



NATIONAL BUREAU OF STATISTICS

Selected Food Prices Watch

(AUGUST 2019)

Report Date: September 2019

Data Source: National Bureau of Statistics (NBS)

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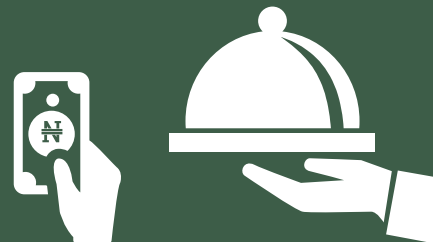
Executive Summary

Selected food price watch data for August 2019 reflected that the average price of 1 dozen of Agric eggs medium size decreased year-on-year by -2.58% and month-on-month by -1.37% to N461.89 in August 2019 from N468.31 in July 2019 while the average price of piece of Agric eggs medium size (price of one) decreased year-on-year by -2.93% and increased month-on-month by 5.70% to N40.57 in August 2019 from N38.38 in July 2019.

The average price of 1kg of tomato decreased year-on-year by -33.50% and increased month-on-month by 9.98% to N223.86 in August 2019 from N203.55 in July 2019.

The average price of 1kg of rice (imported high quality sold loose) decreased year-on-year by -4.91% and increased month-on-month by 0.14% to N356.61 in August 2019 from N356.10 in July 2019.

Similarly, the average price of 1kg of yam tuber decreased year-on-year by -35.13% and increased month-on-month by 11.23% to N190.04 in August 2019 from N170.85 in July 2019.



UNIT OF MEASUREMENT

1 Dozen



AUGUST 2019

N461.88



YEAR - ON - YEAR

-2.58



MONTH - ON - MONTH

-1.37



Highest Price

Rivers (523.88)



Agric eggs
medium size

Lowest Price

Gombe (418.33)



UNIT OF MEASUREMENT

1 Piece



AUGUST 2019

N40.56



YEAR - ON - YEAR

-2.93



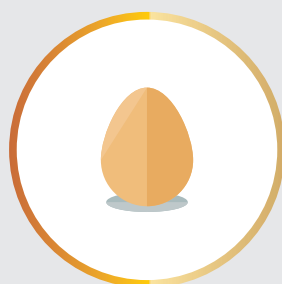
MONTH - ON - MONTH

5.70



Highest Price

Edo (47.85)



Agric eggs
(medium size price of one)

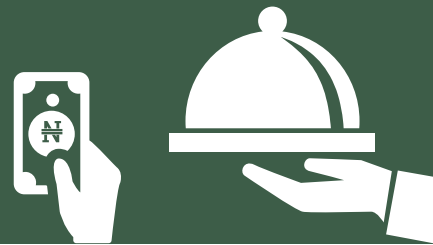
Lowest Price

Kano (36.78)



Selected Food Price Watch - August 2019

National - Beans



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N307.26



YEAR - ON - YEAR

-25.09



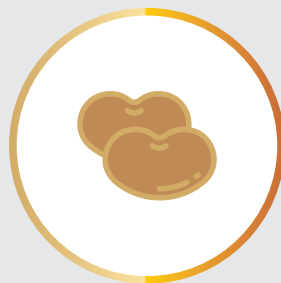
MONTH - ON - MONTH

-6.09



Highest Price

Ebonyi (513.26)



Beans brown,
sold loose

Lowest Price

Katsina (219.72)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N273.71



YEAR - ON - YEAR

-24.32



MONTH - ON - MONTH

-5.54



Highest Price

Ebonyi (475.61)



Beans:white
black eye. sold loose

Lowest Price

Niger (160)



Selected Food Price Watch - August 2019

National – Beef



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1007.38



YEAR - ON - YEAR

-5.12



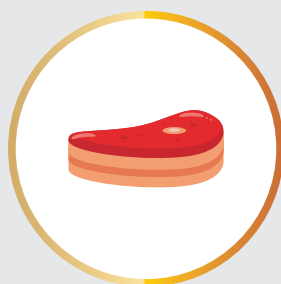
MONTH - ON - MONTH

-0.23



Highest Price

Bayelsa (1220.93)



Beef Bone in

Lowest Price

Osun (789.53)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1244.22



YEAR - ON - YEAR

-2.87



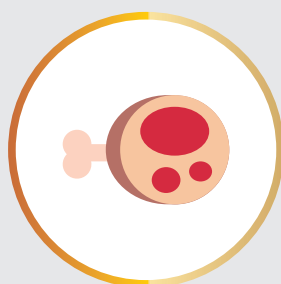
MONTH - ON - MONTH

-0.20



Highest Price

Delta (1485.25)



Beef ,boneless

Lowest Price

Niger (1040.25)



Selected Food Price Watch - August 2019

National - Bread



UNIT OF MEASUREMENT

1 loaf



AUGUST 2019

N301.36



YEAR - ON - YEAR

-2.14



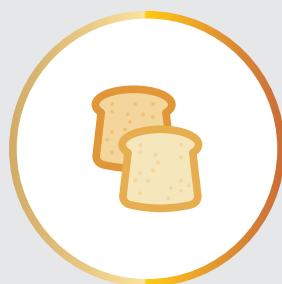
MONTH - ON - MONTH

2.68



Highest Price

Bayelsa (434.61)



Lowest Price

Katsina (218.33)



Bread sliced 500g



UNIT OF MEASUREMENT

1 loaf



AUGUST 2019

N275.40



YEAR - ON - YEAR

-1.03



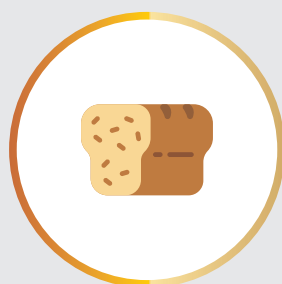
MONTH - ON - MONTH

1.62



Highest Price

Bayelsa (436.66)



Lowest Price

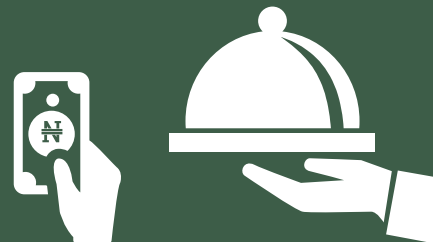
Gombe (215.38)



Bread unsliced 500g

Selected Food Price Watch - August 2019

National - Rice



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N366.22



YEAR - ON - YEAR

-7.82



MONTH - ON - MONTH

-0.33



Highest Price

Oyo (588.83)



Lowest Price

Gombe (219.79)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N310.03



YEAR - ON - YEAR

-5.19



MONTH - ON - MONTH

-1.44



Highest Price

Rivers (454.54)



Lowest Price

Jigawa (214.28)



Rice agric sold loose

Selected Food Price Watch - August 2019

National - Rice



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N272.76



YEAR - ON - YEAR

-2.68



MONTH - ON - MONTH

-1.66



Highest Price

Bayelsa (407.59)



Lowest Price

Gombe (203.9)



Rice local sold loose



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N309.27



YEAR - ON - YEAR

-4.12



MONTH - ON - MONTH

1.09



Highest Price

Bayelsa (494.33)



Lowest Price

Katsina (236.36)



Rice Medium Grained

Selected Food Price Watch - August 2019

National - Rice



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N356.60



YEAR - ON - YEAR

-4.91



MONTH - ON - MONTH

0.14



Highest Price

Bayelsa (460.22)



Lowest Price

Kwara (293.12)



Rice, imported high quality sold loose

Selected Food Price Watch - August 2019

National - Chicken



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N685.15



YEAR - ON - YEAR

-14.68



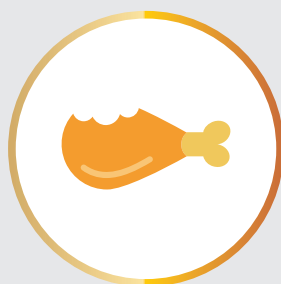
MONTH - ON - MONTH

3.34



Highest Price

Bayelsa (1089.73)



Chicken Feet

Lowest Price

Bauchi (326)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N891.87



YEAR - ON - YEAR

-10.14



MONTH - ON - MONTH

1.68



Highest Price

Edo (1307.69)



Chicken Wings

Lowest Price

Taraba (500.41)



Selected Food Price Watch - August 2019

National – Chicken



UNIT OF MEASUREMENT

1 Unit



AUGUST 2019

N1770.45



YEAR - ON - YEAR

15.47



MONTH - ON - MONTH

-0.72



Highest Price

Plateau (2813.63)



Frozen Chicken

Lowest Price

Kano (1325)





UNIT OF MEASUREMENT

1 Unit



AUGUST 2019

N156.98



YEAR - ON - YEAR

-3.68



MONTH - ON - MONTH

-0.10



Highest Price

Imo (200)



Lowest Price

Zamfara (135.45)



Evaporated tinned
milk carnation 170g



UNIT OF MEASUREMENT

1 Unit



AUGUST 2019

N186.60



YEAR - ON - YEAR

1.28



MONTH - ON - MONTH

-1.05



Highest Price

Ogun (210)



Lowest Price

Jigawa (151.53)



Evaporated tinned
milk(peak), 170g

Selected Food Price Watch - August 2019

National - Garri



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N154.10



YEAR - ON - YEAR

-22.49



MONTH - ON - MONTH

1.56



Highest Price

Bayelsa (251.14)



Lowest Price

Nassarawa (114.16)



Gari white, sold loose



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N167.34



YEAR - ON - YEAR

-32.18



MONTH - ON - MONTH

8.62



Highest Price

Bayelsa (255.77)



Lowest Price

Akwa Ibom (113.65)



Gari yellow, sold loose



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N979.83



YEAR - ON - YEAR

-11.31



MONTH - ON - MONTH

0.83



Highest Price

Enugu (1434.05)



Lowest Price

Oyo (795.92)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1768.23



YEAR - ON - YEAR

-6.79



MONTH - ON - MONTH

0.26



Highest Price

Abia (2422.52)

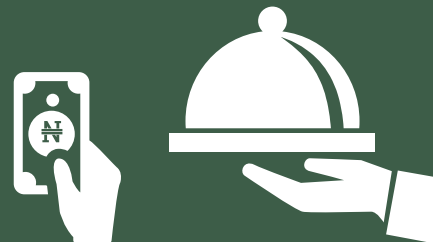


Lowest Price

Katsina (1269.05)



Mudfish : Dried



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1008.32



YEAR - ON - YEAR

-7.40



MONTH - ON - MONTH

1.42



Highest Price

Akwa Ibom (1311.35)



Lowest Price

Katsina (756.25)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1712.11



YEAR - ON - YEAR

-5.26



MONTH - ON - MONTH

0.68



Highest Price

Cross River (2528.47)



Lowest Price

Sokoto (1225.19)



Catfish :Dried



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1515.95



YEAR - ON - YEAR

0.23



MONTH - ON - MONTH

0.78



Highest Price

Cross River (1851.11)



Lowest Price

Nassarawa (1285.85)



Catfish Smoked



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N1379.50



YEAR - ON - YEAR

-0.25



MONTH - ON - MONTH

0.47



Highest Price

Adamawa (1800)



Lowest Price

Katsina (905)



Dried Fish Sardine



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N907.69



YEAR - ON - YEAR

-3.15



MONTH - ON - MONTH

2.25



Highest Price

Anambra (1154.9)



Iced Sardine

Lowest Price

Ogun (666.66)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N833.58



YEAR - ON - YEAR

-12.05



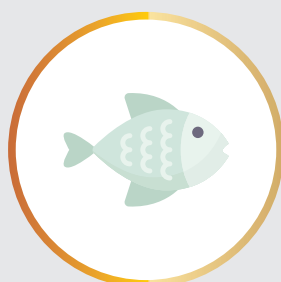
MONTH - ON - MONTH

2.63



Highest Price

Bayelsa (1157.75)



Tilapia Fish (Epiya) Fresh

Lowest Price

Bauchi (560)





UNIT OF MEASUREMENT

1KG



AUGUST 2019

N949.04



YEAR - ON - YEAR

0.26



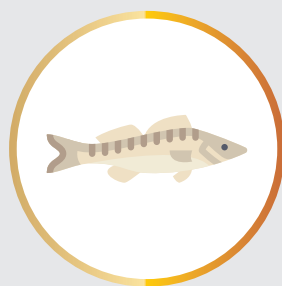
MONTH - ON - MONTH

2.31



Highest Price

Abuja (1120)



Titus: Frozen

Lowest Price

Katsina (789.44)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N914.58



YEAR - ON - YEAR

-1.25



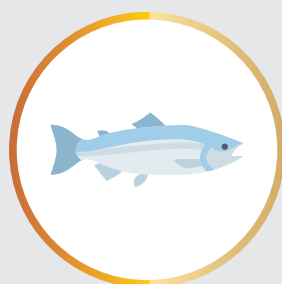
MONTH - ON - MONTH

0.35



Highest Price

Abuja (1180)



Mackerel : Frozen

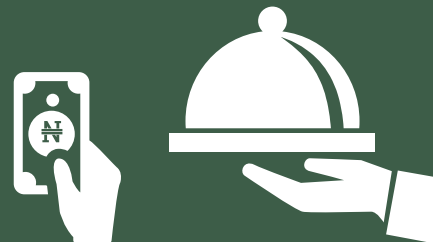
Lowest Price

Ekiti (771.22)



Selected Food Price Watch - August 2019

National – Yam and Potato



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N190.03



YEAR - ON - YEAR

-35.13



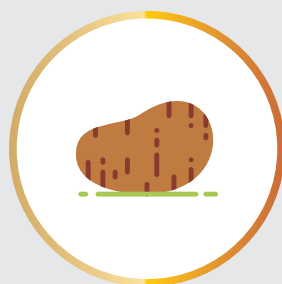
MONTH - ON - MONTH

11.23



Highest Price

Edo (300)



Yam Tuber

Lowest Price

Nassarawa (129.12)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N271.48



YEAR - ON - YEAR

-12.28



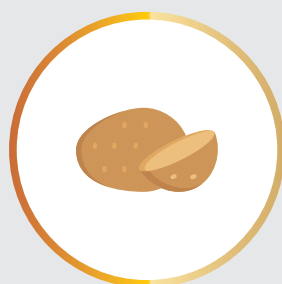
MONTH - ON - MONTH

8.45



Highest Price

Akwa Ibom (428.57)



Irish Potato

Lowest Price

Ekiti (152.85)





UNIT OF MEASUREMENT

1KG



AUGUST 2019

N137.60



YEAR - ON - YEAR

-17.64



MONTH - ON - MONTH

0.09



Highest Price

Akwa Ibom (254.99)



Sweet Potato

Lowest Price

Bauchi (77.06)



Selected Food Price Watch - August 2019

National – Tomato and Onion



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N223.86



YEAR - ON - YEAR

-33.50



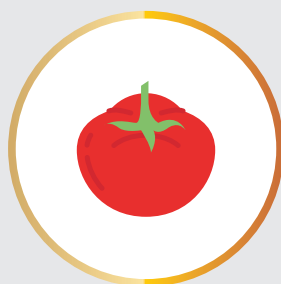
MONTH - ON - MONTH

9.98



Highest Price

Rivers (406.24)



Tomato

Lowest Price

Sokoto (108.03)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N206.04



YEAR - ON - YEAR

-18.27



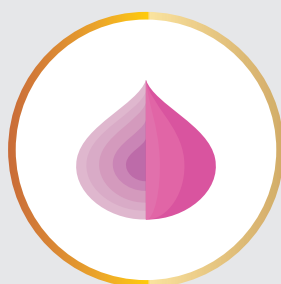
MONTH - ON - MONTH

6.45



Highest Price

Bayelsa (370.91)



Onion bulb

Lowest Price

Jigawa (118.82)





UNIT OF MEASUREMENT

1KG



AUGUST 2019

N138.25



YEAR - ON - YEAR

-23.23



MONTH - ON - MONTH

1.84



Highest Price

Edo (260.39)



Maize grain
white sold loose

Lowest Price

Taraba (75.36)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N142.00



YEAR - ON - YEAR

-25.68



MONTH - ON - MONTH

1.37



Highest Price

Akwa Ibom (264.19)

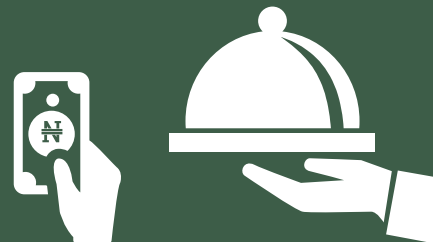


Maize grain
yellow sold loose

Lowest Price

Bauchi (78.45)





UNIT OF MEASUREMENT

1KG



AUGUST 2019

N225.03



YEAR - ON - YEAR

-18.40



MONTH - ON - MONTH

3.60



Highest Price

Nassarawa (309.25)



Plantain (ripe)

Lowest Price

Katsina (142.48)



UNIT OF MEASUREMENT

1KG



AUGUST 2019

N210.26



YEAR - ON - YEAR

-14.89



MONTH - ON - MONTH

3.36



Highest Price

Benue (278.11)



Plantain (unripe)

Lowest Price

Sokoto (116.66)



Selected Food Price Watch - August 2019

National - Oil



UNIT OF MEASUREMENT

1 Ltr



AUGUST 2019

N557.44



YEAR - ON - YEAR

-7.62



MONTH - ON - MONTH

2.26



Highest Price

Cross River (794.87)



Lowest Price

Kebbi (427.45)



Groundnut Oil: 1 bottle



UNIT OF MEASUREMENT

1 Ltr



AUGUST 2019

N454.62



YEAR - ON - YEAR

-9.28



MONTH - ON - MONTH

1.61



Highest Price

Borno (565.12)



Lowest Price

Ebonyi (390.47)



Palm oil: 1 bottle,
specify bottle

Selected Food Price Watch - August 2019

National - Oil



UNIT OF MEASUREMENT

1 Ltr



AUGUST 2019

N491.40



YEAR - ON - YEAR

-9.07



MONTH - ON - MONTH

1.31



Highest Price

Rivers (609.21)



Lowest Price

Niger (401.9)



Vegetable Oil:1 bottle,
specify bottle



UNIT OF MEASUREMENT

2KG



AUGUST 2019

N663.25



YEAR - ON - YEAR

0.33



MONTH - ON - MONTH

-0.71



Highest Price

Bayelsa (757.5)



Lowest Price


Plateau (576.25)





Wheat flour: prepacked
(golden penny 2kg)


Selected Food Price Watch - August 2019

Abia State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N215.07






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N369.69






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N307.43






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N380.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N203.04






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N405.26






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1352.75






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N224.80





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N119.62



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N730.00

Selected Food Price Watch - August 2019


Abia State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	480.75	-4.98	-5.74
Agric eggs(medium size price of one)	1 Piece	42.35	-11.96	16.45
Beans brown,sold loose	1Kg	369.69	-26.11	-14.74
Beans:white black eye. sold loose	1Kg	389.68	-19.72	-7.38
Beef Bone in	1Kg	987.91	-6.22	-2.81
Beef,boneless	1Kg	1352.75	-3.4	0.14
Bread sliced 500g	1 loaf	380	5.9	1.25
Bread unsliced 500g	1 loaf	332.12	23.26	0.26
Broken Rice (Ofada)	1Kg	405.06	-2.55	0.6
Chicken Feet	1Kg	645.25	-8.51	-0.73
Chicken Wings	1Kg	1050.44	-8.09	-1.83
Evaporated tinned milk carnation 170g	1 unit	164.31	-4.75	0.6
Evaporated tinned milk(peak), 170g	1 unit	200.66	3.61	5.42
Frozen chicken	1 unit	1631.25	2.22	-1.32
Gari white,sold loose	1Kg	119.62	-16.42	1.2
Gari yellow,sold loose	1Kg	123.17	-25.27	2.8
Mudfish (aro) fresh	1Kg	1156.91	-2	0.6
Mudfish : dried	1Kg	2422.52	7.93	1.56
Onion bulb	1Kg	224.8	0.5	6.47
Rice agric sold loose	1Kg	336.84	-9.13	-4.77
Rice local sold loose	1Kg	307.43	-4.62	-2.38
Rice Medium Grained	1Kg	339.39	-7.74	0.19
Rice,imported high quality sold loose	1Kg	386.3	-6.5	2.53
Tomato	1Kg	215.07	-38.07	9.67
Yam tuber	1Kg	203.04	-6.52	21.41
Dried Fish Sardine	1Kg	1353.53	-11.59	0.71
Iced Sardine	1Kg	850.64	-6.81	5.91
Irish potato	1Kg	294.79	-15.77	14.64
Sweet potato	1Kg	144.51	29.33	11.36
Tilapia fish (epiya) fresh	1Kg	914.93	-3.69	0.07
Titus:frozen	1Kg	978.97	3.76	5.5
Catfish (obokun) fresh	1Kg	1204.34	-7.36	0.07
Catfish :dried	1Kg	2110.37	-21.51	-1.26
Catfish Smoked	1Kg	1554.09	-10.56	-2.5
Mackerel : frozen	1Kg	838.9	-9.01	-2.96
Groundnut oil: 1 bottle, specify bottle	1Ltr	613.33	-6.12	1.1
Maize grain white sold loose	1Kg	165.37	-29.46	18.11
Maize grain yellow sold loose	1Kg	192.76	-19.83	39.84
Palm oil: 1 bottle,specify bottle	1Ltr	405.26	-11.36	8.02
Plantain(ripe)	1Kg	222.61	-1.92	5.16
Plantain(unripe)	1Kg	202.48	7.65	3.29
Vegetable oil:1 bottle,specify bottle	1Ltr	574.71	-3.49	1.55
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	0.11	1.39
AVERAGE			-6.67	3.24


Selected Food Price Watch - August 2019

Abuja FCT







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N196.69






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N253.63






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N282.17






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N341.66






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N258.60






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N533.33






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1262.00






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N173.01





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N135.23

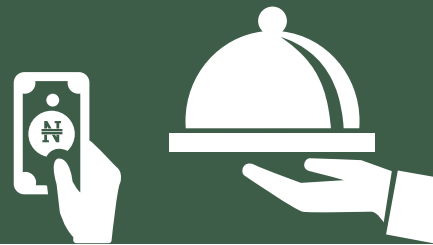


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N650.39

Selected Food Price Watch - August 2019

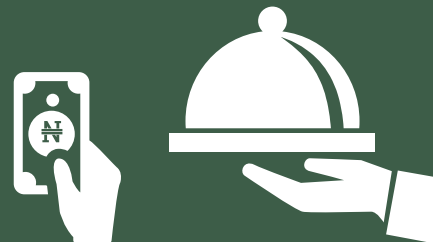

Abuja FCT





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	454	1.79	-5.42
Agric eggs(medium size price of one)	1 Piece	39	0	-1.27
Beans brown,sold loose	1Kg	253.63	-37.4	-11.16
Beans:white black eye. sold loose	1Kg	250.23	-29.5	-12.42
Beef Bone in	1Kg	1053.33	-2.02	-4.07
Beef,boneless	1Kg	1262	-9.86	-2.79
Bread sliced 500g	1 loaf	341.66	5.13	0
Bread unsliced 500g	1 loaf	325	2.63	1.11
Broken Rice (Ofada)	1Kg	415.28	-5.31	0.06
Chicken Feet	1Kg	655.47	-11.08	0.07
Chicken Wings	1Kg	1125	10.29	2.27
Evaporated tinned milk carnation 170g	1 unit	170	-0.01	4.72
Evaporated tinned milk(peak), 170g	1 unit	182.88	-2.72	2.12
Frozen chicken	1 unit	1832.5	4.71	-1.83
Gari white,sold loose	1Kg	135.23	-29.18	-0.01
Gari yellow,sold loose	1Kg	151.9	-34.23	2.46
Mudfish (aro) fresh	1Kg	1325	20.45	-0.19
Mudfish : dried	1Kg	2096.68	-12.67	0.08
Onion bulb	1Kg	173.01	-15.94	6.3
Rice agric sold loose	1Kg	298.32	16.74	-0.89
Rice local sold loose	1Kg	282.17	-5.2	-10.48
Rice Medium Grained	1Kg	322.58	0	2.46
Rice,imported high quality sold loose	1Kg	356.71	-11.54	0.4
Tomato	1Kg	196.69	-23.07	3.48
Yam tuber	1Kg	258.6	-19.59	-15.24
Dried Fish Sardine	1Kg	1600	-6.2	3.23
Iced Sardine	1Kg	1150.1	2.08	5.51
Irish potato	1Kg	273.79	-5.6	0.4
Sweet potato	1Kg	125.33	-19.2	-9.62
Tilapia fish (epiya) fresh	1Kg	1150	-1.33	-4.05
Titus:frozen	1Kg	1120	-4.27	-4.68
Catfish (obokun) fresh	1Kg	1245.68	10.07	-2.88
Catfish :dried	1Kg	2095.04	-3.42	-0.49
Catfish Smoked	1Kg	1767.31	2.39	0.06
Mackerel : frozen	1Kg	1180	15.67	-3.74
Groundnut oil: 1 bottle, specify bottle	1Ltr	593.33	-12.32	1.14
Maize grain white sold loose	1Kg	133.11	-13.7	41
Maize grain yellow sold loose	1Kg	112.74	-28.95	8.98
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	-3.62	2.32
Plantain(ripe)	1Kg	301.51	5.86	18.06
Plantain(unripe)	1Kg	271.22	1.26	9.33
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	-6.98	-1.12
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.39	-4.56	0.06
AVERAGE			-6.05	0.54


Selected Food Price Watch - August 2019

Adamawa State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N165.94






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N259.84






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N214.85






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N270.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N146.91






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N516.66






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1145.45






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N150.52





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N183.85

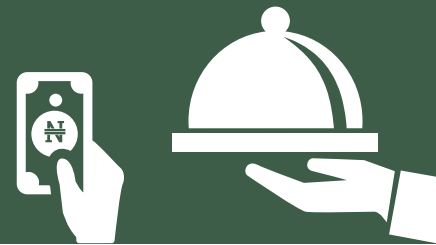


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N700.26

Selected Food Price Watch - August 2019


Adamawa State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	472.5	8	0.92
Agric eggs(medium size price of one)	1 Piece	40.83	10.58	7.45
Beans brown,sold loose	1Kg	259.84	-3.56	-11.96
Beans:white black eye. sold loose	1Kg	234.62	-4.46	-11.23
Beef Bone in	1Kg	998.8	8.57	-4.72
Beef,boneless	1Kg	1145.45	4.13	2.1
Bread sliced 500g	1 loaf	270	-10.21	-6.9
Bread unsliced 500g	1 loaf	256.25	0.71	-3.5
Broken Rice (Ofada)	1Kg	318.59	-8.27	-2.8
Chicken Feet	1Kg	489.94	-8.2	0.08
Chicken Wings	1Kg	600.51	-10.88	0.08
Evaporated tinned milk carnation 170g	1 unit	150.5	0.33	2.17
Evaporated tinned milk(peak), 170g	1 unit	200.66	13.58	3.63
Frozen chicken	1 unit	1600	18.52	0.63
Gari white,sold loose	1Kg	183.85	-11.73	22.57
Gari yellow,sold loose	1Kg	179.73	-41.01	28.38
Mudfish (aro) fresh	1Kg	874.65	-12.54	-1.5
Mudfish : dried	1Kg	1857.52	-6.8	-1.98
Onion bulb	1Kg	150.52	-22.15	12.6
Rice agric sold loose	1Kg	252.89	3.29	-3.4
Rice local sold loose	1Kg	214.85	-16.53	-4.69
Rice Medium Grained	1Kg	266.23	1.57	9.1
Rice,imported high quality sold loose	1Kg	345.28	2	1.49
Tomato	1Kg	165.94	-24.86	16.4
Yam tuber	1Kg	146.91	-27.91	3.47
Dried Fish Sardine	1Kg	1800	2.79	-2.7
Iced Sardine	1Kg	890.74	-8.82	4.79
Irish potato	1Kg	283.62	44.59	11.28
Sweet potato	1Kg	150.27	17.64	33.82
Tilapia fish (epiya) fresh	1Kg	628.92	-33.19	5.02
Titus:frozen	1Kg	1000.1	6.91	3.96
Catfish (obokun) fresh	1Kg	1200.36	11.66	20.04
Catfish:dried	1Kg	1366.66	1.23	-2.1
Catfish Smoked	1Kg	1350.81	8.06	0.06
Mackerel : frozen	1Kg	900.57	-1.57	0.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	520.12	-11.61	5.43
Maize grain white sold loose	1Kg	83.52	-31.81	-2.9
Maize grain yellow sold loose	1Kg	80.6	-26.19	-5.25
Palm oil: 1 bottle,specify bottle	1Ltr	516.66	-3.98	3.96
Plantain(ripe)	1Kg	210.22	4.48	-11.71
Plantain(unripe)	1Kg	197.75	-10.11	-4.59
Vegetable oil:1 bottle,specify bottle	1Ltr	501.55	-3.37	3.53
Wheat flour: prepacked (golden penny 2kg)	2Kg	700.26	11.74	-0.27
AVERAGE			-3.71	2.81


Selected Food Price Watch - August 2019

Akwa Ibom State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N368.66






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N395.37






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N289.25






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N358.33






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N200.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N463.93






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1358.19






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N349.27





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N118.94

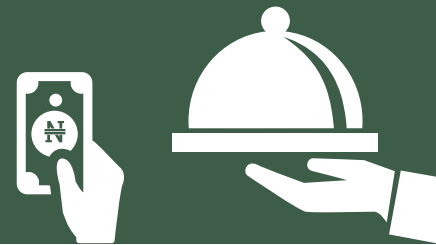


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N731.42

Selected Food Price Watch - August 2019


Akwa Ibom State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	440	-9.28	2.16
Agric eggs(medium size price of one)	1 Piece	38.27	-9.95	8.03
Beans brown,sold loose	1Kg	395.37	-17.6	-7.39
Beans:white black eye. sold loose	1Kg	396.42	-12.63	-10.49
Beef Bone in	1Kg	1012.07	2.9	3.83
Beef,boneless	1Kg	1358.19	0.84	-2.1
Bread sliced 500g	1 loaf	358.33	3.61	-1.15
Bread unsliced 500g	1 loaf	327.27	4.96	1.78
Broken Rice (Ofada)	1Kg	311.11	-2.78	3.7
Chicken Feet	1Kg	698.8	-35.25	6.88
Chicken Wings	1Kg	1004.16	2.53	4.92
Evaporated tinned milk carnation 170g	1 unit	150	0	-3.37
Evaporated tinned milk(peak), 170g	1 unit	188.18	3.21	0.94
Frozen chicken	1 unit	1806.66	-1.99	1.78
Gari white,sold loose	1Kg	118.94	-0.26	9.27
Gari yellow,sold loose	1Kg	113.65	-25.41	-7.94
Mudfish (aro) fresh	1Kg	1155.71	-22.11	-3.55
Mudfish : dried	1Kg	1786.75	-24.94	-1.98
Onion bulb	1Kg	349.27	10.64	14.48
Rice agric sold loose	1Kg	368	0.36	-3.16
Rice local sold loose	1Kg	289.25	2.09	-1.83
Rice Medium Grained	1Kg	355.06	-4.04	-1.37
Rice,imported high quality sold loose	1Kg	391.81	-4.22	-2.88
Tomato	1Kg	368.66	-27.73	13.1
Yam tuber	1Kg	200	-45.47	6.72
Dried Fish Sardine	1Kg	1366.66	11.56	3.14
Iced Sardine	1Kg	968.9	0.23	4.83
Irish potato	1Kg	428.57	17.45	12.27
Sweet potato	1Kg	254.99	60.86	23.08
Tilapia fish (epiya) fresh	1Kg	1003.41	8.48	4.89
Titus:frozen	1Kg	959.31	2.5	3.23
Catfish (obokun) fresh	1Kg	1311.35	9.18	2.72
Catfish :dried	1Kg	1607.53	11.57	4.2
Catfish Smoked	1Kg	1447.61	3.4	3.13
Mackerel : frozen	1Kg	805.32	-3.79	-4.38
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	11.8	2.27
Maize grain white sold loose	1Kg	250.85	-10.29	-4.97
Maize grain yellow sold loose	1Kg	264.19	-10.74	17.53
Palm oil: 1 bottle,specify bottle	1Ltr	463.93	-12.1	1.88
Plantain(ripe)	1Kg	295.79	-1.53	0.64
Plantain(unripe)	1Kg	229.5	-11.61	-12.52
Vegetable oil:1 bottle,specify bottle	1Ltr	563.33	-2.5	-3.64
Wheat flour: prepacked (golden penny 2kg)	2Kg	731.42	2.19	0.89
AVERAGE			-2.93	2.08


Selected Food Price Watch - August 2019

Anambra State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N250.28






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N352.48






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N262.50






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N356.25






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N176.27






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N453.33






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1367.30






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N224.95





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N143.45



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N735.71

Selected Food Price Watch - August 2019


Anambra State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	495.33	-10.84	-10.73
Agric eggs(medium size price of one)	1 Piece	42.57	-14.86	15.4
Beans brown,sold loose	1Kg	352.48	-16.66	-10.57
Beans:white black eye. sold loose	1Kg	375.4	-8.15	-4.06
Beef Bone in	1Kg	982.96	-5.14	-2.7
Beef,boneless	1Kg	1367.3	-1.23	2.78
Bread sliced 500g	1 loaf	356.25	-0.4	0
Bread unsliced 500g	1 loaf	342.22	8.51	-1.04
Broken Rice (Ofada)	1Kg	396.55	1.58	0.08
Chicken Feet	1Kg	753.32	-5.84	0.44
Chicken Wings	1Kg	1000.33	-12.47	3.48
Evaporated tinned milk carnation 170g	1 unit	171.64	-2.27	0.78
Evaporated tinned milk(peak), 170g	1 unit	185.87	-0.62	1.38
Frozen chicken	1 unit	1856.66	6.9	-2.02
Gari white,sold loose	1Kg	143.45	-14.09	1.36
Gari yellow,sold loose	1Kg	162.39	-28.46	3.55
Mudfish (aro) fresh	1Kg	1002.86	8.88	0.07
Mudfish : dried	1Kg	2200.66	-8.31	1.31
Onion bulb	1Kg	224.95	9.14	16.69
Rice agric sold loose	1Kg	313.33	-11.58	-1.41
Rice local sold loose	1Kg	262.5	0.87	-7.76
Rice Medium Grained	1Kg	304	-16.27	-5
Rice,imported high quality sold loose	1Kg	362.66	-7.2	-3.52
Tomato	1Kg	250.28	-33.37	24.73
Yam tuber	1Kg	176.27	-25.17	-0.41
Dried Fish Sardine	1Kg	1560.02	4.56	2.46
Iced Sardine	1Kg	1154.9	7.79	2.61
Irish potato	1Kg	396.03	4.14	4.97
Sweet potato	1Kg	154.92	0.75	-9.45
Tilapia fish (epiya) fresh	1Kg	882.38	-11.81	0.09
Titus:frozen	1Kg	912.94	-7.41	3.17
Catfish (obokun) fresh	1Kg	1200	9.09	3.75
Catfish :dried	1Kg	2135.83	-13.91	1.59
Catfish Smoked	1Kg	1596.28	7.22	-1.94
Mackerel : frozen	1Kg	908.63	-2.69	-3.61
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.66	3.7	1.69
Maize grain white sold loose	1Kg	215.55	-12.43	-7.3
Maize grain yellow sold loose	1Kg	217.77	-8.38	-5.32
Palm oil: 1 bottle,specify bottle	1Ltr	453.33	-8.87	4.87
Plantain(ripe)	1Kg	237.49	-0.49	-3.34
Plantain(unripe)	1Kg	226.04	10.16	-3.08
Vegetable oil:1 bottle,specify bottle	1Ltr	514.28	0.33	-2.14
Wheat flour: prepacked (golden penny 2kg)	2Kg	735.71	4.77	1.48
AVERAGE			-4.66	0.31


Selected Food Price Watch - August 2019

Bauchi State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N125.10






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N239.50






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N230.28






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N268.75






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N158.56






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N441.21






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1108.33






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N125.70





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N150.69



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N700.00

Selected Food Price Watch - August 2019

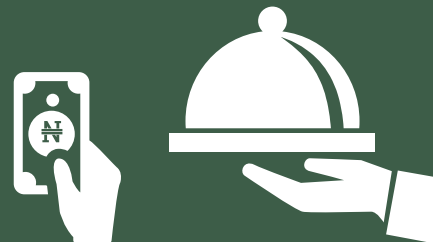

Bauchi State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	454.44	0.99	6.3
Agric eggs(medium size price of one)	1 Piece	38.18	-0.83	2.43
Beans brown,sold loose	1Kg	239.5	-4.27	-6.19
Beans:white black eye. sold loose	1Kg	202.79	-31.17	-14.62
Beef Bone in	1Kg	900	-10	5.47
Beef,boneless	1Kg	1108.33	-3.47	-3.62
Bread sliced 500g	1 loaf	268.75	-9.41	18.13
Bread unsliced 500g	1 loaf	242	-10.37	19.62
Broken Rice (Ofada)	1Kg	288.79	-15.4	13.67
Chicken Feet	1Kg	326	-14.21	8.67
Chicken Wings	1Kg	575	4.51	9.52
Evaporated tinned milk carnation 170g	1 unit	152	3.4	-1.94
Evaporated tinned milk(peak), 170g	1 unit	182.72	3.43	-2.11
Frozen chicken	1 unit	1600.48	8.14	1.94
Gari white,sold loose	1Kg	150.69	-19.36	-9.6
Gari yellow,sold loose	1Kg	159.29	-25.39	6.68
Mudfish (aro) fresh	1Kg	901.66	14.13	-3.05
Mudfish : dried	1Kg	1449.19	-3.44	-2.58
Onion bulb	1Kg	125.7	-6.81	32.78
Rice agric sold loose	1Kg	265.22	2.57	2.53
Rice local sold loose	1Kg	230.28	8.7	3.16
Rice Medium Grained	1Kg	261.03	-13.24	6.99
Rice,imported high quality sold loose	1Kg	337.37	-4.36	0.85
Tomato	1Kg	125.1	-37.32	21.01
Yam tuber	1Kg	158.56	11.37	11.6
Dried Fish Sardine	1Kg	1306.52	0.47	0.5
Iced Sardine	1Kg	937.5	13.64	-0.74
Irish potato	1Kg	253.42	28.1	5.85
Sweet potato	1Kg	77.06	-14.93	4.38
Tilapia fish (epiya) fresh	1Kg	560	1.82	7.69
Titus:frozen	1Kg	900	-1.68	0.18
Catfish (obokun) fresh	1Kg	1120	37.38	1.79
Catfish :dried	1Kg	1762.2	15.28	0.7
Catfish Smoked	1Kg	1567.8	-7	0.5
Mackerel : frozen	1Kg	1000.33	0.03	5.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	466.66	-5.83	-4.67
Maize grain white sold loose	1Kg	80.05	-27.7	-15.19
Maize grain yellow sold loose	1Kg	78.45	-28.42	-14.9
Palm oil: 1 bottle,specify bottle	1Ltr	441.21	-10.57	-1.81
Plantain(ripe)	1Kg	230.87	1.01	3.89
Plantain(unripe)	1Kg	215.71	-0.44	-2.93
Vegetable oil:1 bottle,specify bottle	1Ltr	422.66	-6.31	3.09
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	3.7	-3.45
AVERAGE			-3.56	2.74


Selected Food Price Watch - August 2019

Bayelsa State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N343.45






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N394.29






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N407.59






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N434.61






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N275.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N500.25






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1385.29






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N370.91





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N251.14

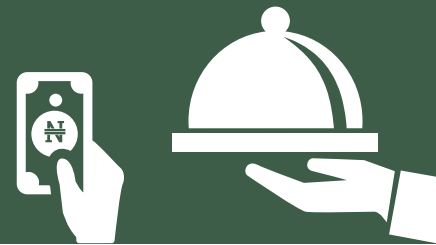


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N757.50

Selected Food Price Watch - August 2019


Bayelsa State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	481.25	-9.2	1.53
Agric eggs(medium size price of one)	1 Piece	40.88	-15.07	28.25
Beans brown,sold loose	1Kg	394.29	-8.38	-10.5
Beans:white black eye. sold loose	1Kg	395.96	-2.53	-1.79
Beef Bone in	1Kg	1220.93	-4.55	-2.77
Beef,boneless	1Kg	1385.29	-4.84	-0.83
Bread sliced 500g	1 loaf	434.61	4.84	1.86
Bread unsliced 500g	1 loaf	436.66	5.57	3.1
Broken Rice (Ofada)	1Kg	418	-1.7	3.21
Chicken Feet	1Kg	1089.73	13.41	4.85
Chicken Wings	1Kg	1172.38	1.49	1.41
Evaporated tinned milk carnation 170g	1 unit	145	-2.25	2.35
Evaporated tinned milk(peak), 170g	1 unit	181.11	-1.9	0.25
Frozen chicken	1 unit	2030	7.36	-2.17
Gari white,sold loose	1Kg	251.14	-2.47	1.02
Gari yellow,sold loose	1Kg	255.77	-3.82	0.75
Mudfish (aro) fresh	1Kg	1047.08	-18.73	-0.78
Mudfish : dried	1Kg	1881.46	-0.69	-0.57
Onion bulb	1Kg	370.91	57.45	7.52
Rice agric sold loose	1Kg	432	-14.88	-0.31
Rice local sold loose	1Kg	407.59	-2.96	0.36
Rice Medium Grained	1Kg	494.33	7.9	0.66
Rice,imported high quality sold loose	1Kg	460.22	-11.78	1.71
Tomato	1Kg	343.45	-19.2	7.6
Yam tuber	1Kg	275	-25.97	12.68
Dried Fish Sardine	1Kg	1355.94	-2.8	-2.8
Iced Sardine	1Kg	955.38	-7.59	5.56
Irish potato	1Kg	350.33	11.06	15.36
Sweet potato	1Kg	230.8	3.1	2.8
Tilapia fish (epiya) fresh	1Kg	1157.75	-4.8	-2.25
Titus:frozen	1Kg	1000.82	-1.51	5.29
Catfish (obokun) fresh	1Kg	1254.7	5.25	-3.37
Catfish :dried	1Kg	1863.86	-5.59	-1.89
Catfish Smoked	1Kg	1655.4	-4.17	2.28
Mackerel : frozen	1Kg	975.1	-2.62	5.22
Groundnut oil: 1 bottle, specify bottle	1Ltr	503.33	-11.78	1.34
Maize grain white sold loose	1Kg	205.24	-31.93	3.11
Maize grain yellow sold loose	1Kg	241.62	-30.53	1.85
Palm oil: 1 bottle,specify bottle	1Ltr	500.25	-14.8	12.56
Plantain(ripe)	1Kg	200.64	7.64	-18.94
Plantain(unripe)	1Kg	193.21	14.62	-11.93
Vegetable oil:1 bottle,specify bottle	1Ltr	528.33	3.02	-7.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	757.5	2.09	2.05
AVERAGE			-2.89	1.59


Selected Food Price Watch - August 2019

Benue State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N263.98






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N305.48






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N286.96






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N335.71






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N218.15






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N462.50






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1344.44






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N238.14





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N156.79



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N590.38

Selected Food Price Watch - August 2019


Benue State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	485.45	-0.77	5.53
Agric eggs(medium size price of one)	1 Piece	42.85	-7.35	7.13
Beans brown,sold loose	1Kg	305.48	-26.87	-11.68
Beans:white black eye. sold loose	1Kg	297.09	-16.45	-2.75
Beef Bone in	1Kg	1198	4.17	-3.65
Beef,boneless	1Kg	1344.44	1.91	-2.68
Bread sliced 500g	1 loaf	335.71	7.04	-6
Bread unsliced 500g	1 loaf	268.18	-5.35	7.27
Broken Rice (Ofada)	1Kg	298.56	27.95	5.37
Chicken Feet	1Kg	800	-20	6.67
Chicken Wings	1Kg	1000	-16.67	0.95
Evaporated tinned milk carnation 170g	1 unit	150	-6.25	0
Evaporated tinned milk(peak), 170g	1 unit	180.74	-0.69	-1.42
Frozen chicken	1 unit	1750	9.38	-2.78
Gari white,sold loose	1Kg	156.79	-18.66	7.23
Gari yellow,sold loose	1Kg	163.19	-27.44	8.04
Mudfish (aro) fresh	1Kg	1192.1	-0.66	-3.34
Mudfish : dried	1Kg	1550.3	-19.05	0.92
Onion bulb	1Kg	238.14	-16.86	-1.46
Rice agric sold loose	1Kg	305	-6.71	3.98
Rice local sold loose	1Kg	286.96	10.05	-1.37
Rice Medium Grained	1Kg	266.66	9.15	0
Rice,imported high quality sold loose	1Kg	364.79	-4.35	-5.76
Tomato	1Kg	263.98	-16.88	4.15
Yam tuber	1Kg	218.15	-44.47	-1.23
Dried Fish Sardine	1Kg	1379.16	-11.97	1.99
Iced Sardine	1Kg	970	13.93	5.64
Irish potato	1Kg	255.64	-11.61	22.05
Sweet potato	1Kg	146.48	17.59	8.95
Tilapia fish (epiya) fresh	1Kg	1005	25.63	3.61
Titus:frozen	1Kg	1088.33	31.87	3.65
Catfish (obokun) fresh	1Kg	1136.06	4.87	-3.42
Catfish:dried	1Kg	1540.7	9.03	-1.61
Catfish Smoked	1Kg	1509.52	1.91	0.88
Mackerel : frozen	1Kg	1155.78	15.58	-3.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	619.04	-3.11	5.61
Maize grain white sold loose	1Kg	129.59	-32.91	4.86
Maize grain yellow sold loose	1Kg	131.52	-36.28	5.1
Palm oil: 1 bottle,specify bottle	1Ltr	462.5	-11.54	0.21
Plantain(ripe)	1Kg	276.27	-4.23	9.97
Plantain(unripe)	1Kg	278.11	-6.65	4.71
Vegetable oil:1 bottle,specify bottle	1Ltr	466.66	-13.71	-3.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	590.38	-7.39	-1.6
AVERAGE			-4.76	1.77


Selected Food Price Watch - August 2019

Borno State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N175.44






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N254.56






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N291.21






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N280.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N134.10






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N565.12






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1058.33






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N165.63





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N185.54



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N670.00

Selected Food Price Watch - August 2019


Borno State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	460	7.81	2.22
Agric eggs(medium size price of one)	1 Piece	40.5	7.21	5.88
Beans brown,sold loose	1Kg	254.56	-27.58	-1.04
Beans:white black eye. sold loose	1Kg	213.65	-30.92	4.97
Beef Bone in	1Kg	925	-22.51	-2.5
Beef,boneless	1Kg	1058.33	-8.33	-3.7
Bread sliced 500g	1 loaf	280	-6.67	6.67
Bread unsliced 500g	1 loaf	250.23	2.3	16.84
Broken Rice (Ofada)	1Kg	289	-2.46	6.07
Chicken Feet	1Kg	500	18.89	11.11
Chicken Wings	1Kg	600	-0.04	9.04
Evaporated tinned milk carnation 170g	1 unit	170	13.33	3.03
Evaporated tinned milk(peak), 170g	1 unit	192.27	16.85	3
Frozen chicken	1 unit	1700	12.29	2.85
Gari white,sold loose	1Kg	185.54	-7.91	15.8
Gari yellow,sold loose	1Kg	160.32	-32.04	17.53
Mudfish (aro) fresh	1Kg	871.81	8.22	5.04
Mudfish : dried	1Kg	1657.21	-2.47	0.53
Onion bulb	1Kg	165.63	-18.91	21.33
Rice agric sold loose	1Kg	306.22	-1.13	6.7
Rice local sold loose	1Kg	291.21	5.15	15.74
Rice Medium Grained	1Kg	303.18	-10.6	11.96
Rice,imported high quality sold loose	1Kg	346.87	-5.39	12.23
Tomato	1Kg	175.44	-17.4	18.2
Yam tuber	1Kg	134.1	-3.8	5.66
Dried Fish Sardine	1Kg	1551.85	4.15	0.75
Iced Sardine	1Kg	870	-3.33	1.56
Irish potato	1Kg	244.02	18.39	15.13
Sweet potato	1Kg	120.12	18.45	33.08
Tilapia fish (epiya) fresh	1Kg	662.63	9.74	6.6
Titus:frozen	1Kg	918.69	4.25	3.45
Catfish (obokun) fresh	1Kg	954.39	-5.91	2.78
Catfish :dried	1Kg	1600.18	2.74	2.75
Catfish Smoked	1Kg	1350	-1.84	3.66
Mackerel : frozen	1Kg	865	-3.89	5.2
Groundnut oil: 1 bottle, specify bottle	1Ltr	520.6	-5.61	6.41
Maize grain white sold loose	1Kg	81.42	-20.78	-2.95
Maize grain yellow sold loose	1Kg	94.7	-31.55	3.68
Palm oil: 1 bottle,specify bottle	1Ltr	565.12	2.47	7.08
Plantain(ripe)	1Kg	289.24	13.74	3.85
Plantain(unripe)	1Kg	258.76	10.71	16
Vegetable oil:1 bottle,specify bottle	1Ltr	503.33	-2.06	3.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	670	3.08	6.31
AVERAGE			-2.17	7.3


Selected Food Price Watch - August 2019

Cross River State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N334.00






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N385.38






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N226.56






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N340.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N150.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N450.00






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1358.49






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N301.30





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N126.90

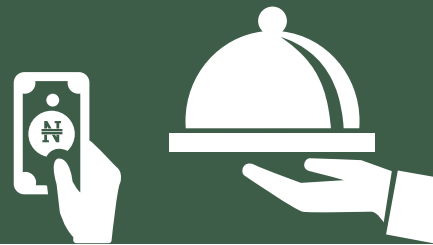


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N695.00

Selected Food Price Watch - August 2019

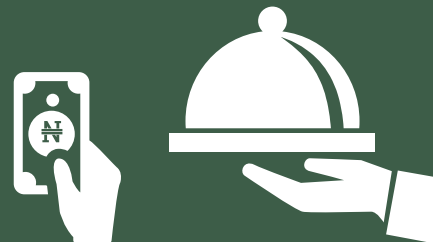
Cross River State









ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	464.5	-9.96	-1.69
Agric eggs(medium size price of one)	1 Piece	39.75	-16.94	27.2
Beans brown,sold loose	1Kg	385.38	-12.46	-4.91
Beans:white black eye. sold loose	1Kg	297.36	-22.37	-8.8
Beef Bone in	1Kg	1031.25	0.73	2.09
Beef,boneless	1Kg	1358.49	-4.41	0.51
Bread sliced 500g	1 loaf	340	2	-7.1
Bread unsliced 500g	1 loaf	302.5	0.83	-6.32
Broken Rice (Ofada)	1Kg	315.07	-10.56	-6.83
Chicken Feet	1Kg	966.66	-12.12	-2.03
Chicken Wings	1Kg	1100	-3.23	2.17
Evaporated tinned milk carnation 170g	1 unit	154.28	3.22	1.08
Evaporated tinned milk(peak), 170g	1 unit	181.25	1.72	1.5
Frozen chicken	1 unit	1980	16.47	-1.33
Gari white,sold loose	1Kg	126.9	26.06	-8.01
Gari yellow,sold loose	1Kg	130.68	14.85	36.94
Mudfish (aro) fresh	1Kg	1035.34	-4.46	-3.8
Mudfish : dried	1Kg	2072.92	8.23	1.08
Onion bulb	1Kg	301.3	-9.05	17.35
Rice agric sold loose	1Kg	322.22	-4.08	-1.6
Rice local sold loose	1Kg	226.56	-10.41	-11.59
Rice Medium Grained	1Kg	306.26	-7.88	4.13
Rice,imported high quality sold loose	1Kg	353.53	-2.78	-2.41
Tomato	1Kg	334	-21.29	-10.06
Yam tuber	1Kg	150	-49.34	35.62
Dried Fish Sardine	1Kg	1420.85	-6.37	1.6
Iced Sardine	1Kg	960.23	-2.3	4.63
Irish potato	1Kg	328.17	-18.61	8.58
Sweet potato	1Kg	154.55	-7.54	-20.8
Tilapia fish (epiya) fresh	1Kg	1055.27	-2.73	-3.51
Titus:frozen	1Kg	1028.71	-5.98	3.06
Catfish (obokun) fresh	1Kg	1144.03	-4.14	3.88
Catfish :dried	1Kg	2528.47	20.6	1.59
Catfish Smoked	1Kg	1851.11	13.34	1.8
Mackerel : frozen	1Kg	1072.9	5.13	-2.52
Groundnut oil: 1 bottle, specify bottle	1Ltr	794.87	17.86	-0.09
Maize grain white sold loose	1Kg	226.86	-6.83	6.29
Maize grain yellow sold loose	1Kg	230.22	-6.91	-4.4
Palm oil: 1 bottle,specify bottle	1Ltr	450	-3.4	2.21
Plantain(ripe)	1Kg	149.04	-25.01	21.54
Plantain(unripe)	1Kg	139.71	-28.74	-12.07
Vegetable oil:1 bottle,specify bottle	1Ltr	510	-11.24	-2.34
Wheat flour: prepacked (golden penny 2kg)	2Kg	695	-1.42	5.43
AVERAGE			-4.69	1.58




Selected Food Price Watch - August 2019




Delta State









		
Tomato	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N275.89




		
Beans brown, sold loose	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N332.00




		
Rice Local sold Loose	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N280.05




		
Bread sliced 500g	UNIT OF MEASUREMENT	AUGUST 2019
	1 loaf	N269.84




		
Yam Tuber	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N200.00

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT	AUGUST 2019
	1Ltr	N448.14

		
Beef, boneless	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N1485.25

		
Onion bulb	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N335.18

		
Garri white, sold Loose	UNIT OF MEASUREMENT	AUGUST 2019
	1KG	N184.46

		
Wheat flour: prepacked (golden penny) 2kg	UNIT OF MEASUREMENT	AUGUST 2019
	2KG	N650.58

Selected Food Price Watch - August 2019

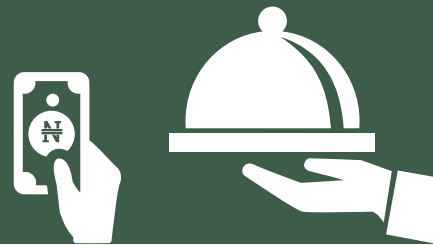

Delta State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	478.33	-5.28	-8.12
Agric eggs(medium size price of one)	1 Piece	40.21	-10.64	14.89
Beans brown,sold loose	1Kg	332	-20.91	-7.94
Beans:white black eye. sold loose	1Kg	292.86	-25.93	-10.35
Beef Bone in	1Kg	992.62	6.4	-2.19
Beef,boneless	1Kg	1485.25	11.35	0.24
Bread sliced 500g	1 loaf	269.84	-9.54	1.59
Bread unsliced 500g	1 loaf	257.5	-1.54	8.42
Broken Rice (Ofada)	1Kg	346.03	-8.94	-1.31
Chicken Feet	1Kg	905.83	-3.13	4.52
Chicken Wings	1Kg	1091.9	-1.43	3.99
Evaporated tinned milk carnation 170g	1 unit	148.33	-1.11	-3.26
Evaporated tinned milk(peak), 170g	1 unit	181.76	-1.57	-0.75
Frozen chicken	1 unit	1836.11	20.73	1.6
Gari white,sold loose	1Kg	184.46	2.78	-9.81
Gari yellow,sold loose	1Kg	208.61	19.4	-2.73
Mudfish (aro) fresh	1Kg	1050.44	-3.02	-3.38
Mudfish : dried	1Kg	1998.91	14.18	-2.85
Onion bulb	1Kg	335.18	7.97	1.18
Rice agric sold loose	1Kg	381.08	-2.91	3.3
Rice local sold loose	1Kg	280.05	4.2	-1.11
Rice Medium Grained	1Kg	338.51	-3.18	-1.6
Rice,imported high quality sold loose	1Kg	415.75	5.46	3.84
Tomato	1Kg	275.89	-34.37	20.21
Yam tuber	1Kg	200	14.55	7.8
Dried Fish Sardine	1Kg	1401.42	2.13	0.95
Iced Sardine	1Kg	861.69	-7.38	-3.96
Irish potato	1Kg	363.33	20.75	18.26
Sweet potato	1Kg	124.05	-20.53	-28.4
Tilapia fish (epiya) fresh	1Kg	1154.03	11.06	2.29
Titus:frozen	1Kg	1001.07	-3.93	0.93
Catfish (obokun) fresh	1Kg	1207.38	-0.3	3.14
Catfish :dried	1Kg	1888.76	5.97	1.66
Catfish Smoked	1Kg	1650	4.94	0.43
Mackerel : frozen	1Kg	897.44	-5.31	4.84
Groundnut oil: 1 bottle, specify bottle	1Ltr	748.88	8.95	5.72
Maize grain white sold loose	1Kg	212.99	-1.79	-3.78
Maize grain yellow sold loose	1Kg	220.03	3.86	-2.04
Palm oil: 1 bottle,specify bottle	1Ltr	448.14	-22.73	11.34
Plantain(ripe)	1Kg	234.5	9.86	15.02
Plantain(unripe)	1Kg	236.77	13.35	14.76
Vegetable oil:1 bottle,specify bottle	1Ltr	515.55	-11.96	0.87
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.58	0.61	3.37
AVERAGE			-0.44	1.43


Selected Food Price Watch - August 2019

Ebonyi State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N302.27






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N513.26






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N271.42






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N350.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N204.84






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N390.47






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1425.00






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N186.44





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N158.09

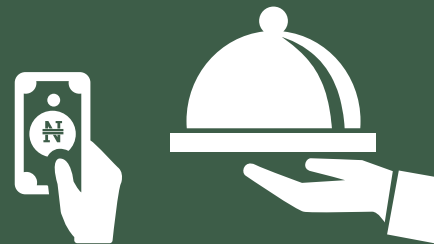


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N666.66

Selected Food Price Watch - August 2019


Ebonyi State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	458.57	-4.46	-2.87
Agric eggs(medium size price of one)	1 Piece	39.14	-18.69	14.16
Beans brown,sold loose	1Kg	513.26	-7.42	-1.37
Beans:white black eye. sold loose	1Kg	475.61	-3.68	-1.63
Beef Bone in	1Kg	1030	-4.82	2.78
Beef,boneless	1Kg	1425	-0.97	-2.64
Bread sliced 500g	1 loaf	350	5	1.32
Bread unsliced 500g	1 loaf	300	12.27	2.86
Broken Rice (Ofada)	1Kg	382.26	-2.26	0.06
Chicken Feet	1Kg	692.52	-4.48	0.07
Chicken Wings	1Kg	886.67	-21.76	0.05
Evaporated tinned milk carnation 170g	1 unit	165.58	2.21	0.06
Evaporated tinned milk(peak), 170g	1 unit	182.28	-2.91	-3.34
Frozen chicken	1 unit	1670	23.7	1.21
Gari white,sold loose	1Kg	158.09	-23.14	38.33
Gari yellow,sold loose	1Kg	203.33	-26.86	27.46
Mudfish (aro) fresh	1Kg	898.55	-0.16	0.06
Mudfish : dried	1Kg	2101.51	-5.9	0.06
Onion bulb	1Kg	186.44	-4.84	0.69
Rice agric sold loose	1Kg	280	-11.39	0
Rice local sold loose	1Kg	271.42	-3.69	-3.06
Rice Medium Grained	1Kg	310.45	-3.57	0.06
Rice,imported high quality sold loose	1Kg	400	2.07	4.82
Tomato	1Kg	302.27	0.18	6.08
Yam tuber	1Kg	204.84	-32.34	-9.08
Dried Fish Sardine	1Kg	1301.04	-1.12	0.08
Iced Sardine	1Kg	920.63	-12.37	2.29
Irish potato	1Kg	300	35.91	9.09
Sweet potato	1Kg	169.13	19.35	-5.29
Tilapia fish (epiya) fresh	1Kg	958.84	-12.17	6.54
Titus:frozen	1Kg	958.39	-4.83	3.4
Catfish (obokun) fresh	1Kg	1185.63	6.71	0.8
Catfish :dried	1Kg	2317.13	6.71	0.8
Catfish Smoked	1Kg	1715.75	4.85	0.8
Mackerel : frozen	1Kg	948.89	5.34	0.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	658.33	-10.23	3.95
Maize grain white sold loose	1Kg	225.39	-8.6	-7.19
Maize grain yellow sold loose	1Kg	231.74	-8.93	-4.58
Palm oil: 1 bottle,specify bottle	1Ltr	390.47	-13.47	0.98
Plantain(ripe)	1Kg	187.03	-27.53	-1.35
Plantain(unripe)	1Kg	158.81	-22.35	-6.28
Vegetable oil:1 bottle,specify bottle	1Ltr	419.04	-16.31	-4.35
Wheat flour: prepacked (golden penny 2kg)	2Kg	666.66	-3.78	0
AVERAGE			-4.67	1.76


Selected Food Price Watch - August 2019

Edo State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N346.74






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N331.92






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N302.22






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N316.66






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N300.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N447.61






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1379.95






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N257.61





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N153.34

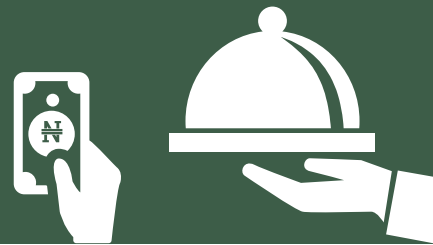


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N723.07

Selected Food Price Watch - August 2019


Edo State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	501.28	-4.42	9.45
Agric eggs(medium size price of one)	1 Piece	47.85	-1	17.06
Beans brown,sold loose	1Kg	331.92	-14.86	-5.78
Beans:white black eye. sold loose	1Kg	298.92	-13.37	-8.64
Beef Bone in	1Kg	929.68	-3.42	-8.64
Beef,boneless	1Kg	1379.95	0.56	-2.5
Bread sliced 500g	1 loaf	316.66	4.2	0.62
Bread unsliced 500g	1 loaf	293.33	6.67	-1.19
Broken Rice (Ofada)	1Kg	400	-17.86	0
Chicken Feet	1Kg	863.19	-9.14	4.56
Chicken Wings	1Kg	1307.69	5.32	4.19
Evaporated tinned milk carnation 170g	1 unit	142	-7.79	-0.75
Evaporated tinned milk(peak), 170g	1 unit	193.33	1.04	0.11
Frozen chicken	1 unit	1461.53	5.95	-1.52
Gari white,sold loose	1Kg	153.34	-29.97	-14.49
Gari yellow,sold loose	1Kg	167.45	-11.82	-9.14
Mudfish (aro) fresh	1Kg	1181.06	-3.83	-2.01
Mudfish : dried	1Kg	1606.06	-17.6	3.58
Onion bulb	1Kg	257.61	-2.34	21.72
Rice agric sold loose	1Kg	381.94	5.26	3.46
Rice local sold loose	1Kg	302.22	-11.26	3.9
Rice Medium Grained	1Kg	390.9	7.31	17.69
Rice,imported high quality sold loose	1Kg	404.44	1.82	4.37
Tomato	1Kg	346.74	-13.24	5.91
Yam tuber	1Kg	300	2.84	13.01
Dried Fish Sardine	1Kg	1163.69	-16.7	-3.63
Iced Sardine	1Kg	874.12	-4.83	-0.07
Irish potato	1Kg	371.92	5.01	1.12
Sweet potato	1Kg	121.15	-12.19	-18.9
Tilapia fish (epiya) fresh	1Kg	1100.79	-6.46	-4.35
Titus:frozen	1Kg	970.81	7.18	1.61
Catfish (obokun) fresh	1Kg	987.47	-12.32	2.17
Catfish :dried	1Kg	2195.38	3.24	-0.62
Catfish Smoked	1Kg	1500	-10.18	1.38
Mackerel : frozen	1Kg	1133.35	26.6	-2.86
Groundnut oil: 1 bottle, specify bottle	1Ltr	703.33	38.82	2.36
Maize grain white sold loose	1Kg	260.39	11.28	11.98
Maize grain yellow sold loose	1Kg	246.52	-0.1	-0.16
Palm oil: 1 bottle,specify bottle	1Ltr	447.61	-23.8	-2.44
Plantain(ripe)	1Kg	176.48	-27.76	0.64
Plantain(unripe)	1Kg	170.13	-24.82	0.56
Vegetable oil:1 bottle,specify bottle	1Ltr	495.23	-8.04	1.84
Wheat flour: prepacked (golden penny 2kg)	2Kg	723.07	3.3	-0.49
AVERAGE			-4.02	1.05


Selected Food Price Watch - August 2019

Ekiti State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N221.17






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N332.17






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N343.60






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N250.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N144.89






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N398.94






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1416.66






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N145.91





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N151.73



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N636.11

Selected Food Price Watch - August 2019

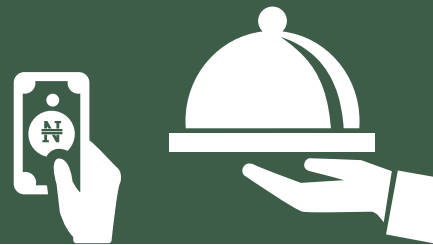
Ekiti State






ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	448	-3.07	-4.28
Agric eggs(medium size price of one)	1 Piece	40	0	-1.36
Beans brown,sold loose	1Kg	332.17	-31.02	7.9
Beans:white black eye. sold loose	1Kg	295.35	-18.42	-0.74
Beef Bone in	1Kg	1063.25	-3.24	0.42
Beef,boneless	1Kg	1416.66	-4.65	1.07
Bread sliced 500g	1 loaf	250	0	0
Bread unsliced 500g	1 loaf	250.5	0.2	-1.41
Broken Rice (Ofada)	1Kg	400	-14.07	-0.14
Chicken Feet	1Kg	700	-23.35	0
Chicken Wings	1Kg	1130	-16.3	2.96
Evaporated tinned milk carnation 170g	1 unit	160	-30.43	-1.31
Evaporated tinned milk(peak), 170g	1 unit	193.5	-1.46	-0.77
Frozen chicken	1 unit	1740.9	20.97	-2.21
Gari white,sold loose	1Kg	151.73	20.54	-1.78
Gari yellow,sold loose	1Kg	154.66	-47.76	7.37
Mudfish (aro) fresh	1Kg	903.82	-8.69	1.02
Mudfish : dried	1Kg	1862.64	-41.25	-1.75
Onion bulb	1Kg	145.91	-49.85	7.89
Rice agric sold loose	1Kg	286.79	14.47	-2.89
Rice local sold loose	1Kg	343.6	-2.65	3.59
Rice Medium Grained	1Kg	294.12	-10.72	0
Rice,imported high quality sold loose	1Kg	304.09	-22.12	-0.21
Tomato	1Kg	221.17	-28.7	-0.23
Yam tuber	1Kg	144.89	-59.18	29.14
Dried Fish Sardine	1Kg	1602.46	-7	3.05
Iced Sardine	1Kg	815.41	-2.6	0.02
Irish potato	1Kg	152.85	-46.37	-23.58
Sweet potato	1Kg	101.51	-20.72	0.97
Tilapia fish (epiya) fresh	1Kg	805.88	-19.41	2.75
Titus:frozen	1Kg	942.34	-3.08	6.3
Catfish (obokun) fresh	1Kg	807.84	-4.96	-0.52
Catfish :dried	1Kg	1844.53	-9.92	2.46
Catfish Smoked	1Kg	1799.8	-7.83	2.14
Mackerel : frozen	1Kg	771.22	8.03	2.04
Groundnut oil: 1 bottle, specify bottle	1Ltr	500	-23.47	1.35
Maize grain white sold loose	1Kg	98.8	-59.56	-14.2
Maize grain yellow sold loose	1Kg	101.13	-59.46	-14.36
Palm oil: 1 bottle,specify bottle	1Ltr	398.94	-12.23	-5.46
Plantain(ripe)	1Kg	203.9	-13.25	27.68
Plantain(unripe)	1Kg	189.22	-20.77	2.27
Vegetable oil:1 bottle,specify bottle	1Ltr	470.87	-15.96	5.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	636.11	-5.65	-0.17
AVERAGE			-15.93	0.95


Selected Food Price Watch - August 2019



Enugu State






 Tomato


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N305.11



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N467.22



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N281.89



 Bread sliced 500g


	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N305.00



 Yam Tuber


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N195.93



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N422.45



 Beef, boneless

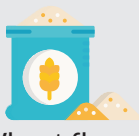
	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1369.71



 Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N240.99

 Garri white, sold Loose

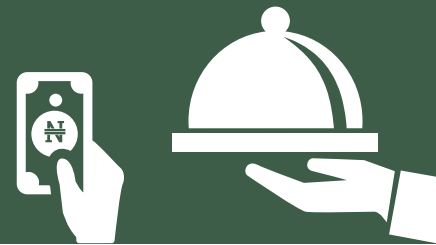
	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N144.11

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N703.33

Selected Food Price Watch - August 2019

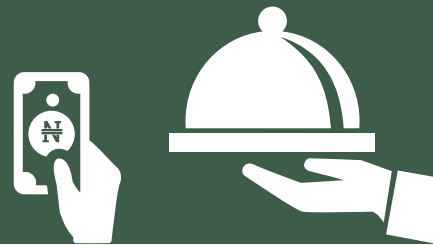

Enugu State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	518.23	2.9	-0.19
Agric eggs(medium size price of one)	1 Piece	44.12	-3.75	3.2
Beans brown,sold loose	1Kg	467.22	-8.6	5.9
Beans:white black eye. sold loose	1Kg	417.46	-12.41	2.99
Beef Bone in	1Kg	1059.12	1.92	1.15
Beef,boneless	1Kg	1369.71	-4.07	-0.11
Bread sliced 500g	1 loaf	305	-4.56	3.28
Bread unsliced 500g	1 loaf	283.33	5.92	13.47
Broken Rice (Ofada)	1Kg	402.86	-18.73	0.72
Chicken Feet	1Kg	642.5	-6.77	7.08
Chicken Wings	1Kg	1172	9.87	3.14
Evaporated tinned milk carnation 170g	1 unit	170.05	-5.61	-0.04
Evaporated tinned milk(peak), 170g	1 unit	198.7	3.63	-5.09
Frozen chicken	1 unit	1775	2.69	-0.3
Gari white,sold loose	1Kg	144.11	-22.05	-5.74
Gari yellow,sold loose	1Kg	185.18	-16.7	12.56
Mudfish (aro) fresh	1Kg	1434.05	-37.65	0.05
Mudfish : dried	1Kg	2100	-3.78	0.6
Onion bulb	1Kg	240.99	12.06	-9.61
Rice agric sold loose	1Kg	320	-4.35	-5.51
Rice local sold loose	1Kg	281.89	-1.93	4.39
Rice Medium Grained	1Kg	290	-7.45	11.54
Rice,imported high quality sold loose	1Kg	395.29	-0.72	-2.98
Tomato	1Kg	305.11	-8.5	19.6
Yam tuber	1Kg	195.93	-14.9	30.83
Dried Fish Sardine	1Kg	1495.21	-5.56	0.53
Iced Sardine	1Kg	970.58	7.07	0.24
Irish potato	1Kg	368.75	-2.6	11.9
Sweet potato	1Kg	142.19	21.02	-16.61
Tilapia fish (epiya) fresh	1Kg	816.21	-4.71	4.01
Titus:frozen	1Kg	1041.55	6.91	3.4
Catfish (obokun) fresh	1Kg	1200	-5.88	4.35
Catfish :dried	1Kg	2186.66	-11.56	3.71
Catfish Smoked	1Kg	1656.74	-1.58	0.39
Mackerel : frozen	1Kg	928.75	-2.14	8.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	700	1.12	11.7
Maize grain white sold loose	1Kg	214.37	-0.23	3.64
Maize grain yellow sold loose	1Kg	214.81	1.39	-0.6
Palm oil: 1 bottle,specify bottle	1Ltr	422.45	-7.91	-1.59
Plantain(ripe)	1Kg	239.21	4.87	-11.44
Plantain(unripe)	1Kg	265.18	21.96	13.26
Vegetable oil:1 bottle,specify bottle	1Ltr	498.07	-4.92	-1.42
Wheat flour: prepacked (golden penny 2kg)	2Kg	703.33	5.1	0.93
AVERAGE			-2.82	2.93


Selected Food Price Watch - August 2019

Gombe State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N146.04






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N243.15






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N203.90






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N275.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N141.88






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N431.42






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1170.00





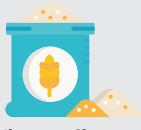
Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N188.58





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N143.04



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N640.00

Selected Food Price Watch - August 2019


Gombe State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	418.33	2.7	-10.41
Agric eggs(medium size price of one)	1 Piece	37.69	10.85	-7.32
Beans brown,sold loose	1Kg	243.15	-20.35	0.11
Beans:white black eye. sold loose	1Kg	250.68	-13.99	-10.2
Beef Bone in	1Kg	976.62	-10.46	-2.5
Beef,boneless	1Kg	1170	0.73	1.25
Bread sliced 500g	1 loaf	275	2.75	4.31
Bread unsliced 500g	1 loaf	215.38	-13.64	-6.67
Broken Rice (Ofada)	1Kg	219.79	-41.19	-2.62
Chicken Feet	1Kg	415.14	-7.75	0.6
Chicken Wings	1Kg	670.25	-4.25	0.6
Evaporated tinned milk carnation 170g	1 unit	148	3.86	2.96
Evaporated tinned milk(peak), 170g	1 unit	181.66	12.04	-2.05
Frozen chicken	1 unit	1855.74	17.3	1.95
Gari white,sold loose	1Kg	143.04	-19.09	3.28
Gari yellow,sold loose	1Kg	233.95	14.8	13.76
Mudfish (aro) fresh	1Kg	839.55	7.66	-1.09
Mudfish : dried	1Kg	1568.71	-6.32	2.84
Onion bulb	1Kg	188.58	20.28	9.99
Rice agric sold loose	1Kg	269.5	2.86	8.71
Rice local sold loose	1Kg	203.9	-10.7	2.75
Rice Medium Grained	1Kg	239.37	5.59	6.72
Rice,imported high quality sold loose	1Kg	319.65	-0.02	0.43
Tomato	1Kg	146.04	-47.16	31.64
Yam tuber	1Kg	141.88	-20.02	40.25
Dried Fish Sardine	1Kg	1358.36	-3.34	0.6
Iced Sardine	1Kg	833.33	-7.95	4.17
Irish potato	1Kg	224.59	24.72	5.77
Sweet potato	1Kg	128.88	10.42	13.06
Tilapia fish (epiya) fresh	1Kg	700	0	5.26
Titus:frozen	1Kg	980	14.62	2.23
Catfish (obokun) fresh	1Kg	850	-22.73	3.66
Catfish :dried	1Kg	1500	-7.71	1.69
Catfish Smoked	1Kg	1496.58	-6.5	0.09
Mackerel : frozen	1Kg	820	-12.77	4.68
Groundnut oil: 1 bottle, specify bottle	1Ltr	530.47	-6.39	3.56
Maize grain white sold loose	1Kg	80.77	-25.86	14.8
Maize grain yellow sold loose	1Kg	93.92	-11.74	3.87
Palm oil: 1 bottle,specify bottle	1Ltr	431.42	-10.83	6.38
Plantain(ripe)	1Kg	205.55	-25.58	-2.12
Plantain(unripe)	1Kg	167.14	-26.98	0.28
Vegetable oil:1 bottle,specify bottle	1Ltr	507.03	-1.91	0.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	640	-9.75	1.5
AVERAGE			-5.67	3.69


Selected Food Price Watch - August 2019

Imo State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N252.37






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N391.66






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N340.97






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N329.03






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N172.35






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N416.95






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1352.58






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N181.08





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N151.62



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N684.37

Selected Food Price Watch - August 2019


Imo State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	460.65	-6.94	-5.02
Agric eggs(medium size price of one)	1 Piece	39.91	-15.12	28.52
Beans brown,sold loose	1Kg	391.66	-14.67	-4.36
Beans:white black eye. sold loose	1Kg	385.72	-9.13	4.18
Beef Bone in	1Kg	961.31	-7.46	2.77
Beef,boneless	1Kg	1352.58	-3.42	-3.3
Bread sliced 500g	1 loaf	329.03	2.29	9.68
Bread unsliced 500g	1 loaf	288.88	18.83	9.51
Broken Rice (Ofada)	1Kg	340.9	7.92	2.37
Chicken Feet	1Kg	650	-5.11	7.64
Chicken Wings	1Kg	841.66	-15.83	-5.23
Evaporated tinned milk carnation 170g	1 unit	200	0	16.21
Evaporated tinned milk(peak), 170g	1 unit	192.5	-0.58	1.71
Frozen chicken	1 unit	1572.5	1.17	-2.11
Gari white,sold loose	1Kg	151.62	-9.86	-8.58
Gari yellow,sold loose	1Kg	170.73	-12.03	9.72
Mudfish (aro) fresh	1Kg	1218.03	-0.86	0.7
Mudfish : dried	1Kg	2098.66	4.93	-2.39
Onion bulb	1Kg	181.08	-14.59	-9.67
Rice agric sold loose	1Kg	343.7	-12.12	-3.33
Rice local sold loose	1Kg	340.97	-1.67	-1.46
Rice Medium Grained	1Kg	411.77	3.35	0.79
Rice,imported high quality sold loose	1Kg	432.27	-2.09	-0.58
Tomato	1Kg	252.37	-17.92	17.04
Yam tuber	1Kg	172.35	-28.81	10.36
Dried Fish Sardine	1Kg	1402.08	-3.87	1.19
Iced Sardine	1Kg	949.04	-4.91	4.93
Irish potato	1Kg	379.6	6.96	1.72
Sweet potato	1Kg	163.31	35.22	-7.87
Tilapia fish (epiya) fresh	1Kg	1025.39	-0.93	2.66
Titus:frozen	1Kg	905.49	1.13	7.61
Catfish (obokun) fresh	1Kg	1213.33	-5.45	2.8
Catfish :dried	1Kg	2316.22	-12.66	2.69
Catfish Smoked	1Kg	1410.02	0.34	0.7
Mackerel : frozen	1Kg	852.46	-7.01	-1.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	577.77	-11.57	-2.62
Maize grain white sold loose	1Kg	241.15	0.9	0.98
Maize grain yellow sold loose	1Kg	235.1	-2.41	-1.83
Palm oil: 1 bottle,specify bottle	1Ltr	416.95	-8.6	5.25
Plantain(ripe)	1Kg	238.99	2.45	-3.84
Plantain(unripe)	1Kg	235.36	18.94	10.68
Vegetable oil:1 bottle,specify bottle	1Ltr	486.82	-7.79	1.34
Wheat flour: prepacked (golden penny 2kg)	2Kg	684.37	-2.23	3.79
AVERAGE			-3.28	2.42


Selected Food Price Watch - August 2019



Jigawa State


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N153.35



Tomato




	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N302.02



Beans brown, sold loose




	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N211.22



Rice Local sold Loose




	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N256.25



Bread sliced 500g




	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N205.55



Yam Tuber




	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N435.55



Palm oil: 1 bottle




	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1157.34



Beef, boneless



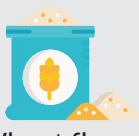
	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N118.82



Onion bulb



	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N134.28

Garri white, sold Loose

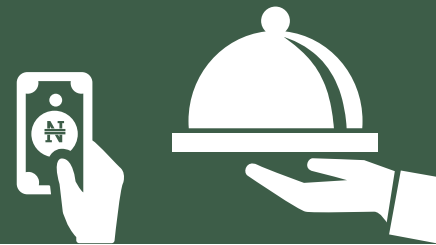


	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N700.00

Wheat flour: prepacked (golden penny) 2kg

Selected Food Price Watch - August 2019

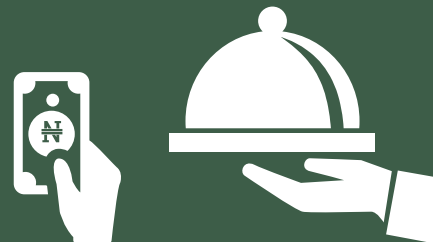

Jigawa State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	443.21	-0.4	-4.83
Agric eggs(medium size price of one)	1 Piece	39.64	6.18	-0.01
Beans brown,sold loose	1Kg	302.02	-24.5	-11.17
Beans:white black eye. sold loose	1Kg	239.58	-39.83	-9.09
Beef Bone in	1Kg	955.68	-12.19	4.68
Beef,boneless	1Kg	1157.34	-6.04	0.04
Bread sliced 500g	1 loaf	256.25	7.27	11.41
Bread unsliced 500g	1 loaf	237.85	-10.81	-15.6
Broken Rice (Ofada)	1Kg	351.73	39.9	-6.54
Chicken Feet	1Kg	558.74	-15.12	6.43
Chicken Wings	1Kg	597	-14.71	-8.15
Evaporated tinned milk carnation 170g	1 unit	152.5	4.77	-4.69
Evaporated tinned milk(peak), 170g	1 unit	151.53	-9.03	-19.97
Frozen chicken	1 unit	1810	60.89	-2.17
Gari white,sold loose	1Kg	134.28	-50.46	-10.88
Gari yellow,sold loose	1Kg	133.12	-43.52	-1.37
Mudfish (aro) fresh	1Kg	913.2	-33.03	4.87
Mudfish : dried	1Kg	1382.01	5.74	2.21
Onion bulb	1Kg	118.82	-25.4	25.89
Rice agric sold loose	1Kg	214.28	-11.77	-16.59
Rice local sold loose	1Kg	211.22	-21.06	-11.61
Rice Medium Grained	1Kg	291.06	-0.21	-3.39
Rice,imported high quality sold loose	1Kg	318.71	-3.55	-10.99
Tomato	1Kg	153.35	-45.67	25.52
Yam tuber	1Kg	205.55	-21.66	10.63
Dried Fish Sardine	1Kg	1605.11	20.72	0.43
Iced Sardine	1Kg	857.94	3.3	-1.95
Irish potato	1Kg	202.2	-6.83	4.94
Sweet potato	1Kg	91.81	-27.54	5.67
Tilapia fish (epiya) fresh	1Kg	798.54	-7.96	5.07
Titus:frozen	1Kg	862.5	23.8	4.43
Catfish (obokun) fresh	1Kg	894.61	-11.2	4.84
Catfish:dried	1Kg	1500	-6.61	-3.24
Catfish Smoked	1Kg	1500	-6.41	1.65
Mackerel : frozen	1Kg	900	-5.26	0
Groundnut oil: 1 bottle, specify bottle	1Ltr	456.15	-12.28	12.5
Maize grain white sold loose	1Kg	89.47	-20.15	-9.8
Maize grain yellow sold loose	1Kg	84.98	-44.93	-5.66
Palm oil: 1 bottle,specify bottle	1Ltr	435.55	-8.08	-2.82
Plantain(ripe)	1Kg	189.25	-50.38	5.01
Plantain(unripe)	1Kg	193.42	-21.73	4.43
Vegetable oil:1 bottle,specify bottle	1Ltr	448.88	-5.27	7.76
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	-1.87	-0.1
AVERAGE			-10.53	-0.28


Selected Food Price Watch - August 2019

Kaduna State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N203.24






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N240.88






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N222.19






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N255.00






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N178.62






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N484.44






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1253.57






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N150.82





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N135.67



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N637.77

Selected Food Price Watch - August 2019


Kaduna State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	448.12	4.62	-4.15
Agric eggs(medium size price of one)	1 Piece	38.87	1.62	4.23
Beans brown,sold loose	1Kg	240.88	-38.72	-14.31
Beans:white black eye. sold loose	1Kg	198.99	-36.4	-12.17
Beef Bone in	1Kg	1075.92	-6.44	0.66
Beef,boneless	1Kg	1253.57	-1.08	0.02
Bread sliced 500g	1 loaf	255	-8.46	2.51
Bread unsliced 500g	1 loaf	253.57	-0.78	17.03
Broken Rice (Ofada)	1Kg	296.65	3.32	-14.19
Chicken Feet	1Kg	675	-23.79	0.87
Chicken Wings	1Kg	750	-16.67	-2.15
Evaporated tinned milk carnation 170g	1 unit	165	-8.67	-0.75
Evaporated tinned milk(peak), 170g	1 unit	171.25	-7.93	-6.43
Frozen chicken	1 unit	1710.2	14.01	-2.86
Gari white,sold loose	1Kg	135.67	-53.02	-2.74
Gari yellow,sold loose	1Kg	149.56	-49.82	5.5
Mudfish (aro) fresh	1Kg	800	-26.02	3.23
Mudfish : dried	1Kg	1323.62	12.66	1.81
Onion bulb	1Kg	150.82	-25.34	-22.06
Rice agric sold loose	1Kg	322.72	8.83	-6.07
Rice local sold loose	1Kg	222.19	-15.34	-14.32
Rice Medium Grained	1Kg	289.99	9.19	-3.74
Rice,imported high quality sold loose	1Kg	327.56	0.15	3.58
Tomato	1Kg	203.24	-42.05	14.98
Yam tuber	1Kg	178.62	-43.98	3.57
Dried Fish Sardine	1Kg	1408.57	1.34	2.9
Iced Sardine	1Kg	987.5	-5.95	1.56
Irish potato	1Kg	223.02	-30.27	21.22
Sweet potato	1Kg	86.86	-70.22	-9.71
Tilapia fish (epiya) fresh	1Kg	733.24	-8.4	4.55
Titus:frozen	1Kg	910	-7.7	1.41
Catfish (obokun) fresh	1Kg	812.5	-35.85	-1.91
Catfish :dried	1Kg	1328.57	-3.06	2.18
Catfish Smoked	1Kg	1370.89	-14.13	3.62
Mackerel : frozen	1Kg	892.85	-0.52	-0.55
Groundnut oil: 1 bottle, specify bottle	1Ltr	560	-10.53	-1.84
Maize grain white sold loose	1Kg	88.55	-30.21	-2.18
Maize grain yellow sold loose	1Kg	85.08	-23.06	-11.49
Palm oil: 1 bottle,specify bottle	1Ltr	484.44	-5.99	-2.22
Plantain(ripe)	1Kg	231.81	-35.39	5.36
Plantain(unripe)	1Kg	205.71	-19.77	3.79
Vegetable oil:1 bottle,specify bottle	1Ltr	495.55	-8.76	-5.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	637.77	2.04	-4.99
AVERAGE			-15.27	-0.97


Selected Food Price Watch - August 2019

Kano State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N150.18






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N225.45






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N266.83






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N264.28






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N212.99






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N440.00






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1205.68





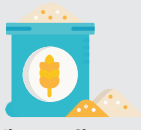
Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N187.72





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N134.33



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N675.00

Selected Food Price Watch - August 2019

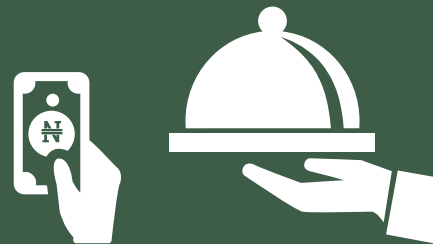

Kano State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	432	0.34	-1.18
Agric eggs(medium size price of one)	1 Piece	36.78	2.88	0.31
Beans brown,sold loose	1Kg	225.45	-36.54	-14.28
Beans:white black eye. sold loose	1Kg	173.29	-45.17	-15.16
Beef Bone in	1Kg	951.82	-1.77	4.28
Beef,boneless	1Kg	1205.68	12.58	4.93
Bread sliced 500g	1 loaf	264.28	3.98	3.41
Bread unsliced 500g	1 loaf	233.12	-28.39	-2.24
Broken Rice (Ofada)	1Kg	346.61	-13.21	-0.49
Chicken Feet	1Kg	704.49	-19.74	5.78
Chicken Wings	1Kg	900.58	-9.72	5.92
Evaporated tinned milk carnation 170g	1 unit	143.33	-10.42	-4.87
Evaporated tinned milk(peak), 170g	1 unit	161.42	-8.63	-12.93
Frozen chicken	1 unit	1325	20.45	-1.85
Gari white,sold loose	1Kg	134.33	-59	-6.83
Gari yellow,sold loose	1Kg	143.28	-54.55	4.1
Mudfish (aro) fresh	1Kg	933.81	-1.55	3.73
Mudfish : dried	1Kg	1580	-9.12	2.5
Onion bulb	1Kg	187.72	-31.13	-8.51
Rice agric sold loose	1Kg	255.68	-19.46	-16.41
Rice local sold loose	1Kg	266.83	8.44	-4.72
Rice Medium Grained	1Kg	243.86	-32.24	-6.72
Rice,imported high quality sold loose	1Kg	327.24	-2.78	-0.88
Tomato	1Kg	150.18	-48.27	-6.89
Yam tuber	1Kg	212.99	-43.51	26.62
Dried Fish Sardine	1Kg	1383.6	10.69	1.74
Iced Sardine	1Kg	825.33	-14.25	3.17
Irish potato	1Kg	207.94	-36.61	11.43
Sweet potato	1Kg	91.1	-43.18	-29.72
Tilapia fish (epiya) fresh	1Kg	602.29	-36.06	5.92
Titus:frozen	1Kg	850	16.67	-1.24
Catfish (obokun) fresh	1Kg	812.5	-18.75	-2.82
Catfish:dried	1Kg	1387.14	-18.27	0.68
Catfish Smoked	1Kg	1434.21	-3.65	0.54
Mackerel : frozen	1Kg	960.23	2.58	3.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	565.33	-4.78	-0.7
Maize grain white sold loose	1Kg	78.19	-42.37	-11.56
Maize grain yellow sold loose	1Kg	87.22	-52.5	-9.79
Palm oil: 1 bottle,specify bottle	1Ltr	440	-9.52	3.92
Plantain(ripe)	1Kg	208.09	-7.22	10.63
Plantain(unripe)	1Kg	203.78	-24.43	19.64
Vegetable oil:1 bottle,specify bottle	1Ltr	460.44	-18.35	-1.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	675	8	1.76
AVERAGE			-16.71	-0.85


Selected Food Price Watch - August 2019

Katsina State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N145.05






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N219.72






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N275.35






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N218.33






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N136.31






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N417.03






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1148.03






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N204.27





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N157.68

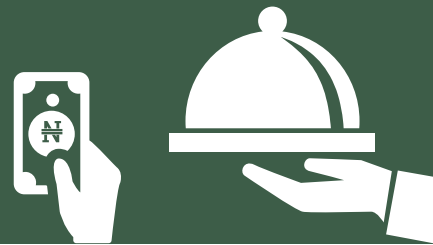


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N620.00

Selected Food Price Watch - August 2019


Katsina State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	426.25	-2.24	-4.47
Agric eggs(medium size price of one)	1 Piece	37.18	0.49	-6.33
Beans brown,sold loose	1Kg	219.72	-32.31	-16.69
Beans:white black eye. sold loose	1Kg	251.78	-4.09	-6.44
Beef Bone in	1Kg	960.39	0.66	-0.2
Beef,boneless	1Kg	1148.03	2.22	0.56
Bread sliced 500g	1 loaf	218.33	-14.04	-5.07
Bread unsliced 500g	1 loaf	219.41	-5.15	0.38
Broken Rice (Ofada)	1Kg	371.64	13.77	8.97
Chicken Feet	1Kg	356.25	-42.23	-1.04
Chicken Wings	1Kg	740	-38.09	-3.28
Evaporated tinned milk carnation 170g	1 unit	138.57	-7.62	-8.85
Evaporated tinned milk(peak), 170g	1 unit	155.88	-6.54	-17.26
Frozen chicken	1 unit	1666.66	25.79	0.97
Gari white,sold loose	1Kg	157.68	-19.18	-1.03
Gari yellow,sold loose	1Kg	163.41	-23.13	11.42
Mudfish (aro) fresh	1Kg	889.52	-23.48	1.62
Mudfish : dried	1Kg	1269.05	-14.11	-0.97
Onion bulb	1Kg	204.27	-27.59	25.32
Rice agric sold loose	1Kg	244.29	3	-4.36
Rice local sold loose	1Kg	275.35	24.51	7.9
Rice Medium Grained	1Kg	236.36	-26.65	-6.42
Rice,imported high quality sold loose	1Kg	366.01	-0.54	13.21
Tomato	1Kg	145.05	-52.35	36.21
Yam tuber	1Kg	136.31	-64.91	41.42
Dried Fish Sardine	1Kg	905	-13.81	1.07
Iced Sardine	1Kg	857.14	1.89	-4.43
Irish potato	1Kg	237.84	-11.43	18.73
Sweet potato	1Kg	106.1	-4.18	5.88
Tilapia fish (epiya) fresh	1Kg	700	-23.08	3.84
Titus:frozen	1Kg	789.44	-19.69	-5.25
Catfish (obokun) fresh	1Kg	756.25	-21.56	-2.88
Catfish :dried	1Kg	1232.29	-1.42	0.98
Catfish Smoked	1Kg	1483.33	-8.44	0.94
Mackerel : frozen	1Kg	811.11	-0.68	-0.6
Groundnut oil: 1 bottle, specify bottle	1Ltr	539.6	-22.36	1.22
Maize grain white sold loose	1Kg	85.72	-14.89	2.45
Maize grain yellow sold loose	1Kg	92.89	-24.16	5.1
Palm oil: 1 bottle,specify bottle	1Ltr	417.03	-18.07	-8.01
Plantain(ripe)	1Kg	142.48	-57.81	-3.91
Plantain(unripe)	1Kg	183.33	-43.5	3.49
Vegetable oil:1 bottle,specify bottle	1Ltr	462.74	-11.44	-0.06
Wheat flour: prepacked (golden penny 2kg)	2Kg	620	0.54	-6.77
AVERAGE			-14.6	1.8


Selected Food Price Watch - August 2019

Kebbi State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N206.55






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N288.97






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N265.17






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N271.42






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N233.92






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N445.61






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1100.15






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N145.41





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N176.98

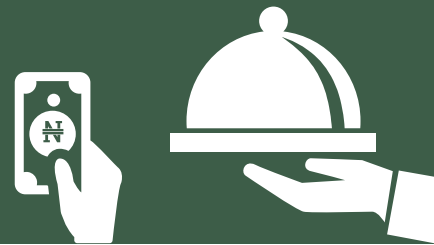


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N590.00

Selected Food Price Watch - August 2019

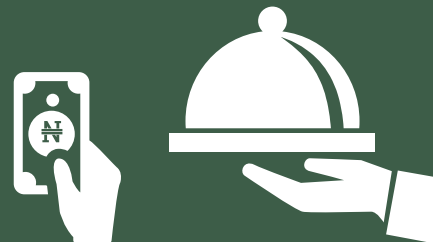
Kebbi State






ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	442.05	-7.26	-3.9
Agric eggs(medium size price of one)	1 Piece	41.57	0.78	5.24
Beans brown,sold loose	1Kg	288.97	-35.54	-11.79
Beans:white black eye. sold loose	1Kg	198.49	-43.7	-15.28
Beef Bone in	1Kg	1029.7	-9.14	2.83
Beef,boneless	1Kg	1100.15	-13.41	0.89
Bread sliced 500g	1 loaf	271.42	-16.91	12.31
Bread unsliced 500g	1 loaf	238	-12.73	0.13
Broken Rice (Ofada)	1Kg	363.05	45.3	7.04
Chicken Feet	1Kg	450	-8.21	3.15
Chicken Wings	1Kg	550	3.12	9.27
Evaporated tinned milk carnation 170g	1 unit	172.5	-5.91	10.58
Evaporated tinned milk(peak), 170g	1 unit	166.84	-10.62	-10.85
Frozen chicken	1 unit	1450	3.57	-0.68
Gari white,sold loose	1Kg	176.98	-19.99	7.23
Gari yellow,sold loose	1Kg	202.18	-37.72	8.24
Mudfish (aro) fresh	1Kg	901.37	-26.19	3.35
Mudfish : dried	1Kg	1476.88	-12.28	-1.94
Onion bulb	1Kg	145.41	-56.13	15.98
Rice agric sold loose	1Kg	250.46	1.28	-5.24
Rice local sold loose	1Kg	265.17	14.82	8.45
Rice Medium Grained	1Kg	337.87	24.75	0.32
Rice,imported high quality sold loose	1Kg	380.88	33.69	5.94
Tomato	1Kg	206.55	-12.58	15.92
Yam tuber	1Kg	233.92	-30.54	14.86
Dried Fish Sardine	1Kg	1325	25.53	-1.08
Iced Sardine	1Kg	980	20.25	3.16
Irish potato	1Kg	208.46	-17.7	10.16
Sweet potato	1Kg	189.6	16.3	31.12
Tilapia fish (epiya) fresh	1Kg	564.48	-23.21	3.42
Titus:frozen	1Kg	870.45	14.53	2.41
Catfish (obokun) fresh	1Kg	950	-4.2	4.36
Catfish :dried	1Kg	1428.53	-6.24	-1.53
Catfish Smoked	1Kg	1414.43	1.43	3.37
Mackerel : frozen	1Kg	850	-12.5	-1.31
Groundnut oil: 1 bottle, specify bottle	1Ltr	427.45	-12	-6.63
Maize grain white sold loose	1Kg	100.65	-20.09	1.69
Maize grain yellow sold loose	1Kg	98.92	-18.33	5.6
Palm oil: 1 bottle,specify bottle	1Ltr	445.61	-7.16	6.78
Plantain(ripe)	1Kg	232.57	-42.45	7.49
Plantain(unripe)	1Kg	234.61	-45.11	16.86
Vegetable oil:1 bottle,specify bottle	1Ltr	449.23	3.49	9.19
Wheat flour: prepacked (golden penny 2kg)	2Kg	590	-5.6	-4.32
AVERAGE			-8.48	4.02


Selected Food Price Watch - August 2019



Kogi State






 Tomato


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N209.22



 Beans brown, sold loose


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N309.93



 Rice Local sold Loose


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N309.79



 Bread sliced 500g


	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N323.63



 Yam Tuber


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N153.51



 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N454.16



 Beef, boneless


	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1133.33



 Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N240.94

 Garri white, sold Loose

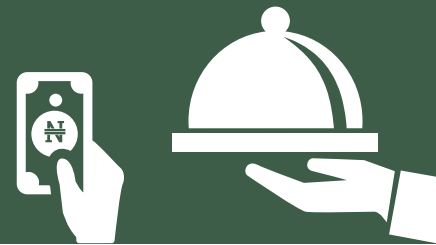
	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N181.26

 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N622.50

Selected Food Price Watch - August 2019


Kogi State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	497.69	-6.1	5.89
Agric eggs(medium size price of one)	1 Piece	47.14	-2.05	16.88
Beans brown,sold loose	1Kg	309.93	-30.85	9.13
Beans:white black eye. sold loose	1Kg	225.88	-39.23	7.87
Beef Bone in	1Kg	1150	0	1.77
Beef,boneless	1Kg	1133.33	-18.76	1.19
Bread sliced 500g	1 loaf	323.63	-3.39	7.58
Bread unsliced 500g	1 loaf	284.54	-1.64	-5.2
Broken Rice (Ofada)	1Kg	350	-7.89	0
Chicken Feet	1Kg	805.33	-19.47	0.92
Chicken Wings	1Kg	900	-18.18	3.41
Evaporated tinned milk carnation 170g	1 unit	150	-16.67	-12.29
Evaporated tinned milk(peak), 170g	1 unit	191.66	-4.85	6.97
Frozen chicken	1 unit	2485	19.66	1.43
Gari white,sold loose	1Kg	181.26	-52.43	27.53
Gari yellow,sold loose	1Kg	208.96	-47.23	35.15
Mudfish (aro) fresh	1Kg	825	-28.26	3.13
Mudfish : dried	1Kg	1450	-26.69	3.41
Onion bulb	1Kg	240.94	-21.54	0.46
Rice agric sold loose	1Kg	320	-47.8	6.49
Rice local sold loose	1Kg	309.79	4.27	13.41
Rice Medium Grained	1Kg	262.86	-1.5	0.16
Rice,imported high quality sold loose	1Kg	414.42	-17.23	2.76
Tomato	1Kg	209.22	-33.41	16.74
Yam tuber	1Kg	153.51	-50.06	13.09
Dried Fish Sardine	1Kg	1268.09	-1.37	-2.47
Iced Sardine	1Kg	900	-21.74	2.83
Irish potato	1Kg	182.85	-22.19	-10
Sweet potato	1Kg	122.22	-38.52	-17.5
Tilapia fish (epiya) fresh	1Kg	804.85	-26.83	5.07
Titus:frozen	1Kg	925.03	-1.36	2.78
Catfish (obokun) fresh	1Kg	870	-14.43	-3.33
Catfish :dried	1Kg	1525	-1.62	1.65
Catfish Smoked	1Kg	1306.07	3.6	-3.42
Mackerel : frozen	1Kg	850	5.92	4.64
Groundnut oil: 1 bottle, specify bottle	1Ltr	446.66	-34.95	9.24
Maize grain white sold loose	1Kg	95.91	-55.43	-3.38
Maize grain yellow sold loose	1Kg	105.02	-52.01	2.03
Palm oil: 1 bottle,specify bottle	1Ltr	454.16	-8.1	6.44
Plantain(ripe)	1Kg	249.35	-29.25	21.46
Plantain(unripe)	1Kg	253.51	-1.06	23.85
Vegetable oil:1 bottle,specify bottle	1Ltr	505.74	-33.69	9.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	622.5	-7.4	3.06
AVERAGE			-18.88	5.13


Selected Food Price Watch - August 2019

Kwara State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N134.56






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N265.23






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N219.92






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N292.85






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N139.32






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N405.89






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1164.04






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N191.29





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N118.13

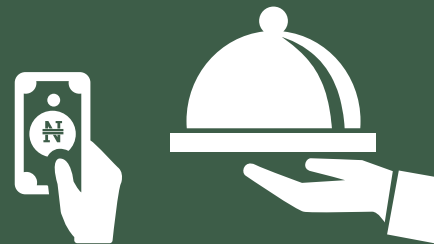


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N625.71

Selected Food Price Watch - August 2019

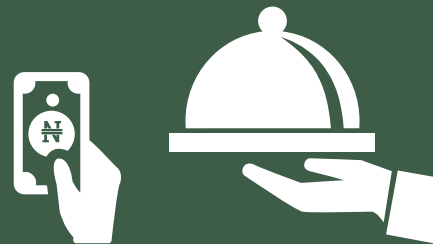

Kwara State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	449	-0.59	-4.62
Agric eggs(medium size price of one)	1 Piece	41.66	8.68	5.16
Beans brown,sold loose	1Kg	265.23	-36.17	1.44
Beans:white black eye. sold loose	1Kg	260.11	-24.8	16.08
Beef Bone in	1Kg	1050	-13.7	4.16
Beef,boneless	1Kg	1164.04	-9.8	-2.62
Bread sliced 500g	1 loaf	292.85	8.46	0.98
Bread unsliced 500g	1 loaf	293.75	1.61	2.58
Broken Rice (Ofada)	1Kg	450	-10	4.6
Chicken Feet	1Kg	865	-27.92	4.7
Chicken Wings	1Kg	866.66	-25.71	5.55
Evaporated tinned milk carnation 170g	1 unit	150	-14.29	0
Evaporated tinned milk(peak), 170g	1 unit	198.18	-2.85	4.31
Frozen chicken	1 unit	1450	0	-3.33
Gari white,sold loose	1Kg	118.13	-23.57	-12.25
Gari yellow,sold loose	1Kg	117.99	-43.84	-12.36
Mudfish (aro) fresh	1Kg	850	-13.27	1.49
Mudfish : dried	1Kg	1847.4	-6.17	2.37
Onion bulb	1Kg	191.29	-11.88	-7.69
Rice agric sold loose	1Kg	312.5	3.7	11.11
Rice local sold loose	1Kg	219.92	-20.59	-5.85
Rice Medium Grained	1Kg	268.07	-10.64	-6.18
Rice,imported high quality sold loose	1Kg	293.12	-13.4	1.02
Tomato	1Kg	134.56	-48.53	31.01
Yam tuber	1Kg	139.32	-53.45	36.85
Dried Fish Sardine	1Kg	1376.66	10.34	0.73
Iced Sardine	1Kg	950	-17.39	5.56
Irish potato	1Kg	218.75	-6.08	25.17
Sweet potato	1Kg	114.28	-41.55	13.53
Tilapia fish (epiya) fresh	1Kg	933.33	-7.59	3.6
Titus:frozen	1Kg	1009.52	20.4	1.52
Catfish (obokun) fresh	1Kg	900	-14.29	3.45
Catfish :dried	1Kg	1351.41	12.72	0.22
Catfish Smoked	1Kg	1373.33	23.35	3.65
Mackerel : frozen	1Kg	850	-5.56	0
Groundnut oil: 1 bottle, specify bottle	1Ltr	518.51	-20.77	3.63
Maize grain white sold loose	1Kg	87.89	-21.22	0.81
Maize grain yellow sold loose	1Kg	89.57	-61.12	1.68
Palm oil: 1 bottle,specify bottle	1Ltr	405.89	-17.25	10.7
Plantain(ripe)	1Kg	186.44	-26.8	-5.83
Plantain(unripe)	1Kg	209.96	-21.4	13.24
Vegetable oil:1 bottle,specify bottle	1Ltr	444.44	-17.01	3.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	625.71	-4.33	-6.26
AVERAGE			-14.05	3.67


Selected Food Price Watch - August 2019

Lagos State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N289.93






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N265.13






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N323.52






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N298.21






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N245.80






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N475.06






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1275.92






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N259.28





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N136.91

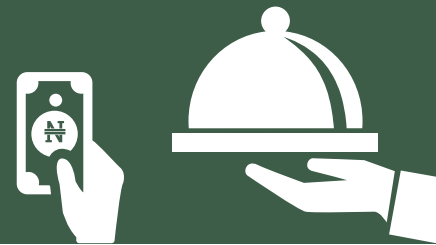


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N607.69

Selected Food Price Watch - August 2019


Lagos State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	467.3	-7.25	-0.18
Agric eggs(medium size price of one)	1 Piece	40.55	-4.75	1.64
Beans brown,sold loose	1Kg	265.13	-43.32	-1.74
Beans:white black eye. sold loose	1Kg	306.57	-31.35	12.32
Beef Bone in	1Kg	1095.25	-10.96	-4.71
Beef,boneless	1Kg	1275.92	-16.2	2.78
Bread sliced 500g	1 loaf	298.21	1.09	20.3
Bread unsliced 500g	1 loaf	250	0.96	-2.17
Broken Rice (Ofada)	1Kg	523.57	-9.52	1.37
Chicken Feet	1Kg	812.5	-16.24	4.17
Chicken Wings	1Kg	1026.78	-9.26	1.4
Evaporated tinned milk carnation 170g	1 unit	158	7.12	5.33
Evaporated tinned milk(peak), 170g	1 unit	205.38	3.53	12.46
Frozen chicken	1 unit	1509.28	21.23	0.27
Gari white,sold loose	1Kg	136.91	-33.15	-4.88
Gari yellow,sold loose	1Kg	152.18	-54.48	3.43
Mudfish (aro) fresh	1Kg	1013.33	-16.67	5.28
Mudfish : dried	1Kg	1804.28	-9.41	1.28
Onion bulb	1Kg	259.28	-25.49	21.45
Rice agric sold loose	1Kg	318.2	1.31	-1.19
Rice local sold loose	1Kg	323.52	6.13	7.84
Rice Medium Grained	1Kg	295.12	-8.51	4.93
Rice,imported high quality sold loose	1Kg	318.03	-6.06	-0.73
Tomato	1Kg	289.93	-44.58	0.19
Yam tuber	1Kg	245.8	-42.88	20.7
Dried Fish Sardine	1Kg	1325.13	-5.47	-1.77
Iced Sardine	1Kg	857.49	-13.49	4.38
Irish potato	1Kg	402	6.15	14.68
Sweet potato	1Kg	200.03	0.63	17.24
Tilapia fish (epiya) fresh	1Kg	808.69	-33.53	1.39
Titus:frozen	1Kg	978.57	0.74	6.14
Catfish (obokun) fresh	1Kg	1308.05	-0.35	1.76
Catfish :dried	1Kg	1611.64	-13.07	0.95
Catfish Smoked	1Kg	1600	-4.31	1.1
Mackerel : frozen	1Kg	836.66	-13.12	4.09
Groundnut oil: 1 bottle, specify bottle	1Ltr	500	-16.97	-6.25
Maize grain white sold loose	1Kg	199.01	-5.83	-1.72
Maize grain yellow sold loose	1Kg	201.76	-7.54	-2.67
Palm oil: 1 bottle,specify bottle	1Ltr	475.06	-5.32	7.97
Plantain(ripe)	1Kg	236.36	3.08	-2.14
Plantain(unripe)	1Kg	216.38	8.85	-13.89
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	2.01	2.44
Wheat flour: prepacked (golden penny 2kg)	2Kg	607.69	2.18	1.28
AVERAGE			-10.33	3.41


Selected Food Price Watch - August 2019

Nasarawa State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N204.19






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N248.38






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N222.22






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N238.88






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N129.12






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N533.33






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1191.66






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N199.69





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N114.16

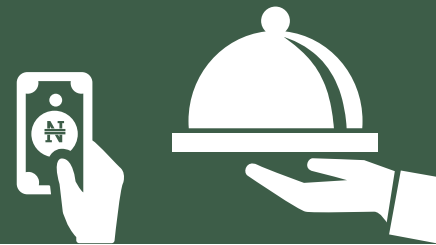


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N730.00

Selected Food Price Watch - August 2019

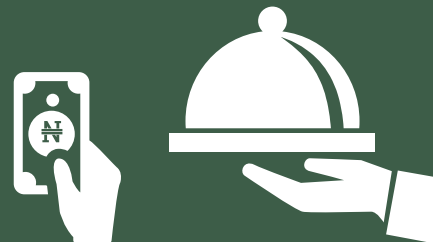

Nasarawa State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	483.63	1.46	5.84
Agric eggs(medium size price of one)	1 Piece	41.81	-1.18	3.33
Beans brown,sold loose	1Kg	248.38	-39.35	-12.82
Beans:white black eye. sold loose	1Kg	224.97	-32.88	-6.24
Beef Bone in	1Kg	1090	-14.12	3.55
Beef,boneless	1Kg	1191.66	-6.4	3.41
Bread sliced 500g	1 loaf	238.88	-27.61	9.49
Bread unsliced 500g	1 loaf	286.36	-1.01	-8.36
Broken Rice (Ofada)	1Kg	289.77	-18.77	-14.54
Chicken Feet	1Kg	700.55	-29.95	7.78
Chicken Wings	1Kg	733.33	-34.82	-2.22
Evaporated tinned milk carnation 170g	1 unit	163.33	-14.04	8.89
Evaporated tinned milk(peak), 170g	1 unit	195.55	5.48	5.3
Frozen chicken	1 unit	1905	58.75	-1.04
Gari white,sold loose	1Kg	114.16	-36.87	-9.19
Gari yellow,sold loose	1Kg	138.58	-46.7	15.12
Mudfish (aro) fresh	1Kg	903.77	-10.02	5.68
Mudfish : dried	1Kg	1500	-9.87	-1.49
Onion bulb	1Kg	199.69	-30.64	29.86
Rice agric sold loose	1Kg	251.64	-33.32	7.85
Rice local sold loose	1Kg	222.22	-11.58	-9.71
Rice Medium Grained	1Kg	329.69	-1.4	9.9
Rice,imported high quality sold loose	1Kg	350	-2.95	-1.13
Tomato	1Kg	204.19	-49.6	12.75
Yam tuber	1Kg	129.12	-66.1	27.56
Dried Fish Sardine	1Kg	1360	15.74	1.52
Iced Sardine	1Kg	950.8	-11.55	4.68
Irish potato	1Kg	216.03	-24.16	19.5
Sweet potato	1Kg	116.13	-58.63	17.5
Tilapia fish (epiya) fresh	1Kg	865	-51.48	2.98
Titus:frozen	1Kg	960.42	-6.87	5.45
Catfish (obokun) fresh	1Kg	800	-37.82	0.21
Catfish :dried	1Kg	1500	-33.38	3.43
Catfish Smoked	1Kg	1285.85	6.76	-1.26
Mackerel : frozen	1Kg	872.89	-14.23	-4.6
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	4.09	8.33
Maize grain white sold loose	1Kg	115.15	-40.8	14.51
Maize grain yellow sold loose	1Kg	127.46	-41.19	28.1
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	5.76	0
Plantain(ripe)	1Kg	309.25	-17.28	3.92
Plantain(unripe)	1Kg	247.77	-18.6	17.98
Vegetable oil:1 bottle,specify bottle	1Ltr	575.75	-0.9	0.76
Wheat flour: prepacked (golden penny 2kg)	2Kg	730	6.68	-2.67
AVERAGE			-17.94	4.88


Selected Food Price Watch - August 2019

Niger State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N156.89






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N258.33






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N271.09






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N286.25






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N187.41






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N441.66






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1040.25






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N203.98





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N158.00

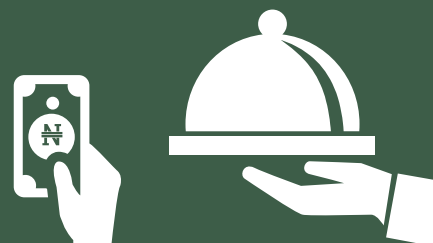


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N595.22

Selected Food Price Watch - August 2019


Niger State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	460	-10.31	4.05
Agric eggs(medium size price of one)	1 Piece	39.33	-9.24	-3.15
Beans brown,sold loose	1Kg	258.33	-22.41	-11.8
Beans:white black eye. sold loose	1Kg	160	-50.41	-11.8
Beef Bone in	1Kg	1071.42	-6.83	4.3
Beef,boneless	1Kg	1040.25	-13.31	0.16
Bread sliced 500g	1 loaf	286.25	-7.99	-0.43
Bread unsliced 500g	1 loaf	275	-5.71	7.84
Broken Rice (Ofada)	1Kg	327.64	-28.77	0.9
Chicken Feet	1Kg	900	-22.86	0.16
Chicken Wings	1Kg	975	-19.14	4
Evaporated tinned milk carnation 170g	1 unit	151	0.67	-6.79
Evaporated tinned milk(peak), 170g	1 unit	170	-4.14	-9.43
Frozen chicken	1 unit	1826	30.43	-1.3
Gari white,sold loose	1Kg	158	-13.56	8.88
Gari yellow,sold loose	1Kg	164.28	-34.49	7.73
Mudfish (aro) fresh	1Kg	1003.33	14.39	5.43
Mudfish : dried	1Kg	1550	-25.12	1.12
Onion bulb	1Kg	203.98	-28.43	29.29
Rice agric sold loose	1Kg	349.62	-5.45	-4.79
Rice local sold loose	1Kg	271.09	19.75	17.69
Rice Medium Grained	1Kg	303.02	-13.42	1.08
Rice,imported high quality sold loose	1Kg	300.41	-11.63	-14.41
Tomato	1Kg	156.89	-59.27	36.53
Yam tuber	1Kg	187.41	-45.26	18.63
Dried Fish Sardine	1Kg	1300.15	-1.5	0.01
Iced Sardine	1Kg	1003.33	-21.83	5.61
Irish potato	1Kg	236.32	1.71	-0.5
Sweet potato	1Kg	125.19	-45.23	-18.16
Tilapia fish (epiya) fresh	1Kg	780.48	-23.96	-0.01
Titus:frozen	1Kg	905.23	-8.25	0.61
Catfish (obokun) fresh	1Kg	854.54	-27.56	-1.78
Catfish :dried	1Kg	1290.55	1.69	-2.43
Catfish Smoked	1Kg	1350	3.74	-2
Mackerel : frozen	1Kg	1020.33	1.81	-3.97
Groundnut oil: 1 bottle, specify bottle	1Ltr	453.33	-8.19	-6.85
Maize grain white sold loose	1Kg	103.55	-40.21	24.8
Maize grain yellow sold loose	1Kg	110.23	-41.04	29.53
Palm oil: 1 bottle,specify bottle	1Ltr	441.66	-9.66	8.88
Plantain(ripe)	1Kg	229.48	-41.41	14.6
Plantain(unripe)	1Kg	251.52	-22.12	23.33
Vegetable oil:1 bottle,specify bottle	1Ltr	401.9	3.94	-1.21
Wheat flour: prepacked (golden penny 2kg)	2Kg	595.22	-0.38	-7.54
AVERAGE			-15.14	3.41


Selected Food Price Watch - August 2019

Ogun State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N264.98






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N272.25






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N350.94






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N297.22






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N230.63






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N470.17






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1118.61






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N243.77





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N172.31



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N576.25

Selected Food Price Watch - August 2019

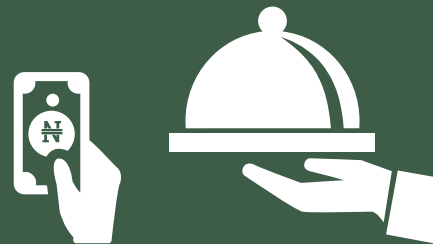

Ogun State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	434.5	-6.11	-3.8
Agric eggs(medium size price of one)	1 Piece	39.21	2.64	3.18
Beans brown,sold loose	1Kg	272.25	-39.26	5.31
Beans:white black eye. sold loose	1Kg	214.48	-44.11	-13.5
Beef Bone in	1Kg	800.11	-16.19	-6.06
Beef,boneless	1Kg	1118.61	-5.85	-2.41
Bread sliced 500g	1 loaf	297.22	-0.93	-2.63
Bread unsliced 500g	1 loaf	275	8.27	6.63
Broken Rice (Ofada)	1Kg	482.45	-11.61	-7.41
Chicken Feet	1Kg	816.66	-1.74	2.83
Chicken Wings	1Kg	1100	-3.14	-3.65
Evaporated tinned milk carnation 170g	1 unit	170	13.33	0
Evaporated tinned milk(peak), 170g	1 unit	210	8.2	2.16
Frozen chicken	1 unit	1453.63	11.63	-2.32
Gari white,sold loose	1Kg	172.31	-19.35	-6.39
Gari yellow,sold loose	1Kg	195.98	-10.24	7.21
Mudfish (aro) fresh	1Kg	1034.5	-12.74	-4.17
Mudfish : dried	1Kg	2400.41	-8.31	-1.09
Onion bulb	1Kg	243.77	-31.97	-15.37
Rice agric sold loose	1Kg	297.97	2.84	-12.08
Rice local sold loose	1Kg	350.94	5.28	0.7
Rice Medium Grained	1Kg	298.09	1.17	4.89
Rice,imported high quality sold loose	1Kg	346.15	-5.2	-1.57
Tomato	1Kg	264.98	-35.22	18.45
Yam tuber	1Kg	230.63	-34.2	-10.37
Dried Fish Sardine	1Kg	1384.44	1.87	0.63
Iced Sardine	1Kg	666.66	20.22	-4.49
Irish potato	1Kg	230.92	-35.99	6.82
Sweet potato	1Kg	140.96	16.04	11.56
Tilapia fish (epiya) fresh	1Kg	860.23	-2.45	3.29
Titus:frozen	1Kg	934.73	9.76	5.66
Catfish (obokun) fresh	1Kg	851.13	-25.57	3.14
Catfish :dried	1Kg	1760.6	-19.22	0.09
Catfish Smoked	1Kg	1509.35	3.36	-1.07
Mackerel : frozen	1Kg	791.71	-10.43	-5.76
Groundnut oil: 1 bottle, specify bottle	1Ltr	485.33	3.26	-6.47
Maize grain white sold loose	1Kg	127.96	-38.1	3.22
Maize grain yellow sold loose	1Kg	130.08	-36.5	1.56
Palm oil: 1 bottle,specify bottle	1Ltr	470.17	-7.2	3.87
Plantain(ripe)	1Kg	199.84	-16.41	-1.14
Plantain(unripe)	1Kg	169.08	-5.22	-16.59
Vegetable oil:1 bottle,specify bottle	1Ltr	525.49	0.98	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	576.25	-0.72	-2.33
AVERAGE			-8.72	-0.92


Selected Food Price Watch - August 2019

Ondo State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N277.01






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N308.39






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N296.43






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N257.50






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N164.09






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N436.36






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1293.61






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N222.20





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N146.56



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N631.66

Selected Food Price Watch - August 2019

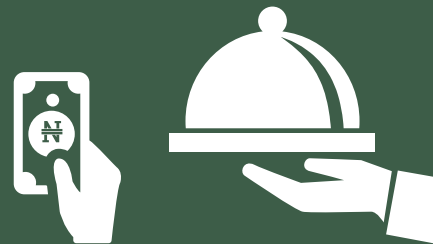

Ondo State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	473.12	-2.11	1.07
Agric eggs(medium size price of one)	1 Piece	42.75	2.6	8.59
Beans brown,sold loose	1Kg	308.39	-35.98	-5.36
Beans:white black eye. sold loose	1Kg	222.25	-38.83	-5.12
Beef Bone in	1Kg	1073.93	40.88	3.42
Beef,boneless	1Kg	1293.61	-4.64	2.76
Bread sliced 500g	1 loaf	257.5	0.6	-2.73
Bread unsliced 500g	1 loaf	247.5	-1.43	-1
Broken Rice (Ofada)	1Kg	349.56	-5.38	-0.75
Chicken Feet	1Kg	970	-21.77	3.74
Chicken Wings	1Kg	1105.73	-14.12	2.44
Evaporated tinned milk carnation 170g	1 unit	166	-3.17	3.75
Evaporated tinned milk(peak), 170g	1 unit	193.33	0	-1.11
Frozen chicken	1 unit	1750	31.02	1.56
Gari white,sold loose	1Kg	146.56	8.71	0.66
Gari yellow,sold loose	1Kg	143.43	-40.86	3.13
Mudfish (aro) fresh	1Kg	867.91	-4.63	4.14
Mudfish : dried	1Kg	1676.36	11.72	-1.39
Onion bulb	1Kg	222.2	-11.25	6.56
Rice agric sold loose	1Kg	294.11	-13	-13.54
Rice local sold loose	1Kg	296.43	-3.11	3.36
Rice Medium Grained	1Kg	316.38	-9.29	-3.11
Rice,imported high quality sold loose	1Kg	336.93	-8.36	-1.64
Tomato	1Kg	277.01	-19.11	1.92
Yam tuber	1Kg	164.09	-31.04	-3.94
Dried Fish Sardine	1Kg	1131.01	-0.18	-0.02
Iced Sardine	1Kg	883.65	23.61	3.72
Irish potato	1Kg	250	-7.26	11.26
Sweet potato	1Kg	124.25	-44.91	2.12
Tilapia fish (epiya) fresh	1Kg	815.25	-3.76	1.34
Titus:frozen	1Kg	893.12	1.51	4.29
Catfish (obokun) fresh	1Kg	855.03	3.29	6.25
Catfish :dried	1Kg	1556.24	-12.85	-1.95
Catfish Smoked	1Kg	1358	10.11	3.14
Mackerel : frozen	1Kg	841.54	-6.65	3.69
Groundnut oil: 1 bottle, specify bottle	1Ltr	585.9	-13.11	7.61
Maize grain white sold loose	1Kg	154.61	-21.13	2.3
Maize grain yellow sold loose	1Kg	150.63	-20.16	-1.67
Palm oil: 1 bottle,specify bottle	1Ltr	436.36	-6.68	0.15
Plantain(ripe)	1Kg	259.57	-32.61	11.14
Plantain(unripe)	1Kg	267.87	-24.17	10.38
Vegetable oil:1 bottle,specify bottle	1Ltr	506.66	-19.62	6.05
Wheat flour: prepacked (golden penny 2kg)	2Kg	631.66	2.09	-1.48
AVERAGE			-8.02	1.76


Selected Food Price Watch - August 2019

Osun State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N233.18






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N258.66






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N242.35






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N320.83






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N265.96






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N395.07






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1226.90






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N173.52





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N139.21



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N605.66

Selected Food Price Watch - August 2019

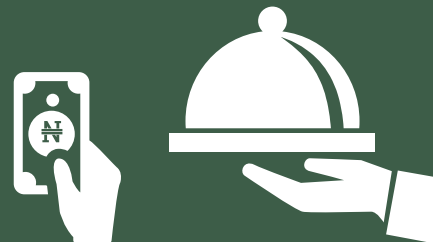
Osun State




ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	421.25	2.35	-7.24
Agric eggs(medium size price of one)	1 Piece	37.82	-0.62	-0.63
Beans brown,sold loose	1Kg	258.66	-44.93	-16.67
Beans:white black eye. sold loose	1Kg	192.54	-44.96	-9.18
Beef Bone in	1Kg	789.53	4.71	-3.05
Beef,boneless	1Kg	1226.9	-1.65	-2.36
Bread sliced 500g	1 loaf	320.83	3.26	2.67
Bread unsliced 500g	1 loaf	252.27	-2.18	-0.34
Broken Rice (Ofada)	1Kg	360.55	-17.37	-1.25
Chicken Feet	1Kg	816.31	-11.08	2.25
Chicken Wings	1Kg	1010	-13.43	4
Evaporated tinned milk carnation 170g	1 unit	173.72	-8.26	1.58
Evaporated tinned milk(peak), 170g	1 unit	202.08	3.49	0.41
Frozen chicken	1 unit	1722.5	20.17	-1.57
Gari white,sold loose	1Kg	139.21	6.84	7.78
Gari yellow,sold loose	1Kg	123.61	-48.76	9.16
Mudfish (aro) fresh	1Kg	876.06	-26.23	4.37
Mudfish : dried	1Kg	1598.9	-1.33	0.51
Onion bulb	1Kg	173.52	-40.16	-13.3
Rice agric sold loose	1Kg	318.62	12.93	5.08
Rice local sold loose	1Kg	242.35	-8.24	1.82
Rice Medium Grained	1Kg	297.93	-2.35	3.49
Rice,imported high quality sold loose	1Kg	299.01	-7.34	-1.3
Tomato	1Kg	233.18	-17.29	12.07
Yam tuber	1Kg	265.96	-45.5	39.45
Dried Fish Sardine	1Kg	1542.14	-1.39	1.32
Iced Sardine	1Kg	668.87	-0.87	-1.6
Irish potato	1Kg	300	-24.05	19.52
Sweet potato	1Kg	120.96	-14.47	-14.95
Tilapia fish (epiya) fresh	1Kg	712.67	-13.13	6.51
Titus:frozen	1Kg	832.63	0.34	-1.19
Catfish (obokun) fresh	1Kg	888.88	0.64	2.93
Catfish:dried	1Kg	1876.03	10.58	0.66
Catfish Smoked	1Kg	1585.65	15.54	0.74
Mackerel : frozen	1Kg	954.13	14.55	5.82
Groundnut oil: 1 bottle, specify bottle	1Ltr	600	6.13	4.25
Maize grain white sold loose	1Kg	96.46	-44.71	0.5
Maize grain yellow sold loose	1Kg	102.21	-45.05	0.59
Palm oil: 1 bottle,specify bottle	1Ltr	395.07	-8.55	-7.82
Plantain(ripe)	1Kg	225.09	-18.78	10.45
Plantain(unripe)	1Kg	186.84	-22.66	-7.96
Vegetable oil:1 bottle,specify bottle	1Ltr	453.66	-15.72	5.15
Wheat flour: prepacked (golden penny 2kg)	2Kg	605.66	-11.73	-2.74
AVERAGE			-10.73	1.39



Selected Food Price Watch - August 2019


Oyo State








 Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N176.72






 Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N354.33






 Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N283.17






 Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N305.38






 Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N204.15






 Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N400.83






 Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1190.98






 Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N166.47





 Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N157.07



 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N650.16

Selected Food Price Watch - August 2019


Oyo State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	458.94	1.2	2.44
Agric eggs(medium size price of one)	1 Piece	38.81	4.76	2.13
Beans brown,sold loose	1Kg	354.33	-22.39	-8.8
Beans:white black eye. sold loose	1Kg	301.97	-12.97	-8.18
Beef Bone in	1Kg	997.17	1.09	-3.91
Beef,boneless	1Kg	1190.98	26.74	-1.57
Bread sliced 500g	1 loaf	305.38	3.64	1
Bread unsliced 500g	1 loaf	260	-0.64	-2.18
Broken Rice (Ofada)	1Kg	588.83	-22.6	2.35
Chicken Feet	1Kg	861.39	-11.1	4.41
Chicken Wings	1Kg	939.17	-8.37	0.99
Evaporated tinned milk carnation 170g	1 unit	151.66	2.24	1.11
Evaporated tinned milk(peak), 170g	1 unit	193.52	-1.01	2.12
Frozen chicken	1 unit	1725.66	32.74	-1.39
Gari white,sold loose	1Kg	157.07	-6.77	6.98
Gari yellow,sold loose	1Kg	200.7	-24.22	21.2
Mudfish (aro) fresh	1Kg	795.92	-12.06	-3.71
Mudfish : dried	1Kg	1596.29	0.84	1.34
Onion bulb	1Kg	166.47	-42.22	-23
Rice agric sold loose	1Kg	344.63	-16.9	-2.88
Rice local sold loose	1Kg	283.17	-20.07	-5.78
Rice Medium Grained	1Kg	299.09	-9.36	-5.01
Rice,imported high quality sold loose	1Kg	307.67	-7.49	-4.45
Tomato	1Kg	176.72	-40.3	-15.58
Yam tuber	1Kg	204.15	-23.98	32.59
Dried Fish Sardine	1Kg	1055.58	16.66	-3.69
Iced Sardine	1Kg	750.49	11.48	-2.94
Irish potato	1Kg	317.05	-9.75	16.05
Sweet potato	1Kg	125.62	-1.01	-4.19
Tilapia fish (epiya) fresh	1Kg	780.12	-2.85	3.17
Titus:frozen	1Kg	913.86	12.19	0.49
Catfish (obokun) fresh	1Kg	1004.46	-8.54	2.97
Catfish :dried	1Kg	1707.69	-11.97	1.93
Catfish Smoked	1Kg	1492.5	25.92	2.93
Mackerel : frozen	1Kg	927.88	15.73	5.04
Groundnut oil: 1 bottle, specify bottle	1Ltr	630.76	-12.54	8.13
Maize grain white sold loose	1Kg	115.03	-25.59	2.79
Maize grain yellow sold loose	1Kg	111.32	-31.44	-3.14
Palm oil: 1 bottle,specify bottle	1Ltr	400.83	-10.75	-5.39
Plantain(ripe)	1Kg	204.64	3.05	-10.37
Plantain(unripe)	1Kg	257.99	18.06	15.27
Vegetable oil:1 bottle,specify bottle	1Ltr	502.22	-7.2	7.47
Wheat flour: prepacked (golden penny 2kg)	2Kg	650.16	-2.28	-1.21
AVERAGE			-5.35	0.64


Selected Food Price Watch - August 2019

Plateau State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N174.98






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N314.48






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N250.94






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N297.22






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N205.63






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N470.17






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1158.61






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N143.77





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N172.31

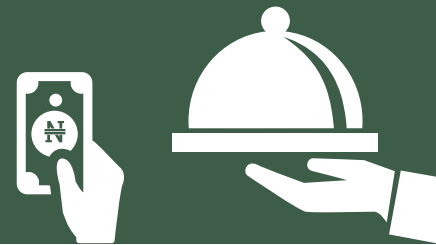


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N576.25

Selected Food Price Watch - August 2019


Plateau State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	434.5	-6.5	-3.44
Agric eggs(medium size price of one)	1 Piece	39.21	-2.79	-2.79
Beans brown,sold loose	1Kg	314.48	-11.3	0.9
Beans:white black eye. sold loose	1Kg	272.25	-15.15	7.44
Beef Bone in	1Kg	980.11	-19.07	-4.22
Beef,boneless	1Kg	1158.61	-5.63	-2.91
Bread sliced 500g	1 loaf	297.22	2.88	16.56
Bread unsliced 500g	1 loaf	275	-1.79	13.24
Broken Rice (Ofada)	1Kg	382.45	17.59	7.43
Chicken Feet	1Kg	700.66	-21.05	7.79
Chicken Wings	1Kg	825	-17.79	3.58
Evaporated tinned milk carnation 170g	1 unit	150	-9.09	0
Evaporated tinned milk(peak), 170g	1 unit	210	13.13	13.51
Frozen chicken	1 unit	2813.63	30.87	-1.29
Gari white,sold loose	1Kg	172.31	-13.6	22.16
Gari yellow,sold loose	1Kg	195.98	-41.47	24.89
Mudfish (aro) fresh	1Kg	874.5	-32.66	-3.48
Mudfish : dried	1Kg	1600.41	6.69	2.42
Onion bulb	1Kg	143.77	-45.95	25.8
Rice agric sold loose	1Kg	297.97	11.92	6.41
Rice local sold loose	1Kg	250.94	-3.08	-7.53
Rice Medium Grained	1Kg	328.09	-2.39	9.31
Rice,imported high quality sold loose	1Kg	346.15	-4.73	-1.6
Tomato	1Kg	174.98	-41.19	5.9
Yam tuber	1Kg	205.63	-27.37	-0.28
Dried Fish Sardine	1Kg	1440.44	-1.68	2.67
Iced Sardine	1Kg	966.66	-12.12	2.35
Irish potato	1Kg	170.92	-30.99	-9.2
Sweet potato	1Kg	140.96	-46.79	5.72
Tilapia fish (epiya) fresh	1Kg	830.23	-1.99	4.9
Titus:frozen	1Kg	934.73	-2.12	2.27
Catfish (obokun) fresh	1Kg	991.13	-17.41	-8.23
Catfish :dried	1Kg	2046.6	-4.81	3.56
Catfish Smoked	1Kg	1509.35	10.11	-0.79
Mackerel : frozen	1Kg	901.71	-9.83	-4.24
Groundnut oil: 1 bottle, specify bottle	1Ltr	485.33	-19.11	5.51
Maize grain white sold loose	1Kg	107.96	-33.62	38.47
Maize grain yellow sold loose	1Kg	113.08	-27.03	39.79
Palm oil: 1 bottle,specify bottle	1Ltr	470.17	-17.27	4.11
Plantain(ripe)	1Kg	299.84	-22.09	8.28
Plantain(unripe)	1Kg	216.08	-51.06	1.93
Vegetable oil:1 bottle,specify bottle	1Ltr	425.49	-25.79	0.12
Wheat flour: prepacked (golden penny 2kg)	2Kg	576.25	-11.35	-7.8
AVERAGE			-13.13	5.33


Selected Food Price Watch - August 2019

Rivers State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N406.24






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N381.67






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N376.46






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N332.35






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N200.00






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N492.22






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1350.33






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N216.09





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N178.76

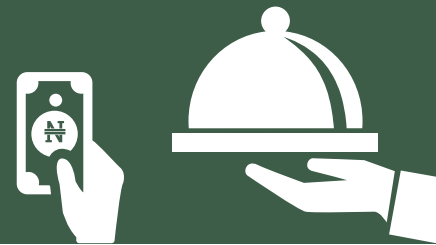


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N735.33

Selected Food Price Watch - August 2019

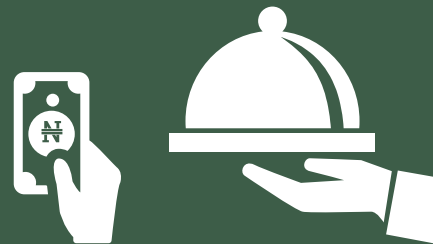

Rivers State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	523.88	-0.64	4.25
Agric eggs(medium size price of one)	1 Piece	45.78	2.77	6.82
Beans brown,sold loose	1Kg	381.67	-5.42	-0.71
Beans:white black eye. sold loose	1Kg	339.11	-9.58	-1.55
Beef Bone in	1Kg	954.87	6.59	2.93
Beef,boneless	1Kg	1350.33	1.59	3.81
Bread sliced 500g	1 loaf	332.35	-6.94	3.05
Bread unsliced 500g	1 loaf	314.7	3.26	-1.5
Broken Rice (Ofada)	1Kg	454.54	0	8.11
Chicken Feet	1Kg	828.37	-14.85	3.51
Chicken Wings	1Kg	1052.47	-2.11	-0.39
Evaporated tinned milk carnation 170g	1 unit	151.66	4.59	1.11
Evaporated tinned milk(peak), 170g	1 unit	188.33	0.81	-0.09
Frozen chicken	1 unit	1728.14	10.54	-1.74
Gari white,sold loose	1Kg	178.76	-15.6	0.85
Gari yellow,sold loose	1Kg	183.72	-13.92	-1.19
Mudfish (aro) fresh	1Kg	950	18.75	4.11
Mudfish : dried	1Kg	2405	9.91	-1.84
Onion bulb	1Kg	216.09	-16.34	-2.36
Rice agric sold loose	1Kg	454.54	5.26	0
Rice local sold loose	1Kg	376.46	1.65	-2.67
Rice Medium Grained	1Kg	414.69	-2.07	-3.27
Rice,imported high quality sold loose	1Kg	457.4	0.78	10.58
Tomato	1Kg	406.24	-27.9	3.46
Yam tuber	1Kg	200	-2.4	6.25
Dried Fish Sardine	1Kg	1520.13	-8	-2.38
Iced Sardine	1Kg	1025.41	13.87	-1.91
Irish potato	1Kg	324.5	8.92	-7.33
Sweet potato	1Kg	159.97	0.57	4.73
Tilapia fish (epiya) fresh	1Kg	893.05	-10.63	0.86
Titus:frozen	1Kg	918.34	1.04	-3.17
Catfish (obokun) fresh	1Kg	955.13	-6.59	-3.55
Catfish :dried	1Kg	1343.83	-31.87	0.6
Catfish Smoked	1Kg	1612.3	-2.92	-1.18
Mackerel : frozen	1Kg	988.07	2.48	-4.37
Groundnut oil: 1 bottle, specify bottle	1Ltr	497.33	-13.59	-2.27
Maize grain white sold loose	1Kg	214.37	-4.43	-4.73
Maize grain yellow sold loose	1Kg	217.67	-8.28	-1.99
Palm oil: 1 bottle,specify bottle	1Ltr	492.22	-0.26	-6.71
Plantain(ripe)	1Kg	247.42	14.02	5.23
Plantain(unripe)	1Kg	215.23	21.89	5.96
Vegetable oil:1 bottle,specify bottle	1Ltr	609.21	-4.31	6.26
Wheat flour: prepacked (golden penny 2kg)	2Kg	735.33	0.96	-1.96
AVERAGE			-1.82	0.55


Selected Food Price Watch - August 2019

Sokoto State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N108.03






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N259.17






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N228.32






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N312.50






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N148.61






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N468.00






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1150.00






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N175.03





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N145.12



Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N610.00

Selected Food Price Watch - August 2019

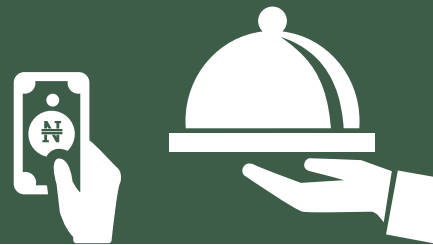

Sokoto State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	464	-3.33	-2.4
Agric eggs(medium size price of one)	1 Piece	40	0	-0.53
Beans brown,sold loose	1Kg	259.17	-46.14	-4.58
Beans:white black eye. sold loose	1Kg	224.69	-42.42	-15.99
Beef Bone in	1Kg	1066.66	-4.76	4.43
Beef,boneless	1Kg	1150	-6.21	1.87
Bread sliced 500g	1 loaf	312.5	-10.71	-1.11
Bread unsliced 500g	1 loaf	260	-25.71	-11.26
Broken Rice (Ofada)	1Kg	358.62	-18.41	-1.82
Chicken Feet	1Kg	500	-18.79	0.95
Chicken Wings	1Kg	703.5	0.71	1.2
Evaporated tinned milk carnation 170g	1 unit	160	6.19	-0.34
Evaporated tinned milk(peak), 170g	1 unit	167	-0.79	-15.67
Frozen chicken	1 unit	2166.66	44.44	-1.44
Gari white,sold loose	1Kg	145.12	-42.9	2.09
Gari yellow,sold loose	1Kg	193.62	-51.79	8.14
Mudfish (aro) fresh	1Kg	956.66	-10.31	4.89
Mudfish : dried	1Kg	1807.44	-4.41	0.87
Onion bulb	1Kg	175.03	-42.01	24.28
Rice agric sold loose	1Kg	321.82	24.44	-6.63
Rice local sold loose	1Kg	228.32	-10.32	-16.7
Rice Medium Grained	1Kg	249.56	3.39	-10.1
Rice,imported high quality sold loose	1Kg	325	-19.42	-7.21
Tomato	1Kg	108.03	-72.85	1.99
Yam tuber	1Kg	148.61	-68.17	-11.52
Dried Fish Sardine	1Kg	1270	13.39	-2.32
Iced Sardine	1Kg	845.33	-3.39	5.67
Irish potato	1Kg	208.3	-47.23	17.6
Sweet potato	1Kg	216.02	-21.84	-2.14
Tilapia fish (epiya) fresh	1Kg	704.44	-26.26	6.55
Titus:frozen	1Kg	958.33	-11.07	5.7
Catfish (obokun) fresh	1Kg	910	-17.27	5
Catfish :dried	1Kg	1225.19	26.74	2.29
Catfish Smoked	1Kg	1300	15.15	-0.2
Mackerel : frozen	1Kg	875	-11.33	4.13
Groundnut oil: 1 bottle, specify bottle	1Ltr	475.33	-24.15	6.82
Maize grain white sold loose	1Kg	95.93	-22.51	-4.21
Maize grain yellow sold loose	1Kg	89.24	-30.72	-18.66
Palm oil: 1 bottle,specify bottle	1Ltr	468	-11.51	-3.51
Plantain(ripe)	1Kg	162.5	-60.54	0.45
Plantain(unripe)	1Kg	116.66	-57.24	-31.38
Vegetable oil:1 bottle,specify bottle	1Ltr	478.66	-15.53	4.82
Wheat flour: prepacked (golden penny 2kg)	2Kg	610	2.43	-5.93
AVERAGE			-16.82	-1.53


Selected Food Price Watch - August 2019

Taraba State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N125.70






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N285.71






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N218.12






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N275.74






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N157.29






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N533.33






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1142.85






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N200.04





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N153.40

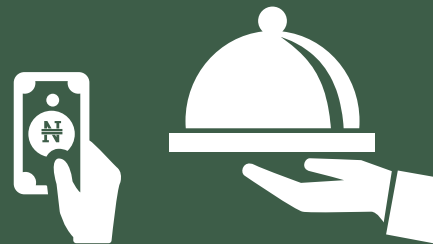


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N750.43

Selected Food Price Watch - August 2019


Taraba State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	449.33	-3.72	-3.77
Agric eggs(medium size price of one)	1 Piece	40.66	-0.83	-0.02
Beans brown,sold loose	1Kg	285.71	-10.36	2.35
Beans:white black eye. sold loose	1Kg	205.35	-25.19	-7.86
Beef Bone in	1Kg	893.33	-16.06	1.32
Beef,boneless	1Kg	1142.85	11.15	3.37
Bread sliced 500g	1 loaf	275.74	-2.68	4.59
Bread unsliced 500g	1 loaf	250	0	8.33
Broken Rice (Ofada)	1Kg	386.02	-11.31	0.08
Chicken Feet	1Kg	369.51	6.08	0.07
Chicken Wings	1Kg	500.41	-11.56	0.06
Evaporated tinned milk carnation 170g	1 unit	143.87	-7.18	0.08
Evaporated tinned milk(peak), 170g	1 unit	186.15	3.42	0.37
Frozen chicken	1 unit	1365	8.79	0.74
Gari white,sold loose	1Kg	153.4	-12.61	5.32
Gari yellow,sold loose	1Kg	148.31	-23.67	7.08
Mudfish (aro) fresh	1Kg	875	4.11	4.95
Mudfish : dried	1Kg	1686.15	7.55	2.47
Onion bulb	1Kg	200.04	-4.73	16.67
Rice agric sold loose	1Kg	248.12	-24.28	0.08
Rice local sold loose	1Kg	218.12	-12.75	-15.6
Rice Medium Grained	1Kg	294.54	-0.35	0.08
Rice,imported high quality sold loose	1Kg	345.54	2.67	8.57
Tomato	1Kg	125.7	-35.52	13.3
Yam tuber	1Kg	157.29	-0.04	41.5
Dried Fish Sardine	1Kg	1138.52	-24.1	3.5
Iced Sardine	1Kg	900	5.88	1.09
Irish potato	1Kg	222.41	29.51	4.74
Sweet potato	1Kg	90.25	-12.89	-20.83
Tilapia fish (epiya) fresh	1Kg	560.75	-10.99	6.81
Titus:frozen	1Kg	889.44	10.75	0.09
Catfish (obokun) fresh	1Kg	997.9	0.14	0.09
Catfish :dried	1Kg	1513.35	-1.07	-2.36
Catfish Smoked	1Kg	1413.08	-3.65	1.93
Mackerel : frozen	1Kg	812.35	-11.15	3.7
Groundnut oil: 1 bottle, specify bottle	1Ltr	535.55	0.75	4.55
Maize grain white sold loose	1Kg	75.36	-20.3	7.11
Maize grain yellow sold loose	1Kg	88.13	-8.7	-2.54
Palm oil: 1 bottle,specify bottle	1Ltr	533.33	-0.78	-2.24
Plantain(ripe)	1Kg	218.45	-8.89	4.02
Plantain(unripe)	1Kg	145.07	-30.37	-12.96
Vegetable oil:1 bottle,specify bottle	1Ltr	554.76	0.26	9.49
Wheat flour: prepacked (golden penny 2kg)	2Kg	750.43	6.44	3
AVERAGE			-5.54	2.4


Selected Food Price Watch - August 2019

Yobe State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N224.73






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N253.57






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N223.21






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N283.33






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N191.22






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N461.90






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1182.82






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N160.70





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N190.23

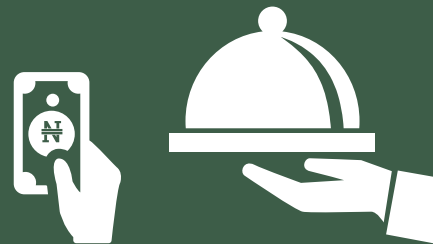


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N654.85

Selected Food Price Watch - August 2019


Yobe State





ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	460.36	13.51	1.48
Agric eggs(medium size price of one)	1 Piece	40.14	9.17	3.11
Beans brown,sold loose	1Kg	253.57	-18.44	-8.47
Beans:white black eye. sold loose	1Kg	220	-23.65	-13.73
Beef Bone in	1Kg	998	-6.44	-4.95
Beef,boneless	1Kg	1182.82	-3.84	-2.37
Bread sliced 500g	1 loaf	283.33	1.19	6.06
Bread unsliced 500g	1 loaf	217.5	-4.3	-3.64
Broken Rice (Ofada)	1Kg	234.37	-20.7	-15.7
Chicken Feet	1Kg	430.64	-4.34	0.09
Chicken Wings	1Kg	695.7	-0.61	0.08
Evaporated tinned milk carnation 170g	1 unit	150	0	-7.6
Evaporated tinned milk(peak), 170g	1 unit	181.11	9.76	-1.4
Frozen chicken	1 unit	2085	-11.3	-0.71
Gari white,sold loose	1Kg	190.23	-5.82	8.31
Gari yellow,sold loose	1Kg	165.83	-36.01	22.25
Mudfish (aro) fresh	1Kg	1000	-9.09	5.26
Mudfish : dried	1Kg	1755.55	-7.63	0.32
Onion bulb	1Kg	160.7	-31.18	25.04
Rice agric sold loose	1Kg	295	10.69	9.12
Rice local sold loose	1Kg	223.21	-0.89	1.09
Rice Medium Grained	1Kg	283.5	2.06	0.06
Rice,imported high quality sold loose	1Kg	300.5	-10.96	-2.77
Tomato	1Kg	224.73	-33.91	22.99
Yam tuber	1Kg	191.22	-15.24	2.94
Dried Fish Sardine	1Kg	1433.33	-7.53	-1.15
Iced Sardine	1Kg	950	-1.58	3.64
Irish potato	1Kg	211.11	-1.74	0.93
Sweet potato	1Kg	109.39	1.95	19.27
Tilapia fish (epiya) fresh	1Kg	605	-24.71	10
Titus:frozen	1Kg	1100.88	34.99	0.08
Catfish (obokun) fresh	1Kg	800	-0.11	6.67
Catfish :dried	1Kg	1900	8.42	0.44
Catfish Smoked	1Kg	1721.55	-13.93	0.09
Mackerel : frozen	1Kg	910	-5.78	2.25
Groundnut oil: 1 bottle, specify bottle	1Ltr	465.45	-20.57	-7.07
Maize grain white sold loose	1Kg	100	-9.68	18.18
Maize grain yellow sold loose	1Kg	98.35	-18.45	1.74
Palm oil: 1 bottle,specify bottle	1Ltr	461.9	-6.16	2.02
Plantain(ripe)	1Kg	220.53	4.86	10.26
Plantain(unripe)	1Kg	192.64	-3.68	15.58
Vegetable oil:1 bottle,specify bottle	1Ltr	410.47	-16.04	-7.08
Wheat flour: prepacked (golden penny 2kg)	2Kg	654.85	-0.06	0.46
AVERAGE			-6.46	2.86


Selected Food Price Watch - August 2019

Zamfara State







Tomato

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N149.94






Beans brown, sold loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N234.98






Rice Local sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N212.36






Bread sliced 500g

	
UNIT OF MEASUREMENT	AUGUST 2019
1 loaf	N302.38






Yam Tuber

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N160.78






Palm oil: 1 bottle

	
UNIT OF MEASUREMENT	AUGUST 2019
1Ltr	N412.63






Beef, boneless

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N1212.00






Onion bulb

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N159.78





Garri white, sold Loose

	
UNIT OF MEASUREMENT	AUGUST 2019
1KG	N140.82

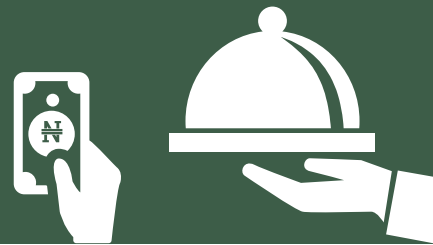


Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	AUGUST 2019
2KG	N681.25

Selected Food Price Watch - August 2019

Zamfara State



ItemLabels	Unit of Measurement	19-Aug	(AUG 2018-AUG 2019)	JUL 2019-AUG 2019
Agric eggs medium size	1 Dozen	449.09	-5.79	-1.3
Agric eggs(medium size price of one)	1 Piece	38.04	-7.31	-4.9
Beans brown,sold loose	1Kg	234.98	-35.96	-8.13
Beans:white black eye. sold loose	1Kg	225.19	-33.61	-13.28
Beef Bone in	1Kg	966.66	-19.45	1.75
Beef,boneless	1Kg	1212	-1.35	-1.06
Bread sliced 500g	1 loaf	302.38	-11.06	1
Bread unsliced 500g	1 loaf	295	-3.98	11.94
Broken Rice (Ofada)	1Kg	334.28	-11.64	-11.64
Chicken Feet	1Kg	435	-20.91	8.75
Chicken Wings	1Kg	700	-13.4	1.52
Evaporated tinned milk carnation 170g	1 unit	135.45	-10.89	-12.97
Evaporated tinned milk(peak), 170g	1 unit	205.23	12.31	5.7
Frozen chicken	1 unit	1860	9.25	-1.93
Gari white,sold loose	1Kg	140.82	-38.98	-8
Gari yellow,sold loose	1Kg	142.92	-37.7	-0.52
Mudfish (aro) fresh	1Kg	901.53	-25.9	0.92
Mudfish : dried	1Kg	1403.07	-4.22	1.12
Onion bulb	1Kg	159.78	-18.68	16.68
Rice agric sold loose	1Kg	296.07	10.9	-2.6
Rice local sold loose	1Kg	212.36	-3.16	-16.14
Rice Medium Grained	1Kg	309.44	-7.16	-3.78
Rice,imported high quality sold loose	1Kg	356.66	-9.5	-5.08
Tomato	1Kg	149.94	-56.14	-1.6
Yam tuber	1Kg	160.78	-36.35	11.96
Dried Fish Sardine	1Kg	1450	22.27	3.55
Iced Sardine	1Kg	825	-19.6	3.04
Irish potato	1Kg	204.82	-41.48	10.54
Sweet potato	1Kg	110.52	-43.65	32.45
Tilapia fish (epiya) fresh	1Kg	908.57	-4.72	2.09
Titus:frozen	1Kg	970	-3.46	2.71
Catfish (obokun) fresh	1Kg	873.33	-19.14	-3.2
Catfish :dried	1Kg	1404.06	9.73	-0.66
Catfish Smoked	1Kg	1591.56	-11.58	2.35
Mackerel : frozen	1Kg	938.5	-0.95	-1.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	480.66	-7.57	4.26
Maize grain white sold loose	1Kg	78.3	-63.66	-12.71
Maize grain yellow sold loose	1Kg	82.52	-61.2	-9.89
Palm oil: 1 bottle,specify bottle	1Ltr	412.63	-9.41	-5.22
Plantain(ripe)	1Kg	174.13	-25.93	4.9
Plantain(unripe)	1Kg	177.33	-11	4.23
Vegetable oil:1 bottle,specify bottle	1Ltr	426.66	-13.98	0.36
Wheat flour: prepacked (golden penny 2kg)	2Kg	681.25	33.58	-1.42
AVERAGE			-15.17	0.11



Methodology

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

Acknowledgements/Contacts

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