardine	1Kg	1304.55	0	-0.89
Iced Sardine	1Kg	906.98	-16.3	1.91
Irish potato	1Kg	451.79	-8.44	-6.2
Sweet potato	1Kg	199.43	20.11	-2.37
Tilapia fish (epiya) fresh	1Kg	1087.22	6.07	-5.69
Titus:frozen	1Kg	942.48	-2.95	-2.09
Catfish (obokun) fresh	1Kg	1324.62	-4.69	1.26
Catfish :dried	1Kg	1674.4	3.4	-1.88
Catfish Smoked	1Kg	1469.23	2.08	-0.43
Mackerel : frozen	1Kg	822.58	-6.99	2.63
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	-15	-3.98
Maize grain white sold loose	1Kg	275.19	-2.65	7.6
Maize grain yellow sold loose	1Kg	264.67	3.42	1.79
Palm oil: 1 bottle,specify bottle	1Ltr	375.56	-23.5	-4.67
Plantain(ripe)	1Kg	259.92	5.83	13.03
Plantain(unripe)	1Kg	237.45	-1.09	15.37
Vegetable oil:1 bottle,specify bottle	1Ltr	543.03	-9.99	-2.61
Wheat flour: prepacked (golden penny 2kg)	2Kg	706.25	-1.91	-4.93
AVERAGE			-0.28	0.07




SELECTED FOOD PRICE WATCH - MARCH 2020




Anambra State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N308.18




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N268.87




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N143.51




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1474.87




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N167.05

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N283.85

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N350.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N434.67

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N298.87

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N763.64

SELECTED FOOD PRICE WATCH - MARCH 2020

Anambra State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	18-May	-5.21	9.3
Agric eggs(medium size price of one)	1 Piece	43	-11.68	7.5
Beans brown,sold loose	1Kg	283.85	-32.6	-3.16
Beans:white black eye. sold loose	1Kg	280.65	-29.28	-2.81
Beef Bone in	1Kg	1105.56	26.3	2.03
Beef,boneless	1Kg	1474.87	5.43	-0.83
Bread sliced 500g	1 loaf	350	-9.68	-0.57
Bread unsliced 500g	1 loaf	294.11	-16.99	-7.12
Broken Rice (Ofada)	1Kg	505	26.16	-2.43
Chicken Feet	1Kg	800	-2.54	1.81
Chicken Wings	1Kg	1270	17.23	5.76
Evaporated tinned milk carnation 170g	1 unit	170	-10.53	-0.7
Evaporated tinned milk(peak), 170g	1 unit	188.75	0.33	-0.47
Frozen chicken	1 unit	1906.67	6.84	1.51
Gari white,sold loose	1Kg	167.05	17.78	2.55
Gari yellow,sold loose	1Kg	208.13	16.87	12.06
Mudfish (aro) fresh	1Kg	1050.5	4.96	2.59
Mudfish : dried	1Kg	2254.62	-5.77	-1.82
Onion bulb	1Kg	298.87	17.88	12.68
Rice agric sold loose	1Kg	396.96	10.07	-10.25
Rice local sold loose	1Kg	268.87	-2.78	-15.9
Rice Medium Grained	1Kg	398	14.65	-4.48
Rice,imported high quality sold loose	1Kg	473.33	18.32	-5.59
Tomato	1Kg	308.18	18.14	5.12
Yam tuber	1Kg	143.51	9.96	-24.44
Dried Fish Sardine	1Kg	1756.46	22.89	3.28
Iced Sardine	1Kg	1106.06	-5.65	-4.31
Irish potato	1Kg	350.2	-8.65	-2.59
Sweet potato	1Kg	159.29	-5.52	8.69
Tilapia fish (epiya) fresh	1Kg	850.5	-8.64	-2.87
Titus:frozen	1Kg	903.57	-6.63	2.11
Catfish (obokun) fresh	1Kg	1300	1.65	-0.41
Catfish :dried	1Kg	2196.24	9.06	-1.07
Catfish Smoked	1Kg	1502.59	-6.09	1.15
Mackerel : frozen	1Kg	1017.47	4.07	2.83
Groundnut oil: 1 bottle, specify bottle	1Ltr	640	-6.8	-6.34
Maize grain white sold loose	1Kg	241.87	0.21	2.98
Maize grain yellow sold loose	1Kg	237.92	-2.13	4.32
Palm oil: 1 bottle,specify bottle	1Ltr	434.67	-6.86	-6.86
Plantain(ripe)	1Kg	231.7	17.14	-5.4
Plantain(unripe)	1Kg	209.32	21.6	-13.97
Vegetable oil:1 bottle,specify bottle	1Ltr	517.33	-1.36	4.48
Wheat flour: prepacked (golden penny 2kg)	2Kg	763.64	1.1	1.2
AVERAGE			2.4	-0.71




SELECTED FOOD PRICE WATCH - MARCH 2020




Bauchi State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N96.28




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N325.22




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N131.62




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1185.71




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N149.45

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N187.46

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N238.33

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N448.21

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N115.45

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N766.67

SELECTED FOOD PRICE WATCH - MARCH 2020

Bauchi State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	25-Mar	2.13	9.76
Agric eggs (medium size price of one)	1 Piece	41	5.57	7.27
Beans brown, sold loose	1Kg	187.46	-33.3	-16.69
Beans: white black eye. sold loose	1Kg	212.4	-20.79	-5.42
Beef Bone in	1Kg	944.44	-5.83	-0.22
Beef, boneless	1Kg	1185.71	0.48	-2.51
Bread sliced 500g	1 loaf	238.33	3.06	-11
Bread unsliced 500g	1 loaf	262.5	22.35	4.36
Broken Rice (Ofada)	1Kg	345	11.77	-9.21
Chicken Feet	1Kg	390	24.68	-2.54
Chicken Wings	1Kg	635	17.04	-4.78
Evaporated tinned milk carnation 170g	1 unit	160	6.62	14.29
Evaporated tinned milk (peak), 170g	1 unit	179.17	0.04	5.39
Frozen chicken	1 unit	1790	19.31	-3.24
Gari white, sold loose	1Kg	149.45	4.27	1.3
Gari yellow, sold loose	1Kg	148.22	-20.05	-7.49
Mudfish (aro) fresh	1Kg	857.14	-4.81	2.86
Mudfish : dried	1Kg	1469.64	-5.4	1.88
Onion bulb	1Kg	115.45	-10.11	0.98
Rice agric sold loose	1Kg	378.05	29.39	3.82
Rice local sold loose	1Kg	325.22	40.57	0.03
Rice Medium Grained	1Kg	316.03	1.16	16.09
Rice, imported high quality sold loose	1Kg	385.09	14.93	-11.71
Tomato	1Kg	96.28	-10.23	-14.52
Yam tuber	1Kg	131.62	1.53	-6.23
Dried Fish Sardine	1Kg	1355	7.89	-2.05
Iced Sardine	1Kg	911.11	13.75	-5.34
Irish potato	1Kg	197.05	-24.53	-1.57
Sweet potato	1Kg	94.44	10.99	-10.82
Tilapia fish (epiya) fresh	1Kg	756.32	29.84	4.85
Titus: frozen	1Kg	950	4.08	5.56
Catfish (obokun) fresh	1Kg	1125.88	-6.18	-2.8
Catfish :dried	1Kg	1866.67	9.12	0.9
Catfish Smoked	1Kg	1540	-4.98	-1.3
Mackerel : frozen	1Kg	1095.28	9.21	-0.45
Groundnut oil: 1 bottle, specify bottle	1Ltr	468.72	-6.75	3.78
Maize grain white sold loose	1Kg	89.95	14.14	0.75
Maize grain yellow sold loose	1Kg	91.6	16.38	1.24
Palm oil: 1 bottle, specify bottle	1Ltr	448.21	-9.59	-2.18
Plantain (ripe)	1Kg	207.77	-39.45	3.82
Plantain (unripe)	1Kg	214.81	-9.02	7.93
Vegetable oil: 1 bottle, specify bottle	1Ltr	451.28	-6.46	-8.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	766.67	12.47	3.6
AVERAGE			2.68	-0.69




SELECTED FOOD PRICE WATCH - MARCH 2020




Bayelsa State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N397.49




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N455.87




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N454.74




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N400.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N417.64

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N438.10

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1487.39

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N378.01

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N305.21

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N788.30

SELECTED FOOD PRICE WATCH - MARCH 2020

Bayelsa State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	441.43	-20.64	2.62
Agric eggs(medium size price of one)	1 Piece	40	0	0
Beans brown,sold loose	1Kg	455.87	9.73	8.27
Beans:white black eye. sold loose	1Kg	405.28	-0.81	7.2
Beef Bone in	1Kg	1218.99	6.89	-4.52
Beef,boneless	1Kg	1487.39	12.86	2.75
Bread sliced 500g	1 loaf	400	-11.86	-7.37
Bread unsliced 500g	1 loaf	409.09	-0.59	2.27
Broken Rice (Ofada)	1Kg	484.13	7.58	2.42
Chicken Feet	1Kg	1224.94	34.97	-0.72
Chicken Wings	1Kg	1275.24	5.62	1.75
Evaporated tinned milk carnation 170g	1 unit	150	2.27	-1.32
Evaporated tinned milk(peak), 170g	1 unit	185	1.28	1.91
Frozen chicken	1 unit	2125	1.8	0.83
Gari white,sold loose	1Kg	305.21	41.53	13.03
Gari yellow,sold loose	1Kg	294.65	34.29	12.75
Mudfish (aro) fresh	1Kg	1098.61	-2.04	3.09
Mudfish : dried	1Kg	1737.05	-12.7	-1.72
Onion bulb	1Kg	378.01	10.29	9.54
Rice agric sold loose	1Kg	546.74	9.98	2.98
Rice local sold loose	1Kg	454.74	10.22	-0.67
Rice Medium Grained	1Kg	517.23	14.94	7.67
Rice,imported high quality sold loose	1Kg	601.16	18.54	4.08
Tomato	1Kg	397.49	0.2	-0.66
Yam tuber	1Kg	417.64	39.92	-0.89
Dried Fish Sardine	1Kg	1388.79	-0.59	-4.53
Iced Sardine	1Kg	1257.43	25.92	4.32
Irish potato	1Kg	330.56	-12.53	4.88
Sweet potato	1Kg	243.74	21.23	9.83
Tilapia fish (epiya) fresh	1Kg	1205.2	-6.49	-2.76
Titus:frozen	1Kg	924.66	2.39	-6.4
Catfish (obokun) fresh	1Kg	1258.44	-9.71	-4.57
Catfish :dried	1Kg	1931.06	-1.13	-1.34
Catfish Smoked	1Kg	1576.19	-5.82	2.58
Mackerel : frozen	1Kg	958.49	-6.39	2.01
Groundnut oil: 1 bottle, specify bottle	1Ltr	466.67	-12.5	3.64
Maize grain white sold loose	1Kg	287.83	1.88	-1.59
Maize grain yellow sold loose	1Kg	304.86	0.7	-1.76
Palm oil: 1 bottle,specify bottle	1Ltr	438.1	-12.38	2.11
Plantain(ripe)	1Kg	239.28	28.48	14.18
Plantain(unripe)	1Kg	189.95	4.53	-2.86
Vegetable oil:1 bottle,specify bottle	1Ltr	485.71	-4.19	-6.18
Wheat flour: prepacked (golden penny 2kg)	2Kg	788.3	7.99	5.61
AVERAGE			5.48	1.92




SELECTED FOOD PRICE WATCH - MARCH 2020




Benue State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N215.98




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N285.79




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N296.30




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N322.22




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N187.97

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N491.76

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1240.41

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N203.87

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N151.73

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N683.33

SELECTED FOOD PRICE WATCH - MARCH 2020

Benue State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	19-Mar	-13.8	-5.61
Agric eggs (medium size price of one)	1 Piece	40	-11.76	0
Beans brown, sold loose	1Kg	285.79	-24.88	-5.19
Beans: white black eye. sold loose	1Kg	232.31	-27.43	3.41
Beef Bone in	1Kg	1096.4	-1.01	4.56
Beef, boneless	1Kg	1240.41	-11.45	-1.88
Bread sliced 500g	1 loaf	322.22	2.53	-1.44
Bread unsliced 500g	1 loaf	294.44	5.5	-6.12
Broken Rice (Ofada)	1Kg	326.67	-1.48	-10.91
Chicken Feet	1Kg	800	-0.65	0.63
Chicken Wings	1Kg	940	-5.37	-1.4
Evaporated tinned milk carnation 170g	1 unit	140	-11.66	-12.5
Evaporated tinned milk (peak), 170g	1 unit	180	-0.74	0.99
Frozen chicken	1 unit	1920	11.51	-1.54
Gari white, sold loose	1Kg	151.73	-9.29	2.72
Gari yellow, sold loose	1Kg	147.47	-20.68	-2.1
Mudfish (aro) fresh	1Kg	1138.46	-9.09	2.91
Mudfish : dried	1Kg	1567.59	-1.22	-0.85
Onion bulb	1Kg	203.87	-16.92	-5.77
Rice agric sold loose	1Kg	333.33	5.53	-13.15
Rice local sold loose	1Kg	296.3	-1.38	-15.7
Rice Medium Grained	1Kg	400	30.56	-0.03
Rice, imported high quality sold loose	1Kg	472.68	34.45	-0.39
Tomato	1Kg	215.98	-23.97	9.16
Yam tuber	1Kg	187.97	-9.9	11.47
Dried Fish Sardine	1Kg	1464.29	0.19	-2.11
Iced Sardine	1Kg	980.05	5.37	-4.15
Irish potato	1Kg	302.99	5.32	15.71
Sweet potato	1Kg	211.98	56.61	4.48
Tilapia fish (epiya) fresh	1Kg	985	7.28	-1.8
Titus: frozen	1Kg	1124.62	5.89	2.53
Catfish (obokun) fresh	1Kg	1155.38	-0.2	-3.56
Catfish : dried	1Kg	1491.14	-12.15	-3.66
Catfish Smoked	1Kg	1509.12	-2.56	1.95
Mackerel : frozen	1Kg	1090.77	5.86	-1.07
Groundnut oil: 1 bottle, specify bottle	1Ltr	610.26	1.57	7.69
Maize grain white sold loose	1Kg	131.32	6.66	7.26
Maize grain yellow sold loose	1Kg	128.58	-1.48	8.27
Palm oil: 1 bottle, specify bottle	1Ltr	491.76	-4.67	11.2
Plantain (ripe)	1Kg	322.69	23.46	15.2
Plantain (unripe)	1Kg	255.08	5.01	-1.72
Vegetable oil: 1 bottle, specify bottle	1Ltr	537.25	-4.03	0.74
Wheat flour: prepacked (golden penny 2kg)	2Kg	683.33	13.48	13.86
AVERAGE			-0.02	0.51



SELECTED FOOD PRICE WATCH - MARCH 2020


Borno State








 Tomato

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N117.19






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N286.88






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N128.67






 Beef,
 boneless

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N1185.05






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N162.77






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N157.05






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N344.44






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N538.67





 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N158.13



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	MARCH 2020
2KG	N625.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Borno State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	15-Feb	-8.04	5.56
Agric eggs(medium size price of one)	1 Piece	37	-12.94	1.43
Beans brown,sold loose	1Kg	157.05	-44.84	-22.4
Beans:white black eye. sold loose	1Kg	163.48	-39.76	-17.81
Beef Bone in	1Kg	923.12	0.37	-5.17
Beef,boneless	1Kg	1185.05	4.64	-1.87
Bread sliced 500g	1 loaf	344.44	21.78	13.36
Bread unsliced 500g	1 loaf	270	20	13.23
Broken Rice (Ofada)	1Kg	326.08	19.71	15.59
Chicken Feet	1Kg	500	5.26	2.4
Chicken Wings	1Kg	633.33	-5.45	4.54
Evaporated tinned milk carnation 170g	1 unit	145	-16.11	-9.38
Evaporated tinned milk(peak), 170g	1 unit	173	-7.32	-7.11
Frozen chicken	1 unit	1900	25.26	-2.56
Gari white,sold loose	1Kg	162.77	-17.16	-2.83
Gari yellow,sold loose	1Kg	183.18	-18.05	5.12
Mudfish (aro) fresh	1Kg	897.16	7.58	-3.88
Mudfish : dried	1Kg	1680.33	-1.07	-1.07
Onion bulb	1Kg	158.13	15.84	26.21
Rice agric sold loose	1Kg	319.87	3.13	-21.55
Rice local sold loose	1Kg	286.88	6.03	-16.95
Rice Medium Grained	1Kg	361.04	19.61	-11.57
Rice,imported high quality sold loose	1Kg	461.05	26	-6.07
Tomato	1Kg	117.19	-10.13	-3.33
Yam tuber	1Kg	128.67	-0.49	13.43
Dried Fish Sardine	1Kg	1584.61	-1.17	-1.83
Iced Sardine	1Kg	1000	15.64	5.64
Irish potato	1Kg	206.73	-26.53	-24.94
Sweet potato	1Kg	72.22	-11.67	-33.43
Tilapia fish (epiya) fresh	1Kg	678.39	3.88	-6.48
Titus:frozen	1Kg	972.22	18.03	2.82
Catfish (obokun) fresh	1Kg	930.23	-6.34	3.41
Catfish :dried	1Kg	1686.67	6.72	0.16
Catfish Smoked	1Kg	1300	-1.63	-0.27
Mackerel : frozen	1Kg	895	0.69	-6.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	513.81	-12.19	4.1
Maize grain white sold loose	1Kg	83.31	-7.82	5.28
Maize grain yellow sold loose	1Kg	79.77	-12.66	-8.3
Palm oil: 1 bottle,specify bottle	1Ltr	538.67	1.45	7.73
Plantain(ripe)	1Kg	200	-20.12	-0.83
Plantain(unripe)	1Kg	210	-20.73	-4.24
Vegetable oil:1 bottle,specify bottle	1Ltr	528	5.53	7.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	625	-4.58	-4.14
AVERAGE			-1.85	-2.03




SELECTED FOOD PRICE WATCH - MARCH 2020




Cross River State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N385.07




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N348.72




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N255.06




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N360.87




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N206.51

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N358.02

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1271.35

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N343.48

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N134.76

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N675.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Cross River State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	439.76	-4.98	0.21
Agric eggs(medium size price of one)	1 Piece	49.77	10.59	0.11
Beans brown,sold loose	1Kg	348.07	-15.66	1.05
Beans:white black eye. sold loose	1Kg	279.08	-25.39	3.58
Beef Bone in	1Kg	1447.3	44.35	0.04
Beef,boneless	1Kg	1196.02	-14.53	-4.93
Bread sliced 500g	1 loaf	361.54	3.3	1.48
Bread unsliced 500g	1 loaf	320.83	4.62	0.65
Broken Rice (Ofada)	1Kg	279.14	-14.23	0.84
Chicken Feet	1Kg	1025	1.23	-5.74
Chicken Wings	1Kg	1207.78	14.87	2.94
Evaporated tinned milk carnation 170g	1 unit	147.14	-2.34	1.29
Evaporated tinned milk(peak), 170g	1 unit	180	1.02	2.13
Frozen chicken	1 unit	2133.33	26.55	2.56
Gari white,sold loose	1Kg	147.49	47.48	-1.26
Gari yellow,sold loose	1Kg	114.66	8.01	-0.77
Mudfish (aro) fresh	1Kg	1059.24	4.18	3.69
Mudfish : dried	1Kg	2232.73	5.23	-0.24
Onion bulb	1Kg	310.35	4.04	2.5
Rice agric sold loose	1Kg	407.51	27.47	-0.69
Rice local sold loose	1Kg	300.03	23.51	-1.49
Rice Medium Grained	1Kg	367.79	15.05	-4.13
Rice,imported high quality sold loose	1Kg	467.05	27.54	-3.74
Tomato	1Kg	313.97	-30.44	-6.87
Yam tuber	1Kg	181.39	11.19	0.44
Dried Fish Sardine	1Kg	1595.39	15.93	2.25
Iced Sardine	1Kg	920.73	-0.12	-4.98
Irish potato	1Kg	375	9.72	-7.03
Sweet potato	1Kg	132.16	1.63	-6.19
Tilapia fish (epiya) fresh	1Kg	1206.36	9.61	-0.92
Titus:frozen	1Kg	1002.87	-11.08	-2.62
Catfish (obokun) fresh	1Kg	1290.09	3.11	0.67
Catfish :dried	1Kg	2721.16	8.5	0.82
Catfish Smoked	1Kg	1663.57	0.97	-4.19
Mackerel : frozen	1Kg	1014.95	-7.56	-5.01
Groundnut oil: 1 bottle, specify bottle	1Ltr	836.86	-7.65	2.89
Maize grain white sold loose	1Kg	232	-11.44	0.55
Maize grain yellow sold loose	1Kg	236.18	-2.61	-4.62
Palm oil: 1 bottle,specify bottle	1Ltr	379.83	-15.9	-4.04
Plantain(ripe)	1Kg	145.77	8.33	-19.83
Plantain(unripe)	1Kg	138.03	11.69	-9.48
Vegetable oil:1 bottle,specify bottle	1Ltr	544.67	-1.95	3.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	680.77	-4.97	0.38
AVERAGE			4.16	-1.49

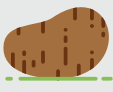


SELECTED FOOD PRICE WATCH - MARCH 2020




Delta State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N349.74




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N315.29




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N171.00




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1450.98




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N218.60

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N287.12

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N268.75

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N415.69

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N270.61

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N700.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Delta State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	23-May	0.41	5.96
Agric eggs(medium size price of one)	1 Piece	43.41	3.36	5.25
Beans brown,sold loose	1Kg	287.12	-32.47	-4.93
Beans:white black eye. sold loose	1Kg	247.19	-32.34	0.29
Beef Bone in	1Kg	938.74	-7.36	-6.7
Beef,boneless	1Kg	1450.98	0.89	-1.01
Bread sliced 500g	1 loaf	268.75	-7.56	-4.96
Bread unsliced 500g	1 loaf	235.29	-4.52	-7.04
Broken Rice (Ofada)	1Kg	332.86	0.26	-4.66
Chicken Feet	1Kg	920.83	-3.21	-5.31
Chicken Wings	1Kg	1261.11	12.46	2
Evaporated tinned milk carnation 170g	1 unit	140	-6.67	-8.61
Evaporated tinned milk(peak), 170g	1 unit	180.56	-4.3	-2.01
Frozen chicken	1 unit	1876.92	10.41	-2.57
Gari white,sold loose	1Kg	218.6	22.47	5.58
Gari yellow,sold loose	1Kg	254.76	21.29	-1.91
Mudfish (aro) fresh	1Kg	1059.61	-6.23	6.1
Mudfish : dried	1Kg	1863.1	-9.04	-2.28
Onion bulb	1Kg	270.61	-13.83	-3.64
Rice agric sold loose	1Kg	426.5	13.95	-12.13
Rice local sold loose	1Kg	315.29	-3.23	-0.9
Rice Medium Grained	1Kg	432.73	17.15	4.27
Rice,imported high quality sold loose	1Kg	487.69	17.74	-6.89
Tomato	1Kg	349.74	15.42	1.47
Yam tuber	1Kg	171	-18.94	-16.77
Dried Fish Sardine	1Kg	1412.7	10.28	-4.23
Iced Sardine	1Kg	1011.8	5.52	-4.64
Irish potato	1Kg	403.64	3.94	3.5
Sweet potato	1Kg	96.07	-22.33	-2.38
Tilapia fish (epiya) fresh	1Kg	1135.05	-10.62	-2.87
Titus:frozen	1Kg	1114.41	11.06	1.77
Catfish (obokun) fresh	1Kg	1122.25	-12.68	-5.04
Catfish :dried	1Kg	1757.53	-14.8	-2.02
Catfish Smoked	1Kg	1696.67	-0.72	-3.33
Mackerel : frozen	1Kg	963.33	25.49	2.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	775.76	7.41	-2.12
Maize grain white sold loose	1Kg	206.58	-3.27	-6.03
Maize grain yellow sold loose	1Kg	216.93	-1.47	-3.2
Palm oil: 1 bottle,specify bottle	1Ltr	415.69	-11.76	-2.75
Plantain(ripe)	1Kg	190.58	-3.38	11.45
Plantain(unripe)	1Kg	218.06	17.45	15.69
Vegetable oil:1 bottle,specify bottle	1Ltr	511.11	-3.3	-3.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	2.4	-1.06
AVERAGE			-0.34	-1.61



SELECTED FOOD PRICE WATCH - MARCH 2020


Ebonyi State







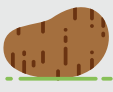
 Tomato

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N305.90






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	282.83






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N270.32






 Beef,
 boneless

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N1455.56






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N248.00






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N431.04






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N314.29






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N471.11





 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N250.61



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	MARCH 2020
2KG	N666.67

SELECTED FOOD PRICE WATCH - MARCH 2020


Ebonyi State





	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	484	-4.08	2.82
Agric eggs(medium size price of one)	1 Piece	40.89	-5.22	-2.7
Beans brown,sold loose	1Kg	431.04	-24.57	-12.07
Beans:white black eye. sold loose	1Kg	417.76	-22.85	-2.86
Beef Bone in	1Kg	1123.93	20.42	4.14
Beef,boneless	1Kg	1455.56	0.5	-2.43
Bread sliced 500g	1 loaf	314.29	-2.62	0.46
Bread unsliced 500g	1 loaf	302.5	7.83	4.91
Broken Rice (Ofada)	1Kg	496.09	33.19	-0.23
Chicken Feet	1Kg	719.93	0.09	-0.82
Chicken Wings	1Kg	889.89	-6.98	-1.12
Evaporated tinned milk carnation 170g	1 unit	171.12	-2.22	-0.07
Evaporated tinned milk(peak), 170g	1 unit	190	0	0
Frozen chicken	1 unit	1920	19.6	-2.76
Gari white,sold loose	1Kg	248	37.83	8.52
Gari yellow,sold loose	1Kg	272.88	41.49	21.22
Mudfish (aro) fresh	1Kg	895.8	-1.82	-0.27
Mudfish : dried	1Kg	2029.73	-6.52	2.11
Onion bulb	1Kg	250.61	18	-9.82
Rice agric sold loose	1Kg	380	20.27	-5.15
Rice local sold loose	1Kg	282.83	3.38	-10.28
Rice Medium Grained	1Kg	317.45	-4.45	-0.28
Rice,imported high quality sold loose	1Kg	480	20.91	0
Tomato	1Kg	305.9	50.28	-1.18
Yam tuber	1Kg	270.32	26.04	21.92
Dried Fish Sardine	1Kg	1495.62	13.71	-0.32
Iced Sardine	1Kg	1030	-2.42	4.45
Irish potato	1Kg	400	33.33	-6.9
Sweet potato	1Kg	124.44	-15.15	9.16
Tilapia fish (epiya) fresh	1Kg	999.16	5.91	0.78
Titus:frozen	1Kg	983.33	7.02	2.69
Catfish (obokun) fresh	1Kg	1206.27	-7.29	-1.53
Catfish :dried	1Kg	2545.45	5.6	-0.73
Catfish Smoked	1Kg	1736.98	1.51	-2.65
Mackerel : frozen	1Kg	980.84	8.68	3.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	803.33	5.93	9.95
Maize grain white sold loose	1Kg	235.56	2.34	8.9
Maize grain yellow sold loose	1Kg	236.36	0.61	7.87
Palm oil: 1 bottle,specify bottle	1Ltr	471.11	10.66	-0.85
Plantain(ripe)	1Kg	142.95	-28.49	-25.7
Plantain(unripe)	1Kg	192.53	1.22	-6.29
Vegetable oil:1 bottle,specify bottle	1Ltr	474.07	-0.84	-4.93
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.67	-2.44	-1.78
AVERAGE			6.01	0.23


SELECTED FOOD PRICE WATCH - MARCH 2020

Edo State







Tomato

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N395.27






Beans brown, sold loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N300.14






Rice Local sold Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N429.38






Bread sliced 500g

	
UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N317.86






Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N306.98






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N445.83






Beef, boneless

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N1321.63






Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N314.91





Garri white, sold Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N128.79



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	MARCH 2020
2KG	N743.75

SELECTED FOOD PRICE WATCH - MARCH 2020

Edo State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	2-May	-1.48	1.98
Agric eggs(medium size price of one)	1 Piece	42	0	2.36
Beans brown,sold loose	1Kg	300.14	-22.07	2.25
Beans:white black eye. sold loose	1Kg	250.35	-22.28	2.65
Beef Bone in	1Kg	967.84	1.95	1.32
Beef,boneless	1Kg	1321.63	-7.63	2.16
Bread sliced 500g	1 loaf	317.86	1.14	1.44
Bread unsliced 500g	1 loaf	256.67	4.27	-2.22
Broken Rice (Ofada)	1Kg	441.67	15.02	-1.73
Chicken Feet	1Kg	740	-17.33	-5.08
Chicken Wings	1Kg	1406.67	11.85	2.63
Evaporated tinned milk carnation 170g	1 unit	143.57	0.17	-0.99
Evaporated tinned milk(peak), 170g	1 unit	188.57	-0.75	-2.46
Frozen chicken	1 unit	1746.67	32.99	-1.65
Gari white,sold loose	1Kg	128.79	-35	-17.61
Gari yellow,sold loose	1Kg	166.31	-13.48	-8.18
Mudfish (aro) fresh	1Kg	1107.11	-8.5	0.98
Mudfish : dried	1Kg	1770.41	6.69	0.02
Onion bulb	1Kg	314.91	4.77	22.5
Rice agric sold loose	1Kg	430.43	33.75	0.82
Rice local sold loose	1Kg	429.38	29.83	1.83
Rice Medium Grained	1Kg	407.04	14.29	-9.17
Rice,imported high quality sold loose	1Kg	606.25	54.32	8.8
Tomato	1Kg	395.27	5.6	23.32
Yam tuber	1Kg	306.98	-1.45	2.86
Dried Fish Sardine	1Kg	1355.71	9.51	2.84
Iced Sardine	1Kg	989.27	6.65	1.98
Irish potato	1Kg	442.02	17.59	14.14
Sweet potato	1Kg	134.91	2.54	-14.81
Tilapia fish (epiya) fresh	1Kg	1011.28	-5.72	-1.36
Titus:frozen	1Kg	966.44	5.88	6.01
Catfish (obokun) fresh	1Kg	1153.87	16.35	3.87
Catfish :dried	1Kg	2223.26	-0.72	1.13
Catfish Smoked	1Kg	1659.25	13.51	3.62
Mackerel : frozen	1Kg	1089.03	-4.07	3.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	753.33	-5.27	7.28
Maize grain white sold loose	1Kg	244.06	7.39	1.76
Maize grain yellow sold loose	1Kg	238.74	-3.89	3.08
Palm oil: 1 bottle,specify bottle	1Ltr	445.83	-11.81	-7.93
Plantain(ripe)	1Kg	197.47	9.15	1.06
Plantain(unripe)	1Kg	178.99	19.48	-6.53
Vegetable oil:1 bottle,specify bottle	1Ltr	500	-5.34	-0.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	743.75	3.5	-1.65
AVERAGE			3.75	1.08




SELECTED FOOD PRICE WATCH - MARCH 2020




Ekiti State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N203.37




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N289.52




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N391.42




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N250.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N191.35

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N355.56

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1405.29

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N186.50

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N119.92

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N620.83

SELECTED FOOD PRICE WATCH - MARCH 2020

Ekiti State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	1-Apr	0	1.77
Agric eggs(medium size price of one)	1 Piece	40	-2.29	0
Beans brown,sold loose	1Kg	289.52	-26.62	6.82
Beans:white black eye. sold loose	1Kg	281.21	1.12	-2.62
Beef Bone in	1Kg	1038.64	14.06	2.94
Beef,boneless	1Kg	1405.29	-0.04	0.74
Bread sliced 500g	1 loaf	250	0	0
Bread unsliced 500g	1 loaf	250	0	0
Broken Rice (Ofada)	1Kg	400	-8.94	-0.39
Chicken Feet	1Kg	700	-20.47	0
Chicken Wings	1Kg	1166.67	8.02	6.06
Evaporated tinned milk carnation 170g	1 unit	180	6.99	-0.31
Evaporated tinned milk(peak), 170g	1 unit	198.82	1.44	-0.8
Frozen chicken	1 unit	1540	2.65	-3.75
Gari white,sold loose	1Kg	119.92	-19.95	-7.45
Gari yellow,sold loose	1Kg	165.95	-5.14	-1.21
Mudfish (aro) fresh	1Kg	846.03	-7.12	-1.65
Mudfish : dried	1Kg	1825.07	-8.68	1.58
Onion bulb	1Kg	186.5	-15.9	-13.25
Rice agric sold loose	1Kg	280	11.44	-2.03
Rice local sold loose	1Kg	391.42	30.27	-9.69
Rice Medium Grained	1Kg	300	-1.18	-0.48
Rice,imported high quality sold loose	1Kg	402.7	22.49	11.31
Tomato	1Kg	203.37	-14.04	10.98
Yam tuber	1Kg	191.35	0.81	5.93
Dried Fish Sardine	1Kg	1583.33	-6.82	-0.11
Iced Sardine	1Kg	853.33	4.97	-0.78
Irish potato	1Kg	235.71	14.58	14.06
Sweet potato	1Kg	80.92	-10.55	-3.6
Tilapia fish (epiya) fresh	1Kg	809.09	-7	2.5
Titus:frozen	1Kg	969.36	7.65	5.16
Catfish (obokun) fresh	1Kg	797.27	-1.85	-1.82
Catfish :dried	1Kg	1740	-9.54	-2.43
Catfish Smoked	1Kg	1787.72	-6.16	0.08
Mackerel : frozen	1Kg	724.75	2.71	-6.64
Groundnut oil: 1 bottle, specify bottle	1Ltr	560.48	2.94	6.85
Maize grain white sold loose	1Kg	114.66	-15.89	-4.22
Maize grain yellow sold loose	1Kg	127.15	-9.62	3.25
Palm oil: 1 bottle,specify bottle	1Ltr	355.56	-10.91	-7.44
Plantain(ripe)	1Kg	205.58	3.72	33
Plantain(unripe)	1Kg	205.67	-10.61	36.29
Vegetable oil:1 bottle,specify bottle	1Ltr	595.24	33.73	12.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	620.83	-3.99	-2.17
AVERAGE			-1.25	2.07




SELECTED FOOD PRICE WATCH - MARCH 2020




Enugu State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N301.30




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N387.07




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N156.15




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1458.11




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N200.00

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N410.99

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N253.33

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N417.44

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N255.45

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N705.38

SELECTED FOOD PRICE WATCH - MARCH 2020

Enugu State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	507.3	-4.42	6.13
Agric eggs(medium size price of one)	1 Piece	42.86	-7.04	4.55
Beans brown,sold loose	1Kg	410.99	-19.22	3.87
Beans:white black eye. sold loose	1Kg	356.83	-20.66	-9.14
Beef Bone in	1Kg	1176.22	25.03	-1.78
Beef,boneless	1Kg	1458.11	1.95	-2.85
Bread sliced 500g	1 loaf	253.33	-23.38	-1.94
Bread unsliced 500g	1 loaf	232.35	-16.93	-3.38
Broken Rice (Ofada)	1Kg	550	33.94	2.65
Chicken Feet	1Kg	735	3.43	4.95
Chicken Wings	1Kg	1180	1.14	-1.67
Evaporated tinned milk carnation 170g	1 unit	175	2.31	-0.24
Evaporated tinned milk(peak), 170g	1 unit	196.32	-0.51	2.37
Frozen chicken	1 unit	1798.33	2.44	-2.97
Gari white,sold loose	1Kg	200	31.11	5.82
Gari yellow,sold loose	1Kg	246.11	22.7	8.99
Mudfish (aro) fresh	1Kg	1533.33	1.79	-3.12
Mudfish : dried	1Kg	2070	2.07	-1.2
Onion bulb	1Kg	255.45	16.49	-11.82
Rice agric sold loose	1Kg	434.55	30.36	-3.2
Rice local sold loose	1Kg	387.07	31.13	-2.58
Rice Medium Grained	1Kg	411.82	37.27	-2.09
Rice,imported high quality sold loose	1Kg	453.27	12.58	-10.37
Tomato	1Kg	301.3	23.42	-10.44
Yam tuber	1Kg	156.15	-3.96	-16.88
Dried Fish Sardine	1Kg	1625	11.49	1.26
Iced Sardine	1Kg	907.61	-1.07	-7.09
Irish potato	1Kg	361.58	-9.72	-5.59
Sweet potato	1Kg	152.7	7.34	14.92
Tilapia fish (epiya) fresh	1Kg	800	-3.64	-0.73
Titus:frozen	1Kg	969.97	-3.65	6.03
Catfish (obokun) fresh	1Kg	1200	-0.05	1.2
Catfish :dried	1Kg	1244.1	-46.06	1.26
Catfish Smoked	1Kg	1620	-6.49	-3.96
Mackerel : frozen	1Kg	876.03	-1.95	-4.35
Groundnut oil: 1 bottle, specify bottle	1Ltr	704.76	0.92	-3.01
Maize grain white sold loose	1Kg	208.33	-1.49	8.01
Maize grain yellow sold loose	1Kg	215.2	-0.11	8.77
Palm oil: 1 bottle,specify bottle	1Ltr	417.44	-3.9	-6.44
Plantain(ripe)	1Kg	203.12	-1.66	9.05
Plantain(unripe)	1Kg	207.36	15.09	14.3
Vegetable oil:1 bottle,specify bottle	1Ltr	511.33	-2.8	-3.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	705.38	3.38	0.97
AVERAGE			3.22	-0.36




SELECTED FOOD PRICE WATCH - MARCH 2020




Gombe State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N203.55




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N175.14




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N304.17




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N260.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N145.55

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N430.77

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1167.71

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N208.10

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N177.86

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N640.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Gombe State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	3-Feb	-7.13	0.97
Agric eggs (medium size price of one)	1 Piece	35.15	-13.02	-1.9
Beans brown, sold loose	1Kg	175.14	-39.28	-11.73
Beans: white black eye. sold loose	1Kg	196.08	-25.3	-0.77
Beef Bone in	1Kg	920	-1.43	-4.17
Beef, boneless	1Kg	1167.71	-0.85	-3.78
Bread sliced 500g	1 loaf	260	-1.38	-10.34
Bread unsliced 500g	1 loaf	245.71	2.05	3.46
Broken Rice (Ofada)	1Kg	311.75	-13.01	0.65
Chicken Feet	1Kg	425	-4.55	-1.92
Chicken Wings	1Kg	658	-12.27	0.42
Evaporated tinned milk carnation 170g	1 unit	146.92	-12.81	-6.72
Evaporated tinned milk (peak), 170g	1 unit	180	-2.94	-1
Frozen chicken	1 unit	1885.73	12.88	0.76
Gari white, sold loose	1Kg	177.86	4.22	4.83
Gari yellow, sold loose	1Kg	220.2	0.62	12.73
Mudfish (aro) fresh	1Kg	946.25	13.49	0.84
Mudfish : dried	1Kg	1675	-1.21	3.05
Onion bulb	1Kg	208.1	8.89	38.51
Rice agric sold loose	1Kg	399.17	61.01	11.57
Rice local sold loose	1Kg	304.17	37.74	-1.92
Rice Medium Grained	1Kg	284.38	24.85	-15.27
Rice, imported high quality sold loose	1Kg	367.82	22.47	-10.81
Tomato	1Kg	203.55	26.48	27.52
Yam tuber	1Kg	145.55	-7.68	-5.03
Dried Fish Sardine	1Kg	1467.59	1.01	1.19
Iced Sardine	1Kg	907.69	4.35	0.83
Irish potato	1Kg	254.04	13.15	28.19
Sweet potato	1Kg	100.14	-12.15	3.35
Tilapia fish (epiya) fresh	1Kg	816.48	9.96	3.57
Titus: frozen	1Kg	875	-2.63	-3.48
Catfish (obokun) fresh	1Kg	876.24	-9.67	3.09
Catfish :dried	1Kg	1511.05	-3.77	1.69
Catfish Smoked	1Kg	1500.01	-4.15	1.01
Mackerel : frozen	1Kg	859.85	-5.08	-2.31
Groundnut oil: 1 bottle, specify bottle	1Ltr	502.22	-12.66	-2.16
Maize grain white sold loose	1Kg	90	-6.24	10.05
Maize grain yellow sold loose	1Kg	110.64	10.13	28.41
Palm oil: 1 bottle, specify bottle	1Ltr	430.77	-10.43	-10.79
Plantain (ripe)	1Kg	227.27	-9.36	29.34
Plantain (unripe)	1Kg	164.32	-17.84	9.55
Vegetable oil: 1 bottle, specify bottle	1Ltr	496.3	-7.3	2.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	-8.38	1.05
AVERAGE			0.02	3.13




SELECTED FOOD PRICE WATCH - MARCH 2020




Imo State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N315.42




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N381.48




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N364.68




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N296.15




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N152.25

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N393.10

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1367.51

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N290.76

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N201.53

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N668.75

SELECTED FOOD PRICE WATCH - MARCH 2020

Imo State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	489.26	-1.02	3.29
Agric eggs(medium size price of one)	1 Piece	42	-11.98	1.31
Beans brown,sold loose	1Kg	381.48	-12.52	7.99
Beans:white black eye. sold loose	1Kg	348.28	-16.52	-0.32
Beef Bone in	1Kg	1160.91	19.55	-1.69
Beef,boneless	1Kg	1367.51	-5.61	-3.65
Bread sliced 500g	1 loaf	296.15	-13.06	-4.94
Bread unsliced 500g	1 loaf	265.38	0.6	-0.72
Broken Rice (Ofada)	1Kg	500	59.95	-1.44
Chicken Feet	1Kg	700	6.73	-0.08
Chicken Wings	1Kg	930	-4.52	-4.12
Evaporated tinned milk carnation 170g	1 unit	180	-10	7.38
Evaporated tinned milk(peak), 170g	1 unit	195.56	0.64	1.4
Frozen chicken	1 unit	1740	14.41	2.25
Gari white,sold loose	1Kg	201.53	25.86	25.42
Gari yellow,sold loose	1Kg	231.32	26.12	18.25
Mudfish (aro) fresh	1Kg	1220	-7.97	-0.4
Mudfish : dried	1Kg	2033.33	-17.16	-3.21
Onion bulb	1Kg	290.76	35.84	13.57
Rice agric sold loose	1Kg	444.44	17.62	-11.2
Rice local sold loose	1Kg	364.68	6.95	-8.11
Rice Medium Grained	1Kg	451.63	13.57	-2.23
Rice,imported high quality sold loose	1Kg	519.34	17.8	-2.9
Tomato	1Kg	315.42	40.26	-1.57
Yam tuber	1Kg	152.25	1.82	-10.09
Dried Fish Sardine	1Kg	1487.3	-1.39	-4.58
Iced Sardine	1Kg	1131.54	23.29	-3.22
Irish potato	1Kg	420	3.56	-3.08
Sweet potato	1Kg	144.6	33.02	25.02
Tilapia fish (epiya) fresh	1Kg	971.43	-14.68	-0.98
Titus:frozen	1Kg	994.61	8.12	6.87
Catfish (obokun) fresh	1Kg	1200	-7.82	-4
Catfish :dried	1Kg	2619.53	10.21	-1.33
Catfish Smoked	1Kg	1500	0.63	-0.02
Mackerel : frozen	1Kg	882.69	3.26	0.02
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-18.84	-3.03
Maize grain white sold loose	1Kg	250.53	4.55	0.9
Maize grain yellow sold loose	1Kg	250.53	5.5	1.49
Palm oil: 1 bottle,specify bottle	1Ltr	393.1	-9.14	-4.68
Plantain(ripe)	1Kg	250.28	21.7	21.78
Plantain(unripe)	1Kg	193.84	0.63	1.12
Vegetable oil:1 bottle,specify bottle	1Ltr	504	-4.02	-1.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	668.75	-3.74	-3.4
AVERAGE			5.63	1.2




SELECTED FOOD PRICE WATCH - MARCH 2020




Jigawa State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N229.70




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N239.49




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N259.13




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N212.50




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N158.68

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N496.97

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1142.08

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N196.20

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N141.76

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N726.01

SELECTED FOOD PRICE WATCH - MARCH 2020

Jigawa State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	18-Feb	-3.21	-5.68
Agric eggs(medium size price of one)	1 Piece	36	-10	-4
Beans brown,sold loose	1Kg	239.49	-27.91	13.21
Beans:white black eye. sold loose	1Kg	142.91	-59.92	-28.02
Beef Bone in	1Kg	880.98	-11.88	-2.95
Beef,boneless	1Kg	1142.08	-6.88	-2.66
Bread sliced 500g	1 loaf	212.5	-4.38	-8.93
Bread unsliced 500g	1 loaf	200	-9.35	-4
Broken Rice (Ofada)	1Kg	282.04	-19.47	4.47
Chicken Feet	1Kg	500	-16.67	0
Chicken Wings	1Kg	700	10.93	0
Evaporated tinned milk carnation 170g	1 unit	136.67	-6.82	-2.38
Evaporated tinned milk(peak), 170g	1 unit	161.67	-13.72	-1.59
Frozen chicken	1 unit	2300	35.1	2.22
Gari white,sold loose	1Kg	141.76	-23.24	-13.41
Gari yellow,sold loose	1Kg	199.76	10.36	4.34
Mudfish (aro) fresh	1Kg	926.11	-7	0.66
Mudfish : dried	1Kg	1275.53	-2.8	-0.11
Onion bulb	1Kg	196.2	1.69	-4.94
Rice agric sold loose	1Kg	242.55	-3.05	17.23
Rice local sold loose	1Kg	259.13	-11.76	-9.57
Rice Medium Grained	1Kg	294.11	7.33	4.52
Rice,imported high quality sold loose	1Kg	383.42	7.47	9.21
Tomato	1Kg	229.7	23.4	-11.7
Yam tuber	1Kg	158.68	-20.72	25.12
Dried Fish Sardine	1Kg	1496.33	-12.6	-0.24
Iced Sardine	1Kg	878.35	-1.86	2.13
Irish potato	1Kg	250.48	6.21	32.57
Sweet potato	1Kg	68.94	-49.67	12.76
Tilapia fish (epiya) fresh	1Kg	716.67	-16.07	-8.12
Titus:frozen	1Kg	800	-6.38	-5.88
Catfish (obokun) fresh	1Kg	889.74	-4.19	-0.03
Catfish :dried	1Kg	1448.29	-12.28	-0.17
Catfish Smoked	1Kg	1496.71	-1.27	-0.22
Mackerel : frozen	1Kg	858	3.49	-4.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	511.52	11.36	-6.05
Maize grain white sold loose	1Kg	98.11	0.34	-23.21
Maize grain yellow sold loose	1Kg	101.36	13.83	-30.7
Palm oil: 1 bottle,specify bottle	1Ltr	496.97	15.63	7
Plantain(ripe)	1Kg	209.87	-17.7	-10.06
Plantain(unripe)	1Kg	204.08	1.47	2.04
Vegetable oil:1 bottle,specify bottle	1Ltr	452.22	3.93	-11.52
Wheat flour: prepacked (golden penny 2kg)	2Kg	726.01	3.72	0.14
AVERAGE			-5.22	-1.47



SELECTED FOOD PRICE WATCH - MARCH 2020


Kaduna State







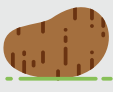
 Tomato

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N167.92






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N305.76






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N208.48






 Beef,
 boneless

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N1247.22






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N160.64






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N243.76






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N266.67






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N516.08





 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N204.16



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	MARCH 2020
2KG	N750.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Kaduna State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	13-Mar	6.16	1.92
Agric eggs(medium size price of one)	1 Piece	37.94	-1.88	0.93
Beans brown,sold loose	1Kg	243.76	-25.2	4.31
Beans:white black eye. sold loose	1Kg	191.96	-27.12	-6.7
Beef Bone in	1Kg	1092.94	-5.21	-1.24
Beef,boneless	1Kg	1247.22	6.58	-0.85
Bread sliced 500g	1 loaf	266.67	-7.56	-8.05
Bread unsliced 500g	1 loaf	218.42	-11.17	-2.92
Broken Rice (Ofada)	1Kg	261.98	-28.48	-15.2
Chicken Feet	1Kg	600	-14.29	0
Chicken Wings	1Kg	598	-25.25	-8
Evaporated tinned milk carnation 170g	1 unit	150	-7.22	0
Evaporated tinned milk(peak), 170g	1 unit	185.29	1.07	4.69
Frozen chicken	1 unit	2133.33	32.51	-0.31
Gari white,sold loose	1Kg	160.64	-2.28	14.28
Gari yellow,sold loose	1Kg	180.55	7.59	18.55
Mudfish (aro) fresh	1Kg	900	0	5.88
Mudfish : dried	1Kg	1383.33	21.4	-2.58
Onion bulb	1Kg	204.16	-20.73	12.84
Rice agric sold loose	1Kg	339.16	4.14	-2.36
Rice local sold loose	1Kg	305.76	11.36	8.56
Rice Medium Grained	1Kg	307	8.31	-12.23
Rice,imported high quality sold loose	1Kg	399.98	27.45	-0.86
Tomato	1Kg	167.92	-37.86	-19.82
Yam tuber	1Kg	208.48	13.98	13.47
Dried Fish Sardine	1Kg	1460	7.35	-2.56
Iced Sardine	1Kg	918.75	-1.74	3.81
Irish potato	1Kg	328.11	58.83	25.08
Sweet potato	1Kg	68.49	-34.18	4.92
Tilapia fish (epiya) fresh	1Kg	535.29	-27.66	-9.9
Titus:frozen	1Kg	957.14	-2.6	3.18
Catfish (obokun) fresh	1Kg	800	-18.37	0
Catfish :dried	1Kg	1397.43	1.51	-1.66
Catfish Smoked	1Kg	1300	-12.74	0
Mackerel : frozen	1Kg	853.59	2.43	-4.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	615.38	8.6	-0.94
Maize grain white sold loose	1Kg	104.55	-6.21	8.42
Maize grain yellow sold loose	1Kg	98.97	5.71	13.56
Palm oil: 1 bottle,specify bottle	1Ltr	516.08	8.49	1.98
Plantain(ripe)	1Kg	241.56	-18.15	11.86
Plantain(unripe)	1Kg	256.41	7.87	13.25
Vegetable oil:1 bottle,specify bottle	1Ltr	555.83	7.35	-2.49
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	13.64	9.38
AVERAGE			-1.71	1.8




SELECTED FOOD PRICE WATCH - MARCH 2020




Kano State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N240.66




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N196.46




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N244.79




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N266.67




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N191.07

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N469.63

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1117.10

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N180.19

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N126.70

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N650.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Kano State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	28-Feb	-3.92	-3.51
Agric eggs(medium size price of one)	1 Piece	36.53	-5.58	-3.03
Beans brown,sold loose	1Kg	196.46	-31.05	3.78
Beans:white black eye. sold loose	1Kg	162.6	-26.74	-10.32
Beef Bone in	1Kg	789.88	-12.5	-5.59
Beef,boneless	1Kg	1117.1	6.38	-5.56
Bread sliced 500g	1 loaf	266.67	15.32	5.52
Bread unsliced 500g	1 loaf	263.64	11	8.72
Broken Rice (Ofada)	1Kg	270.37	-35.64	-16.05
Chicken Feet	1Kg	600	-23.96	-7.69
Chicken Wings	1Kg	800	-10.94	0
Evaporated tinned milk carnation 170g	1 unit	150	12.5	0
Evaporated tinned milk(peak), 170g	1 unit	160.53	-7.25	-3.51
Frozen chicken	1 unit	1433.33	-87.43	-3.5
Gari white,sold loose	1Kg	126.7	-12.62	13.07
Gari yellow,sold loose	1Kg	143.41	-26.24	7.58
Mudfish (aro) fresh	1Kg	895.54	-8.44	-6.02
Mudfish : dried	1Kg	1450.45	-4.32	-2
Onion bulb	1Kg	180.19	-25.36	10.59
Rice agric sold loose	1Kg	321.8	24.39	2.27
Rice local sold loose	1Kg	244.79	5.33	-13.2
Rice Medium Grained	1Kg	250.19	2.21	14.02
Rice,imported high quality sold loose	1Kg	390.71	23.09	-3.23
Tomato	1Kg	240.66	112.58	3.73
Yam tuber	1Kg	191.07	22.38	0.94
Dried Fish Sardine	1Kg	1505.62	15.82	3.83
Iced Sardine	1Kg	866.07	-1.95	-0.39
Irish potato	1Kg	209.43	14.33	-7.25
Sweet potato	1Kg	196.24	57.9	18.6
Tilapia fish (epiya) fresh	1Kg	756.67	11.99	4.33
Titus:frozen	1Kg	855.5	4.92	-0.8
Catfish (obokun) fresh	1Kg	886.96	8.17	1.05
Catfish :dried	1Kg	1255.11	-13.81	-3.25
Catfish Smoked	1Kg	1400	-0.16	0
Mackerel : frozen	1Kg	956.57	1.34	-5.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	584.31	5.47	3.11
Maize grain white sold loose	1Kg	87.71	9.53	-4.14
Maize grain yellow sold loose	1Kg	90.4	-6.76	-1.39
Palm oil: 1 bottle,specify bottle	1Ltr	469.63	2.09	4.62
Plantain(ripe)	1Kg	205.13	-13.85	-2.35
Plantain(unripe)	1Kg	185.5	-23.98	0.17
Vegetable oil:1 bottle,specify bottle	1Ltr	529.8	8.57	10.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	5.69	8.33
AVERAGE			-0.04	0.38




SELECTED FOOD PRICE WATCH - MARCH 2020




Katsina State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N277.50




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N221.07




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N239.67




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N243.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N210.83

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N438.67

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1177.78

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N193.60

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N140.48

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N675.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Katsina State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	1-Mar	-3.91	1.43
Agric eggs(medium size price of one)	1 Piece	39.5	0.98	4.87
Beans brown,sold loose	1Kg	221.07	-14.67	-12.62
Beans:white black eye. sold loose	1Kg	229.67	-24.52	4.41
Beef Bone in	1Kg	1058.33	14.73	5.29
Beef,boneless	1Kg	1177.78	2.41	-0.67
Bread sliced 500g	1 loaf	243	16.83	-0.03
Bread unsliced 500g	1 loaf	238.33	11.02	2.67
Broken Rice (Ofada)	1Kg	301.04	-20.77	5.86
Chicken Feet	1Kg	418.33	-6.55	-0.4
Chicken Wings	1Kg	725.08	-16.66	-3.32
Evaporated tinned milk carnation 170g	1 unit	145	1.16	2.84
Evaporated tinned milk(peak), 170g	1 unit	170.63	-8.4	5.81
Frozen chicken	1 unit	2250	58.45	1.58
Gari white,sold loose	1Kg	140.48	-6.13	3.88
Gari yellow,sold loose	1Kg	159	5.35	17.45
Mudfish (aro) fresh	1Kg	900	-3.23	-5.92
Mudfish : dried	1Kg	1347.97	7.41	-0.53
Onion bulb	1Kg	193.6	13.23	-8.94
Rice agric sold loose	1Kg	283.33	18.99	4.41
Rice local sold loose	1Kg	239.67	0.04	0.82
Rice Medium Grained	1Kg	278.38	6.55	2.07
Rice,imported high quality sold loose	1Kg	338.82	14.41	3.95
Tomato	1Kg	277.5	135.83	22.43
Yam tuber	1Kg	210.83	42.59	-10.4
Dried Fish Sardine	1Kg	980	7.1	3.16
Iced Sardine	1Kg	997.72	4.17	-2.61
Irish potato	1Kg	246.56	26.11	-6.64
Sweet potato	1Kg	130.05	27.29	-2.62
Tilapia fish (epiya) fresh	1Kg	852.24	6.53	6.53
Titus:frozen	1Kg	925	3.94	5.71
Catfish (obokun) fresh	1Kg	903.33	3.73	5.99
Catfish :dried	1Kg	1395.67	24.48	2.12
Catfish Smoked	1Kg	1400.7	-12.58	0.01
Mackerel : frozen	1Kg	862.5	4.45	-1.86
Groundnut oil: 1 bottle, specify bottle	1Ltr	632	26.04	10.23
Maize grain white sold loose	1Kg	74.79	-15.02	-18.85
Maize grain yellow sold loose	1Kg	76.73	-12.53	-7.2
Palm oil: 1 bottle,specify bottle	1Ltr	438.67	-8.31	-8.1
Plantain(ripe)	1Kg	160	-21.86	-4.86
Plantain(unripe)	1Kg	250	23.57	23.63
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	8.45	3.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	675	3.85	9.76
AVERAGE			8.01	1.51

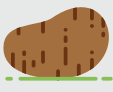


SELECTED FOOD PRICE WATCH - MARCH 2020




Kebbi State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N359.59




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N271.41




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N210.30




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1194.99




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N218.29

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N283.91

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N242.86

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N501.33

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N279.43

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N675.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Kebbi State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	12-Apr	4.86	0.71
Agric eggs (medium size price of one)	1 Piece	40	-3.76	0
Beans brown, sold loose	1Kg	283.91	-7.94	0
Beans: white black eye. sold loose	1Kg	192.2	-24.26	-1.13
Beef Bone in	1Kg	1070.99	14.04	-3.16
Beef, boneless	1Kg	1194.99	13.34	0.74
Bread sliced 500g	1 loaf	242.86	5.59	0
Bread unsliced 500g	1 loaf	234.29	0.92	-7.82
Broken Rice (Ofada)	1Kg	311.65	31.14	0
Chicken Feet	1Kg	480	-0.21	14.29
Chicken Wings	1Kg	550	3.77	0
Evaporated tinned milk carnation 170g	1 unit	160	-11.11	0
Evaporated tinned milk (peak), 170g	1 unit	160.56	-1.82	0.74
Frozen chicken	1 unit	2093.33	65.26	-1.88
Gari white, sold loose	1Kg	218.29	14.36	0
Gari yellow, sold loose	1Kg	258.03	22.63	0
Mudfish (aro) fresh	1Kg	946.43	8.25	-0.73
Mudfish : dried	1Kg	1444.44	-10.97	-0.77
Onion bulb	1Kg	279.43	44.23	15.34
Rice agric sold loose	1Kg	266.03	17.7	0
Rice local sold loose	1Kg	271.41	0.86	-8.4
Rice Medium Grained	1Kg	361	15.8	14.12
Rice, imported high quality sold loose	1Kg	326.32	8.41	0.25
Tomato	1Kg	359.59	60.16	16.62
Yam tuber	1Kg	210.3	-16.79	0.86
Dried Fish Sardine	1Kg	1230	-0.41	-3.15
Iced Sardine	1Kg	1000	-4.97	0.59
Irish potato	1Kg	240.77	15.33	19.92
Sweet potato	1Kg	261.92	109.42	24.98
Tilapia fish (epiya) fresh	1Kg	612.99	10.18	-1.46
Titus: frozen	1Kg	870	-3.57	3.46
Catfish (obokun) fresh	1Kg	975	-11.58	5.41
Catfish :dried	1Kg	1320.67	-10.4	-2.17
Catfish Smoked	1Kg	1300.5	-7.78	-4.37
Mackerel : frozen	1Kg	850	-5.58	-2.5
Groundnut oil: 1 bottle, specify bottle	1Ltr	475.56	7.47	1.54
Maize grain white sold loose	1Kg	103.5	0.65	-0.7
Maize grain yellow sold loose	1Kg	100.77	3.22	0
Palm oil: 1 bottle, specify bottle	1Ltr	501.33	7.22	-0.76
Plantain (ripe)	1Kg	238.62	3.96	18.22
Plantain (unripe)	1Kg	200	-16.14	-21.45
Vegetable oil: 1 bottle, specify bottle	1Ltr	475.29	5.08	-0.24
Wheat flour: prepacked (golden penny 2kg)	2Kg	675	1.76	0
AVERAGE			8.33	1.79




SELECTED FOOD PRICE WATCH - MARCH 2020




Kogi State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N307.16




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N287.28




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N292.10




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N345.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N204.74

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N526.67

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1266.67

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N238.91

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N197.70

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N575.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Kogi State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	29-May	10.25	2.01
Agric eggs(medium size price of one)	1 Piece	44	3.06	2.33
Beans brown,sold loose	1Kg	287.28	-29.82	-12.72
Beans:white black eye. sold loose	1Kg	329.25	6.29	-5.15
Beef Bone in	1Kg	1097.29	-7.64	-2.46
Beef,boneless	1Kg	1266.67	7.47	4.9
Bread sliced 500g	1 loaf	345	12.85	1.72
Bread unsliced 500g	1 loaf	290.91	-4.74	-6.91
Broken Rice (Ofada)	1Kg	391.67	9.63	-9.08
Chicken Feet	1Kg	855	-6.21	6.79
Chicken Wings	1Kg	798.86	-13.39	6.51
Evaporated tinned milk carnation 170g	1 unit	200	11.11	18.52
Evaporated tinned milk(peak), 170g	1 unit	200	4.71	0.56
Frozen chicken	1 unit	2433.33	6.31	-0.68
Gari white,sold loose	1Kg	197.7	-20.27	-3.7
Gari yellow,sold loose	1Kg	194.88	-18.8	-14.76
Mudfish (aro) fresh	1Kg	900	-0.08	1.88
Mudfish : dried	1Kg	1505	-4.85	2.36
Onion bulb	1Kg	238.91	17.11	1.26
Rice agric sold loose	1Kg	358.31	-9.57	12.94
Rice local sold loose	1Kg	292.1	8.62	-12.53
Rice Medium Grained	1Kg	255	-2.02	-4.54
Rice,imported high quality sold loose	1Kg	502.58	17.27	1.97
Tomato	1Kg	307.16	14.12	18.15
Yam tuber	1Kg	204.74	21.46	18.62
Dried Fish Sardine	1Kg	1331.67	10.89	1.83
Iced Sardine	1Kg	1041.67	10.19	2.57
Irish potato	1Kg	300.63	36.65	21.6
Sweet potato	1Kg	168.25	19.01	-1.31
Tilapia fish (epiya) fresh	1Kg	819.21	-5.55	7.79
Titus:frozen	1Kg	987.68	6.89	7.31
Catfish (obokun) fresh	1Kg	921.43	-5.37	6.3
Catfish :dried	1Kg	1575	3.44	4.5
Catfish Smoked	1Kg	1292.86	-2.12	2.09
Mackerel : frozen	1Kg	919.23	9.22	-7.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	440	-12.05	-5.71
Maize grain white sold loose	1Kg	125.78	-9.97	-22.28
Maize grain yellow sold loose	1Kg	126.39	-16.81	-25.1
Palm oil: 1 bottle,specify bottle	1Ltr	526.67	41.07	-5.16
Plantain(ripe)	1Kg	229.95	15.34	2.09
Plantain(unripe)	1Kg	287	31.45	27.68
Vegetable oil:1 bottle,specify bottle	1Ltr	566.67	7.59	8.16
Wheat flour: prepacked (golden penny 2kg)	2Kg	575	6.48	-7.26
AVERAGE			4.17	1.06



SELECTED FOOD PRICE WATCH - MARCH 2020


Kwara State







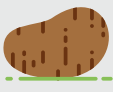
 Tomato

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N226.00






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N341.00






 Yam Tuber

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N148.78






 Beef,
 boneless

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N1264.57






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N143.81






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N169.54






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N290.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N420.83





 Onion bulb

	
UNIT OF MEASUREMENT	MARCH 2020
1KG	N246.95



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	MARCH 2020
2KG	N578.33

SELECTED FOOD PRICE WATCH - MARCH 2020

Kwara State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	9-May	8.39	8.76
Agric eggs(medium size price of one)	1 Piece	42.38	9.08	7.73
Beans brown,sold loose	1Kg	169.54	-40.82	-19.4
Beans:white black eye. sold loose	1Kg	162.53	-43.58	-16.4
Beef Bone in	1Kg	1002.86	-3.1	0.96
Beef,boneless	1Kg	1264.57	7.84	-1.95
Bread sliced 500g	1 loaf	290	3.57	-3.33
Bread unsliced 500g	1 loaf	275	-1	-2.94
Broken Rice (Ofada)	1Kg	416.9	-10.41	-3.87
Chicken Feet	1Kg	766.67	-22.3	3.6
Chicken Wings	1Kg	816.67	-12.32	4.7
Evaporated tinned milk carnation 170g	1 unit	150	-10.71	0
Evaporated tinned milk(peak), 170g	1 unit	198.57	0.97	0.63
Frozen chicken	1 unit	1550	13.97	0
Gari white,sold loose	1Kg	143.81	50.48	19.98
Gari yellow,sold loose	1Kg	140.34	-0.42	16.85
Mudfish (aro) fresh	1Kg	965.44	-1.99	3.44
Mudfish : dried	1Kg	1781.18	-9.38	0.39
Onion bulb	1Kg	246.95	15.61	19.02
Rice agric sold loose	1Kg	372.69	22.2	-2.88
Rice local sold loose	1Kg	341	43.27	8.03
Rice Medium Grained	1Kg	306.5	-5.81	14.01
Rice,imported high quality sold loose	1Kg	369.74	19.35	18.91
Tomato	1Kg	226	19.44	14.95
Yam tuber	1Kg	148.78	3.58	13.65
Dried Fish Sardine	1Kg	1294.76	-9.88	-1.91
Iced Sardine	1Kg	1000	8.7	2.04
Irish potato	1Kg	207.83	0.77	10.03
Sweet potato	1Kg	181.91	90.32	19.04
Tilapia fish (epiya) fresh	1Kg	906.84	-1.91	5.4
Titus:frozen	1Kg	1021.78	-3.83	3.46
Catfish (obokun) fresh	1Kg	870	-6.01	4.78
Catfish :dried	1Kg	1527.51	2.6	2.2
Catfish Smoked	1Kg	1352.38	11.25	-0.32
Mackerel : frozen	1Kg	850	-8.11	0
Groundnut oil: 1 bottle, specify bottle	1Ltr	602.05	22.53	1.57
Maize grain white sold loose	1Kg	102.79	11.54	1.6
Maize grain yellow sold loose	1Kg	106.58	12.76	4.7
Palm oil: 1 bottle,specify bottle	1Ltr	420.83	-1.6	-2.38
Plantain(ripe)	1Kg	216.42	13.67	9.39
Plantain(unripe)	1Kg	206.82	8.22	14.79
Vegetable oil:1 bottle,specify bottle	1Ltr	453.33	7.37	7.94
Wheat flour: prepacked (golden penny 2kg)	2Kg	578.33	-9.92	-1.42
AVERAGE			4.75	4.32




SELECTED FOOD PRICE WATCH - MARCH 2020




Lagos State

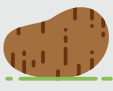







 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N259.42




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N253.05




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N389.52




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N295.83




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N221.71

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N461.90

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1282.17

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N278.91

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N140.45

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N645.83

SELECTED FOOD PRICE WATCH - MARCH 2020

Lagos State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	24-Apr	7.14	3.33
Agric eggs(medium size price of one)	1 Piece	40.67	0.04	3.02
Beans brown,sold loose	1Kg	253.05	-32.85	-0.98
Beans:white black eye. sold loose	1Kg	304.43	-21.31	2.94
Beef Bone in	1Kg	1223.54	8.61	2.97
Beef,boneless	1Kg	1282.17	1.16	4.19
Bread sliced 500g	1 loaf	295.83	7.67	2.4
Bread unsliced 500g	1 loaf	253.57	-0.38	-2.67
Broken Rice (Ofada)	1Kg	612.9	13.31	4.59
Chicken Feet	1Kg	755	-9.4	4.86
Chicken Wings	1Kg	1076.92	6.68	2.4
Evaporated tinned milk carnation 170g	1 unit	150	0.96	0
Evaporated tinned milk(peak), 170g	1 unit	197.33	-1.8	0.62
Frozen chicken	1 unit	1621.43	23.13	-0.49
Gari white,sold loose	1Kg	140.45	10.22	-3.61
Gari yellow,sold loose	1Kg	190.85	26.3	5.98
Mudfish (aro) fresh	1Kg	1098.89	3.02	3.6
Mudfish : dried	1Kg	1798.78	-10	1.7
Onion bulb	1Kg	278.91	19.83	26.03
Rice agric sold loose	1Kg	367.46	23.24	5.13
Rice local sold loose	1Kg	389.52	29.84	-7.86
Rice Medium Grained	1Kg	350	16.57	11.99
Rice,imported high quality sold loose	1Kg	407.24	35	6.65
Tomato	1Kg	259.42	-22.6	10.98
Yam tuber	1Kg	221.71	2.74	-0.91
Dried Fish Sardine	1Kg	1216.67	-14.1	-0.97
Iced Sardine	1Kg	960	9.28	-2.34
Irish potato	1Kg	400.95	27.2	8.99
Sweet potato	1Kg	206.56	6.66	5.12
Tilapia fish (epiya) fresh	1Kg	876.67	-10.85	5.86
Titus:frozen	1Kg	989.29	6.37	5.6
Catfish (obokun) fresh	1Kg	1270.69	-3.63	3.78
Catfish :dried	1Kg	1606.99	-10.6	2.85
Catfish Smoked	1Kg	1594.29	-0.04	2.2
Mackerel : frozen	1Kg	929.94	-0.17	4.95
Groundnut oil: 1 bottle, specify bottle	1Ltr	540	5.19	0
Maize grain white sold loose	1Kg	247.37	23.37	-1.84
Maize grain yellow sold loose	1Kg	242.13	9.16	-1.43
Palm oil: 1 bottle,specify bottle	1Ltr	461.9	14.35	-5.01
Plantain(ripe)	1Kg	279.85	43.03	19.9
Plantain(unripe)	1Kg	280.67	41.95	21.25
Vegetable oil:1 bottle,specify bottle	1Ltr	552.38	13.18	1.05
Wheat flour: prepacked (golden penny 2kg)	2Kg	645.83	3.29	10.05
AVERAGE			6.99	3.88




SELECTED FOOD PRICE WATCH - MARCH 2020




Nasarawa State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N207.82




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N268.85




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N196.65




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1227.78




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N131.73

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N284.17

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N350.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N505.26

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N205.14

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N710.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Nasarawa State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	4-Apr	5.84	-3.85
Agric eggs(medium size price of one)	1 Piece	40	0	0
Beans brown,sold loose	1Kg	284.17	-15.71	12.22
Beans:white black eye. sold loose	1Kg	212.72	-28.67	-9.24
Beef Bone in	1Kg	1075	-4.71	1.88
Beef,boneless	1Kg	1227.78	2.31	1.38
Bread sliced 500g	1 loaf	350	21.29	8.81
Bread unsliced 500g	1 loaf	306.67	10.4	13.58
Broken Rice (Ofada)	1Kg	275.86	-22.15	-8.31
Chicken Feet	1Kg	650	-26.58	4
Chicken Wings	1Kg	750	-17.5	-1.32
Evaporated tinned milk carnation 170g	1 unit	150	-11.35	0
Evaporated tinned milk(peak), 170g	1 unit	200.5	3.71	4.97
Frozen chicken	1 unit	1980	40.43	0
Gari white,sold loose	1Kg	131.73	-12.08	9.47
Gari yellow,sold loose	1Kg	165.19	-7.95	2.85
Mudfish (aro) fresh	1Kg	950	2.68	-4.34
Mudfish : dried	1Kg	1375.56	-7.74	-0.74
Onion bulb	1Kg	205.14	-4.36	5.65
Rice agric sold loose	1Kg	344.83	37.65	2.62
Rice local sold loose	1Kg	268.85	6.64	-2.83
Rice Medium Grained	1Kg	370.5	18.67	-0.46
Rice,imported high quality sold loose	1Kg	448.33	26.05	4.62
Tomato	1Kg	207.82	-36.2	23.55
Yam tuber	1Kg	196.65	-27.86	60.61
Dried Fish Sardine	1Kg	1416.67	8.97	0.26
Iced Sardine	1Kg	921.79	-2.51	-3.41
Irish potato	1Kg	273.09	30.59	26.7
Sweet potato	1Kg	200.8	66.71	11.01
Tilapia fish (epiya) fresh	1Kg	944.24	-3.24	1.42
Titus:frozen	1Kg	1037.19	-4.6	2.97
Catfish (obokun) fresh	1Kg	859.62	-22.09	0.24
Catfish :dried	1Kg	1513.15	-3.43	3.76
Catfish Smoked	1Kg	1304.29	8.69	0.68
Mackerel : frozen	1Kg	955.49	-4.93	-2.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	3.54	-1.22
Maize grain white sold loose	1Kg	101.82	3.07	-3.59
Maize grain yellow sold loose	1Kg	92.15	2.98	-15.02
Palm oil: 1 bottle,specify bottle	1Ltr	505.26	-3.45	7.05
Plantain(ripe)	1Kg	273.45	14.57	7.88
Plantain(unripe)	1Kg	234.56	16.96	11.37
Vegetable oil:1 bottle,specify bottle	1Ltr	600	19.64	3.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	710	7.63	-2.07
AVERAGE			2.14	4.05




SELECTED FOOD PRICE WATCH - MARCH 2020




Niger State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N236.33




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N153.71




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N216.79




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N330.00




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N150.10

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N500.00

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1248.16

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N279.36

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N126.04

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N627.14

SELECTED FOOD PRICE WATCH - MARCH 2020

Niger State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	6-Apr	10.65	1.31
Agric eggs(medium size price of one)	1 Piece	39.38	-6.93	1.61
Beans brown,sold loose	1Kg	153.71	-52.77	-25.77
Beans:white black eye. sold loose	1Kg	157.75	-48.26	-18.15
Beef Bone in	1Kg	1057.76	3.93	4.85
Beef,boneless	1Kg	1248.16	21.79	3.88
Bread sliced 500g	1 loaf	330	11.86	13.79
Bread unsliced 500g	1 loaf	270.83	-4.58	-2.64
Broken Rice (Ofada)	1Kg	470.71	32.3	7.75
Chicken Feet	1Kg	871.43	-15.18	0.16
Chicken Wings	1Kg	867.4	-5.72	0.86
Evaporated tinned milk carnation 170g	1 unit	150	0	0
Evaporated tinned milk(peak), 170g	1 unit	163.75	-3.68	-11.49
Frozen chicken	1 unit	1800	9.69	0
Gari white,sold loose	1Kg	126.04	-7.76	4.06
Gari yellow,sold loose	1Kg	215.25	13.37	1.79
Mudfish (aro) fresh	1Kg	1003.33	12.52	7.4
Mudfish : dried	1Kg	1603.31	-6.6	1.7
Onion bulb	1Kg	279.36	10.91	29.39
Rice agric sold loose	1Kg	286.02	-26.16	6.3
Rice local sold loose	1Kg	216.79	-11.19	2.14
Rice Medium Grained	1Kg	300.5	-0.63	-0.55
Rice,imported high quality sold loose	1Kg	354.3	2.41	-2.91
Tomato	1Kg	236.33	21.43	16.12
Yam tuber	1Kg	150.1	-23.85	8.33
Dried Fish Sardine	1Kg	1433.33	6.17	-1
Iced Sardine	1Kg	988.1	5.31	-0.86
Irish potato	1Kg	214.29	4.57	8.39
Sweet potato	1Kg	220.28	37.54	20.49
Tilapia fish (epiya) fresh	1Kg	696.16	-19.36	-7.02
Titus:frozen	1Kg	954.5	-7.31	4.85
Catfish (obokun) fresh	1Kg	926.64	-2.57	1.93
Catfish :dried	1Kg	1244.23	-2.72	-1.19
Catfish Smoked	1Kg	1251.02	-3.77	1.17
Mackerel : frozen	1Kg	954.17	-17.77	1.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	423.33	-14.19	-0.78
Maize grain white sold loose	1Kg	116.42	39.89	-8.9
Maize grain yellow sold loose	1Kg	154.32	59.98	31.86
Palm oil: 1 bottle,specify bottle	1Ltr	500	16.07	7.53
Plantain(ripe)	1Kg	288.6	51.37	9.54
Plantain(unripe)	1Kg	306.5	30.25	16.56
Vegetable oil:1 bottle,specify bottle	1Ltr	443.33	1.19	3.13
Wheat flour: prepacked (golden penny 2kg)	2Kg	627.14	0.34	5.78
AVERAGE			2.85	3.33




SELECTED FOOD PRICE WATCH - MARCH 2020




Ogun State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N281.47




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N190.53




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N383.12




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N293.75




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N271.66

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N420.83

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1152.06

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N254.34

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N146.38

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N592.35

SELECTED FOOD PRICE WATCH - MARCH 2020

Ogun State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	1-Apr	9.42	4.08
Agric eggs(medium size price of one)	1 Piece	38.67	-2.22	1.64
Beans brown,sold loose	1Kg	190.53	-52.21	-17.95
Beans:white black eye. sold loose	1Kg	221.25	-41.05	0.71
Beef Bone in	1Kg	812.74	4.26	-6.41
Beef,boneless	1Kg	1152.06	3.01	4.82
Bread sliced 500g	1 loaf	293.75	0.12	-3.69
Bread unsliced 500g	1 loaf	269.44	6.42	2.27
Broken Rice (Ofada)	1Kg	599.61	24.69	10.13
Chicken Feet	1Kg	800	-0.93	5.65
Chicken Wings	1Kg	1270	12.67	2.18
Evaporated tinned milk carnation 170g	1 unit	150	-13.46	-6.25
Evaporated tinned milk(peak), 170g	1 unit	203.13	-3.04	-0.91
Frozen chicken	1 unit	1523.33	8.77	-1.58
Gari white,sold loose	1Kg	146.38	-11.04	13.11
Gari yellow,sold loose	1Kg	221.61	54.14	14.61
Mudfish (aro) fresh	1Kg	928.48	-16.79	3.57
Mudfish : dried	1Kg	2317.44	-3.37	0.84
Onion bulb	1Kg	254.34	-11.26	-15.52
Rice agric sold loose	1Kg	482.59	63.02	10.08
Rice local sold loose	1Kg	383.12	16.18	-4.01
Rice Medium Grained	1Kg	410.16	47.92	-0.25
Rice,imported high quality sold loose	1Kg	488.81	50.65	14.69
Tomato	1Kg	281.47	48.44	12.57
Yam tuber	1Kg	271.66	-1.59	19.44
Dried Fish Sardine	1Kg	1432.38	5.63	1
Iced Sardine	1Kg	776.46	64.22	5.06
Irish potato	1Kg	304.03	25.94	8.66
Sweet potato	1Kg	124.66	8.49	6.29
Tilapia fish (epiya) fresh	1Kg	888.24	5.24	2.67
Titus:frozen	1Kg	958.8	14.24	6.92
Catfish (obokun) fresh	1Kg	768.82	-9.52	-7.34
Catfish :dried	1Kg	1698.7	-8.7	-0.29
Catfish Smoked	1Kg	1548.15	2.26	-1.65
Mackerel : frozen	1Kg	904.56	7.63	4.24
Groundnut oil: 1 bottle, specify bottle	1Ltr	564	5.75	5.75
Maize grain white sold loose	1Kg	125.34	-5.03	-4.42
Maize grain yellow sold loose	1Kg	130.31	11.75	-9.11
Palm oil: 1 bottle,specify bottle	1Ltr	420.83	3.08	-1.51
Plantain(ripe)	1Kg	163.78	1.97	6.95
Plantain(unripe)	1Kg	154.63	2.35	7.29
Vegetable oil:1 bottle,specify bottle	1Ltr	579.05	10.29	-0.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	592.35	-1.52	1.87
AVERAGE			7.83	2.23




SELECTED FOOD PRICE WATCH - MARCH 2020




Ondo State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N271.60




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N367.76




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N208.24




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1409.48




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N126.53

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N333.45

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N253.75

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N429.17

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N329.25

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N588.46

SELECTED FOOD PRICE WATCH - MARCH 2020

Ondo State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	1-Apr	0.83	-2.14
Agric eggs(medium size price of one)	1 Piece	40.67	-2.44	1.95
Beans brown,sold loose	1Kg	333.45	-21.24	2.77
Beans:white black eye. sold loose	1Kg	210.15	-29.5	-6.31
Beef Bone in	1Kg	986.7	-3.24	2.35
Beef,boneless	1Kg	1409.48	13.39	4.92
Bread sliced 500g	1 loaf	253.75	-0.98	-0.83
Bread unsliced 500g	1 loaf	246.88	-1.25	-1.25
Broken Rice (Ofada)	1Kg	382.78	2.88	1.22
Chicken Feet	1Kg	1002.94	-5	-3.33
Chicken Wings	1Kg	1075	-7.78	4.88
Evaporated tinned milk carnation 170g	1 unit	160	0	2.13
Evaporated tinned milk(peak), 170g	1 unit	192.5	-3.45	0.69
Frozen chicken	1 unit	1783.33	22.57	-1.71
Gari white,sold loose	1Kg	126.53	-8.86	-0.41
Gari yellow,sold loose	1Kg	141.11	-34.5	-3.41
Mudfish (aro) fresh	1Kg	936.22	7.93	0.96
Mudfish : dried	1Kg	1672.61	5.8	1.09
Onion bulb	1Kg	329.25	48.51	11.27
Rice agric sold loose	1Kg	379.41	26.99	7.5
Rice local sold loose	1Kg	367.76	18.6	2.55
Rice Medium Grained	1Kg	409.84	23.98	-11.77
Rice,imported high quality sold loose	1Kg	459.72	40.1	4.53
Tomato	1Kg	271.6	30.4	1.89
Yam tuber	1Kg	208.24	55.61	33.24
Dried Fish Sardine	1Kg	1220.24	21.12	-2.09
Iced Sardine	1Kg	900.08	11.09	6.68
Irish potato	1Kg	271.97	6.38	27.99
Sweet potato	1Kg	121.34	-11.01	-2.77
Tilapia fish (epiya) fresh	1Kg	789.43	-9.07	5.96
Titus:frozen	1Kg	898.57	-2.9	7.8
Catfish (obokun) fresh	1Kg	890.43	11.67	4.47
Catfish :dried	1Kg	1484.35	-10.16	2.2
Catfish Smoked	1Kg	1400	10.24	5
Mackerel : frozen	1Kg	899.89	5.82	8.09
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	-8.6	-0.29
Maize grain white sold loose	1Kg	149.11	20.37	2.5
Maize grain yellow sold loose	1Kg	155.34	21.38	7.32
Palm oil: 1 bottle,specify bottle	1Ltr	429.17	4.46	0.4
Plantain(ripe)	1Kg	234.47	-17.5	3.88
Plantain(unripe)	1Kg	252.28	-15.52	25.01
Vegetable oil:1 bottle,specify bottle	1Ltr	603.56	20.11	8
Wheat flour: prepacked (golden penny 2kg)	2Kg	588.46	-7.69	-6.4
AVERAGE			5.34	3.64




SELECTED FOOD PRICE WATCH - MARCH 2020




Osun State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N202.26




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N222.94




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N315.92




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N321.43




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N380.35

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N395.83

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1206.68

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N209.82

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N111.57

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N571.11

SELECTED FOOD PRICE WATCH - MARCH 2020

Osun State









	Unit of Measurement	Jan-20	JAN 2019-JAN 2020)	DEC 2019-JAN 2020
Agric eggs medium size	1 Dozen	411.25	-0.64	-0.9
Agric eggs(medium size price of one)	1 Piece	36.58	-8.55	-0.56
Beans brown,sold loose	1Kg	246	-41.89	-13.39
Beans:white black eye. sold loose	1Kg	232.81	-28.06	3.7
Beef Bone in	1Kg	807.92	2.99	1.12
Beef,boneless	1Kg	1238.19	-3.78	1.07
Bread sliced 500g	1 loaf	319.09	2.22	-0.11
Bread unsliced 500g	1 loaf	257.5	-4.63	1.55
Broken Rice (Ofada)	1Kg	411	6.72	2.07
Chicken Feet	1Kg	759.03	-17.06	-2.69
Chicken Wings	1Kg	960.15	-16.71	1.07
Evaporated tinned milk carnation 170g	1 unit	169.02	-9.47	-0.58
Evaporated tinned milk(peak), 170g	1 unit	203.33	1.67	0.66
Frozen chicken	1 unit	1758.33	18.4	-2.04
Gari white,sold loose	1Kg	124.31	-9.04	5.42
Gari yellow,sold loose	1Kg	128.06	-10.17	0.77
Mudfish (aro) fresh	1Kg	914.43	-9	-6.37
Mudfish : dried	1Kg	1575.21	-2.33	-2.64
Onion bulb	1Kg	200.24	-19.9	-12.64
Rice agric sold loose	1Kg	301.14	-0.9	-14.26
Rice local sold loose	1Kg	344.02	34.08	-4.09
Rice Medium Grained	1Kg	383.48	23.44	9.4
Rice,imported high quality sold loose	1Kg	363.27	9.7	-0.23
Tomato	1Kg	167.81	-18.96	-21.07
Yam tuber	1Kg	273.22	-8.41	-11.57
Dried Fish Sardine	1Kg	1474.36	-4.85	-4.18
Iced Sardine	1Kg	658.04	1.05	-5.71
Irish potato	1Kg	225	-29.21	-13.46
Sweet potato	1Kg	89.02	-34.1	-0.21
Tilapia fish (epiya) fresh	1Kg	766.67	-4.28	-3.48
Titus:frozen	1Kg	770.32	-8.17	-3.41
Catfish (obokun) fresh	1Kg	871.15	0.42	-3.46
Catfish :dried	1Kg	1680.29	-14.83	-1.46
Catfish Smoked	1Kg	1595.02	22.73	-0.97
Mackerel : frozen	1Kg	963.55	11.42	1.05
Groundnut oil: 1 bottle, specify bottle	1Ltr	647.62	12.21	5.59
Maize grain white sold loose	1Kg	95.39	-28.77	-33.73
Maize grain yellow sold loose	1Kg	98.84	-26.79	-10.38
Palm oil: 1 bottle,specify bottle	1Ltr	422.96	-4.18	0.71
Plantain(ripe)	1Kg	152.75	-32.18	-2.47
Plantain(unripe)	1Kg	178.73	-27.72	1.19
Vegetable oil:1 bottle,specify bottle	1Ltr	544.31	11.85	6.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	643.85	0.42	0.6
AVERAGE			-6.17	-3.1




SELECTED FOOD PRICE WATCH - MARCH 2020




Oyo State

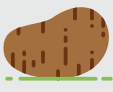







 <p>Tomato</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N239.25




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N293.75




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N334.49




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1 loaf	N301.88




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N263.70

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1Ltr	N388.33

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N1086.25

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N199.57

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	1KG	N118.45

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	MARCH 2020
	2KG	N630.71

SELECTED FOOD PRICE WATCH - MARCH 2020


Oyo State




	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	18-Mar	3.65	0.8
Agric eggs(medium size price of one)	1 Piece	38.06	7.88	-0.3
Beans brown,sold loose	1Kg	293.75	-32.56	4
Beans:white black eye. sold loose	1Kg	201.37	-41.88	-25.07
Beef Bone in	1Kg	881.16	-5.99	-7.01
Beef,boneless	1Kg	1086.25	0.73	-3.56
Bread sliced 500g	1 loaf	301.88	1.11	1.55
Bread unsliced 500g	1 loaf	259.38	1.49	1.22
Broken Rice (Ofada)	1Kg	550	-10.15	-1.16
Chicken Feet	1Kg	800	-10.88	0
Chicken Wings	1Kg	985	-1.25	2.87
Evaporated tinned milk carnation 170g	1 unit	148	-1.33	-2.26
Evaporated tinned milk(peak), 170g	1 unit	196.25	3.45	1.83
Frozen chicken	1 unit	2520	51.81	1.82
Gari white,sold loose	1Kg	118.45	-17.27	-3.81
Gari yellow,sold loose	1Kg	215.15	63.78	3.41
Mudfish (aro) fresh	1Kg	854.38	-0.28	0.51
Mudfish : dried	1Kg	1659.19	2.15	3.43
Onion bulb	1Kg	199.57	-13.42	-14.58
Rice agric sold loose	1Kg	387.1	16.13	3.23
Rice local sold loose	1Kg	334.49	17.23	2.15
Rice Medium Grained	1Kg	421.42	32.34	1.74
Rice,imported high quality sold loose	1Kg	462.87	32.89	0.33
Tomato	1Kg	239.25	40.99	24.42
Yam tuber	1Kg	263.7	26.53	9.65
Dried Fish Sardine	1Kg	1060.86	-0.76	-1.24
Iced Sardine	1Kg	776.09	15.49	-1.84
Irish potato	1Kg	276.86	1.56	29.18
Sweet potato	1Kg	181.61	31.83	20.51
Tilapia fish (epiya) fresh	1Kg	813.67	6.31	3.14
Titus:frozen	1Kg	893.2	2.81	-2.77
Catfish (obokun) fresh	1Kg	900	-6.79	-6.04
Catfish :dried	1Kg	1685.31	-5.87	1.63
Catfish Smoked	1Kg	1400	5.66	0
Mackerel : frozen	1Kg	735.28	-15.98	-6.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	657.14	30.64	3.16
Maize grain white sold loose	1Kg	105.35	-6.22	-11.02
Maize grain yellow sold loose	1Kg	103.52	-13.4	-12.24
Palm oil: 1 bottle,specify bottle	1Ltr	388.33	-9.77	-4.73
Plantain(ripe)	1Kg	173.34	10.01	-0.07
Plantain(unripe)	1Kg	152.77	-19.44	-18.92
Vegetable oil:1 bottle,specify bottle	1Ltr	544	3.58	-4.69
Wheat flour: prepacked (golden penny 2kg)	2Kg	630.71	2.24	-0.34
AVERAGE			4.63	-0.19

SELECTED FOOD PRICE WATCH - MARCH 2020


Plateau State


UNIT OF MEASUREMENT	MARCH 2020
1KG	N257.03




UNIT OF MEASUREMENT	MARCH 2020
1KG	N269.39




UNIT OF MEASUREMENT	MARCH 2020
1KG	N226.80




UNIT OF MEASUREMENT	MARCH 2020
1KG	N1286.67




UNIT OF MEASUREMENT	MARCH 2020
1KG	N159.57




UNIT OF MEASUREMENT	MARCH 2020
1KG	N236.24




UNIT OF MEASUREMENT	MARCH 2020
1 loaf	N281.82



UNIT OF MEASUREMENT	MARCH 2020
1Ltr	N525.33



UNIT OF MEASUREMENT	MARCH 2020
1KG	N232.87



UNIT OF MEASUREMENT	MARCH 2020
2KG	N614.29

SELECTED FOOD PRICE WATCH - MARCH 2020

Plateau State







	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	28-Mar	7.94	-4.13
Agric eggs (medium size price of one)	1 Piece	39.33	1.51	-0.78
Beans brown, sold loose	1Kg	236.24	-29.11	-1.84
Beans: white black eye. sold loose	1Kg	246.42	-12.22	-15.07
Beef Bone in	1Kg	1128.57	11.84	6.47
Beef, boneless	1Kg	1286.67	4.68	2.66
Bread sliced 500g	1 loaf	281.82	1.64	-4.29
Bread unsliced 500g	1 loaf	277.27	2.69	5.17
Broken Rice (Ofada)	1Kg	358.06	-8	-7.44
Chicken Feet	1Kg	680	-11.69	0
Chicken Wings	1Kg	700	-19.55	-1.41
Evaporated tinned milk carnation 170g	1 unit	150	4.14	-7.69
Evaporated tinned milk (peak), 170g	1 unit	176.67	0.47	6.67
Frozen chicken	1 unit	3112.5	14.43	-1.38
Gari white, sold loose	1Kg	159.57	-19.55	22.98
Gari yellow, sold loose	1Kg	255.53	27.76	23.63
Mudfish (aro) fresh	1Kg	900	-9.65	-1.75
Mudfish : dried	1Kg	1466.67	-9.77	1.9
Onion bulb	1Kg	232.87	18.96	-5.5
Rice agric sold loose	1Kg	315.56	15.99	-5.33
Rice local sold loose	1Kg	269.39	0.06	1.17
Rice Medium Grained	1Kg	350.5	13.51	2.18
Rice, imported high quality sold loose	1Kg	441.02	20.37	8.87
Tomato	1Kg	257.03	40.78	19.34
Yam tuber	1Kg	226.8	-17.91	22.9
Dried Fish Sardine	1Kg	1407.69	3.25	-2.92
Iced Sardine	1Kg	1000	1.52	1.11
Irish potato	1Kg	307.86	34.66	23.05
Sweet potato	1Kg	184.14	-20.77	13.29
Tilapia fish (epiya) fresh	1Kg	833.33	4.71	-0.79
Titus: frozen	1Kg	1022.13	2.37	5.89
Catfish (obokun) fresh	1Kg	1027.69	-14.36	6.21
Catfish :dried	1Kg	1927.03	-8.18	1.46
Catfish Smoked	1Kg	1485.71	-6.49	1.38
Mackerel : frozen	1Kg	955.38	-6.94	2.43
Groundnut oil: 1 bottle, specify bottle	1Ltr	465.9	2.94	1.28
Maize grain white sold loose	1Kg	83.01	-32.81	-31.43
Maize grain yellow sold loose	1Kg	84.09	-24.04	-17.24
Palm oil: 1 bottle, specify bottle	1Ltr	525.33	4.6	5.74
Plantain (ripe)	1Kg	322.94	26.4	14.23
Plantain (unripe)	1Kg	306.65	-7.78	8.94
Vegetable oil: 1 bottle, specify bottle	1Ltr	582.22	16.44	11.25
Wheat flour: prepacked (golden penny 2kg)	2Kg	614.29	-4.76	5.91
AVERAGE			0.47	2.72

SELECTED FOOD PRICE WATCH - MARCH 2020

Rivers State



 Tomato	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N376.86	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N365.16
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N400.38	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 MARCH 2020 N326.19
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N255.57	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 MARCH 2020 N391.30
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N1320.47	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N282.58
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N226.11	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 MARCH 2020 N775.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Rivers State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	1-Jul	5.33	12.64
Agric eggs(medium size price of one)	1 Piece	46	-3.73	12.2
Beans brown,sold loose	1Kg	365.16	-8.94	-3.6
Beans:white black eye. sold loose	1Kg	337.41	-8.24	2.4
Beef Bone in	1Kg	970.12	14.68	1.07
Beef,boneless	1Kg	1320.47	-4.07	0.34
Bread sliced 500g	1 loaf	326.19	-4.86	-0.15
Bread unsliced 500g	1 loaf	307.14	-7.73	-5.49
Broken Rice (Ofada)	1Kg	409.09	-5.86	-10
Chicken Feet	1Kg	900	9.9	-0.46
Chicken Wings	1Kg	1124.26	6.36	-3.08
Evaporated tinned milk carnation 170g	1 unit	146.67	-3.14	10.39
Evaporated tinned milk(peak), 170g	1 unit	176.82	-6.47	-0.77
Frozen chicken	1 unit	1681.25	4.71	-3.8
Gari white,sold loose	1Kg	226.11	31	-3.74
Gari yellow,sold loose	1Kg	227.79	24.32	-14.44
Mudfish (aro) fresh	1Kg	866.67	-5.27	-3.29
Mudfish : dried	1Kg	2253.72	-3.02	-3.1
Onion bulb	1Kg	282.58	-6.87	-6.73
Rice agric sold loose	1Kg	472.73	4	-0.59
Rice local sold loose	1Kg	400.38	3.64	-5.84
Rice Medium Grained	1Kg	446.06	0.88	-9.79
Rice,imported high quality sold loose	1Kg	547.93	21.27	-4.98
Tomato	1Kg	376.86	-7.42	4.42
Yam tuber	1Kg	255.57	-6.87	23.27
Dried Fish Sardine	1Kg	1575.5	1.52	0.14
Iced Sardine	1Kg	1082.46	3.31	2.53
Irish potato	1Kg	426.41	30.29	7.26
Sweet potato	1Kg	172.02	-3.68	10.09
Tilapia fish (epiya) fresh	1Kg	948.11	0.25	-3.51
Titus:frozen	1Kg	960.26	3.39	-1.06
Catfish (obokun) fresh	1Kg	937.85	2.13	-1.76
Catfish :dried	1Kg	1675.65	39.23	0.93
Catfish Smoked	1Kg	1591.23	-0.84	2.07
Mackerel : frozen	1Kg	882.41	-19.05	-4.12
Groundnut oil: 1 bottle, specify bottle	1Ltr	577.78	8.33	6.34
Maize grain white sold loose	1Kg	231.23	5.25	7.2
Maize grain yellow sold loose	1Kg	229.65	3.13	6.14
Palm oil: 1 bottle,specify bottle	1Ltr	391.3	-19.44	-5.43
Plantain(ripe)	1Kg	241.36	21.37	-3.84
Plantain(unripe)	1Kg	255.23	40.81	11.56
Vegetable oil:1 bottle,specify bottle	1Ltr	646.67	8.35	4.34
Wheat flour: prepacked (golden penny 2kg)	2Kg	775	5.28	0.5
AVERAGE			4.03	0.61




SELECTED FOOD PRICE WATCH - MARCH 2020




Sokoto State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N127.22




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N257.81




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N155.03




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1150.00




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N168.40

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N233.30

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N326.92

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N504.31

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N130.00

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N654.50

SELECTED FOOD PRICE WATCH - MARCH 2020

Sokoto State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	30-Mar	3.14	2.44
Agric eggs(medium size price of one)	1 Piece	39.13	-0.41	-0.81
Beans brown,sold loose	1Kg	233.3	-20.01	-9.56
Beans:white black eye. sold loose	1Kg	212.97	-35.75	-9.62
Beef Bone in	1Kg	1162.5	19.67	5.2
Beef,boneless	1Kg	1150	3.14	-3.16
Bread sliced 500g	1 loaf	326.92	14.42	-0.5
Bread unsliced 500g	1 loaf	380	33	8.57
Broken Rice (Ofada)	1Kg	274.47	-23.65	-7.76
Chicken Feet	1Kg	500	-12.1	0.11
Chicken Wings	1Kg	602.56	-13.92	-8.31
Evaporated tinned milk carnation 170g	1 unit	140	-15.96	0
Evaporated tinned milk(peak), 170g	1 unit	151.76	-18.28	2.54
Frozen chicken	1 unit	2366.67	18.33	0.71
Gari white,sold loose	1Kg	168.4	-7.03	-5.93
Gari yellow,sold loose	1Kg	201.49	-2.94	-4.43
Mudfish (aro) fresh	1Kg	1020	12.09	5.15
Mudfish : dried	1Kg	1853.25	-0.77	1.83
Onion bulb	1Kg	130	-49.82	-29.73
Rice agric sold loose	1Kg	325.68	20.21	4.76
Rice local sold loose	1Kg	257.81	11.69	0.76
Rice Medium Grained	1Kg	308.24	37.52	0.94
Rice,imported high quality sold loose	1Kg	346.85	-8.38	1.72
Tomato	1Kg	127.22	-36.68	-18.8
Yam tuber	1Kg	155.03	-41.89	-0.78
Dried Fish Sardine	1Kg	1450	25.48	-1.14
Iced Sardine	1Kg	880.95	17.46	-2.12
Irish potato	1Kg	310.1	50.96	14.67
Sweet potato	1Kg	212.56	-3.47	1.39
Tilapia fish (epiya) fresh	1Kg	712.5	-5	6.12
Titus:frozen	1Kg	883.33	2.51	-1.97
Catfish (obokun) fresh	1Kg	970	-1.36	4.86
Catfish :dried	1Kg	1211.11	14.8	-1.42
Catfish Smoked	1Kg	1230	1.48	0
Mackerel : frozen	1Kg	780	-5.15	-4.49
Groundnut oil: 1 bottle, specify bottle	1Ltr	564.1	18.19	-1.94
Maize grain white sold loose	1Kg	106.3	-0.31	8.17
Maize grain yellow sold loose	1Kg	106.8	-2.64	9.17
Palm oil: 1 bottle,specify bottle	1Ltr	504.31	18.73	-3.02
Plantain(ripe)	1Kg	200	-34.57	-3.04
Plantain(unripe)	1Kg	250	7.14	25
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	9.59	5.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	654.5	2.27	0.69
AVERAGE			0.04	-0.19

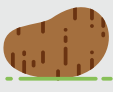


SELECTED FOOD PRICE WATCH - MARCH 2020




Taraba State









 Tomato	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N152.66
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N247.08
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N104.49
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N1215.40
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 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N155.56
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N204.21
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 MARCH 2020 N353.75
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 MARCH 2020 N507.37
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N164.64
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 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 MARCH 2020 N700.00
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SELECTED FOOD PRICE WATCH - MARCH 2020

Taraba State











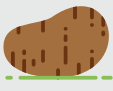
















	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	9-Mar	-1.78	14.03
Agric eggs(medium size price of one)	1 Piece	37.27	-9.48	3.86
Beans brown,sold loose	1Kg	204.21	-35.34	4.47
Beans:white black eye. sold loose	1Kg	151.13	-38.42	-12.63
Beef Bone in	1Kg	919.84	-4.69	-6.72
Beef,boneless	1Kg	1215.4	20.14	-3.62
Bread sliced 500g	1 loaf	353.75	17.76	18.62
Bread unsliced 500g	1 loaf	323.33	29.33	16.87
Broken Rice (Ofada)	1Kg	375.56	-15.06	-6.15
Chicken Feet	1Kg	385.61	6.72	-1.16
Chicken Wings	1Kg	529.42	-7.8	-0.14
Evaporated tinned milk carnation 170g	1 unit	150.86	-17.85	0.42
Evaporated tinned milk(peak), 170g	1 unit	175.75	-14.41	-9.26
Frozen chicken	1 unit	1500	11.09	0.13
Gari white,sold loose	1Kg	155.56	-6.51	8.83
Gari yellow,sold loose	1Kg	186.73	-14.31	11.04
Mudfish (aro) fresh	1Kg	825	-5.89	-6.6
Mudfish : dried	1Kg	1464.88	-16.09	-2.23
Onion bulb	1Kg	164.64	5.63	1.12
Rice agric sold loose	1Kg	342.11	5.94	-1.42
Rice local sold loose	1Kg	247.08	-0.15	-19.56
Rice Medium Grained	1Kg	440.84	46.82	-0.05
Rice,imported high quality sold loose	1Kg	470.06	36.88	-3.42
Tomato	1Kg	152.66	-0.2	-4.13
Yam tuber	1Kg	104.49	3.55	-17.72
Dried Fish Sardine	1Kg	1240.19	10.64	-0.82
Iced Sardine	1Kg	958.54	6.31	-2.84
Irish potato	1Kg	206.78	10.78	3.66
Sweet potato	1Kg	167.72	100.18	22.44
Tilapia fish (epiya) fresh	1Kg	549.18	-11.35	-8.34
Titus:frozen	1Kg	898.31	-0.44	-7.22
Catfish (obokun) fresh	1Kg	886.87	-11.79	-6.51
Catfish :dried	1Kg	1452.66	-12.4	-2.22
Catfish Smoked	1Kg	1405.56	-5.56	-1.19
Mackerel : frozen	1Kg	860.67	-3.57	-3.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	522.22	-10.02	-0.65
Maize grain white sold loose	1Kg	86.37	-3.97	8.26
Maize grain yellow sold loose	1Kg	90.09	-4.42	8.43
Palm oil: 1 bottle,specify bottle	1Ltr	507.37	-1.16	-4.62
Plantain(ripe)	1Kg	239.23	-1.41	31.95
Plantain(unripe)	1Kg	210	16.18	17.72
Vegetable oil:1 bottle,specify bottle	1Ltr	550.33	8.28	5.83
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	-1.13	-5.41
AVERAGE			1.88	0.93

SELECTED FOOD PRICE WATCH - MARCH 2020

Yobe State



 Tomato	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N166.67	 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N127.53
 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N285.70	 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 MARCH 2020 N330.00
 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N100.00	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 MARCH 2020 N444.44
 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N1200.00	 Onion bulb	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N203.33
 Garri white,sold Loose	 UNIT OF MEASUREMENT 1KG	 MARCH 2020 N202.78	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT 2KG	 MARCH 2020 N655.98

SELECTED FOOD PRICE WATCH - MARCH 2020

Yobe State









	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	23-Mar	5.15	12.26
Agric eggs(medium size price of one)	1 Piece	37.5	-6.91	1.52
Beans brown,sold loose	1Kg	127.53	-54.81	-35.2
Beans:white black eye. sold loose	1Kg	148.69	-43.22	-22.4
Beef Bone in	1Kg	869.57	-13.9	-7.32
Beef,boneless	1Kg	1200	-4.06	-4
Bread sliced 500g	1 loaf	330	12.74	14.78
Bread unsliced 500g	1 loaf	245	-11.37	-0.19
Broken Rice (Ofada)	1Kg	312.76	5.61	-15.18
Chicken Feet	1Kg	440.81	-2.85	6.5
Chicken Wings	1Kg	707.72	-3.25	1.23
Evaporated tinned milk carnation 170g	1 unit	140	-9.6	-6.67
Evaporated tinned milk(peak), 170g	1 unit	176.58	-7.16	-4.18
Frozen chicken	1 unit	2250	12.02	2.27
Gari white,sold loose	1Kg	202.78	4.16	17.42
Gari yellow,sold loose	1Kg	198.12	-8.32	15.82
Mudfish (aro) fresh	1Kg	876.5	-10.78	-3.5
Mudfish : dried	1Kg	1652.38	-11.6	-0.26
Onion bulb	1Kg	203.33	33.71	20.9
Rice agric sold loose	1Kg	329.57	25.65	-10.18
Rice local sold loose	1Kg	285.7	26.29	-14.31
Rice Medium Grained	1Kg	334.68	18.12	-10.75
Rice,imported high quality sold loose	1Kg	351.47	13.57	-14.31
Tomato	1Kg	166.67	-6.74	7.53
Yam tuber	1Kg	100	-44.36	-33.87
Dried Fish Sardine	1Kg	1493.55	-5.85	-3.03
Iced Sardine	1Kg	953.82	-1.33	1.12
Irish potato	1Kg	255.56	6.85	15
Sweet potato	1Kg	144.44	45.89	40.05
Tilapia fish (epiya) fresh	1Kg	653.37	-0.82	-10.69
Titus:frozen	1Kg	1198.54	33.08	-1.23
Catfish (obokun) fresh	1Kg	779.88	-2.59	-2.62
Catfish :dried	1Kg	1850.77	-3.23	-1.03
Catfish Smoked	1Kg	1746.99	-6.02	3.64
Mackerel : frozen	1Kg	914.57	-8.54	2.95
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.95	-7.74	-0.6
Maize grain white sold loose	1Kg	116.7	7.85	45.31
Maize grain yellow sold loose	1Kg	80	-16.29	-5.63
Palm oil: 1 bottle,specify bottle	1Ltr	444.44	-10.63	-11.6
Plantain(ripe)	1Kg	215.43	-4.59	10.46
Plantain(unripe)	1Kg	202.63	1.32	7
Vegetable oil:1 bottle,specify bottle	1Ltr	503.33	12.75	4.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	655.98	0.79	-2.27
AVERAGE			-0.95	0.21




SELECTED FOOD PRICE WATCH - MARCH 2020




Zamfara State









		
Tomato	UNIT OF MEASUREMENT 1KG	MARCH 2020 N205.41




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N279.88




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	MARCH 2020 N210.60




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	MARCH 2020 N1205.00




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N151.71

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	MARCH 2020 N268.44

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	MARCH 2020 N353.33

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	MARCH 2020 N435.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	MARCH 2020 N168.27

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	MARCH 2020 N600.00

SELECTED FOOD PRICE WATCH - MARCH 2020

Zamfara State



	Unit of Measurement	20-Mar	MAR 2019-MAR 2020)	FEB 2020-MAR 2020
Agric eggs medium size	1 Dozen	20-Mar	-2.9	-4.55
Agric eggs(medium size price of one)	1 Piece	38.29	-3.17	-4.1
Beans brown,sold loose	1Kg	268.44	-12.56	16.24
Beans:white black eye. sold loose	1Kg	281.2	-3.17	29.01
Beef Bone in	1Kg	1048.61	2.55	4.86
Beef,boneless	1Kg	1205	7.91	2.12
Bread sliced 500g	1 loaf	353.33	6.87	5.11
Bread unsliced 500g	1 loaf	290.91	-13.45	4.76
Broken Rice (Ofada)	1Kg	320.83	-3.42	-9.06
Chicken Feet	1Kg	416.67	3.1	-7.41
Chicken Wings	1Kg	553.06	-22.1	-7.82
Evaporated tinned milk carnation 170g	1 unit	137.14	-7.34	-7.02
Evaporated tinned milk(peak), 170g	1 unit	166.52	-10.12	4.08
Frozen chicken	1 unit	2180	31.94	1.87
Gari white,sold loose	1Kg	151.71	-5.42	2.92
Gari yellow,sold loose	1Kg	153.42	-6.39	-3.59
Mudfish (aro) fresh	1Kg	1014.29	7.58	3.15
Mudfish : dried	1Kg	1454.6	2.4	2.08
Onion bulb	1Kg	168.27	-1.02	-3.71
Rice agric sold loose	1Kg	366.05	45.66	-1.92
Rice local sold loose	1Kg	279.88	24.36	7.04
Rice Medium Grained	1Kg	396.93	32.93	-4.72
Rice,imported high quality sold loose	1Kg	350.13	20.8	3.63
Tomato	1Kg	205.41	-12.65	16.57
Yam tuber	1Kg	210.6	57.66	34.61
Dried Fish Sardine	1Kg	1380	-3.52	-2.82
Iced Sardine	1Kg	968	13.05	2.98
Irish potato	1Kg	193.21	-3.39	-5.01
Sweet potato	1Kg	75.02	-60.54	-36.79
Tilapia fish (epiya) fresh	1Kg	978.57	15.44	4.38
Titus:frozen	1Kg	957.14	3.79	2.37
Catfish (obokun) fresh	1Kg	900	-8.78	2.86
Catfish :dried	1Kg	1260	-17.65	-1.56
Catfish Smoked	1Kg	1500	-7.41	0
Mackerel : frozen	1Kg	943.33	8.79	1.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	515.36	9.1	-0.34
Maize grain white sold loose	1Kg	89.9	-14.79	-9.7
Maize grain yellow sold loose	1Kg	91.52	-39.93	-18.48
Palm oil: 1 bottle,specify bottle	1Ltr	435	4.28	-0.13
Plantain(ripe)	1Kg	180	-9.26	0
Plantain(unripe)	1Kg	175	-12.66	-2.78
Vegetable oil:1 bottle,specify bottle	1Ltr	505.56	17.43	3.77
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	3.35	-3.23
AVERAGE			0.87	0.5

Item/Labels	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20	YoY	MoM	Lowest	Highest
Agric eggs medium size	512.99	520.16	507.69	518.66	522.71	514.66	498.50	485.19	487.51	472.85	463.11	494.43	437.13	519.07	527.32	552.09	548.66	539.75	471.75	474.13	472.73	482.90	477.76	466.97	469.86	464.27	459.81	467.18	464.87	495.33	468.31	461.89	456.81	462.46	463.91	457.80	454.17	448.26	461.15	0.29	2.87	Gombe (400.77)	Rivers (548.18)
Agric eggs (medium size price of one)	47.42	42.90	43.93	46.22	45.73	45.28	44.32	42.92	45.72	42.06	40.82	41.32	38.85	41.27	41.21	42.25	41.77	41.38	41.22	41.79	41.17	41.73	42.40	42.58	42.18	42.23	41.92	41.95	42.82	39.31	38.38	40.57	41.30	40.51	41.18	40.72	40.17	39.29	39.90	-4.83	1.53	Gombe (35.15)	Rivers (46)
Beans brown/sold loose	353.60	337.11	353.28	357.19	365.86	374.26	382.35	370.25	404.84	382.58	369.78	361.97	385.53	387.48	395.34	395.19	407.73	418.78	411.02	410.16	416.07	411.05	396.73	386.78	382.76	373.91	368.07	372.84	365.32	342.82	327.18	307.27	318.99	308.93	307.30	299.48	285.61	276.30	267.81	-27.24	-3.07	Yobe (127.53)	Bayelsa (455.87)
Beans:white black eye, sold loose	305.53	309.85	318.45	324.04	332.28	339.64	343.96	335.71	358.13	342.05	337.09	314.93	344.52	348.55	357.04	355.32	367.23	369.43	361.33	361.68	362.71	354.22	346.41	344.72	336.72	338.05	330.76	329.45	329.66	311.40	289.78	273.71	285.74	292.00	284.65	281.60	268.80	255.25	241.74	-26.91	-5.29	Jigawa (142.91)	Ebonyi (417.76)
Beef Bone in	1001.24	995.65	1010.29	1035.45	1123.65	1129.02	1128.94	1151.38	1078.49	1081.30	1065.59	1067.73	1045.55	1017.28	1024.64	980.26	1011.11	1034.57	1026.12	1061.78	1027.66	1003.35	998.67	997.73	994.20	980.54	980.12	1025.26	1023.39	1003.20	1009.69	1007.39	1021.84	1025.69	1026.24	1045.86	1031.53	1035.38	1025.48	4.63	-0.96	Osun (700.45)	Cross River (1357.22)
Beef/boneless	1249.48	1270.67	1281.71	1323.10	1378.91	1393.42	1376.91	1274.85	1324.93	1312.73	1284.86	1236.44	1298.70	1274.71	1262.51	1257.73	1275.77	1271.54	1262.73	1281.02	1281.64	1260.59	1251.45	1270.81	1273.99	1254.99	1253.48	1271.10	1268.95	1240.44	1246.78	1244.23	1257.58	1281.59	1293.00	1292.52	1289.80	1279.60	1274.10	1.80	-0.27	Oyo (1086.25)	Bayelsa (1487.39)
Bread sliced 500g	302.87	299.75	297.51	296.63	307.70	320.58	314.47	304.20	310.62	305.88	298.96	290.05	313.43	314.17	305.88	306.54	305.98	308.00	305.25	307.97	303.84	299.19	305.48	296.91	300.61	299.11	299.98	297.87	297.28	292.73	293.49	301.36	302.59	296.56	299.59	304.06	302.45	303.06	304.60	1.54	0.51	Jigawa (212.5)	Bayelsa (400)
Bread unsliced 500g	270.25	264.86	262.33	277.69	282.26	286.78	285.55	258.70	286.33	280.34	274.32	268.23	282.12	284.36	278.61	278.61	275.60	272.71	278.27	278.57	272.91	277.87	271.14	272.97	271.74	273.14	271.49	272.79	274.49	271.02	275.40	275.89	278.66	280.51	277.79	276.26	275.20	278.79	2.07	1.31	Jigawa (200)	Bayelsa (409.09)	
Broken Rice (Ofada)	377.41	392.04	421.54	425.53	460.10	472.29	473.40	415.34	431.59	416.18	417.24	319.86	413.19	405.69	399.7	400.94	405.03	404.43	403.56	397.29	384.49	370.21	385.61	381.64	382.15	385.81	382.45	381.13	377.07	373.49	367.44	366.22	370.30	371.89	396.86	406.94	409.31	404.32	390.54	2.12	-3.41	Cross River (247.44)	Lagos (612.9)
Catfish (obokun) fresh	899.58	885.13	884.15	886.65	900.73	916.55	910.57	921.17	894.52	906.94	902.02	919.82	1014.62	1037.38	1008.28	993.54	1013.11	1062.43	1064.74	1088.95	1089.25	1080.38	1112.09	1060.83	1073.51	1066.39	1065.14	1082.01	1063.03	1024.68	994.21	1008.32	1002.53	1004.38	1027.76	1043.41	1025.13	1022.84	1027.30	-3.55	0.44	Ogun (768.82)	Abia (1370.5)
Catfish dried	2204.12	2150.18	2189.55	2189.10	2213.66	2255.24	2215.25	2176.82	2159.00	2083.74	2214.33	2146.61	1852.92	1857.25	1793.58	1753.53	1779.71	1770.53	1792.12	1807.11	1766.55	2362.28	1814.97	1808.55	1814.67	1799.35	1791.90	1763.61	1766.55	1727.36	1700.51	1712.11	1709.80	1697.55	1723.23	1732.45	1720.55	1713.30	1711.32	-4.50	-0.12	Sokoto (1211.11)	Imo (2619.53)
Catfish Smoked	817.09	825.35	834.26	837.09	845.91	848.41	853.18	852.93	839.49	845.10	847.66	1007.40	1540.80	1896.94	1524.75	1514.53	1520.93	1527.82	1504.39	1512.40	1499.60	1482.30	1490.84	1519.80	1509.19	1517.84	1517.26	1548.23	1552.13	1528.98	1504.20	1515.95	1499.70	1494.81	1501.28	1507.39	1502.48	1496.07	1501.97	-1.01	0.39	Sokoto (1230)	Abuja (1840)
Chicken Feet	765.28	785.42	907.51	768.11	819.59	832.79	832.66	834.74	817.19	800.10	790.91	1155.99	850.00	778.64	772.99	758.88	782.55	784.78	930.50	803.03	808.05	775.66	985.33	737.76	749.53	731.91	727.61	746.28	727.73	693.61	663.03	685.16	670.87	659.60	686.71	699.06	685.98	684.50	691.70	-4.93	1.05	Taraba (385.61)	Bayelsa (1224.94)
Chicken Wings	919.09	963.46	980.88	886.58	925.55	952.18	958.05	946.93	979.32	960.71	953.60	950.56	950.77	954.99	935.83	921.49	925.54	940.56	943.05	922.48	1012.50	982.51	981.48	943.99	961.89	932.32	927.20	947.99	934.05	905.44	877.13	891.87	874.72	880.90	893.00	915.62	909.31	922.52	920.52	-0.72	-0.22	Taraba (59.42)	Abuja (1450)
Dried Fish/Sardine	959.11	935.51	958.67	972.73	991.64	989.49	968.76	972.65	947.60	967.00	968.77	1077.82	1455.50	1405.75	1410.11	1371.80	1399.97	1378.57	1395.41	1382.94	1374.26	1365.68	1331.62	1342.97	1342.79	1380.38	1381.40	1414.37	1414.49	1394.73	1373.11	1379.51	1381.57	1397.91	1423.23	1444.94	1454.59	1440.71	1432.95	3.73	-0.54	Katsina (980)	Adamawa (1853.33)
Evaporated tinned milk carnation 170g	136.29	140.53	143.56	151.47	157.95	162.72	158.85	174.36	170.60	169.44	159.72	172.24	166.55	158.51	160.22	163.26	166.23	163.74	162.99	166.28	163.34	162.42	163.28	164.39	161.60	161.98	161.68	163.37	156.95	157.14	156.98	159.61	159.51	157.21	157.89	157.11	150.54	153.37	-5.32	1.88	Akwai Ibom (125)	Kou (200)	
Evaporated tinned milk (peak), 170g	157.75	166.14	175.05	197.15	198.42	194.67	195.94	190.53	206.00	198.67	196.02	191.44	196.71	191.14	187.61	188.14	192.93	189.93	187.84	184.25	189.29	187.25	187.56	189.98	190.68	190.92	188.28	188.18	189.51	188.90	188.59	186.15	187.44	183.56	184.80	185.63	183.81	183.12	-2.71	-0.37	Sokoto (151.76)	Ogun (203.13)	
Frozen chicken	1419.73	1428.95	1555.51	1506.63	1605.97	1645.29	1623.84	1529.25	1570.26	1580.13	1571.48	1706.64	1558.92	1537.25	1556.55	1536.52	1525.05	1541.19	1542.71	1534.18	1558.22	1551.25	1625.05	1614.19	1632.71	1910.70	1681.11	1701.62	1752.97	1783.38	1770.45	1861.16	1993.96	2008.39	1995.58	1983.14	1948.59	1983.14	1941.04	1.59	-0.39	Kano (423.33)	Cross River (846.15)
Gari white/sold loose	219.56	260.94	273.67	288.45	292.97	315.61	317.10	310.15	301.99	268.10	251.91	199.68	229.26	210.21	209.12	208.21	216.01	216.72	200.67	198.82	195.86	188.39	185.59	166.64	165.80	166.61	163.51	163.37	161.55	145.31	151.73	154.10	154.55	162.42	160.06	159.39	159.64	159.33	164.60	0.67	3.31	Oso (111.57)	Bayelsa (305.21)
Gari yellow/sold loose	255.83	250.45	302.05	320.92	326.83	354.55	350.46	345.82	335.94	305.02	289.15	219.75	271.35	250.06	243.99	246.50	256.51	259.83	248.72	246.75	253.70	236.26	222.42	195.99	191.78	191.06	184.18	182.59	180.75	156.02	154.05	167.34	172.23	175.57	181.32	183.26	182.19	186.35	192.41	4.47	3.25	Cross River (115.69)	Bayelsa (294.65)
Groundnut oil: 1 bottle, specify bottle	477.86	482.94	494.1	494.24	500.19	503.28	505.12	508.33	477.97	504.03	503.79	600.36	528.59	571.10	585.15	584.47	601.51	612.45	603.58	603.41	608.35	592.51	603.90	585.52	588.60	585.69	580.55	578.52	573.40	558.30	545.13	557.44	557.51	562.59	580.03	580.45	571.88	572.36	583.22	0.46	1.90	Niger (423.33)	Cross River (846.15)
Icod Sardine	1879.96	1915.68	1902.15	1927.97	1919.64	1916.19	1915.25	1904.67	1878.46	1914.45	1903.71	1545.26	861.07	885.14	899.67	907.89	941.45	923.47	940.53	937.22	931.59	916.80	920.98	906.39	906.02	911.33	908.81	941.44	925.31	899.83	887.69	907.70	913.41	925.05	956.79	969.60	964.40	961.21	960.69				



METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

ACKNOWLEDGEMENTS/CONTACTS

Acknowledgements

We acknowledge our technical partners, Proshare in the design, concept and production of this publication.





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