



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(NOVEMBER 2019)

Report Date: December 2019

Data Source: National Bureau of Statistics (NBS)

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Executive Summary

Selected food price watch data for November 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -2.90% and increased month-on-month by 0.31% to N463.91 in November 2019 from N462.46 in October 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -2.88% and increased month-on-month by 1.65% to N41.18 in November 2019 from N40.51 in October 2019.

The average price of 1kg of tomato decreased year-on-year by -14.66% and increased month-on-month by 7.64% to N251.21 in November 2019 from N227.50 in October 2019.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 18.27% and month-on-month by 16.44% to N445.45 in November 2019 from N382.57 in October 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -15.03% and increased month-on-month by 13.05% to N203.20 in November 2019 from N179.75 in October 2019.



UNIT OF MEASUREMENT

1 Dozen



NOVEMBER 2019

N463.91



YEAR - ON - YEAR

-2.90



MONTH - ON - MONTH

0.31



Lowest Price

Cross River (420)



Agric eggs
medium size

Highest Price

Anambra (527.59)



UNIT OF MEASUREMENT

1 Piece



NOVEMBER 2019

N41.18



YEAR - ON - YEAR

-2.88



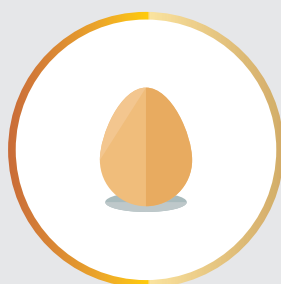
MONTH - ON - MONTH

1.65



Lowest Price

Katsina (36.67)



Agric eggs
(medium size price of one)

Highest Price

Edo (49.09)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N307.30



YEAR - ON - YEAR

-22.54



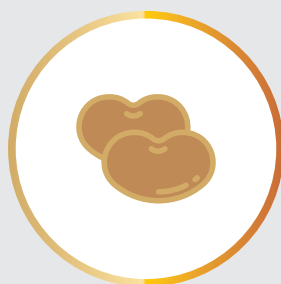
MONTH - ON - MONTH

-0.53



Lowest Price

Yobe (213.08)



Beans brown,
sold loose

Highest Price

Ebonyi (576.62)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N284.65



YEAR - ON - YEAR

-17.83



MONTH - ON - MONTH

-2.52



Lowest Price

Kano (176.74)



Beans: white
black eye. sold loose

Highest Price

Ebonyi (527.47)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1026.24



YEAR - ON - YEAR

2.76



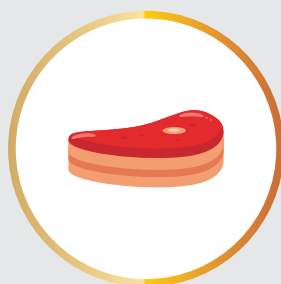
MONTH - ON - MONTH

0.05



Lowest Price

Ogun (799.14)



Beef Bone in

Highest Price

Bayelsa (1206.55)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1293.00



YEAR - ON - YEAR

3.32



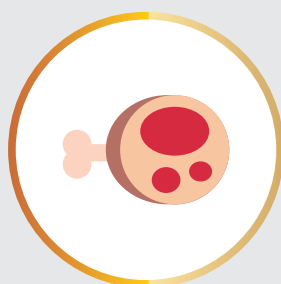
MONTH - ON - MONTH

0.89



Lowest Price

Niger (1138.21)



Beef ,boneless

Highest Price

Anambra (1500)





UNIT OF MEASUREMENT

1 loaf



NOVEMBER 2019

N299.59



YEAR - ON - YEAR

-1.93



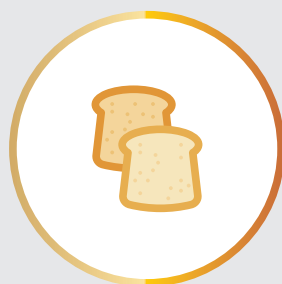
MONTH - ON - MONTH

1.02



Lowest Price

Kebbi (210)



Highest Price

Bayelsa (441.67)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf



NOVEMBER 2019

N280.51



YEAR - ON - YEAR

0.95



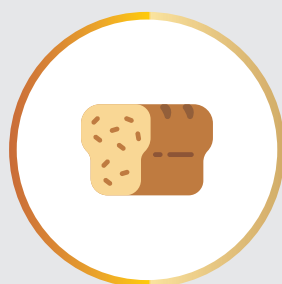
MONTH - ON - MONTH

0.66



Lowest Price

Katsina (209.23)



Highest Price

Bayelsa (441.67)



Bread unsliced 500g



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N396.86



YEAR - ON - YEAR

2.92



MONTH - ON - MONTH

6.71



Lowest Price

Gombe (266.25)



Highest Price

Lagos (526.97)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N384.04



YEAR - ON - YEAR

16.68



MONTH - ON - MONTH

12.87



Lowest Price

Jigawa (244.68)



Highest Price

Bayelsa (554.71)



Rice agric sold loose



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N344.01



YEAR - ON - YEAR

23.54



MONTH - ON - MONTH

13.28



Lowest Price

Yobe (235.58)



Highest Price

Edo (458.97)



Rice local sold loose



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N378.50



YEAR - ON - YEAR

18.68



MONTH - ON - MONTH

11.40



Lowest Price

Kwara (228.57)



Highest Price

Rivers (507.94)



Rice Medium Grained



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N445.45



YEAR - ON - YEAR

18.27



MONTH - ON - MONTH

16.44



Lowest Price

Sokoto (317.08)



Rice, imported high quality sold loose

Highest Price

Bayelsa (592.57)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N686.71



YEAR - ON - YEAR

-30.31



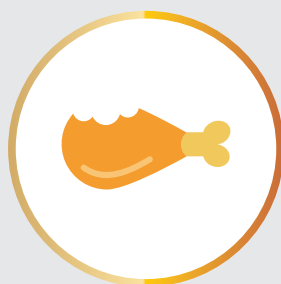
MONTH - ON - MONTH

4.11



Lowest Price

Taraba (378.15)



Chicken Feet

Highest Price

Bayelsa (1236.99)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N893.00



YEAR - ON - YEAR

-9.02



MONTH - ON - MONTH

1.37



Lowest Price

Taraba (524.65)



Chicken Wings

Highest Price

Edo (1353.57)





UNIT OF MEASUREMENT

1 Unit



NOVEMBER 2019

N2008.39



YEAR - ON - YEAR

29.47



MONTH - ON - MONTH

0.72



Lowest Price

Kano (1540)



Frozen Chicken

Highest Price

Plateau (3236.67)



National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

1 Unit



NOVEMBER 2019

N157.21



YEAR - ON - YEAR

-3.21



MONTH - ON - MONTH

-1.44



Lowest Price

Zamfara (134.29)



Highest Price

Abia (190.13)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

1 Unit



NOVEMBER 2019

N183.56



YEAR - ON - YEAR

-2.13



MONTH - ON - MONTH

-2.07



Lowest Price

Sokoto (147.14)



Highest Price

Ogun (212.35)



Evaporated tinned
milk(peak), 170g



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N160.06



YEAR - ON - YEAR

-12.82



MONTH - ON - MONTH

-1.46



Lowest Price

Nassarawa (122.1)



Highest Price

Bayelsa (264.18)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N181.32



YEAR - ON - YEAR

-18.48



MONTH - ON - MONTH

3.27



Lowest Price

Kwara (116.17)



Highest Price

Bayelsa (275.51)



Gari yellow, sold loose



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1002.74



YEAR - ON - YEAR

-6.03



MONTH - ON - MONTH

2.40



Lowest Price

Adamawa (821.32)



Highest Price

Enugu (1555.56)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1756.42



YEAR - ON - YEAR

-7.28



MONTH - ON - MONTH

0.87



Lowest Price

Jigawa (1250)



Highest Price

Ogun (2394.02)



Mudfish : Dried



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1027.76



YEAR - ON - YEAR

-7.58



MONTH - ON - MONTH

2.33



Lowest Price

Kogi (791.67)



Highest Price

Akwa Ibom (1330.05)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1723.23



YEAR - ON - YEAR

-5.05



MONTH - ON - MONTH

1.51



Lowest Price

Sokoto (1243.84)



Highest Price

Cross River (2612.97)



Catfish :Dried



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1501.28



YEAR - ON - YEAR

0.70



MONTH - ON - MONTH

0.43



Lowest Price

Sokoto (1230)



Catfish Smoked

Highest Price

Abuja (1855.36)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N1423.23



YEAR - ON - YEAR

6.88



MONTH - ON - MONTH

1.81



Lowest Price

Katsina (987.14)



Dried Fish Sardine

Highest Price

Adamawa (1886.5)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N956.79



YEAR - ON - YEAR

3.89



MONTH - ON - MONTH

3.43



Lowest Price

Ogun (727.78)



Iced Sardine

Highest Price

Anambra (1138.98)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N859.55



YEAR - ON - YEAR

-7.98



MONTH - ON - MONTH

5.39



Lowest Price

Kebbi (534.8)



Tilapia Fish (Epiya) Fresh

Highest Price

Bayelsa (1259.3)



National – Fish



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N975.39



YEAR - ON - YEAR

-11.74



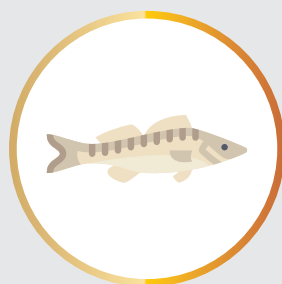
MONTH - ON - MONTH

1.95



Lowest Price

Ondo (810.09)



Titus: Frozen

Highest Price

Abuja (1219.09)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N951.67



YEAR - ON - YEAR

1.48



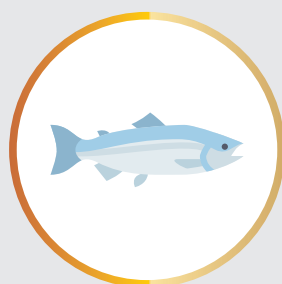
MONTH - ON - MONTH

1.46



Lowest Price

Ekiti (767.92)



Mackerel : Frozen

Highest Price

Abuja (1266.67)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N203.20



YEAR - ON - YEAR

-15.03



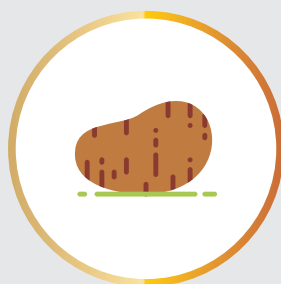
MONTH - ON - MONTH

13.05



Lowest Price

Kwara (121.53)



Yam Tuber

Highest Price

Edo (361.82)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N289.23



YEAR - ON - YEAR

-12.38



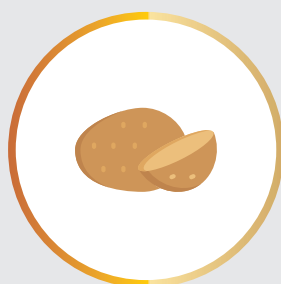
MONTH - ON - MONTH

9.44



Lowest Price

Jigawa (199.85)

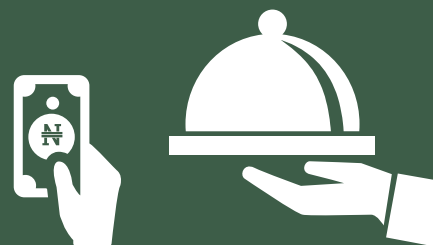


Irish Potato

Highest Price

Anambra (418.75)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N146.58



YEAR - ON - YEAR

-0.76



MONTH - ON - MONTH

5.87



Lowest Price

Jigawa (79.04)



Sweet Potato

Highest Price

Bayelsa (251.69)



Selected Food Price Watch - November 2019

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N251.21



YEAR - ON - YEAR

-14.66



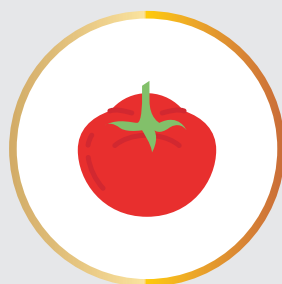
MONTH - ON - MONTH

7.64



Lowest Price

Bauchi (141.08)



Tomato

Highest Price

Edo (399.86)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N226.06



YEAR - ON - YEAR

-21.41



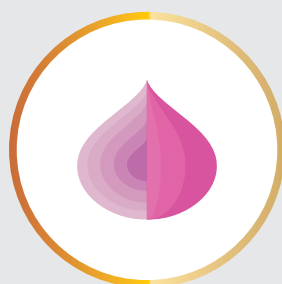
MONTH - ON - MONTH

11.43



Lowest Price

Bauchi (99.96)



Onion bulb

Highest Price

Enugu (359.88)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N149.63



YEAR - ON - YEAR

-9.33



MONTH - ON - MONTH

5.19



Lowest Price

Bauchi (77.97)



Maize grain
white sold loose

Highest Price

Bayelsa (260.19)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N151.65



YEAR - ON - YEAR

-10.22



MONTH - ON - MONTH

9.31



Lowest Price

Bauchi (77.14)



Maize grain
yellow sold loose

Highest Price

Akwa Ibom (271.65)





UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N218.01



YEAR - ON - YEAR

-14.20



MONTH - ON - MONTH

4.47



Lowest Price

Sokoto (144.54)



Plantain (ripe)

Highest Price

Plateau (302.83)



UNIT OF MEASUREMENT

1KG



NOVEMBER 2019

N203.49



YEAR - ON - YEAR

-9.78



MONTH - ON - MONTH

1.69



Lowest Price

Sokoto (130)



Plantain (unripe)

Highest Price

Benue (282.22)



Selected Food Price Watch - November 2019

National – Oil



UNIT OF MEASUREMENT

1 Ltr



NOVEMBER 2019

N580.03



YEAR - ON - YEAR

-3.95



MONTH - ON - MONTH

3.10



Lowest Price

Kebbi (434.81)



Highest Price

Cross River (814.81)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr



NOVEMBER 2019

N466.93



YEAR - ON - YEAR

-5.90



MONTH - ON - MONTH

0.48



Lowest Price

Cross River (386.11)



Highest Price

Kogi (575)



**Palm oil: 1 bottle,
specify bottle**



UNIT OF MEASUREMENT

1 Ltr



NOVEMBER 2019

N512.53



YEAR - ON - YEAR

-4.47



MONTH - ON - MONTH

2.03



Lowest Price

Niger (440)



**Vegetable Oil:1 bottle,
specify bottle**

Highest Price

Rivers (607.68)





UNIT OF MEASUREMENT

2KG



NOVEMBER 2019

N673.48



YEAR - ON - YEAR

2.10



MONTH - ON - MONTH

-0.27



Lowest Price

Plateau (576.67)



Highest Price


Abia (770)





Wheat flour: prepacked
(golden penny 2kg)


Selected Food Price Watch - November 2019

Abia State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N349.16






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N340.00






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N429.15






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N377.78






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N200.95






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N413.89






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1432.10






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N352.90





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N184.81



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N770.00

Selected Food Price Watch - November 2019


Abia State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	495	-1.04	-1.29
Agric eggs(medium size price of one)	1 Piece	45	-7.89	12.5
Beans brown,sold loose	1Kg	340	-28.47	1.97
Beans:white black eye. sold loose	1Kg	411.82	-9.97	1.32
Beef Bone in	1Kg	1045.45	6.63	3.45
Beef,boneless	1Kg	1432.1	2.66	0.66
Bread sliced 500g	1 loaf	377.78	9.36	-10.63
Bread unsliced 500g	1 loaf	352.94	38.11	0.84
Broken Rice (Ofada)	1Kg	450.75	7.96	7.27
Chicken Feet	1Kg	675	1.89	3.73
Chicken Wings	1Kg	1100	1.49	2.74
Evaporated tinned milk carnation 170g	1 unit	190.13	11.84	0.07
Evaporated tinned milk(peak), 170g	1 unit	198.57	0.92	1.31
Frozen chicken	1 unit	1622.22	1.02	-3.77
Gari white,sold loose	1Kg	184.81	28.84	1.07
Gari yellow,sold loose	1Kg	136.75	-14.53	1.95
Mudfish (aro) fresh	1Kg	1211.63	0.06	0.07
Mudfish : dried	1Kg	2319.29	-1.78	-2.84
Onion bulb	1Kg	352.9	76.29	5.32
Rice agric sold loose	1Kg	400.7	7.67	3.96
Rice local sold loose	1Kg	429.15	35.02	43.48
Rice Medium Grained	1Kg	497.73	43.85	38.72
Rice,imported high quality sold loose	1Kg	547.57	35.5	36.79
Tomato	1Kg	349.16	-13.91	14.54
Yam tuber	1Kg	200.95	27.06	17.47
Dried Fish Sardine	1Kg	1345.24	-9.46	4.55
Iced Sardine	1Kg	907.42	-4.55	13.9
Irish potato	1Kg	304.69	-4.24	9.94
Sweet potato	1Kg	119.71	19.71	-11.99
Tilapia fish (epiya) fresh	1Kg	895.26	-11.33	3.7
Titus:frozen	1Kg	942.59	2.94	-0.68
Catfish (obokun) fresh	1Kg	1325	0.73	4.33
Catfish :dried	1Kg	2156.39	-9.43	2.79
Catfish Smoked	1Kg	1706.67	-0.88	5.98
Mackerel : frozen	1Kg	897.39	-0.93	0.84
Groundnut oil: 1 bottle, specify bottle	1Ltr	633.33	-3.51	-6.04
Maize grain white sold loose	1Kg	237.94	-0.52	15.82
Maize grain yellow sold loose	1Kg	247.22	-1.41	22.47
Palm oil: 1 bottle,specify bottle	1Ltr	413.89	-10.23	-4.82
Plantain(ripe)	1Kg	190.87	-6.89	1.56
Plantain(unripe)	1Kg	187.27	15.49	-0.95
Vegetable oil:1 bottle,specify bottle	1Ltr	568.12	-6.96	-1.95
Wheat flour: prepacked (golden penny 2kg)	2Kg	770	5.3	2.67
AVERAGE			5.4	5.65


Selected Food Price Watch - November 2019

Abuja FCT







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N200.61






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N274.74






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N373.93






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N320.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N212.81






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N495.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1374.55





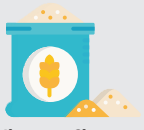
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N204.44





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N161.90



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N710.00

Selected Food Price Watch - November 2019


Abuja FCT





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	456.1	7.32	0.12
Agric eggs(medium size price of one)	1 Piece	40	3.36	1.41
Beans brown,sold loose	1Kg	274.74	- 24.05	3.49
Beans:white black eye. sold loose	1Kg	308.94	- 2.17	1.45
Beef Bone in	1Kg	1090.48	3.35	- 2.35
Beef,boneless	1Kg	1374.55	- 3.20	5.02
Bread sliced 500g	1 loaf	320	3.78	6.67
Bread unsliced 500g	1 loaf	315	5.00	0.80
Broken Rice (Ofada)	1Kg	483.5	9.67	7.44
Chicken Feet	1Kg	671.57	- 4.74	1.40
Chicken Wings	1Kg	1200	6.67	4.35
Evaporated tinned milk carnation 170g	1 unit	150	- 12.90	- 6.25
Evaporated tinned milk(peak), 170g	1 unit	177	- 6.84	- 3.28
Frozen chicken	1 unit	2133.33	25.49	4.43
Gari white,sold loose	1Kg	161.9	- 10.33	- 6.05
Gari yellow,sold loose	1Kg	186.9	- 10.14	- 4.60
Mudfish (aro) fresh	1Kg	1318	4.11	- 2.37
Mudfish : dried	1Kg	2100.65	- 16.02	1.96
Onion bulb	1Kg	204.44	- 21.94	34.61
Rice agric sold loose	1Kg	483.33	88.49	41.62
Rice local sold loose	1Kg	373.93	8.67	22.40
Rice Medium Grained	1Kg	500.03	55.01	30.70
Rice,imported high quality sold loose	1Kg	580.11	41.38	41.45
Tomato	1Kg	200.61	- 8.39	2.54
Yam tuber	1Kg	212.81	4.09	- 14.03
Dried Fish Sardine	1Kg	1602.47	0.73	2.40
Iced Sardine	1Kg	1100	- 4.35	- 2.94
Irish potato	1Kg	359.75	13.73	16.72
Sweet potato	1Kg	168.33	- 7.18	- 5.05
Tilapia fish (epiya) fresh	1Kg	1163.64	2.36	5.79
Titus:frozen	1Kg	1219.09	10.31	7.83
Catfish (obokun) fresh	1Kg	1254.47	6.97	0.00
Catfish :dried	1Kg	2132.82	11.95	- 1.68
Catfish Smoked	1Kg	1855.36	2.37	0.42
Mackerel : frozen	1Kg	1266.67	14.46	2.70
Groundnut oil: 1 bottle, specify bottle	1Ltr	614.81	- 3.94	- 7.78
Maize grain white sold loose	1Kg	137.94	- 8.58	- 3.90
Maize grain yellow sold loose	1Kg	132.61	- 5.95	- 1.48
Palm oil: 1 bottle,specify bottle	1Ltr	495	- 9.45	- 1.44
Plantain(ripe)	1Kg	250.18	- 1.29	- 12.25
Plantain(unripe)	1Kg	214.07	- 10.25	- 9.69
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	- 4.76	- 5.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	710	3.60	7.50
AVERAGE			3.64	3.83


Selected Food Price Watch - November 2019

Adamawa State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N181.32






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N228.24






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N314.19






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N270.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N182.44






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N501.94






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1216.45






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N145.33





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N185.07



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N705.63

Selected Food Price Watch - November 2019


Adamawa State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	457.5	0.05	- 0.35
Agric eggs(media size price of one)	1 Piece	39.81	- 1.50	- 1.30
Beans brown,sold loose	1Kg	228.24	- 22.64	0.98
Beans:white black eye. sold loose	1Kg	232.29	- 19.10	14.61
Beef Bone in	1Kg	1103.92	19.16	7.95
Beef,boneless	1Kg	1216.45	6.94	1.74
Bread sliced 500g	1 loaf	270	- 13.52	- 3.57
Bread unsliced 500g	1 loaf	256.88	1.20	- 6.59
Broken Rice (Ofada)	1Kg	365.8	1.06	12.32
Chicken Feet	1Kg	500.15	0.03	0.24
Chicken Wings	1Kg	573.85	- 15.68	2.30
Evaporated tinned milk carnation 170g	1 unit	157.14	- 8.64	- 4.76
Evaporated tinned milk(peak), 170g	1 unit	186.21	- 2.32	- 6.31
Frozen chicken	1 unit	1800	32.65	- 1.10
Gari white,sold loose	1Kg	185.07	- 13.64	- 4.26
Gari yellow,sold loose	1Kg	176.08	- 34.84	- 2.49
Mudfish (aro) fresh	1Kg	821.32	- 4.53	- 1.23
Mudfish : dried	1Kg	1747.27	- 11.53	- 2.85
Onion bulb	1Kg	145.33	- 27.58	- 0.32
Rice agric sold loose	1Kg	393.86	31.09	16.19
Rice local sold loose	1Kg	314.19	27.82	12.80
Rice Medium Grained	1Kg	357.71	37.86	21.01
Rice,imported high quality sold loose	1Kg	489	33.85	49.14
Tomato	1Kg	181.32	- 0.42	- 9.64
Yam tuber	1Kg	182.44	- 11.20	21.86
Dried Fish Sardine	1Kg	1886.5	4.81	4.14
Iced Sardine	1Kg	966.4	- 2.91	5.28
Irish potato	1Kg	283.55	6.66	16.68
Sweet potato	1Kg	117.16	29.21	6.14
Tilapia fish (epiya) fresh	1Kg	700.12	- 8.94	6.22
Titus:frozen	1Kg	1016.78	21.67	3.74
Catfish (obokun) fresh	1Kg	1175	16.77	- 0.84
Catfish :dried	1Kg	1400	7.17	- 0.53
Catfish Smoked	1Kg	1320	10.00	1.45
Mackerel : frozen	1Kg	1000	11.11	5.26
Groundnut oil: 1 bottle, specify bottle	1Ltr	528.89	- 0.26	- 2.86
Maize grain white sold loose	1Kg	86.67	- 13.08	- 0.91
Maize grain yellow sold loose	1Kg	90.76	- 15.34	- 1.78
Palm oil: 1 bottle,specify bottle	1Ltr	501.94	- 11.20	- 3.09
Plantain(ripe)	1Kg	208.1	- 29.60	10.42
Plantain(unripe)	1Kg	200.61	- 26.95	- 5.65
Vegetable oil:1 bottle,specify bottle	1Ltr	509.33	- 1.58	1.35
Wheat flour: prepacked (golden penny 2kg)	2Kg	705.63	8.56	- 0.33
AVERAGE			0.25	3.75


Selected Food Price Watch - November 2019

Akwa Ibom State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N380.21






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N405.74






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N376.67






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N341.67






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N302.58






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N431.11






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1380.77






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N330.14





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N122.50

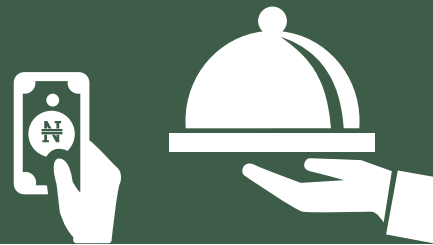


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N741.67

Selected Food Price Watch - November 2019


Akwa Ibom State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	450	0.75	- 2.00
Agric eggs(medium size price of one)	1 Piece	41.5	1.03	- 1.07
Beans brown,sold loose	1Kg	405.74	- 10.19	10.05
Beans:white black eye. sold loose	1Kg	367.52	- 11.60	2.71
Beef Bone in	1Kg	1011.3	- 5.48	6.99
Beef,boneless	1Kg	1380.77	- 1.73	0.65
Bread sliced 500g	1 loaf	341.67	- 2.38	- 2.38
Bread unsliced 500g	1 loaf	315	- 2.58	-
Broken Rice (Ofada)	1Kg	321.43	- 1.10	0.45
Chicken Feet	1Kg	656	- 19.58	3.64
Chicken Wings	1Kg	1020.83	5.49	2.73
Evaporated tinned milk carnation 170g	1 unit	160	6.67	6.67
Evaporated tinned milk(peak), 170g	1 unit	192.5	4.05	-
Frozen chicken	1 unit	2066.67	7.27	5.98
Gari white,sold loose	1Kg	122.5	18.50	15.40
Gari yellow,sold loose	1Kg	130.1	- 12.34	21.47
Mudfish (aro) fresh	1Kg	1223	- 12.33	- 2.39
Mudfish : dried	1Kg	1909.51	- 3.68	4.69
Onion bulb	1Kg	330.14	- 28.31	3.21
Rice agric sold loose	1Kg	500	27.26	29.53
Rice local sold loose	1Kg	376.67	33.29	20.28
Rice Medium Grained	1Kg	468.16	42.59	23.02
Rice,imported high quality sold loose	1Kg	572	53.30	34.32
Tomato	1Kg	380.21	- 21.40	- 1.87
Yam tuber	1Kg	302.58	17.47	9.99
Dried Fish Sardine	1Kg	1323.53	1.42	- 2.29
Iced Sardine	1Kg	900	- 13.83	- 7.93
Irish potato	1Kg	406.25	- 7.27	3.88
Sweet potato	1Kg	226.91	72.14	9.04
Tilapia fish (epiya) fresh	1Kg	1121.67	3.36	8.55
Titus:frozen	1Kg	911.86	- 8.47	- 7.26
Catfish (obokun) fresh	1Kg	1330.05	10.37	0.03
Catfish :dried	1Kg	1642.75	9.27	1.45
Catfish Smoked	1Kg	1440.48	3.26	- 2.28
Mackerel : frozen	1Kg	864.23	- 11.72	1.39
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	- 0.40	5.88
Maize grain white sold loose	1Kg	247.69	- 3.57	13.81
Maize grain yellow sold loose	1Kg	271.65	31.37	26.24
Palm oil: 1 bottle,specify bottle	1Ltr	431.11	- 16.56	0.78
Plantain(ripe)	1Kg	246.67	- 13.80	2.35
Plantain(unripe)	1Kg	219.83	2.77	- 12.07
Vegetable oil:1 bottle,specify bottle	1Ltr	563.64	- 8.27	0.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	741.67	5.02	- 2.78
AVERAGE			3.26	5.38


Selected Food Price Watch - November 2019

Anambra State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N349.64






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N316.19






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N400.77






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N345.83






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N200.34






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N456.79






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1500.00





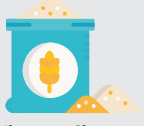
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N194.01





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N145.98



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N730.00

Selected Food Price Watch - November 2019


Anambra State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	527.59	- 6.05	5.19
Agric eggs(medium size price of one)	1 Piece	47.5	- 5.00	10.47
Beans brown,sold loose	1Kg	316.19	- 22.70	0.33
Beans:white black eye. sold loose	1Kg	352.65	- 8.65	8.04
Beef Bone in	1Kg	1041.96	13.18	- 5.58
Beef,boneless	1Kg	1500	4.51	6.49
Bread sliced 500g	1 loaf	345.83	- 2.58	- 2.90
Bread unsliced 500g	1 loaf	302.14	- 2.08	- 7.03
Broken Rice (Ofada)	1Kg	510.64	34.19	26.96
Chicken Feet	1Kg	800	6.67	6.58
Chicken Wings	1Kg	1108.53	14.68	0.78
Evaporated tinned milk carnation 170g	1 unit	170	- 5.84	- 6.31
Evaporated tinned milk(peak), 170g	1 unit	189.6	1.80	- 0.46
Frozen chicken	1 unit	2129.47	19.63	2.78
Gari white,sold loose	1Kg	145.98	- 7.46	- 2.25
Gari yellow,sold loose	1Kg	178.7	- 11.24	8.38
Mudfish (aro) fresh	1Kg	1021.4	6.75	0.70
Mudfish : dried	1Kg	2313.33	1.49	2.45
Onion bulb	1Kg	194.01	- 35.33	- 11.58
Rice agric sold loose	1Kg	450.87	27.31	38.73
Rice local sold loose	1Kg	400.77	47.01	48.65
Rice Medium Grained	1Kg	426	19.26	21.60
Rice,imported high quality sold loose	1Kg	497.14	24.73	19.05
Tomato	1Kg	349.64	37.78	14.03
Yam tuber	1Kg	200.34	13.45	5.77
Dried Fish Sardine	1Kg	1626.67	7.68	6.86
Iced Sardine	1Kg	1138.98	13.90	0.70
Irish potato	1Kg	418.75	19.64	22.21
Sweet potato	1Kg	127.06	5.88	- 4.44
Tilapia fish (epiya) fresh	1Kg	848.59	- 23.03	0.70
Titus:frozen	1Kg	952.01	0.21	- 1.94
Catfish (obokun) fresh	1Kg	1300	1.33	8.33
Catfish :dried	1Kg	2150	- 2.95	2.96
Catfish Smoked	1Kg	1530.64	- 1.86	0.70
Mackerel : frozen	1Kg	990.47	3.51	7.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	701.44	7.51	10.75
Maize grain white sold loose	1Kg	214.21	- 13.01	- 3.07
Maize grain yellow sold loose	1Kg	217.54	- 10.28	- 2.50
Palm oil: 1 bottle,specify bottle	1Ltr	456.79	- 10.09	- 0.26
Plantain(ripe)	1Kg	216.23	8.11	- 9.19
Plantain(unripe)	1Kg	200.07	0.03	2.52
Vegetable oil:1 bottle,specify bottle	1Ltr	488.89	- 7.66	2.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	- 0.23	0.38
AVERAGE			3.82	5.48


Selected Food Price Watch - November 2019

Bauchi State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N141.08






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N258.57






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N321.42






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N278.18






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N173.38






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N453.33






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1211.43






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N99.96





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N159.45



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N700.00

Selected Food Price Watch - November 2019


Bauchi State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	435	1.16	- 4.28
Agric eggs(medium size price of one)	1 Piece	38.18	0.68	- 2.33
Beans brown,sold loose	1Kg	258.57	- 16.63	2.65
Beans:white black eye. sold loose	1Kg	224.04	- 30.94	0.81
Beef Bone in	1Kg	941.96	- 2.56	- 4.21
Beef,boneless	1Kg	1211.43	- 1.51	- 0.35
Bread sliced 500g	1 loaf	278.18	9.29	3.03
Bread unsliced 500g	1 loaf	244.62	1.22	2.46
Broken Rice (Ofada)	1Kg	379.38	13.06	15.67
Chicken Feet	1Kg	400	3.90	20.05
Chicken Wings	1Kg	650	11.43	9.31
Evaporated tinned milk carnation 170g	1 unit	145	- 13.98	3.57
Evaporated tinned milk(peak), 170g	1 unit	173.82	- 11.99	1.17
Frozen chicken	1 unit	1950.26	30.02	2.65
Gari white,sold loose	1Kg	159.45	2.62	4.41
Gari yellow,sold loose	1Kg	180.71	- 16.15	4.46
Mudfish (aro) fresh	1Kg	875	- 2.21	3.96
Mudfish : dried	1Kg	1525.2	0.18	1.96
Onion bulb	1Kg	99.96	- 29.87	- 13.63
Rice agric sold loose	1Kg	382.61	37.50	28.98
Rice local sold loose	1Kg	321.42	52.27	26.44
Rice Medium Grained	1Kg	374.44	62.47	32.15
Rice,imported high quality sold loose	1Kg	459.13	37.64	14.34
Tomato	1Kg	141.08	- 23.88	- 16.38
Yam tuber	1Kg	173.38	25.05	8.23
Dried Fish Sardine	1Kg	1400	16.61	5.10
Iced Sardine	1Kg	1016.67	14.36	2.77
Irish potato	1Kg	204.73	- 35.89	7.53
Sweet potato	1Kg	89.25	- 16.06	- 12.01
Tilapia fish (epiya) fresh	1Kg	565	- 13.25	13.00
Titus:frozen	1Kg	1025	11.41	4.53
Catfish (obokun) fresh	1Kg	1225	13.95	2.08
Catfish :dried	1Kg	1851.67	20.24	2.30
Catfish Smoked	1Kg	1583.25	- 2.13	1.88
Mackerel : frozen	1Kg	1100	22.22	10.00
Groundnut oil: 1 bottle, specify bottle	1Ltr	489.23	- 25.67	- 2.71
Maize grain white sold loose	1Kg	77.97	- 10.55	6.63
Maize grain yellow sold loose	1Kg	77.14	- 17.13	1.03
Palm oil: 1 bottle,specify bottle	1Ltr	453.33	- 9.54	- 6.21
Plantain(ripe)	1Kg	263.64	- 14.44	23.03
Plantain(unripe)	1Kg	220	3.42	- 2.95
Vegetable oil:1 bottle,specify bottle	1Ltr	486.36	0.14	- 1.03
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	5.07	1.82
AVERAGE			2.36	4.70


Selected Food Price Watch - November 2019

Bayelsa State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N362.09






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N400.05






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N455.29






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N441.67






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N353.79






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N480.54






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1415.02






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N283.32





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N264.18



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N747.14

Selected Food Price Watch - November 2019


Bayelsa State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	430	- 18.58	- 3.78
Agric eggs(medium size price of one)	1 Piece	40.33	- 17.27	- 1.15
Beans brown,sold loose	1Kg	400.05	- 10.70	10.41
Beans:white black eye. sold loose	1Kg	357.54	- 15.21	1.64
Beef Bone in	1Kg	1206.55	11.50	0.92
Beef,boneless	1Kg	1415.02	4.57	1.18
Bread sliced 500g	1 loaf	441.67	0.38	9.28
Bread unsliced 500g	1 loaf	441.67	- 3.98	7.07
Broken Rice (Ofada)	1Kg	475	-	10.48
Chicken Feet	1Kg	1236.99	41.37	9.06
Chicken Wings	1Kg	1212.05	7.98	0.66
Evaporated tinned milk carnation 170g	1 unit	138	- 7.23	- 2.59
Evaporated tinned milk(peak), 170g	1 unit	180.67	- 3.39	2.51
Frozen chicken	1 unit	2194.29	9.71	1.27
Gari white,sold loose	1Kg	264.18	10.66	1.99
Gari yellow,sold loose	1Kg	275.51	11.83	- 0.28
Mudfish (aro) fresh	1Kg	1136.29	0.51	1.39
Mudfish : dried	1Kg	1800.51	- 8.16	- 4.14
Onion bulb	1Kg	283.32	- 17.57	- 9.10
Rice agric sold loose	1Kg	554.71	10.11	7.16
Rice local sold loose	1Kg	455.29	1.61	4.00
Rice Medium Grained	1Kg	502.82	5.33	0.87
Rice,imported high quality sold loose	1Kg	592.57	14.13	5.97
Tomato	1Kg	362.09	- 7.45	2.28
Yam tuber	1Kg	353.79	15.31	7.39
Dried Fish Sardine	1Kg	1511.99	24.64	7.74
Iced Sardine	1Kg	1126.87	7.97	11.25
Irish potato	1Kg	329.17	- 15.77	- 12.66
Sweet potato	1Kg	251.69	17.14	23.84
Tilapia fish (epiya) fresh	1Kg	1259.3	- 6.51	6.42
Titus:frozen	1Kg	961.49	- 2.70	- 6.63
Catfish (obokun) fresh	1Kg	1298.24	6.57	3.75
Catfish :dried	1Kg	1959.28	- 0.44	2.45
Catfish Smoked	1Kg	1617.89	- 4.94	- 1.57
Mackerel : frozen	1Kg	958.88	2.04	4.43
Groundnut oil: 1 bottle, specify bottle	1Ltr	466.67	- 14.29	-
Maize grain white sold loose	1Kg	260.19	- 3.98	18.46
Maize grain yellow sold loose	1Kg	257.49	- 18.71	28.13
Palm oil: 1 bottle,specify bottle	1Ltr	480.54	- 7.74	- 10.26
Plantain(ripe)	1Kg	247.44	43.75	14.00
Plantain(unripe)	1Kg	196.48	17.13	- 4.93
Vegetable oil:1 bottle,specify bottle	1Ltr	503.08	- 2.84	0.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	747.14	2.95	2.35
AVERAGE			1.85	3.53


Selected Food Price Watch - November 2019

Benue State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N211.35






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N337.92






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N349.50






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N350.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N208.64






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N474.07






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1332.65






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N226.76





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N173.52



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N585.00

Selected Food Price Watch - November 2019


Benue State




ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	488	- 2.40	3.73
Agric eggs(medium size price of one)	1 Piece	42	- 8.98	- 6.95
Beans brown,sold loose	1Kg	337.92	- 8.52	1.24
Beans:white black eye. sold loose	1Kg	282.08	- 14.08	- 9.10
Beef Bone in	1Kg	1094.63	11.09	- 7.95
Beef,boneless	1Kg	1332.65	4.11	0.34
Bread sliced 500g	1 loaf	350	8.62	12.90
Bread unsliced 500g	1 loaf	378.57	26.09	8.55
Broken Rice (Ofada)	1Kg	333.33	10.62	- 6.98
Chicken Feet	1Kg	850	- 10.13	4.64
Chicken Wings	1Kg	1033.33	- 19.49	3.33
Evaporated tinned milk carnation 170g	1 unit	160	6.67	- 3.03
Evaporated tinned milk(peak), 170g	1 unit	177.78	2.00	- 4.93
Frozen chicken	1 unit	1900	18.75	2.70
Gari white,sold loose	1Kg	173.52	- 5.68	17.65
Gari yellow,sold loose	1Kg	177.25	- 17.41	13.46
Mudfish (aro) fresh	1Kg	1131.78	- 17.69	- 6.46
Mudfish : dried	1Kg	1582.43	- 17.70	4.41
Onion bulb	1Kg	226.76	- 11.90	9.47
Rice agric sold loose	1Kg	403.55	6.74	28.07
Rice local sold loose	1Kg	349.5	25.64	11.87
Rice Medium Grained	1Kg	408.33	58.63	14.48
Rice,imported high quality sold loose	1Kg	482.39	21.03	19.72
Tomato	1Kg	211.35	- 26.39	- 16.18
Yam tuber	1Kg	208.64	2.55	50.16
Dried Fish Sardine	1Kg	1461.11	- 5.12	3.25
Iced Sardine	1Kg	1056.11	7.18	3.98
Irish potato	1Kg	307.89	- 10.69	18.34
Sweet potato	1Kg	180.59	29.28	5.38
Tilapia fish (epiya) fresh	1Kg	1060.61	14.50	6.02
Titus:frozen	1Kg	1180	10.17	2.42
Catfish (obokun) fresh	1Kg	1222.52	8.67	3.93
Catfish :dried	1Kg	1606.24	0.22	6.79
Catfish Smoked	1Kg	1367.67	- 9.37	- 5.36
Mackerel : frozen	1Kg	1177.47	9.53	- 0.46
Groundnut oil: 1 bottle, specify bottle	1Ltr	638.1	3.88	- 1.33
Maize grain white sold loose	1Kg	136.73	- 8.27	4.27
Maize grain yellow sold loose	1Kg	132.12	- 8.45	0.96
Palm oil: 1 bottle,specify bottle	1Ltr	474.07	- 11.11	1.59
Plantain(ripe)	1Kg	208.51	- 18.15	- 24.85
Plantain(unripe)	1Kg	282.22	22.35	10.04
Vegetable oil:1 bottle,specify bottle	1Ltr	500	- 16.37	3.72
Wheat flour: prepacked (golden penny 2kg)	2Kg	585	- 10.64	- 2.60
AVERAGE			1.16	4.22

Selected Food Price Watch - November 2019


Borno State


Tomato




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N201.55




Beans brown, sold loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N245.46




Rice Local sold Loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N391.02




Bread sliced 500g




UNIT OF MEASUREMENT
1 loaf




NOVEMBER 2019
N305.00




Yam Tuber




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N153.55




Palm oil: 1 bottle




UNIT OF MEASUREMENT
1Ltr




NOVEMBER 2019
N538.67




Beef, boneless




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N1177.62




Onion bulb




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N153.06




Garri white, sold Loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N185.14



Wheat flour: prepacked (golden penny) 2kg



UNIT OF MEASUREMENT
2KG



NOVEMBER 2019
N698.33

Selected Food Price Watch - November 2019


Borno State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	424	- 12.58	- 5.78
Agric eggs(medium size price of one)	1 Piece	37.14	- 14.29	- 7.19
Beans brown,sold loose	1Kg	245.46	- 34.89	4.08
Beans:white black eye. sold loose	1Kg	224.34	- 33.33	6.63
Beef Bone in	1Kg	1053.57	17.25	5.36
Beef,boneless	1Kg	1177.62	7.46	1.08
Bread sliced 500g	1 loaf	305	1.61	3.70
Bread unsliced 500g	1 loaf	247.86	- 5.98	1.79
Broken Rice (Ofada)	1Kg	298.73	3.58	6.42
Chicken Feet	1Kg	480.28	6.57	0.61
Chicken Wings	1Kg	585.37	- 16.38	2.19
Evaporated tinned milk carnation 170g	1 unit	170	- 0.29	- 0.50
Evaporated tinned milk(peak), 170g	1 unit	176.92	- 5.64	- 2.61
Frozen chicken	1 unit	2000.85	29.09	- 0.48
Gari white,sold loose	1Kg	185.14	- 33.31	- 5.77
Gari yellow,sold loose	1Kg	190.55	- 36.62	- 4.89
Mudfish (aro) fresh	1Kg	874.26	- 13.44	0.86
Mudfish : dried	1Kg	1724.68	- 1.45	5.59
Onion bulb	1Kg	153.06	- 38.79	12.24
Rice agric sold loose	1Kg	429.48	10.41	29.91
Rice local sold loose	1Kg	391.02	66.63	26.74
Rice Medium Grained	1Kg	428.76	23.00	32.10
Rice,imported high quality sold loose	1Kg	500.25	28.84	22.62
Tomato	1Kg	201.55	- 2.99	11.97
Yam tuber	1Kg	153.55	- 23.44	17.60
Dried Fish Sardine	1Kg	1612.33	13.65	6.72
Iced Sardine	1Kg	1000.53	- 2.39	7.20
Irish potato	1Kg	272.06	- 19.55	23.90
Sweet potato	1Kg	101.54	0.98	5.70
Tilapia fish (epiya) fresh	1Kg	702	- 1.13	7.00
Titus:frozen	1Kg	921.63	5.76	2.99
Catfish (obokun) fresh	1Kg	947.43	- 7.86	2.25
Catfish :dried	1Kg	1655.14	- 5.18	3.08
Catfish Smoked	1Kg	1381.11	6.54	2.27
Mackerel : frozen	1Kg	992.41	1.27	4.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	521.78	- 15.69	- 5.13
Maize grain white sold loose	1Kg	90.71	- 30.64	9.98
Maize grain yellow sold loose	1Kg	85.62	- 25.47	- 3.67
Palm oil: 1 bottle,specify bottle	1Ltr	538.67	- 8.87	3.59
Plantain(ripe)	1Kg	299.72	- 3.41	1.47
Plantain(unripe)	1Kg	281.73	0.97	- 0.57
Vegetable oil:1 bottle,specify bottle	1Ltr	501.11	- 12.60	1.17
Wheat flour: prepacked (golden penny 2kg)	2Kg	698.33	7.44	- 0.77
AVERAGE			- 4.07	5.49


Selected Food Price Watch - November 2019

Cross River State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N321.90






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N362.02






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N288.86






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N358.70






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N175.21






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N386.11






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1264.53





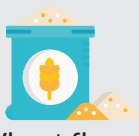
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N280.58





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N156.87



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N685.83

Selected Food Price Watch - November 2019


Cross River State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	420	- 9.94	- 8.59
Agric eggs(medium size price of one)	1 Piece	47.8	6.18	20.29
Beans brown,sold loose	1Kg	362.02	- 16.65	1.50
Beans:white black eye. sold loose	1Kg	298.48	- 19.61	- 11.34
Beef Bone in	1Kg	1122.92	- 4.96	7.40
Beef,boneless	1Kg	1264.53	- 9.41	- 5.98
Bread sliced 500g	1 loaf	358.7	3.13	0.88
Bread unsliced 500g	1 loaf	327.08	6.60	5.51
Broken Rice (Ofada)	1Kg	289.23	- 13.80	0.20
Chicken Feet	1Kg	1010	3.05	11.31
Chicken Wings	1Kg	1150	- 2.13	- 1.99
Evaporated tinned milk carnation 170g	1 unit	144.12	- 4.24	4.30
Evaporated tinned milk(peak), 170g	1 unit	178.33	- 1.32	1.14
Frozen chicken	1 unit	2042.86	19.00	- 0.36
Gari white,sold loose	1Kg	156.87	64.51	19.01
Gari yellow,sold loose	1Kg	117.31	10.97	- 24.32
Mudfish (aro) fresh	1Kg	1014.05	- 13.98	6.33
Mudfish : dried	1Kg	2128.41	- 3.56	1.55
Onion bulb	1Kg	280.58	- 7.01	15.48
Rice agric sold loose	1Kg	408.99	21.59	13.97
Rice local sold loose	1Kg	288.86	10.38	6.51
Rice Medium Grained	1Kg	375.63	12.57	6.99
Rice,imported high quality sold loose	1Kg	455.39	22.59	20.98
Tomato	1Kg	321.9	- 13.49	- 10.09
Yam tuber	1Kg	175.21	- 21.39	- 3.97
Dried Fish Sardine	1Kg	1525.17	10.44	4.22
Iced Sardine	1Kg	955.24	4.02	0.74
Irish potato	1Kg	384.98	- 8.84	6.87
Sweet potato	1Kg	139.04	16.36	6.41
Tilapia fish (epiya) fresh	1Kg	1128.87	1.29	5.80
Titus:frozen	1Kg	1002.86	- 16.07	0.48
Catfish (obokun) fresh	1Kg	1218.83	0.33	5.61
Catfish :dried	1Kg	2612.97	14.25	3.57
Catfish Smoked	1Kg	1731.65	8.28	- 0.23
Mackerel : frozen	1Kg	1039.27	0.78	5.77
Groundnut oil: 1 bottle, specify bottle	1Ltr	814.81	17.18	- 2.74
Maize grain white sold loose	1Kg	222.4	- 12.57	- 14.66
Maize grain yellow sold loose	1Kg	234.29	- 6.76	- 14.26
Palm oil: 1 bottle,specify bottle	1Ltr	386.11	- 13.50	- 3.47
Plantain(ripe)	1Kg	201.36	44.95	- 17.12
Plantain(unripe)	1Kg	175.11	20.72	- 7.08
Vegetable oil:1 bottle,specify bottle	1Ltr	550	0.28	- 0.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	685.83	- 6.33	- 2.02
AVERAGE			2.65	1.25


Selected Food Price Watch - November 2019

Delta State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N384.79






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N352.15






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N357.28






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N264.67






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N186.06






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N450.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1467.29






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N300.30





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N190.00



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N687.50

Selected Food Price Watch - November 2019


Delta State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	460	- 6.95	- 1.01
Agric eggs(medium size price of one)	1 Piece	40.33	- 9.19	0.82
Beans brown,sold loose	1Kg	352.15	- 13.76	- 7.15
Beans:white black eye. sold loose	1Kg	243.2	- 29.81	- 17.81
Beef Bone in	1Kg	1001.6	1.20	1.22
Beef,boneless	1Kg	1467.29	10.92	- 1.52
Bread sliced 500g	1 loaf	264.67	- 12.63	- 5.47
Bread unsliced 500g	1 loaf	243.75	- 13.33	- 7.14
Broken Rice (Ofada)	1Kg	345.4	12.53	2.03
Chicken Feet	1Kg	950	- 2.99	3.83
Chicken Wings	1Kg	1123.33	- 4.40	2.97
Evaporated tinned milk carnation 170g	1 unit	153.33	5.74	- 1.08
Evaporated tinned milk(peak), 170g	1 unit	182	0.59	- 1.80
Frozen chicken	1 unit	1963.64	22.73	0.02
Gari white,sold loose	1Kg	190	3.38	2.41
Gari yellow,sold loose	1Kg	215.88	- 0.45	3.44
Mudfish (aro) fresh	1Kg	1101.86	8.54	4.12
Mudfish : dried	1Kg	1919.88	- 3.09	- 2.17
Onion bulb	1Kg	300.3	- 7.54	4.80
Rice agric sold loose	1Kg	503.89	21.95	25.89
Rice local sold loose	1Kg	357.28	17.58	3.48
Rice Medium Grained	1Kg	466.9	24.01	32.99
Rice,imported high quality sold loose	1Kg	561.19	36.03	23.26
Tomato	1Kg	384.79	12.70	23.39
Yam tuber	1Kg	186.06	- 8.61	10.28
Dried Fish Sardine	1Kg	1509.64	27.98	2.09
Iced Sardine	1Kg	1017.63	9.51	9.62
Irish potato	1Kg	385.71	5.24	2.86
Sweet potato	1Kg	124.92	- 20.03	- 17.15
Tilapia fish (epiya) fresh	1Kg	1154.21	14.18	1.28
Titus:frozen	1Kg	1105.02	11.04	6.35
Catfish (obokun) fresh	1Kg	1233.96	- 1.99	- 1.05
Catfish :dried	1Kg	1857.81	- 7.88	1.00
Catfish Smoked	1Kg	1710	14.05	1.96
Mackerel : frozen	1Kg	975.87	- 4.55	- 1.54
Groundnut oil: 1 bottle, specify bottle	1Ltr	800	13.21	5.88
Maize grain white sold loose	1Kg	217.17	7.89	- 11.63
Maize grain yellow sold loose	1Kg	218.86	14.71	13.71
Palm oil: 1 bottle,specify bottle	1Ltr	450	- 3.25	- 0.55
Plantain(ripe)	1Kg	202.56	- 6.57	- 6.70
Plantain(unripe)	1Kg	204.99	9.70	- 0.35
Vegetable oil: 1 bottle,specify bottle	1Ltr	511.11	- 4.87	- 0.11
Wheat flour: prepacked (golden penny 2kg)	2Kg	687.5	0.58	5.12
AVERAGE			3.35	2.57


Selected Food Price Watch - November 2019

Ebonyi State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N302.02






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N576.62






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N335.38






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N327.78






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N197.81






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N441.03






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1468.75





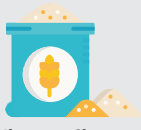
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N183.17





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N210.26



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N670.00

Selected Food Price Watch - November 2019


Ebonyi State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	466.15	- 1.24	3.42
Agric eggs(medium size price of one)	1 Piece	43.85	- 1.46	2.49
Beans brown,sold loose	1Kg	576.62	12.92	6.86
Beans:white black eye. sold loose	1Kg	527.47	14.53	5.33
Beef Bone in	1Kg	1142.86	26.98	9.52
Beef,boneless	1Kg	1468.75	- 2.08	4.26
Bread sliced 500g	1 loaf	327.78	3.61	1.57
Bread unsliced 500g	1 loaf	333.33	34.56	11.11
Broken Rice (Ofada)	1Kg	492.64	35.89	28.61
Chicken Feet	1Kg	714	- 0.14	0.60
Chicken Wings	1Kg	881.65	- 7.22	0.60
Evaporated tinned milk carnation 170g	1 unit	171.02	6.86	0.60
Evaporated tinned milk(peak), 170g	1 unit	195	1.83	- 0.36
Frozen chicken	1 unit	1933.33	33.33	1.49
Gari white,sold loose	1Kg	210.26	0.62	- 4.01
Gari yellow,sold loose	1Kg	254.36	- 12.14	2.72
Mudfish (aro) fresh	1Kg	890.62	- 1.96	0.09
Mudfish : dried	1Kg	2033.86	- 9.78	0.09
Onion bulb	1Kg	183.17	- 18.59	7.01
Rice agric sold loose	1Kg	400	32.27	40.22
Rice local sold loose	1Kg	335.38	23.91	17.38
Rice Medium Grained	1Kg	315.42	- 3.38	0.60
Rice,imported high quality sold loose	1Kg	480	19.30	14.08
Tomato	1Kg	302.02	- 5.62	7.61
Yam tuber	1Kg	197.81	- 20.88	- 4.77
Dried Fish Sardine	1Kg	1485.71	8.91	2.40
Iced Sardine	1Kg	966.67	4.12	10.48
Irish potato	1Kg	364	4.00	17.42
Sweet potato	1Kg	109.13	- 9.06	- 37.44
Tilapia fish (epiya) fresh	1Kg	1005.88	- 8.91	3.64
Titus:frozen	1Kg	970.97	1.76	7.03
Catfish (obokun) fresh	1Kg	1196.67	6.77	0.50
Catfish :dried	1Kg	2413.57	9.86	0.50
Catfish Smoked	1Kg	1709.53	2.72	0.50
Mackerel : frozen	1Kg	980.95	- 10.66	1.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	716.67	- 4.59	2.33
Maize grain white sold loose	1Kg	225.64	12.62	- 2.63
Maize grain yellow sold loose	1Kg	225.64	9.74	- 1.28
Palm oil: 1 bottle,specify bottle	1Ltr	441.03	- 10.09	8.96
Plantain(ripe)	1Kg	200.48	- 19.81	11.34
Plantain(unripe)	1Kg	189.92	- 5.22	17.23
Vegetable oil:1 bottle,specify bottle	1Ltr	497.78	- 6.16	9.12
Wheat flour: prepacked (golden penny 2kg)	2Kg	670	- 2.55	3.02
AVERAGE			3.39	4.93


Selected Food Price Watch - November 2019

Edo State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N399.86






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N304.35






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N458.97






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N311.54






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N361.82






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N427.88






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1313.69






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N259.37





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N155.27



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N722.14

Selected Food Price Watch - November 2019


Edo State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	498.13	- 0.87	- 0.54
Agric eggs(medium size price of one)	1 Piece	49.09	3.03	- 1.06
Beans brown,sold loose	1Kg	304.35	- 24.38	- 1.76
Beans:white black eye. sold loose	1Kg	274.07	- 22.71	- 6.90
Beef Bone in	1Kg	955.1	3.82	2.66
Beef,boneless	1Kg	1313.69	0.28	- 0.75
Bread sliced 500g	1 loaf	311.54	- 3.08	2.53
Bread unsliced 500g	1 loaf	253.57	- 6.58	- 11.91
Broken Rice (Ofada)	1Kg	436.67	9.17	3.97
Chicken Feet	1Kg	828.57	- 8.71	- 2.52
Chicken Wings	1Kg	1353.57	11.25	- 0.04
Evaporated tinned milk carnation 170g	1 unit	147.5	- 0.93	0.57
Evaporated tinned milk(peak), 170g	1 unit	190.64	- 3.78	1.16
Frozen chicken	1 unit	1814.29	29.26	4.36
Gari white,sold loose	1Kg	155.27	- 21.65	- 6.12
Gari yellow,sold loose	1Kg	165.88	- 17.41	- 5.53
Mudfish (aro) fresh	1Kg	1141.12	- 5.16	- 3.37
Mudfish : dried	1Kg	1706.51	2.45	4.74
Onion bulb	1Kg	259.37	- 31.32	1.09
Rice agric sold loose	1Kg	435.71	7.96	10.10
Rice local sold loose	1Kg	458.97	23.08	35.87
Rice Medium Grained	1Kg	495.56	24.61	24.34
Rice,imported high quality sold loose	1Kg	550.74	33.18	27.62
Tomato	1Kg	399.86	13.50	3.14
Yam tuber	1Kg	361.82	69.75	20.50
Dried Fish Sardine	1Kg	1340.61	- 0.01	5.03
Iced Sardine	1Kg	917.34	0.81	- 0.87
Irish potato	1Kg	409.04	- 5.86	4.89
Sweet potato	1Kg	175.65	18.50	- 10.70
Tilapia fish (epiya) fresh	1Kg	1098.49	- 4.87	- 1.98
Titus:frozen	1Kg	922.11	1.68	- 7.93
Catfish (obokun) fresh	1Kg	1104.02	- 0.03	9.78
Catfish :dried	1Kg	2311.87	10.43	2.11
Catfish Smoked	1Kg	1569.93	7.04	3.40
Mackerel : frozen	1Kg	1054.52	14.22	- 4.23
Groundnut oil: 1 bottle, specify bottle	1Ltr	685.33	- 0.39	- 2.41
Maize grain white sold loose	1Kg	209.29	- 15.31	5.67
Maize grain yellow sold loose	1Kg	256.49	3.04	26.87
Palm oil: 1 bottle,specify bottle	1Ltr	427.88	- 17.58	- 7.29
Plantain(ripe)	1Kg	223.48	44.34	9.83
Plantain(unripe)	1Kg	205.14	39.37	7.79
Vegetable oil:1 bottle,specify bottle	1Ltr	500	- 12.66	- 10.55
Wheat flour: prepacked (golden penny 2kg)	2Kg	722.14	- 0.10	0.73
AVERAGE			3.89	3.08


Selected Food Price Watch - November 2019

Ekiti State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N199.61






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N296.90






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N406.90






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N250.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N131.70






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N421.05






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1384.13





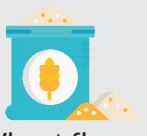
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N217.90





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N124.87



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N640.00

Selected Food Price Watch - November 2019


Ekiti State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	450.95	- 0.78	1.03
Agric eggs(medium size price of one)	1 Piece	39.44	- 5.33	0.32
Beans brown,sold loose	1Kg	296.9	- 31.68	- 15.00
Beans:white black eye. sold loose	1Kg	297.03	- 1.22	- 2.32
Beef Bone in	1Kg	1033.59	0.61	- 3.64
Beef,boneless	1Kg	1384.13	- 1.70	- 0.42
Bread sliced 500g	1 loaf	250	-	-
Bread unsliced 500g	1 loaf	247.62	- 0.95	0.66
Broken Rice (Ofada)	1Kg	426.03	- 8.32	5.47
Chicken Feet	1Kg	700	- 32.69	7.69
Chicken Wings	1Kg	1080	- 13.60	0.93
Evaporated tinned milk carnation 170g	1 unit	169.77	- 10.79	2.09
Evaporated tinned milk(peak), 170g	1 unit	196.32	0.39	0.55
Frozen chicken	1 unit	1698.29	19.16	- 2.95
Gari white,sold loose	1Kg	124.87	- 4.34	- 20.74
Gari yellow,sold loose	1Kg	162.25	- 10.18	- 6.49
Mudfish (aro) fresh	1Kg	904.78	0.85	3.80
Mudfish : dried	1Kg	1761.88	- 21.23	- 1.98
Onion bulb	1Kg	217.9	- 9.12	31.98
Rice agric sold loose	1Kg	275.61	11.03	- 12.97
Rice local sold loose	1Kg	406.9	22.63	13.48
Rice Medium Grained	1Kg	326.58	0.85	3.59
Rice,imported high quality sold loose	1Kg	352.72	2.00	6.99
Tomato	1Kg	199.61	- 20.60	10.92
Yam tuber	1Kg	131.7	- 55.44	21.44
Dried Fish Sardine	1Kg	1560.52	- 9.97	0.30
Iced Sardine	1Kg	800	- 4.50	- 3.04
Irish potato	1Kg	205.42	- 27.34	10.61
Sweet potato	1Kg	85.29	- 13.66	- 12.92
Tilapia fish (epiya) fresh	1Kg	812.64	- 17.30	10.64
Titus:frozen	1Kg	1040.65	11.47	5.08
Catfish (obokun) fresh	1Kg	810.61	- 2.85	- 0.56
Catfish :dried	1Kg	1827.47	- 11.41	2.35
Catfish Smoked	1Kg	1815.55	- 4.55	3.15
Mackerel : frozen	1Kg	767.92	15.22	- 5.16
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	- 9.16	12.58
Maize grain white sold loose	1Kg	120.81	- 34.52	6.99
Maize grain yellow sold loose	1Kg	119.98	- 38.25	5.25
Palm oil: 1 bottle,specify bottle	1Ltr	421.05	- 5.51	- 2.83
Plantain(ripe)	1Kg	158.65	- 21.91	- 13.73
Plantain(unripe)	1Kg	163.24	- 4.06	- 5.28
Vegetable oil:1 bottle,specify bottle	1Ltr	526.67	- 8.48	5.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	3.23	0.08
AVERAGE			- 8.23	1.47


Selected Food Price Watch - November 2019

Enugu State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N357.44






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N465.31






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N400.74






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N279.55






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N196.11






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N457.14






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1484.21






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N359.88





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N172.73



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N720.00

Selected Food Price Watch - November 2019


Enugu State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	501.9	- 3.59	- 0.65
Agric eggs(medium size price of one)	1 Piece	43.62	- 8.32	- 2.00
Beans brown,sold loose	1Kg	465.31	3.38	2.34
Beans:white black eye. sold loose	1Kg	435.41	8.72	- 0.19
Beef Bone in	1Kg	1089.08	21.01	- 1.57
Beef,boneless	1Kg	1484.21	0.62	5.51
Bread sliced 500g	1 loaf	279.55	- 11.14	16.48
Bread unsliced 500g	1 loaf	255.71	- 3.84	15.83
Broken Rice (Ofada)	1Kg	502.75	19.25	21.23
Chicken Feet	1Kg	675.32	- 0.69	3.76
Chicken Wings	1Kg	1200	20.00	2.56
Evaporated tinned milk carnation 170g	1 unit	172.39	1.25	0.74
Evaporated tinned milk(peak), 170g	1 unit	195	1.37	- 0.32
Frozen chicken	1 unit	1944.44	9.03	- 2.71
Gari white,sold loose	1Kg	172.73	7.27	7.45
Gari yellow,sold loose	1Kg	196.6	5.65	6.05
Mudfish (aro) fresh	1Kg	1555.56	12.00	- 0.73
Mudfish : dried	1Kg	2200	1.28	4.05
Onion bulb	1Kg	359.88	19.24	52.92
Rice agric sold loose	1Kg	480	43.63	41.18
Rice local sold loose	1Kg	400.74	45.44	42.31
Rice Medium Grained	1Kg	473.62	59.17	55.77
Rice,imported high quality sold loose	1Kg	550.86	37.09	30.94
Tomato	1Kg	357.44	13.29	1.52
Yam tuber	1Kg	196.11	0.80	- 5.01
Dried Fish Sardine	1Kg	1600	0.59	5.19
Iced Sardine	1Kg	941.18	4.40	- 5.66
Irish potato	1Kg	362.7	- 19.40	3.32
Sweet potato	1Kg	107.04	7.04	- 16.03
Tilapia fish (epiya) fresh	1Kg	835.52	- 4.60	3.91
Titus:frozen	1Kg	1004.49	0.45	- 4.40
Catfish (obokun) fresh	1Kg	1200.85	- 12.32	0.07
Catfish :dried	1Kg	2236.43	- 0.70	1.24
Catfish Smoked	1Kg	1682.51	- 1.67	1.90
Mackerel : frozen	1Kg	982.2	6.79	- 0.74
Groundnut oil: 1 bottle, specify bottle	1Ltr	725.22	- 0.77	3.21
Maize grain white sold loose	1Kg	227.51	16.29	6.37
Maize grain yellow sold loose	1Kg	235.35	17.33	8.54
Palm oil: 1 bottle,specify bottle	1Ltr	457.14	0.59	5.09
Plantain(ripe)	1Kg	209.57	- 16.17	8.02
Plantain(unripe)	1Kg	206.9	14.42	2.53
Vegetable oil:1 bottle,specify bottle	1Ltr	522.22	- 4.47	2.78
Wheat flour: prepacked (golden penny 2kg)	2Kg	720	0	0.70
AVERAGE			7.20	7.52


Selected Food Price Watch - November 2019

Gombe State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N162.97






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N246.79






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N315.25






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N275.33






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N183.64






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N454.81






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1250.00






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N185.38





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N175.63



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N600.00

Selected Food Price Watch - November 2019


Gombe State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	452	0.44	-5.83
Agric eggs(medium size price of one)	1 Piece	37.91	7.04	-5.23
Beans brown,sold loose	1Kg	246.79	-19.1	-0.55
Beans:white black eye. sold loose	1Kg	252.66	-12.24	-6.74
Beef Bone in	1Kg	1000	14.07	3
Beef,boneless	1Kg	1250	13.64	4.17
Bread sliced 500g	1 loaf	275.33	8.33	-1.78
Bread unsliced 500g	1 loaf	220.83	-10.36	-6.03
Broken Rice (Ofada)	1Kg	266.25	-18.18	32.23
Chicken Feet	1Kg	462.5	11.38	13.83
Chicken Wings	1Kg	705.38	-5.98	7.12
Evaporated tinned milk carnation 170g	1 unit	163.52	1.36	-3.15
Evaporated tinned milk(peak), 170g	1 unit	185.75	-6.19	-2.24
Frozen chicken	1 unit	1950	20.74	-2.59
Gari white,sold loose	1Kg	175.63	-23.66	13.03
Gari yellow,sold loose	1Kg	235.04	-15.29	-9.45
Mudfish (aro) fresh	1Kg	931.82	12.81	6.9
Mudfish : dried	1Kg	1605.48	-6.54	4.18
Onion bulb	1Kg	185.38	-26.61	11.22
Rice agric sold loose	1Kg	354.92	30.55	26.19
Rice local sold loose	1Kg	315.25	36.42	38.95
Rice Medium Grained	1Kg	344.86	35.37	35.24
Rice,imported high quality sold loose	1Kg	406.11	13.88	17.71
Tomato	1Kg	162.97	-29.44	4.77
Yam tuber	1Kg	183.64	3.93	11.3
Dried Fish Sardine	1Kg	1403.61	-4.62	5.87
Iced Sardine	1Kg	900.52	0.06	5.48
Irish potato	1Kg	260.46	-16.62	-2.39
Sweet potato	1Kg	117.03	-32.25	30.03
Tilapia fish (epiya) fresh	1Kg	785.31	-1.84	12.01
Titus:frozen	1Kg	1003.64	20.25	5.57
Catfish (obokun) fresh	1Kg	892.55	-7.51	6.29
Catfish :dried	1Kg	1518.36	-6.01	2.15
Catfish Smoked	1Kg	1497.13	-4.07	3.13
Mackerel : frozen	1Kg	900	-2.17	5.81
Groundnut oil: 1 bottle, specify bottle	1Ltr	504.07	-16.77	5.01
Maize grain white sold loose	1Kg	82.97	-30.84	2.72
Maize grain yellow sold loose	1Kg	82.13	-32.96	1.68
Palm oil: 1 bottle,specify bottle	1Ltr	454.81	-9.04	10.03
Plantain(ripe)	1Kg	225.08	-18.15	8.23
Plantain(unripe)	1Kg	173.33	-17.46	15.45
Vegetable oil:1 bottle,specify bottle	1Ltr	503.33	-8.18	5.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	-7.85	0.58
AVERAGE			-3.71	7.19


Selected Food Price Watch - November 2019

Imo State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N305.28






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N388.19






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N431.52






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N286.36





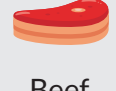
Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N164.64






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N434.67






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1366.99






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N168.00





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N154.37



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N685.53

Selected Food Price Watch - November 2019


Imo State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	500.4	1.69	2.58
Agric eggs(medium size price of one)	1 Piece	45.2	- 6.94	6.15
Beans brown,sold loose	1Kg	388.19	- 7.62	- 3.13
Beans:white black eye. sold loose	1Kg	380.77	- 4.83	- 1.57
Beef Bone in	1Kg	1128.25	12.83	7.96
Beef,boneless	1Kg	1366.99	- 2.36	2.48
Bread sliced 500g	1 loaf	286.36	- 15.56	- 3.95
Bread unsliced 500g	1 loaf	254.55	- 0.77	- 0.24
Broken Rice (Ofada)	1Kg	473.69	54.94	35.68
Chicken Feet	1Kg	650	- 0.04	4.84
Chicken Wings	1Kg	900.63	- 5.22	8.48
Evaporated tinned milk carnation 170g	1 unit	185	- 2.98	- 2.63
Evaporated tinned milk(peak), 170g	1 unit	192.77	- 1.91	0.43
Frozen chicken	1 unit	1714.29	8.96	0.21
Gari white,sold loose	1Kg	154.37	- 1.01	- 0.94
Gari yellow,sold loose	1Kg	174.45	- 1.79	0.52
Mudfish (aro) fresh	1Kg	1210.46	- 11.71	0.80
Mudfish : dried	1Kg	2123.52	- 3.78	0.80
Onion bulb	1Kg	168	- 44.00	6.98
Rice agric sold loose	1Kg	533.33	39.99	33.33
Rice local sold loose	1Kg	431.52	24.81	18.79
Rice Medium Grained	1Kg	492.84	21.22	9.52
Rice,imported high quality sold loose	1Kg	560.99	24.47	22.40
Tomato	1Kg	305.28	52.64	6.89
Yam tuber	1Kg	164.64	- 3.21	- 1.15
Dried Fish Sardine	1Kg	1467.86	- 7.31	3.13
Iced Sardine	1Kg	1021.9	5.25	7.50
Irish potato	1Kg	391.67	- 17.54	14.57
Sweet potato	1Kg	106.39	- 7.49	- 15.62
Tilapia fish (epiya) fresh	1Kg	1080.05	- 1.89	0.70
Titus:frozen	1Kg	951	0.06	2.22
Catfish (obokun) fresh	1Kg	1250	- 7.75	2.57
Catfish :dried	1Kg	2406.58	- 3.93	2.04
Catfish Smoked	1Kg	1466.84	- 2.79	0.60
Mackerel : frozen	1Kg	831.68	- 8.10	- 4.03
Groundnut oil: 1 bottle, specify bottle	1Ltr	546.67	- 14.45	2.50
Maize grain white sold loose	1Kg	246.86	23.19	1.42
Maize grain yellow sold loose	1Kg	252.75	17.52	3.91
Palm oil: 1 bottle,specify bottle	1Ltr	434.67	- 3.78	0.94
Plantain(ripe)	1Kg	221.59	- 11.36	11.84
Plantain(unripe)	1Kg	195.45	- 2.28	11.31
Vegetable oil:1 bottle,specify bottle	1Ltr	500.63	0.40	3.10
Wheat flour: prepacked (golden penny 2kg)	2Kg	685.53	- 0.44	3.03
AVERAGE			1.98	4.81


Selected Food Price Watch - November 2019

Jigawa State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N239.13






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N306.24






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N263.47






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N236.25






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N215.91






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N480.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1196.14






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N121.59





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N144.14

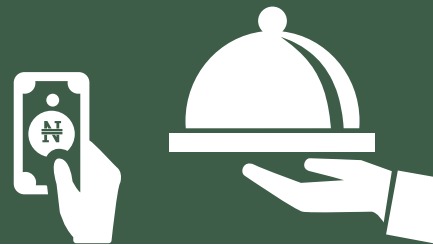


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N700.00

Selected Food Price Watch - November 2019


Jigawa State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	466.43	1.40	3.94
Agric eggs(medium size price of one)	1 Piece	40.71	0.31	9.48
Beans brown,sold loose	1Kg	306.24	- 19.78	- 2.43
Beans:white black eye. sold loose	1Kg	252.24	- 23.83	- 12.79
Beef Bone in	1Kg	888.9	- 17.64	- 4.16
Beef,boneless	1Kg	1196.14	4.26	- 2.70
Bread sliced 500g	1 loaf	236.25	- 9.13	- 3.72
Bread unsliced 500g	1 loaf	257	3.32	- 7.24
Broken Rice (Ofada)	1Kg	301.09	16.20	- 8.00
Chicken Feet	1Kg	500	- 19.35	-
Chicken Wings	1Kg	707.14	- 3.79	5.54
Evaporated tinned milk carnation 170g	1 unit	150	1.12	3.85
Evaporated tinned milk(peak), 170g	1 unit	163.85	4.32	1.56
Frozen chicken	1 unit	2400	100.00	- 2.04
Gari white,sold loose	1Kg	144.14	- 42.88	- 13.60
Gari yellow,sold loose	1Kg	172.48	- 32.21	12.43
Mudfish (aro) fresh	1Kg	919.05	- 1.02	6.04
Mudfish : dried	1Kg	1250	4.17	- 3.85
Onion bulb	1Kg	121.59	- 17.85	- 12.91
Rice agric sold loose	1Kg	244.68	- 15.15	- 4.10
Rice local sold loose	1Kg	263.47	4.08	- 7.99
Rice Medium Grained	1Kg	322	33.40	- 10.56
Rice,imported high quality sold loose	1Kg	356.31	2.28	9.66
Tomato	1Kg	239.13	- 5.89	18.97
Yam tuber	1Kg	215.91	- 21.25	20.37
Dried Fish Sardine	1Kg	1500	6.90	- 2.17
Iced Sardine	1Kg	875	4.79	- 2.78
Irish potato	1Kg	199.85	- 34.98	- 0.44
Sweet potato	1Kg	79.04	- 41.02	- 24.71
Tilapia fish (epiya) fresh	1Kg	777.71	- 11.20	1.00
Titus:frozen	1Kg	900	28.57	- 0.06
Catfish (obokun) fresh	1Kg	873.33	- 18.17	- 5.30
Catfish :dried	1Kg	1453.85	- 6.71	1.65
Catfish Smoked	1Kg	1500	11.11	1.01
Mackerel : frozen	1Kg	950	4.50	2.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	497.33	- 4.20	8.61
Maize grain white sold loose	1Kg	104.49	- 14.11	- 2.39
Maize grain yellow sold loose	1Kg	96.76	- 23.09	- 0.07
Palm oil: 1 bottle,specify bottle	1Ltr	480	0.99	6.51
Plantain(ripe)	1Kg	200	- 42.86	-
Plantain(unripe)	1Kg	210	- 9.48	1.11
Vegetable oil:1 bottle,specify bottle	1Ltr	466.67	- 5.04	- 1.01
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	- 2.10	- 0.05
AVERAGE			- 4.91	- 0.49


Selected Food Price Watch - November 2019

Kaduna State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N237.54






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N289.92






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N293.23






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N276.67






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N241.49






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N498.33






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1218.23






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N178.79





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N140.25



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N703.33

Selected Food Price Watch - November 2019


Kaduna State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	436.11	- 6.77	- 7.21
Agric eggs(medium size price of one)	1 Piece	37.35	1.39	- 4.65
Beans brown,sold loose	1Kg	289.92	- 25.48	14.24
Beans:white black eye. sold loose	1Kg	242.08	- 22.00	10.82
Beef Bone in	1Kg	1138.89	- 0.56	- 1.58
Beef,boneless	1Kg	1218.23	- 4.12	- 4.63
Bread sliced 500g	1 loaf	276.67	- 1.83	0.61
Bread unsliced 500g	1 loaf	246.92	5.35	2.56
Broken Rice (Ofada)	1Kg	323.12	25.24	5.36
Chicken Feet	1Kg	600	- 25.00	0.30
Chicken Wings	1Kg	700	- 22.22	7.17
Evaporated tinned milk carnation 170g	1 unit	148	- 11.45	- 11.20
Evaporated tinned milk(peak), 170g	1 unit	179.69	2.35	- 3.94
Frozen chicken	1 unit	2150	43.33	2.38
Gari white,sold loose	1Kg	140.25	- 24.26	- 6.52
Gari yellow,sold loose	1Kg	159.2	- 27.53	- 8.72
Mudfish (aro) fresh	1Kg	896.15	- 17.78	1.69
Mudfish : dried	1Kg	1357.95	25.01	- 1.42
Onion bulb	1Kg	178.79	- 34.95	- 9.51
Rice agric sold loose	1Kg	339.29	19.31	9.44
Rice local sold loose	1Kg	293.23	18.23	11.77
Rice Medium Grained	1Kg	309.56	8.37	0.33
Rice,imported high quality sold loose	1Kg	409.6	22.04	12.88
Tomato	1Kg	237.54	- 39.97	9.69
Yam tuber	1Kg	241.49	- 13.85	35.34
Dried Fish Sardine	1Kg	1470	13.08	4.98
Iced Sardine	1Kg	964.29	3.55	5.19
Irish potato	1Kg	238.77	- 20.41	18.77
Sweet potato	1Kg	102.04	- 13.03	- 1.17
Tilapia fish (epiya) fresh	1Kg	705.88	0.84	0.83
Titus:frozen	1Kg	950	- 8.93	4.40
Catfish (obokun) fresh	1Kg	800	- 35.39	- 1.36
Catfish :dried	1Kg	1405.93	- 1.59	1.13
Catfish Smoked	1Kg	1300	- 18.00	- 1.55
Mackerel : frozen	1Kg	905.38	3.71	1.73
Groundnut oil: 1 bottle, specify bottle	1Ltr	567.65	- 10.52	8.47
Maize grain white sold loose	1Kg	95.15	- 30.50	7.95
Maize grain yellow sold loose	1Kg	100.21	- 4.51	12.30
Palm oil: 1 bottle,specify bottle	1Ltr	498.33	- 2.80	2.73
Plantain(ripe)	1Kg	215.48	- 37.12	11.81
Plantain(unripe)	1Kg	225.41	- 9.84	18.28
Vegetable oil:1 bottle,specify bottle	1Ltr	520.89	- 6.57	6.69
Wheat flour: prepacked (golden penny 2kg)	2Kg	703.33	4.20	1.93
AVERAGE			- 6.53	3.91


Selected Food Price Watch - November 2019

Kano State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N252.18






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N256.06






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N270.13






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N220.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N206.64






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N452.63






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1269.27






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N184.23





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N127.11



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N650.00

Selected Food Price Watch - November 2019


Kano State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	434.74	- 4.88	0.38
Agric eggs(medium size price of one)	1 Piece	38.11	- 4.72	- 1.31
Beans brown,sold loose	1Kg	256.06	- 20.11	7.17
Beans:white black eye. sold loose	1Kg	176.74	- 39.86	- 3.26
Beef Bone in	1Kg	929.21	- 9.97	- 3.39
Beef,boneless	1Kg	1269.27	28.13	- 3.88
Bread sliced 500g	1 loaf	220	0.57	- 9.74
Bread unsliced 500g	1 loaf	229.17	- 10.13	- 4.87
Broken Rice (Ofada)	1Kg	362.76	- 5.55	- 4.42
Chicken Feet	1Kg	650	- 20.70	1.56
Chicken Wings	1Kg	800	- 18.86	0.25
Evaporated tinned milk carnation 170g	1 unit	145	- 8.90	- 4.83
Evaporated tinned milk(peak), 170g	1 unit	163.13	- 5.03	- 10.90
Frozen chicken	1 unit	1540	33.91	2.38
Gari white,sold loose	1Kg	127.11	- 24.09	- 2.59
Gari yellow,sold loose	1Kg	134.73	- 46.34	- 2.04
Mudfish (aro) fresh	1Kg	959.53	5.18	4.68
Mudfish : dried	1Kg	1525.71	- 11.14	- 1.27
Onion bulb	1Kg	184.23	- 38.35	19.06
Rice agric sold loose	1Kg	287.61	8.11	- 4.46
Rice local sold loose	1Kg	270.13	18.01	- 10.20
Rice Medium Grained	1Kg	262.91	3.41	- 11.62
Rice,imported high quality sold loose	1Kg	387.35	21.77	5.88
Tomato	1Kg	252.18	97.06	22.99
Yam tuber	1Kg	206.64	- 2.52	33.84
Dried Fish Sardine	1Kg	1409.78	14.11	1.06
Iced Sardine	1Kg	850	- 5.67	- 1.68
Irish potato	1Kg	241.72	- 16.46	18.48
Sweet potato	1Kg	124.93	3.68	24.28
Tilapia fish (epiya) fresh	1Kg	686.83	- 16.59	3.30
Titus:frozen	1Kg	854.76	25.47	5.20
Catfish (obokun) fresh	1Kg	800	- 20.00	- 0.11
Catfish :dried	1Kg	1350	- 14.59	2.39
Catfish Smoked	1Kg	1400	- 0.79	2.98
Mackerel : frozen	1Kg	992.31	23.14	- 1.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	552.98	- 6.27	- 1.06
Maize grain white sold loose	1Kg	92.23	- 21.81	8.65
Maize grain yellow sold loose	1Kg	98.71	- 23.46	18.30
Palm oil: 1 bottle,specify bottle	1Ltr	452.63	- 6.01	0.07
Plantain(ripe)	1Kg	200	- 12.65	-
Plantain(unripe)	1Kg	200	- 26.21	- 0.15
Vegetable oil:1 bottle,specify bottle	1Ltr	476.67	- 4.92	4.93
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	8.33	- 5.23
AVERAGE			- 3.62	2.32


Selected Food Price Watch - November 2019

Katsina State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N144.80






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N218.03






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N296.51






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N225.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N178.24






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N460.51






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1187.22





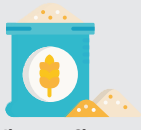
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N303.57





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N166.97



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N600.00

Selected Food Price Watch - November 2019


Katsina State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	438.82	2.08	- 1.83
Agric eggs(medium size price of one)	1 Piece	36.67	- 2.65	- 6.06
Beans brown,sold loose	1Kg	218.03	- 30.12	- 11.40
Beans:white black eye. sold loose	1Kg	274.77	4.22	1.37
Beef Bone in	1Kg	985.15	8.79	- 5.28
Beef,boneless	1Kg	1187.22	- 4.61	- 3.97
Bread sliced 500g	1 loaf	225	- 2.88	- 5.06
Bread unsliced 500g	1 loaf	209.23	- 14.10	- 3.20
Broken Rice (Ofada)	1Kg	289.14	- 17.39	- 10.29
Chicken Feet	1Kg	386.67	- 27.04	- 4.53
Chicken Wings	1Kg	650	- 37.50	- 7.14
Evaporated tinned milk carnation 170g	1 unit	136.67	- 11.47	- 10.11
Evaporated tinned milk(peak), 170g	1 unit	158.67	- 6.67	- 2.47
Frozen chicken	1 unit	2275	69.78	- 1.09
Gari white,sold loose	1Kg	166.97	- 14.73	- 0.85
Gari yellow,sold loose	1Kg	152.21	- 32.52	- 6.36
Mudfish (aro) fresh	1Kg	959.84	- 10.12	6.39
Mudfish : dried	1Kg	1295.45	13.47	- 1.46
Onion bulb	1Kg	303.57	17.98	17.56
Rice agric sold loose	1Kg	302.06	21.23	15.96
Rice local sold loose	1Kg	296.51	28.72	4.24
Rice Medium Grained	1Kg	242.42	- 38.81	- 9.27
Rice,imported high quality sold loose	1Kg	389.66	5.64	5.81
Tomato	1Kg	144.8	- 28.79	- 7.78
Yam tuber	1Kg	178.24	- 30.09	33.05
Dried Fish Sardine	1Kg	987.14	48.07	- 1.29
Iced Sardine	1Kg	962.96	6.81	6.72
Irish potato	1Kg	204.99	- 21.23	3.70
Sweet potato	1Kg	116.2	- 32.93	- 19.83
Tilapia fish (epiya) fresh	1Kg	700	- 14.29	8.39
Titus:frozen	1Kg	905.56	8.67	5.55
Catfish (obokun) fresh	1Kg	863.46	- 17.47	5.73
Catfish :dried	1Kg	1333.33	7.27	3.09
Catfish Smoked	1Kg	1430.32	- 5.22	- 2.48
Mackerel : frozen	1Kg	850	0.42	- 2.46
Groundnut oil: 1 bottle, specify bottle	1Ltr	546.67	- 8.35	10.70
Maize grain white sold loose	1Kg	93.92	- 7.13	- 6.07
Maize grain yellow sold loose	1Kg	117.63	3.33	31.58
Palm oil: 1 bottle,specify bottle	1Ltr	460.51	- 6.65	4.66
Plantain(ripe)	1Kg	201.54	- 32.19	46.57
Plantain(unripe)	1Kg	166.67	- 36.61	16.67
Vegetable oil:1 bottle,specify bottle	1Ltr	471.43	- 6.12	1.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	600	- 10.45	- 6.25
AVERAGE			- 6.08	2.16


Selected Food Price Watch - November 2019

Kebbi State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N253.81






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N327.59






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N322.56






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N210.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N283.76






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N423.70






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1186.71






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N233.32





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N207.27



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N666.67

Selected Food Price Watch - November 2019


Kebbi State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	451.25	-10.35	4.85
Agric eggs(medium size price of one)	1 Piece	41.88	-6.42	4.69
Beans brown,sold loose	1Kg	327.59	-23.43	5.56
Beans:white black eye. sold loose	1Kg	225.59	-31.03	-13.04
Beef Bone in	1Kg	1084.81	2.78	2.1
Beef,boneless	1Kg	1186.71	-5.2	1.06
Bread sliced 500g	1 loaf	210	-18.71	-16
Bread unsliced 500g	1 loaf	230.08	-3.77	-3.33
Broken Rice (Ofada)	1Kg	350.86	38.12	-6.97
Chicken Feet	1Kg	435	-13	8.72
Chicken Wings	1Kg	550	-8.33	5.03
Evaporated tinned milk carnation 170g	1 unit	175	7.69	9.38
Evaporated tinned milk(peak), 170g	1 unit	170	-4.45	-3.32
Frozen chicken	1 unit	2250	92.86	2.27
Gari white,sold loose	1Kg	207.27	-13.64	1.64
Gari yellow,sold loose	1Kg	268.58	-6.54	28.38
Mudfish (aro) fresh	1Kg	955.56	-20.62	6.85
Mudfish : dried	1Kg	1477.73	-6.62	3.23
Onion bulb	1Kg	233.32	-24.62	14.07
Rice agric sold loose	1Kg	247.09	12.8	-12.79
Rice local sold loose	1Kg	322.56	42.27	1.5
Rice Medium Grained	1Kg	311.19	7.22	-6.25
Rice,imported high quality sold loose	1Kg	345.86	13.53	1.51
Tomato	1Kg	253.81	-24.44	23.17
Yam tuber	1Kg	283.76	-3.28	38.36
Dried Fish Sardine	1Kg	1320	10	-2.22
Iced Sardine	1Kg	1000	21.95	4.15
Irish potato	1Kg	203.33	-21.17	3.98
Sweet potato	1Kg	181.91	10.68	20.53
Tilapia fish (epiya) fresh	1Kg	534.8	-16.22	14.41
Titus:frozen	1Kg	875	9.38	1.6
Catfish (obokun) fresh	1Kg	899.67	-15.92	-0.04
Catfish :dried	1Kg	1397.6	-9.22	0.73
Catfish Smoked	1Kg	1290.32	-12.97	-4.42
Mackerel : frozen	1Kg	850	-13.27	-5.04
Groundnut oil: 1 bottle, specify bottle	1Ltr	434.81	-10.85	1.18
Maize grain white sold loose	1Kg	103.92	-23.03	-5.82
Maize grain yellow sold loose	1Kg	105.3	-20.69	-4.54
Palm oil: 1 bottle,specify bottle	1Ltr	423.7	5.56	-9.64
Plantain(ripe)	1Kg	155.45	-59.45	-10
Plantain(unripe)	1Kg	200	-38.59	10.99
Vegetable oil:1 bottle,specify bottle	1Ltr	444.44	1.01	-6.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.67	2.56	-1.23
AVERAGE			- 4.36	2.53


Selected Food Price Watch - November 2019

Kogi State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N253.00






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N359.21






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N380.77






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N340.91






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N205.51






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N575.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1250.00






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N261.33





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N204.92



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N614.29

Selected Food Price Watch - November 2019


Kogi State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	488.57	- 2.72	4.11
Agric eggs(medium size price of one)	1 Piece	42.71	- 8.47	- 7.14
Beans brown,sold loose	1Kg	359.21	- 24.23	8.83
Beans:white black eye. sold loose	1Kg	350.49	7.09	16.28
Beef Bone in	1Kg	1092.27	- 9.54	- 0.70
Beef,boneless	1Kg	1250	2.04	- 0.75
Bread sliced 500g	1 loaf	340.91	- 3.97	5.52
Bread unsliced 500g	1 loaf	300	- 9.68	- 1.49
Broken Rice (Ofada)	1Kg	428.3	13.05	20.30
Chicken Feet	1Kg	809.07	- 19.09	7.45
Chicken Wings	1Kg	800	- 33.33	- 5.37
Evaporated tinned milk carnation 170g	1 unit	180	17.39	13.20
Evaporated tinned milk(peak), 170g	1 unit	192	- 4.53	4.87
Frozen chicken	1 unit	2558.57	11.24	1.33
Gari white,sold loose	1Kg	204.92	- 24.12	9.93
Gari yellow,sold loose	1Kg	224.94	- 20.31	7.67
Mudfish (aro) fresh	1Kg	923.36	- 26.13	10.25
Mudfish : dried	1Kg	1508.89	- 8.20	3.93
Onion bulb	1Kg	261.33	- 6.62	15.35
Rice agric sold loose	1Kg	304.76	- 37.61	- 3.25
Rice local sold loose	1Kg	380.77	32.02	20.61
Rice Medium Grained	1Kg	265.13	- 0.30	- 5.67
Rice,imported high quality sold loose	1Kg	478.99	- 13.78	19.32
Tomato	1Kg	253	- 19.92	25.70
Yam tuber	1Kg	205.51	- 19.21	52.07
Dried Fish Sardine	1Kg	1281.67	0.52	- 5.06
Iced Sardine	1Kg	1013.33	- 5.00	12.59
Irish potato	1Kg	313.3	15.19	43.22
Sweet potato	1Kg	189.68	0.19	48.54
Tilapia fish (epiya) fresh	1Kg	745.45	- 14.68	0.74
Titus:frozen	1Kg	1012.86	17.29	7.97
Catfish (obokun) fresh	1Kg	791.67	- 31.16	- 9.24
Catfish :dried	1Kg	1515.16	8.58	4.59
Catfish Smoked	1Kg	1267.67	1.78	- 7.09
Mackerel : frozen	1Kg	980	22.50	1.90
Groundnut oil: 1 bottle, specify bottle	1Ltr	492	- 26.20	4.68
Maize grain white sold loose	1Kg	153.96	- 14.08	15.37
Maize grain yellow sold loose	1Kg	175.79	2.88	39.49
Palm oil: 1 bottle,specify bottle	1Ltr	575	16.65	- 4.52
Plantain(ripe)	1Kg	219.28	12.92	40.26
Plantain(unripe)	1Kg	209.91	- 8.56	20.63
Vegetable oil:1 bottle,specify bottle	1Ltr	513.33	- 12.50	1.89
Wheat flour: prepacked (golden penny 2kg)	2Kg	614.29	- 8.99	- 10.16
AVERAGE			- 5.39	9.96


Selected Food Price Watch - November 2019

Kwara State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N206.25






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N229.76






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N305.18






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N300.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N121.53






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N458.46






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1303.33






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N190.13





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N133.02



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N626.67

Selected Food Price Watch - November 2019


Kwara State




ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	442	- 5.82	- 6.55
Agric eggs(medium size price of one)	1 Piece	38.67	- 3.33	- 0.57
Beans brown,sold loose	1Kg	229.76	- 41.85	- 7.20
Beans:white black eye. sold loose	1Kg	216.09	- 38.10	- 26.45
Beef Bone in	1Kg	989.08	- 20.58	- 1.40
Beef,boneless	1Kg	1303.33	18.35	4.21
Bread sliced 500g	1 loaf	300	14.65	3.45
Bread unsliced 500g	1 loaf	281.82	6.19	- 4.62
Broken Rice (Ofada)	1Kg	462.18	- 8.83	6.52
Chicken Feet	1Kg	800	- 26.38	-
Chicken Wings	1Kg	833.33	- 24.73	1.32
Evaporated tinned milk carnation 170g	1 unit	150	7.14	- 8.16
Evaporated tinned milk(peak), 170g	1 unit	195.83	- 0.76	0.23
Frozen chicken	1 unit	1643.59	26.43	2.72
Gari white,sold loose	1Kg	133.02	6.01	5.00
Gari yellow,sold loose	1Kg	116.17	- 32.15	- 19.46
Mudfish (aro) fresh	1Kg	900	- 20.88	5.88
Mudfish : dried	1Kg	1848.52	- 3.97	3.72
Onion bulb	1Kg	190.13	- 23.51	- 6.40
Rice agric sold loose	1Kg	375	18.87	20.48
Rice local sold loose	1Kg	305.18	18.51	8.32
Rice Medium Grained	1Kg	228.57	- 26.44	- 18.49
Rice,imported high quality sold loose	1Kg	342.31	5.91	8.36
Tomato	1Kg	206.25	- 10.10	73.41
Yam tuber	1Kg	121.53	- 65.89	19.30
Dried Fish Sardine	1Kg	1403	4.83	1.05
Iced Sardine	1Kg	1000	- 11.76	5.26
Irish potato	1Kg	222.22	- 13.45	- 11.70
Sweet potato	1Kg	223.36	42.63	34.67
Tilapia fish (epiya) fresh	1Kg	943.23	- 11.02	10.97
Titus:frozen	1Kg	1050	- 0.51	8.05
Catfish (obokun) fresh	1Kg	906.67	- 11.11	9.24
Catfish :dried	1Kg	1408.12	- 3.34	5.52
Catfish Smoked	1Kg	1344.83	16.70	- 3.51
Mackerel : frozen	1Kg	878.17	- 18.31	6.44
Groundnut oil: 1 bottle, specify bottle	1Ltr	616.67	15.05	13.85
Maize grain white sold loose	1Kg	118.68	- 5.16	15.31
Maize grain yellow sold loose	1Kg	127.37	- 41.34	23.03
Palm oil: 1 bottle,specify bottle	1Ltr	458.46	- 6.90	15.90
Plantain(ripe)	1Kg	243.1	- 5.71	20.50
Plantain(unripe)	1Kg	169.72	- 22.15	- 19.54
Vegetable oil:1 bottle,specify bottle	1Ltr	450.36	- 16.26	9.52
Wheat flour: prepacked (golden penny 2kg)	2Kg	626.67	- 1.57	- 2.69
AVERAGE			- 7.46	4.78

Selected Food Price Watch - November 2019


Lagos State


Tomato




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N239.09




Beans brown, sold loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N263.63




Rice Local sold Loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N409.27




Bread sliced 500g




UNIT OF MEASUREMENT
1 loaf




NOVEMBER 2019
N290.56




Yam Tuber




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N257.35




Palm oil: 1 bottle




UNIT OF MEASUREMENT
1Ltr




NOVEMBER 2019
N480.70




Beef, boneless




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N1329.48




Onion bulb




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N249.19



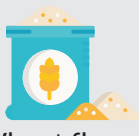
Garri white, sold Loose




UNIT OF MEASUREMENT
1KG




NOVEMBER 2019
N128.51



Wheat flour: prepacked (golden penny) 2kg



UNIT OF MEASUREMENT
2KG



NOVEMBER 2019
N627.50

Selected Food Price Watch - November 2019


Lagos State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	492.11	10.09	5.67
Agric eggs(medium size price of one)	1 Piece	41.58	- 2.17	8.00
Beans brown,sold loose	1Kg	263.63	- 43.44	- 1.68
Beans:white black eye. sold loose	1Kg	282.71	- 29.42	- 4.54
Beef Bone in	1Kg	1160.8	13.35	3.60
Beef,boneless	1Kg	1329.48	0.79	4.15
Bread sliced 500g	1 loaf	290.56	- 4.74	- 0.82
Bread unsliced 500g	1 loaf	244.74	- 3.07	1.04
Broken Rice (Ofada)	1Kg	526.97	- 13.46	4.43
Chicken Feet	1Kg	700	- 17.65	- 2.81
Chicken Wings	1Kg	1003.33	- 13.17	4.05
Evaporated tinned milk carnation 170g	1 unit	150	5.26	-
Evaporated tinned milk(peak), 170g	1 unit	198.94	- 0.78	3.11
Frozen chicken	1 unit	1650	30.63	- 1.28
Gari white,sold loose	1Kg	128.51	- 1.42	- 2.72
Gari yellow,sold loose	1Kg	161.65	- 36.33	0.96
Mudfish (aro) fresh	1Kg	1012.31	- 10.87	5.82
Mudfish : dried	1Kg	1781.43	- 22.12	3.26
Onion bulb	1Kg	249.19	- 32.45	23.32
Rice agric sold loose	1Kg	352.74	11.36	11.23
Rice local sold loose	1Kg	409.27	36.12	9.14
Rice Medium Grained	1Kg	325.5	1.99	0.15
Rice,imported high quality sold loose	1Kg	358.63	16.17	- 4.21
Tomato	1Kg	239.09	- 45.19	14.45
Yam tuber	1Kg	257.35	- 7.87	24.45
Dried Fish Sardine	1Kg	1198.5	- 18.83	- 7.31
Iced Sardine	1Kg	973.5	16.52	7.74
Irish potato	1Kg	362.24	- 2.56	3.74
Sweet potato	1Kg	201.02	- 7.96	44.34
Tilapia fish (epiya) fresh	1Kg	805.98	- 32.13	3.63
Titus:frozen	1Kg	981.58	3.87	1.36
Catfish (obokun) fresh	1Kg	1270.59	- 9.02	- 0.93
Catfish :dried	1Kg	1597.73	3.91	0.72
Catfish Smoked	1Kg	1550	- 1.11	- 0.31
Mackerel : frozen	1Kg	888.64	7.54	- 3.93
Groundnut oil: 1 bottle, specify bottle	1Ltr	533.33	-	3.90
Maize grain white sold loose	1Kg	224.2	- 1.29	7.32
Maize grain yellow sold loose	1Kg	233.65	2.47	14.50
Palm oil: 1 bottle,specify bottle	1Ltr	480.7	- 4.20	3.01
Plantain(ripe)	1Kg	249.41	36.61	0.16
Plantain(unripe)	1Kg	251.32	54.31	7.22
Vegetable oil:1 bottle,specify bottle	1Ltr	568.42	7.32	7.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	627.5	6.36	2.03
AVERAGE			- 2.25	4.72


Selected Food Price Watch - November 2019

Nasarawa State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N165.62






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N293.90






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N271.54






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N304.40






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N145.06






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N512.82






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1246.15





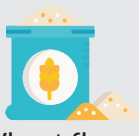
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N242.65





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N122.10



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N721.67

Selected Food Price Watch - November 2019


Nasarawa State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	476.15	- 0.25	- 0.65
Agric eggs(medium size price of one)	1 Piece	41.54	- 2.64	3.85
Beans brown,sold loose	1Kg	293.9	- 24.41	- 3.88
Beans:white black eye. sold loose	1Kg	252.84	- 23.11	- 10.81
Beef Bone in	1Kg	984.8	- 17.93	- 5.01
Beef,boneless	1Kg	1246.15	- 4.63	- 1.10
Bread sliced 500g	1 loaf	304.4	- 15.05	17.08
Bread unsliced 500g	1 loaf	292.31	- 8.89	8.20
Broken Rice (Ofada)	1Kg	325.87	21.00	8.05
Chicken Feet	1Kg	650	- 44.48	8.94
Chicken Wings	1Kg	725	- 37.86	- 5.23
Evaporated tinned milk carnation 170g	1 unit	150	- 16.67	- 5.81
Evaporated tinned milk(peak), 170g	1 unit	195.71	2.65	- 0.15
Frozen chicken	1 unit	2000	33.33	1.01
Gari white,sold loose	1Kg	122.1	- 29.02	- 16.56
Gari yellow,sold loose	1Kg	168.48	- 19.03	18.25
Mudfish (aro) fresh	1Kg	1016.36	- 7.60	4.24
Mudfish : dried	1Kg	1395.84	- 3.36	- 3.33
Onion bulb	1Kg	242.65	- 7.14	15.75
Rice agric sold loose	1Kg	300	13.79	- 2.60
Rice local sold loose	1Kg	271.54	6.94	9.57
Rice Medium Grained	1Kg	372.22	15.52	1.86
Rice,imported high quality sold loose	1Kg	404.62	10.57	10.35
Tomato	1Kg	165.62	- 63.53	22.24
Yam tuber	1Kg	145.06	- 58.56	- 7.54
Dried Fish Sardine	1Kg	1380	17.89	- 1.87
Iced Sardine	1Kg	1019.17	- 2.94	4.89
Irish potato	1Kg	241.32	- 14.82	17.31
Sweet potato	1Kg	169.6	- 9.40	26.47
Tilapia fish (epiya) fresh	1Kg	926.67	- 16.72	15.82
Titus:frozen	1Kg	1018.18	- 9.05	7.58
Catfish (obokun) fresh	1Kg	796.67	- 33.89	- 0.42
Catfish :dried	1Kg	1488.43	- 22.13	2.45
Catfish Smoked	1Kg	1287	17.00	- 0.62
Mackerel : frozen	1Kg	958.1	- 7.65	5.00
Groundnut oil: 1 bottle, specify bottle	1Ltr	571.28	- 0.78	- 3.25
Maize grain white sold loose	1Kg	108.49	- 25.42	9.18
Maize grain yellow sold loose	1Kg	115.08	- 28.01	37.49
Palm oil: 1 bottle,specify bottle	1Ltr	512.82	- 2.98	- 7.16
Plantain(ripe)	1Kg	294.02	- 3.02	15.26
Plantain(unripe)	1Kg	191.43	- 7.23	- 12.33
Vegetable oil:1 bottle,specify bottle	1Ltr	592.22	1.84	2.50
Wheat flour: prepacked (golden penny 2kg)	2Kg	721.67	4.97	0.11
AVERAGE			- 9.83	4.31


Selected Food Price Watch - November 2019

Niger State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N206.87






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N233.06






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N242.76






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N275.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N153.72






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N480.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1138.21






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N209.50





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N143.52



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N605.00

Selected Food Price Watch - November 2019


Niger State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	480	- 6.67	7.06
Agric eggs(medium size price of one)	1 Piece	42	5.00	11.07
Beans brown,sold loose	1Kg	233.06	- 25.99	- 21.87
Beans:white black eye. sold loose	1Kg	235.28	- 27.10	8.30
Beef Bone in	1Kg	990.89	- 11.07	- 5.03
Beef,boneless	1Kg	1138.21	- 1.33	4.60
Bread sliced 500g	1 loaf	275	- 9.84	22.22
Bread unsliced 500g	1 loaf	266.67	- 4.00	- 8.57
Broken Rice (Ofada)	1Kg	413.43	5.66	13.82
Chicken Feet	1Kg	886.67	- 26.87	7.98
Chicken Wings	1Kg	878.67	- 27.75	- 5.08
Evaporated tinned milk carnation 170g	1 unit	150	-	- 1.64
Evaporated tinned milk(peak), 170g	1 unit	182	7.06	7.45
Frozen chicken	1 unit	1850	42.31	-
Gari white,sold loose	1Kg	143.52	1.97	- 9.09
Gari yellow,sold loose	1Kg	200	3.91	28.32
Mudfish (aro) fresh	1Kg	910.19	- 1.08	- 5.84
Mudfish : dried	1Kg	1572.22	- 27.81	3.66
Onion bulb	1Kg	209.5	- 24.08	33.07
Rice agric sold loose	1Kg	299.81	- 19.93	- 14.79
Rice local sold loose	1Kg	242.76	2.37	- 3.29
Rice Medium Grained	1Kg	300	- 14.29	- 3.16
Rice,imported high quality sold loose	1Kg	352.86	- 1.16	14.86
Tomato	1Kg	206.87	- 36.53	29.44
Yam tuber	1Kg	153.72	- 34.58	9.44
Dried Fish Sardine	1Kg	1382.14	8.40	0.38
Iced Sardine	1Kg	1026.22	- 4.46	5.83
Irish potato	1Kg	285.71	1.46	18.61
Sweet potato	1Kg	164.53	- 16.85	45.00
Tilapia fish (epiya) fresh	1Kg	780.29	- 22.94	0.68
Titus:frozen	1Kg	902.21	- 14.29	4.10
Catfish (obokun) fresh	1Kg	888.89	- 20.40	3.40
Catfish :dried	1Kg	1257.78	- 3.15	- 2.07
Catfish Smoked	1Kg	1250	0.86	- 3.17
Mackerel : frozen	1Kg	1050	2.44	5.00
Groundnut oil: 1 bottle, specify bottle	1Ltr	453.33	- 3.49	- 3.27
Maize grain white sold loose	1Kg	108.08	- 28.24	19.91
Maize grain yellow sold loose	1Kg	113.56	- 28.53	24.94
Palm oil: 1 bottle,specify bottle	1Ltr	480	0.37	0.82
Plantain(ripe)	1Kg	253.03	17.00	15.51
Plantain(unripe)	1Kg	250	- 18.59	20.37
Vegetable oil:1 bottle,specify bottle	1Ltr	440	- 2.94	- 8.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	605	16.03	1.68
AVERAGE			- 8.12	6.33


Selected Food Price Watch - November 2019

Ogun State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N263.86






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N250.45






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N354.92






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N306.25






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N201.04






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N478.43






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1206.92






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N274.78





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N126.21



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N612.50

Selected Food Price Watch - November 2019


Ogun State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	507.14	12.70	8.63
Agric eggs(medium size price of one)	1 Piece	43.63	9.87	12.01
Beans brown,sold loose	1Kg	250.45	- 43.12	9.76
Beans:white black eye. sold loose	1Kg	213.63	- 37.50	- 7.21
Beef Bone in	1Kg	799.14	3.36	- 6.81
Beef,boneless	1Kg	1206.92	2.35	6.27
Bread sliced 500g	1 loaf	306.25	1.37	0.25
Bread unsliced 500g	1 loaf	263.33	4.45	- 1.81
Broken Rice (Ofada)	1Kg	509.78	1.52	6.55
Chicken Feet	1Kg	808.33	7.78	4.98
Chicken Wings	1Kg	1200	13.39	3.83
Evaporated tinned milk carnation 170g	1 unit	155	- 22.50	- 7.00
Evaporated tinned milk(peak), 170g	1 unit	212.35	- 2.24	5.91
Frozen chicken	1 unit	1583.33	20.25	1.79
Gari white,sold loose	1Kg	126.21	- 11.46	- 19.65
Gari yellow,sold loose	1Kg	180.32	1.93	- 11.32
Mudfish (aro) fresh	1Kg	980.87	- 5.62	2.96
Mudfish : dried	1Kg	2394.02	- 9.00	0.91
Onion bulb	1Kg	274.78	- 39.22	20.05
Rice agric sold loose	1Kg	383.47	25.22	3.54
Rice local sold loose	1Kg	354.92	18.31	8.13
Rice Medium Grained	1Kg	416.44	43.57	13.09
Rice,imported high quality sold loose	1Kg	401.83	15.07	2.11
Tomato	1Kg	263.86	- 18.68	10.14
Yam tuber	1Kg	201.04	- 44.14	- 1.83
Dried Fish Sardine	1Kg	1420	5.30	- 3.30
Iced Sardine	1Kg	727.78	30.30	3.75
Irish potato	1Kg	270.2	- 16.15	20.76
Sweet potato	1Kg	113.94	- 18.38	4.09
Tilapia fish (epiya) fresh	1Kg	889.98	10.97	4.11
Titus:frozen	1Kg	948.28	25.69	0.49
Catfish (obokun) fresh	1Kg	830.8	- 8.22	3.34
Catfish :dried	1Kg	1709.94	- 24.61	2.34
Catfish Smoked	1Kg	1548.89	1.90	4.03
Mackerel : frozen	1Kg	902.32	1.08	9.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	566.67	18.60	11.84
Maize grain white sold loose	1Kg	120.73	- 23.41	1.48
Maize grain yellow sold loose	1Kg	122.43	- 19.10	1.64
Palm oil: 1 bottle,specify bottle	1Ltr	478.43	0.83	- 0.33
Plantain(ripe)	1Kg	169.68	- 36.49	1.78
Plantain(unripe)	1Kg	190.05	1.65	- 13.57
Vegetable oil:1 bottle,specify bottle	1Ltr	604.76	16.11	7.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	612.5	4.39	1.24
AVERAGE			- 1.90	2.92


Selected Food Price Watch - November 2019

Ondo State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N302.81






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N325.53






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N358.32






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N261.11






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N163.37






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N423.33






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1371.45






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N310.56





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N139.21



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N657.50

Selected Food Price Watch - November 2019


Ondo State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	502.94	2.02	5.70
Agric eggs(medium size price of one)	1 Piece	43.25	2.63	9.84
Beans brown,sold loose	1Kg	325.53	- 27.05	- 0.88
Beans:white black eye. sold loose	1Kg	217.87	- 35.38	- 2.87
Beef Bone in	1Kg	983.3	21.89	- 7.11
Beef,boneless	1Kg	1371.45	7.87	3.66
Bread sliced 500g	1 loaf	261.11	2.17	0.22
Bread unsliced 500g	1 loaf	250	-	-
Broken Rice (Ofada)	1Kg	430.47	18.12	19.29
Chicken Feet	1Kg	1028.42	- 17.31	11.85
Chicken Wings	1Kg	1075	- 11.03	2.38
Evaporated tinned milk carnation 170g	1 unit	160	- 2.04	4.35
Evaporated tinned milk(peak), 170g	1 unit	192.5	- 0.88	- 3.45
Frozen chicken	1 unit	1863.64	43.36	3.81
Gari white,sold loose	1Kg	139.21	27.18	7.25
Gari yellow,sold loose	1Kg	152.78	- 29.15	21.40
Mudfish (aro) fresh	1Kg	842.35	- 1.59	7.21
Mudfish : dried	1Kg	1626.27	8.56	1.76
Onion bulb	1Kg	310.56	- 0.70	23.60
Rice agric sold loose	1Kg	425.49	25.43	11.18
Rice local sold loose	1Kg	358.32	15.45	15.21
Rice Medium Grained	1Kg	410.6	13.93	18.51
Rice,imported high quality sold loose	1Kg	392.51	5.28	9.70
Tomato	1Kg	302.81	5.40	12.73
Yam tuber	1Kg	163.37	- 9.22	4.71
Dried Fish Sardine	1Kg	1194.84	17.21	1.31
Iced Sardine	1Kg	807.96	- 6.37	- 0.52
Irish potato	1Kg	208.57	- 29.81	5.34
Sweet potato	1Kg	132.92	4.78	2.08
Tilapia fish (epiya) fresh	1Kg	852.12	- 27.93	2.53
Titus:frozen	1Kg	810.09	- 15.03	- 5.00
Catfish (obokun) fresh	1Kg	899.81	11.93	- 3.83
Catfish :dried	1Kg	1471.38	- 24.66	- 1.82
Catfish Smoked	1Kg	1390.09	6.93	0.19
Mackerel : frozen	1Kg	904.98	8.78	3.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	576.67	- 18.18	4.40
Maize grain white sold loose	1Kg	150.18	- 10.53	- 3.69
Maize grain yellow sold loose	1Kg	148.11	- 15.80	0.02
Palm oil: 1 bottle,specify bottle	1Ltr	423.33	- 14.67	- 2.81
Plantain(ripe)	1Kg	247.79	- 22.94	27.59
Plantain(unripe)	1Kg	231.16	- 37.86	12.17
Vegetable oil:1 bottle,specify bottle	1Ltr	550	- 4.47	5.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	657.5	7.88	0.19
AVERAGE			- 2.46	5.28


Selected Food Price Watch - November 2019

Osun State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N201.91






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N299.00






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N345.74






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N330.77






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N270.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N452.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1214.24





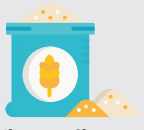
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N207.59





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N122.33



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N626.92

Selected Food Price Watch - November 2019

Osun State









	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	429.52	1.06	0.59
Agric eggs(medium size price of one)	1 Piece	37.5	- 1.16	- 0.66
Beans brown,sold loose	1Kg	299	- 28.87	16.11
Beans:white black eye. sold loose	1Kg	230.92	- 27.25	5.17
Beef Bone in	1Kg	829.34	14.19	2.13
Beef,boneless	1Kg	1214.24	- 7.95	- 3.92
Bread sliced 500g	1 loaf	330.77	0.67	3.96
Bread unsliced 500g	1 loaf	255	3.21	2.00
Broken Rice (Ofada)	1Kg	372.65	- 13.08	- 2.22
Chicken Feet	1Kg	780	- 14.72	4.00
Chicken Wings	1Kg	950	- 20.83	- 2.06
Evaporated tinned milk carnation 170g	1 unit	174.54	- 7.56	2.67
Evaporated tinned milk(peak), 170g	1 unit	205.5	6.68	3.27
Frozen chicken	1 unit	1816.67	25.29	- 3.11
Gari white,sold loose	1Kg	122.33	10.79	- 13.11
Gari yellow,sold loose	1Kg	136.05	- 1.45	18.66
Mudfish (aro) fresh	1Kg	961.03	- 4.44	6.40
Mudfish : dried	1Kg	1607.62	- 13.29	3.05
Onion bulb	1Kg	207.59	- 13.87	9.33
Rice agric sold loose	1Kg	394.12	31.13	9.69
Rice local sold loose	1Kg	345.74	31.03	12.58
Rice Medium Grained	1Kg	353.53	13.04	0.25
Rice,imported high quality sold loose	1Kg	350.73	- 8.27	9.53
Tomato	1Kg	201.91	- 1.57	22.11
Yam tuber	1Kg	270	- 20.01	2.26
Dried Fish Sardine	1Kg	1515.24	- 4.44	5.35
Iced Sardine	1Kg	740.34	20.82	- 1.31
Irish potato	1Kg	245	- 30.00	- 1.12
Sweet potato	1Kg	124.26	- 10.40	9.76
Tilapia fish (epiya) fresh	1Kg	809.09	5.03	7.88
Titus:frozen	1Kg	832.84	- 0.99	- 5.72
Catfish (obokun) fresh	1Kg	879.52	3.59	4.71
Catfish :dried	1Kg	1688.93	- 7.22	- 4.77
Catfish Smoked	1Kg	1592.03	30.26	4.86
Mackerel : frozen	1Kg	928.34	4.83	1.14
Groundnut oil: 1 bottle, specify bottle	1Ltr	632	9.91	1.57
Maize grain white sold loose	1Kg	104.63	- 18.88	8.85
Maize grain yellow sold loose	1Kg	101.25	- 27.70	- 2.87
Palm oil: 1 bottle,specify bottle	1Ltr	452	- 1.94	9.89
Plantain(ripe)	1Kg	176.62	- 22.36	- 3.06
Plantain(unripe)	1Kg	145.82	- 38.86	3.26
Vegetable oil:1 bottle,specify bottle	1Ltr	474	- 11.13	7.56
Wheat flour: prepacked (golden penny 2kg)	2Kg	626.92	3.62	2.00
AVERAGE			- 3.33	3.64




Selected Food Price Watch - November 2019




Oyo State









		
Tomato	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N217.80




		
Beans brown, sold loose	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N314.34




		
Rice Local sold Loose	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N386.66




		
Bread sliced 500g	UNIT OF MEASUREMENT 1 loaf	NOVEMBER 2019 N300.00




		
Yam Tuber	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N214.61

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT 1Ltr	NOVEMBER 2019 N444.76

		
Beef, boneless	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N1195.91

		
Onion bulb	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N203.77

		
Garri white, sold Loose	UNIT OF MEASUREMENT 1KG	NOVEMBER 2019 N137.25

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT 2KG	NOVEMBER 2019 N640.77

Selected Food Price Watch - November 2019


Oyo State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	442	- 9.27	0.14
Agric eggs(medium size price of one)	1 Piece	38	5.11	- 0.83
Beans brown,sold loose	1Kg	314.34	- 27.59	- 6.57
Beans:white black eye. sold loose	1Kg	313.54	- 6.65	- 5.76
Beef Bone in	1Kg	986.54	7.90	- 3.25
Beef,boneless	1Kg	1195.91	41.45	- 1.60
Bread sliced 500g	1 loaf	300	- 4.00	1.63
Bread unsliced 500g	1 loaf	271.88	2.29	3.62
Broken Rice (Ofada)	1Kg	520	- 30.67	-
Chicken Feet	1Kg	850	- 15.00	5.81
Chicken Wings	1Kg	900	- 13.46	4.05
Evaporated tinned milk carnation 170g	1 unit	150	3.45	- 1.32
Evaporated tinned milk(peak), 170g	1 unit	186.15	- 6.23	- 8.02
Frozen chicken	1 unit	2550	81.82	2.00
Gari white,sold loose	1Kg	137.25	- 5.09	- 15.06
Gari yellow,sold loose	1Kg	229.45	- 6.10	15.25
Mudfish (aro) fresh	1Kg	823.68	3.59	3.56
Mudfish : dried	1Kg	1553.84	8.07	0.53
Onion bulb	1Kg	203.77	- 32.96	31.87
Rice agric sold loose	1Kg	405.24	8.06	10.87
Rice local sold loose	1Kg	386.66	43.63	0.82
Rice Medium Grained	1Kg	371.33	9.28	10.56
Rice,imported high quality sold loose	1Kg	416.13	18.89	14.37
Tomato	1Kg	217.8	10.45	21.37
Yam tuber	1Kg	214.61	- 6.77	20.36
Dried Fish Sardine	1Kg	1042.1	44.10	- 5.88
Iced Sardine	1Kg	788.87	26.94	- 1.68
Irish potato	1Kg	254.01	- 21.96	13.89
Sweet potato	1Kg	176.99	34.31	- 7.64
Tilapia fish (epiya) fresh	1Kg	786.85	- 11.99	11.19
Titus:frozen	1Kg	910.99	12.38	1.15
Catfish (obokun) fresh	1Kg	918.18	- 8.23	2.02
Catfish :dried	1Kg	1607.22	- 18.67	0.63
Catfish Smoked	1Kg	1450.79	32.75	- 1.69
Mackerel : frozen	1Kg	809.97	- 14.35	0.88
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	- 3.41	9.59
Maize grain white sold loose	1Kg	162.5	37.92	50.35
Maize grain yellow sold loose	1Kg	111.54	- 8.95	1.89
Palm oil: 1 bottle,specify bottle	1Ltr	444.76	- 1.23	2.35
Plantain(ripe)	1Kg	182.32	3.77	- 0.83
Plantain(unripe)	1Kg	203.02	9.96	0.69
Vegetable oil:1 bottle,specify bottle	1Ltr	555.38	4.02	5.77
Wheat flour: prepacked (golden penny 2kg)	2Kg	640.77	- 0.27	- 1.50
AVERAGE			4.59	4.32


Selected Food Price Watch - November 2019

Plateau State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N252.95






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N273.53






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N286.16






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N281.25






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N203.03






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N501.52






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1236.36






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N209.03





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N138.82



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N576.67

Selected Food Price Watch - November 2019


Plateau State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	470.91	0.81	1.37
Agric eggs(medium size price of one)	1 Piece	40.45	2.98	4.71
Beans brown,sold loose	1Kg	273.53	- 31.87	- 12.53
Beans:white black eye, sold loose	1Kg	265.45	- 21.30	- 8.66
Beef Bone in	1Kg	1015	- 14.63	1.07
Beef,boneless	1Kg	1236.36	2.09	1.82
Bread sliced 500g	1 loaf	281.25	- 1.32	-
Bread unsliced 500g	1 loaf	280	6.94	4.19
Broken Rice (Ofada)	1Kg	341.38	11.90	- 13.58
Chicken Feet	1Kg	700	- 21.95	1.45
Chicken Wings	1Kg	700	- 30.27	- 0.35
Evaporated tinned milk carnation 170g	1 unit	149.31	- 15.08	- 0.46
Evaporated tinned milk(peak), 170g	1 unit	176.67	- 2.24	- 7.99
Frozen chicken	1 unit	3236.67	61.83	3.96
Gari white,sold loose	1Kg	138.82	- 31.26	4.34
Gari yellow,sold loose	1Kg	202.63	- 9.72	6.87
Mudfish (aro) fresh	1Kg	964.99	- 17.07	6.87
Mudfish : dried	1Kg	1525	- 12.49	2.16
Onion bulb	1Kg	209.03	- 21.29	13.76
Rice agric sold loose	1Kg	330.56	10.19	8.38
Rice local sold loose	1Kg	286.16	16.87	15.36
Rice Medium Grained	1Kg	367.05	13.76	10.89
Rice,imported high quality sold loose	1Kg	400.85	16.28	12.45
Tomato	1Kg	252.95	10.64	23.84
Yam tuber	1Kg	203.03	- 29.55	17.00
Dried Fish Sardine	1Kg	1418.18	7.44	3.77
Iced Sardine	1Kg	1025	- 8.48	1.49
Irish potato	1Kg	268.63	- 6.98	7.89
Sweet potato	1Kg	207.44	- 18.53	35.53
Tilapia fish (epiya) fresh	1Kg	816.41	- 0.44	5.34
Titus:frozen	1Kg	1000	- 10.70	0.29
Catfish (obokun) fresh	1Kg	991.67	- 13.77	10.16
Catfish :dried	1Kg	1946.54	- 24.46	- 2.58
Catfish Smoked	1Kg	1498.61	- 2.09	1.12
Mackerel : frozen	1Kg	933.33	- 14.67	- 4.27
Groundnut oil: 1 bottle, specify bottle	1Ltr	514.81	- 12.71	2.28
Maize grain white sold loose	1Kg	126.43	- 16.40	63.17
Maize grain yellow sold loose	1Kg	96.3	- 36.29	24.63
Palm oil: 1 bottle,specify bottle	1Ltr	501.52	- 6.63	9.03
Plantain(ripe)	1Kg	302.83	- 1.68	31.67
Plantain(unripe)	1Kg	226.43	- 53.21	24.31
Vegetable oil:1 bottle,specify bottle	1Ltr	508.33	- 11.34	7.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	576.67	- 8.47	- 1.38
AVERAGE			- 8.03	7.37


Selected Food Price Watch - November 2019

Rivers State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N350.39






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N392.43






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N457.63






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N348.57






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N225.57






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N412.17






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1330.60






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N287.30





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N193.66



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N762.50

Selected Food Price Watch - November 2019


Rivers State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	500	4.05	- 1.86
Agric eggs(medium size price of one)	1 Piece	45.22	5.95	- 3.27
Beans brown,sold loose	1Kg	392.43	- 3.90	6.84
Beans:white black eye. sold loose	1Kg	368.31	- 2.65	5.95
Beef Bone in	1Kg	1022.82	17.93	1.28
Beef,boneless	1Kg	1330.6	0.31	1.23
Bread sliced 500g	1 loaf	348.57	9.79	2.52
Bread unsliced 500g	1 loaf	320.95	4.32	- 0.48
Broken Rice (Ofada)	1Kg	492.06	6.89	8.25
Chicken Feet	1Kg	900.09	- 16.23	4.39
Chicken Wings	1Kg	1154.38	7.64	4.60
Evaporated tinned milk carnation 170g	1 unit	152	3.64	- 1.94
Evaporated tinned milk(peak), 170g	1 unit	188.26	- 2.38	- 0.09
Frozen chicken	1 unit	1816.67	15.79	- 1.80
Gari white,sold loose	1Kg	193.66	7.73	- 3.57
Gari yellow,sold loose	1Kg	195.96	6.93	- 3.99
Mudfish (aro) fresh	1Kg	976.67	26.25	- 2.33
Mudfish : dried	1Kg	2333.33	- 1.66	- 2.19
Onion bulb	1Kg	287.3	- 25.25	14.74
Rice agric sold loose	1Kg	524.89	18.44	4.98
Rice local sold loose	1Kg	457.63	17.99	12.90
Rice Medium Grained	1Kg	507.94	15.00	8.35
Rice,imported high quality sold loose	1Kg	581.63	21.59	22.32
Tomato	1Kg	350.39	- 15.62	- 15.55
Yam tuber	1Kg	225.57	5.33	2.90
Dried Fish Sardine	1Kg	1607.65	6.74	3.34
Iced Sardine	1Kg	1133.32	15.04	3.74
Irish potato	1Kg	363.31	- 7.28	1.83
Sweet potato	1Kg	177.96	11.93	- 11.13
Tilapia fish (epiya) fresh	1Kg	1004.79	8.86	4.24
Titus:frozen	1Kg	996.86	4.66	10.46
Catfish (obokun) fresh	1Kg	1061.41	- 11.15	7.48
Catfish :dried	1Kg	1501.25	- 28.12	6.47
Catfish Smoked	1Kg	1600	0.49	- 2.54
Mackerel : frozen	1Kg	982.37	8.23	- 2.79
Groundnut oil: 1 bottle, specify bottle	1Ltr	550	3.12	7.61
Maize grain white sold loose	1Kg	230.6	3.59	7.25
Maize grain yellow sold loose	1Kg	222.74	1.58	3.66
Palm oil: 1 bottle,specify bottle	1Ltr	412.17	- 6.32	- 5.03
Plantain(ripe)	1Kg	237.63	14.31	- 9.64
Plantain(unripe)	1Kg	226.31	21.16	- 15.37
Vegetable oil:1 bottle,specify bottle	1Ltr	607.68	- 2.83	- 3.03
Wheat flour: prepacked (golden penny 2kg)	2Kg	762.5	7.39	0.10
AVERAGE			4.17	1.65


Selected Food Price Watch - November 2019

Sokoto State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N147.25






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N233.06






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N273.89






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N350.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N150.25






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N495.00






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1219.91






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N215.93





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N131.45



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N670.00

Selected Food Price Watch - November 2019


Sokoto State





	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	461.25	-3.91	-3.91
Agric eggs(medium size price of one)	1 Piece	39.38	-1.56	-1.56
Beans brown,sold loose	1Kg	233.06	-40.74	-15.45
Beans:white black eye. sold loose	1Kg	262.79	-28.1	-12.38
Beef Bone in	1Kg	1057.14	-0.5	3.42
Beef,boneless	1Kg	1219.91	16.18	-0.01
Bread sliced 500g	1 loaf	350	3.28	1.82
Bread unsliced 500g	1 loaf	333.33	1.85	9.89
Broken Rice (Ofada)	1Kg	364.14	-6.78	-4.22
Chicken Feet	1Kg	442.5	-19.1	-11.15
Chicken Wings	1Kg	651.43	3.2	-7.3
Evaporated tinned milk carnation 170g	1 unit	160	0	-1.44
Evaporated tinned milk(peak), 170g	1 unit	147.14	-16.26	-18.32
Frozen chicken	1 unit	2418	25.61	0.75
Gari white,sold loose	1Kg	131.45	-44.98	-18.17
Gari yellow,sold loose	1Kg	200.02	-32.75	11.34
Mudfish (aro) fresh	1Kg	950	-10.56	5.56
Mudfish : dried	1Kg	1783.04	-10.44	-0.46
Onion bulb	1Kg	215.93	-27.23	14.05
Rice agric sold loose	1Kg	274.23	3.94	-15.2
Rice local sold loose	1Kg	273.89	12.44	-1.49
Rice Medium Grained	1Kg	325.62	27.32	4.92
Rice,imported high quality sold loose	1Kg	317.08	-16.95	-4.87
Tomato	1Kg	147.25	-51.44	-25.93
Yam tuber	1Kg	150.25	-44.04	-5.92
Dried Fish Sardine	1Kg	1403.33	45.75	3.67
Iced Sardine	1Kg	937.5	26.55	8.82
Irish potato	1Kg	246.33	-25.14	22.39
Sweet potato	1Kg	205.54	-1.57	33.87
Tilapia fish (epiya) fresh	1Kg	663.03	-19.05	-2.76
Titus:frozen	1Kg	941.67	-13.01	0.89
Catfish (obokun) fresh	1Kg	900	-15.86	5.88
Catfish :dried	1Kg	1243.84	27.57	-1.04
Catfish Smoked	1Kg	1230	15.76	-3.76
Mackerel : frozen	1Kg	942.86	2.89	4.73
Groundnut oil: 1 bottle, specify bottle	1Ltr	521.9	-9.35	7.24
Maize grain white sold loose	1Kg	134.39	8.35	13.92
Maize grain yellow sold loose	1Kg	99.77	-23.35	2.42
Palm oil: 1 bottle,specify bottle	1Ltr	495	0.34	-1.93
Plantain(ripe)	1Kg	144.54	-55.26	-4.19
Plantain(unripe)	1Kg	130	-50	-2.5
Vegetable oil:1 bottle,specify bottle	1Ltr	451.38	-14.17	6.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	670	13.56	0
AVERAGE			- 8.08	- 0.05


Selected Food Price Watch - November 2019

Taraba State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N203.24






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N224.29






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N308.59






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N317.14






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N124.97






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N540.67






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1238.83






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N149.07





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N166.89



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N755.00

Selected Food Price Watch - November 2019


Taraba State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	420.75	- 10.95	- 0.61
Agric eggs(medium size price of one)	1 Piece	39	- 1.27	- 2.50
Beans brown,sold loose	1Kg	224.29	- 26.86	- 3.87
Beans:white black eye. sold loose	1Kg	212.66	- 27.40	- 5.88
Beef Bone in	1Kg	984.59	2.15	2.04
Beef,boneless	1Kg	1238.83	6.19	2.61
Bread sliced 500g	1 loaf	317.14	6.60	5.71
Bread unsliced 500g	1 loaf	291.11	20.29	2.06
Broken Rice (Ofada)	1Kg	400.74	- 10.99	1.10
Chicken Feet	1Kg	378.15	1.60	0.80
Chicken Wings	1Kg	524.65	- 8.26	0.80
Evaporated tinned milk carnation 170g	1 unit	150.2	0.13	0.13
Evaporated tinned milk(peak), 170g	1 unit	191.85	5.52	0.02
Frozen chicken	1 unit	1550.16	19.24	1.65
Gari white,sold loose	1Kg	166.89	- 41.78	1.92
Gari yellow,sold loose	1Kg	180.15	- 30.96	1.56
Mudfish (aro) fresh	1Kg	875.38	- 2.80	5.05
Mudfish : dried	1Kg	1600	- 0.97	1.14
Onion bulb	1Kg	149.07	- 40.54	- 6.77
Rice agric sold loose	1Kg	357.94	4.48	20.46
Rice local sold loose	1Kg	308.59	31.10	14.42
Rice Medium Grained	1Kg	437.36	45.85	38.72
Rice,imported high quality sold loose	1Kg	485.47	45.66	39.26
Tomato	1Kg	203.24	4.67	16.01
Yam tuber	1Kg	124.97	13.64	0.16
Dried Fish Sardine	1Kg	1262.91	26.48	0.60
Iced Sardine	1Kg	975.82	14.74	0.60
Irish potato	1Kg	201.2	- 18.16	0.60
Sweet potato	1Kg	158.15	46.27	22.80
Tilapia fish (epiya) fresh	1Kg	602.5	- 1.67	20.16
Titus:frozen	1Kg	957.74	17.42	0.80
Catfish (obokun) fresh	1Kg	1000	- 9.77	5.26
Catfish :dried	1Kg	1454.94	- 9.09	2.24
Catfish Smoked	1Kg	1412.17	- 1.68	2.70
Mackerel : frozen	1Kg	859.29	- 5.94	0.80
Groundnut oil: 1 bottle, specify bottle	1Ltr	520	- 13.16	0.11
Maize grain white sold loose	1Kg	80.72	- 3.09	- 11.15
Maize grain yellow sold loose	1Kg	87.35	- 2.17	- 5.74
Palm oil: 1 bottle,specify bottle	1Ltr	540.67	- 9.05	- 1.70
Plantain(ripe)	1Kg	200.46	- 25.76	5.31
Plantain(unripe)	1Kg	195	- 2.62	- 2.50
Vegetable oil:1 bottle,specify bottle	1Ltr	550	7.34	- 1.20
Wheat flour: prepacked (golden penny 2kg)	2Kg	755	7.77	- 3.51
AVERAGE			0.52	4.00


Selected Food Price Watch - November 2019

Yobe State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N173.68






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N213.08






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N235.58






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N232.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N214.58






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N514.29






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1200.00






Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N168.89





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N179.65



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N652.99

Selected Food Price Watch - November 2019


Yobe State





ItemLabels	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	450	- 10.00	7.14
Agric eggs(medium size price of one)	1 Piece	37.75	- 15.17	- 1.24
Beans brown,sold loose	1Kg	213.08	- 35.30	- 13.68
Beans:white black eye. sold loose	1Kg	217.71	- 28.33	3.67
Beef Bone in	1Kg	1000	9.76	4.35
Beef,boneless	1Kg	1200	- 4.00	2.86
Bread sliced 500g	1 loaf	232	- 12.78	- 0.85
Bread unsliced 500g	1 loaf	275.56	6.44	14.81
Broken Rice (Ofada)	1Kg	281.25	- 6.30	14.62
Chicken Feet	1Kg	442.91	- 6.27	0.47
Chicken Wings	1Kg	709.52	- 9.46	1.34
Evaporated tinned milk carnation 170g	1 unit	150	- 1.23	- 3.23
Evaporated tinned milk(peak), 170g	1 unit	171.67	- 9.82	- 8.04
Frozen chicken	1 unit	2150	7.50	- 2.27
Gari white,sold loose	1Kg	179.65	- 19.56	12.74
Gari yellow,sold loose	1Kg	170.15	- 43.41	22.63
Mudfish (aro) fresh	1Kg	1000	- 10.19	6.89
Mudfish : dried	1Kg	1700	- 10.53	0.10
Onion bulb	1Kg	168.89	- 33.53	40.74
Rice agric sold loose	1Kg	341.82	32.80	- 3.71
Rice local sold loose	1Kg	235.58	1.72	- 15.68
Rice Medium Grained	1Kg	289.58	2.15	- 4.31
Rice,imported high quality sold loose	1Kg	322.92	- 4.40	- 4.32
Tomato	1Kg	173.68	- 23.89	- 13.16
Yam tuber	1Kg	214.58	- 2.03	33.04
Dried Fish Sardine	1Kg	1350	- 16.97	- 2.81
Iced Sardine	1Kg	946.56	- 0.39	3.26
Irish potato	1Kg	280	- 20.22	17.44
Sweet potato	1Kg	118.75	- 1.23	3.19
Tilapia fish (epiya) fresh	1Kg	703.33	- 10.97	7.61
Titus:frozen	1Kg	1142.72	26.49	- 0.22
Catfish (obokun) fresh	1Kg	804.63	0.76	0.38
Catfish :dried	1Kg	1858.33	- 2.89	3.24
Catfish Smoked	1Kg	1718.26	- 13.44	5.41
Mackerel : frozen	1Kg	935.73	- 6.43	0.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	570.78	- 5.22	11.84
Maize grain white sold loose	1Kg	81.85	- 9.06	- 12.84
Maize grain yellow sold loose	1Kg	97.41	1.84	9.10
Palm oil: 1 bottle,specify bottle	1Ltr	514.29	- 9.73	12.51
Plantain(ripe)	1Kg	219.16	- 12.39	0.30
Plantain(unripe)	1Kg	205.4	3.31	2.70
Vegetable oil:1 bottle,specify bottle	1Ltr	471.11	- 4.27	11.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	652.99	- 3.03	- 0.35
AVERAGE			- 7.20	3.91


Selected Food Price Watch - November 2019

Zamfara State







Tomato

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N171.67






Beans brown, sold loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N267.75






Rice Local sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N258.79






Bread sliced 500g

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1 loaf	N295.00






Yam Tuber

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N156.41






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1Ltr	N473.94






Beef, boneless

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N1261.94





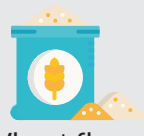
Onion bulb

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N218.52





Garri white, sold Loose

	
UNIT OF MEASUREMENT	NOVEMBER 2019
1KG	N146.23



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	NOVEMBER 2019
2KG	N650.00

Selected Food Price Watch - November 2019

Zamfara State



	Unit of Measurement	Nov-19	(NOV 2018-NOV 2019)	OCT 2018-NOV 2019
Agric eggs medium size	1 Dozen	461.43	- 4.31	3.93
Agric eggs(medium size price of one)	1 Piece	39.62	- 8.99	5.64
Beans brown,sold loose	1Kg	267.75	- 22.54	- 10.92
Beans:white black eye. sold loose	1Kg	250.04	- 24.92	- 14.30
Beef Bone in	1Kg	985.07	- 1.49	- 3.42
Beef,boneless	1Kg	1261.94	9.73	- 0.85
Bread sliced 500g	1 loaf	295	- 17.03	- 11.73
Bread unsliced 500g	1 loaf	288.67	- 20.06	- 5.28
Broken Rice (Ofada)	1Kg	336.54	1.01	- 6.87
Chicken Feet	1Kg	400	- 6.67	-
Chicken Wings	1Kg	650	- 18.75	- 5.14
Evaporated tinned milk carnation 170g	1 unit	134.29	- 16.07	- 14.98
Evaporated tinned milk(peak), 170g	1 unit	150.91	- 16.41	- 21.41
Frozen chicken	1 unit	2150	29.52	- 0.77
Gari white,sold loose	1Kg	146.23	- 34.88	2.50
Gari yellow,sold loose	1Kg	148.71	- 26.79	0.69
Mudfish (aro) fresh	1Kg	911.11	- 17.61	3.32
Mudfish : dried	1Kg	1348.33	- 1.30	- 2.42
Onion bulb	1Kg	218.52	5.26	8.88
Rice agric sold loose	1Kg	327.27	24.54	7.83
Rice local sold loose	1Kg	258.79	14.01	1.83
Rice Medium Grained	1Kg	330.28	39.56	- 4.04
Rice,imported high quality sold loose	1Kg	348.24	13.82	- 0.18
Tomato	1Kg	171.67	- 44.71	46.29
Yam tuber	1Kg	156.41	- 37.61	31.43
Dried Fish Sardine	1Kg	1450	6.10	2.17
Iced Sardine	1Kg	900	-	4.65
Irish potato	1Kg	200	- 29.80	7.69
Sweet potato	1Kg	108.59	- 46.21	- 2.92
Tilapia fish (epiya) fresh	1Kg	851.11	- 8.81	4.22
Titus:frozen	1Kg	967.05	4.29	5.32
Catfish (obokun) fresh	1Kg	865	- 30.80	3.80
Catfish :dried	1Kg	1330	- 4.09	- 3.16
Catfish Smoked	1Kg	1500	- 14.40	3.43
Mackerel : frozen	1Kg	930	3.81	- 2.34
Groundnut oil: 1 bottle, specify bottle	1Ltr	521.9	- 0.97	8.50
Maize grain white sold loose	1Kg	98.3	- 38.23	3.40
Maize grain yellow sold loose	1Kg	102.35	- 41.84	18.39
Palm oil: 1 bottle,specify bottle	1Ltr	473.94	4.55	3.18
Plantain(ripe)	1Kg	180	- 21.76	- 2.89
Plantain(unripe)	1Kg	185	- 7.14	1.63
Vegetable oil:1 bottle,specify bottle	1Ltr	481.11	13.10	2.61
Wheat flour: prepacked (golden penny 2kg)	2Kg	650	18.18	- 5.45
AVERAGE			- 8.76	1.45

The background of the top section of the page is a photograph of a market stall. Several price signs are visible, written in white on dark backgrounds. One sign on the left says 'Erculina' with a price of '0.00'. Another sign in the middle says 'Chaguisyo' with a price of '0.00'. A third sign on the right says 'Rigos' with a price of '1.99'. The stall is filled with various items, and the overall scene is brightly lit.

Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

Acknowledgements/Contacts

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