



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(DECEMBER 2019)

Report Date: January 2020

Data Source: National Bureau of Statistics (NBS)

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EXECUTIVE SUMMARY

Selected food price watch data for December 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -1.96% and month-on-month by -1.32% to N457.80 in December 2019 from N463.91 in November 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -4.37% and month-on-month by -1.13% to N40.72 in December 2019 from N41.18 in November 2019.

The average price of 1kg of tomato decreased year-on-year by -2.80% and increased month-on-month by 5.05% to N263.90 in December 2019 from N251.21 in November 2019.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 24.10% and month-on-month by 3.24% to N459.90 in December 2019 from N445.45 in November 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -2.74% and increased month-on-month by 1.78% to N206.82 in December 2019 from N203.20 in November 2019.

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Agric Eggs



UNIT OF MEASUREMENT

DECEMBER 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Dozen

N457.80

-1.96

-1.32



Highest Price

Anambra (515.9)



Lowest Price

Osun (415)



Agric eggs
medium size



UNIT OF MEASUREMENT

DECEMBER 2019

YEAR - ON - YEAR

MONTH - ON - MONTH

1 Piece

N40.72

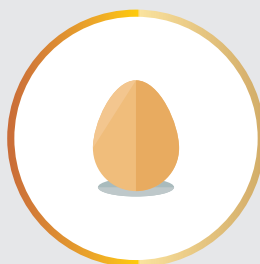
-4.37

-1.13



Highest Price

Cross River (49.71)



Lowest Price

Osun (36.79)



Agric eggs
(medium size price of one)

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Beans



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N299.48



YEAR - ON - YEAR

-22.57



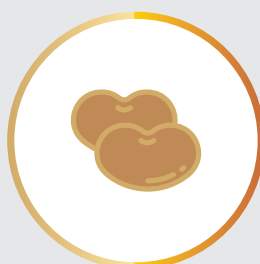
MONTH - ON - MONTH

-2.54



Highest Price

Ebonyi (559.27)



Lowest Price

Niger (194.25)



Beans brown,
sold loose



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N281.60



YEAR - ON - YEAR

-18.31



MONTH - ON - MONTH

-1.07



Highest Price

Ebonyi (508.2)



Lowest Price

Kano (196.05)



Beans: white
black eye. sold loose

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Beef



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1045.86

YEAR - ON - YEAR

4.82

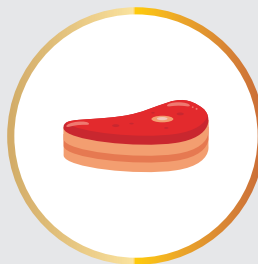
MONTH - ON - MONTH

1.91



Highest Price

Cross River (1446.67)



Beef Bone in

Lowest Price

Ogun (787.99)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1292.52

YEAR - ON - YEAR

1.71

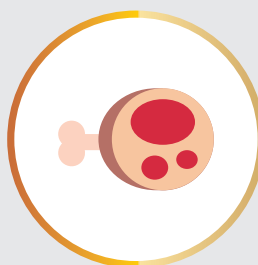
MONTH - ON - MONTH

-0.04



Highest Price

Anambra (1523.82)



Beef ,boneless

Lowest Price

Niger (1149.84)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Bread



UNIT OF MEASUREMENT

1 loaf

DECEMBER 2019

N304.06

YEAR - ON - YEAR

2.41

MONTH - ON - MONTH

1.49



Highest Price

Bayelsa (427.27)



Lowest Price

Kebbi (225)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf

DECEMBER 2019

N277.79

YEAR - ON - YEAR

2.45

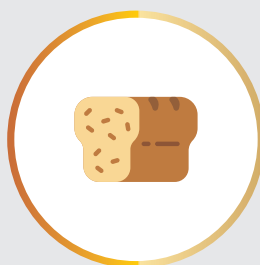
MONTH - ON - MONTH

-0.97



Highest Price

Bayelsa (398.45)



Lowest Price

Kebbi (210)



Bread unsliced 500g

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National - Rice



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N406.94



YEAR - ON - YEAR

6.63



MONTH - ON - MONTH

2.54



Highest Price

Lagos (551.59)



Lowest Price

Jigawa (273.41)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N390.18



YEAR - ON - YEAR

21.33



MONTH - ON - MONTH

1.60



Highest Price

Bayelsa (579.66)



Lowest Price

Kebbi (247.3)



Rice agric sold loose

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Rice



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N345.94

YEAR - ON - YEAR

23.20

MONTH - ON - MONTH

0.56



Highest Price

Bayelsa (484.27)



Lowest Price

Niger (207.12)



Rice local sold loose



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N381.68

YEAR - ON - YEAR

20.02

MONTH - ON - MONTH

0.84



Highest Price

Bayelsa (530.95)



Lowest Price

Kwara (231.21)



Rice Medium Grained

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Rice



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N459.90



YEAR - ON - YEAR

24.10



MONTH - ON - MONTH

3.24



Highest Price

Edo (596.88)



Lowest Price

Kebbi (331.9)



Rice, imported high
quality sold loose

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Chicken



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N699.06

YEAR - ON - YEAR

-5.25

MONTH - ON - MONTH

1.80



Highest Price

Bayelsa (1224.93)



Chicken Feet

Lowest Price

Taraba (380.8)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N915.62

YEAR - ON - YEAR

-3.01

MONTH - ON - MONTH

2.53



Highest Price

Abuja (1450.63)



Chicken Wings

Lowest Price

Taraba (528.32)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Chicken



UNIT OF MEASUREMENT

1 Unit



DECEMBER 2019

N1995.58



YEAR - ON - YEAR

22.80



MONTH - ON - MONTH

-0.64



Highest Price

Plateau (3220)



Frozen Chicken

Lowest Price

Kano (1500)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

1 Unit

DECEMBER 2019

N157.89

YEAR - ON - YEAR

-3.30

MONTH - ON - MONTH

0.43



Highest Price

Ekiti (196)



Lowest Price

Jigawa (133.33)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

1 Unit

DECEMBER 2019

N184.80

YEAR - ON - YEAR

-2.73

MONTH - ON - MONTH

0.68



Highest Price

Ogun (210.43)



Lowest Price

Sokoto (148.89)



Evaporated tinned
milk(peak), 170g

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Garri



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N159.39



YEAR - ON - YEAR

-4.35



MONTH - ON - MONTH

-0.41



Highest Price

Bayelsa (246.88)



Lowest Price

Nassarawa (117)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N183.26



YEAR - ON - YEAR

-6.50



MONTH - ON - MONTH

1.07



Highest Price

Kebbi (280.51)



Lowest Price

Cross River (115.56)



Gari yellow, sold loose

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Mudfish



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N1010.99



YEAR - ON - YEAR

-2.06



MONTH - ON - MONTH

0.82



Highest Price

Enugu (1563.34)



Lowest Price

Oyo (793.67)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N1774.96



YEAR - ON - YEAR

-4.66



MONTH - ON - MONTH

1.06



Highest Price

Ogun (2423.32)



Lowest Price

Jigawa (1250)



Mudfish : Dried

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Fish



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1043.41

YEAR - ON - YEAR

-1.64

MONTH - ON - MONTH

1.52



Highest Price

Abia (1376.24)



Lowest Price

Kaduna (800)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1732.45

YEAR - ON - YEAR

-4.21

MONTH - ON - MONTH

0.53



Highest Price

Cross River (2698.95)



Lowest Price

Niger (1248.7)



Catfish :Dried

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Fish



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1507.39

YEAR - ON - YEAR

-0.82

MONTH - ON - MONTH

0.41



Highest Price

Abuja (1863.27)



Catfish Smoked

Lowest Price

Niger (1217.03)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N1444.94

YEAR - ON - YEAR

7.59

MONTH - ON - MONTH

1.53



Highest Price

Adamawa (1966.33)



Dried Fish Sardine

Lowest Price

Katsina (950.33)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Fish



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N969.60

YEAR - ON - YEAR

6.97

MONTH - ON - MONTH

1.34



Highest Price

Bayelsa (1277.76)



Lowest Price

Osun (697.88)



Iced Sardine



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N884.07

YEAR - ON - YEAR

-0.39

MONTH - ON - MONTH

2.85



Highest Price

Bayelsa (1220.27)



Lowest Price

Kebbi (554.5)



Tilapia Fish (Epiya) Fresh

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Fish



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N981.21

YEAR - ON - YEAR

5.91

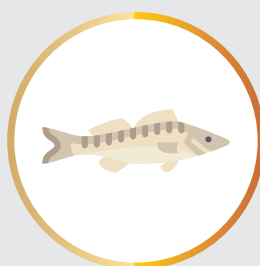
MONTH - ON - MONTH

0.60



Highest Price

Yobe (1224.15)



Titus: Frozen

Lowest Price

Osun (797.49)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N953.29

YEAR - ON - YEAR

2.04

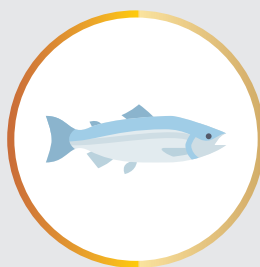
MONTH - ON - MONTH

0.17



Highest Price

Abuja (1260)



Mackerel : Frozen

Lowest Price

Ekiti (757.47)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Yam and Potato



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N206.82

YEAR - ON - YEAR

-2.74

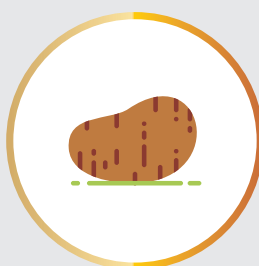
MONTH - ON - MONTH

1.78



Highest Price

Bayelsa (402.72)



Yam Tuber

Lowest Price

Taraba (115.5)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N304.46

YEAR - ON - YEAR

1.96

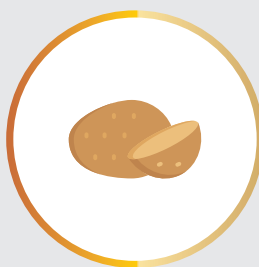
MONTH - ON - MONTH

5.27



Highest Price

Edo (448.23)



Irish Potato

Lowest Price

Jigawa (190.64)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N147.46



YEAR - ON - YEAR

4.80



MONTH - ON - MONTH

0.60



Highest Price

Lagos (226.36)



Sweet Potato

Lowest Price

Jigawa (70.08)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N263.90



YEAR - ON - YEAR

-2.80



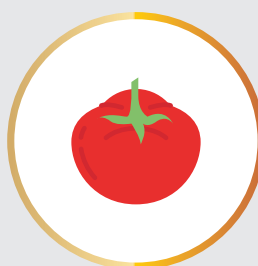
MONTH - ON - MONTH

5.05



Highest Price

Akwa Ibom (386.52)



Tomato

Lowest Price

Bauchi (150.93)



UNIT OF MEASUREMENT

1KG



DECEMBER 2019

N240.55



YEAR - ON - YEAR

-7.26



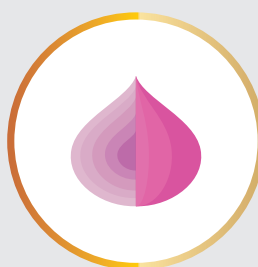
MONTH - ON - MONTH

6.41



Highest Price

Abia (402.2)



Onion bulb

Lowest Price

Bauchi (130.16)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Maize Grain



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N151.88

YEAR - ON - YEAR

-5.95

MONTH - ON - MONTH

1.51



Highest Price

Bayelsa (269.39)



Lowest Price

Bauchi (80.39)



Maize grain
white sold loose



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N153.00

YEAR - ON - YEAR

-4.63

MONTH - ON - MONTH

0.89



Highest Price

Bayelsa (277.57)



Lowest Price

Bauchi (81.22)



Maize grain
yellow sold loose

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Plantain



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N213.04

YEAR - ON - YEAR

-6.26

MONTH - ON - MONTH

-2.28



Highest Price

Plateau (313.45)



Plantain (ripe)

Lowest Price

Sokoto (132.5)



UNIT OF MEASUREMENT

1KG

DECEMBER 2019

N204.30

YEAR - ON - YEAR

-5.30

MONTH - ON - MONTH

0.40



Highest Price

Benue (292.86)



Plantain (unripe)

Lowest Price

Sokoto (133.33)



SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Oil



UNIT OF MEASUREMENT

1 Ltr

DECEMBER 2019

N580.45

YEAR - ON - YEAR

-0.87

MONTH - ON - MONTH

0.07



Highest Price

Cross River (813.33)



Lowest Price

Niger (425.71)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr

DECEMBER 2019

N469.43

YEAR - ON - YEAR

-1.08

MONTH - ON - MONTH

0.54



Highest Price

Kogi (556.67)



Lowest Price

Cross River (395.83)



Palm oil: 1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Oil



UNIT OF MEASUREMENT

1 Ltr



DECEMBER 2019

N516.29



YEAR - ON - YEAR

1.67



MONTH - ON - MONTH

0.73



Highest Price

Rivers (610.18)



Lowest Price

Kwara (415.46)



Vegetable Oil:1 bottle,
specify bottle

SELECTED FOOD PRICE WATCH - DECEMBER 2019

National – Wheat Flour



UNIT OF MEASUREMENT

2KG



DECEMBER 2019

N676.20



YEAR - ON - YEAR

2.01



MONTH - ON - MONTH

0.40



Highest Price

Rivers (771.88)



Lowest Price

Benue (557.14)




Wheat flour: prepacked
(golden penny 2kg)



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Abia State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N350.65






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N437.37






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N182.12






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1488.82






 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N155.83






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N340.18






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N390.00






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N423.33





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N402.20

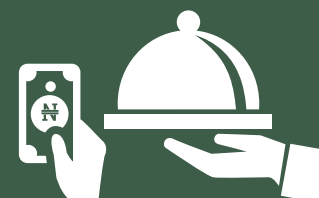


 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N768.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Abia State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	485.22	-2.13	-1.98
Agric eggs(medium size price of one)	1 Piece	41.63	-15.13	4.07
Beans brown,sold loose	1Kg	340.18	-30.22	0.05
Beans:white black eye. sold loose	1Kg	387.25	-19.35	-5.97
Beef Bone in	1Kg	1081.7	9.2	3.47
Beef,boneless	1Kg	1488.82	1.95	3.96
Bread sliced 500g	1 loaf	390	11.43	3.23
Bread unsliced 500g	1 loaf	360.63	37.89	2.18
Broken Rice (Ofada)	1Kg	503.75	20.15	0.6
Chicken Feet	1Kg	680.02	-0.66	0.74
Chicken Wings	1Kg	1104	-5.64	0.36
Evaporated tinned milk carnation 170g	1 unit	190.27	11.6	0.07
Evaporated tinned milk(peak), 170g	1 unit	198.63	5.07	0.03
Frozen chicken	1 unit	1670.77	3.28	2.99
Gari white,sold loose	1Kg	155.83	5.79	-15.68
Gari yellow,sold loose	1Kg	140.42	-15.9	2.68
Mudfish (aro) fresh	1Kg	1218.9	-0.5	0.6
Mudfish : dried	1Kg	2297.58	-6.14	-0.94
Onion bulb	1Kg	402.2	74.04	13.97
Rice agric sold loose	1Kg	422.94	10.77	5.55
Rice local sold loose	1Kg	437.37	50.25	1.92
Rice Medium Grained	1Kg	498.64	36.22	0.18
Rice,imported high quality sold loose	1Kg	549.77	33.85	0.4
Tomato	1Kg	350.65	3.55	0.43
Yam tuber	1Kg	182.12	-7.23	-9.37
Dried Fish Sardine	1Kg	1370	-3.22	1.84
Iced Sardine	1Kg	965.08	6.86	0.8
Irish potato	1Kg	354.17	9.97	16.24
Sweet potato	1Kg	134.37	-7.82	12.25
Tilapia fish (epiya) fresh	1Kg	896.07	-11.75	0.09
Titus:frozen	1Kg	954.53	-0.07	1.27
Catfish (obokun) fresh	1Kg	1376.24	4.25	0.09
Catfish :dried	1Kg	2205.66	-0.11	0.88
Catfish Smoked	1Kg	1700.84	-1.44	-0.34
Mackerel : frozen	1Kg	922.3	4.21	2.78
Groundnut oil: 1 bottle, specify bottle	1Ltr	653.33	-2	3.16
Maize grain white sold loose	1Kg	223.1	-6.68	-6.24
Maize grain yellow sold loose	1Kg	233.71	-3.18	-5.46
Palm oil: 1 bottle,specify bottle	1Ltr	423.33	-11.69	2.28
Plantain(ripe)	1Kg	198.11	3.49	3.79
Plantain(unripe)	1Kg	189.28	8.76	1.07
Vegetable oil:1 bottle,specify bottle	1Ltr	588.24	-2.5	3.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	768	5.41	-0.26
AVERAGE			4.76	1.19



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Abuja FCT








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N276.56






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N272.01






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N382.51






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N340.00






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N251.37






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N496.30






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1422.22






 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N215.19





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N165.02



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N700.37

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Abuja FCT





ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	459.73	-7.68	0.8
Agric eggs(medium size price of one)	1 Piece	38.35	-8.69	0.92
Beans brown,sold loose	1Kg	272.01	-36.84	-0.99
Beans:white black eye. sold loose	1Kg	305.42	-18.92	-1.14
Beef Bone in	1Kg	1106.67	-14.05	1.48
Beef,boneless	1Kg	1422.22	1.23	0.54
Bread sliced 500g	1 loaf	340	7.37	6.25
Bread unsliced 500g	1 loaf	325	2.63	3.17
Broken Rice (Ofada)	1Kg	490.5	16.7	1.45
Chicken Feet	1Kg	671.87	-3.33	0.04
Chicken Wings	1Kg	1450.63	20.89	-3.29
Evaporated tinned milk carnation 170g	1 unit	156.01	-8.95	4.01
Evaporated tinned milk(peak), 170g	1 unit	178	-2.2	0.56
Frozen chicken	1 unit	1950.95	12.77	0.91
Gari white,sold loose	1Kg	165.02	-16.83	1.93
Gari yellow,sold loose	1Kg	187.22	-17.52	0.17
Mudfish (aro) fresh	1Kg	1353.33	-4.47	2.68
Mudfish : dried	1Kg	2150	-2.27	2.35
Onion bulb	1Kg	215.19	4.62	5.26
Rice agric sold loose	1Kg	490.24	91.93	1.43
Rice local sold loose	1Kg	382.51	29.65	2.29
Rice Medium Grained	1Kg	502.33	48.31	0.46
Rice,imported high quality sold loose	1Kg	582.17	35.95	0.36
Tomato	1Kg	276.56	-0.85	37.86
Yam tuber	1Kg	251.37	-21.7	18.12
Dried Fish Sardine	1Kg	1650	3.71	2.97
Iced Sardine	1Kg	1133.33	-1.69	3.03
Irish potato	1Kg	366.48	17.95	1.87
Sweet potato	1Kg	180.44	29.78	7.19
Tilapia fish (epiya) fresh	1Kg	1144.15	-7.1	-1.67
Titus:frozen	1Kg	1211.11	1.36	-0.65
Catfish (obokun) fresh	1Kg	1262.1	-6.51	0.61
Catfish :dried	1Kg	2163.46	-1.6	1.44
Catfish Smoked	1Kg	1863.27	2.36	0.43
Mackerel : frozen	1Kg	1260	-4.91	-0.53
Groundnut oil: 1 bottle, specify bottle	1Ltr	615.19	-10.84	0.06
Maize grain white sold loose	1Kg	144	-1.66	4.39
Maize grain yellow sold loose	1Kg	139.28	3.38	5.03
Palm oil: 1 bottle,specify bottle	1Ltr	496.3	-10.31	0.26
Plantain(ripe)	1Kg	234.2	-21.57	-6.39
Plantain(unripe)	1Kg	218.4	-24.57	2.02
Vegetable oil:1 bottle,specify bottle	1Ltr	550.41	-0.53	3.2
Wheat flour: prepacked (golden penny 2kg)	2Kg	700.37	5.06	-1.36
AVERAGE			1.86	2.55


SELECTED FOOD PRICE WATCH - DECEMBER 2019


Adamawa State





 Tomato


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N171.72


 Rice
Local sold
Loose


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N313.23


 Yam Tuber


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N163.61


 Beef,
boneless


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N1198.84


 Garri
white,sold
Loose


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N182.83


 Beans
brown,
sold loose


 **UNIT OF MEASUREMENT**
1KG


 **DECEMBER 2019**
N214.04


 Bread
sliced
500g


 **UNIT OF MEASUREMENT**
1 loaf


 **DECEMBER 2019**
N278.95


 Palm oil:
1 bottle


 **UNIT OF MEASUREMENT**
1Ltr


 **DECEMBER 2019**
N483.46


 Onion bulb

 **UNIT OF MEASUREMENT**
1KG

 **DECEMBER 2019**
N148.25

 Wheat flour:
prepacked
(golden penny
2kg

 **UNIT OF MEASUREMENT**
2KG

 **DECEMBER 2019**
N704.29

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Adamawa State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	455.6	1.24	-0.42
Agric eggs(medium size price of one)	1 Piece	39.17	-14.42	-1.61
Beans brown,sold loose	1Kg	214.04	-31.15	-6.22
Beans:white black eye. sold loose	1Kg	221.54	-14.99	-4.63
Beef Bone in	1Kg	1136.81	21.72	0.25
Beef,boneless	1Kg	1198.84	4.33	-1.45
Bread sliced 500g	1 loaf	278.95	-1.88	3.31
Bread unsliced 500g	1 loaf	260.48	1.65	1.4
Broken Rice (Ofada)	1Kg	394.84	15.65	2.34
Chicken Feet	1Kg	504.15	-1.15	0.8
Chicken Wings	1Kg	578.44	-11.24	0.8
Evaporated tinned milk carnation 170g	1 unit	160.67	-13.15	2.25
Evaporated tinned milk(peak), 170g	1 unit	190.22	-0.69	2.15
Frozen chicken	1 unit	1814.4	29.6	0.8
Gari white,sold loose	1Kg	182.83	-3.92	-1.21
Gari yellow,sold loose	1Kg	172.6	-21.49	-1.98
Mudfish (aro) fresh	1Kg	834.83	-4.68	1.64
Mudfish : dried	1Kg	1752.91	-7.23	0.32
Onion bulb	1Kg	148.25	-39.39	2.01
Rice agric sold loose	1Kg	396.01	60.18	0.55
Rice local sold loose	1Kg	313.23	28.3	-0.31
Rice Medium Grained	1Kg	359.52	21.34	0.51
Rice,imported high quality sold loose	1Kg	490.53	48.41	0.31
Tomato	1Kg	171.72	-9.97	-5.29
Yam tuber	1Kg	163.61	-12.92	-10.32
Dried Fish Sardine	1Kg	1966.33	3.49	-1.02
Iced Sardine	1Kg	965.34	1.92	-0.11
Irish potato	1Kg	303.75	2.19	7.12
Sweet potato	1Kg	107.65	-9.08	-8.12
Tilapia fish (epiya) fresh	1Kg	724.04	2.39	3.42
Titus:frozen	1Kg	1033.89	19.38	1.68
Catfish (obokun) fresh	1Kg	1205	18.12	2.55
Catfish :dried	1Kg	1443.33	12.72	3.09
Catfish Smoked	1Kg	1355.96	12.1	2.72
Mackerel : frozen	1Kg	1034.78	10.66	3.48
Groundnut oil: 1 bottle, specify bottle	1Ltr	532.8	-16.21	0.74
Maize grain white sold loose	1Kg	97.75	-11.63	12.78
Maize grain yellow sold loose	1Kg	100.99	-8.32	11.27
Palm oil: 1 bottle,specify bottle	1Ltr	483.46	-3.8	-3.68
Plantain(ripe)	1Kg	209.35	-16.26	0.6
Plantain(unripe)	1Kg	204.29	-30.54	1.83
Vegetable oil:1 bottle,specify bottle	1Ltr	507.5	-1.04	-0.36
Wheat flour: prepacked (golden penny 2kg)	2Kg	704.29	0.61	-0.19
AVERAGE			0.72	0.55




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Akwa Ibom State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N386.52




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N367.78




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N313.63




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1364.52




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N135.17

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N415.04

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N340.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N400.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N335.62

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N758.33

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Akwa Ibom State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	430.91	-8.32	-4.24
Agric eggs(medium size price of one)	1 Piece	40	-6.38	-3.61
Beans brown,sold loose	1Kg	415.04	-9.2	2.29
Beans:white black eye. sold loose	1Kg	407.76	-10.85	10.95
Beef Bone in	1Kg	1055.88	15.09	4.41
Beef,boneless	1Kg	1364.52	-2.18	-1.18
Bread sliced 500g	1 loaf	340	-3.91	-0.49
Bread unsliced 500g	1 loaf	330	10.57	4.76
Broken Rice (Ofada)	1Kg	322.48	0.77	0.33
Chicken Feet	1Kg	653.98	-7.67	-0.31
Chicken Wings	1Kg	1108.59	10.78	1.63
Evaporated tinned milk carnation 170g	1 unit	158	1.94	-1.25
Evaporated tinned milk(peak), 170g	1 unit	190	-8.06	-1.3
Frozen chicken	1 unit	2100	28.57	1.61
Gari white,sold loose	1Kg	135.17	9.21	10.34
Gari yellow,sold loose	1Kg	147.73	-1.63	13.55
Mudfish (aro) fresh	1Kg	1198.71	-7.41	-1.99
Mudfish : dried	1Kg	1924.26	4.74	0.77
Onion bulb	1Kg	335.62	-15.31	1.66
Rice agric sold loose	1Kg	492.22	31.84	-1.56
Rice local sold loose	1Kg	367.78	20.22	-2.36
Rice Medium Grained	1Kg	445.71	18.86	-4.8
Rice,imported high quality sold loose	1Kg	535.13	24.05	-6.45
Tomato	1Kg	386.52	-8.27	1.66
Yam tuber	1Kg	313.63	41.35	3.65
Dried Fish Sardine	1Kg	1348.6	7.72	1.89
Iced Sardine	1Kg	937.4	-4.21	4.16
Irish potato	1Kg	437.46	-7.9	7.68
Sweet potato	1Kg	221.32	51.97	-2.46
Tilapia fish (epiya) fresh	1Kg	1191.67	8.75	0
Titus:frozen	1Kg	925.82	-7.45	1.53
Catfish (obokun) fresh	1Kg	1308.04	2.55	-1.65
Catfish :dried	1Kg	1673.33	1.21	1.86
Catfish Smoked	1Kg	1451.71	3.69	0.78
Mackerel : frozen	1Kg	832.59	2.86	-3.66
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	0	0
Maize grain white sold loose	1Kg	249.7	-3.69	0.81
Maize grain yellow sold loose	1Kg	263.89	-1.38	-2.86
Palm oil: 1 bottle,specify bottle	1Ltr	400	-21.21	-7.22
Plantain(ripe)	1Kg	220.31	-18.01	-10.69
Plantain(unripe)	1Kg	212.45	-2.75	-3.36
Vegetable oil:1 bottle,specify bottle	1Ltr	574.81	-3.42	1.98
Wheat flour: prepacked (golden penny 2kg)	2Kg	758.33	10.71	2.25
AVERAGE			3.45	0.45




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Anambra State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N357.26




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N398.50




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N212.17




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1523.82




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N144.59

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N319.09

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N361.82

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N463.77

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N235.41

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N735.62

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Anambra State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	515.9	-6.2	-2.22
Agric eggs(medium size price of one)	1 Piece	43.53	-12.95	-8.36
Beans brown,sold loose	1Kg	319.09	-26.9	0.92
Beans:white black eye. sold loose	1Kg	324.35	-20.21	-8.02
Beef Bone in	1Kg	1055.15	15.37	1.27
Beef,boneless	1Kg	1523.82	8.79	1.59
Bread sliced 500g	1 loaf	361.82	3.38	4.62
Bread unsliced 500g	1 loaf	312.5	8.02	3.43
Broken Rice (Ofada)	1Kg	513.7	25.29	0.6
Chicken Feet	1Kg	833.33	4.17	4.17
Chicken Wings	1Kg	1136.67	6.56	2.54
Evaporated tinned milk carnation 170g	1 unit	171.02	-5	0.6
Evaporated tinned milk(peak), 170g	1 unit	186.67	-0.98	-1.55
Frozen chicken	1 unit	1973.53	8.88	-0.8
Gari white,sold loose	1Kg	144.59	3.28	-0.95
Gari yellow,sold loose	1Kg	168.47	-3.66	-5.72
Mudfish (aro) fresh	1Kg	1029.57	5.01	0.8
Mudfish : dried	1Kg	2333.33	-2.97	0.86
Onion bulb	1Kg	235.41	-39.2	21.34
Rice agric sold loose	1Kg	458	29.97	1.58
Rice local sold loose	1Kg	398.5	42.97	-0.57
Rice Medium Grained	1Kg	436.67	31.53	2.5
Rice,imported high quality sold loose	1Kg	506.36	27.5	1.85
Tomato	1Kg	357.26	8.29	2.18
Yam tuber	1Kg	212.17	18.59	5.9
Dried Fish Sardine	1Kg	1700.41	14	2.02
Iced Sardine	1Kg	1169.29	21.26	2.66
Irish potato	1Kg	418.97	4.63	0.05
Sweet potato	1Kg	136.89	8.72	27.86
Tilapia fish (epiya) fresh	1Kg	863.16	-17.28	1.72
Titus:frozen	1Kg	959.63	-2.5	0.8
Catfish (obokun) fresh	1Kg	1340	9.16	3.08
Catfish :dried	1Kg	2287.88	-4.51	1.68
Catfish Smoked	1Kg	1542.89	-3.57	0.8
Mackerel : frozen	1Kg	964.06	-2.51	-2.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	733.33	4.26	4.55
Maize grain white sold loose	1Kg	243.75	-2.42	13.79
Maize grain yellow sold loose	1Kg	247.73	3.06	13.88
Palm oil: 1 bottle,specify bottle	1Ltr	463.77	-7.29	1.53
Plantain(ripe)	1Kg	212.04	-15.26	-1.94
Plantain(unripe)	1Kg	220.27	12.72	10.1
Vegetable oil:1 bottle,specify bottle	1Ltr	500.67	-7.2	2.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	735.62	-1.37	0.77
AVERAGE			3.34	2.6




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Bauchi State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N150.93




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N325.22




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N172.93




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1194.91




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N155.68

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N266.90

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N274.50

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N455.38

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N130.16

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N712.50

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Bauchi State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	434.81	-0.53	-0.04
Agric eggs(medium size price of one)	1 Piece	37.2	-1.74	-2.57
Beans brown,sold loose	1Kg	266.9	-12.22	3.22
Beans:white black eye. sold loose	1Kg	238.35	-20.61	6.39
Beef Bone in	1Kg	935.23	-7.39	-0.71
Beef,boneless	1Kg	1194.91	-6.98	-1.36
Bread sliced 500g	1 loaf	274.5	19.35	-1.32
Bread unsliced 500g	1 loaf	242.17	3.79	-1
Broken Rice (Ofada)	1Kg	377.39	13.22	-0.52
Chicken Feet	1Kg	400.58	33.53	0.15
Chicken Wings	1Kg	670	21.82	3.08
Evaporated tinned milk carnation 170g	1 unit	142	-8.39	-2.07
Evaporated tinned milk(peak), 170g	1 unit	170.7	-8.79	-1.79
Frozen chicken	1 unit	1925	28.33	-1.3
Gari white,sold loose	1Kg	155.68	-1.67	-2.36
Gari yellow,sold loose	1Kg	178.73	8.04	-1.1
Mudfish (aro) fresh	1Kg	852.38	-14.97	-2.59
Mudfish : dried	1Kg	1498.62	-6.09	-1.74
Onion bulb	1Kg	130.16	-11.5	30.21
Rice agric sold loose	1Kg	395.86	46.2	3.46
Rice local sold loose	1Kg	325.22	45.12	1.18
Rice Medium Grained	1Kg	268.33	-13.09	7.7
Rice,imported high quality sold loose	1Kg	467.68	42.25	1.86
Tomato	1Kg	150.93	-13.59	6.98
Yam tuber	1Kg	172.93	33.45	-0.26
Dried Fish Sardine	1Kg	1450.58	17.93	0.04
Iced Sardine	1Kg	979.44	27.75	-3.66
Irish potato	1Kg	229.62	-30.33	12.16
Sweet potato	1Kg	98.65	-2.82	10.53
Tilapia fish (epiya) fresh	1Kg	780.67	30.11	4.09
Titus:frozen	1Kg	986.48	9.61	-3.76
Catfish (obokun) fresh	1Kg	1239.43	3.29	1.18
Catfish :dried	1Kg	1904	15.29	0.65
Catfish Smoked	1Kg	1600.22	-3.05	1.07
Mackerel : frozen	1Kg	1120	12	1.82
Groundnut oil: 1 bottle, specify bottle	1Ltr	491.67	-9.32	0.5
Maize grain white sold loose	1Kg	80.39	-24.52	3.1
Maize grain yellow sold loose	1Kg	81.22	-23.95	5.29
Palm oil: 1 bottle,specify bottle	1Ltr	455.38	-6.25	0.45
Plantain(ripe)	1Kg	241.67	-13.69	-8.33
Plantain(unripe)	1Kg	233.33	16.17	6.06
Vegetable oil:1 bottle,specify bottle	1Ltr	483.56	8.49	-0.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	712.5	6.88	1.79
AVERAGE			4.68	1.76



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Bayelsa State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N376.68






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N484.27






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N402.72






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1404.21






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N246.88






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N405.56






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N427.27






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N462.86





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N299.96



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N752.86

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Bayelsa State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	430.58	-17.72	0.14
Agric eggs(medium size price of one)	1 Piece	40.26	-16.12	-0.16
Beans brown,sold loose	1Kg	405.56	-6.51	1.38
Beans:white black eye. sold loose	1Kg	358.83	-14.13	0.36
Beef Bone in	1Kg	1234.11	19.11	2.28
Beef,boneless	1Kg	1404.21	0.63	-0.76
Bread sliced 500g	1 loaf	427.27	1.38	-3.26
Bread unsliced 500g	1 loaf	398.45	-4.96	-9.79
Broken Rice (Ofada)	1Kg	500	-0.99	5.26
Chicken Feet	1Kg	1224.93	44.75	-0.97
Chicken Wings	1Kg	1255.96	7.62	3.62
Evaporated tinned milk carnation 170g	1 unit	140	-4.85	1.45
Evaporated tinned milk(peak), 170g	1 unit	183.57	0.13	1.61
Frozen chicken	1 unit	2016.67	0.83	1.12
Gari white,sold loose	1Kg	246.88	6.53	-6.55
Gari yellow,sold loose	1Kg	250.49	-0.47	-9.08
Mudfish (aro) fresh	1Kg	1117.65	1.44	-1.64
Mudfish : dried	1Kg	1834.12	-0.16	1.87
Onion bulb	1Kg	299.96	-29.61	5.87
Rice agric sold loose	1Kg	579.66	2.29	4.5
Rice local sold loose	1Kg	484.27	13.08	6.37
Rice Medium Grained	1Kg	530.95	13.41	5.59
Rice,imported high quality sold loose	1Kg	595.5	14.23	0.49
Tomato	1Kg	376.68	-8.92	4.03
Yam tuber	1Kg	402.72	37.9	2.27
Dried Fish Sardine	1Kg	1554.06	18.7	0.26
Iced Sardine	1Kg	1277.76	29.74	-0.71
Irish potato	1Kg	326.25	-11.94	-0.89
Sweet potato	1Kg	219.75	12.03	-12.69
Tilapia fish (epiya) fresh	1Kg	1220.27	-3.33	-3.1
Titus:frozen	1Kg	1003.47	0.42	4.37
Catfish (obokun) fresh	1Kg	1300.39	-3.13	0.17
Catfish :dried	1Kg	1952.45	5.95	-2.34
Catfish Smoked	1Kg	1585.48	-11.08	-2
Mackerel : frozen	1Kg	971.72	-9.92	1.34
Groundnut oil: 1 bottle, specify bottle	1Ltr	466.67	-15.16	0
Maize grain white sold loose	1Kg	269.39	-10.28	3.54
Maize grain yellow sold loose	1Kg	277.57	-16.65	7.8
Palm oil: 1 bottle,specify bottle	1Ltr	462.86	-7.51	-3.68
Plantain(ripe)	1Kg	206.37	13.1	-16.6
Plantain(unripe)	1Kg	194.41	12.05	-1.05
Vegetable oil:1 bottle,specify bottle	1Ltr	521.11	0.56	3.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	752.86	2.35	0.77
AVERAGE			1.51	-0.12




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Benue State









 Tomato	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N226.60
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N330.43
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N348.22
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 DECEMBER 2019 N330.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N184.01
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 DECEMBER 2019 N488.89
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N1314.38
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N206.31
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N183.61
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 DECEMBER 2019 N557.14
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SELECTED FOOD PRICE WATCH - DECEMBER 2019

Benue State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	475.38	-4.71	-2.59
Agric eggs(medium size price of one)	1 Piece	40	-12	-4.76
Beans brown,sold loose	1Kg	330.43	-12.16	-2.22
Beans:white black eye. sold loose	1Kg	283.19	-8.07	0.39
Beef Bone in	1Kg	1100.88	10.09	0.57
Beef,boneless	1Kg	1314.38	2.94	-1.37
Bread sliced 500g	1 loaf	330	8.2	-5.71
Bread unsliced 500g	1 loaf	360	24.14	-4.91
Broken Rice (Ofada)	1Kg	353.44	6.03	6.03
Chicken Feet	1Kg	850	6.25	0
Chicken Wings	1Kg	1050	2.86	1.61
Evaporated tinned milk carnation 170g	1 unit	170	9.68	6.25
Evaporated tinned milk(peak), 170g	1 unit	186.43	3.05	4.87
Frozen chicken	1 unit	1925.5	13.26	1.34
Gari white,sold loose	1Kg	183.61	12.53	5.81
Gari yellow,sold loose	1Kg	209.6	10.41	18.25
Mudfish (aro) fresh	1Kg	1150	-11.54	1.61
Mudfish : dried	1Kg	1557.04	-3.03	-1.6
Onion bulb	1Kg	206.31	2.31	-9.02
Rice agric sold loose	1Kg	382.6	20.82	-5.19
Rice local sold loose	1Kg	348.22	35.78	-0.37
Rice Medium Grained	1Kg	392.58	51.94	-3.86
Rice,imported high quality sold loose	1Kg	480.98	44.41	-0.29
Tomato	1Kg	226.6	-7.71	7.22
Yam tuber	1Kg	184.01	-7.46	-11.8
Dried Fish Sardine	1Kg	1463.64	-2.42	0.17
Iced Sardine	1Kg	1046.1	4.61	-0.95
Irish potato	1Kg	275.24	-3.28	-10.6
Sweet potato	1Kg	210.4	104	16.51
Tilapia fish (epiya) fresh	1Kg	1050	31.25	-1
Titus:frozen	1Kg	1155.88	23.15	-2.04
Catfish (obokun) fresh	1Kg	1250	19.05	2.25
Catfish :dried	1Kg	1555.98	0.92	-3.13
Catfish Smoked	1Kg	1405.38	-8.15	2.76
Mackerel : frozen	1Kg	1154.65	16.44	-1.94
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	-1.58	-5.97
Maize grain white sold loose	1Kg	149.63	17.43	9.44
Maize grain yellow sold loose	1Kg	125.74	-10.92	-4.84
Palm oil: 1 bottle,specify bottle	1Ltr	488.89	-4.05	3.13
Plantain(ripe)	1Kg	228.53	11.44	9.6
Plantain(unripe)	1Kg	292.86	39.76	3.77
Vegetable oil:1 bottle,specify bottle	1Ltr	515.56	1.15	3.11
Wheat flour: prepacked (golden penny 2kg)	2Kg	557.14	-2.26	-4.76
AVERAGE			10.11	0.37




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Borno State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N198.18




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N391.85




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N145.09




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1186.47




		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N183.63

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N262.39

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N302.33

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N552.59

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N165.09

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N695.53

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Borno State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	425.5	-5.89	0.35
Agric eggs(medium size price of one)	1 Piece	38.57	-9.66	3.85
Beans brown,sold loose	1Kg	262.39	-13.34	6.9
Beans:white black eye. sold loose	1Kg	256.8	-16.55	14.47
Beef Bone in	1Kg	1069.24	10.98	1.49
Beef,boneless	1Kg	1186.47	2.83	0.75
Bread sliced 500g	1 loaf	302.33	1.3	-0.88
Bread unsliced 500g	1 loaf	242.38	4.41	-2.21
Broken Rice (Ofada)	1Kg	294.58	-1.97	-1.39
Chicken Feet	1Kg	500.16	9.86	4.14
Chicken Wings	1Kg	588.89	-16.18	0.6
Evaporated tinned milk carnation 170g	1 unit	168.37	-8.16	-0.96
Evaporated tinned milk(peak), 170g	1 unit	179.41	-5.57	1.41
Frozen chicken	1 unit	1966.67	31.11	-1.71
Gari white,sold loose	1Kg	183.63	-24.15	-0.82
Gari yellow,sold loose	1Kg	189.63	-34.48	-0.48
Mudfish (aro) fresh	1Kg	900	-4.9	2.94
Mudfish : dried	1Kg	1767.32	-0.56	2.47
Onion bulb	1Kg	165.09	-36.83	7.86
Rice agric sold loose	1Kg	428.57	27.49	-0.21
Rice local sold loose	1Kg	391.85	49	0.21
Rice Medium Grained	1Kg	428.9	35.62	0.03
Rice,imported high quality sold loose	1Kg	505.44	30.63	1.04
Tomato	1Kg	198.18	12.6	-1.67
Yam tuber	1Kg	145.09	-23.08	-5.51
Dried Fish Sardine	1Kg	1605.85	1.96	-1.68
Iced Sardine	1Kg	963.64	4.49	-3.69
Irish potato	1Kg	306.04	-21.8	12.49
Sweet potato	1Kg	92.69	12.48	-8.72
Tilapia fish (epiya) fresh	1Kg	780.2	12.71	5.15
Titus:frozen	1Kg	942.31	6.24	-3.02
Catfish (obokun) fresh	1Kg	962.73	-9.39	1.61
Catfish :dried	1Kg	1678.56	-6.82	-0.98
Catfish Smoked	1Kg	1389.4	8.03	0.6
Mackerel : frozen	1Kg	963.42	-8.25	-2.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	552.28	-8.39	5.85
Maize grain white sold loose	1Kg	102.25	-16.7	12.72
Maize grain yellow sold loose	1Kg	104.24	-14.19	21.75
Palm oil: 1 bottle,specify bottle	1Ltr	552.59	2.82	2.58
Plantain(ripe)	1Kg	292.69	14.43	-2.35
Plantain(unripe)	1Kg	267.2	-0.57	-5.16
Vegetable oil:1 bottle,specify bottle	1Ltr	498.82	-1.55	-0.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	695.53	-0.64	-0.4
AVERAGE			-0.25	1.54



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Cross River State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N337.12






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N304.55






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N180.60






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1258.05






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N149.37






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N344.44






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N356.25






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N395.83





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N302.77



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N678.18

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Cross River State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	438.82	-6.73	4.48
Agric eggs(medium size price of one)	1 Piece	49.71	7.62	4
Beans brown,sold loose	1Kg	344.44	-18.63	-4.86
Beans:white black eye. sold loose	1Kg	269.44	-27.1	-5.29
Beef Bone in	1Kg	1446.67	35.83	0.26
Beef,boneless	1Kg	1258.05	-8.34	-0.51
Bread sliced 500g	1 loaf	356.25	4.78	-0.68
Bread unsliced 500g	1 loaf	318.75	7.06	-2.55
Broken Rice (Ofada)	1Kg	276.82	-18.8	-4.29
Chicken Feet	1Kg	1087.41	3.56	-1.14
Chicken Wings	1Kg	1173.33	6.67	2.03
Evaporated tinned milk carnation 170g	1 unit	145.26	-4.65	0.79
Evaporated tinned milk(peak), 170g	1 unit	176.25	-0.98	-1.17
Frozen chicken	1 unit	2080	22.35	1.82
Gari white,sold loose	1Kg	149.37	39.32	-4.78
Gari yellow,sold loose	1Kg	115.56	-2.93	-1.49
Mudfish (aro) fresh	1Kg	1021.57	-1.7	-3.08
Mudfish : dried	1Kg	2238.21	7.26	1.81
Onion bulb	1Kg	302.77	-3.01	7.91
Rice agric sold loose	1Kg	410.33	27.96	0.33
Rice local sold loose	1Kg	304.55	21.19	5.43
Rice Medium Grained	1Kg	383.64	16.68	2.13
Rice,imported high quality sold loose	1Kg	485.19	36.95	6.54
Tomato	1Kg	337.12	-24.69	4.73
Yam tuber	1Kg	180.6	-9.22	3.08
Dried Fish Sardine	1Kg	1560.32	16.11	-1.57
Iced Sardine	1Kg	969.01	14.43	1.44
Irish potato	1Kg	403.34	12.31	4.77
Sweet potato	1Kg	140.88	-22.76	1.32
Tilapia fish (epiya) fresh	1Kg	1217.54	15.01	2.41
Titus:frozen	1Kg	1029.89	-8.91	2.7
Catfish (obokun) fresh	1Kg	1281.47	4.14	1.8
Catfish :dried	1Kg	2698.95	10.17	-1.6
Catfish Smoked	1Kg	1736.24	5.81	0.27
Mackerel : frozen	1Kg	1068.52	8.44	2.81
Groundnut oil: 1 bottle, specify bottle	1Ltr	813.33	-14.08	-0.18
Maize grain white sold loose	1Kg	230.72	-33.65	3.74
Maize grain yellow sold loose	1Kg	247.62	-6.94	5.69
Palm oil: 1 bottle,specify bottle	1Ltr	395.83	-10.53	2.52
Plantain(ripe)	1Kg	181.83	24.52	-9.7
Plantain(unripe)	1Kg	152.49	12.98	-12.92
Vegetable oil:1 bottle,specify bottle	1Ltr	525	-3.66	-4.55
Wheat flour: prepacked (golden penny 2kg)	2Kg	678.18	-7.78	-1.12
AVERAGE			2.93	0.31



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Delta State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N365.61






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N358.00






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N180.64






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1421.70






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N197.83






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N354.89






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N253.57






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N440.00





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N305.07



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N700.29

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Delta State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	466	-8.52	1.3
Agric eggs (medium size price of one)	1 Piece	40.57	-14.85	0.6
Beans brown, sold loose	1Kg	354.89	-11.63	0.78
Beans: white black eye. sold loose	1Kg	254.95	-29.84	4.83
Beef Bone in	1Kg	1025.71	2.4	2.41
Beef, boneless	1Kg	1421.7	0.84	0.31
Bread sliced 500g	1 loaf	253.57	-15.48	-4.19
Bread unsliced 500g	1 loaf	221.54	-20.06	-9.11
Broken Rice (Ofada)	1Kg	352	5.78	1.91
Chicken Feet	1Kg	960	4.34	1.05
Chicken Wings	1Kg	1205	6.25	1.83
Evaporated tinned milk carnation 170g	1 unit	154.17	5.9	0.55
Evaporated tinned milk (peak), 170g	1 unit	185	-2.33	1.65
Frozen chicken	1 unit	1950	20.46	-0.69
Gari white, sold loose	1Kg	197.83	4.29	4.12
Gari yellow, sold loose	1Kg	224.69	1.77	4.08
Mudfish (aro) fresh	1Kg	1083.85	-7.06	-1.63
Mudfish : dried	1Kg	1918.41	-2.94	-0.08
Onion bulb	1Kg	305.07	-6.37	1.59
Rice agric sold loose	1Kg	504	28.43	0.02
Rice local sold loose	1Kg	358	13.23	0.2
Rice Medium Grained	1Kg	476	27.27	1.95
Rice, imported high quality sold loose	1Kg	557.44	29.89	-0.67
Tomato	1Kg	365.61	3.83	-4.98
Yam tuber	1Kg	180.64	-5.2	-2.91
Dried Fish Sardine	1Kg	1509.26	19.82	-0.03
Iced Sardine	1Kg	1066.41	22.62	-1.04
Irish potato	1Kg	400	7.11	3.7
Sweet potato	1Kg	114.31	-19.81	-8.49
Tilapia fish (epiya) fresh	1Kg	1194.44	5.7	3.49
Titus: frozen	1Kg	1140.73	15.27	-2.92
Catfish (obokun) fresh	1Kg	1257.38	12.82	1.9
Catfish :dried	1Kg	1899.9	-3.88	0.11
Catfish Smoked	1Kg	1725.85	11.3	0.93
Mackerel : frozen	1Kg	988.52	2.33	1.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	809.52	18.47	1.19
Maize grain white sold loose	1Kg	219.33	8.59	0.99
Maize grain yellow sold loose	1Kg	209.04	0.65	-4.49
Palm oil: 1 bottle, specify bottle	1Ltr	440	-12.48	-2.22
Plantain (ripe)	1Kg	195.26	1.21	-3.6
Plantain (unripe)	1Kg	192.99	-3.58	-5.85
Vegetable oil: 1 bottle, specify bottle	1Ltr	524.44	0	2.61
Wheat flour: prepacked (golden penny 2kg)	2Kg	700.29	1.95	1.86
AVERAGE			2.76	-0.13



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Ebonyi State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N335.90






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N338.46






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N210.40






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1472.22






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N208.60






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N559.27






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N325.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N469.52





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N222.22



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N698.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Ebonyi State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	471.43	-6.14	1.13
Agric eggs(medium size price of one)	1 Piece	44.29	-8.81	1
Beans brown,sold loose	1Kg	559.27	6.03	-3.01
Beans:white black eye. sold loose	1Kg	508.2	5.52	-3.65
Beef Bone in	1Kg	1150	13.74	0.62
Beef,boneless	1Kg	1472.22	-3.05	0.24
Bread sliced 500g	1 loaf	325	-0.69	-0.85
Bread unsliced 500g	1 loaf	295	13.86	-11.5
Broken Rice (Ofada)	1Kg	497.07	37	0.9
Chicken Feet	1Kg	719.71	0.58	0.8
Chicken Wings	1Kg	888.7	-6.56	0.8
Evaporated tinned milk carnation 170g	1 unit	171.11	-4.94	0.05
Evaporated tinned milk(peak), 170g	1 unit	195.43	5.16	0.22
Frozen chicken	1 unit	1950	25.81	0.86
Gari white,sold loose	1Kg	208.6	12.46	-0.79
Gari yellow,sold loose	1Kg	228.49	-11.15	-10.17
Mudfish (aro) fresh	1Kg	896.85	-2.05	0.7
Mudfish : dried	1Kg	2048.1	-9.87	0.7
Onion bulb	1Kg	222.22	-11.82	21.32
Rice agric sold loose	1Kg	410	20.59	2.5
Rice local sold loose	1Kg	338.46	31.62	0.92
Rice Medium Grained	1Kg	317.94	-2.68	0.8
Rice,imported high quality sold loose	1Kg	483.33	20.83	0.69
Tomato	1Kg	335.9	33.37	11.22
Yam tuber	1Kg	210.4	1.63	6.36
Dried Fish Sardine	1Kg	1497.6	15.2	0.8
Iced Sardine	1Kg	1000	-8.33	3.45
Irish potato	1Kg	400	9.09	0
Sweet potato	1Kg	118.91	-13.53	8.96
Tilapia fish (epiya) fresh	1Kg	1014.93	-8.17	0.9
Titus:frozen	1Kg	991.11	2.24	0.01
Catfish (obokun) fresh	1Kg	1206.24	-0.75	0.8
Catfish :dried	1Kg	2432.88	10.08	0.8
Catfish Smoked	1Kg	1723.2	2.92	0.8
Mackerel : frozen	1Kg	982	-1.42	0.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	708.33	-11.46	-1.16
Maize grain white sold loose	1Kg	227.35	-3.22	0.76
Maize grain yellow sold loose	1Kg	227.35	-2.21	0.76
Palm oil: 1 bottle,specify bottle	1Ltr	469.52	4.23	6.46
Plantain(ripe)	1Kg	243.73	40.9	21.57
Plantain(unripe)	1Kg	206.67	-6.06	8.82
Vegetable oil:1 bottle,specify bottle	1Ltr	500.69	4.1	0.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	698	5.53	-0.29
AVERAGE			4.64	1.77



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Edo State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N380.30






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N318.68






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N464.58






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N319.23






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N370.19






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N430.17






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1303.95






 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N273.55





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N168.82

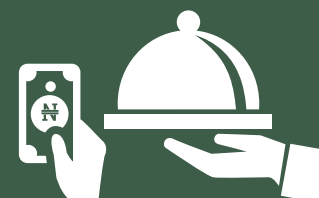


 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N734.62

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Edo State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	482.5	-2.33	-3.14
Agric eggs(medium size price of one)	1 Piece	45.71	-3.43	-6.89
Beans brown,sold loose	1Kg	318.68	-21.66	4.71
Beans:white black eye. sold loose	1Kg	269.79	-21.98	10.54
Beef Bone in	1Kg	980.59	-2.89	-1.46
Beef,boneless	1Kg	1303.95	-7.36	-0.74
Bread sliced 500g	1 loaf	319.23	1.45	2.47
Bread unsliced 500g	1 loaf	257.69	-3.37	1.62
Broken Rice (Ofada)	1Kg	440	22.22	0.76
Chicken Feet	1Kg	807.39	-18.03	-2.56
Chicken Wings	1Kg	1367.86	9.43	1.06
Evaporated tinned milk carnation 170g	1 unit	145.64	2.9	-1.26
Evaporated tinned milk(peak), 170g	1 unit	190.38	-1.19	-0.14
Frozen chicken	1 unit	1807.65	34.97	-0.37
Gari white,sold loose	1Kg	168.82	-17.07	8.73
Gari yellow,sold loose	1Kg	183.21	-8.89	10.45
Mudfish (aro) fresh	1Kg	1147.69	1.21	0.58
Mudfish : dried	1Kg	1801.82	12.73	-0.26
Onion bulb	1Kg	273.55	-26.43	5.47
Rice agric sold loose	1Kg	454.17	18.82	4.24
Rice local sold loose	1Kg	464.58	34.06	1.22
Rice Medium Grained	1Kg	497.78	36.42	0.45
Rice,imported high quality sold loose	1Kg	596.88	44.91	-0.64
Tomato	1Kg	380.3	-5.14	-4.89
Yam tuber	1Kg	370.19	44.61	2.31
Dried Fish Sardine	1Kg	1369.9	3.4	2.18
Iced Sardine	1Kg	947.82	-5.59	3.32
Irish potato	1Kg	448.23	17.93	9.58
Sweet potato	1Kg	152.81	11.69	-13
Tilapia fish (epiya) fresh	1Kg	1092.22	-9.69	-0.57
Titus:frozen	1Kg	924.59	-1.06	0.27
Catfish (obokun) fresh	1Kg	1158.06	13.41	-1.36
Catfish :dried	1Kg	2310.12	-0.29	-1.78
Catfish Smoked	1Kg	1586.51	4.78	1.06
Mackerel : frozen	1Kg	952.38	1.49	-0.22
Groundnut oil: 1 bottle, specify bottle	1Ltr	700	-0.47	2.14
Maize grain white sold loose	1Kg	249.08	3.92	19.01
Maize grain yellow sold loose	1Kg	246.57	1.59	-3.87
Palm oil: 1 bottle,specify bottle	1Ltr	430.17	-19.34	0.54
Plantain(ripe)	1Kg	191.34	23.69	-14.38
Plantain(unripe)	1Kg	180.25	19.53	-12.13
Vegetable oil:1 bottle,specify bottle	1Ltr	486.67	-9.56	-2.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	734.62	1.33	1.73
AVERAGE			4.2	0.51




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Ekiti State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N236.86




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N441.68




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N204.04




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1391.67




		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N141.04

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N268.13

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N250.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N412.50

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N238.21

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N633.33

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Ekiti State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	448.13	2.36	-0.63
Agric eggs(medium size price of one)	1 Piece	39.38	-7.03	-0.18
Beans brown,sold loose	1Kg	268.13	-34.25	-9.69
Beans:white black eye. sold loose	1Kg	272.22	-2.41	-8.35
Beef Bone in	1Kg	1066.3	5.21	3.16
Beef,boneless	1Kg	1391.67	-0.46	0.54
Bread sliced 500g	1 loaf	250	-2.06	0
Bread unsliced 500g	1 loaf	246.88	-2.34	-0.3
Broken Rice (Ofada)	1Kg	426.75	-8.42	0.17
Chicken Feet	1Kg	739.53	-20.48	5.65
Chicken Wings	1Kg	1105	0.24	2.31
Evaporated tinned milk carnation 170g	1 unit	196	9.96	15.45
Evaporated tinned milk(peak), 170g	1 unit	196.37	0.99	0.03
Frozen chicken	1 unit	1700	13.33	0.1
Gari white,sold loose	1Kg	141.04	17.39	12.95
Gari yellow,sold loose	1Kg	167.14	-3.53	3.02
Mudfish (aro) fresh	1Kg	869.57	0	-3.89
Mudfish : dried	1Kg	1807.93	-19.55	2.61
Onion bulb	1Kg	238.21	-0.31	9.32
Rice agric sold loose	1Kg	276.44	15.01	0.3
Rice local sold loose	1Kg	441.68	29.51	8.55
Rice Medium Grained	1Kg	308.59	-6.49	-5.51
Rice,imported high quality sold loose	1Kg	367.59	-8.56	4.22
Tomato	1Kg	236.86	-1.45	18.66
Yam tuber	1Kg	204.04	-22.41	54.93
Dried Fish Sardine	1Kg	1604.23	-2.77	2.8
Iced Sardine	1Kg	826.67	2.02	3.33
Irish potato	1Kg	207.04	-4.02	0.79
Sweet potato	1Kg	83.03	-4.57	-2.65
Tilapia fish (epiya) fresh	1Kg	826.84	-7.75	1.75
Titus:frozen	1Kg	998.56	10.86	-4.04
Catfish (obokun) fresh	1Kg	810.69	-0.16	0.01
Catfish :dried	1Kg	1874.03	-3.9	2.55
Catfish Smoked	1Kg	1834.95	-3.42	1.07
Mackerel : frozen	1Kg	757.47	-0.47	-1.36
Groundnut oil: 1 bottle, specify bottle	1Ltr	573.33	1.18	1.18
Maize grain white sold loose	1Kg	113.25	-35.85	-6.26
Maize grain yellow sold loose	1Kg	118.28	-32.75	-1.42
Palm oil: 1 bottle,specify bottle	1Ltr	412.5	-3.15	-2.03
Plantain(ripe)	1Kg	159.36	-25.09	0.45
Plantain(unripe)	1Kg	155.75	-22.56	-4.59
Vegetable oil:1 bottle,specify bottle	1Ltr	560	16.95	6.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	633.33	1.06	-1.04
AVERAGE			-3.72	2.56




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Enugu State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N384.73




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N402.71




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N195.82




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1487.36




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N174.51

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N425.32

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N300.67

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N473.47

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N353.90

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N712.86

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Enugu State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	506.3	-1.36	0.88
Agric eggs(medium size price of one)	1 Piece	43.68	-6.4	0.14
Beans brown,sold loose	1Kg	425.32	-16.65	-8.59
Beans:white black eye. sold loose	1Kg	416.43	-11.91	-4.36
Beef Bone in	1Kg	1111.74	22.28	2.08
Beef,boneless	1Kg	1487.36	4.38	0.21
Bread sliced 500g	1 loaf	300.67	-6.13	7.55
Bread unsliced 500g	1 loaf	266.77	-3.58	4.33
Broken Rice (Ofada)	1Kg	535.42	31.92	0.5
Chicken Feet	1Kg	680	-2.86	0.69
Chicken Wings	1Kg	1175.56	15.82	-2.04
Evaporated tinned milk carnation 170g	1 unit	180	5.85	4.42
Evaporated tinned milk(peak), 170g	1 unit	197.45	1.4	1.26
Frozen chicken	1 unit	1970	11.77	1.31
Gari white,sold loose	1Kg	174.51	10.79	1.03
Gari yellow,sold loose	1Kg	205.56	9.88	4.56
Mudfish (aro) fresh	1Kg	1563.34	11.67	0.5
Mudfish : dried	1Kg	2185	0.2	-0.68
Onion bulb	1Kg	353.9	1.68	-9.23
Rice agric sold loose	1Kg	482.65	43.08	0.55
Rice local sold loose	1Kg	402.71	45.55	0.49
Rice Medium Grained	1Kg	474	58	0.08
Rice,imported high quality sold loose	1Kg	558.46	37.03	1.38
Tomato	1Kg	384.73	27.69	7.63
Yam tuber	1Kg	195.82	11.95	-0.15
Dried Fish Sardine	1Kg	1635.36	2.4	2.21
Iced Sardine	1Kg	969.23	0.74	2.98
Irish potato	1Kg	405.67	-3.05	11.85
Sweet potato	1Kg	145.53	3.77	35.96
Tilapia fish (epiya) fresh	1Kg	841.37	5.17	0.7
Titus:frozen	1Kg	1041.05	6.25	3.64
Catfish (obokun) fresh	1Kg	1250	-3.1	4.09
Catfish :dried	1Kg	1252.38	-39.49	1.29
Catfish Smoked	1Kg	1692.61	-2.47	0.6
Mackerel : frozen	1Kg	987.98	9.69	0.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	700	-5.77	-3.48
Maize grain white sold loose	1Kg	207.75	-5.98	-8.69
Maize grain yellow sold loose	1Kg	216.43	-2.4	-8.04
Palm oil: 1 bottle,specify bottle	1Ltr	473.47	4.62	3.57
Plantain(ripe)	1Kg	210.69	4.84	0.53
Plantain(unripe)	1Kg	202.1	17.76	-2.32
Vegetable oil:1 bottle,specify bottle	1Ltr	542.11	-0.02	3.81
Wheat flour: prepacked (golden penny 2kg)	2Kg	712.86	2.63	-0.99
AVERAGE			6.92	1.46



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Gombe State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N186.09






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N332.50






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N175.50






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1208.33






 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N174.76






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N211.14






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N277.78






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N458.33





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N174.27



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N625.32

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Gombe State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	438.5	7.79	-2.99
Agric eggs(medium size price of one)	1 Piece	38.56	8.07	1.71
Beans brown,sold loose	1Kg	211.14	-34.29	-14.45
Beans:white black eye. sold loose	1Kg	227	-20.74	-10.16
Beef Bone in	1Kg	975.64	2.87	-2.44
Beef,boneless	1Kg	1208.33	5.93	-3.33
Bread sliced 500g	1 loaf	277.78	10.11	0.89
Bread unsliced 500g	1 loaf	218.18	-12.06	-1.2
Broken Rice (Ofada)	1Kg	301.67	-21.98	-1.5
Chicken Feet	1Kg	465.74	16.43	0.7
Chicken Wings	1Kg	710.32	-4.44	0.7
Evaporated tinned milk carnation 170g	1 unit	165	-2.94	0.9
Evaporated tinned milk(peak), 170g	1 unit	188.67	1.16	1.57
Frozen chicken	1 unit	1920.43	18.3	-1.52
Gari white,sold loose	1Kg	174.76	-3.73	-0.5
Gari yellow,sold loose	1Kg	221.67	-6.49	-5.69
Mudfish (aro) fresh	1Kg	958.59	11.16	2.87
Mudfish : dried	1Kg	1649	-8.4	2.07
Onion bulb	1Kg	174.27	-26.75	-5.99
Rice agric sold loose	1Kg	361.09	40.06	1.74
Rice local sold loose	1Kg	332.5	39.61	5.47
Rice Medium Grained	1Kg	340.97	40.8	-1.13
Rice,imported high quality sold loose	1Kg	412.29	23.58	1.52
Tomato	1Kg	186.09	-15.63	14.19
Yam tuber	1Kg	175.5	17.22	-4.43
Dried Fish Sardine	1Kg	1512.63	3	0.6
Iced Sardine	1Kg	910.64	4.67	1.12
Irish potato	1Kg	295.56	-23.85	13.48
Sweet potato	1Kg	106.21	-35.64	-9.25
Tilapia fish (epiya) fresh	1Kg	857.14	0.84	0.8
Titus:frozen	1Kg	983.33	14.79	-2.02
Catfish (obokun) fresh	1Kg	897.01	-9.01	0.5
Catfish :dried	1Kg	1525.96	-13.45	0.5
Catfish Smoked	1Kg	1504.62	-3.45	0.5
Mackerel : frozen	1Kg	885	-6.94	-1.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	508.33	-19.74	0.85
Maize grain white sold loose	1Kg	90.5	-17.59	9.08
Maize grain yellow sold loose	1Kg	88.33	-20.29	7.55
Palm oil: 1 bottle,specify bottle	1Ltr	458.33	-3.23	-7.37
Plantain(ripe)	1Kg	210	-28.6	-6.7
Plantain(unripe)	1Kg	180	-16.49	3.85
Vegetable oil:1 bottle,specify bottle	1Ltr	527.78	-1.35	4.86
Wheat flour: prepacked (golden penny 2kg)	2Kg	625.32	-11.45	4.22
AVERAGE			-2.38	0




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Imo State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N317.21




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N426.87




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N161.81




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1410.39




		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N153.68

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N390.00

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N283.87

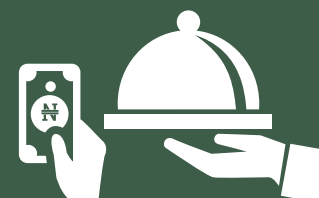
		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N429.04

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N211.86

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N677.65

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Imo State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	485.81	-1.53	-2.92
Agric eggs(medium size price of one)	1 Piece	43	-13.13	-4.87
Beans brown,sold loose	1Kg	390	-12.06	0.47
Beans:white black eye. sold loose	1Kg	386.53	-8.28	1.51
Beef Bone in	1Kg	1207.59	23.57	3.37
Beef,boneless	1Kg	1410.39	2.1	3.17
Bread sliced 500g	1 loaf	283.87	-5.38	-0.87
Bread unsliced 500g	1 loaf	253.23	3.01	-0.52
Broken Rice (Ofada)	1Kg	506.2	60.33	0.5
Chicken Feet	1Kg	684.74	8.12	5.34
Chicken Wings	1Kg	920.86	2.32	2.25
Evaporated tinned milk carnation 170g	1 unit	166	-17	-10.27
Evaporated tinned milk(peak), 170g	1 unit	197.73	1.92	2.57
Frozen chicken	1 unit	1742.86	17.5	1.67
Gari white,sold loose	1Kg	153.68	4.72	-0.45
Gari yellow,sold loose	1Kg	174.61	10.04	0.09
Mudfish (aro) fresh	1Kg	1217.72	-8.34	0.6
Mudfish : dried	1Kg	2155.74	-21.95	1.52
Onion bulb	1Kg	211.86	-46.54	26.11
Rice agric sold loose	1Kg	542.96	32.07	1.81
Rice local sold loose	1Kg	426.87	20.06	-1.08
Rice Medium Grained	1Kg	488.54	13.18	-0.87
Rice,imported high quality sold loose	1Kg	589.72	32.69	-3.48
Tomato	1Kg	317.21	11.14	3.91
Yam tuber	1Kg	161.81	5.87	-1.72
Dried Fish Sardine	1Kg	1464.76	-0.28	-0.21
Iced Sardine	1Kg	1050.35	0.29	2.78
Irish potato	1Kg	400.25	-3.77	2.19
Sweet potato	1Kg	145.84	-2.12	37.08
Tilapia fish (epiya) fresh	1Kg	1100	-4.4	1.85
Titus:frozen	1Kg	968.13	6.67	1.8
Catfish (obokun) fresh	1Kg	1260	-1.82	0.8
Catfish :dried	1Kg	2692.28	-1.97	-0.53
Catfish Smoked	1Kg	1474.17	-1.78	0.5
Mackerel : frozen	1Kg	854.58	5.11	2.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-11.11	-2.44
Maize grain white sold loose	1Kg	251.14	1.53	1.73
Maize grain yellow sold loose	1Kg	254.44	1.35	0.67
Palm oil: 1 bottle,specify bottle	1Ltr	429.04	-7.8	-1.3
Plantain(ripe)	1Kg	194.45	-18.29	-12.25
Plantain(unripe)	1Kg	172.96	-27.43	-11.51
Vegetable oil:1 bottle,specify bottle	1Ltr	517.52	1.4	3.37
Wheat flour: prepacked (golden penny 2kg)	2Kg	677.65	-3.69	-1.15
AVERAGE			1.08	1.26



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Jigawa State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N274.07






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N236.57






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N236.37






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1161.36






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N137.36






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N283.39






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N257.69






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N452.73





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N155.00



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N725.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Jigawa State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	467.62	9.92	0.26
Agric eggs(medium size price of one)	1 Piece	39.95	5.98	-1.88
Beans brown,sold loose	1Kg	283.39	-19.03	-7.46
Beans:white black eye. sold loose	1Kg	253.5	-34.09	0.5
Beef Bone in	1Kg	864.8	-16.57	-2.71
Beef,boneless	1Kg	1161.36	-0.89	-2.91
Bread sliced 500g	1 loaf	257.69	15.38	9.08
Bread unsliced 500g	1 loaf	246.84	12.2	-3.95
Broken Rice (Ofada)	1Kg	273.41	-5.7	-9.19
Chicken Feet	1Kg	500	-16.67	0
Chicken Wings	1Kg	700	16.67	-1.01
Evaporated tinned milk carnation 170g	1 unit	133.33	-15.34	-11.11
Evaporated tinned milk(peak), 170g	1 unit	162.53	-0.75	-0.81
Frozen chicken	1 unit	2366.67	57.78	-1.39
Gari white,sold loose	1Kg	137.36	-22.78	-4.71
Gari yellow,sold loose	1Kg	177.76	-16.04	3.06
Mudfish (aro) fresh	1Kg	920	-14.57	0.1
Mudfish : dried	1Kg	1250	-3.55	0
Onion bulb	1Kg	155	25.35	27.48
Rice agric sold loose	1Kg	250	16.67	2.17
Rice local sold loose	1Kg	236.57	-11.56	-10.21
Rice Medium Grained	1Kg	300	19.52	-6.83
Rice,imported high quality sold loose	1Kg	394.7	6.67	10.77
Tomato	1Kg	274.07	56.01	14.61
Yam tuber	1Kg	236.37	22.54	9.48
Dried Fish Sardine	1Kg	1500	-4.26	0
Iced Sardine	1Kg	883.33	-3.05	0.95
Irish potato	1Kg	190.64	-13.08	-4.61
Sweet potato	1Kg	70.08	-34.95	-11.34
Tilapia fish (epiya) fresh	1Kg	761.39	-5.99	-2.1
Titus:frozen	1Kg	900	20	0
Catfish (obokun) fresh	1Kg	890	-10.67	1.91
Catfish :dried	1Kg	1450.85	-9.32	-0.21
Catfish Smoked	1Kg	1500	7.14	0
Mackerel : frozen	1Kg	964.62	11.89	1.54
Groundnut oil: 1 bottle, specify bottle	1Ltr	514.59	13.51	3.47
Maize grain white sold loose	1Kg	92.18	-10.46	-11.78
Maize grain yellow sold loose	1Kg	100.84	-2.58	4.23
Palm oil: 1 bottle,specify bottle	1Ltr	452.73	6.51	-5.68
Plantain(ripe)	1Kg	200	-24.53	0
Plantain(unripe)	1Kg	210.5	-17.45	0.24
Vegetable oil:1 bottle,specify bottle	1Ltr	504.62	17.27	8.13
Wheat flour: prepacked (golden penny 2kg)	2Kg	725	-0.82	3.57
AVERAGE			0.61	0.04



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Kaduna State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N229.39






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N260.59






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N198.77






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1234.44






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N128.57






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N279.42






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N271.33






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N510.00





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N217.15



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N685.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Kaduna State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	447.06	9.75	2.51
Agric eggs(medium size price of one)	1 Piece	40.35	8.51	8.03
Beans brown,sold loose	1Kg	279.42	-14.51	-3.62
Beans:white black eye. sold loose	1Kg	215.11	-13.01	-11.14
Beef Bone in	1Kg	1133.33	1.61	-0.49
Beef,boneless	1Kg	1234.44	5.47	1.33
Bread sliced 500g	1 loaf	271.33	-3.33	-1.93
Bread unsliced 500g	1 loaf	234.12	-5.72	-5.19
Broken Rice (Ofada)	1Kg	287.99	6.73	-10.87
Chicken Feet	1Kg	630	-15.44	5
Chicken Wings	1Kg	670	-16.38	-4.29
Evaporated tinned milk carnation 170g	1 unit	156	8.33	5.41
Evaporated tinned milk(peak), 170g	1 unit	178.24	-0.39	-0.81
Frozen chicken	1 unit	2150	37.82	0
Gari white,sold loose	1Kg	128.57	-12.54	-8.33
Gari yellow,sold loose	1Kg	131.81	-26.45	-17.2
Mudfish (aro) fresh	1Kg	900	0.8	0.43
Mudfish : dried	1Kg	1377.78	16.62	1.46
Onion bulb	1Kg	217.15	-6.55	21.45
Rice agric sold loose	1Kg	331.84	14.95	-2.19
Rice local sold loose	1Kg	260.59	2.7	-11.13
Rice Medium Grained	1Kg	326.63	10.77	5.51
Rice,imported high quality sold loose	1Kg	390.2	24.28	-4.73
Tomato	1Kg	229.39	-20.33	-3.43
Yam tuber	1Kg	198.77	-4.58	-17.69
Dried Fish Sardine	1Kg	1514.29	14.72	3.01
Iced Sardine	1Kg	932.86	3.65	-3.26
Irish potato	1Kg	270.69	8.92	13.37
Sweet potato	1Kg	91.64	-11.61	-10.19
Tilapia fish (epiya) fresh	1Kg	670.59	-5.93	-5
Titus:frozen	1Kg	975	4.5	2.63
Catfish (obokun) fresh	1Kg	800	-20.41	0
Catfish :dried	1Kg	1435.06	-0.69	2.07
Catfish Smoked	1Kg	1300	-18.75	0
Mackerel : frozen	1Kg	900	-0.2	-0.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	592.38	0.48	4.36
Maize grain white sold loose	1Kg	82.31	-31.07	-13.49
Maize grain yellow sold loose	1Kg	81.59	-41.27	-18.58
Palm oil: 1 bottle,specify bottle	1Ltr	510	3.18	2.34
Plantain(ripe)	1Kg	228.89	-28.74	6.23
Plantain(unripe)	1Kg	219.11	6.15	-2.79
Vegetable oil:1 bottle,specify bottle	1Ltr	549.33	8.9	5.46
Wheat flour: prepacked (golden penny 2kg)	2Kg	685	7.37	-2.61
AVERAGE			-2.13	-1.60




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Kano State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N247.00




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N275.46




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N224.24




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1257.74




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N117.03

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N242.07

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N242.86

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N477.33

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N198.81

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N630.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Kano State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	429.29	2.04	-1.25
Agric eggs(medium size price of one)	1 Piece	37.63	1.69	-1.28
Beans brown,sold loose	1Kg	242.07	-16.73	-5.47
Beans:white black eye. sold loose	1Kg	196.05	-12.87	10.93
Beef Bone in	1Kg	897.98	-4.69	-3.36
Beef,boneless	1Kg	1257.74	23.3	-0.91
Bread sliced 500g	1 loaf	242.86	0.26	10.39
Bread unsliced 500g	1 loaf	227.78	-1.27	-0.61
Broken Rice (Ofada)	1Kg	340.71	-21.44	-6.08
Chicken Feet	1Kg	650	-18.71	0
Chicken Wings	1Kg	800	-10.61	0
Evaporated tinned milk carnation 170g	1 unit	150	-2.6	3.45
Evaporated tinned milk(peak), 170g	1 unit	166.67	-10.71	2.17
Frozen chicken	1 unit	1500	21.62	-2.6
Gari white,sold loose	1Kg	117.03	-26.09	-7.94
Gari yellow,sold loose	1Kg	143.51	-29.98	6.52
Mudfish (aro) fresh	1Kg	970.8	7.87	1.17
Mudfish : dried	1Kg	1536.14	-10.28	0.68
Onion bulb	1Kg	198.81	-30.49	7.91
Rice agric sold loose	1Kg	278.54	13.06	-3.15
Rice local sold loose	1Kg	275.46	20.37	1.97
Rice Medium Grained	1Kg	245.62	5.65	-6.57
Rice,imported high quality sold loose	1Kg	394.93	17.48	1.96
Tomato	1Kg	247	130.68	-2.05
Yam tuber	1Kg	224.24	93.78	8.52
Dried Fish Sardine	1Kg	1426.67	9.74	1.2
Iced Sardine	1Kg	820	-8.1	-3.53
Irish potato	1Kg	244.71	3.68	1.24
Sweet potato	1Kg	164.27	48.52	31.49
Tilapia fish (epiya) fresh	1Kg	708.12	-0.11	3.1
Titus:frozen	1Kg	828.35	12.11	-3.09
Catfish (obokun) fresh	1Kg	800	0	0
Catfish :dried	1Kg	1328.57	-5.18	-1.59
Catfish Smoked	1Kg	1400	-1.48	0
Mackerel : frozen	1Kg	961.6	9.42	-3.1
Groundnut oil: 1 bottle, specify bottle	1Ltr	567.11	0.31	2.55
Maize grain white sold loose	1Kg	96.61	-10.65	4.75
Maize grain yellow sold loose	1Kg	97.13	-18.38	-1.6
Palm oil: 1 bottle,specify bottle	1Ltr	477.33	2.08	5.46
Plantain(ripe)	1Kg	200	0	0
Plantain(unripe)	1Kg	180	-10.45	-10
Vegetable oil:1 bottle,specify bottle	1Ltr	488.33	4.97	2.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	630	-3.89	-3.08
AVERAGE			4.04	0.95



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Katsina State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N157.08






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N273.43






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N201.82






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1188.89






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N145.52






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N226.84






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N255.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N424.17





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N293.08

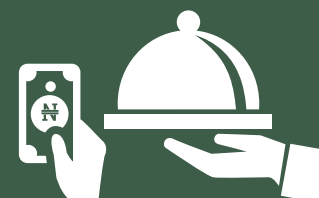


 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N630.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Katsina State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	453.13	6.46	3.26
Agric eggs(medium size price of one)	1 Piece	39.5	9.5	7.73
Beans brown,sold loose	1Kg	226.84	-18.61	4.04
Beans:white black eye. sold loose	1Kg	244.72	-24.38	-10.94
Beef Bone in	1Kg	1010	12.22	2.52
Beef,boneless	1Kg	1188.89	9.5	0.14
Bread sliced 500g	1 loaf	255	11.27	13.33
Bread unsliced 500g	1 loaf	239.33	-0.28	14.39
Broken Rice (Ofada)	1Kg	305.18	-19.48	5.55
Chicken Feet	1Kg	400	-8.57	3.45
Chicken Wings	1Kg	696.93	-26.64	7.22
Evaporated tinned milk carnation 170g	1 unit	142.86	-0.33	4.53
Evaporated tinned milk(peak), 170g	1 unit	178.57	-5.02	12.55
Frozen chicken	1 unit	2300	53.33	1.1
Gari white,sold loose	1Kg	145.52	-3.89	-12.84
Gari yellow,sold loose	1Kg	137.12	-12.89	-9.92
Mudfish (aro) fresh	1Kg	1000	-0.84	4.18
Mudfish : dried	1Kg	1316.67	9.11	1.64
Onion bulb	1Kg	293.08	33.22	-3.46
Rice agric sold loose	1Kg	280.58	28.61	-7.11
Rice local sold loose	1Kg	273.43	13.58	-7.78
Rice Medium Grained	1Kg	258.33	4.82	6.56
Rice,imported high quality sold loose	1Kg	364.24	37.49	-6.52
Tomato	1Kg	157.08	35.28	8.48
Yam tuber	1Kg	201.82	10.9	13.23
Dried Fish Sardine	1Kg	950.33	18.79	-3.73
Iced Sardine	1Kg	965	-6.4	0.21
Irish potato	1Kg	232.4	5.92	13.37
Sweet potato	1Kg	118.32	-0.49	1.82
Tilapia fish (epiya) fresh	1Kg	748	-7.24	6.86
Titus:frozen	1Kg	871.67	3.56	-3.74
Catfish (obokun) fresh	1Kg	835.15	-7.96	-3.28
Catfish :dried	1Kg	1345.83	18.75	0.94
Catfish Smoked	1Kg	1457.78	-8.89	1.92
Mackerel : frozen	1Kg	879	4.9	3.41
Groundnut oil: 1 bottle, specify bottle	1Ltr	513.78	-3.87	-6.02
Maize grain white sold loose	1Kg	85.74	7.15	-8.71
Maize grain yellow sold loose	1Kg	108.58	23.06	-7.69
Palm oil: 1 bottle,specify bottle	1Ltr	424.17	-0.25	-7.89
Plantain(ripe)	1Kg	175	-34.93	-13.17
Plantain(unripe)	1Kg	175.83	-30.35	5.5
Vegetable oil:1 bottle,specify bottle	1Ltr	440	-11.54	-6.67
Wheat flour: prepacked (golden penny 2kg)	2Kg	630	-3.08	5
AVERAGE			2.83	0.78




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Kebbi State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N280.00




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N307.79




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N263.71




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1178.57




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N201.87

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N310.34

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N225.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N440.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N253.33

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N650.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Kebbi State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	434.29	-8.31	-3.76
Agric eggs(medium size price of one)	1 Piece	40	-5.51	-4.48
Beans brown,sold loose	1Kg	310.34	-11.89	-5.26
Beans:white black eye. sold loose	1Kg	235.22	-12.83	4.27
Beef Bone in	1Kg	1100	7.72	1.4
Beef,boneless	1Kg	1178.57	5.06	-0.69
Bread sliced 500g	1 loaf	225	-18.18	7.14
Bread unsliced 500g	1 loaf	210	-13.99	-8.73
Broken Rice (Ofada)	1Kg	375.47	72.24	7.01
Chicken Feet	1Kg	460.31	-7.94	5.82
Chicken Wings	1Kg	537.62	7.52	-2.25
Evaporated tinned milk carnation 170g	1 unit	180	1.89	2.86
Evaporated tinned milk(peak), 170g	1 unit	176.67	-3.27	3.92
Frozen chicken	1 unit	2210	84.17	-1.78
Gari white,sold loose	1Kg	201.87	-0.23	-2.6
Gari yellow,sold loose	1Kg	280.51	35	4.44
Mudfish (aro) fresh	1Kg	955	-3.52	-0.06
Mudfish : dried	1Kg	1454.9	-9.2	-1.54
Onion bulb	1Kg	253.33	24.44	8.58
Rice agric sold loose	1Kg	247.3	8.56	0.09
Rice local sold loose	1Kg	307.79	6.44	-4.58
Rice Medium Grained	1Kg	306.92	6.08	-1.37
Rice,imported high quality sold loose	1Kg	331.9	10.75	-4.04
Tomato	1Kg	280	21.97	10.32
Yam tuber	1Kg	263.71	-6.59	-7.07
Dried Fish Sardine	1Kg	1292.6	1.92	-2.08
Iced Sardine	1Kg	987.12	22.57	-1.29
Irish potato	1Kg	200	-10.34	-1.64
Sweet potato	1Kg	206.61	64.43	13.58
Tilapia fish (epiya) fresh	1Kg	554.5	-13.73	3.68
Titus:frozen	1Kg	877.09	8.73	0.24
Catfish (obokun) fresh	1Kg	907.14	-9.43	0.83
Catfish :dried	1Kg	1397.27	-10.37	-0.02
Catfish Smoked	1Kg	1305.03	-13.11	1.14
Mackerel : frozen	1Kg	881.4	-6.73	3.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	431.11	-2.02	-0.85
Maize grain white sold loose	1Kg	94.95	-9.59	-8.63
Maize grain yellow sold loose	1Kg	85.15	-15.27	-19.14
Palm oil: 1 bottle,specify bottle	1Ltr	440	5.41	3.85
Plantain(ripe)	1Kg	165.41	-21.81	6.41
Plantain(unripe)	1Kg	227.14	-0.63	13.57
Vegetable oil:1 bottle,specify bottle	1Ltr	433.33	-0.69	-2.5
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	-2.5	-2.5
AVERAGE			4.12	0.37




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Kogi State









 Tomato	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N269.93
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N331.18
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N354.29
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 DECEMBER 2019 N350.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N187.51
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 DECEMBER 2019 N556.67
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N1256.72
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N284.02
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N219.17
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 DECEMBER 2019 N636.67
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SELECTED FOOD PRICE WATCH - DECEMBER 2019

Kogi State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	507.89	1.5	3.96
Agric eggs(medium size price of one)	1 Piece	43	-4.94	0.67
Beans brown,sold loose	1Kg	331.18	-26.38	-7.8
Beans:white black eye. sold loose	1Kg	348.91	9.19	-0.45
Beef Bone in	1Kg	1102.22	-5.52	0.91
Beef,boneless	1Kg	1256.72	2.47	0.54
Bread sliced 500g	1 loaf	350	9.38	2.67
Bread unsliced 500g	1 loaf	312.5	4.17	4.17
Broken Rice (Ofada)	1Kg	450.3	18.49	5.14
Chicken Feet	1Kg	850	-10.72	5.06
Chicken Wings	1Kg	825	-25	3.13
Evaporated tinned milk carnation 170g	1 unit	150	-4.26	-16.67
Evaporated tinned milk(peak), 170g	1 unit	198.95	2.9	3.62
Frozen chicken	1 unit	2571.43	2.86	0.5
Gari white,sold loose	1Kg	219.17	-2.36	6.95
Gari yellow,sold loose	1Kg	249.12	7.69	10.75
Mudfish (aro) fresh	1Kg	965.45	-4.97	4.56
Mudfish : dried	1Kg	1537.5	-14.04	1.9
Onion bulb	1Kg	284.02	32.73	8.68
Rice agric sold loose	1Kg	338.99	-28.42	11.23
Rice local sold loose	1Kg	354.29	23.74	-6.95
Rice Medium Grained	1Kg	260.5	-1.74	-1.75
Rice,imported high quality sold loose	1Kg	500.74	12.82	4.54
Tomato	1Kg	269.93	-10.52	6.69
Yam tuber	1Kg	187.51	2.69	-8.76
Dried Fish Sardine	1Kg	1300	-1.56	1.43
Iced Sardine	1Kg	1020	1.99	0.66
Irish potato	1Kg	319.74	20.69	2.05
Sweet potato	1Kg	178.13	4.6	-6.09
Tilapia fish (epiya) fresh	1Kg	775	-3.13	3.96
Titus:frozen	1Kg	975.48	10.28	-3.69
Catfish (obokun) fresh	1Kg	836.67	-16.75	5.68
Catfish :dried	1Kg	1507.69	-2.61	-0.49
Catfish Smoked	1Kg	1250	-5.31	-1.39
Mackerel : frozen	1Kg	1017.5	18.54	3.83
Groundnut oil: 1 bottle, specify bottle	1Ltr	469.23	-9.18	-4.63
Maize grain white sold loose	1Kg	173.14	-2.16	12.46
Maize grain yellow sold loose	1Kg	178.76	14.88	1.69
Palm oil: 1 bottle,specify bottle	1Ltr	556.67	29.7	-3.19
Plantain(ripe)	1Kg	226.5	21.87	3.29
Plantain(unripe)	1Kg	224.23	10.12	6.82
Vegetable oil:1 bottle,specify bottle	1Ltr	527.33	-7.07	2.73
Wheat flour: prepacked (golden penny 2kg)	2Kg	636.67	7.61	3.64
AVERAGE			1.96	1.68



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Kwara State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N210.77






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N214.16






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N325.95






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N270.00






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N137.21






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N496.14






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1320.04






 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N204.00





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N126.63



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N597.11

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Kwara State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	438.33	0.29	-0.83
Agric eggs(medium size price of one)	1 Piece	39.17	-2.57	1.29
Beans brown,sold loose	1Kg	214.16	-43.25	-6.79
Beans:white black eye. sold loose	1Kg	205.92	-39.43	-4.7
Beef Bone in	1Kg	994.56	-20.65	0.55
Beef,boneless	1Kg	1320.04	18.11	1.28
Bread sliced 500g	1 loaf	270	-4.71	-10
Bread unsliced 500g	1 loaf	285.71	0.1	1.38
Broken Rice (Ofada)	1Kg	450	-10	-2.63
Chicken Feet	1Kg	816.67	-18.33	2.08
Chicken Wings	1Kg	830.33	-7.95	-0.36
Evaporated tinned milk carnation 170g	1 unit	150	-11.76	0
Evaporated tinned milk(peak), 170g	1 unit	195.26	-1.78	-0.29
Frozen chicken	1 unit	1620	20	-1.44
Gari white,sold loose	1Kg	126.63	12.19	-4.8
Gari yellow,sold loose	1Kg	127.55	-21.35	9.79
Mudfish (aro) fresh	1Kg	929.09	-12.56	3.23
Mudfish : dried	1Kg	1850.76	-3.02	0.12
Onion bulb	1Kg	204	-3.64	7.3
Rice agric sold loose	1Kg	402.52	30.67	7.34
Rice local sold loose	1Kg	325.95	25.38	6.81
Rice Medium Grained	1Kg	231.21	-24.78	1.16
Rice,imported high quality sold loose	1Kg	347.95	10.54	1.65
Tomato	1Kg	210.77	2.01	2.19
Yam tuber	1Kg	137.21	-33.07	12.9
Dried Fish Sardine	1Kg	1385	-3.88	-1.28
Iced Sardine	1Kg	1000	-3.23	0
Irish potato	1Kg	233.34	-5.88	5
Sweet potato	1Kg	205.27	75.79	-8.1
Tilapia fish (epiya) fresh	1Kg	950	1.4	0.72
Titus:frozen	1Kg	1064.81	14.49	1.41
Catfish (obokun) fresh	1Kg	920	-1.43	1.47
Catfish :dried	1Kg	1430.96	-7.17	1.62
Catfish Smoked	1Kg	1357.02	11.23	0.91
Mackerel : frozen	1Kg	903.33	-9.67	2.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	624.24	15.02	1.23
Maize grain white sold loose	1Kg	115.19	-4.15	-2.94
Maize grain yellow sold loose	1Kg	159.18	30.01	24.98
Palm oil: 1 bottle,specify bottle	1Ltr	496.14	12.92	8.22
Plantain(ripe)	1Kg	263.39	47.01	8.35
Plantain(unripe)	1Kg	178.21	38.35	5
Vegetable oil:1 bottle,specify bottle	1Ltr	415.46	-12.52	-7.75
Wheat flour: prepacked (golden penny 2kg)	2Kg	597.11	-12.19	-4.72
AVERAGE			1.08	1.49



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Lagos State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N243.95






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N419.27






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N243.90






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1318.34






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N126.59






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N259.69






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N295.24






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N514.81





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N264.70



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N588.10

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Lagos State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	454.5	-4.32	-7.64
Agric eggs(medium size price of one)	1 Piece	42.35	0.24	1.86
Beans brown,sold loose	1Kg	259.69	-44.53	-1.5
Beans:white black eye. sold loose	1Kg	299.92	-32.39	6.09
Beef Bone in	1Kg	1175.19	4.73	1.24
Beef,boneless	1Kg	1318.34	4.29	-0.84
Bread sliced 500g	1 loaf	295.24	-3.67	1.61
Bread unsliced 500g	1 loaf	259.52	9	6.04
Broken Rice (Ofada)	1Kg	551.59	-5.07	4.67
Chicken Feet	1Kg	726.67	-14.51	3.81
Chicken Wings	1Kg	1006.67	-13.06	0.33
Evaporated tinned milk carnation 170g	1 unit	150	-3.23	0
Evaporated tinned milk(peak), 170g	1 unit	196.19	-1.98	-1.38
Frozen chicken	1 unit	1679.41	31.6	1.78
Gari white,sold loose	1Kg	126.59	-2.27	-1.49
Gari yellow,sold loose	1Kg	150.81	-18.87	-6.71
Mudfish (aro) fresh	1Kg	1018.46	-0.98	0.61
Mudfish : dried	1Kg	1821.43	-15.99	2.25
Onion bulb	1Kg	264.7	-0.55	6.23
Rice agric sold loose	1Kg	367.11	16.54	4.07
Rice local sold loose	1Kg	419.27	25.33	2.44
Rice Medium Grained	1Kg	325.5	-1.65	0
Rice,imported high quality sold loose	1Kg	361.38	8.14	0.77
Tomato	1Kg	243.95	-36.62	2.03
Yam tuber	1Kg	243.9	5.6	-5.23
Dried Fish Sardine	1Kg	1172.7	-24.12	-2.15
Iced Sardine	1Kg	1005.65	20.68	3.3
Irish potato	1Kg	377.08	29.02	4.1
Sweet potato	1Kg	226.36	12.19	12.6
Tilapia fish (epiya) fresh	1Kg	823.33	-22.51	2.15
Titus:frozen	1Kg	1018.42	2.7	3.75
Catfish (obokun) fresh	1Kg	1288.24	-4.91	1.39
Catfish :dried	1Kg	1617.42	-1.58	1.23
Catfish Smoked	1Kg	1575	-7.35	1.61
Mackerel : frozen	1Kg	903.23	1.68	1.64
Groundnut oil: 1 bottle, specify bottle	1Ltr	546.67	13.1	2.5
Maize grain white sold loose	1Kg	204.97	-2.23	-8.58
Maize grain yellow sold loose	1Kg	210.59	5	-9.87
Palm oil: 1 bottle,specify bottle	1Ltr	514.81	-0.24	7.1
Plantain(ripe)	1Kg	231.72	0.89	-7.1
Plantain(unripe)	1Kg	286.86	42.59	14.14
Vegetable oil:1 bottle,specify bottle	1Ltr	563.7	10.29	-0.83
Wheat flour: prepacked (golden penny 2kg)	2Kg	588.1	0.96	-6.28
AVERAGE			-0.42	0.97



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Nasarawa State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N158.36






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N265.73






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N145.96






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1274.13






 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N117.00






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N255.66






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N322.22






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N486.67





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N230.65



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N735.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Nasarawa State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	475.5	-0.29	-0.14
Agric eggs(medium size price of one)	1 Piece	40	-3.23	-3.7
Beans brown,sold loose	1Kg	255.66	-28.56	-13.01
Beans:white black eye. sold loose	1Kg	229.64	-28.26	-9.18
Beef Bone in	1Kg	1012.82	-13.51	2.85
Beef,boneless	1Kg	1274.13	2.32	2.25
Bread sliced 500g	1 loaf	322.22	6.14	5.85
Bread unsliced 500g	1 loaf	272.73	-6.16	-6.7
Broken Rice (Ofada)	1Kg	306.83	-6.42	-5.84
Chicken Feet	1Kg	635.71	-36.43	-2.2
Chicken Wings	1Kg	764.29	-15.08	5.42
Evaporated tinned milk carnation 170g	1 unit	180	9.09	20
Evaporated tinned milk(peak), 170g	1 unit	194.21	5.33	-0.77
Frozen chicken	1 unit	2000	33.33	0
Gari white,sold loose	1Kg	117	-36.19	-4.18
Gari yellow,sold loose	1Kg	170.3	-15.92	1.07
Mudfish (aro) fresh	1Kg	1037.46	15.27	2.08
Mudfish : dried	1Kg	1371.03	-5.38	-1.78
Onion bulb	1Kg	230.65	9.98	-4.95
Rice agric sold loose	1Kg	333.33	20.83	11.11
Rice local sold loose	1Kg	265.73	1.31	-2.14
Rice Medium Grained	1Kg	356.67	12.83	-4.18
Rice,imported high quality sold loose	1Kg	428.25	31.45	5.84
Tomato	1Kg	158.36	-64.29	-4.39
Yam tuber	1Kg	145.96	-51.31	0.61
Dried Fish Sardine	1Kg	1409.27	14.91	2.12
Iced Sardine	1Kg	1042.15	15.79	2.26
Irish potato	1Kg	267.89	4.57	11.01
Sweet potato	1Kg	204.92	26.93	20.83
Tilapia fish (epiya) fresh	1Kg	956.62	-4.61	3.23
Titus:frozen	1Kg	1006.7	-7.72	-1.13
Catfish (obokun) fresh	1Kg	817.01	-29.97	2.55
Catfish :dried	1Kg	1505.56	-20.67	1.15
Catfish Smoked	1Kg	1269.05	9.21	-1.39
Mackerel : frozen	1Kg	987.58	-2.13	3.08
Groundnut oil: 1 bottle, specify bottle	1Ltr	561.4	-2.36	-1.73
Maize grain white sold loose	1Kg	115.42	5.62	6.39
Maize grain yellow sold loose	1Kg	117.21	8.59	1.84
Palm oil: 1 bottle,specify bottle	1Ltr	486.67	-2.34	-5.1
Plantain(ripe)	1Kg	301.37	34.07	2.5
Plantain(unripe)	1Kg	201.47	3.73	5.25
Vegetable oil:1 bottle,specify bottle	1Ltr	571.43	20.3	-3.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	735	17.6	1.85
AVERAGE			-1.67	1.05



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Niger State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N235.07






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N207.12






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N141.82






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1149.84






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N127.78






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N194.25






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N300.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N490.48





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N254.78



 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N608.33

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Niger State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	458.57	-4.34	-4.46
Agric eggs(medium size price of one)	1 Piece	39.62	-6.46	-5.68
Beans brown,sold loose	1Kg	194.25	-38.75	-16.65
Beans:white black eye. sold loose	1Kg	197.61	-38.11	-16.01
Beef Bone in	1Kg	1009.29	-4.63	1.86
Beef,boneless	1Kg	1149.84	-9.45	1.02
Bread sliced 500g	1 loaf	300	-2.94	9.09
Bread unsliced 500g	1 loaf	266.67	1.85	0
Broken Rice (Ofada)	1Kg	432.46	9.77	4.6
Chicken Feet	1Kg	913.57	-8.75	3.03
Chicken Wings	1Kg	915.07	-8.84	4.14
Evaporated tinned milk carnation 170g	1 unit	150	-1.52	0
Evaporated tinned milk(peak), 170g	1 unit	178.57	3.69	-1.88
Frozen chicken	1 unit	1830.33	18.09	-1.06
Gari white,sold loose	1Kg	127.78	-7.42	-10.97
Gari yellow,sold loose	1Kg	213.97	6.16	6.99
Mudfish (aro) fresh	1Kg	950	9.78	4.37
Mudfish : dried	1Kg	1582.74	-5.23	0.67
Onion bulb	1Kg	254.78	6.01	21.61
Rice agric sold loose	1Kg	257.14	-30.18	-14.23
Rice local sold loose	1Kg	207.12	-7.34	-14.68
Rice Medium Grained	1Kg	300	-15.5	0
Rice,imported high quality sold loose	1Kg	365.86	16.29	3.68
Tomato	1Kg	235.07	12.59	13.63
Yam tuber	1Kg	141.82	-26.78	-7.74
Dried Fish Sardine	1Kg	1400.44	6.56	1.32
Iced Sardine	1Kg	1072.15	16.54	4.48
Irish potato	1Kg	248.18	26.62	-13.14
Sweet potato	1Kg	177.21	-1.68	7.71
Tilapia fish (epiya) fresh	1Kg	803.41	-11.74	2.96
Titus:frozen	1Kg	925.95	-5.19	2.63
Catfish (obokun) fresh	1Kg	901.43	-6.75	1.41
Catfish :dried	1Kg	1248.7	-3.28	-0.72
Catfish Smoked	1Kg	1217.03	-5.31	-2.64
Mackerel : frozen	1Kg	1052.78	6.16	0.26
Groundnut oil: 1 bottle, specify bottle	1Ltr	425.71	-15.98	-6.09
Maize grain white sold loose	1Kg	123.14	12.84	13.94
Maize grain yellow sold loose	1Kg	116.98	8.95	3.02
Palm oil: 1 bottle,specify bottle	1Ltr	490.48	14.96	2.18
Plantain(ripe)	1Kg	269.21	39.79	6.39
Plantain(unripe)	1Kg	261.43	-2.12	4.57
Vegetable oil:1 bottle,specify bottle	1Ltr	416	-4.97	-5.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	608.33	1.39	0.55
AVERAGE			-1.28	0.11




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Ogun State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N286.04




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N387.29




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N234.00




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1178.56




		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N137.33

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N234.69

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N304.76

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N475.76

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N306.76

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N590.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Ogun State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	484.09	14.83	-4.55
Agric eggs(medium size price of one)	1 Piece	42.52	7.66	-2.52
Beans brown,sold loose	1Kg	234.69	-44.95	-6.29
Beans:white black eye. sold loose	1Kg	234.74	-36.73	9.88
Beef Bone in	1Kg	787.99	-8.35	-1.4
Beef,boneless	1Kg	1178.56	-3.11	-2.35
Bread sliced 500g	1 loaf	304.76	1.35	-0.49
Bread unsliced 500g	1 loaf	268	5.47	1.77
Broken Rice (Ofada)	1Kg	528.19	4.13	3.61
Chicken Feet	1Kg	786.67	24.21	-2.68
Chicken Wings	1Kg	1238.46	13.45	3.21
Evaporated tinned milk carnation 170g	1 unit	155	-6.06	0
Evaporated tinned milk(peak), 170g	1 unit	210.43	3.66	-0.9
Frozen chicken	1 unit	1605.45	7.75	1.4
Gari white,sold loose	1Kg	137.33	3.72	8.81
Gari yellow,sold loose	1Kg	187.8	0.89	4.15
Mudfish (aro) fresh	1Kg	990.47	-3.81	0.98
Mudfish : dried	1Kg	2423.32	-3.42	1.22
Onion bulb	1Kg	306.76	-0.3	11.64
Rice agric sold loose	1Kg	400.74	22.13	4.5
Rice local sold loose	1Kg	387.29	27.07	9.12
Rice Medium Grained	1Kg	447.16	48.77	7.38
Rice,imported high quality sold loose	1Kg	415.13	32.84	3.31
Tomato	1Kg	286.04	10.01	8.41
Yam tuber	1Kg	234	-26.86	16.39
Dried Fish Sardine	1Kg	1404.17	14.9	-1.12
Iced Sardine	1Kg	745.16	24.19	2.39
Irish potato	1Kg	295.45	2.1	9.35
Sweet potato	1Kg	121.11	1.68	6.29
Tilapia fish (epiya) fresh	1Kg	909.85	9.32	2.23
Titus:frozen	1Kg	941.3	19.98	-0.74
Catfish (obokun) fresh	1Kg	857.53	-7.93	3.22
Catfish :dried	1Kg	1759.52	-12.65	2.9
Catfish Smoked	1Kg	1572.22	3.69	1.51
Mackerel : frozen	1Kg	855.83	5.2	-5.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	593.33	25.35	4.71
Maize grain white sold loose	1Kg	123.78	-24.68	2.53
Maize grain yellow sold loose	1Kg	130.62	-1.11	6.69
Palm oil: 1 bottle,specify bottle	1Ltr	475.76	-2.69	-0.56
Plantain(ripe)	1Kg	153.92	-18.48	-9.29
Plantain(unripe)	1Kg	154.32	-6.09	-18.8
Vegetable oil:1 bottle,specify bottle	1Ltr	568.42	11.67	-6.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	590	3.99	-3.67
AVERAGE			3.32	1.65




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Ondo State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N325.36




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N377.81




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N162.59




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1390.41




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N137.54

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N313.72

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N256.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N452.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N345.62

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N693.75

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Ondo State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	479.33	-0.44	-4.69
Agric eggs(medium size price of one)	1 Piece	43	-0.29	-0.58
Beans brown,sold loose	1Kg	313.72	-26.11	-3.63
Beans:white black eye. sold loose	1Kg	222.06	-31.53	1.93
Beef Bone in	1Kg	998.09	20.79	1.5
Beef,boneless	1Kg	1390.41	1.48	1.38
Bread sliced 500g	1 loaf	256	-0.44	-1.96
Bread unsliced 500g	1 loaf	244.74	-2.11	-2.11
Broken Rice (Ofada)	1Kg	418.72	4.36	-2.73
Chicken Feet	1Kg	1030	-11.08	0.15
Chicken Wings	1Kg	1084.29	-6.66	0.86
Evaporated tinned milk carnation 170g	1 unit	151.67	-8.08	-5.21
Evaporated tinned milk(peak), 170g	1 unit	195.5	-1.64	1.56
Frozen chicken	1 unit	1877.78	42.26	0.76
Gari white,sold loose	1Kg	137.54	4.52	-1.2
Gari yellow,sold loose	1Kg	160.96	-23.24	5.36
Mudfish (aro) fresh	1Kg	866.03	-0.56	2.81
Mudfish : dried	1Kg	1628.02	10.48	0.11
Onion bulb	1Kg	345.62	38.49	11.29
Rice agric sold loose	1Kg	399.86	17.2	-6.02
Rice local sold loose	1Kg	377.81	17.67	5.44
Rice Medium Grained	1Kg	436.3	18.94	6.26
Rice,imported high quality sold loose	1Kg	415.92	6.93	5.96
Tomato	1Kg	325.36	56.89	7.45
Yam tuber	1Kg	162.59	9.84	-0.48
Dried Fish Sardine	1Kg	1206.27	13.07	0.96
Iced Sardine	1Kg	812.84	-2.49	0.6
Irish potato	1Kg	219.92	-18.52	5.44
Sweet potato	1Kg	112.08	-11.34	-15.68
Tilapia fish (epiya) fresh	1Kg	873.33	-2.72	2.49
Titus:frozen	1Kg	851.69	-14.75	5.14
Catfish (obokun) fresh	1Kg	910.79	8.98	1.22
Catfish :dried	1Kg	1475	-14.13	0.25
Catfish Smoked	1Kg	1405	6.28	1.07
Mackerel : frozen	1Kg	908.03	6.75	0.34
Groundnut oil: 1 bottle, specify bottle	1Ltr	575.52	-5.65	-0.2
Maize grain white sold loose	1Kg	144.29	5.44	-3.92
Maize grain yellow sold loose	1Kg	145.86	6.62	-1.52
Palm oil: 1 bottle,specify bottle	1Ltr	452	-1.58	6.77
Plantain(ripe)	1Kg	208.51	-25.11	-15.85
Plantain(unripe)	1Kg	214.02	-31.48	-7.42
Vegetable oil:1 bottle,specify bottle	1Ltr	568.6	8.42	3.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	693.75	6.35	5.51
AVERAGE			1.67	0.30




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Osun State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N212.62




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N358.70




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N308.95




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1225.05




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N117.92

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N284.05

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N319.44

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N420.00

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N229.22

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N640.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Osun State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	415	0.67	-3.38
Agric eggs(medium size price of one)	1 Piece	36.79	-3.12	-1.9
Beans brown,sold loose	1Kg	284.05	-33.02	-5
Beans:white black eye. sold loose	1Kg	224.51	-26.18	-2.78
Beef Bone in	1Kg	798.94	2.67	-3.67
Beef,boneless	1Kg	1225.05	-1.65	0.89
Bread sliced 500g	1 loaf	319.44	-2.54	-3.42
Bread unsliced 500g	1 loaf	253.57	-3.4	-0.56
Broken Rice (Ofada)	1Kg	402.65	8.09	8.05
Chicken Feet	1Kg	780	-13.33	0
Chicken Wings	1Kg	950	-21.92	0
Evaporated tinned milk carnation 170g	1 unit	170	6.25	-2.6
Evaporated tinned milk(peak), 170g	1 unit	202	-1.6	-1.7
Frozen chicken	1 unit	1795	12.19	-1.19
Gari white,sold loose	1Kg	117.92	3.11	-3.61
Gari yellow,sold loose	1Kg	127.08	4.46	-6.59
Mudfish (aro) fresh	1Kg	976.67	2.85	1.63
Mudfish : dried	1Kg	1617.95	-3.5	0.64
Onion bulb	1Kg	229.22	1.76	10.42
Rice agric sold loose	1Kg	351.22	15.91	-10.88
Rice local sold loose	1Kg	358.7	25.18	3.75
Rice Medium Grained	1Kg	350.53	11.26	-0.85
Rice,imported high quality sold loose	1Kg	364.12	-2.1	3.82
Tomato	1Kg	212.62	21.51	5.3
Yam tuber	1Kg	308.95	18.05	14.42
Dried Fish Sardine	1Kg	1538.72	-2.05	1.55
Iced Sardine	1Kg	697.88	6.97	-5.74
Irish potato	1Kg	260	4	6.12
Sweet potato	1Kg	89.21	-14.84	-28.21
Tilapia fish (epiya) fresh	1Kg	794.29	5.9	-1.83
Titus:frozen	1Kg	797.49	11.22	-4.24
Catfish (obokun) fresh	1Kg	902.38	3.77	2.6
Catfish :dried	1Kg	1705.26	-14.33	0.97
Catfish Smoked	1Kg	1610.58	19.3	1.16
Mackerel : frozen	1Kg	953.56	9.58	2.72
Groundnut oil: 1 bottle, specify bottle	1Ltr	613.33	21.45	-2.95
Maize grain white sold loose	1Kg	143.95	36.56	37.58
Maize grain yellow sold loose	1Kg	110.29	-2.33	8.92
Palm oil: 1 bottle,specify bottle	1Ltr	420	-8.4	-7.08
Plantain(ripe)	1Kg	156.62	-20.32	-11.32
Plantain(unripe)	1Kg	176.63	-13.18	21.13
Vegetable oil:1 bottle,specify bottle	1Ltr	509.17	1.41	7.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	10.21	2.09
AVERAGE			1.78	0.74




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Oyo State









 Tomato	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N233.96
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 Beans brown, sold loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N326.17
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 Rice Local sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N357.14
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 Bread sliced 500g	 UNIT OF MEASUREMENT 1 loaf	 DECEMBER 2019 N300.00
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 Yam Tuber	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N228.72
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT 1Ltr	 DECEMBER 2019 N473.33
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 Beef, boneless	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N1156.38
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 Onion bulb	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N217.73
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 Garri white, sold Loose	 UNIT OF MEASUREMENT 1KG	 DECEMBER 2019 N151.14
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT 2KG	 DECEMBER 2019 N629.17
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SELECTED FOOD PRICE WATCH - DECEMBER 2019

Oyo State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	445	7.95	0.68
Agric eggs(medium size price of one)	1 Piece	38.19	0.58	0.49
Beans brown,sold loose	1Kg	326.17	-23.09	3.76
Beans:white black eye. sold loose	1Kg	285.08	-6.26	-9.08
Beef Bone in	1Kg	961.68	23.59	-2.52
Beef,boneless	1Kg	1156.38	-7.16	-3.31
Bread sliced 500g	1 loaf	300	-8.47	0
Bread unsliced 500g	1 loaf	282.5	7.62	3.91
Broken Rice (Ofada)	1Kg	537.5	-30.42	3.37
Chicken Feet	1Kg	810.93	-9.9	-4.6
Chicken Wings	1Kg	920	-24.38	2.22
Evaporated tinned milk carnation 170g	1 unit	158	-1.25	5.33
Evaporated tinned milk(peak), 170g	1 unit	192	-6.48	3.14
Frozen chicken	1 unit	2540	58.75	-0.39
Gari white,sold loose	1Kg	151.14	32.16	10.12
Gari yellow,sold loose	1Kg	222.98	83.28	-2.82
Mudfish (aro) fresh	1Kg	793.67	-16.42	-3.64
Mudfish : dried	1Kg	1586.21	-5.39	2.08
Onion bulb	1Kg	217.73	-3.35	6.85
Rice agric sold loose	1Kg	421.61	39.15	4.04
Rice local sold loose	1Kg	357.14	24.64	-7.64
Rice Medium Grained	1Kg	401.46	27.42	8.11
Rice,imported high quality sold loose	1Kg	453.82	22.02	9.06
Tomato	1Kg	233.96	33.71	7.42
Yam tuber	1Kg	228.72	-12.61	6.57
Dried Fish Sardine	1Kg	1012.34	-5.47	-2.86
Iced Sardine	1Kg	800.05	22.63	1.42
Irish potato	1Kg	243.9	-2.44	-3.98
Sweet potato	1Kg	174.37	66.48	-1.48
Tilapia fish (epiya) fresh	1Kg	811.55	8.21	3.14
Titus:frozen	1Kg	894.83	24.79	-1.77
Catfish (obokun) fresh	1Kg	925.61	6.45	0.81
Catfish :dried	1Kg	1625.83	-18.32	1.16
Catfish Smoked	1Kg	1436.95	6.44	-0.95
Mackerel : frozen	1Kg	798.86	-8.19	-1.37
Groundnut oil: 1 bottle, specify bottle	1Ltr	678.79	34.41	1.82
Maize grain white sold loose	1Kg	135.16	28.22	-16.83
Maize grain yellow sold loose	1Kg	135.1	19.64	21.12
Palm oil: 1 bottle,specify bottle	1Ltr	473.33	3.23	6.42
Plantain(ripe)	1Kg	190.31	-3.18	4.38
Plantain(unripe)	1Kg	200.39	-1.51	-1.3
Vegetable oil:1 bottle,specify bottle	1Ltr	575.83	14.68	3.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	629.17	8.34	-1.81
AVERAGE			9.54	1.27




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Plateau State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N237.12




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N282.57




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N184.30




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1278.26




		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N139.09

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N230.40

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N325.56

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N525.45

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N236.36

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N607.14

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Plateau State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	464	5.45	-1.47
Agric eggs(medium size price of one)	1 Piece	40.46	4.04	0.02
Beans brown,sold loose	1Kg	230.4	-39.17	-15.77
Beans:white black eye. sold loose	1Kg	299	-2.68	12.64
Beef Bone in	1Kg	1025	-9.95	0.99
Beef,boneless	1Kg	1278.26	6.16	3.39
Bread sliced 500g	1 loaf	325.56	22.64	15.75
Bread unsliced 500g	1 loaf	300	-0.76	7.14
Broken Rice (Ofada)	1Kg	380.16	8.62	11.36
Chicken Feet	1Kg	729.19	-9.11	4.17
Chicken Wings	1Kg	723.93	-19.56	3.42
Evaporated tinned milk carnation 170g	1 unit	150	-9.09	0.46
Evaporated tinned milk(peak), 170g	1 unit	155	-17.46	-12.26
Frozen chicken	1 unit	3220	11.03	-0.51
Gari white,sold loose	1Kg	139.09	-30.9	0.19
Gari yellow,sold loose	1Kg	219.41	5.88	8.28
Mudfish (aro) fresh	1Kg	964.99	-12.27	0
Mudfish : dried	1Kg	1547.29	-11.58	1.46
Onion bulb	1Kg	236.36	14.68	13.08
Rice agric sold loose	1Kg	350	25.43	5.88
Rice local sold loose	1Kg	282.57	6.46	-1.25
Rice Medium Grained	1Kg	351.3	5.49	-4.29
Rice,imported high quality sold loose	1Kg	403.88	15.07	0.76
Tomato	1Kg	237.12	18.2	-6.26
Yam tuber	1Kg	184.3	-33.3	-9.23
Dried Fish Sardine	1Kg	1394.68	2.38	-1.66
Iced Sardine	1Kg	1057.78	-0.83	3.2
Irish potato	1Kg	272.58	18.18	1.47
Sweet potato	1Kg	178.87	-22.39	-13.77
Tilapia fish (epiya) fresh	1Kg	850	6.25	4.11
Titus:frozen	1Kg	974.17	-8.6	-2.58
Catfish (obokun) fresh	1Kg	1030	-14.17	3.87
Catfish :dried	1Kg	1976.11	-5.08	1.52
Catfish Smoked	1Kg	1476.52	-7.72	-1.47
Mackerel : frozen	1Kg	945	-5.85	1.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	528.89	23.48	2.73
Maize grain white sold loose	1Kg	159.29	25.98	25.99
Maize grain yellow sold loose	1Kg	103.58	-17.68	7.56
Palm oil: 1 bottle,specify bottle	1Ltr	525.45	4.55	4.77
Plantain(ripe)	1Kg	313.45	24.38	3.51
Plantain(unripe)	1Kg	235	-38.56	3.79
Vegetable oil:1 bottle,specify bottle	1Ltr	525.76	3.84	3.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	607.14	-9.38	5.28
AVERAGE			-1.58	2.11




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Rivers State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N376.13




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N457.07




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N228.24




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1306.75




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N209.69

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N398.69

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N344.74

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N425.26

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N253.12

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N771.88

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Rivers State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	480	-9.66	-4
Agric eggs(medium size price of one)	1 Piece	42	-7.1	-7.12
Beans brown,sold loose	1Kg	398.69	-5.45	1.6
Beans:white black eye. sold loose	1Kg	370.83	-2.14	0.68
Beef Bone in	1Kg	1052.78	26.23	2.93
Beef,boneless	1Kg	1306.75	-3.3	-1.79
Bread sliced 500g	1 loaf	344.74	9.92	-1.1
Bread unsliced 500g	1 loaf	328.95	9.65	2.49
Broken Rice (Ofada)	1Kg	502.73	7.03	2.17
Chicken Feet	1Kg	935.49	-14.14	3.93
Chicken Wings	1Kg	1169.23	7.65	-1.28
Evaporated tinned milk carnation 170g	1 unit	151.01	-2.57	-0.65
Evaporated tinned milk(peak), 170g	1 unit	190.63	-0.8	1.26
Frozen chicken	1 unit	1806.67	18.56	-0.55
Gari white,sold loose	1Kg	209.69	14.81	8.28
Gari yellow,sold loose	1Kg	211.61	12.45	7.99
Mudfish (aro) fresh	1Kg	952.5	15.36	3.91
Mudfish : dried	1Kg	2345.89	2.99	0.54
Onion bulb	1Kg	253.12	-28.21	-11.9
Rice agric sold loose	1Kg	545.45	16.13	3.92
Rice local sold loose	1Kg	457.07	15.43	-0.12
Rice Medium Grained	1Kg	509.24	19.64	0.26
Rice,imported high quality sold loose	1Kg	595.89	24.01	2.45
Tomato	1Kg	376.13	-24.02	7.35
Yam tuber	1Kg	228.24	11.8	1.18
Dried Fish Sardine	1Kg	1626.16	11.72	1.15
Iced Sardine	1Kg	1121.98	6.99	-1
Irish potato	1Kg	403.1	4.12	10.95
Sweet potato	1Kg	164.73	-13.64	-7.43
Tilapia fish (epiya) fresh	1Kg	994.44	-3.99	-1.03
Titus:frozen	1Kg	1018.48	-1.65	2.17
Catfish (obokun) fresh	1Kg	1020.1	-3.13	-3.89
Catfish :dried	1Kg	1702.64	-14.86	1.27
Catfish Smoked	1Kg	1580	-1.48	-1.25
Mackerel : frozen	1Kg	966.68	3.17	-1.6
Groundnut oil: 1 bottle, specify bottle	1Ltr	516.67	-3.12	-6.06
Maize grain white sold loose	1Kg	223.53	-3.79	-3.07
Maize grain yellow sold loose	1Kg	225.4	-0.55	1.19
Palm oil: 1 bottle,specify bottle	1Ltr	425.26	-5.52	3.18
Plantain(ripe)	1Kg	244.02	22.55	2.69
Plantain(unripe)	1Kg	235.2	24.32	3.93
Vegetable oil: 1 bottle,specify bottle	1Ltr	610.18	-3.9	0.41
Wheat flour: prepacked (golden penny 2kg)	2Kg	771.88	5.13	1.23
AVERAGE			3.18	0.59



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Sokoto State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N168.07






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N260.54






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N189.00






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1230.00






 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N155.56






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N266.55






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N335.00






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N505.19





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N193.75



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N670.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Sokoto State









ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	450	-5.41	-2.44
Agric eggs(medium size price of one)	1 Piece	42	5	6.67
Beans brown,sold loose	1Kg	266.55	-19.63	14.37
Beans:white black eye. sold loose	1Kg	272.98	-19.55	3.88
Beef Bone in	1Kg	1075	5.39	1.69
Beef,boneless	1Kg	1230	8.53	0.83
Bread sliced 500g	1 loaf	335	6.59	-4.29
Bread unsliced 500g	1 loaf	325	8.33	-2.5
Broken Rice (Ofada)	1Kg	341.38	-17.21	-6.25
Chicken Feet	1Kg	470.92	-15.15	6.42
Chicken Wings	1Kg	701.57	5.34	7.7
Evaporated tinned milk carnation 170g	1 unit	140	-13.58	-12.5
Evaporated tinned milk(peak), 170g	1 unit	148.89	-15.88	1.19
Frozen chicken	1 unit	2450	25.32	1.32
Gari white,sold loose	1Kg	155.56	-24.9	18.34
Gari yellow,sold loose	1Kg	202.63	6.65	1.3
Mudfish (aro) fresh	1Kg	961	-3.82	1.16
Mudfish : dried	1Kg	1805.79	-9.53	1.28
Onion bulb	1Kg	193.75	-25.83	-10.27
Rice agric sold loose	1Kg	285.76	1.95	4.2
Rice local sold loose	1Kg	260.54	15.55	-4.87
Rice Medium Grained	1Kg	358.62	44.44	10.13
Rice,imported high quality sold loose	1Kg	359.26	-7.99	13.3
Tomato	1Kg	168.07	-32.77	14.14
Yam tuber	1Kg	189	-26.37	25.79
Dried Fish Sardine	1Kg	1413.33	28.23	0.71
Iced Sardine	1Kg	925	24.25	-1.33
Irish potato	1Kg	252.85	8.82	2.64
Sweet potato	1Kg	193.56	-13.25	-5.83
Tilapia fish (epiya) fresh	1Kg	644.44	-14.07	-2.8
Titus:frozen	1Kg	958	-3.39	1.73
Catfish (obokun) fresh	1Kg	926.67	2.96	2.96
Catfish :dried	1Kg	1264.29	19.75	1.64
Catfish Smoked	1Kg	1230	6.3	0
Mackerel : frozen	1Kg	920	7.7	-2.42
Groundnut oil: 1 bottle, specify bottle	1Ltr	535	5.49	2.51
Maize grain white sold loose	1Kg	94.05	-8.11	-30.02
Maize grain yellow sold loose	1Kg	95.24	-6.82	-4.54
Palm oil: 1 bottle,specify bottle	1Ltr	505.19	21.66	2.06
Plantain(ripe)	1Kg	132.5	-57.5	-8.33
Plantain(unripe)	1Kg	133.33	-44.44	2.56
Vegetable oil: 1 bottle,specify bottle	1Ltr	451.33	-6.71	-0.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	670	6.91	0
AVERAGE			-2.95	1.21




SELECTED FOOD PRICE WATCH - DECEMBER 2019




Taraba State









		
Tomato	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N198.47




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N305.34




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N115.50




		
Beef, boneless	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N1249.42




		
Garri white,sold Loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N164.53

		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N241.87

		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	DECEMBER 2019 N311.11

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	DECEMBER 2019 N546.67

		
Onion bulb	UNIT OF MEASUREMENT 1KG	DECEMBER 2019 N176.28

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT 2KG	DECEMBER 2019 N750.00

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Taraba State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	417.22	-7.84	-0.84
Agric eggs(medium size price of one)	1 Piece	37.22	-7.16	-4.56
Beans brown,sold loose	1Kg	241.87	-34.04	7.84
Beans:white black eye. sold loose	1Kg	219.93	-21.94	3.42
Beef Bone in	1Kg	986.46	0	0.19
Beef,boneless	1Kg	1249.42	5.36	-3.06
Bread sliced 500g	1 loaf	311.11	15.23	-1.9
Bread unsliced 500g	1 loaf	274.55	9.42	-5.69
Broken Rice (Ofada)	1Kg	403.94	-10.73	0.8
Chicken Feet	1Kg	380.8	1.91	0.7
Chicken Wings	1Kg	528.32	-8.07	0.7
Evaporated tinned milk carnation 170g	1 unit	152.38	-23.81	1.45
Evaporated tinned milk(peak), 170g	1 unit	196.84	-9.84	2.6
Frozen chicken	1 unit	1520	16	-1.95
Gari white,sold loose	1Kg	164.53	-17.62	-1.41
Gari yellow,sold loose	1Kg	180.49	-30.32	0.19
Mudfish (aro) fresh	1Kg	928.33	7.28	2.54
Mudfish : dried	1Kg	1613.33	-5.45	0.83
Onion bulb	1Kg	176.28	-21.23	18.25
Rice agric sold loose	1Kg	352.5	2.38	-1.52
Rice local sold loose	1Kg	305.34	18.98	-1.05
Rice Medium Grained	1Kg	440.42	46.79	0.7
Rice,imported high quality sold loose	1Kg	505.78	41.05	-0.72
Tomato	1Kg	198.47	-9.78	-2.35
Yam tuber	1Kg	115.5	-6.91	-7.58
Dried Fish Sardine	1Kg	1271.75	26.74	0.7
Iced Sardine	1Kg	958.36	21.97	-1.79
Irish potato	1Kg	208.33	14.01	3.54
Sweet potato	1Kg	153.92	41.28	-2.67
Tilapia fish (epiya) fresh	1Kg	639.52	6.59	6.14
Titus:frozen	1Kg	970.73	18.91	1.36
Catfish (obokun) fresh	1Kg	1023.33	20.39	2.33
Catfish :dried	1Kg	1545.6	-6.02	2.7
Catfish Smoked	1Kg	1417.75	-1.34	0.4
Mackerel : frozen	1Kg	866.17	-5.66	0.8
Groundnut oil: 1 bottle, specify bottle	1Ltr	538.95	-6.39	3.64
Maize grain white sold loose	1Kg	86.05	-21.27	6.6
Maize grain yellow sold loose	1Kg	91.33	-3.01	4.56
Palm oil: 1 bottle,specify bottle	1Ltr	546.67	2.5	1.11
Plantain(ripe)	1Kg	191.8	-25.71	-4.32
Plantain(unripe)	1Kg	183.33	-8.49	-5.98
Vegetable oil: 1 bottle,specify bottle	1Ltr	520	0.86	-5.45
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	5.63	-0.66
AVERAGE			0.71	0.48



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Yobe State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N218.18






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N246.30






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N339.58






 Bread sliced 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N245.00






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N177.72






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N506.67






 Beef, boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1168.46






 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N169.18





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N175.46



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N660.39

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Yobe State




ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	430	-6.01	1.18
Agric eggs(medium size price of one)	1 Piece	40	-8.11	3.23
Beans brown,sold loose	1Kg	246.3	6.78	-1.12
Beans:white black eye. sold loose	1Kg	213.17	-23.68	-1.18
Beef Bone in	1Kg	975	5.41	-2.5
Beef,boneless	1Kg	1168.46	-2.63	-2.63
Bread sliced 500g	1 loaf	245	22.5	-2.25
Bread unsliced 500g	1 loaf	241.17	-7.5	-1.79
Broken Rice (Ofada)	1Kg	383.48	27.37	0.58
Chicken Feet	1Kg	444.77	-4.62	0.8
Chicken Wings	1Kg	706.38	0.67	0.8
Evaporated tinned milk carnation 170g	1 unit	150	-4.45	0
Evaporated tinned milk(peak), 170g	1 unit	180.29	-5.94	-0.76
Frozen chicken	1 unit	2200.75	0.03	-0.19
Gari white,sold loose	1Kg	175.46	-4.73	2.82
Gari yellow,sold loose	1Kg	180.12	-29.13	5.24
Mudfish (aro) fresh	1Kg	975.63	-2.64	-2.44
Mudfish : dried	1Kg	1725	-5.05	1.44
Onion bulb	1Kg	169.18	-14.3	12.12
Rice agric sold loose	1Kg	410.63	54.59	2.19
Rice local sold loose	1Kg	339.58	50.83	1.19
Rice Medium Grained	1Kg	420.58	57.32	0.24
Rice,imported high quality sold loose	1Kg	499.69	50.88	0.15
Tomato	1Kg	218.18	-10.52	-6.63
Yam tuber	1Kg	177.72	-9.21	-3.72
Dried Fish Sardine	1Kg	1560.52	0.1	0.66
Iced Sardine	1Kg	930.47	2.66	0.6
Irish potato	1Kg	298.33	19.27	4.44
Sweet potato	1Kg	108.7	0.6	-9.98
Tilapia fish (epiya) fresh	1Kg	750.14	30.46	6.66
Titus:frozen	1Kg	1224.15	36.67	0.8
Catfish (obokun) fresh	1Kg	814.44	1.53	0.8
Catfish :dried	1Kg	1943.33	7.68	0.78
Catfish Smoked	1Kg	1740.26	-7.48	0.5
Mackerel : frozen	1Kg	941.8	-2.34	0.5
Groundnut oil: 1 bottle, specify bottle	1Ltr	560	3.56	-3.08
Maize grain white sold loose	1Kg	88.14	8.84	-6.08
Maize grain yellow sold loose	1Kg	83.46	-1.81	-6.56
Palm oil: 1 bottle,specify bottle	1Ltr	506.67	0.59	6.6
Plantain(ripe)	1Kg	220.03	-13.82	0.6
Plantain(unripe)	1Kg	201.38	5.85	0.6
Vegetable oil:1 bottle,specify bottle	1Ltr	481.48	6.56	2.2
Wheat flour: prepacked (golden penny 2kg)	2Kg	660.39	-1.32	0.7
AVERAGE			5.48	0.18



SELECTED FOOD PRICE WATCH - DECEMBER 2019


Zamfara State








 Tomato

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N163.88






 Rice
 Local sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N229.43






 Yam Tuber

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N135.54






 Beef,
 boneless

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N1248.18






 Garri
 white,sold
 Loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N139.91






 Beans
 brown,
 sold loose

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N243.84






 Bread
 sliced
 500g

	
UNIT OF MEASUREMENT	DECEMBER 2019
1 loaf	N308.00






 Palm oil:
 1 bottle

	
UNIT OF MEASUREMENT	DECEMBER 2019
1Ltr	N454.07





 Onion bulb

	
UNIT OF MEASUREMENT	DECEMBER 2019
1KG	N196.83

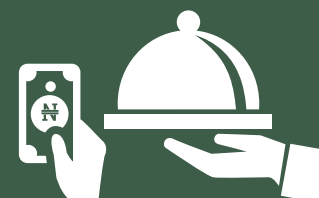


 Wheat flour:
 prepacked
 (golden penny
 2kg

	
UNIT OF MEASUREMENT	DECEMBER 2019
2KG	N677.14

SELECTED FOOD PRICE WATCH - DECEMBER 2019

Zamfara State



ItemLabels	Unit of Measurement	Dec-19	(DEC 2018-DEC 2019)	NOV 2019-DEC 2019
Agric eggs medium size	1 Dozen	456.67	-2.61	-1.03
Agric eggs(medium size price of one)	1 Piece	39.17	-2.08	-1.13
Beans brown,sold loose	1Kg	243.84	-26.55	-8.93
Beans:white black eye. sold loose	1Kg	262.12	-22.15	4.83
Beef Bone in	1Kg	995.71	0.24	1.08
Beef,boneless	1Kg	1248.18	4.02	-1.09
Bread sliced 500g	1 loaf	308	-2.74	4.41
Bread unsliced 500g	1 loaf	295	-4.51	2.19
Broken Rice (Ofada)	1Kg	297.35	-16.11	-11.64
Chicken Feet	1Kg	450	12.5	12.5
Chicken Wings	1Kg	620	-20.24	-4.62
Evaporated tinned milk carnation 170g	1 unit	142.22	3.23	5.91
Evaporated tinned milk(peak), 170g	1 unit	149.29	-19.87	-1.08
Frozen chicken	1 unit	2128.57	34.08	-1
Gari white,sold loose	1Kg	139.91	-24.72	-4.32
Gari yellow,sold loose	1Kg	139.14	-22.68	-6.43
Mudfish (aro) fresh	1Kg	936.67	-6.47	2.8
Mudfish : dried	1Kg	1362.5	-8.97	1.05
Onion bulb	1Kg	196.83	25.65	-9.92
Rice agric sold loose	1Kg	343.66	29.36	5.01
Rice local sold loose	1Kg	229.43	11.48	-11.35
Rice Medium Grained	1Kg	343.94	38.93	4.14
Rice,imported high quality sold loose	1Kg	358.1	25.58	2.83
Tomato	1Kg	163.88	-43.07	-4.54
Yam tuber	1Kg	135.54	-38	-13.34
Dried Fish Sardine	1Kg	1420	1.43	-2.07
Iced Sardine	1Kg	920	2.3	2.22
Irish potato	1Kg	247.75	22.04	23.87
Sweet potato	1Kg	107.06	-44.82	-1.4
Tilapia fish (epiya) fresh	1Kg	897.43	11.25	5.44
Titus:frozen	1Kg	980	6.91	1.34
Catfish (obokun) fresh	1Kg	835	-16.6	-3.47
Catfish :dried	1Kg	1284	-14.4	-3.46
Catfish Smoked	1Kg	1500	-13.04	0
Mackerel : frozen	1Kg	964.71	3.25	3.73
Groundnut oil: 1 bottle, specify bottle	1Ltr	498.52	-0.66	-4.48
Maize grain white sold loose	1Kg	88.61	-31.82	-9.86
Maize grain yellow sold loose	1Kg	101.74	-35.57	-0.59
Palm oil: 1 bottle,specify bottle	1Ltr	454.07	6.73	-4.19
Plantain(ripe)	1Kg	180	-9.55	0
Plantain(unripe)	1Kg	185	-7.96	0
Vegetable oil:1 bottle,specify bottle	1Ltr	457.5	8.88	-4.91
Wheat flour: prepacked (golden penny 2kg)	2Kg	677.14	17.32	4.18
AVERAGE			-3.95	-0.64



METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

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